





level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

Mail completed form/s to: Randy Johnson; 1527 North 33rd Street #4; Bismarck, ND 58501 (e-mail forms to: duck@westriv.com)

Awards will be sent upon request after records are updated.

Procedure for Determining Won/Loss Records In An Invitational Meet:

- A. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
- B. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
- C. Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
- D. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Baseball	75	150	225	300	375
Basketball	100	200	300	400	500
Cross Country	50	100	150	200	250
Football	50	100	150	200	250
Golf	45	90	135	180	225
Gymnastics	45	90	135	180	225
Hockey	100	200	300	400	500

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Soccer	100	200	300	400	500
Softball	75	150	225	300	375
Swimming	50	100	150	200	250
Tennis	50	100	150	200	250
Track/Field	50	100	150	200	250
Volleyball	150	300	450	600	750
Wrestling	75	150	225	300	375

- Only meets in which three or more schools participate will count as an invitational.
- Schools can still have a dual meet record that would remain the same along with a record for the invitationals they attend.
- It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

Example:	Meet 1	11 teams	7 wins	4 losses
	Meet 2	4 teams	0 wins	4 losses
	Meet 3	6 teams	6 wins	0 losses
	Meet 4	5 teams	4 wins	1 loss
	Meet 5	7 teams	5 wins	2 losses
Totals	5 meets	33 teams	22 wins	11 losses

Winning % equals 22/33 = 67% 5 meets x .67 = 3.35
Losing % equals 11/33 = 33% 5 meets x .33 = 1.65
Your record for the season would be 3 wins and 2 losses for invitationals

NDHSCA Victory Milestone Record Sheet

Name			Date	E	Email			
			Coacl					
Address			City/S	State/Zip C	Code			
Membership	: High School	Associate	Junior	High	Life	e Cell F	Phone	
Year	School	Sport	Varsity	J۷	JH	Won/Loss	Overall Record	
2								
4	_							
6	_							
8								
10.								
13 14								
15								