

2003-2004 NDHSCA Senior Athlete of the Year Award

2003-2004 FALL SPORTS SEASON

SPORT	ATHLETE	SCHOOL	HEAD COACH
A Boys' Cross Country	Severyn Claymore	Fargo South High School	Rod Hardie
A Boys' Football	Cody Sailer	LaMoure High School	Greg Hermes
AA Boys' Football	Brady Trenbeath	Cavalier High School	Rod Oksendahl
AAA Boys' Football	Tyler Roehl	West Fargo High School	Jay Gibson
A Boys' Soccer	Caleb White	Fargo North High School	Bob Grabko
A Boys' Tennis	Zac Lunak	Grand Forks Red River	Greg LaDouceur
A Girls' Cross Country	Kendra Lystad	Fargo South High School	Dave Tack
A Girls' Golf	Amanda Miller	Wahpeton High School	Jeff Bass
A Girls' Swimming	Emily Weeks	Minot High School	Brock Mitzel
A Girls' Volleyball	Katelynn Stiefel	Dickinson High School	Jay Schobinger
B Boys' Cross Country	Kurt Rettig	Medina High School	Tom Rettig
B Boys' Nine-Man Football	Alex Belquist	New Rockford High School	David Bymoan
B Girls' Cross Country	Stacy Honeyman	Bowman High School	Jerry Popp
B Girls' Volleyball	Tara Holmen	Berthold High School	Crystal Holen

2003-2004 WINTER SPORTS SEASON

SPORT	ATHLETE	SCHOOL	HEAD COACH
A Boys' Basketball	Lucas Moormann	Dickinson HS	Dean Winczewski
A Boys' Hockey	Jordan McIntyre	Grand Forks Central HS	Tarek Howard
A Boys' Swimming	Matthew Lowe	Minot HS	Ken Disher
	Andy Schoonhoven	West Fargo HS	Marsha Dahl
A Girls' Basketball	Melanie Hageman	Fargo South HS	Craig Flaagan
A Girls' Hockey	Ali Rood	Grand Forks Central HS	Kyle Ellingson
A Wrestling	Travis Lang	Bismarck HS	Scott Knowlen & Jeff Schumacher
B Boys' Basketball	Brady Trenbeath	Cavalier HS	Dan Stutlien
B Girls Basketball	Ruthie Dockter	Washburn HS	Keith Jacobson
B Wrestling	Ben Imdieke	Linton HS	Dan Imdieke
Girls' Gymnastics	Kaitlyn Towery	Minot HS	Marissa Upton

2003-2004 SPRING SPORTS SEASON

SPORT	ATHLETE	SCHOOL	HEAD COACH
A Boys' Baseball	Jake Laber	Fargo North HS	Jeff Feichtner
A Boys' Golf	Tyler Bakke	Minot HS	Chipper Farrell
A Girls' Soccer	Stacy Lunneborg	Fargo South HS	Dan Weiler
A Girls' Tennis	Sheela Damle	Grand Forks Red River HS	Tim Wynne
A Girls' Track and Field	Christin Kingsley	Fargo South HS	Cory Lehman
A Boys' Track and Field	Weston Dressler	Bismarck HS	Dave Zittleman & Darrell Anderson
B Boys' Baseball	Brady Burchill	Hope-Page HS	Mark Frost
B Boys' Golf	Nick Kondos	Minot Bishop Ryan HS	Chuck Finneman
B Boys' Track and Field	Ross Schilling	Harvey HS	Bernie Hall
B Girls' Golf	Martina Bieber	Center HS	Howard Bieber
B Girls' Track and Field	Staci Honeyman	Scranton HS	Kelly Pierce
	Adriana Friezen	Carrington HS	Greg Hoeckle