



Dakota Coach

Volume 52 Issue #1

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Randy Johnson, Greg Grinsteinner, Clint Chamberlain & Brian Anderson

NDHSCA 2018 Hall of Fame Inductees

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Read the NDHSCA Annual Meeting Minutes

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**Bison
Football
Ticket
Info.
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Congratulations



Ron Metz

**Newest member of
the NDHSCA
Executive Committee**

2018-2019 Executive Committee



**President
Tracey Heisler**

1120 22nd Street NW
East Grand Forks, MN
56721

Phone Numbers:
(h) 218-779-3021
(w) 218-779-3021
(c) 218-779-3021
theisler020@mygfschools.org



**President Elect
Tim Wallstrum**

PO Box 402
Kenmare, ND 58746

Phone Numbers:
(h) 701-385-3376
(w) 701-385-3376
(c) 701-340-8221
twallstrum@mykps.us



**Vice President
Ron Metz**

1335 20th Street North
Bismarck, ND 58501

Phone Numbers:
(h) 701-471-5197
(w) 701-323-4900
(c) 701-471-5197
ron_metz@bismarckschools.org



**Immediate Past
President
Eric Olson**

121 Maplewood Dr.
Gwinner, ND 58040

Phone Numbers:
(h) 701-678-6842
(w) 701-678-2492
(c) 701-730-2018
eric.olson@k12.nd.us



**Past President
Paul Lean**

130 Eagle Street N
Fargo, ND 58103

Phone Numbers:
(h) 701-261-6581
(w) 701-446-5781
(c) 701-261-6581
leanp@fargo.k12.nd.us



**Executive Secretary
Randy Johnson**

1527 North 33rd St, Unit 4
Bismarck, ND 58501

Phone Numbers:
(h) 701-870-1064
(w) 701-870-1064
(c) 701-870-1064
duck@westriv.com



**Assistant Executive
Secretary
Scott Grochow**

409 7th Avenue SE
Rugby, ND 58368

Phone Numbers:
(h) 701-776-5201
(w) 701-776-6854
(c) 701-771-2709
scott.grochow@k12.nd.us



**Assistant Executive
Secretary
Bill Jansen**

410 7th Avenue SE
Rugby, ND 58368

Phone Numbers:
(h) 701-776-7758
(w) 701-776-5201
(c) 701-351-0844
william.jansen@k12.nd.us



**Assistant
Executive
Secretary - Dakota
Coach
Lisa Strand**

1511 7th Avenue
NE

Thompson, ND 58278
Phone Numbers:
(h) 701-599-2620
(w) 701-599-2765
(c) 218-779-3404
lisa.strand@tps-k12.org



**Membership
Chairperson
Karen Hardie**

2472 Lilac Lane
Fargo, ND 58102

Phone Numbers:
(h) 701-237-5624
(w) 701-446-5200
(f) 701-446-5299
hardiek@fargo.k12.nd.us



**Lions' Basketball
Co-Chairs
Michael Sorlie**

PO Box 5
Gwinner, ND 58040
Phone Numbers
(c) 701-527-5273
(h) 701-678-3823
michael.sorlie@k12.nd.us

Mike Hendrickson
1408 57th Avenue S
Fargo, ND 58104
Phone Numbers
(c) 701-367-6546
(h) 701-367-6546
hendrim@fargo.k12.nd.us

**Shrine Football
Chair
Bill Lorenz**

1431 Chestnut Street
Grand Forks, ND 58201

Phone Numbers
(c) 218-791-3121
(h) 701-795-7818
wlorenz280@mygfschools.org

**Optimists' Volleyball
Co-Chairs
Lisa Strand**

1511 7th Avenue NE
Thompson, ND 58278

Phone Numbers:
(c) 218-779-3404
(h) 701-599-2620
lisa.strand@tps-k12.org

Tim Wallstrum
PO Box 402
Kenmare, ND
58746

Phone Numbers
(c) 701-340-8221
(h) 701-385-3376
twallstrum@mykps.us





Message from President Tracey Heisler

Sights and Sounds of Fall

Leaves turning bright yellows, reds, and oranges signify time for school and sports. Those sights of autumn along with the smells of newly waxed gym floors, the sounds of outdoor sports, and the anticipation playing under the lights on cool nights all create the excitement to begin a new year in the classroom and on the field or court, and one of our jobs as coaches is to maintain that excitement not only through the season but into the next, and throughout the year—a tough job!

Coaches get caught up in the fall season just as the kids and parents, so the importance of remembering this is the time of harvest and that we must reap wisely, store and preserve for the winter carefully, and plan for spring strategically is eminent. Similarly, coaches must keep the circle of life in their programs for the athletes and coming years. We must cultivate for future seasons as we harvest today. In other words—we must keep our athletes excited about participating all year and the next.

To keep the young athletes hungry for each practice, game, and season, coaches need to ‘keep it fun.’ Try defining that to a teen! For athletes, having fun while being in a sport doesn’t mean they don’t work hard or that they never face adversity. Rather ‘having fun’ is a perspective of being a part of something bigger than themselves.

I’m not sure if athletes can define what “having fun” is; however, they can tell you what it means. It means having respectful and trusting relationships with teammates and coaches. When athletes have those relationships, playing a sport is always fun because they want to play for others more than themselves. When coaches create the dynamics of ‘having fun,’ teams will have success. Is success equivalent to winning? Hardly. More often than not, success is measured in the smiles, laughter, and relationships fostered by being part of a team.

This fall, I hope all coaches take the time to recognize the sights and sounds of fall and remember they symbolize more than just the start of school. They are the signs of opportunities for students to form new relationships, strengthen others, and set the stage for a season/year of fun.

I want to wish the best of luck to all teams and coaches! And remember, HAVE FUN!

NDHSCA President, Tracey Heisler



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Message from the NDHSCA Immediate Past President, Eric Olson

Coaching Tidbits



Greetings from the NDHSCA. We're back in the swing of things with fall sports season. Like always, summer flew by like a blink of an eye. I hope you were able to find some time to relax before the school year got started again.

I was able to attend both the National and State Coaches Convention this summer, and again I am amazed at the accomplishments by our coaches of North Dakota. Congratulations to Coach Rob Jacobson of Fargo Davies who was named National Assistant Coach of the Year, along with Coach Gary Schauer of Ashley & Coach Dan Carr of Linton who were both inducted into the NHSACA Hall of Fame. At the state convention, we had 4 coaches inducted to the State Hall of Fame: Brian Anderson of New Town, Clint Chamberlin of Williston, Gregg Grinsteinner of Dickinson Trinity, & Randy Johnson of Hazen. All of these people, along with the others who were recognized during the banquet, should be commended for their dedication to our profession. Not only should they be singled out for their individual accomplishments, but we also need to give a big shout out to the families of these coaches, who make plenty of sacrifices along the way. Congratulations and thank you for all you've done for our student-athletes of North Dakota.

I had a college friend reach out to me for advice after recently accepting a Head Coaching job. First off, I was excited to get a good, quality person involved in coaching, and second, I was floored that I am now the one offering advice to a less seasoned coach. It feels like yesterday that I was that young coach seeking out knowledge from more experienced coaches. I'd like to share a few tidbits that I feel younger coaches could possibly use in their first years.

- Many kids don't love the sport as much as we do; they are involved in sports to be active, be around friends, etc. They like to win, but it's not the end of the world if they don't. It took me a while to figure this out and it is still hard to accept at times, but many kids are out purely for the fun of it. Imagine that!
- Delegate responsibility amongst your assistant coaches and make sure they have ownership in the program. You may not always agree on everything but listen to them as they often see things from a different viewpoint than you do. Also, make sure you show appreciation towards your assistants. They put in many hours away from their family as well, and if you have good assistants, they can make your workload much easier.
- Work hard to keep a healthy balance of coaching your sport, family, job, and faith. Make sure you make time for yourself and your family. It's easy to get swallowed up in all the tasks it takes to be a coach but set aside some time to get your mind away from your tasks at hand. This also goes for your student-athletes as well. It's ok to give them some time away from their sport to be a teenager.
- I sat next to a long time coach during the NHSACA Convention, and he shared one piece of advice with me: "Above all else, make sure your athletes know that you love them and care for them." This quote resonated with me and exemplified why we do what we do.

I wish all of you the best of luck in the 2018-2019 season. Sometimes as a coach, things can get overwhelming and your mind may be spinning, but all you can be sure of is that your next decision is your best decision you make. Very few teams and coaches can be standing as champions at the conclusion of the season, but if we work hard to teach our student athletes how to be young adults, we'll end up with many more victories than what will be shown in the standings.

---Eric Olson





From the NDHSCA Executive Secretary's Desk

-Randy Johnson



Welcome back to another school year! Excitement is in the air for the 2018-2019 school sport seasons. The sounds of the gymnasium and outdoor fields show the energy present to make this another outstanding year. Good Luck to all teams, coaches, players and fans!

The 2018 NDHSCA State Coaches Convention is in the books. A special thank you to Universal Athletics for sponsoring the coaches social on Wednesday evening. It was a great event. They helped us raise \$800.00 for the Gelaine Orvik Scholarship Fund. Thank you Universal Athletics for an outstanding event!

The speakers at the 2018 NDHSCA State Convention did an excellent job. Thank you for your preparation and willingness to present your knowledge to our coaches. Congratulations once again to the scholarship recipients, Special Recognition, Award of Merit, Coach of the Year Recipients and Hall of Fame inductees. They have paved the way for future recipients.

North Dakota is the site for the 2019 NHSACA National Convention. We will be holding this in conjunction with the NDHSCA State Convention. It will be held at the Ramkota in Bismarck in June. The dates are June 22 through June 27. Please mark your calendars now. I strongly recommend you set these dates aside for the convention. It will be a great opportunity for you to experience a National Convention in your back yard!

A special thank you to President Eric Olson for his year guiding this organization. His enthusiasm and energy were awesome for the organization. In addition, thank you Coach Braaten for your years of service. You are great asset to the association and will continue to be in the future. The NDHSCA is stronger today because of your presence. Eric and Andy, we greatly appreciate all your work for the NDHSCA.

Congratulations to Ron Metz for being voted as the new Vice President. You will be a strong asset to the NDHSCA. Thank you Dean Winczewski for being willing to run for the position. It is individuals of your character that assist the NDHSCA and make it what it is today.

A special thank you to the entire Executive Board for all your work during the convention and throughout last year. This organization has grown and will continue to grow because of the commitment from these individuals. They really are the people responsible for the convention running smoothly. When you have a chance, please thank the board members for all they do.

The past couple of weeks we received some sad news. The NDHSCA sends its condolences to the Lisa Strand family and Nikki Hillman family. Lisa is the Head Volleyball Coach at Thompson High School and the Dakota Coach Editor for the NDHSCA. Her mother, Arlayne Gylten, passed away on August 23. Nikki Hillman, Assistant Track and Field Coach at West Fargo Sheyenne, and her husband Darin suffered the passing of their infant daughter, Marly Marie Hillman. Please keep the Strand and Hillman family in your prayers during this difficult time.

The North Dakota High School Coaches Association has benefits to offer coaches. We plan to give eight free digital subscriptions to the Coach and AD Magazine again this year for coaches who sign up before September 7. Please do this immediately. If you have visited our website lately, www.ndhsca.com, you noticed a link for benefits from being a member of this organization. Please hit the benefit link and use the items on the page. It will help you and your association.

(continued on page 6)

Dakota Coach Fall 2018

Please remember to nominate Assistant and Junior High Coaches for the Coach of the Year Award. We want to honor coaches who deserve to be recognized. The only way we can honor them is if they are nominated.

We also ask for you to nominate graduating Seniors for the Gelaine Orvik Scholarship. Remember the main criteria is they need to go into the coaching profession and attend a North Dakota University or College. Also, if you have a graduating Senior, please have them apply for the NDHSCA Scheels Scholarship. This is only open to graduating Seniors of members of the NDHSCA.

In closing, I want to wish everyone an outstanding athletic year. Remember – COACHING is the greatest profession on earth! You have so much impact on young people’s lives. Be the individual who makes a difference in our youth.

Sincerely for the Coaching Profession,



@ndhsca1



Randy Johnson, NDHSCA Executive Secretary



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COACH QUOTE:

“A common mistake among those who work in sport is spending a disproportional amount of time on “x’s and o’s” as compared to time spent learning about people.”

Mike Krzyzewski

GREETINGS FROM THE NATIONAL HIGH SCHOOL ATHLETIC COACHES ASSOCIATION

The NHSACA National Convention was held June 23-27 in Sioux Falls, SD. North Dakota had the following inducted into the National Coaches Hall of Fame:

- Dan Carr: Linton High School, Boys Basketball, Boys' and Girls' Golf
- Gary Schauer: Numerous High Schools, Football, Track and Field, Cross Country, Boys' and Girls' Basketball

North Dakota had the following NHSACA National Coach of the Year Finalists:

- Claudia Schoellkopf: Boys' Assistant Coach, Mandan H.S.
- Rob Jacobson: Girls' Assistant Coach, Fargo Davies H.S.
- Gregg Grinsteinner: Boys' Basketball, Dickinson Trinity H.S.
- Julie Stavn: Girls' Cross Country, Bismarck Century H.S.
- David Hoff: Special Sports Hockey, Bottineau H.S.
- Dennis Kemmesat: Swimming and Diving, Bismarck Century H.S.
- Chad Anderson: Tennis, West Fargo Sheyenne H.S.
- Randy Johnson: Boys' Track and Field, Hazen H.S.
- Jeff Schumacher: Wrestling, Bismarck H.S.

North Dakota had one NHSACA National Coach of the Year Recipient:

- Rob Jacobson: Girls' Assistant Coach of the Year, Fargo Davies H.S.

North Dakota Members of the NHSACA National Board of Directors are as follows:

- Greg Brown: Girls' Track and Field Sport Chair, Watford City H.S.
- Tim Wallstrum: Volleyball Sport Chair, Kenmare H.S.
- Gelaine Orvik: Past President, Retired NDHSCA Executive Secretary
- John Hutchison: Past President, Retired NDHSCA Assistant Executive Secretary
- Randy Johnson: Past President, Webmaster, Executive Secretary for NDHSCA
- Dave Dougherty: Past President, Current NHSACA Executive Director, Retired Watford City H.S.

The 2019 NHSACA National Convention will be held in Bismarck, N.D. at the Ramkota Hotel. The dates are June 22-27. This will be held in conjunction with the NDHSCA State Convention. The organizing committee will be the NHSACA Executive Committee and NDHSCA Executive Committee. Some goals we have for North Dakota is 700-Registered North Dakota Coaches, provide the opportunity for graduate credits, bring back successful North Dakota Coaches and Athletes to present during the convention, provide access to North Dakota coaches with the NHSACA National COTY finalists. The 2018 NHSACA National Resolution reads as follows:

- Whereas, negative outbursts from players, parents and fans is a growing problem in sports competition: Therefore, we the National High School Athletic Coaches Association recommend that coaches attempt to be a positive influence on sportsmanship. This is necessary in order to provide an atmosphere that is going to be attractive in recruiting officials for high school sporting events.

Respectfully Submitted

Dave Dougherty, NHSACA Executive Director

Randy Johnson, NHSACA Past President

NDHSCA- NHSACA

NATIONAL HALL OF FAME INDUCTEES

North Dakota has the following inductees to the 2019 NHSACA National Hall of Fame

Scott Knowlen – Bismarck High School Wrestling Coach

Carolyn Olson – Grand Forks Red River Volleyball Coach

More information and photos will be provided in the next issue of the Dakota Coach.

NATIONAL COACH OF THE YEAR NOMINEES

<u>Sport</u>	<u>Coach or Athletic Director</u>	<u>School</u>
Athletic Director	Todd Olson	Fargo Public Schools
Baseball:	Jeff Feichtner	Fargo North High School
Basketball – Boys'	Mike Hendrickson	Fargo South High School
Basketball – Girls'	Andy Braaten	Carrington High School
Cross Country – Boys'	Rick Anderson	Griggs County Central
Cross Country – Girls'	Sean Allan	Grand Forks Central High School
Football	Dan Smrekar	Bismarck St. Mary's High School
Golf	Perry Piatz	Kindred High School
Soccer	Matt Pfau	Minot High School
Softball	Patrick Johnson	West Fargo High School
Special Sports	Kent Van Ells	Dickinson High School
Swimming & Diving	Jake Solper	Minot High School
Tennis	Scott McPherson	Bismarck Legacy High School
Track & Field – Boys'	Craig Kovash	Dickinson Trinity High School
Track & Field – Girls'	John Ward	Hazen High School
Volleyball	Tim Wallstrum	Kenmare High School
Wrestling	Derrick Dixon	Turtle Mountain Community High School
Assistant COTY – Boys'	Rod Hardie	Fargo North High School
Assistant COTY – Girls'	Tim Delmore	Grand Forks Red River High School

Scheels-NDHSCA Scholarship Recipients



Kailey Jackson,
Rosholt



Lauren Limke,
West Fargo

Also receiving Scholarships but unable to attend the awards banquet:
Kailen Dolleslager of Thompson and Abby Lemnus of Valley City.

Gelaine Orvik 2018 Scholarship Recipients



Raquel Doll of Hazen, Gelaine Orvik, Kaitlyn Schiele of Edgeley



Subway's John Clark, Raquel Doll (Hazen) Gelaine Orvik



Subway's John Clark, Kaitlyn Schiele (Edgeley) Gelaine Orvik

Award of Merit Recipients



Jim Clark, Jamestown College



Brad Anderson, Sportswriter

Special Recognition Recipients



Tom Perius



Alton Nygaard



Bob Zimney

NDHSCA ANNUAL BUSINESS MEETING

July 26, 2018; 10:50 AM

Fargo Ramada

Woodland North

MINUTES

President Olson called the meeting to order at 10:55 am.

Ralph Manley moved to approve the minutes from the 2017 July Annual Meeting, Mike Mayer seconded the motion. Motion passed without any dissenting voice vote.

Executive Secretary Randy Johnson presented the Financial Report as of June 30, 2018. The NDHSCA Fiscal Year runs from July 1 to June 30.

\$ 98.83 – FPSFCU Primary Shares Account Balance June 30, 2018
\$ 9,605.24 – FPSFCU Checking Account June 30, 2018
\$22,133.91 – FPSFCU Gelaine Orvik Scholarship Account Balance June 30, 2018
\$58,993.36 – FPSFCU Money Market Share Balance June 30, 2018
\$90,831.34 – FPSFCU Total Cash on Hand June 30, 2018

Total cash on hand on June 30, 2017 was \$76,787.34. There is outstanding income from the NDHSAA Convention support, Lions All-Star Basketball, and the second installment from Subway. Lyall Krueger moved to accept the financial report, Ralph Manley seconded the motion. Motion passed unanimously.

Randy Johnson gave a 2018 NDHSCA Convention report. As of 5:00 July 26 there were 339 registered for convention, 31 registered for one credit, 50 registered for two credits, and 384 signed up for membership at this time. Michael Sorlie moved to accept the report, Cameron Dockter seconded the motion. Motion passed unanimously.

Lisa Strand gave a report on the Dakota Coach. Things are going well. If anyone has some articles of interest, please send them her way. We are trying to include more pictures and items dealing with the NDHSCA. Mitch Grochow moved to accept the report, Ralph Manley seconded the motion. Motion passed without any dissenting voice vote.

Randy Johnson gave a 2017-2018 membership report. There were 1,300 paid members, 156 lifetime members and 4 new lifetime members. Membership was up this past year and hope it continues to grow. Mike Hendrickson moved to accept the report, Greg Brown seconded the motion. Motion passed without any dissenting voice vote.

Dakota Coach Fall 2018

(Annual Meeting Minutes continued)

President-Elect Tracey Heisler introduced the two Vice President candidates. They are Dean Winczewski from Minot High School and Ron Metz from Bismarck Century High School. The final time for voting will be today at 1:00 session. The recipient of the Vice President position will be announced at this evenings Hall of Fame/Coach of the Year Banquet.

President-Elect Tracey Heisler and Executive Secretary Randy Johnson discussed the two By-Law changes. The first change was the wording for associate membership. Discussion was held. The By-Law was stated as "Associate Membership shall include college and university coaches, AAU coaches, other amateur level coaches, cheerleading advisors, sports writers, sports announcers, athletic trainers, or other professionals engaged in athletics in some way other than coaching." Dave Dougherty moved to accept this By-Law change, Greg Brown seconded the motion. Motion passed without any dissenting voice vote.

President-Elect Tracey Heisler and Executive Secretary Randy Johnson discussed the other By-Law change for Lifetime Members. It is proposed to read now as "Lifetime Memberships may be purchased for a one-time fee. Such Lifetime Membership will carry all Active Membership benefits including voting at the State Convention. If a member is no longer an active coach, the Lifetime Member relinquishes office holding privileges and association liability insurance benefit. A Lifetime Member must have been: A) an NDHSCA Member for at least 20 years, and B) an active high school coach for at least 25 years, either in North Dakota or in another state." Tracey Heisler moved we accept this By-Law change as written, Kasey Grochow seconded the motion. Motion passed without any dissenting voice vote.

Assistant Executive Secretary Scott Grochow presented information about the POWERade Senior Athlete of the Year and NDHSCA Coach of the Year balloting. He discussed the new voting procedure using Survey Monkey and how well it is going. Scott mentioned the importance of writing letters to POWERade thanking them for the Senior Athlete Award. This is a huge help in gaining the sponsorship every year.

NHSACA Executive Director Dave Dougherty made the reported on the National High School Athletic Coaches Association National Convention. It was held June 23-27 in Sioux Falls, SD. North Dakota had the following inducted into the National Coaches Hall of Fame:

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- David Hoff: Special Sports Hockey, Bottineau H.S.
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Dakota Coach Fall 2018

(Annual Meeting Minutes continued)

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- Randy Johnson: Past President, Webmaster, Executive Secretary for NDHSCA
- Dave Dougherty: Past President, Current NHSACA Executive Director, Retired Watford City H.S.

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Ralph Manley moved to accept the report, Lyall Krueger seconded the motion. Motion passed unanimously.

Michael Sorlie and Mike Hendrickson presented the Lions All-Star Basketball report. The teams were selected during the State Basketball Tournament by co-chairs Mike Hendrickson and Michael Sorlie, along with coaches throughout the state that served on the selection committee.

The girls arrived and checked in at Bismarck on July 6th, while the boys did the same in Fargo. Practices were held on July 6th, 7th, and 8th. The games were held on July 9th in Bismarck and July 10th in Fargo.

Coaches of the teams were as follows:

- *Class B Girls – Nicole Bentz (Grant County) and Ashlee Viveros (Killdeer)
- *Class B Boys – Elliot Rotvold (Hillsboro/Central Valley) and Jeremy Feller (Minot Ryan)
- *Class A Girls – Ron Metz (Bismarck Century) and Abby Thomas (Mandan)
- *Class A Boys – Darin Mattern (Bismarck Century) and Tom Kirchoffner (West Fargo Sheyenne)

The game scores were:	Bismarck –	Girls: Class B 72	Class A 70
		Boys: Class B 83	Class A 64
	Fargo –	Girls: Class B 78	Class A 73
		Boys: Class A 95	Class B 86

Dakota Coach Fall 2018

(Annual Meeting Minutes continued)

The games in Bismarck were played at Legacy High School this year, as it was previously played at the Bismarck Civic Center. The gym was packed and the atmosphere was outstanding. The games in Fargo were held at the Fargo Civic Center. There has been a little bit of discussion on moving the games in Fargo to another venue in the future.

Everything seemed to run smoothly this year, and there weren't any issues that came up during the week. Thanks to all of the coaches for helping in selecting the teams, the eight coaches who helped to coach in the games, the players for participating and helping with their sponsorship responsibilities, the Lion's organizations that help to put on the event, and to the NDHSCA for their sponsorship. Dan Carr moved to accept the report, Dean Winczewski seconded the motion. Motion passed without any dissenting voice vote.

Lisa Strand and Tim Wallstrum presented the Optimist All-Star Volleyball report. The 2018 Optimist All Star Volleyball series began with check in at the Fargo Expressway Inn and Suites for the athletes and coaches Friday, June 8. Twelve East players (6 class A and 6 class B) and twelve West players (6 A and 6 B) were selected by North Dakota coaches from the 2018 senior class of class A and B volleyball players across the state. Fargo Sheyenne High School was the host for practices and the East match held on June 11.

The Optimist's Lori Dekeyser greeted the players, handed out uniforms, discussed rules and lead an activity to help the players get acquainted. The Optimists provided for rooms, meals and also several activities for the players during the weekend, including attending the Red Hawks baseball game, a picnic with games, and an Escape Room. The players enjoyed the overall experience provided by the Fargo Optimists.

The East match was held at West Fargo Sheyenne HS on Monday, June 11. Teams were fairly evenly matched as the West defeated the East in 4 sets with scores of 24-26, 25-17, 26-24, 25-23. The teams then traveled to Bismarck Century High School to play on Tuesday, June 12. The West won the first two sets 25-18 and 26-24. The East came back and won the next two sets 17-25 and 21-25. In the deciding set the West defeated the East 15-11 completing the sweep. The West was coached by Jamie Zastoupil of Bismarck Century and Kara Nunziato of Our Redeemers HS in Minot. The East was coached by Laurie Good of LaMoure L-M and Lisa Strand of Thompson.

Coaches are chosen by their finish at the State Volleyball Tournament. The NDHSCA member coach from Class A of the team finishing highest in the east and the highest finishing Class B from the east are invited to coach the East Team. If the coach is unable to accept, the next highest finishing coach from that class is asked. Same procedure for selection of the West Team coaches. This year we had a very unusual situation in that all the Class A East coaches declined the invitation to coach. The decision was made by the Optimists and NDHSCA to offer it to the next highest finishing coach of Class B from the east. The result was there were two Class B coaches for the East Team.

Thank you to the Optimists for another successful series, thanks to West Fargo Sheyenne's Athletic Director Ross Richards and the volleyball coaches for their help with set up and practices. Thank you to Bismarck Century High School and Athletic Director Dave Zittleman for hosting the match in the west. And a big thank you to all the behind the scenes score table workers, custodians, line judges and officials that make this series possible. Jeremy St. Aubin moved to accept the report, Derrick Dixon seconded the motion. Motion passed unanimously.

Dakota Coach Fall 2018

(Annual Meeting Minutes continued)

President Eric Olson presented the Shrine All-Star Football Report in the absence of Chair Bill Lorenz. The 2018 Shrine Football Games were played at Sid Cichy Stadium on the campus of Shanley High School in Fargo on Saturday, July 14. The 11-man East team won the first game 35-12 over the West squad. The 9-man East team beat the West team 28-20. These were two well-played games with the athletes competing until the final horn.

The week started with 128 players and 16 coaches checking into the dorm on the campus of Mayville State University. Once again, MSU was a very gracious host. The housing, dining, and practice facilities were able to handle our large group. Everyone that was involved was very accommodating. The community of Mayville was also very welcoming by allowing us to use various facilities throughout the city. Our players were able to use the water-park, movie theatre, and city park on different nights.

On Thursday our athletes held a mini-camp for Shrine Hospital patients in conjunction with our media day. Everyone did an outstanding job and the athletes put smiles on all the patients' faces. The players also attended sessions about the purpose and goals of the Shrine Hospital. Hospital employees traveled to Mayville to put on different presentations. This was an excellent opportunity for the athletes to hear about the benefits that the hospital provides.

Preparations for the 2019 game have already started. The tentative date for the 2019 game has not been set at this time but will once again be early to mid-July. The committee is also planning on having all four teams practice at Mayville State University again.

In visiting with numerous players and coaches everyone had a great experience during the week leading up to the game and on game day. Michael Sorlie moved to accept the report, Mike Mayer seconded the motion. Motion passed unanimously.

Scott Grochow presented the report on Longevity. He talked about what recipients this year needed to pick up a slip of paper with their name on it, so we know who is present. He also talked how important it is to have accurate reporting of years. We are trying to get this updated. Ralph Manley moved to accept the report, Tim Wallstrum seconded the motion. Motion passed unanimously.

Randy Johnson presented a report on the POWERade agreement. This is done by a handshake without legal paperwork. The NDHSCA feels confident in this agreement at this time. The statement was made asking that athletes and coaches continue writing letters to the sponsors. Claudia Schoellkopf moved to accept the report, Paul Keeney seconded the motion. Motion passed unanimously.

Immediate Past President Paul Lean presented information on the NDHSCA Scheels Scholarship. Paul discussed the importance of the team nights sponsored by Scheels. We are hoping this association will continue. Jon Jahner moved to accept the report, Shawn Hanson seconded the report. Motion passed without any dissenting voice vote.

Randy Johnson presented information about the Subway agreement. We are working on another contract for this coming year. Things are going well right now. It is important to continue to support Subway. Lunch today will be provided by Subway for those who attend this meeting. Derrick Dixon moved to accept the report, Mitch Grochow seconded the motion. Motion passed unanimously.

Dakota Coach Fall 2018

(Annual Meeting Minutes continued)

Randy Johnson presented information on the website. One of his jobs this year is to get it totally updated. He will be going through it and updating all the information. Hope to have this done by Christmas. If there is something you think should be on the website, please send it to Randy and he will consider getting it put on. Michael Sorlie moved to accept the report, Dean Winczewski seconded the motion. Motion passed without any dissenting voice vote.

President Eric Olson presented a report on the Twitter Account. This is going well. We are constantly trying to update people as events occur. Tim Wallstrum moved to accept the report, Scott Grochow seconded the motion. Motion passed without any dissenting voice vote.

The 2019 NDHSCA-NHSACA State and National Convention will be held in Bismarck at the Ramkota Hotel. The dates are June 22 through June 27. Our goal is over 700 North Dakota Coaches. We hope to have an outstanding convention. The 2020 NDHSCA Convention is scheduled to be back in Fargo. It will probably be the Ramada. The dates will be July 28 through July 31, 2020.

Immediate Past President Paul Lean presented information on future speaker suggestions, scholarship forms, forms on the website, etc. Please help the association out and give back what they have given you.

Randy Johnson presented information on benefits for being a member of the NDHSCA. It is very important to use these benefits. He also discussed the Liability Insurance we have with the members. The key thing is to remember it is Liability Insurance.

Randy Johnson reported on the success of the Gelaine Orvik Scholarship Fund. This fund is used to issue two scholarships. One scholarship is assisted by the donation of \$1,000.00 from Subway. He was pleased to announce they pulled in \$1,000.00 last night at the Horse Races and this year have received \$745.00 from donations.

Past President Andy Braaten moved to have Randy Johnson be installed as the Executive Secretary for the 2018-2019 year, Brian Anderson seconded the motion. Motion passed unanimously with one abstaining, Randy Johnson.

President Olson adjourned the meeting at 12:06.





NDSU FOOTBALL

NDSU Athletics will have a limited number of tickets available to NDHSCA members for the following 2018 home football games:

- 10/20 vs Illinois State
- 11/17 vs Southern Illinois

These are the only games tickets will be available to NDHSCA Members.

Policies and Procedures For Requesting NDHSCA Tickets

- NDHSCA members may begin requesting 1 complimentary ticket and 1 additional ticket to purchase beginning at 8:00am on the Monday of game-week. All requests must be submitted via email to ndsuhson tickets@ndsuhson .edu
- Tickets are limited and orders will be filled based on ticket availability and frequency of an individual's requests. Submitting a request does not guarantee tickets will be awarded.
- Tickets will be awarded and confirmations sent on the Wednesday of game-week.
- Tickets can be picked up 90 minutes prior to kick-off on game-day. Per NCAA rules, no tickets can be picked up in advance of that time.
- Coaches picking up tickets will be required to present their current NDHSCA membership card with a valid photo ID at the time of pick-up.
- Failure to pick-up tickets can result in a loss of future ticket opportunities for that individual.

To purchase tickets for a game not listed above, please visit www.GoBison.com. Single game tickets will go on sale at 6:00am on August 1st and will be available online only.

Coach Quote:

“So often we fail to acknowledge what we have because we're so concerned about what we want.”

-John Wooden-



Allard Trophy

Dakota Coach Fall 2018



North Dakota High School
Coaches Association

GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the North Dakota High School Coaches Association and its members.

CARRIER

Houston Casualty Company

POLICY PERIOD

August 1, 2018 – August 1, 2019

LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$1,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

COVERAGES

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

EXCLUSIONS

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.

CAMP INSURANCE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

NEW PROCEDURE FOR CAMP INSURANCE

- ❖ Participant Waivers - Signed waivers must be in place for all participants attending camps. The waiver must have indemnification language and acknowledgement that primary medical insurance is in place for the participant.
- ❖ Participant/Accident (Medical) - If you cannot secure such a waiver, **you must purchase** coverage for all participants attending your camp.
- ❖ Additional Insured/Certificate of Insurance - If you require a certificate of insurance naming an additional insured, **you must purchase** the Participant/Accident (Medical) coverage for all participants attending your camp.
- ❖ Proof of Insurance - If you require a certificate of insurance showing proof of insurance and you have the required waiver in place, **you DO NOT have to purchase** the Participant/Accident (Medical) coverage.

PURCHASE INSURANCE

- ❖ Camp Insurance Request form is available on our website: www.loomislapann.com

INSURANCE ADMINISTRATOR

LOOMIS & LAPANN, INC.

INSURANCE SINCE 1852

www.loomislapann.com

(P) 800-566-6479 | (F) 518-792-3426

Greg Joly
Lori George
Karen Boller

gjoly@loomislapann.com
lgeorge@loomislapann.com
kboller@loomislapann.com

Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.



North Dakota High School Coaches Association



2018-2019 NDHSAA SPORTS ADVISORY COMMITTEES

SPORT	REPRESENTATION	TERM
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BASEBALL:

DeWitt Mack; Mandan HS	A Division West Representative	2015-2019
Kip Erickson; Washburn HS	B Division West Representative	2016-2020
Joel Swanson; West Fargo Sheyenne HS	A Division East Representative	2017-2021
Nathan Walsh; Hillsboro	B Division East Representative	2018-2022

BASKETBALL – Boys':

Mike Santjer; Rugby HS	B Division Representative	2016-2019
Rick Smith; Four Winds HS	At Large Representative	2017-2020
Thomas Kirchoffner; West Fargo Sheyenne HS	A Division Representative	2012-2021

BASKETBALL – Girls':

Brent Hintz; West Fargo Sheyenne HS	A Division Representative	2016-2019
Kelly Roemmich; Stanley HS	At Large Representative	2017-2020
Laurie Seiben; Grafton HS	B Division Representative	2018-2021

CHEERLEADING (Appointed by Cheerleading Advisory):

Luann Burris; Grand Forks Central HS	A Division Representative	2016-2019
Ruth VanWechel; Mayville-Portland CG	B Division Representative	2017-2020
Billie Ann Caya; Bismarck HS	At Large Representative	2018-2021

CROSS COUNTRY:

Rick Anderson; Griggs County HS	B Division East Representative	2015-2019
Jason Holland; Fargo Davies HS	A Division East Representative	2016-2020
Laura Tweeten; Washburn HS	B Division West Representative	2017-2021
Greg Brown; Watford City HS	A Division West Representative	2018-2022

FOOTBALL:

Bret Johnsrud; Hazen HS	A Division Representative	2015-2019
Brian Dokken; Wahpeton HS	AA Division Representative	2016-2020
John Tuchscherer; Dickinson HS	AAA Division Representative	2017-2021
Mike Zier; Beach HS	Nine Man Representative	2018-2022

GOLF:

Dan Wolf; West Fargo HS	A Division Girls' Representative	2015-2019
Ryan Nielson; Hillsboro-CV HS	B Division Boys' Representative	2016-2020
Jeremy St. Aubin; South Border HS	B Division Girls' Representative	2017-2021
Greg Limke; West Fargo HS	A Division Boys' Representative	2018-2022

GYMNASTICS:

Robbie Werchau; Minot HS	West Representative	2016-2019
Courtney Engel; Grand Forks Central/Red River HS	East Representative	2017-2020
Amanda Lantz; Mandan HS	At Large Representative	2018-2021

HOCKEY (Appointed by Hockey Advisory):

Mat Ekblad; Williston HS	Girls' Representative	2015-2019
Jason Bennett; Minot HS	Boys' Representative	2016-2020
Scott Pederson; Fargo Davies HS	Boys' Representative	2017-2021
Patrick Johnson; West Fargo HS	Girls' Representative	2018-2022

SOCCER:

Thomas Marcis; Bismarck Legacy HS	Boys' West Representative	2015-2019
Matt Pfau; Minot HS	Girls' West Representative	2016-2020
Nick Christianson; Fargo Davies HS	Girls' East Representative	2017-2021
James Moe; West Fargo HS	Boys' East Representative	2018-2022

SOFTBALL:

Kevin Ziegler; Bismarck Century HS	Class A West Representative	2015-2019
Layne Fluhrer; Westhope HS	Class B West Representative	2016-2020
Pat Johnson; West Fargo HS	Class A East Representative	2017-2021
Michael Loll; Hankinson HS	Class B East Representative	2018-2022

SWIMMING & DIVING:

Skip Fisher; Fargo South HS	Girls' Representative	2016-2019
Richard "Dick" Fisher; Fargo North HS	Boys' Representative	2017-2020
Thomas Wheeling; Bismarck Legacy HS	At Large Representative	2018-2021

TENNIS (Appointed by Tennis Advisory):

Amanda Lunsetter; Wahpeton HS	East Girls' Representative	2015-2019
Paul Christen; Mandan HS	West Boys' Representative	2016-2020
Matt Nielson; Valley City HS	East Boys' Representative	2017-2021
Daniel Keith; Bismarck Century HS	West Girls' Representative	2014-2018

TRACK & FIELD – Boys':

Matthew Quintus; Fargo Davies	A Division East Representative	2015-2019
Jon Jahner; Bowman County HS	B Division West Representative	2016-2020
Chris Clements; Bismarck Legacy	A Division West Representative	2017-2021
Kelley Utt; Maple Valley-Enderlin	B Division East Representative	2018-2022

TRACK & FIELD – Girls':

Tracey Heisler; Grand Forks Red River HS	A Division East Representative	2015-2019
Lyall Krueger; Surrey HS	B Division West Representative	2016-2020
Greg Jung; Dickinson HS	A Division West Representative	2017-2021
Heidi Eckart; Hillsboro Central Valley	B Division East Representative	2018-2022

VOLLEYBALL:

Dale Peaslee; Carrington HS	At Large Representative	2016-2019
Jamie Zastpil; Bismarck Century HS	A Division Representative	2017-2020
Kasey Grochow; Surrey HS	B Division Representative	2018-2021
Tera Paulson; Hankinson HS	Volleyball Executive Appointee	2015-Present

WRESTLING (Appointed by Wrestling Advisory):

Larry Eslick; Jamestown HS	A Division President	2016-2019
Chad Barstad; Velva HS	B Division President	2017-2020
Dave Wolding; New Salem HS	B Division Representative	2018-2021



**NORTH DAKOTA HIGH SCHOOL COACHES ASSOCIATION
Sports' Advisory Committee Application**

NAME: _____

SCHOOL: _____

Home Address: _____

City, State & Zip: _____

Sport: _____ **E-Mail Address:** _____

Years of Coaching: _____ **Home Phone:** _____ **School Phone:** _____

Number of Years of Membership to the NDHSCA: _____

My duties as a Sports Advisory Committee member include:

1. Represent all coaches throughout the state in the assigned sport.
2. Coordinate regional or area meetings for statewide input.
3. Schedule and organize coaches' meetings at state contests.
4. If needed, survey or seek information for recommendations.
5. Attend the annual NDHSAA Sports' Advisory Committee Meeting and submit the recommendations as determined by the coaches in said sport.

I understand this is a **THREE or FOUR YEAR** commitment. Appointments will be made at the July Executive Committee Meeting. Return form to: Randy Johnson, Executive Secretary
 E-mail: duck@westriv.com 1527 North 33rd Street Unit 4; Bismarck, ND 58501

Longevity Information for 2019 Recognition

The NDHSCA has an ongoing list of longevity winners. The years of coaching recognized are 20, 25, 30, 35, 40, 45, 50, etc. Please send an e-mail to Scott Grochow at Scott.Grochow@k12.nd.us, or Bill Jansen at William.Jansen@k12.nd.us if you are one of these individuals. **Remember, this is the number of years you have been coaching through the spring of 2019 at any level.** You must be a member of the NDHSCA to be recognized and you must be a junior high, or high school coach at the time. Please remember to fill out your membership forms through the next year. This keeps our data base up to date.

We will run a complete list in the Winter, Spring, and Summer Dakota Coach. Please see if your name is on the list. Scott and Bill will e-mail coaches from the data base asking them their wishes for a Longevity Plaque. Please let them know if you have any questions.



BW T&F Enterprises



Criteria for Post-Season Awards

- Be in good academic standing, enrolled in an NDHSAA School.
- Be nominated by and receive supportive data from the varsity head coach in the respective sport.
- Compete for a high school varsity team during the respective sport season.
- Display exceptional skills in respective sport during the athlete's season.
- Display exceptional sportsmanship during the season of nomination.
- Display leadership qualities during the season of nomination.
- Display commendable citizenship and have no NDHSAA Training Rule Violations during academic year.
- Have never been suspended from respective athletic team or the school of representation during academic year.



Coach Quote:

Listening is such a simple act. It requires us to be present, and that takes practice, but we don't have to do anything else. We don't have to advise, or coach, or sound wise. We just have to be willing to sit there and listen.

-Margaret J. Weatley-





Lifetime Membership

To purchase a Lifetime Membership the prospective coach must have been:

- A North Dakota High School Coaches Association Member for 20 years
- An active high school coach for at least 25 years either in North Dakota or another state

Notes on Lifetime Membership

- Lifetime Membership may be purchased for a one-time fee of \$300. In order to become a Lifetime Member the person must be a member which is \$60. The lifetime Membership fee would be \$360 total.
- Lifetime Membership will carry all Active Membership benefits including \$1,000,000 Liability Insurance coverage
- A Lifetime Member relinquishes voting and office holding privileges if a member is no longer an active coach. If they are active in coaching, voting and office holding privileges continue.



2018 Coaching Longevity

The 2018 list for Coaching Longevity is printed below. Individuals wishing to receive plaques will be announced at the 2018 North Dakota High School Coaches Association Summer Convention to be held at the Fargo Ramada. The banquet will be held Thursday, July 26. Please email Scott Grochow (scott.grochow@k12.nd.us) or Bill Jansen (william.jansen@k12.nd.us) if there is a mistake on the list.

20 years

Vicky Bender, Wilton
 Jack Biesterfeld, Kidder County
 Bret Dockter, Harvey
 Dale Elfman, Grand Forks Red River
 Mary Ann Ensrud, Dakota Prairie
 Aaron Finders, Williston
 Linda Grina, Bismarck
 James Haak, Linton
 Bryan Haugeh, North Star
 Todd Hetler, Langdon Area
 Adam Hill, Mott-Regent
 Linette Irwin, Hazen
 Curtis Johnson, Fargo Shanley
 Dean Johs, Mandan
 Disa Julius, Minot
 Jason Kunze, Lisbon
 Andy Lach, Minot
 Brad Lies, Bismarck Century
 Al McFarlane, Trenton
 Sue Meyer, Westby
 Jason Monilaws, Hankinson
 Nate Nelson, Divide County
 Scott Nustad, Bismarck
 Kelly Pierce, Scranton
 Brady Schwab, Thompson
 Andy Skunberg, Jamestown
 Julie Smesrud, Towner-Granville-Upham
 Scott Strenge, Wyndmere
 Robert Turcotte, Trenton
 Cory Volk, Bismarck Century
 Robert Watson, Standing Rock
 Kenneth Wells, Parshall
 Kresha Wiest, Mandan
 Dean Winczewski, Minot
 Brad Woehl, Kindred
 Brent Wolf, Dickinson
 Ben Wollenzien, Towner-Granville-Upham

25 Years

Sean Allen, Grand Forks Central
 Brent Baldwin, Grafton
 Bruce Bender, New England
 Michelle Cremers, Grand Forks Red River
 Scott Foltz, Minot
 Troy Goehring, Ellendale
 Brian Ham, Dickinson
 Cynthia Iwen, Enderlin
 Steve Jacobson, Fargo Shanley
 Paul Jundt, Bismarck Legacy
 Steve Kleinjan, New Salem-Almont
 Sandy Laxdal, Cavalier
 Brent Lloyd, Grand Forks Red River
 Jeff Manley, Cavalier
 Brad Miller, Shiloh Christian
 Michael Porter, Bismarck Victor Solheim
 Dean Rolle, Hebron
 Dave Schill, Hillsboro
 Douglas Schmidt, Glen Ullin
 Jery Schneider, Fargo North
 Wade Schock, Towner-Granville-Upham

30 Years

Bob Brown, Divide County
 Robert Bubach, Leeds
 Jerry Daily, Fargo Shanley
 Michelle Dolan, Ray
 Mark Gibson, Bismarck
 LuCinda Haak, Linton
 Dave Handt, Litchville-Marion-Montpelier
 Barry Holmen, Minot
 James Johnson, Des Lacs-Burlington
 Jim Jonas, West Fargo
 Todd Kosel, Edgeley
 Joel Marshall, Hazen
 Steve Paintner, Grand Forks Central
 Craig Pool, Richland
 Kevin Skavhaug, Park River Area

35 Years

Rodney Breitbach, Bismarck Century
 Sherry Carlson, Minot
 Kevin Froeber, West Fargo
 Robert Jacobson, Fargo Davies
 Tim Jacobson, Fargo Davies
 Tim Kolsrud, Bismarck
 Dave Michaelson, Dickinson
 Doyle Plecity, West Fargo
 Scott Robideaux, Grafton
 Kent Schweigert, Bismarck Century
 Kent Van Ells, Dickinson
 Doug Wagner, Des Lacs-Burlington
 David Wishhoff, Glenburn

40 Years

Barry Anderson, Fargo Shanley
 Ralph Manley, Mandan
 Dave Tews, Jamestown
 Tim White, Griggs Co. Central

45 Years

Fred Fritel, Fargo Davies
 Arley Larson, Ray

50 Years

Jerry Perdeams,
 Heart River



North Dakota High School Coaches Association

Paid Lifetime Memberships

Aardahl, Vern; Milnor HS
Amundson, Greg; Mandan HS
Anderson, Brian; Watford City HS
Anderson, Darrell; Bismarck HS
Anderson, Darryl; Mandan HS
Askvig, Curtis; Surrey HS
Benson, Ron; Mott-Regent HS
Berg, Mike; Grand Forks Central HS
Berglund, Darrell; Hazen HS
Berglund, Kathy; Hazen HS
Bettenhausen, LeRoy; Watford City HS
Boehm, Darrin; West Fargo HS
Brackenbury, Wayne; Mohall-L-Sherwood HS
Brenner, Henry; ND School for the Deaf
Buen, Gene; Velva HS
Burckhard, Richard; Parshall HS
Burriss, LuAnn; Grand Forks Central HS
Butterfield, John; Hettinger HS
Callahan, Mike; Minnewaukan HS
Carlson, Ron; Minnewaukan HS
Carlsrud, Dave; NDHSAA
Carr, Daniel; Linton HS
Caya, Billie Ann; Bismarck HS
Conlon, Frank; Jamestown HS
Cornell, Rick; Grand Forks Schroeder JHS
DeCoteau, Jerome; Turtle Mtn Comm. HS
Deutsch, Nancy; Watford City HS
Dew, Jim; Valley City State College
Deyle, Alvina; Fargo South HS
Dinius, Denny; Langdon HS
Disher, Ken; Minot HS
Dixon, Derrick; Turtle Mtn. Community HS
Dockter, Dwight; Hope-Page HS
Dolan, Michelle; Ray HS
Dwyer, Michael; Shiloh Christian HS
Fish, Frank; Watford City HS
Fjeld, Greg; Minot HS
Flaagan, Craig; Fargo South HS
Flyberg, Brian; Linton HS
Folstad, Collette; West Fargo HS
Forsberg, Mike; Fargo Oak Grove HS
Foss, Bradley; Watford City HS
Gabrielsen, Thomas; Grand Forks RRHS
Gadberry, Ron; Hillsboro HS
Gordon, Randy; Dickinson Trinity HS
Hack, Rick; Ellendale HS
Haggin, Barry; Divide County HS
Halland, Joan; Kindred HS
Hammer, Dennis; Grafton HS
Handt, Dave; Litchville-Marion HS
Hanson, David; St. Thomas HS
Hanson, Donald C.; Mandan HS
Hanson, Randy; Washburn HS
Hardie, Karen; Fargo North HS
Hardie, Rodney; Fargo North HS
Hauge, John; Bottineau HS
Haugen, Derold; LaMoure HS
Haussler, Jim; Bismarck Schools
Healy, Dennis; Williston HS
Herman, Matt; Ellendale HS

Hertel, Dale; Fargo South HS
Hofer, Dr. Herb; Cankdeska Cikana CC
Holinka, Gerald; Dickinson Trinity HS
Holmen, Barry; Minot HS
Holmen, Robert; Minot HS
Hornecker, Brian; Minot HS
Horner, Dennis; Midway HS
House, Leon; Mandan HS
Howell, Joe; Lisbon HS
Howson, Jim; Hatton HS
Hutchison, Donna; Grand Forks Red River HS
Hutchison, John; Northwood HS
Hutchison, Lonny; Northwood HS
Imdieke, Dan; Linton HS
Jaeger, Kerry; Grand Forks Red River HS
Jensen, Julie; Kindred HS
Jeske, James; Killdeer HS
Johnson, Harlan; Parshall HS
Johnson, Wayne; Rolette HS
Jung, Greg; Dickinson HS
Kaiser, Tim; Wahpeton MS
Kelley, Scott; Hillsboro HS
Kjelgaard, Harold; Fargo Discovery JHS
Kleveland, David; Central Valley HS
Knutson, Al; Williston HS
Kosel, Todd; Edgeley HS
Kolsrud, Tim; Bismarck HS
Krosbakken, Jerry; Fargo North HS
Larson, Nancy; DesLacs-Burlington HS
Lehman, Cory; Fargo South HS
Leier, Dwight; Maddock HS
Limke, Greg; West Fargo HS
Loberg, Myron; Devils Lake HS
Lockwood, Ed; Fargo Public Schools
Long, Jeri; Glenburn HS
Lyon, Jerry; Minot HS
MacIver, Philip; Wahpeton JHS
Mack, Bruce; Surrey HS
Mailloux, Gary; Fargo North HS
Marsh, John; Fargo South HS
Marshall, Joel; Hazen HS
Martin, Phil; Lisbon HS
McCleary, Barry; Napoleon HS
McPherson, Scott; Bismarck Century HS
Miller, Steve; Bismarck HS
Mitzel, Frank; Minto HS
Nagel, Lee; Wahpeton HS
Olson, Douglas; Beulah HS
Olson, Linette; Bismarck Century HS
Omdahl, Chad; Hatton-Northwood HS
Opdahl, Mike; Larimore HS
Opp, Leland; Hazen HS
Overby, Dennis; Northwood HS
Peterson, Paul; Larimore HS
Philion, Rick; Minot HS
Pierson, Paula; West Fargo HS
Plecity, Doyle; West Fargo HS
Roeske, Marv; Concordia College
Schatz, Mike; New England HS
Schauer, Gary; Langdon HS
Schmitt, Dan; Dakota Prairie HS
Schneider, Jay; Devils Lake HS
Schreiner, Vernon; Minto HS

Sevre, Jocelyn; Hazen HS
Shirley, Marney; Jamestown HS
Sluke, David; Grafton HS
Smrekar, Dan; Bismarck St. Mary's HS
Snortland, Keith; Warwick HS
Solberg, Sheryl; NDHSAA
Sondrol, Rick; Central Valley HS
Sorensen, Chris; Hazen HS
Stanley, Len; Bismarck State College
Stegman, Wayne; Drayton HS
Stein, Bruce; Hankinson HS
Stibbe, Peggy; Discovery MS
Strand, Fred P; Hatton-Northwood HS
Suelzle, Tom; Watford City HS
Thompson, Jeryl; Drayton HS
Towers, Ken; Grand Forks Red River HS
Trieglaff, Robert; Fargo North HS
Vigen, Randy; Central Valley HS
Wagner, Chuck; Killdeer HS
Wagner, Doug; DesLacs-Burlington HS
Waldal, Bob; Beach HS
Walhaug, Gary; Surrey HS
Walker, Larry; Killdeer HS
Wheeling, Bob; Killdeer HS
Wilson, Jerry; Bismarck Century HS
Wisthoff, David; Glenburn HS
Zimney, Bob; Grand Forks Red River HS



NDHSCA Past Presidents

Anderson, Brian; Watford City HS
Bertsch, Jonathan; Wells County HS
Beyer, Ed; Hillsboro HS
Braaten, Andy, Carrington HS
Brown, Dale; Minot Ryan HS
Cahill, Bill; Jamestown HS
Carlson, Duane; Minot HS
Carlson, Jack; Dickinson HS
Coleman, Randy; Hazen HS
Dougherty, Dave; Watford City HS
Faris, Loren "Lefty"; Mandan HS
Feeney, Robert; Bismarck HS
Gambucci, Serg; Grand Forks Central HS
Grinsteinner, Gregg; Dickinson Trinity HS
Grochow, Scott; Rugby HS
Hatlestad, Walt; Fargo North HS
Hennessy, Duane; Grand Forks CHS
Herman, Curt; Dakota Prairie HS
Hutchison, John; Northwood HS
Johnson, Randy; Hazen HS
Kuhn, Mike; Mandan HS
Lean, Paul; Fargo Davies HS
Leier, Dwight; Esmond HS
Lodoen, Milo "Mike"; Bottineau HS
Manley, Ralph; Mandan HS
Manson, Gene; Minot HS
Michaelson, Dave; Dickinson HS

Moe, Pete; Washburn HS
Oksendahl, Rod; Fargo Shanley HS
Olson, Carolyn; Grand Forks Red River HS
Olson, Eric; Gwinner HS
Olson, Todd; Fargo Public HS
Pederson, Harold; Williston HS
Popp, Jerry; Willmar (MN) HS
Radke, Doyle; Minot HS
Rio, Ken; Grand Forks Central HS
Schauer; Bismarck HS
Sheldon, Jerry; Fargo North HS
Skaar, Marv; Grand Forks RRHS
Stavn, Julie; Bismarck Century HS
Stein, Bruce; Hankinson HS
Stone, Roger; Dickinson HS
Strand, Lisa; Thompson HS
Theige, Howard; Minot HS
Trondset, Dennis; Langdon HS
Tidd, Nancy; Fargo North HS
Vinger, Dick; Grand Forks Central HS
Wall, Carl; Fargo North HS
Wardner, Richard; Dickinson HS
West, Terry; Grand Forks Red River HS
Wingenbach, Ron; Bismarck Century HS
Workman, Allyn; Lisbon HS
Zimney, Bob; Grand Forks RRHS
Zittleman, Dave; Bismarck HS

We invite coaches to contact their local SCHEELS store to secure information on team shopping nights.

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NDHSCA Code of Ethics



As a professional educator and leader, the high school Coach or Athletic Director will

- Exemplify the highest moral character, behavior and leadership
- Respect the integrity and personality of the individual athlete
- Abide by the rules of the game in letter and spirit
- Respect the integrity and judgment of sports officials
- Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement
- Encourage a respect for all athletics and their values
- Display modesty in victory and graciousness in defeat
- Promote ethical relationships among coaches
- Fulfill responsibilities to provide health services and an environment free safety hazards
- Encourage the highest standards of conduct and scholastic achievement among all athletes
- Seek to inculcate good health habits including the establishment of sound training rules
- Strive to develop in each athlete the qualities of leadership, initiative and good judgment
- For interscholastic competition, will dress in an appropriate manner that distinguishes the coach as a professional, representing his school and team



Coaches Code of Conduct



As a professional educator and leader, the high school Coach or Athletic Director will

- Exemplify the highest moral character as a role model for young people.
- Recognize the individual worth and reinforce the self-image of each team member.
- Encourage and assist team members to set personal goals to achieve their highest academic potential.
- Create a set of training rules for athletes which reflects the positive values of abstaining from the use of drugs, alcohol, and tobacco.
- Strive to develop the qualities of leadership, initiative, and good judgment in each team member.
- Communicate and interpret program goals and objectives to parents and community.
- Provide a safe environment for practice and competition.
- Gain an awareness of the importance of prevention, care and treatment of athletic injuries.
- Respect the integrity and judgment of the game official.
- Teach and abide by the rules of the game in letter and in spirit.
- Build and maintain ethical relationships with coaches and administrators.
- Strive for excellence in coaching skills and techniques through professional improvement.
- Promote personal fitness and good nutrition.
- Be modest in victory and gracious in defeat.
- Encourage a healthy respect for the overall athletic program and its vital roles in education.

ONLINE MEMBERSHIP REGISTRATION LINK

PLEASE TAKE NOTE!

Convention and Membership Registration is on-line only. Visit our website www.ndhsca.com. **NDHSCA encourages the payment by credit card. This is the fastest and easiest way to get your membership card.** If you are paying for Membership by School Check and/or Purchase Order, be sure to confirm such membership application with an e-mail to Randy Johnson at duck@westriv.com before the respective dates. Your **membership registration must be completed and paid for** before appropriate season deadline to be eligible for post season awards:

- October 1 for Fall Season Sports
- February 1 for Winter Season Sports
- May 1 for Spring Season Sports



Membership Application and Registration includes payment before season application deadline.

NOTE: Personal check payments must be postmarked before the dates listed above. Membership cards will be mailed once payment is received.

Reminder : Credit Card payment is the fastest way to receive your card.

Lifetime Members: Remember to **log on** to the NDHSCA Registration Link **each year** and check lifetime member. Please update your data. Once this is complete a new membership card will be mailed.

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NDHSCA Gelaine Orvik Scholarship Fund



The North Dakota High School Coaches Association offers a “**Gelaine Orvik Scholarship.**” The idea of this scholarship was brought to the NDHSCA Executive Board at the 2008 State Convention by Joe Howell. Gelaine Orvik was the NDHSCA Executive Secretary (1979 to 2015). He has also held this position on the National level. Gelaine has touched thousands of lives through his tireless effort and enthusiasm not only for coaches, but more importantly for student athletes. He is an outstanding role model, mentor, coach, teacher, person, and friend. This scholarship will commemorate what Mr. Orvik has long stood for, helping students through scholarship. We would like to establish this fund so it will last a long time. In order to do this we are asking for donations. Any donation, no matter how big or small will assist us in accomplishing this goal.

Please feel free to give this information to a past member of the NDHSCA, fellow coaches or someone else who would be willing to contribute towards this scholarship. **Remember this donation is tax deductible. Please make checks payable to NDHSCA - Gelaine Orvik Scholarship Fund.**

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Dr. Jeff Duke, Ed.D.
University of Central Florida



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- ▶ Motivation
 - ▶ Confidence
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