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2022-2023 NDHSCA-POWERade Outstanding Senior Athlete Awards

<u>SPORT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>HEAD COACH</u>
B Girls' Golf	Ainsley McLain	Grafton HS	Todd Burianek
A Girls' Golf	Hannah Herbel	Bismarck Century HS	Preston Brown
A Boys' Tennis	Ethan Raan	West Fargo Sheyenne HS	Chad Anderson
A Boys' Soccer	Esteban Nunez	Fargo Davies HS	Ian Costello
B Boys' Cross Country	Austin Wanner	Bowman County HS	Jonathan Jahner
B Girls' Cross Country	Jenna Soine	Hatton-Northwood-Larimore	Terri Soine
A Boys' Cross Country	Fynn Krenz	Williston HS	Shane Wahlstrom
A Girls' Cross Country	Jaelyn Ogle	Watford City HS	Sydney Lund
9B Football	Landon Carter	Cavalier HS	Mitch Greenwood
11B Football	Trey Heinrich	Kindred HS	Matt Crane
11A Football	Payton Hochhalter	Jamestown HS	Bill Nelson
11AA Football	Karsyn Jablonski	Mandan HS	Todd Sheldon
A Girls' Swimming	Tierney Howell	West Fargo Sheyenne	Erich Richardson
B Volleyball	Shaylee Bosch	Linton-HMB HS	Jaime Richter
A Volleyball	Logan Nissley	Bismarck Century HS	Jamie Zastoupil
Girls' Wrestling	Allyssa Johnson	Grand Forks Public Schools	Matt Berglund/Brady Terrill
B Boys' Wrestling	Boeden Greenley	Lisbon HS	Richard Lacina/Kevin McCleary
A Boys' Wrestling	Koye Greebel	Valley City HS	Aaron Larson
A Boys' Hockey	Michael Coleman	Grand Forks Red River HS	Tim Skarperud
A Gymnastics	Emma Hillerud	Jamestown HS	Bre Carlson
A Boys' Swimming	Alexander King	Minot HS	Jake Solper
A Girls' Hockey	Kaylee Baker	Grand Forks PS	Alex Hedlund/Margot Miller
B Girls' Basketball	Ellie Braaten	Westhope-Newburg	Bob Beaudrie
A Girls' Basketball	Logan Nissley	Bismarck Century HS	Nathan Welstad
A Boys' Basketball	Darik Disette	Minot HS	Dean Winczewski
B Boys' Basketball	Ayden Stainbrook	North Border	Dan Moore
B Girls' Track and Field	Kennedy Harter	Kidder County HS	Kasey Kallenbach
A Girls' Track and Field	Bariborve Deebom	Fargo Davies HS	Rory Beil
B Boys' Track and Field	Austin Wanner	Bowman County HS	Jonathan Jahner
B Boys' Track and Field	Jack Packer	Kindred HS	Joshua Allmaras
A Boys' Track and Field	Dylan McGlothlin	Bismarck Legacy HS	Chris Clements

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
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A Girls' Soccer	Ella Frisk	Fargo Shanley HS	Ryan Christianson
B Girls' Softball	Taylor Christensen	Beulah HS	Kyle Christensen
A Girls' Softball	Katelyn Falk	Jamestown HS	Mike Soulis
A Girls' Tennis	Halle Mattson	Minot HS	Scott DeLorme
B Boys' Baseball	Jack Romfo	Langdon Area/Munich/Edmore	Joshua Krivarchka
A Boys' Baseball	Mason Lunzman	Jamestown HS	Jack Bowman
B Boys' Golf	Zach St. Aubin	South Border	Jeremy St. Aubin
A Boys' Golf	Andrew Wilhelm	West Fargo Sheyenne HS	Dan Wolf

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