

Executive Secretary
 Randy Johnson (cell) 701-870-1064
 701 Highway Drive Apt. 9B (h) 701-748-5634
 Hazen, ND 58545 (w) 701-748-2345
duck@westriv.com

Assistant Executive Secretary
 Scott Grochow (cell) 701-771-2709
 409 7th Avenue SE (h) 701-776-5201
 Rugby, ND 58368 (w) 701-776-6854
scott.grochow@k12.nd.us

Assistant Executive Secretary
 Bill Jansen (cell) 701-351-0844
 410 7th Avenue SE (h) 701-776-7758
 Rugby, ND 58368 (w) 701-776-5201
william.jansen@k12.nd.us

Membership Chairperson
 Karen Hardie (h) 701-237-5624
 2472 Lilac Lane (w) 701-446-5200
 Fargo, ND 58102 (f) 701-446-5299
hardiek@fargo.k12.nd.us

Assistant Executive Secretary – Dakota Coach
 Lisa Strand (cell) 218-779-3404
 1511 7th Avenue NE (h) 701-599-2620
 Thompson, ND 58278 (w) 701-599-2765
lisa.Strand@tps-k12.org



Website: www.ndhsca.com

DUAL MEMBER



President
 Paul Lean (cell) 701-261-6581
 130 Eagle Street North (h) 701-234-0194
 Fargo, ND 58102 (w) 701-446-5781
leanp@fargo.k12.nd.us

President-Elect
 Eric Olson (cell) 701-730-2018
 121 Maplewood Drive (h) 701-678-6842
 Gwinner, ND 58040 (w) 701-678-2492
eric.olson@k12.nd.us

Vice President
 Tracey Heisler (cell) 218-779-3021
 1120 22nd Street NW (h) 218-779-3021
 East Grand Forks, MN 56721 (w) 218-779-3021
Tracey.heisler@gfschools.org

Immediate Past President
 Andy Braaten (cell) 701-650-8590
 47 6th Street SE (h) 701-652-2398
 Carrington, ND 58421 (w) 701-652-3136
andy.braaten@k12.nd.us

Past President
 Mike Kuhn (cell) 701-426-8863
 211 5th Avenue SW
 Mandan, ND 58554 (h) 701-663-1175
michael.kuhn@msd1.org

2016-2017 NDHSCA-POWERade Outstanding Senior Athlete Awards

<u>SPORT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>HEAD COACH</u>
A Girls' Golf	Paige Argent	Minot HS	Scott Foltz
A Boys' Tennis	Brian Swanberg	Bismarck Legacy HS	Scott McPherson
A Boys' Soccer	Jake Reinholz	Fargo Shanley HS	Ryan Christianson
A Boys' Cross Country	Hunter Lucas	Fargo Davies HS	Jason Holland
B Boys' Cross Country	Ryan Wheeling	New Town HS	Brian Anderson
A Girls' Cross Country	Karly Ackley	Grand Forks Central HS	Sean Allan
B Girls' Cross Country	Cailee Peterson	May-Port-C-G HS	Jeni Peterson
B Girls' Cross Country	Peyton Frolek	Sargent Central-Lidgerwood HS	Sheila Anderson
Nine Man Football	Calen Schwabe	Thompson HS	Brady Schwab
A Football	Jackson Hankey	Park River HS	Robert Goll
AA Football	Cole Spies	Bismarck St. Mary's HS	Dan Smrekar
AAA Football	Brandon Metz	West Fargo HS	Jay Gibson
A Girls' Swimming	Olivia Roche	Fargo North HS	Talia Butrey
A Volleyball	Regan Dennis	Bismarck Century HS	Sara Bohrer & Jamie Zastoupil
B Volleyball	Morgan Olson	Our Redeemer's HS	Kara Nunziato
B Wrestling	Luke Hastings	Hillsboro-Central Valley HS	Dustin Nagel
A Wrestling	Brandon Metz	West Fargo HS	Kevin Fynboh
A Gymnastics	Taylor Ann Johnson	Fargo North HS	Kris Dougherty
A Boys' Hockey	Grant Johnson	Grand Forks Central HS	Grant Paranca
A Girls' Hockey	Samantha Trana	Fargo North HS	Kris Dougherty
A Boys' Swimming	Gerald Brown	Minot HS	Jake Solper
B Girls' Basketball	Macey Kvilvang	North Star HS	Jill Vote
A Girls' Basketball	Tylee Irwin	Wahpeton HS	Brian Watson
A Boys' Basketball	Aanen Moody	Dickinson HS	Dan Glasser
B Boys' Basketball	Tronis McKay	Four Winds HS	Rick Smith
A Girls' Track & Field	Karly Ackley	Grand Forks Central HS	Eric Polries
B Girls' Track & Field	Peyton Frolek	Milnor-Wyndmere-Lidgerwood	Don Nash
A Boys' Track & Field	Hunter Lucas	Fargo Davies HS	Matthew Quintus
B Boys' Track & Field	Ryan Wheeling	New Town HS	Brian Anderson
A Girls' Tennis	Madelyn Anderson	Grand Forks Red River HS	Greg LaDouceur

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Optimists' Volleyball Co-Chair
 Lisa Strand (h) 701-599-2620
 1511 7th Ave NE (w) 701-599-2765
 Thompson, ND 58278 (f) 701-599-2819
Lisa.Strand@tps-k12.org

Lions' Basketball Co-Chair
 Michael Sorlie (h) 701-678-3823
 PO Box 5 (w) 701-678-2492
 Gwinner, ND 58040 (f) 701-678-2311
michael.sorlie@k12.nd.us

Lions' Basketball Co-Chair
 Mike Hendrickson (cell) 701-367-6546
 1408 57th Ave South (w) 701-446-2043
 Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair
 Bill Lorenz (h) 701-795-7818
 1431 Chestnut St. (w) 701-746-2375
 Grand Forks, ND 58201 (f) 701-746-2387
bill.lorenz@gfschools.org

Executive Secretary
 Randy Johnson (cell) 701-870-1064
 701 Highway Drive Apt. 9B (h) 701-748-5634
 Hazen, ND 58545 (w) 701-748-2345
duck@westriv.com

Assistant Executive Secretary
 Scott Grochow (cell) 701-771-2709
 409 7th Avenue SE (h) 701-776-5201
 Rugby, ND 58368 (w) 701-776-6854
scott.grochow@k12.nd.us

Assistant Executive Secretary
 Bill Jansen (cell) 701-351-0844
 410 7th Avenue SE (h) 701-776-7758
 Rugby, ND 58368 (w) 701-776-5201
william.jansen@k12.nd.us

Membership Chairperson
 Karen Hardie (h) 701-237-5624
 2472 Lilac Lane (w) 701-446-5200
 Fargo, ND 58102 (f) 701-446-5299
hardiek@fargo.k12.nd.us

Assistant Executive Secretary – Dakota Coach
 Lisa Strand (cell) 218-779-3404
 1511 7th Avenue NE (h) 701-599-2620
 Thompson, ND 58278 (w) 701-599-2765
lisa.Strand@tps-k12.org



Website: www.ndhsca.com

DUAL MEMBER



President
 Paul Lean (cell) 701-261-6581
 130 Eagle Street North (h) 701-234-0194
 Fargo, ND 58102 (w) 701-446-5781
leanp@fargo.k12.nd.us

President-Elect
 Eric Olson (cell) 701-730-2018
 121 Maplewood Drive (h) 701-678-6842
 Gwinner, ND 58040 (w) 701-678-2492
eric.olson@k12.nd.us

Vice President
 Tracey Heisler (cell) 218-779-3021
 1120 22nd Street NW (h) 218-779-3021
 East Grand Forks, MN 56721 (w) 218-779-3021
Tracey.heisler@gfschools.org

Immediate Past President
 Andy Braaten (cell) 701-650-8590
 47 6th Street SE (h) 701-652-2398
 Carrington, ND 58421 (w) 701-652-3136
andy.braaten@k12.nd.us

Past President
 Mike Kuhn (cell) 701-426-8863
 211 5th Avenue SW (h) 701-663-1175
 Mandan, ND 58554
michael.kuhn@msd1.org

2016-2017 NDHSCA-POWERade Outstanding Senior Athlete Awards

<u>SPORT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>HEAD COACH</u>
A Girls' Soccer	Molly Sarafolean	Fargo North HS	Michelle Crary
B Girls' Golf	Kaitlyn Hubrig	Hankinson-Lidgerwood	Mark Wisnewski
B Boys' Golf	Joey Wagner	Heart River HS	Jerry Perdaems
A Boys' Baseball	Luke Sandy	Fargo Shanley HS	Lucas Rustad
A Boys' Baseball	Nolan Kratz	Jamestown HS	Kelley Kessler
B Boys' Baseball	Ethan Lingen	Kindred/Richland	Scott Milbrandt
A Girls' Softball	Jaime Barta	Bismarck HS	Kurt Grensteiner
B Girls' Softball	Madison Foss	Central Cass HS	Scott Kost
A Boys' Golf	Cole Johnson	West Fargo Sheyenne HS	Dan Wolf

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Optimists' Volleyball Co-Chair
 Lisa Strand (h) 701-599-2620
 1511 7th Ave NE (w) 701-599-2765
 Thompson, ND 58278 (f) 701-599-2819
Lisa.Strand@tps-k12.org

Lions' Basketball Co-Chair
 Michael Sorlie (h) 701-678-3823
 PO Box 5 (w) 701-678-2492
 Gwinner, ND 58040 (f) 701-678-2311
michael.sortie@k12.nd.us

Lions' Basketball Co-Chair
 Mike Hendrickson (cell) 701-367-6546
 1408 57th Ave South(w) 701-446-2043
 Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair
 Bill Lorenz (h) 701-795-7818
 1431 Chestnut St. (w) 701-746-2375
 Grand Forks, ND 58201 (f) 701-746-2387
bill.lorenz@gfschools.org