



Dakota Coach

2015 Convention Plans

The NDHSCA Coaches Convention will be held July 28-31, at the Baymont Inn Convention Center in Mandan ND. A Room block has been reserved and will be held until July 10th with the North Dakota State Rate applying. NDHSCA is making every attempt to prepare coaches for the 2015 NDHSCA Coaches Convention and the prepared curriculum for the Convention. The Speaker Roster and Schedule has been submitted to NDSU; **however, no comments regarding credit are valid until NDSU Distance & Continuing Education receives confirmation of approval from the committee that makes that decision.**

Some very significant changes will apply for preparation and registration for the Convention.

Read More on Page 6

NDHSCA-Gelaine Orvik Scholarship Recipients

The recipients of the 2015 NDHSCA-Gelaine Orvik Scholarships have been selected. After a many hours of evaluation and assessment, the Scholarship Evaluation Committee selected **Waylon DeCoteau** from Turtle Mountain Community High School and **Alexis Piatz** from Kindred High School to be the beneficiaries of the 2015 Scholarship; thus become the third class of recipients.

The nomination form identified the criteria that would be used in the selection by the NDHSCA- Gelaine Orvik Scholarship Evaluation Committee: GPA, class rank percentile, athletic awards, activity awards, ACT test score, SAT test score, captain's and leadership roles, the applicant's application letter, letters of recommendation from faculty, coach and administrator.

Continued on Page 8

NDHSCA-Burger King Scholarship Recipients

The NDHSCA Executive Committee selected the recipients for the NDHSCA Scholarships at its recent meeting. **Kadie Anderson, Jamestown HS**, who plans to attend Valley City State University; **Hannah Schlecht, Sargent Central HS**, who plans to attend Valley City State University, also; **Blaise Stanley, Minot HS**; who plans to attend UND; and **Josh Weiler, Fargo South HS**, who plans to attend the University. Each will receive a \$500.00 scholarship from NDHSCA and Burger King of North Dakota.

The scholarships will be presented to each student/athlete at the Annual NDHSCA Hall of Fame and COTY Banquet at the Baymont Inn Convention Center in Mandan on Thursday, July 30th. The four student-athletes collectively earned 47 athletic letters, 41 activity letters, and ACT scores averaged 25.8.

Continued on Page 9

Inside this Issue

Executive Committee.....	2	Forms.....	15
President's Message.....	3	Lifetime Membership.....	16
Executive Secretary's Desk.....	4	NDHSCA Code of Ethics.....	17
Award of Merit.....	10	Coaches Code of Conduct.....	18
Winter Assistant COTY.....	11	On-Line Registration.....	19
NHSACA COTY Finalists.....	12	Camp Insurance.....	20
Longevity List.....	13	Gelaine Orvik Scholarship Fund...	21
NHSACA Message.....	14	Three Dimensional Coaching.....	22
Register for Convention on-line – Register Early		Dakota Coach Publication.....	23



2014-2015 NDHSCA Executive Committee

 <p>President Mike Kuhn</p> <p>211 – 5th Avenue SW Mandan, ND 58554</p> <p>Phone Numbers: (h) 701-663-1175 (w) 701-663-9532 (c) 701-426-8863 <i>michael.kuhn@msd1.org</i></p>	 <p>President-Elect Andy Braaten</p> <p>47 – 6th Street SE Carrington, ND 58421</p> <p>Phone Numbers: (h) 701-652-2398 (w) 701-652-3136 (f) 701-652-1243 <i>andy.braaten@sendit.nodak.edu</i></p>	 <p>Executive Secretary Gelaine Orvik</p> <p>3457 – 26th Ave. S Fargo, ND 58103</p> <p>Phone Numbers: (h) 701-237-9711 (w) 701-367-8282 (c) 701-367-8282 <i>gelaineo@outlook.com</i></p>
 <p>Vice President Paul Lean</p> <p>130 Eagle Street N Fargo, ND 58102</p> <p>Phone Numbers: (h) 701-234-0194 (w) 701-446-5781 (c) 701-261-6581 <i>leanp@fargo.k12.nd.us</i></p>	 <p>Immediate Past President Lisa Strand</p> <p>1511 – 7th Ave. NE Thompson, ND 58278</p> <p>Phone Numbers: (h) 701-599-2620 (w) 701-599-2765 (c) 218-779-3404 <i>lisa.strand@tps-k12.org</i></p>	 <p>Assistant Executive Secretary John Hutchison</p> <p>Box 110 Northwood, ND 58267</p> <p>Phone Numbers: (h) 701-741-8173 (w) 701-741-8173 (c) 701-741-8143 <i>john.hutchison@sendit.nodak.edu</i></p>
 <p>Past President Ralph Manley</p> <p>514 Meadow Lane Bismarck, ND 58504</p> <p>Phone Numbers: (h) 701-222-0090 (w) 701-751-6501 (c) 701-426-9316 <i>ralph.manley@msd1.org</i></p>	 <p>Membership Chair Karen Hardie</p> <p>2471 Lilac Lane Fargo, ND 58102</p> <p>Phone Numbers: (h) 701-237-5624 (w) 701-446-5200 (f) 701-446-5299 <i>hardiek@fargo.k12.nd.us</i></p>	 <p>Assistant Executive Secretary Randy Johnson</p> <p>701 Hwy Drive #9 B Hazen, ND 58545</p> <p>Phone Numbers: (h) 701-748-5634 (w) 701-748-2345 (c) 701-870-1064 <i>duck@westriv.com</i></p>

Lions' Basketball Co-Chairs

Michael Sorlie (h) 701-678-3823
PO Box 5 (w) 701-678-2492
Gwinner, ND 58040 (f) 701-678-2311
michael.sorlie.1@sendit.nodak.edu

Mike Hendrickson (h) 701-293-3108
1408 – 57th Avenue S (w) 701-446-2043
Fargo, ND 58104 (f) 701-446-2399
hendrim@fargo.k12.nd.us

Optimists' Volleyball Co-Chairs

Tim Wallstrum (h) 701-385-3376
PO Box 402 (w) 701-385-4996
Kenmare, ND 58746 (f) 701-385-4390
tim.wallstrum@sendit.nodak.edu

Lisa Strand (c) 218-779-3404
1511 – 7th Ave. NE (w) 701-599-2765
Thompson, ND 58278 (f) 701-599-2819
lisa.strand@tps-k12.org

Shrine Football

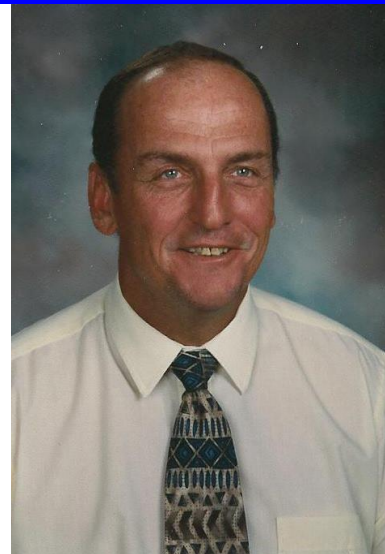
Bill Lorenz (h) 701-795-7818
1431 Chestnut Street (w) 701-746-2375
Grand Forks, NE 58201 (f) 701-746-2387
bill.lorenz@gfschools.org

President's Message – Spring 2014-2015

It was a great winter sports season we just experienced. It was a season full of intense competition, educational growth, and a whole lot of fun for athletes, coaches, and parents alike. Congrats to our winter sports athletes and coaches for a great season. Special congratulations to our Subway Coaches of the Year, and our Powerade Senior Athletes of the Year. We all know that involvement in extra-curricular activities have a huge educational and character building value, that we aren't going to learn "on-line" or in a text book. We all should be proud of all coaches and athletes that go the extra mile in this pursuit. We hope that all athletes and coaches understand that no matter if we win or if we lose, that **"success is never final, and failure is never fatal; it's what we take away or learn from the experience that counts the most"**.

Now, it's spring time. What a great time of year (weather permitting). We look forward to a great spring season of sports, a chance to get outside, compete, and have some fun. Coaches in spring sports know that every day is an adventure of sorts, in dealing with North Dakota weather. We have to come to practice with a Plan A, B, C, D, etc. No matter what the weather brings, there is always something we can do to deal with adversity, and to make athletes better. I wish all athletes and coaches of our spring sports the best of luck, health, and success this season.

As we approach the spring season, and the end of school around the corner, I'd like to remind and encourage all coaches to make plans to attend our annual dual conventions. Your membership in the NDHSCA also makes you a member of the National Athletic High School Athletic Coaches Association. The National Convention is scheduled for June 16-20 at the Kahler Grand Hotel in Rochester, Minnesota. The North Dakota High School Coaches Association Convention is scheduled for July 28-31, at the Baymont Inn Conference Center (formerly 7-Seas), in Mandan, ND. Both have exceptional venues. As a coach of 36+ years, I can honestly say, that I've never ever walked away from a conventional/clinic setting where I haven't learned "a ton". Whether it's sitting in a clinic session or bumping elbows with fellow coaches in the hall or wherever. Although all may not be able to attend the National Convention, I strongly encourage you to attend the state



President Kuhn

"Success is never final and failure is never fatal; it's what we take away or learn from the experience that counts the most."

convention in Mandan. This convention provides opportunities for coaches to become certified, graduate credits, and picking up a few "gems" that can be used in your programs. Every coach in our state has something to share or offer. It is truly a great experience. There is no doubt in my mind that these experiences makes us better coaches and better people.

I'd also like to encourage coaches not only to continue their membership in the NDHSCA, but to become more active in their membership, by attending state meetings, volunteering as speaker/clinicians, and serving on advisory committees for their specific sport. We also hope that all coaches encourage other coaches (non-members) to become members in a great organization that pays huge dividends (professionally and personally). Through this increased involvement, we become a stronger organization. We are very fortunate also to have Dave Dougherty and Randy Johnson serving on the National Athletic High School Coaches Association board. North Dakota has a strong voice at the national level.

Again, I wish all spring coaches and athletes the best this season, and **I hope that we as coaches/teachers know that every day, we need to show up for school or practice with "a smile on our face, and passion in our heart, and our athletes should be taught to do the same."**

From the Executive Secretary's Desk – Gelaine Orvik



Age is creeping up on the old man! I used to get things done relatively on-time and was teaching, coaching and officiating. Now, I am on a downward spiral because I know that everything is coming to an end. I anticipate the end, but really enjoy what I am doing! Everyone looks at me and questions whether I can walk away. Yes, I can.

First of all, I am not the only one who is scrambling for completion dates. Our friend and associate, Randy Johnson, is burning the candle at both ends. Anyone who is going to the NHSACA National Convention in Rochester, MN in June will notice Randy's stamp to assist in every way he can. I have worked with Randy for 20 years and can only cherish every moment of collaboration.

He imposes his touch to assist constantly. Randy has a great overall view of the entire coaching and athletic package. His involvement is just as amazing with NHSACA as it always has been with NDHSCA. His coaching and athletic director role is just as important as ever. He will always be a success.

As always my spring is very detailed as I complete assignments of speakers for the convention. As always, we add the details of the last spring sports, such as posting NDHSCA All-State Rosters, ordering NDHSCA-SUBWAY® Coach of the Year rings and plaques, notifying recipients and requesting personal data information, distributing NDHSCA-POWERade Senior Athlete of the Year Awards, ordering name plates and replacing cancellation of speakers. Then when we have all the arrangements completed, we need to continue to call in "markers" for late speaker cancellations. Great fun but very trying!

All baseball coaches from North Dakota are reminded of a fabulous presentation roster that has been arranged for five sessions on Wednesday, July 29th and two more sessions on Thursday. Although the Legion Tournaments begin Wednesday or Thursday, in our survey in January, we had twelve coaches commit to attend---even if they attend only morning convention sessions and then go to Legion Tournament or go to Legion Tournament in the morning and then to the afternoon convention sessions. Also, baseball coaches and all other coaches are reminded that if you cannot attend the convention for any reason, why not urge or demand that your assistant attend to return with as much knowledge as possible for you.

I spoke to the New Mexico Executive Secretary at the NOCAD meetings in January. In New Mexico, no one misses a session even though they have other meetings that last long into the evening or mornings. Coaches never miss a meeting for information that a competing cohort attends because that may be the "secret" that leads the opponent to the championship!

As of today, I think all details for Convention speakers are ready. Some speaker movement because of conflicts with summer camps, etc. need to be completed, but the convention is ready. **Be sure to check Website Convention Schedule for up-to-the-minute changes. And most important, REGISTER EARLY!**

The North Dakota State Track & Field Meet was fabulous again, but most people certainly noticed the vacancy of the "empty lawn chair" that belonged to Jack Lynch. We missed him and will always miss his appearance at the finish line. But, we all anxiously anticipate seeing him with that "Lynch-grin" as he greets us at the Big Oval in the Sky!

In case you have not heard, Joseph Johnson, Randy's Father, passed away in late April. Along with all of Randy's duties, he is also dealing with the death of his paternal leader of his family. His mother is also dealing with health issues as she has moved into assisted living facility in Minot. Randy, the entire coaching fraternity shares with your grief and extend our prayers and our strength to you and your family. God Bless you.

Jerry Sheldon, NDHSCA President #9 in 1970-1971, passed away on April 23rd. For me and all the other Mayville State University Alum, his passing was certainly sad. He was a constant friend and intense person, whether coaching, directing athletics, managing tournaments, or evaluating personnel. One of his favorite messages as he visited was that there was something very special about athletics because he never saw the same interest or involvement by parents or the public with his biology classroom as he had while he was coaching sports, directing athletics or managing activities. Jerry will be missed by coaches in Fargo, by alum from MSU, and by NDHSCA.

Last issue I relayed the naming of the NHSACA National Coach of the Year Finalist announcement. That has been released to the media. It is also in this issue of the *Dakota Coach*. I repeat my paragraph from January; ". . . to be NHSACA National Coach of the Year Finalist is always exciting and fulfilling. Please take time to congratulate those people. Surround your friends and cohorts and urge them to attend the NHSACA National Annual Meeting where the National Coach of the Year is announced.

Continued on Page 11

Dakota Coach Spring 2015

Convention Continued from Page 1

The "Permit Preparation Seminar" course work will be offered on Tuesday, July 28th. Only the NFHS Concussion Management Course will **not** be offered during the Seminar since that NFHS course is available on-line at no cost. Each registrant will need to pay an **additional \$45.00 book fee and First Aid, CPR & AED Certification Card fee in advance with registration**. If you do not register in advance for this class, you are not guaranteed a place in the class since books will be ordered for the pre-registered. **If a sufficient number of registrants are NOT pre-registered before July 15th, the class will be cancelled!**

1. There will be four seminar tracks offered on Tuesday, "Permit Preparation Seminar", "Coaching and Conflict", "Special Topics", and "Speed, Strength, & Nutrition". Registrants for these seminars and the convention can earn two NDSU graduate credits in the four days.
2. **All registration will be done on-line!** If people have a problem with the registration process, they are urged to contact their school's information technician or computer instructor. This is a continuation of the process from last year and is guaranteed to be user-friendly. The on-line registration fee is absorbed in the Membership fee as it was last year.
3. **All Athletic Directors are reminded** to have newly hired coaches prepared for Coaches Education Permit Requirements; those requirements can be satisfied by registration for the Seminar and the convention.
4. **If coaches need only AED and/or CPR Certification, and they are not taking the seminar for credit, they will have a \$10 fee charged on-site.**

PLEASE, Register Early!

In addition to the required Coaches Education Preparation Seminar, three concurrent tracks will be offered on that date for coaches who have already completed the requirements for Coaches Education Permit. All first and second year coaches in the state should enroll in the Coaches Education Preparation Seminar.

After reviewing the evaluations from 2014, the NDHSCA Executive Committee determined to keep the golf scramble on **Tuesday evening with tee times scheduled for 2:30-5:00**. This will allow any conventioneer to participate in the golf scramble, but will not force the majority of attendees to take a full afternoon off while the golf scramble is in session. People who are attending the seminars will have time to sign up for tee times that will overlap with conclusion of seminar sessions. All golf tee times must be secured by signing the scramble registration form at the registration desk on Tuesday, before 2:00 pm.

Like last year we will open our Wednesday Sessions with an FCA Breakfast for all registrants. Like last year's breakfast, FCA will have a motivational speaker who will challenge coaches. Ron Brown, former defensive back coach from University of Nebraska and presently Associate head & running backs for Youngstown State University will be the keynote speaker. NDHSCA will provide a full breakfast. The FCA Breakfast Session begins at 7:00 am. To determine numbers for the breakfast, registrants need to declare their attendance intent before Tuesday, 5:00 pm. Notify NDHSCA when registering on Tuesday or send an E-mail to NDHSCA Office anytime, before Tuesday, July 28th! Admittance will require Convention name tag and a FCA Breakfast ticket that must be picked up at the registration desk. Watch for more information regarding the FCA Activity on the NDHSCA Website. It is emphasized that FCA Breakfast is a full breakfast (not continental) menu.

After the seminar day (Tuesday), the Sport Specific Clinics will begin with 15 sessions for basketball, football, track & field and volleyball. The other sport specific offerings will include at least seven sessions in cross-country, golf, softball, swimming & diving, tennis, and wrestling.

Another very popular activity over the past six years is the Taco Bar with the "wall-horse" Races that are sponsored by Universal Athletics. Universal Athletics also sponsors these races and the Taco Bar in other states, but the North Dakota "connection" seems to attract special Universal Athletics personnel, including the Universal Athletics' President, Larry Aasheim. The Universal Athletics Social will be held on Wednesday (July 30th) evening at the Mandan Baymont Inn as in the past, and we emphasize that the social includes a free Taco Bar and beverage. **Admission requires a registration name tag.**

NDHSCA will return to the traditional format for the convention with the NDHSCA Annual Meeting on Thursday morning. There will be five presentation sessions each day on Wednesday, Thursday and Friday. One session in each sport will reserved to review the developments and planning from each Advisory Committee. At this time, all Advisory Committee Planning and Review Sessions are on Thursday, except softball and baseball; those are scheduled for Wednesday.

Dakota Coach Spring 2015

Specific speakers in each sport are finalized in most sports. Note the list for each sport on the website where you will find great local college and university speakers; however a great roster of high school coaches from North Dakota is scheduled.

Our present **confirmed** speakers include:

Basketball (COMPLETE): Jason Harris, Bismarck State College; Dick Katte, Denver Christian HS; Darin Mattern, Bismarck Century HS; Rick Neumann, University of Mary; Jayden Olson, NDSU; Jeff Ralph, Wahpeton HS; Dave Richman, NDSU; Karl Sorby, University of Mary; Mike Santjer, Rugby HS; Maren Walseth, NDSU; Chad Walthall, Minnesota State University-Moorhead; and Dean Winczewski, Minot HS.

Football (COMPLETE): Ron Brown, Youngstown State University; Lou Dobitz, Killdeer HS; Brian Dokken, Wahpeton HS; Jim Dooley, Beulah HS; Barry Holmen, Minot HS; Chris Klieman, NDSU; Joshua Kotelnicki, University of Mary; Dennis McCulloch, Valley City State; Rod Oksendahl, Fargo Shanley HS; Paul Peterson, Larimore HS; Bubba Schweigert, UND; Jason Thielges, Fargo Davies HS; Sandy Laxdal, Cavalier HS; and Jamie Krenz, Grant County Flasher HS.

Swimming & Diving (COMPLETE): Round Table Discussion with **ALL** coaches bringing handouts (2 sessions); College/University Coaches (Talia Butery, Concordia College (MN); Chris Maiello, UND; and Todd Peters, MSUM) Round Table Discussion; **TOPICS:** "Preparing Athletes for College Swimming" and "Techniques & Skills That Are Most Important"; Robin Sickels, "Swimming Nutrition"; Rollie Swedberg, West Fargo HS "Swimming Strength Development"; and Ben Smith, (Swimming & Diving Advisory) Jamestown HS.

Volleyball (13 of 15 Sessions COMPLETE): Sara Bohrer, Bismarck Century HS; Thais Franca, University of Mary; Kari Francis, Minot State University; Chris Hahn, Central Cass HS; Linette Irwin, Hazen HS; Tom Klapp, Northern Cass HS; Adam Longmore, Valley City State University; Amy Lyon, (Volleyball Advisory) Lisbon HS; Kara Nunziato, Minot Our Redeemer's HS; Tera Paulson, Hankinson HS; Kevin Peterson, Beulah HS; Mark Pryor, UND; Josh Wastvedt, (Volleyball Advisory) Williston HS; Jamie Zastoupil, Bismarck Century HS.

Wrestling (COMPLETE): Adam Aho, University of Mary; Ben Berogan, West Fargo HS; Kale Dangerud, West Fargo HS; Josh Kerbaugh, Carrington HS; Scott Knowlen, Bismarck HS; Mark Lardy, Bismarck HS; Jeffrey Schumacher, Bismarck HS; Keenan Spiess, Fargo Davies HS; George "Skip" Toops, Moorhead (MN) HS; Bruce Hase (Wrestling Advisory Co-Chair), Linton HS; and Larry Eslick, (Wrestling Advisory Co-Chair).

Baseball (CONFIRMED): Scott Berry, Mayville State University; Jeff Fiechtner, Fargo North HS; Tom Hager, Jamestown College; and DeWitt Mack, Mandan HS. DeWitt Mack and Aric Lee, Bismarck Shiloh Christian HS (Baseball Advisory Co-Chair).

Cross-Country (INVITED): Darrell Anderson, Bismarck HS; Richard Anderson, Griggs County HS; Andrew Carlson, NDSU; Stu Melby, Minot State University; Mike Neduna, Dickinson State University; Julie Stavn, Bismarck Century HS; and Dave Zittleman, Bismarck HS.

Golf (INVITED): Steve Kennedy, NDSU; Perry Piatz, Kindred HS.

Softball (Confirmed): Meaghan Laetsch, formerly from Concordia College (MN); Mike Skogen, Ballyard Training Center; Jordan Stevens, UND;

Track & Field (INVITED): Trevor Barry, NDSU; Daniel Gooris, NDSU; Stevie Keller, NDSU; Don Larson, NDSU; Justin St. Clair, NDSU; Mike Thorson, University of Mary, and David Wisthoff, Glenburn HS.

Be sure to check the "ever-changing" Schedule on the NDHSCA Website (ndhsca.com). Additions and changes will be made as they develop. You will note that the Basketball, Football, Wrestling Speaker Rosters are complete. Volleyball is nearly complete! Track & Field, Cross-Country, Tennis, Golf, Softball and Baseball are in the process---still need more contacts! Several highly-successful speakers in these sports have not confirmed acceptance as of this writing (April 15th). Only top high school and college coaches have been invited to complete the sessions for each sport. Confirmed speakers will be injected into the website schedule, as they occur.

NDHSCA encourages every coach to go to the North Dakota High School Coaches Association website, www.ndhsca.com, for further information, registration forms, hotel information, and other pertinent information related to the NDHSCA Coaches Convention. All coaches are also encouraged to share this information with all fellow coaches,

Dakota Coach Spring 2015

grades 7-12, in their school system. The opportunities for professional development, graduate credit, and networking with outstanding coaches nationwide will be phenomenal.

The NDHSCA Convention Registration form will be found on the NDHSCA Website after May first. Please feel free to make direct fellow coaches to the online site. All head coaches should feel an obligation to include their entire staff to attend the convention for professional development and to complete Coaches Education Requirement.

All registrants are reminded that the NDHSCA Registration Fee ***includes*** your annual Membership, convention admission, the July 29th Taco Bar Social and “Beverage Can Horse Races admission, sponsored by Universal Athletics, the July 30th NDHSCA Hall of Fame/Coach of the Year Banquet ticket, **and of course, probably the greatest educational opportunity available to High School Coaches!** Sleeping rooms have been blocked for NDHSCA (until July 10th) at the Mandan Baymont Inn (\$82.00/room, regardless of number in the room). Hotel accommodations can be made by calling the Mandan Baymont at either 1-701-663-7401 or 1-800-433-3235. Should you have additional questions, please feel free to contact Gelaine Orvik, NDHSCA Executive Director at: 1-701-367-8282 or Email at gorvik@cableone.net.

Gelaine Orvik Scholarship (Continued from Page 1)



Waylon DeCoteau



Alexis Piatz

Other criteria for the evaluation included the necessity for the recipient to attend a North Dakota college or university and to have intention to become a high school coach. Waylon intends to attend the University of North Dakota and Alexis plans to attend the University of Jamestown.

Waylon DeCoteau will graduate seventh in his class 122 with a 3.96 GPA. He had a composite score of 25 on his ACT test. He competed in three sports throughout his high school tenure with varsity letters earned in football (4), wrestling (4) and track & Field (4). He was also captain of the Turtle Mountain High School football team (2 years) and a leader on the TMCHS wrestling team (4 years).

Waylon exhibits his high school involvement in other activities as a participant and was a leader in Student Government and Student Council. He was of the High School Gifted and Talented Leadership and the High School Gifted and Talented Math/Science. He is Senior Class President and Student Council. He was a North Dakota Boys' State Representative, National Honor Society, member of local Peer Leadership Group and Homecoming King.

Waylon exhibits his high school involvement in other activities as a participant and was a leader in Student Government and Student Council. He was of the High School Gifted and Talented Leadership and the High School Gifted and Talented Math/Science. He is Senior Class President and Student Council. He was a North Dakota Boys' State Representative, National Honor Society, member of local Peer Leadership Group and Homecoming King.

DeCoteau was NDHSAA Academic All-State Wrestling Team-member four times, a member of Students Making a Difference (SMAD), WDA Senior Athlete of the Year Nominee to the NDHSCA-POWERade Senior Athlete of the Year Award and WDA NDIAAA Student Scholar Award recipient.

Waylon was active in “non-school” activities as unreservedly as in “school” sports and clubs. He participated in the Turtle Mountain Wrestling Club Volunteer Youth as a Coach; he was Team North Dakota National Wrestling Team-member. He participated in the Indians into Medicine Summer Institute, developed the “Feel Better Box” at the local hospital for books and toy donation. **Waylon** was a Peer leader for local religious group and suicide prevention and a student leader for Tribal Council Prevention Coalition against alcohol, drugs, gangs and bullying. As a three-time state tournament participant and a 2015 NDHSAA State Champion, Waylon realizes the role of a coach. He admires his father, Jerome DeCoteau, and praises him for direction in competition. Waylon accepts “how important it is to be a good role

Dakota Coach Spring 2015

model and to properly supervise athletes....Coaching requires a great deal of time, patience and love for the athletes and sport."

Waylon is in the process of becoming a copper-level certified coach in USA Wrestling; this certification is required to be a coach in North Dakota USA Wrestling. He has become very cognizant of the knowledge involved in coaching and is impressed with the *Youth Coaching* manual and claims the book to be invaluable in "explanation in philosophies and responsibilities of coaching."

DeCoteau conveys his goal as a coach is to instill many important qualities in life as well as in athletics: sportsmanship, teamwork, academics, values, perseverance, work ethic and character." He is recognized by Derrick Dixon, who nominated him for the award, for those character traits. Derrick writes, "Waylon has consistently demonstrated dedication, responsibility and concern for his class- mates; he is patient, a positive leader and dependable."

Coach Dixon elaborates that "Waylon demonstrates outstanding good sportsmanship and is never disrespectful to his opponents, other coaches or to officials. He never makes a spectacle of himself, but instead lets his wrestling speak for him." Derrick adds that Waylon goes beyond the wrestling mat to set examples for young people by his personal policy against bullying, drug and alcohol abuse, gang activities and all other negative influences that our students face in today's world."

Alexis Piatz will graduate first in her class of 56 with a 4.0 GPA. She had a composite score of 31 on her ACT test. She competed in three sports throughout her high school attendance with varsity letters earned in basketball (4), golf (4) and volleyball (4). She was also captain of the Kindred High School basketball team as a junior and senior and of the school's volleyball team as a senior.

Alexis was also active in non-athletic activities as a member of the Kindred High School band for three years, chorus for two years and Student Council for four years. She was involved in the school's Life Smarts program as a junior and senior. Alexis was a member of Family Career and Community Leaders of American for three years and Philanthropy and Youth for two years. She was also a member of Fellowship of Christian Athletes and a volunteer Sunday School Teacher.

Piatz has a burning desire to be a coach. She alludes to the yearning to be a coach to acquire those skills that I have seen in my coaches. "I want to be like that coach. I want to coach."

Alexis wants to "pass on the joy and love she has for the game." She continues that athletics have given her a strong work ethic, respect for all and leadership qualities."

Alexis is recommended for this scholarship by her principal as "...she clearly exemplifies the qualities of leadership, commitment...maturity...and responsibility. She has a natural ability to draw others to her and motivate them to accomplish their goals."

Piatz is also commended by her counselor for her "...handling everything with grace and also with a smile. She does more than what is expected of her and always with a smile....Her ability to put other less fortunate people first is incredible."

DeCoteau and **Piatz** will each receive a \$1,000 check as recipients of the NDHSCA-Gelaine Orvik Scholarship. The first scholarship is made possible by contributions by coaches of North Dakota, friends of coaches and leaders of the profession. The second scholarship is possible because of a donation from **SUBWAY**.

The scholarships will be presented to the student-athletes on Thursday, July 30th during the NDHSCA Coaches Awards Banquet to be held in Mandan at the Baymont Inn Conference Center. Tickets for the banquet may be obtained by ordering before July 25th from NDHSCA on the Association's Website (ndhsc.com).



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are proud to sponsor the NDHSCA**





**2015 NDHSCA Convention Mandan Seven Seas Convention Center
July 28 – July 31**

Dakota Coach Spring 2015

NDHSCA-Burger King Scholarships (Continued from Page 1)

The four student-athletes collectively earned 47 athletic letters, 41 activity letters, and ACT scores averaged 25.8. Three of the recipients presently have a class rank of #1 in their graduating class of their respective schools.

Kadie Anderson will graduate from Jamestown High School with a 4.00 Grade Point Average (GPA). She scored 27 on her ACT test. Kadie earned 13 athletic letters in the sports of volleyball (4), basketball (4), and softball (5). She was a four-year member of the Jamestown High School Chorus and Student Government. She was captain of her basketball team and her softball team. She was also a leader for the school's Student Government.

Her class load included AP Calculus as well as Anatomy-Physiology and Chemistry. Katie has been recommended for this Scholarship by her faculty because of her strong character and work ethic. One praise of Kadie was that she was energetic, meticulous and leadership.

Kadie is the daughter of Kristi and Cory Anderson.

Hannah Schlecht will graduate from Sargent Central HS with a 4.00 Grade Point Average (GPA) and ranks first in her class of 16. Her Act Test score was 24. Her academic classes included Advanced Biology and Advanced Mathematics. While in high school she carried a college credit composition course.

Hannah has earned 13 athletic letters in the sports of volleyball (4), basketball (4), golf (1) and track & field (4). She also earned four athletic letters as a statistician in football. She also earned eight letters in band (4) and chorus (4).

Schlecht was a team leader and captain for her volleyball, basketball and track & field teams. She also held a leadership role in the Sargent Central Chorus.

Hannah's support for this scholarship confirms her hard work and willingness to help with any task where she is asked to assist. She has a positive attitude and serves as an exemplary role model.

Hannah is the daughter of Coach Barbara and Nathan Schlecht.

Blaise Stanley will graduate from Minot High School with a 4.0 Grade Point Average (GPA) and ranks #1 in his graduating class of 459. His ACT Test score was 26. As a senior he was also enrolled in College Speech and College Algebra.

Blaise has earned 4 athletic letters in the sport of soccer. He also participated the in Minot High School Jazz Band for four years as well as the Minot orchestra for four years. He was a participant in Student Government for four years and worked on publications his year. In addition to his school, sports, and co-curricular activities, Blaise became an Eagle Scout, and he worked part-time.

Blaise is recognized by faculty for his being motivated, involved and intellectual. He is also prompt, dependable, honest and trustworthy. Stanley has been a leader in Student Council, Renaissance Team, National Honor Society, French Club, and Key Club. When not pursuing these duties and commitments, he assisted with rebuilding after the 2011 Souris River Flood.

Blaise is the son of Melissa and Coach Dave Stanley.

Josh Weiler will graduate from Fargo South High School with a 3.56 Grade Point Average (GPA) and rank in the top 20% of his class of 230. His ACT score was 26. His class load included AP European History, Accelerated English, AP Chemistry, Calculus and AP Calculus.

Weiler participated in basketball (4 years-3 letters [captain]), football (4 letters), soccer (4 years-4 letters [captain 2 years]) and baseball (2 years) He also earned letter status in Honors Choir (3 years), band (2 years), Chorus (4 years), Pep Band (1 year) and FCA (2 years).

Joshua is praised by his football coach and activities coordinator/assistant principal alike. Both allude to his involvement, leadership, positive behavior and role-modeling. At one time as a junior, he was in the school musical, participated in soccer and led his football team as its singular kicker. His football coach further alludes to Josh's work ethic, tenacity and determination to success.

Josh is the son of Paula and Coach David Weiler.

Each of the recipients will receive a \$500.00 scholarship from John Walsh and Burger King of North Dakota at the July 31st NDHSCA Coach of the Year and Hall of Fame Banquet in Mandan at the Baymont Inn Convention Center.

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2015 NDHSCA Convention Mandan Seven Seas Convention Center

July 28 – July 31

See YOU at Convention!

Dakota Coach Spring 2015

2015 NDHSCA Award of Merit

The 2015 NDHSCA Award of Merit Recipients were identified by the NDHSCA Executive Committee at its March Committee meeting. **Jim Haussler, Bismarck Public Schools Activities Director and Mark Ouradnik, FCA State Director** will join **Larry Aasheim, Universal Athletics President** (who was named as a recipient in 2014, but was unable to attend the July NDHSCA Coaches Convention) to receive the award at the 2015 NDHSCA Coaches Convention to be held in Mandan at the Baymont Inn on July 30th.

James Haussler is a 1973 graduate of Monango (ND) High School; he received his BA degree from Jamestown College with a double major in History/Political Science and Health, Physical Education and Recreation (HPER). He earned his Master Degrees in Educational Administration and HPER from South Dakota State University and his Doctorate in Educational Administration from the University of North Dakota.

Jim has coached boys' basketball, boys' track & field and football. He began his administrative experience in Bismarck in 1984. In 1992 he was named Bismarck Public Schools Activities Director and retired from that position in early May of this year.

In 1996 and 2006, he was named NDHSCA Class A Athletic Director of the Year. Haussler was also named NDHSCA West Region Class A Athletic Director of the Year on four occasions. In 1997, he was selected as Class A Athletic Director of the Year by the Principals' Association in North Dakota. He was NHSACA National Athletic Director of the Year Finalist in 2004, 2007, 2010 and 2013. In 2013 he was inducted into the North Dakota Track & Field Hall of Fame. He was also inducted into the NDHSCA Coaches Hall of Fame in 2013.

Jim has managed approximately 200 NDHSAA regional and state events. Presently, Haussler serves as Past President of the North Dakota Interscholastic Athletic Administrators Association (NDIAAA). He has also served in a number of other officer roles. He is Past President of the Western Dakota Association (WDA). He has also served in other officer roles. Jim has been Chairman of the Bismarck Community Bowl Authority (BCBA) since its inception (1997).

Haussler has been a leader in hosting the North Dakota State Track and Field Coaches, a management that all track and field coaches especially appreciate. He has been unwavering in his objective to make the North Dakota High School Track and Field Meet the best High School Meet in America.

Haussler also has provided services to the following organizations:

- National Interscholastic Athletic Administrators' Association (NIAAA)
- North Dakota Interscholastic Athletic Administrators' Association (NDIAAA)
- North Dakota Interscholastic Athletic Administrators' Association (NDIAAA) Board of Directors for 16 years
- North Dakota Interscholastic Athletic Administrators' Association (NDIAAA) Publications Committee
- North Dakota Interscholastic Athletic Administrators' Association (NDIAAA) Secretary
- North Dakota Interscholastic Athletic Administrators' Association (NDIAAA) 2nd Vice- President
- North Dakota Interscholastic Athletic Administrators' Association (NDIAAA) First Vice-President
- North Dakota Interscholastic Athletic Administrators' Association (NDIAAA) President
- North Dakota Interscholastic Athletic Administrators' Association (NDIAAA) Past President
- Three terms as the Class A West Representative to NDIAAA
- North Dakota High School Coaches Association (NDHSCA) - - - Lifetime Member
- Good Shepherd Lutheran Church
- North Dakota Council of Educational Leaders (NDCEL)
- North Dakota Officials Association (NDOA)

Jim and his wife, Julie, a teacher at Mandan Middle School, have five children: Jeremy, Jon, Jamie, Tessa and Cara. They also have five grandchildren: (Madison, Jaxson, Cooper, Colt and Hadley).

Mark Ouradnik served as North Dakota State Fellowship of Christian Athletes Director for 14 ½ years. He and his bride, Barb, have moved to Livermore, Colorado. He is a native of Larimore community and 1973 Larimore High School graduate. Mark led FCA from a struggling entity of a handful of Huddle groups throughout the state to an explosion of nine College/University Huddles, 46 High School Huddles, six Middle School Huddles and ten prospect Huddles. North Dakota FCA Huddle Membership has grown to 1039 Members with over 100 North Dakota FCA Coaches leading the ministry efforts.

North Dakota FCA has also expanded their camp ministry under Mark's direction including the 8th annual Coed youth golf camp at Bully Pulpit, where last year FCA teamed up with Dakota Junior Golf Association and attracted 39 campers and eight adult coaches. There is no doubt that this camp experience was born out of Mark's love of the game of golf, and he hopes to expand the FCA Golf Ministry in Colorado someday.

Originally, Mark covered the entire state of North Dakota prospecting and developing Huddle Groups and Huddle Leaders. At retirement he had developed two additional staff members: Nate Safe and Ev Nelson. Mark is confident that the FCA ministry is in strong hands with Nate and Ev, and will prayerfully watch and enjoy seeing FCA continue to grow in ND under their leadership.

Dakota Coach Spring 2015

He and his bride, Barb, recently moved to Livermore, Colorado, where they will be able to pursue their passion for outdoor activities, including hiking, camping, and exploring. Mark's plans are to continue part time with the FCA ministry in Northern Colorado. Mark and Barb have two sons: Tony and Alex; both will be graduating from college this year.

Jim Haussler will receive his Award of Merit at the 2015 State Track & Field Meet at the Bismarck Community Bowl. Mark Ouradnik will receive his Award of Merit at the 2015 NDHSCA Coaches Convention that will be held at the Mandan Baymont Inn Convention Center. The Awards Banquet will be held on Thursday, July 30th.



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Winter Assistant Coach of the Year

The 2014-2015 Winter Season recipient of the North Dakota High School Coaches Association Assistant Coach of the Year Award is **Linn Schroeder, Mandan High School's Assistant Swimming and Diving Coach**. Linn was nominated by Ralph Manley, Mandan High School's Head Swimming and Diving Coach.

Linn has been coaching for 15 years as an Assistant Swimming and Diving Coach for Mandan High School. She is responsible for helping conduct practices, write practice plans when needed, and assist with supervision. Linn generally runs the distance swimming practices. Coach Schroeder helps with set up and tear down for swim meets and looks over meet lineups. She is also responsible for calculating lettering points for each individual on the team.

Coach Schroeder's highlights from this past season were somewhat emotional. Her son was a freshman on the team and missed qualifying by less than one second. She has decided to step down as a swim coach in order to spend more time with her family.

Ralph Manley, Mandan's Head Swimming and Diving Coach has this to say about Coach Schroeder: "Linn's knowledge of swimming techniques, along with her love for the sport keep our sprint and distance swimmers on top and capable of reaching their goals. She has coached numerous State Champions as well as first and second team All-State Swimmers. Linn has earned the nickname "COACH MOM" from the swimmers."

Linn Schroeder of Mandan High School is the North Dakota High School Coaches Association's Assistant Coach of the Year for the winter of 2014-2015.



Coach Linn Schroeder

Executive Secretary Message (Continued from Page 4)

Last issue of the *Dakota Coach*, a message was shared regarding the NDHSCA Executive Secretary Position. The following message was stated: **Remember that anyone who wants to apply for the NDHSCA Executive Secretary Position needs to send a letter of application and complete the Application Form to President Michael Kuhn: (Michael.Kuhn@MSD1.net) and NDHSCA Executive Secretary Gelaine Orvik: (gorvik@cableone.net). All Applications must be received before April 15, 2015!**

At the March 22nd, meeting of the NDHSCA Executive Committee, the Committee dealt with the NDHSCA Executive Secretary position. "Only an application from Randy Johnson has been received. In view of the only application, Gelaine Orvik moved for the NDHSCA Executive Committee to make a motion at the NDHSCA General Meeting on July 30, 2015, to appoint Randy Johnson as the NDHSCA Executive Secretary; Ralph Manley seconded the motion. Motion passed by a vote of 8-0. Randy Johnson abstained.

With that in mind, plans are going forward with procedures to operate with Randy Johnson as the Executive Secretary, **although he has not been and cannot be appointed officially until the NDHSCA Annual Meeting seconds the motion and the motion passes.**

We remind all members again, Baymont Inn and Suites Convention Center has special room rates. **However, the room block is released July 6th to the public!** That means **anyone** can pick-up rooms, and a sellout is anticipated.

Register now for the NDHSCA Convention: www.ndhsca.com

Dakota Coach Spring 2015

NHSACA Coach of the Year Finalist from North Dakota

Chad Anderson; West Fargo HS	Tennis
Kathy Berglund; Hazen HS	Golf
Marsha Dahl; West Fargo HS	Swimming
Jeff Feichtner; Fargo North HS	Baseball
Gregg Grinsteiner; Dickinson Trinity HS	Boys' Basketball
David Hoff; Bottineau HS	Special Sports
William "Bill" Jansen; Rugby HS	Girls' Track & Field
Randy Johnson; Hazen HS	Boys' Track & Field
Carolyn Olson; Grand Forks Red River HS	Volleyball
Claudia Schoellkopf; Mandan HS	Assistant Boys' Sports
Jeff Schumacher; Bismarck HS	Wrestling
Julie Stavn; Bismarck Century HS	Girls' Cross Country



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Register now for convention at www.ndhsca.com**

Dakota Coach Spring 2015



2015 Longevity List

The **2015** list for **Coaching Longevity** is printed below. Individuals wishing to receive plaques will be announced at the 2015 North Dakota High School Coaches Association Summer Convention to be held at the Mandan Seven Seas Convention Center. The banquet will be on Thursday, July 30. Please e-mail Randy Johnson, duck@westriv.com if there is a mistake on this list. Thank you.

20 years

Gregory Brown; Watford City HS
Kim Forness; Shiloh Christian HS
Chad Kainz; Hope-Page HS
Peggy Stibbe; Fargo Discovery MS

Robert Bubach; Leeds HS
Marlen Haugen; Central Cass HS
Bill Lorenz; Grand Forks Central HS
John Ward; Hazen HS

Sherry Currie; Park River HS
Curtis Johnson; Fargo Shanley HS
Eric Nygaard; Mayville-P-CG HS

25 Years

Kevin Anderson; Fargo Washington MS
Kevin Bratland; Enderlin HS
Noel Eckroth; Wahpeton HS
Brad Fitzgerald; St. John HS
Arnold Grady; Parshall HS
Perry Hanson; Bismarck HS
Cindy Iwen; Enderlin HS
Paul Lean; Fargo Davies HS
Scott Roehrich; Valley City HS
Jay Schobinger; Dickinson HS
Lisa Strand; Thompson HS
Lee Weisgarber; Underwood HS

Curtis Askvig; Surrey HS
Dan Carlson; Grand Forks Central HS
Lynne Enget; Stanley HS
Mark Gibson; Bismarck HS
Jay Grover; Griggs County Central HS
Sara Hegerle; Jamestown HS
Mike Kamrath; Washburn HS
Daniel Olson; Dickinson HS
Tyler Schlecht; Enderlin HS
Tom Six; White Shield HS
Rollie Swedberg; West Fargo HS
Terry West; Grand Forks Central HS

Darrin Boehm; West Fargo HS
James Dooley; Beulah HS
Skip Fisher; Fargo South HS
Robert Goll; Park River HS
David Gumke; Watford City HS
Greg Hoeckle; Carrington HS
Greg Ladouceur; Grand Forks RR HS
Kent Ripplinger; Grand Forks RR HS
Jay Schneider; Devils Lake HS
Rick Sondrol; Central Valley HS
Scott Thorson; TGU-Towner HS

30 Years

Gerard Cederstrom; Minot HS
Mike Finneseth; Fargo South HS
Mike Holm; Tioga HS
William Jansen; Rugby HS
Paula Person; West Fargo HS
Rick Scherr; Carrington HS
HSBernie Wasser; Minot HS

Cameron Dockter; Fargo South HS
Scott Grochow; Rugby HS
Barry Holmen; Minot HS
Greg Jung; Dickinson HS
Peggy Person; Lewis & Clark-Berthold HS
Jerome Slag; New Salem HS

Jeff Feichtner; Fargo North HS
Jane Hart; Langdon HS
Tim Jacobson; Fargo Shanley HS
Michael Kelly; Fargo South
Tim Tandeski; Grand Forks RR

35 Years

Darrell Anderson; Bismarck HS
Craig Brenner; Edmore HS
Rick Henry; Larimore HS
Steve Long; Mandan HS
Mark Stack; Fargo Carl Ben Eielson MS
Davy Zinke; Barnes County North HS

Gary Ballard; Turtle Lake HS
Billie Ann Caya; Bismarck HS
Leon Kary; Mandan HS
Keith Meyer; Hillsboro HS
Michael Timm; Midkota HS

Jon Bertsch; Harvey-Wells County HS
Joan Halland; Kindred HS
Gib Kjelden; Devils Lake HS
Brian Midthun; Enderlin HS
Daryl Watson; Cavalier HS

40 Years

Ken Disher; Minot HS
Rod Oksendahl; Fargo Shanley HS

Gary Jackson; North Border HS
Chuck Gad; West Fargo HS

Gary Myhre; Rugby HS

45 Years

Chuck Gad; West Fargo HS



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13 



Executive Secretary
 Gelaine Orvik (h) 701-237-9711
 3457 26th Avenue South (w) 701-367-8282
 Fargo, ND 58103 (cell) 701-367-8282
 gorvik@cableone.net

Assistant Executive Secretary
 John Hutchison (cell) 701-741-8173
 PO Box 110 (h) 701-741-8173
 Northwood, ND 58267 (w) 701-741-8173
 john.hutchison@sendit.nodak.edu

Assistant Executive Secretary
 Randy Johnson (h) 701-748-5634
 701 Highway Drive Apt. 9B (w) 701-748-2345
 Hazen, ND 58545 (f) 701-748-2342
 duck@westriv.com

Membership Chairperson
 Karen Hardie (h) 701-237-5624
 2472 Lilac Lane (w) 701-446-5200
 Fargo, ND 58102 (f) 701-446-5299
 hardiek@fargo.k12.nd.us



Website: www.ndhsca.com

DUAL MEMBER



President
 Mike Kuhn (h) 701-663-1175
 211 5th Avenue SW (w) 701-663-9532
 Mandan, ND 58554 (c) 701-426-8863
 michael.kuhn@msd1.org

President-Elect
 Andy Braaten (h) 701-652-2398
 47 6th Street SE (w) 701-652-3136
 Carrington, ND 58421 (f) 701-652-1243
 andy.braaten@sendit.nodak.edu

Vice President
 Paul Lean (h) 701-234-0194
 130 Eagle Street North (w) 701-446-5781
 Fargo, ND 58102 (c) 701-261-6581
 learp@fargo.k12.nd.us

Immediate Past President
 Lisa Strand (h) 701-599-2620
 1511 7th Ave NE (w) 701-599-2765
 Thompson, ND 58278 (c) 218-779-3404
 lisa.strand@sendit.nodak.edu

Past President
 Ralph Manley (h) 701-222-0090
 514 Meadow Lane (w) 701-751-6501
 Bismarck, ND 58504 (c) 701-426-9316
 ralph.manley@msd1.org

Greetings from the National High School Athletic Coaches Association!

The National High School Athletic Coaches Association is getting ready for another summer convention. This year's location is Rochester, Minnesota. The Kahler Grand Hotel is where the event will be held. The dates are a little different from previous. It will run from Tuesday, June 16 through Saturday, June 20. Tuesday and Wednesday will be leadership classes focused on Sports Medicine since the Kahler Grand Hotel is right across the street from Mayo Clinic. Thursday, Friday, and Saturday will be sport specific sessions. The big event on Friday will be the Hall of Fame Luncheon. The convention will come to a close on Saturday with the Coach of the Year Banquet. I encourage North Dakota Coaches to attend this conference. You have an opportunity to acquire five semester hours of credit through the University of Sioux Falls. It is within driving distance for everyone. If you have never been to a National High School Athletic Coaches Association Convention, I encourage you to attend this one. It is our 50th year and we hope to have some special events during these five days.

North Dakota has strong representation on the National Board:

- Ralph Manley, Mandan – Swimming Chair
- Brian Midthun, Enderlin – Baseball Chair
- Tim Wallstrum, Kenmare – Volleyball Chair
- Gelaine Orvik, Fargo – Past President
- John Hutchison, Northwood – Past President
- Dave Dougherty, Fargo – Past President and currently the Executive Director for NHSACA
- Randy Johnson, Hazen – 1st Vice President

We are a strong state nationally. This gives you an outstanding opportunity to enjoy a National Convention and become involved. North Dakota hopes to have a number of finalists for the National Coach of the Year. It would be great to have you in attendance. Be sure to visit the National High School Athletic Coaches Association website for more details: www.hscoaches.org.

The 2016 National Convention will be in Louisville, Kentucky at the Galt House. The dates are June 25 through June 29, 2016. Randy Johnson will be the National President at that convention.

Respectfully Submitted

Randy Johnson
 NHSACA 1st Vice President





Forms

Available on the NDHSCA website

Search “NDHSCA” or enter

www.ndhsca.com

All State Football Nominee

Assistant Coach of the Year

Junior High Coach of the Year

Award of Merit Recommendation

Hall of Fame Nomination Form

Lifetime Membership Application Instructions

NDHSCA Gelaine Orvik Scholarship Fund

Gelaine Orvik Scholarship Application

Victory Milestones

Senior Scholarship Application – Burger King \$500

Shrine Football Nominee

Special Recognition

Sponsor Membership

Sports Advisory Committee Membership



Dakota Coach Spring 2015

NDHSCA Lifetime Memberships

NDHSCA PAID Lifetime Memberships

Aardahl, Vern; Milnor HS
Amundson, Greg; Mandan HS
Anderson, Brian; Watford City HS
Anderson, Darrell; Bismarck HS
Anderson, Darryl; Mandan HS
Askvig, Curtis; Surrey HS
Benson, Ron; Mott-Regent HS
Berg, Mike; Grand Forks Central HS
Berglund, Darrell; Hazen HS
Berglund, Kathy; Hazen HS
Bettenhausen, LeRoy; Watford City HS
Brackenbury, Wayne; Mohall-L-Sherwood HS
Brenner, Henry; ND School for the Deaf
Buen, Gene; Velva HS
Burckhard, Richard; Parshall HS
Butterfield, John; Hettinger HS
Callahan, Mike; Minnewaukan HS
Carlson, Ron; Minnewaukan HS
Carlsrud, Dave; NDHSAA
Conlon, Frank; Jamestown HS
Cornell, Rick; Grand Forks Schroeder JHS
DeCoteau, Jerome; Turtle Mountain Community HS
Deutsch, Nancy; Watford City HS
Dew, Jim; Valley City State College
Deyle, Alvina; Fargo South HS
Disher, Ken; Minot HS
Dixon, Derrick; Turtle Mountain Community HS
Dockter, Dwight; Hope-Page HS
Dolan, Michelle; Ray HS
Fish, Frank; Watford City HS
Fjeld, Greg; Minot HS
Flaagan, Craig; Fargo South HS
Flyberg, Brian; Linton HS
Folstad, Collette; West Fargo HS
Forsberg, Mike; Fargo Oak Grove HS
Foss, Bradley; Watford City HS
Gabrielsen, Thomas; Grand Forks Red River HS
Gadberry, Ron; Hillsboro HS
Gordon, Randy; Dickinson Trinity HS
Hack, Rick; Ellendale HS
Haggin, Barry; Divide County HS
Halland, Joan; Kindred HS
Hammer, Dennis; Grafton HS

Handt, Dave; Litchville-Marion HS
Hanson, David; St. Thomas HS
Hanson, Donald C.; Mandan HS
Hanson, Randy; Washburn HS
Hardie, Rodney; Fargo South HS
Hauge, John; Bottineau HS
Haugen, Derold; LaMoure HS
Haussler, Jim; Bismarck Schools
Healy, Dennis; Williston HS
Herman, Matt; Ellendale HS
Hertel, Dale; Fargo South HS
Hofer, Dr. Herb; Cankdeska Cikana CC
Holinka, Gerald; Dickinson Trinity HS
Holmen, Barry; Minot HS
Hornecker, Brian; Minot HS
Horner, Dennis; Midway HS
House, Leon; Mandan HS
Howell, Joe; Lisbon HS
Howson, Jim; Hatton HS
Hutchison, Donna; Grand Forks Red River HS
Hutchison, John; Northwood HS
Hutchison, Lonny; Northwood HS
Jaeger, Kerry; Grand Forks Red River HS
Jensen, Julie; Kindred HS
Jeske, James; Killdeer HS
Johnson, Harlan; Parshall HS
Johnson, Wayne; Rolette HS
Jung, Greg; Dickinson HS
Kaiser, Tim; Wahpeton MS
Kjelgaard, Harold; Fargo Discovery JHS
Kleveland, David; Central Valley HS
Knutson, Al; Williston HS
Krosbakken, Jerry; Fargo North HS
Larson, Nancy; DesLacs-Burlington HS
Lehman, Cory; Fargo South HS
Leier, Dwight; Maddock HS
Loberg, Myron; Devils Lake HS
Lockwood, Ed; Fargo Public Schools
Lyon, Jerry; Minot HS
Maclver, Philip; Wahpeton JHS
Mack, Bruce; Surrey HS
Mailloux, Gary; Fargo North HS
Marsh, John; Fargo South HS

Marshall, Joel; Hazen HS
Martin, Phil; Lisbon HS
McCleary, Barry; Napoleon HS
McPherson, Scott; Bismarck Century HS
Miller, Steve; Bismarck HS
Mitzel, Frank; Minto HS
Nagel, Lee; Wahpeton HS
Olson, Douglas; Beulah HS
Olson, Linette; Bismarck Century HS
Omdahl, Chad; Hatton-Northwood HS
Opdahl, Mike; Larimore HS
Opp, Leland; Hazen HS
Overby, Dennis; Northwood HS
Peterson, Paul; Larimore HS
Pierson, Paula; West Fargo HS
Roeske, Marv; Concordia College
Schatz, Mike; New England HS
Schauer, Gary; Langdon HS
Schmitt, Dan; Dakota Prairie HS
Schreiner, Vernon; Minto HS
Sevre, Jocelyn; Hazen HS
Shirley, Marney; Jamestown HS
Sluke, David; Grafton HS
Snortland, Keith; Warwick HS
Solberg, Sheryl; NDHSAA
Sondrol, Rick; Central Valley HS
Sorensen, Chris; Hazen HS
Stanley, Len; Bismarck State College
Stein, Bruce; Hankinson HS
Strand, Fred P; Hatton-Northwood HS
Suelzle, Tom; Watford City HS
Towers, Ken; Grand Forks Red River HS
Trieglaff, Robert; Fargo North HS
Vigen, Randy; Central Valley HS
Wagner, Chuck; Killdeer HS
Wagner, Doug; DesLacs-Burlington HS
Waldal, Bob; Beach HS
Walhaug, Gary; Surrey HS
Walker, Larry; Killdeer HS
Wheeling, Bob; Killdeer HS
Wilson, Jerry; Bismarck Century HS
Zimney, Bob; Grand Forks Red River HS

Past Presidents

Bertsch, Jonathan; Wells County HS
Beyer, Ed; Hillsboro HS
Brown, Dale; Minot Ryan HS
Cahill, Bill; Jamestown HS
Coleman, Randy; Hazen HS
Dougherty, Dave; Watford City HS
Gambucci, Serg; Grand Forks Central HS
Grinsteinner, Gregg; Dickinson Trinity HS
Grochow, Scott; Rugby HS
Herman, Curt; Dakota Prairie HS
Johnson, Randy; Hazen HS
Manley, Ralph; Mandan HS

Manson, Gene; Minot HS
Michaelson, Dave; Dickinson HS
Moe, Pete; Washburn HS
Oksendahl, Rod; Fargo Shanley HS
Olson, Carolyn; Grand Forks Red River HS
Olson, Todd; Fargo Public HS
Pederson, Harold; Williston HS
Popp, Jerry; Willmar (MN) HS
Radke, Doyle; Minot HS
Rio, Ken; Grand Forks Central HS
Sheldon, Jerry; Fargo North HS
Stavn, Julie; Bismarck Century HS

Stone, Roger; Dickinson HS
Strand, Lisa; Thompson HS
Theige, Howard; Minot HS
Trondset, Dennis; Langdon HS
Tidd, Nancy; Fargo North HS
Vinger, Dick; Grand Forks Central HS
Wall, Carl; Fargo North HS
Wardner, Richard; Dickinson HS
West, Terry; Grand Forks Red River HS
Wingenbach, Ron; Bismarck Century HS
Workman, Allyn; Lisbon HS
Zittleman, Dave; Bismarck HS

Lifetime Members

Blikre, Marcy; Minot HS
Farrell, Chipper; Minot HS

King, Bob; Valley City HS
Orvik, Gelaine; Fargo South H





NDHSCA Code of Ethics



As a professional educator and leader, the high school Coach or Athletic Director will

- Exemplify the highest moral character, behavior and leadership
- Respect the integrity and personality of the individual athlete
- Abide by the rules of the game in letter and spirit
- Respect the integrity and judgment of sports officials
- Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement
- Encourage a respect for all athletics and their values
- Display modesty in victory and graciousness in defeat
- Promote ethical relationships among coaches
- Fulfill responsibilities to provide health services and an environment free safety hazards
- Encourage the highest standards of conduct and scholastic achievement among all athletes
- Seek to inculcate good health habits including the establishment of sound training rules
- Strive to develop in each athlete the qualities of leadership, initiative and good judgment
- For interscholastic competition, will dress in an appropriate manner that distinguishes the coach as a professional, representing his school and team

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Coaches Code of Conduct



As a professional educator and leader, the high school Coach or Athletic Director will

- Exemplify the highest moral character as a role model for young people.
- Recognize the individual worth and reinforce the self-image of each team member.
- Encourage and assist team members to set personal goals to achieve their highest academic potential.
- Create a set of training rules for athletes which reflects the positive values of abstaining from the use of drugs, alcohol, and tobacco.
- Strive to develop the qualities of leadership, initiative, and good judgment in each team member.
- Communicate and interpret program goals and objectives to parents and community.
- Provide a safe environment for practice and competition.
- Gain an awareness of the importance of prevention, care and treatment of athletic injuries.
- Respect the integrity and judgment of the game official.
- Teach and abide by the rules of the game in letter and in spirit.
- Build and maintain ethical relationships with coaches and administrators.
- Strive for excellence in coaching skills and techniques through professional improvement.
- Promote personal fitness and good nutrition.
- Be modest in victory and gracious in defeat.
- Encourage a healthy respect for the overall athletic program and its vital roles in education.



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Dakota Coach Spring 2015

ONLINE MEMBERSHIP REGISTRATION LINK

PLEASE TAKE NOTE!

Convention and Membership Registration is on-line only. Visit our website www.ndhsca.com. NDHSCA encourages the payment by credit card. This is the fastest and easiest way to get your membership card. If you are paying for Membership by School Check and/or Purchase Order, be sure to confirm such membership application with an e-mail to Gelaine Orvik, gelaineo@outlook.com, before the respective dates. Your *membership registration must be completed and paid for* before appropriate season deadline to be eligible for post season awards:

- October 1 for Fall Season Sports
- February 1 for Winter Season Sports
- May 1 for Spring Season Sports

Membership Application and Registration includes payment before season application deadline.

If you are paying by personalized check, your payment must be postmarked before the dates listed above. Membership cards will be mailed once payment is received. Reminder – Credit Card payment is the fastest way to receive your card.

Lifetime Members: Remember to log on to the NDHSCA Registration Link each year and check lifetime member. Please update your data. Once this is complete a new membership card will be mailed.



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NEW

Camp Insurance For Members

General Liability Coverage - \$1,000,000 Limit per Member

As a membership benefit of your state coaches association you are covered for all coaching activities. General Liability provides coverage to members from claims made by negligent acts accidentally committed resulting in bodily injury, personal and advertising injury or property damage to others.

Participant /Accident Coverage - \$25,000 Excess Medical Limit

Members have the option of providing participant/accident coverage for participants attending camps. Should an accident occur during a camp this coverage could help off-set the loss suffered by families affected by such accidents.

Certificates of Insurance

Today, most schools and athletic venues require coaches to provide proof of insurance or need to be named as an additional insured prior to utilizing their facilities. Upon request, certificates of insurance are issued by Loomis & LaPann Inc.

Enrollment Procedures & Questions

For additional information on coverage's, Participant/Accident enrollment procedures and Certificates of Insurance please contact Loomis & LaPann Inc. at 800-566-6479 or visit us online at: www.loomislapann.com

Kevin Joyce kjoyce@loomislapann.com

Karen Boller kboller@loomislapann.com

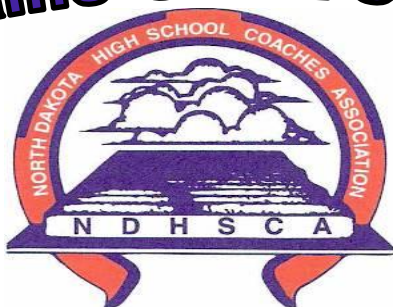
Greg Joly gjoly@loomislapann.com



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NDHSCA Gelaine Orvik Scholarship Fund



The North Dakota High School Coaches Association has decided to provide a “**Gelaine Orvik Scholarship.**” The idea of this scholarship was brought to the NDHSCA Executive Board at the 2008 State Convention by Joe Howell. Gelaine Orvik is NDHSCA Executive Secretary (1979 to present). He has also held this position on the National level. Gelaine has touched thousands of lives through his tireless effort and enthusiasm not only for us coaches, but more importantly for student athletes. He is an outstanding role model, mentor, coach, teacher, person, and friend.

This scholarship will commemorate what Mr. Orvik has long stood for, helping students through scholarship. We would like to establish this fund so it will last a long time. In order to do this we are asking for donations. Any donation, no matter how big or small will assist us in accomplishing this goal.

Please feel free to give this information to a past member of the NDHSCA, fellow coaches or someone else who would be willing to contribute towards this scholarship. **Remember this donation is tax deductible. Please make checks payable to NDHSCA - Gelaine Orvik Scholarship Fund.**

Please Print

Donor _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

E-mail Address _____

Amount of Donation _____ Date _____

Thank you for your generous Donation!

PLEASE RETURN THIS FORM AND YOUR DONATION TO:

ND High School Coaches Association
 3457 26th Avenue SW
 Fargo, ND 58103

PLEASE DETACH THIS BOTTOM PORTION FOR YOUR TAX RECORDS

NDHSCA Gelaine Orvik Scholarship Fund

DONOR'S NAME: _____

Amount of Donation _____ Date _____

3D DIMENSIONAL COACHING™

“Coaching the Heart Behind the Jersey”

Research shows that coaches who coach in all 3 dimensions regularly produce athletes who:

- learn skills quicker (*more attentive*)
- achieve higher fitness compliance (*work harder*)
- experience shorter rehabilitation (*recover from injury*)
- are more adaptable to new conditions (*“on the road”*)
- possess the freedom to be creative (*“are gamers”*)
- develop deeper relationships with other players and with coaches (*learn life’s lessons*)



Dr. Jeff Duke, Ed.D.
University of Central Florida



Dr. Jeff Duke is the foremost expert regarding the cultural influence on the coaching profession in our society. He has developed and authored the “3Dimensional Pyramid of Coaching Success” concept that has revolutionized the sport coaching landscape.

What is 3Dimensional Coaching™?

The 3Dimensional Coaching™ curriculum is based on extensive research regarding different coaching philosophies and the cultural influence of coaches in the lives of the people they impact.

1st Dimension = Fundamentals (Physical)

2nd Dimension = Psychology (Mind)

3rd Dimension = Heart (Holism)

**Research shows only about 15% of coaches intentionally coach beyond the 1st Dimension*

Why does it matter?

- 70% of athletes will fail to reach their full potential on & off the field because of 2nd Dimension issues
- The social structure of our culture has drastically changed over past 20 years
- Research validates the “Coach” as the single-most influential authoritative figure in life of today’s adolescent

2nd Dimension issues?

Motivation—Do you have athletes who will seemingly quit on you in a heartbeat? How do you motivate today’s athlete to commit to a long-term process in a culture that values “immediate-gratification?”

Confidence—Do you have athletes who shrink back when the game is on the line? How do you help athletes gain/regain confidence in a culture obsessed with publicizing failure?

Emotions—Do you have athletes whose emotions get in the way of peak performance? How do you harness the power of passion and emotion in sport to enhance and not hinder athletic ability?

Team Cohesion—Do you have athletes who struggle to buy into the team concept? How do you make a team “we” in a culture that constantly sends the message that it’s all about “me?”

This web-based curriculum is brought to you by FCA and is available at:

www.fcacoachesacademy.com

-
- ▶ **Motivation**
 - ▶ **Confidence**
 - ▶ **Emotions**
 - ▶ **Team Cohesion**

Dakota Coach

The *Dakota Coach* is the official publication of the NDHSCA and is distributed without charge to all coaches by website; www.ndhsca.com. Notes, articles, opinions, or letters to the editor are welcome if they deal with high school coaching concerns. They will be printed as space permits. Opinions and views of the authors are their own and do not always reflect the official position of the NDHSCA.

Send to Gelaine Orvik or to any of the members of the Executive Board. See page 2 for e-mail and mailing addresses or phone numbers.



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**Coach of the Year Awards and
NDHSCA Gelaine Orvik Scholarship**



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Outstanding Senior Athlete Award



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