

Executive Secretary
 Randy Johnson (cell) 701-870-1064
 701 Highway Drive Apt. 9B (h) 701-748-5634
 Hazen, ND 58545 (w) 701-748-2345
duck@westriv.com

Assistant Executive Secretary
 Scott Grochow (cell) 701-771-2709
 409 7th Avenue SE (h) 701-776-6854
 Rugby, ND 58368 (w) 701-776-5201
scott.grochow@k12.nd.us

Assistant Executive Secretary
 Bill Jansen (cell) 701-351-0844
 410 7th Avenue SE (h) 701-776-7758
 Rugby, ND 58368 (w) 701-776-5201
william.jansen@k12.nd.us

Membership Chairperson
 Karen Hardie (h) 701-237-5624
 2472 Lilac Lane (w) 701-446-5200
 Fargo, ND 58102 (f) 701-446-5299
hardiek@fargo.k12.nd.us

Assistant Executive Secretary – Dakota Coach
 Lisa Strand (cell) 218-779-3404
 1511 7th Avenue NE (h) 701-599-2620
 Thompson, ND 58278 (w) 701-599-2765
lisa.Strand@tps-k12.org



Website: www.ndhsc.com



@ndhscal

President
 Eric Olson (cell) 701-730-2018
 121 Maplewood Drive (h) 701-678-6842
 Gwinner, ND 58040 (w) 701-678-2492
eric.olson@k12.nd.us

President-Elect
 Tracey Heisler (cell) 218-779-3021
 1120 22nd Street NW (h) 218-779-3021
 East Grand Forks, MN 56721 (w) 218-779-3021
theisler020@mygfschools.org

Vice President
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Immediate Past President
 Paul Lean (cell) 701-261-6581
 130 Eagle Street North (h) 701-261-6581
 Fargo, ND 58102 (w) 701-446-5781
leanp@fargo.k12.nd.us

Past President
 Andy Braaten (cell) 701-650-8590
 47 6th Street SE (h) 701-652-2398
 Carrington, ND 58421 (w) 701-652-3136
andy.braaten@k12.nd.us

2017-2018 NDHSCA-POWERade Outstanding Senior Athlete Awards

<u>SPORT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>HEAD COACH</u>
A Girls' Golf	Morgan Hetleved	Grand Forks Red River HS	Eric Sanders
A Boys' Tennis	Davis Lawley	Fargo South HS	Victor Youngs
A Boys' Soccer	Tresor Mugwaneza	Bismarck HS	Andrew Foss
A Boys' Cross Country	Evan Saylor	Bismarck Century HS	Brad Lies
B Boys' Cross Country	Jalen Chase	New Town HS	Brian Anderson
A Girls' Cross Country	Rachel Torrey	Grand Forks Central HS	Sean Allan
B Girls' Cross Country	Gracie Wright	Hillsboro/Central Valley	Kirk Zink
Nine Man Football	Charlie Moffet	Wyndmere/Lidgerwood	Scott Strenge
A Football	Clayton Grueneich	Ellendale/Edgeley/Kulm	John Schiele
AA Football	Jayden Ewing	Watford City HS	Justin Johnsrud
AAA Football	Andy Gravidahl	West Fargo HS	Jay Gibson
A Girls' Swimming	Vanessa Herrmann	Bismarck Century HS	Kathy Aspaas
A Volleyball	Megan Gaffney	Jamestown HS	Sara Hegerle
B Volleyball	Anna Holen	LaMoure-Litchville-Marion	Laurie Good
B Wrestling	Jordan Urbach	Lisbon HS	Richard Lacina & Kevin McCleary
A Wrestling	Jared Franek	West Fargo HS	Ben Berogan
A Gymnastics	Anna Suppas	Fargo Davies HS	Krystin Filip
A Boys' Hockey	Mason Salquist	Grand Forks Red River	Bill Chase
A Girls' Hockey	Britta Curl	Bismarck HS	Tim Meyer
A Boys' Swimming	Zachary Bueling	West Fargo Sheyenne HS	Erich Richardson
B Girls' Basketball	Anna Holen	LaMoure-Litchville-Marion	Mitch Carlson
A Girls' Basketball	Tonya Dvorak	Bismarck St. Mary's	Shannon Copas
A Boys' Basketball	Joe Pistorius	West Fargo HS	Adam Palczewski
B Boys' Basketball	Wyatt Hanson	Stanley HS	Kory Anderson
A Boys' Track & Field	Levi Rockey	Bismarck Century HS	Tim Jacobsen & Justin Miller
B Boys' Track & Field	Josh Knutson	Des Lacs-Burlington-L&C	Mitch Grochow
A Girls' Track & Field	Rose Gaye	Fargo Davies HS	Rory Beil
B Girls' Track & Field	Grace Zimmerman	Hazen HS	John Ward
A Girls' Tennis	Reagan Ingstad	Valley City HS	Matthew Nielson
A Girls' Soccer	Madison Urlaub	West Fargo Sheyenne HS	Paul Grendzinski

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Optimists' Volleyball Co-Chair
 Lisa Strand (h) 701-599-2620
 1511 7th Ave NE (w) 701-599-2765
 Thompson, ND 58278 (f) 701-599-2819
Lisa.Strand@tps-k12.org

Lions' Basketball Co-Chair
 Michael Sorlie (h) 701-678-3823
 PO Box 5 (w) 701-678-2492
 Gwinner, ND 58040 (f) 701-678-2311
michael.sorlie@k12.nd.us

Lions' Basketball Co-Chair
 Mike Hendrickson (cell) 701-367-6546
 1408 57th Ave South (w) 701-446-2043
 Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair
 Bill Lorenz (h) 701-795-7818
 1431 Chestnut St. (w) 701-746-2375
 Grand Forks, ND 58201 (f) 701-746-2387
wlorenz280@mygfschools.org

Executive Secretary
 Randy Johnson (cell) 701-870-1064
 701 Highway Drive Apt. 9B (h) 701-748-5634
 Hazen, ND 58545 (w) 701-748-2345
duck@westriv.com

Assistant Executive Secretary
 Scott Grochow (cell) 701-771-2709
 409 7th Avenue SE (h) 701-776-6854
 Rugby, ND 58368 (w) 701-776-5201
scott.grochow@k12.nd.us

Assistant Executive Secretary
 Bill Jansen (cell) 701-351-0844
 410 7th Avenue SE (h) 701-776-7758
 Rugby, ND 58368 (w) 701-776-5201
william.jansen@k12.nd.us

Membership Chairperson
 Karen Hardie (h) 701-237-5624
 2472 Lilac Lane (w) 701-446-5200
 Fargo, ND 58102 (f) 701-446-5299
hardiek@fargo.k12.nd.us

Assistant Executive Secretary – Dakota Coach
 Lisa Strand (cell) 218-779-3404
 1511 7th Avenue NE (h) 701-599-2620
 Thompson, ND 58278 (w) 701-599-2765
lisa.Strand@tps-k12.org



Website: www.ndhsca.com



@ndhsca1

President
 Eric Olson (cell) 701-730-2018
 121 Maplewood Drive (h) 701-678-6842
 Gwinner, ND 58040 (w) 701-678-2492
eric.olson@k12.nd.us

President-Elect
 Tracey Heisler (cell) 218-779-3021
 1120 22nd Street NW (h) 218-779-3021
 East Grand Forks, MN 56721 (w) 218-779-3021
theisler020@mygfschools.org

Vice President
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Immediate Past President
 Paul Lean (cell) 701-261-6581
 130 Eagle Street North (h) 701-261-6581
 Fargo, ND 58102 (w) 701-446-5781
leanp@fargo.k12.nd.us

Past President
 Andy Braaten (cell) 701-650-8590
 47 6th Street SE (h) 701-652-2398
 Carrington, ND 58421 (w) 701-652-3136
andy.braaten@k12.nd.us

2017-2018 NDHSCA-POWERade Outstanding Senior Athlete Awards

<u>SPORT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>HEAD COACH</u>
B Baseball	Tyler Hegg	Thompson HS	Brady Schwab
A Baseball	Cameron Blazek	Fargo North HS	Jeff Fiechtner
B Girls' Softball	Theresa Klinnert	Kindred-Richland	Sam Brandt & Cory Johnson
A Girls' Softball	Jordan McNeilly	Dickinson HS	Amanda Mickey
B Girls' Golf	Lauren Cain	Fargo Oak Grove HS	Laura Skovlund
B Boys' Golf	Trace Jacobson	Heart River	Jerry Perdaems
A Boys' Golf	Adam Van Raden	Grand Forks Red River HS	Merle Mikkelson & Nathan Olson

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Optimists' Volleyball Co-Chair
 Lisa Strand (h) 701-599-2620
 1511 7th Ave NE (w) 701-599-2765
 Thompson, ND 58278 (f) 701-599-2819
Lisa.Strand@tps-k12.org

Lions' Basketball Co-Chair
 Michael Sorlie (h) 701-678-3823
 PO Box 5 (w) 701-678-2492
 Gwinner, ND 58040 (f) 701-678-2311
michael.sortie@k12.nd.us

Lions' Basketball Co-Chair
 Mike Hendrickson (cell) 701-367-6546
 1408 57th Ave South(w) 701-446-2043
 Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair
 Bill Lorenz (h) 701-795-7818
 1431 Chestnut St. (w) 701-746-2375
 Grand Forks, ND 58201 (f) 701-746-2387
wlorenz280@mygfschools.org