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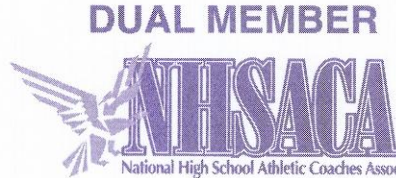
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2009-2010 NDHSCA-POWERade Outstanding Senior Athlete Awards

SPORT	ATHLETE	SCHOOL	HEAD COACH
Boys' Tennis	Jacob LaDouceur	Grand Forks Red River HS	Greg LaDouceur
Division A Girls' Golf	Mackenzie Nagel	Minot HS	Eric Hendrickson
Boys' Soccer	Kaleb Graham	Bismarck HS	Mike Green
Division A Boys' Cross Country	Brett Kelly	Bismarck Century HS	Brad Lies
Division A Girls' Cross Country	Laura Roesler	Fargo South HS	Lisa Svaleson
Division B Boys' Cross Country	Justin Many Ribs	New Town HS	Brian Anderson
Division B Girls' Cross Country	Jayli Fimbres	New Town HS	Brian Anderson
Division A Football	Travis Beck	Langdon HS	Andrew DeleBarre
Division AA Football	Ryan Smith	Wahpeton HS	Mike McCall
Division AAA Football	Esley Thornton	Bismarck HS	Mark Gibson
Division B Nine-Man Football	Grant Singer	McLean County HS	Kevin Dockter
Girls' Swimming & Diving	Dagney Knutson	Minot HS	Jake Solper & Daniel Hinton
Division A Girls' Volleyball	Angie Waller	Fargo North HS	Melissa Wilson
Division B Girls' Volleyball	Allison Opp	Hazen HS	Linette Irwin
Division A Wrestling	Scott Schiller	West Fargo HS	Kayle Dangerud
Division B Wrestling	Nathan Seeger	New Salem HS	Mike Pazdernik
Boys' Hockey	Jordan Nelson	Williston HS	Dustin Bratlien
Girls' Hockey	Kelsey Kloos	West Fargo HS	Patrick Johnson
Girls' Gymnsatics	Kaytlyn Bock	Fargo South HS	Mike Merritt
Girls' Gymnsatics	Kaitlin Walsh	Jamestown HS	David Tews
Boys' Swimming & Diving	Sam Ellison	Mandan HS	Ralph Manley
Division B Girls Basketball	Eli Benz	Kidder County-Steele HS	Dan Welder & Scott Wolff
Division A Boys' Basketball	Nik Savageau	Fargo North HS	Dan Shultis
Division A Girls' Basketball	Siri Burck	Fargo South HS	Craig Flaagan
Division B Boys' Basketball	Adam Randall	Kidder County-Steele HS	Paul Olson
Girls' Tennis	Katie Slemin	Williston HS	Wade Steuve
Division A Boys' Track & Field	Brandon Barnes	Bismarck HS	Darrell Anderson & Dave Zittleman
Division A Girls' Track & Field	Laura Roesler	Fargo South HS	Jessica Myxter
Division B Boys' Track & Field	Jon Dinius	Langdon-Munich HS	Dennis Dinius
Division B Girls' Track & Field	Allison Opp	Hazen HS	Leland Opp
Division B Boys' Golf	Conor Borud	Hazen HS	Darrell Berglund
Division B Girls' Golf	Abby Knutson	Hatton-Northwood HS	Keenan Konschak
Girls' Soccer	Noel Scherer	Fargo North HS	Cordell Sinding
Division A Baseball	Alex Deyle	Bismarck HS	Matt Power
Division A Baseball	Matt Strahm	West Fargo HS	Brett Peterson
Division B Baseball	Gaige Dunn	LaMoure HS	Derold Haugen
Girls' Fastpitch Softball	Katie Backes	Bishop Ryan HS	Fred Mueller
Division A Boys' Golf	Oliver Boeckel	Bismarck HS	Mike Biechler