

North Dakota High School Coaches Association Official Publication

# DAKOTA COACH

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NDHSCA 2013 Convention Dates July 23- July 26 Mandan

## North Dakota Has Three National COTY Recipients

Three NDHSCA Coach of the Year Nominees were recipients of the NHSACA National Coach of the Year at the National Awards Banquet. They are John Hutchison, Hatton-Northwood HS; Greg LaDouceur, Grand Forks Red River HS; and Darrell Anderson, Bismarck HS; they are all outstanding coaches and people.

John Hutchison, retired athletic director at Northwood High School, was named National Athletic Director of the Year. John is a graduate of Hillsboro High School and Mayville State University. He has spent 42 years as an athletic director and coach. John has been a district and regional tourney manager for NDHSAA over 35 times. Recently he was a member of the building committee for a new school---that includes two gymnasiums, a weight room and four locker rooms.

John has been a member of the NDHSACA Executive Committee from 1977 through 1981, when he was President in 1980. He has since been Assistant Executive Secretary in charge of Coach of the Year and Athlete of the Year selection four 23 years. He served on the NHSACA National Executive Committee 2001-2005, serving as President in 2003-2004. He continues on the NHSACA Board of Directors as Athletic Director National Chair and as Past President.

Hutch was named NDHSCA Athletic Director of the Year in 1985 and inducted into the NDHSCA Hall of Fame in 2000. He was finalist for

# Thank You North Dakota Coaches!

Thank you! North Dakota Coaches! The NDHSCA Coaches Convention-NHSACA Annual Meeting is over and, by all measurements, a great success. North Dakota Coaches came through again! Provide a task for them, and they will achieve, even with some unexpected complications and unforeseen hitches.

First, our numbers were unbelievable! We settled with NHSACA with 389 paid registrations and 24 Gold Card Registrations. North Dakota Coaches also paid \$8,950 for NHSACA College Credits. 25 ND Coaches paid for NHSACA Hall of Fame Luncheon tickets and 44 ND Coaches paid for NHSACA National Awards Banquet tickets.

Continued on page 5

## NDHSCA Nominees for NHSACA National Coty Award

The NDHSCA Executive Committee nominated North Dakota coaches for the NHSACA National Coach of the Year Award at its July executive committee meeting.

The nominees are selected based on the evaluated criteria:

(for list of nominees see page 7)

## NDHSCA 2012-2013 Executive Committee



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## President's Message - Fall 2012

Welcome back to an exciting school year and sports season. I know coming off an amazing National (National High School Athletics Coaches Association) and North Dakota High School Coaches convention that I am ready to apply the new ideas learned in our sessions with an eager group of young athletes.

Thank you to all the coaches who attended and volunteered during the week, we had an astounding turnout. I need to give a special thank you to Gelaine Orvik, Randy Johnson, Karen Hardie and John Hutchison for all their "behind the scenes work" and keeping our association strong and moving forward.

I consider it an honor to serve as the NDHSCA President this year. I would like to thank Gregg Grinsteinner for his great leadership during this past year. Also, I am very fortunate to have an excellent Executive Board to prepare and assist me through the year as I take on this new role.

As the Olympics come to a close, there is no better time for the sports season to begin. I know the swimming, gymnastics, volleyball, basketball, track and more have been a great motivator and an inspiration to me, and I hope, for the next generation of Olympic athletes as well.

As your President, I encourage you to invite new coaches (Head, As-



**Ralph Manley** 

sistant, middle school and volunteers) to become members of the NDHSCA for its many educational benefits, coaches' awards and insurance coverage. Also, I want to remind all the coaches to vote for coach of the year awards in their sports and nominate fellow coaches for: Assistant Coach of the Year, Junior High Coach of the Year, award of merits from your community, Burger kings scholarships, Gelaine Orvik scholarship, and of course our NDHSCA Hall of Fame (www.NDHSCA.com).

With the new coaching permit beginning in the fall of 2013, all coaches are responsible for remaining on track with the requirements needed. Please work together with the NDHSAA, your Athletic Directors. schools. and NDHSCA. Remember, as coaches we expect our athletes to do everything possible to prepare for a great season, as our athletes and communities expect nothing less from us in return. The 2013 NDHSCA convention will be in Mandan. ND at the Best Western Seven Seas Hotel during July 22-26. Please remember to mark this on your calendar.

In closing, I would like to take the opportunity to thank you all for your continuous hard work and dedication to the student athletes you teach and coach.

Best of luck in your upcoming seasons and please feel free to contact the Executive Board or myself if you should need any assistance.

Proud to be a North Dakota coach.

Sincerely,

Ralph Manley NDHSCA President



## From Your Executive Secretary

What a grand summer and Annual Coaches Convention. We were blessed with an incomparable contribution from North Dakota Coaches in making the 2012 gathering a convention that all those who attended will long remember.

A special Thank you needs to be extended to NHSACA President Dave Dougherty as he kept all details from NHSACA under surveillance and completed. Dave made 2011-2012 a remarkable year for our National Association. Of course we have come to expect his exactness with details to make all his work phenomenal! Of course, Danielle is of great assistance to him. Thank you, Dave and Danielle.

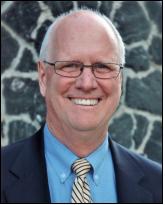
The 2012-2013 membership is flying forward! As of this column's composition, our membership numbers are at 835. That compares to 691 on the same date last year. We reached 859 on October first last year. Our final membership count for 2011-2012 was 1152; that is an all-time membership record for NDHSCA. Obviously, NDHSCA is doing something right since our membership numbers keep rising each year. First, Randy Johnson has been incomparable with delivering our messages to remind all members from previous years of registration time. Also, Karen and Rod Hardie have worked endlessly to get membership cards to each coach as he or she sends in registrations. Thank you Randy, Karen and Rod! Also, thank you to each coach for membership.

As you may have heard, our final registration numbers for our 2012 Convention were 417. That is a new, modern-day record. In 1991 our registration for the NDHSCA-NHSACA National Convention was nearly 500. We have not been near that number since. Thank you to each coach who registered and attended.

We were deeply saddened with the passing of our Past President Bob Feeney. Bob was a remarkable man who carried his family and team on his sleeve. His teams achieved marvelous heights and records. Our condolences to Jan and her children as we remember Bob's Legacy!

Do you have a first year coach in your school? Be sure to extend a special invitation to all first year coaches to join your Association!

As most coaches know, the Coaches Education Requirement. Beginning with 2013 every coach will be required to have accomplished specific preparation for entering the coaching profession. As a professional each coach will have completed the NFHS Fundamentals of Coaching Course (on-line, blended classroom, or while in col-



**Gelaine Orvik** 

lege within the past two years), completed the NFHS Concussion Management Course and complete a First Aid Course. In addition, each coach will be required to be certified in CPR (cardiopulmonary resuscitation) and in use of AED (automated external defibrillator).

The coaching permit must be renewed every five years (except for the CPR requirement). Coaches who have graduated from college with a coaching minor, which includes Fundamentals of Coaching, First Aid, CPR and Concussion Management, will be given a Coaching Permit, if the coach has graduated from college within four years of the application for the permit. Each school's activities director or high school principal is responsible for record-keeping and submission of the NDHSAA Coaches Permit Completion verification. A Permit Certificate will be sent to each coach from NDHSCA! All certified coaches with permits will be posted on the NDHSAA website.

Another special thank you to Universal Athletics for their hosting the famous "Taco Bar Social" with their unique "Beverage Can Races"! A great time was had by all. Also, a special thank you to all who participated in the activities that netted the Scholarship Fund \$410! Then Larry Aasheim, Universal Athletics President, made his announcement that he would provide another \$1,000.00 to the fund. Thank you, Larry and Universal Athletics!

Do you have a first year coach in your school? Be sure to extend a special invitation to all first year coaches to join your Association! They need to begin their preparation for Coaching Permits!

-Gelaine Orvik

## Thank You North Dakota Coaches! (continued from page 1)

In all, NDHSCA paid NHSACA \$21,885 for fees and NHSACA registrations.

In the words of the old nursery rhyme, "Isn't that fancy dish to set before the King?"

North Dakota was treated to another moment in the sun when three coaches (John Hutchison, Darrell Anderson and Greg LaDouceur) were named NHSACA National Coach of the Year. David Dougherty, present NHSACA President, and Randy Johnson, newly-elected NHSACA Third Vice-President, were recognized as recipients of the NHSACA National Distinguished Service Award Recipients. Those two awards were presented at the NDHSCA Hall of Fame and Coach of the Year Banquet. Jerry Lyon, former Minot Tennis Coach, and Curt Sherbrooke, Bismarck Schools gymnastics coach, were inducted into the NHSACA Hall of Fame.

With Fargo Mayor Walaker presenting a "Fargo Welcome", Lieutenant Governor Drew Wrigley presented a keynote address on the opening day of the NHSACA Annual Meeting. NDHSCA was very proud of the day as our state again dazzled the nation's visiting coaches with an incomparable presentation. On Wednesday, Governor Dalrymple provided our NHSACA guests with a welcome to the Peace Gar-

den State, the most envied state in the union with its virtually non-existent unemployment and unparalleled state treasury surplus.

Rod Olson, former assistant coach at Jamestown College and former FCA speaker, served as the NHSACA General Session on the final day of the National Annual Meeting. Mr. Olson also was a visiting speaker on Thursday morning at the FCA Breakfast.

The only unexpected complication that occurred was the cancellation of our keynote football speaker. Bill Williams was recommended by several coaches and is a repeated speaker at the Montana Convention. He had an accident on his flight day and his doctor advised him against travel. However, as NDHSCA has come to expect, other coaches (Kelly Kalina and Brent Miller) came to the rescue; they made presentations with virtually no preparation time. Thank you, Kelly and Brent!

The 2013 NDHSCA Coaches Convention has been set for July 23-July 26<sup>th</sup> at the Mandan Seven Seas Best Western. Begin today by making reservations (you know about the oil boom demand on rooms!) and plans for attending.

-Gelaine Orvik

## **NDHSCA Executive Committee Adopts On-Line Registration**

The NDHSCA Executive Committee passed a motion at its July meeting to implement usage of online Registration beginning with the 2013-2014 Membership year. The online registration will allow coaches to have instant registration and to facilitate usage of credit cards for payment. Online registration will allow for last minute registration and will enhance ease for coaches to complete the form.

The online form will be found on the NDHSCA website and will require coaches to maintain more complete records. Registration will require the completion of information for each "box" before moving on to the next "box". In that the registrations will

be an additional cost item, the membership fee will be increased from \$55 to \$60 for annual registration. The form will not be placed on the website until after the NDHSCA March Executive Committee to prevent registration complications with registration for the 2012-2013 membership. Reminders will be issued periodically by Email.

-Gelaine Orvik

## www.ndhsca.com

### North Dakota Has Three National COTY Recipients (continued from page 1)

NHSACA National Athletic Director of the Year in 2005, 2008 and 2012. John was inducted into the NHSACA Hall of Fame in 2002 and into the NDIAAA Hall of Fame in 2009. In 2001 he was recipient of the Outstanding Alumni Award from Mayville State University. He received the NHSACA Distinguished Service Award in 2000. He received the Carey McDonald Citation from NHSACA and in 2009, the Dwight Keith Award, the most prestigious award presented by NHSACA.

Greg LaDouceur has been head boys' tennis at Grand Forks Central (11) and Grand Forks Red River HS (11) for his entire head coaching experience. He has also spent seven years as assistant girls' tennis coach before serving as head girls' coach this past year. He has coached his teams to a 433 wins and 55 losses team record over that period. Since his tenure at Red River HS, his teams have posted a perfect 150-0 team dual record. The Roughriders added to his perfect record in the fall of 2011.

Coach LaDouceur has served on the NDHSCA Advisorv Committee to NDHSAA for four terms. He has also been a perennial speaker at the NDHSCA Coaches Convention, as well as speaking at the NHSACA National Coaches Annual Meeting.

Greg's teams have won every state championship (11) during his head coaching tenure at Red River HS. His Central HS team also won a state championship (1998) and a state runner up title (1997). LaDouceur has also coached five state singles champions and 10 state doubles champions.

Coach LaDouceur has been recipient of eight NDHSCA Boys' Tennis East Region Coach of the Year Awards. He has also been named NDHSCA Boys' Tennis State Coach of the Year five times. He has been named NHSACA Tennis National Coach of the Year Finalist three times (2006, 2009 and 2012). He was also named National Federation High School Coaches Association Midwest Section Coach of the Year in 2005.

Darrell Anderson has spent his entire 32year coaching career at Bismarck HS, where he also attended high school. He is a graduate of NDSU. The Demons have defeated 2340 teams and lost to only 178 teams during his head coaching tenure. He has served his profession by serving on the NDHSCA Advisory Committee to NDHSAA and as Finance Chair for the NHSACA National Coaches Convention in 1991, when North Dakota hosted its first National Convention. He has been a speaker at the state and national conventions on numerous occasions.

The Demons have won eleven State Track & Field Championships and four Runners up titles while he was head and/or co-head coach. They have won the past eight championships in succession. The Demons have been undefeated for four years while Darrell has been co-head coach. Anderson has also been head coach and/or cohead coach for 15 Western Dakota Region Championships.

Coach Anderson has been named NDHSCA Girls' Cross-Country Coach of the Year twice, NDHSCA Boys' Cross-Country Coach of the Year five times, and NDHSCA Boys' Track & Field Coach of the Year eight times. He was recipient of the NHSACA Boys' Track & Field National Coach of the Year Finalist Award in 2006, 2009 and 2012; he was NHSACA Boys' Cross-Country National Coach of the Year Finalist Award recipient in 2007 and 2010.

The NHSACA National Awards Banquet was held at the Fargo Holiday Inn on Tuesday, July 24<sup>th</sup>.

-Gelaine Orvik

## Sponsor of the **Outstanding** Senior Athlete Awards WERADI WERAD

## Please visit our website! www.ndhsca.com

## NDHSCA Nominees for NHSACA National COTY Award (continued from page 1)

- Longevity
- Win-Loss percentage
- Championship and/or runner up titles won at the District, Regional and/or State level
- Contributions to the coaching profession
- Awards earned and received

The nominees will be evaluated against potential nominees from the other 49 states to determine eight Finalists. The Eight Finalists will attend the NHSACA National Awards Banquet in Des Moines, IA on June 26, 2013.

#### The following are the NDHSCA Nominees:

SPORT	FULL NAME; SCHOOL	CITY, STATE
Athletic Director:	Jim Haussler; Bismarck Schools	Bismarck, ND
Baseball:	Brian Midthun; Enderlin HS	Enderlin, ND
Basketball - Boys':	Steve Miller; Bismarck HS	Bismarck, ND
Basketball - Girls':	Len Stanley; Mandan HS	Mandan, ND
Cross-Country - Boys':	Dave Zittleman; Bismarck HS	Bismarck, ND
Cross-Country - Girls':	Scott Reichenberger; Bismarck HS	Bismarck, ND
Football:	Rod Oksendahl; Fargo Shanley HS	Fargo, ND
Golf:	Darrell Berglund; Hazen HS	Hazen, ND
Soccer:	Michael Breker; Fargo Shanley/South HS	Fargo, ND
Softball:	Patrick Johnson; West Fargo HS	West Fargo, ND
Special Sports:	Kent Van Ells; Dickinson HS	Dickinson, ND
Swimming & Diving:	Dick Fisher; Fargo North HS	Fargo, ND
Tennis:	Scott McPherson; Bismarck Century HS	Bismarck, ND
Track and Field-Boys':	Bob Zimney; Grand Forks Red River HS	Grand Forks, ND
Track and Field-Girls':	Michael Kuhn; Mandan HS	Mandan, ND
Volleyball:	Tim Wallstrum; Kenmare HS	Kenmare, ND
Wrestling:	Cory Schall; Oakes HS	Oakes, ND
Boys' Sport Assistant:	Tim Tandeski; Grand Forks Red River HS	Grand Forks, ND
Girls' Sport Assistant:	Tim Delmore; Grand Forks Red River HS	Grand Forks, ND
		(

-Gelaine Orvik

## **NEW IN THIS ISSUE**

The Minutes of the Annual Meeting of the NDHSCA are printed in this issue.

See pages 20-22

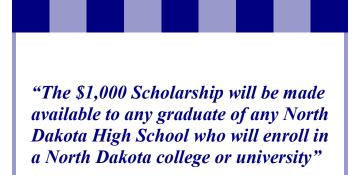
## **Reminder!**

We are in the preparation period for the initial date for Coaching Permit (August 1, 2013). Know your requirements and begin today to satisfy them!

## NDHSCA-Gelaine Orvik Scholarship Fund

The NDHSCA-Gelaine Orvik Scholarship Fund has reached an asset level for the first scholarship to be taken from the fund for awarding at the July, 2013 NDHSCA Convention. The \$1,000 Scholarship will be made available to any graduate of any North Dakota High School who will enroll in a North Dakota college or university.

The candidate must declare an intention to become an interscholastic coach. The scholarship application narrative and application form will be reviewed by local college/university compliance personnel to insure acceptable and preferred verbiage to be acceptable for recipients to maintain scholarship status at



North Dakota colleges and/or universities.

The application document and form will be reviewed and accepted by the NDHSCA Executive Committee at its November meeting. The scholarship will be awarded at the July NDHSCA Coaches Convention.

The Scholarship fund received a substantial rejuvenation in July when it received \$410 from the Universal Athletics Coaches Social donation and a \$1,000 donation from Larry Aasheim, president of Universal Athletics. Negotiations are ongoing with a possible sponsoring company that will provide a second \$1,000 scholarship each year.

NDHSCA Members are reminded that additional contributions are constantly needed to replenish the fund since the \$1,000 withdrawal each year will deplete the fund over an eleven year period.

Some coaches make a tax-deductible contribution annually when they pay their membership registration or convention registration. Other coaches make periodic contributions as memorials to fellow coaches who have made significant contributions to North Dakota Coaching and Athletics. Some coaches make a contribution to honor special people (spouse, child, athlete, etc.) in a coach's life. contribution form is found in each issue of the *Dakota Coach* and on the NDHSCA website.

## Thank you to the Association

Dear NDHSCA:

Thank you for the Burger King Scholarship. I will be using the money towards my college education where I plan on majoring in pharmacy. It has been a privilege playing in North Dakota high school sports, and I wanted to thank you for all that you do. The Coaches Association may go overlooked, but for what it's worth, I truly appreciate the consistency and work that you put into each year. Thanks again for all you do.

Nikki Grinsteinner Dickinson Trinity HS 2012 NDHSCA-Burger King Scholarship Recipient



August 2012

To: Executive Committee NDHSCA

From: Jerry Lyon Minot High School Boys' and Girls' Tennis Coach (retired) Inductee to NHSACA Hall of Fame

Dear Executive Committee,

This is a letter to thank you for the wonderful honor of being inducted into the National High School Athletic Coaches Association Hall of Fame. The letter received from Gelaine in December was a huge surprise. How could this be, a farm boy from Raub, North Dakota, being honored with this ultimate award? In conversation with Gelaine, he said that it was a unanimous decision by the selection committee to induct me. This is particularly "cool" as the sport I coached (tennis) was at one time considered a "minor sport."

My association with the NDHSCA over my career has been very rewarding. From my yearly pilgrimage to the Coach's Convention, to my attendance at a number of National Coach's Conventions, have all been an enhancement to my coaching abilities. Your efforts to bring in knowledgeable speakers and clinicians in our particular sports, was especially helpful. On a few occasions I actually led a few of those sessions. (Hope I didn't mess anyone up)

A book could be written on my appreciation for all of you and what you do for us coaches in North Dakota and nationwide. The organization and wonderful way you manage all endeavors from my first association with the NDHSCA to today, is amazing. I have the very highest regard for all of you and the work you do in our behalf.

As our leader would say, "Keep on Keeping On!"

Submitted with Very Highest Regards,

Jerry Lyon Lifetime Member North Dakota High School Coaches Association



## NDHSCA Code of Ethics



## As a professional educator and leader, the high school Coach or Athletic Director will

- Exemplify the highest moral character, behavior and leadership
- Respect the integrity and personality of the individual athlete
- Abide by the rules of the game in letter and spirit
- Respect the integrity and judgment of sports officials
- Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement
- Encourage a respect for all athletics and their values
- Display modesty in victory and graciousness in defeat
- Promote ethical relationships among coaches
- Fulfill responsibilities to provide health services and an environment free safety hazards
- Encourage the highest standards of conduct and scholastic achievement among all athletes
- Seek to inculcate good health habits including the establishment of sound training rules
- Strive to develop in each athlete the qualities of leadership, initiative and good Judgment
- For Interscholastic competition, will dress in an appropriate manner that distinguishes the coach as a professional, representing his school and team.



Your locally owned Burger King Restaurants are proud to sponsor the NDHSCA





## **Coaches Code of Conduct**



## As a professional educator and leader, the high school Coach or Athletic Director will

- Exemplify the highest moral character as a role model for young people.
- Recognize the individual worth and reinforce the self-image of each team member.
- Encourage and assist team members to set personal goals to achieve their highest aca demic potential.
- Create a set of training rules for athletes which reflects the positive values of abstaining from the use of drugs, alcohol and tobacco.
- Strive to develop the qualities of leadership, initiative, and good judgment in each team member.
- Communicate and interpret program goals and objectives to parents and community.
- Provide a safe environment for practice and competition.
- Gain an awareness of the importance of prevention, care and treatment of athletic injuries.
- Respect the integrity and judgment of the game official.
- Teach and abide by the rules of the game in letter and in spirit.
- Build and maintain ethical relationships with Coaches and administrators.
- Strive for excellence in coaching skills and techniques through professional improvement.
- Promote personal fitness and good nutrition.
- Be modest in victory and gracious in defeat.
- Encourage a healthy respect for the overall athletic program and its vital roles in education.



The North Dakota High School Coaches Association has decided to provide a "Gelaine Orvik Scholarship." The idea of this scholarship was brought to the NDHSCA Executive Board at the 2008 State Convention by Joe Howell. Gelaine Orvik is known as the Executive Secretary of the NDHSCA. He has also held this position on the National level. Gelaine has touched thousands of lives through his tireless effort and enthusiasm not only for we the coaches, but more importantly for student athletes. He is an outstanding role model, mentor, coach, teacher, person, and friend.

This scholarship will commemorate what Mr. Orvik has long stood for, helping students through scholarship. We would like to establish this fund so it will last a long time. In order to do this we are asking for donations. Any donation, no matter how big or small will assist us in accomplishing this goal.

Please feel free to give this information to a past member of the NDHSCA, or someone else you feel would be willing to contribute towards this scholarship. **Remember this donation is tax deductible. Please make checks payable to NDHSCA Gelaine Orvik Scholarship Fund.** 

## Please Print

Person Donating			
Address			
City			
Home Phone	Work Phone	Cell Pho	one
E-mail Address			
Amount of Donation			
Thank you for your generous	offer!		
PLEASE RETURN THIS FORM		3457 26 <sup>th</sup> Aver Fargo, ND 581	nue South
PLEASE DETACH THIS BOTTOM P			
NDHSCA Gela	aine Orvik	<b>x Scholar</b>	ship Fund
Person Donating			
Amount of Donation	Date		



## **Sponsor Membership Form**



- The North Dakota High School Coaches Association is a non-profit organization that is concerned with supporting athletic programs which benefit the youth of North Dakota.
- The NDHSCA is an organization that offers programs to help coaches keep in touch with new developments in athletics and coaching as well as attempting to maintain and improve athletic programs in North Dakota. Financial help is needed to support the award programs, the state convention, and the various all-state contests sponsored by the NDHSCA.
- All sponsor members receive a plaque from the NDHSCA to show its appreciation as well as being listed on the sponsor page in the *Dakota Coach*.

### NDHSCA Sponsor Membership Fee: \$100.00

Firm's Name
Address
City/Sate/Zip Code
Phone Number
Was the firm previously a Sponsor Member?
If yes, what years?
Signature of Authorizing Personnel
Would you like additional plaques? (available at \$10 per plaque) How many?
Name of Soliciting Coach
Address
City/State/Zip Code
Email Address

Please mail completed form and check to: Gelaine Orvik, Executive Secretary NDHSCA 3457 - 26th Avenue South Fargo ND 58103

#### 2012-2013 NDHSCA SPONSOR MEMBERS

Greg Bischoff	Allard Trophy Company	Box 412	Valley City, ND
Scott Eggiman	Sports Film Exchange	1405 Prairie Parkway, Suite B	West Fargo, ND
David Gress	Daktronics	331-32nd Avenue	Brookings, SD
Ron Heisler	Iwanamaker	2108 Mulligan Drive	Colorado Springs, CO
Tessa Hogan	ND Army National Guard	4200 East Divide Ave. Room 122	Bismarck, ND
Tom Pische	BSN Sports	2137 11th Avenue NW	East Grand Forks, MN
Brad Westrum	Gerrell's Sports Center	1004 South Washington	Grand Forks, ND





## Available on the NDHSCA Website Search "NDHSCA" or enter www.ndhsca.com

All State Football Nominee Assistant Coach of the Year Award of Merit Recommendation Hall of Fame Junior High Coach of the Year Lifetime Membership Form Membership Form Victory Milestones Senior Scholarship - Burger King \$500 Shrine Football Nominee **Special Recognition** Sponsor Membership Sports Advisory Committee Membership



## Membership Registration 2012-2013

Please	print!	
Name	Cell #	Membership:
School	E-Mail Address	High School Junior High
Home Phone	Work Phone	College
Home Address		Life Associate
City/State/Zip Code _		Cheerleading

In the A column, write H (head coach) or A (assistant coach) for the appropriate sport(s). In the second column, write your 2010-2011 record. In the third column, write your lifetime record for that sport. <u>Records will</u> be maintained as much as you provide information for Victory Milestones. If you qualify for a Victory Milestone Award, you are expected to notify NDHSCA with a full listing of your record in that sport. A 11-12 record lifetime record

Athletic Director Baseball	<del>_</del>		Girls' Cross Country Girls' Golf	 
Boys Basketball			Girls' Hockey	 
Boys Cross Country		<b>-</b>	Girls' Soccer	 
Boys Golf		-	Girls' Softball	 
Boys' Soccer		<b>-</b>	Girls' Swimming & Diving	 
Boys' Hockey		-	Girls' Tennis	 
Boys Swimming & Diving			Girls' Track & Field	 
Boys Tennis			Gymnastics	 
Boys Track & Field			Strength	 
Football			Volleyball	 
Girls' Basketball			Wrestling	 

List Year(s) and Sport(s) of state championships coached.

Have you filed a Victory Milestones Form?

Number of years coaching completed (as of June 2013) \_\_\_\_

Membership Fee: \$55.00

Sport

Signature

Membership Fee includes \$1,000,000 Liability Insurance Coverage for active coaches: Association holds certificate of insurance.

Year

\_\_\_\_\_ I would like to donate to the Gelaine Orvik Scholarship Fund (Donation is tax deductible). Increase check with the appropriate amount; a receipt for the donation will be returned.

Coaches are urged to photocopy additional membership forms and solicit membership of other head and assistant coaches throughout each school district. – Thank you.

Proud to be a Member of the NDHSCA Membership in the NDHSCA has the following benefits: \$1,000,000 Liability Insurance Coverage Subscription to our Dakota Coach newsletter Access to coaching openings in North Dakota Reduced admission to NDHSCA/NDHSAA Clinic during the year Free or reduced admission to many high school and college contests UND/NDSU football tickets for allotted number of coaches in reserved section (except Hockey) Eligibility for the full awards program of the NDHSCA Eligibility to serve on the Sports Advisory Committee Eligibility to serve on All-Star Coaching Staff Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA An organization that is concerned with offering programs that will help improve coaches An organization that is attempting to maintain and improve athletic programs for North Dakota's you	th.
The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a proble or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better. Membership deadlines: Fall-October 1 Winter-February 1 Spring-May 1 Return form to: Karen Hardie; NDHSCA Membership Chair 2472 Lilac Lane, Fargo, ND 58102	em, suggestion, Updated 7/5/2012

NDHSCA Victory Milestones

Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestone for the first time, make sure to give your record for each year. Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season



on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue South; Fargo, ND 58103. Awards will be sent upon request after records are updated.

#### Procedure For Determining Won/Loss Records In An Invitational Meet:

- A. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
- B. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
- Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss re-C. cord for the season.
- D. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)
- Only meets in which three or more schools participate will count as an invitational.
- Schools can still have a dual meet record that would remain the same along with a record for the invitationals they attend.

						-			•		
Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5	Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat
Baseball	75	150	225	300	375	Soccer	100	200	300	400	Ę
Basketball	100	200	300	400	500	Softball	75	150	225	300	;
Cross Country	50	100	150	200	250	Swimming	50	100	150	200	2
Football	50	100	150	200	250	Tennis	50	100	150	200	2
Golf	45	90	135	180	225	Track/Field	50	100	150	200	2
Gymnastics	45	90	135	180	225	Volleyball	150	300	450	600	7
Hockey	100	200	300	400	500	Wrestling	75	150	225	300	3
							Example:	Meet 1	11 teams	7 wins 4	losse

• It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

#### NDHSCA Victory Milestone Record Sheet

Name	Date	
E-Mail		-
High School		

Coaching Position

Address

ss	City/State/Zip Code					
ership: High School		Associate	Junior High			Life
Year	School	Sport	Varsity	JV	JH	,

Meet 2 4 teams 0 wins 4 losses Meet 3 6 teams 6 wins 0 losses Meet 4 5 teams 4 wins 1 loss Meet 5 7 teams 5 wins 2 losses **Totals** 5 meets 33 teams 22 wins 11 losses Winning % equals 22/33 = 67% 5 meets x .67=3.35

Losing % equals 11/33 = 33% 5 meets x .33 = 1.65 Your record for the season would be 3 wins and 2 losses for invitationals

Membership: High School			Associate		Junior High		Life	
1.	Year	School	Sport	Varsity		JH	Won/Loss	Overall Record
2. 3.								
4.								
5. 6.								
7. 8.								
9. 10.								
11.								
13.								
14. 15.								
10.								



## **Lifetime Membership Application**

To purchase a Lifetime Membership the prospective coach must have been:

An NDHSCA Member for 20 years.

An active high school coach for at least 25 years either in North Dakota or another state.

Lifetime Membership may be purchased for a one-time fee of \$300.

Such Lifetime Membership will carry all Active Membership benefits (including \$1,000,000 Liability

Insurance coverage, effective with 2009-2010 Membership Year).

A Lifetime Member relinquishes voting and office holding privileges if a member is no longer an active coach.

Name	Cell #						
School	Email Address						
Home Phone	Work Phone						
Home Address							
City/State/Zip code							
Number of years coaching completed (as of <u>June 2013</u> )							
Number of years NDHSCA Member (as of <u>June 2013</u> )							
Fee: \$300 Include the fee with this application.							
34	elaine Orvik DHSCA Executive Secretary 457 26 <sup>th</sup> Avenue South argo, ND 58103 *****						

## Lifetime Members are found the next page



### **Paid Life Membership**



Aardahl, Vern; Milnor HS Amundson, Greg; Mandan HS Anderson, Brian; Watford City HS Anderson, Darrell; Bismarck HS Anderson, Darryl; Mandan HS Benson, Ron; Mott/Regent HS Berg, Mike; Grand Forks Central HS Bettenhausen, LeRoy; Watford City HS Brackenbury Wayne; Mohall HS Brenner, Henry; ND School for the Deaf Buen, Gene; Velva HS Burckhard, Richard; Parshall HS Butterfield, John; Hettinger HS Callahan, Mike; Minnewaukan HS Carlson, Ron; Minnewaukan HS Carlsrud. Dave: NDHSAA Conlon, Frank; Jamestown HS Cornell, Rick; Grand Forks Schroeder JHS DeCoteau, Jerome: Turtle Mountain Community HS Dew, Jim; Valley City State College Disher, Ken; Minot HS Dixon, Derrick; Turtle Mountain Community HS Dockter, Dwight; Hope-Page HS Fish, Frank; Watford City HS Field, Greg; Minot HS Flaagan, Craig; Fargo South HS Flyberg, Brian; Linton HS Folstad, Collette; West Fargo HS Gabrielsen, Thomas; Grand Forks Red River HS Gadberry, Ron; Hillsboro HS Hack, Rick; Ellendale HS Haggin, Barry; Divide County HS Halland, Joan; Kindred HS Hammer, Dennis: Grafton HS Handt, Dave; Litchville-Marion HS Hanson, David; St. Thomas HS Hanson, Donald C.; Mandan HS Hardie, Rodney: Fargo South HS Hauge, John; Bottineau HS Haugen, Derold; LaMoure HS Haussler, Jim; Bismarck Schools Healy, Dennis; Williston HS Hertel, Dale; Fargo South HS Horner, Dennis; Midway HS House, Leon; Mandan HS Hutchison, Donna; Grand Forks Red River HS Hutchison, John; Northwood HS Hutchison, Lonny; Northwood HS Jaeger, Kerry; Grand Forks Red River HS Jensen, Julie; Kindred HS Jeske, James; Killdeer HS Johnson, Harlan; Parshall HS

Johnson, Wayne; Rolette HS Kaiser, Tim; Wahpeton HS Kjelgaard, Harold; Fargo Discovery JHS Kleveland, David; Central Valley HS Knutson, AI; Williston HS Krosbakken, Jerry; Fargo North HS Larson, Nancy; DesLacs-Burlington HS Lehman, Cory; Fargo South HS Leier, Dwight; Esmond-Maddock HS Loberg, Myron; Devils Lake HS Lockwood, Ed; Fargo Public Schools Lyon, Jerry; Minot HS Maclver, Philip; Wahpeton HS Mailloux, Gary; Fargo North HS Marsh, John; Fargo South HS Marshall, Joel; Hazen HS Martin, Phil; Lisbon HS McCleary, Barry; Napoleon HS Mitzel, Frank; Minto HS Nagel, Lee: Wahpeton HS Olson, Linette: Bismarck Century HS Olson; Douglas; Beulah HS Omdahl, Chad; Hatton-Northwood HS Opdahl, Mike; Larimore HS Opp, Leland; Hazen HS Overby, Dennis: Northwood HS Pierson, Paula; West Fargo HS Roeske, Marv; Concordia (Moorhead, MN) College Schatz, Mike; New England HS Schauer, Gary; Kulm HS Schmitt, Dan; Dakota Prairie HS Schreiner, Vernon; Minto HS Shirley, Marney; Jamestown HS Sluke, David; Grafton HS Snortland, Keith; Warwick HS Solberg, Sheryl; NDHSAA Sondrol, Rick; Central Valley (Buxton) HS Sorensen, Chris; Hazen HS Stanley, Len; Mandan HS Strand, Fred P.; Hatton-Northwood HS Suelzle, Tom; Watford City HS Towers, Ken; Grand Forks Red River HS Trieglaff, Robert; Fargo North HS Vigen, Randy; Central Valley HS Wagner, Chuck; Killdeer HS Waldal, Bob; Beach HS Walhaug, Gary; Surrey HS Walker, Larry; Killdeer HS Wheeling, Bob; Killdeer HS Wilson, Jerry; Bismarck Century HS Zimney, Bob; Grand Forks Red River HS



## **Sponsor Membership Form**



- The North Dakota High School Coaches Association is a non-profit organization that is concerned with supporting athletic programs which benefit the youth of North Dakota.
- The NDHSCA is an organization that offers programs to help coaches keep in touch with new developments in athletics and coaching as well as attempting to maintain and improve athletic programs in North Dakota. Financial help is needed to support the award programs, the state convention, and the various all-state contests sponsored by the NDHSCA.
- All sponsor members receive a plaque from the NDHSCA to show its appreciation as well as being listed on the sponsor page in the *Dakota Coach*.

### NDHSCA Sponsor Membership Fee: \$100.00

Firm's Name						
Address						
City/Sate/Zip Code						
Phone Number						
Was the firm previously a Sponsor Member?						
If yes, what years?						
Signature of Authorizing Personnel						
Would you like additional plaques? (available at \$10 per plaque) How many?						
Name of Soliciting Coach						
Address						
City/State/Zip Code						
Email Address						

Please mail completed form and check to: Gelaine Orvik, Executive Secretary NDHSCA 3457 - 26th Avenue South Fargo ND 58103

#### 2012-2013 NDHSCA SPONSOR MEMBERS

Greg Bischoff	Allard Trophy Company	Box 412	Valley City, ND
Scott Eggiman	Sports Film Exchange	1405 Prairie Parkway, Suite B	West Fargo, ND
David Gress	Daktronics	331-32nd Avenue	Brookings, SD
Ron Heisler	Iwanamaker	2108 Mulligan Drive	Colorado Springs, CO
Tessa Hogan	ND Army National Guard	4200 East Divide Ave. Room 122	Bismarck, ND
Tom Pische	BSN Sports	2137 11th Avenue NW	East Grand Forks, MN
Brad Westrum	Gerrell's Sports Center	1004 South Washington	Grand Forks, ND



### NDHSCA Annual Meeting Minutes July 26, 2012 Fargo Holiday Inn Convention Center

The 2012 NDHSCA Annual Meeting was called to order by President Gregg Grinsteinner at 2:00 PM on Thursday, July 26, 2012 with 172 NDHSCA members present.

Matt Herman moved to approve the 2011 Annual Meeting Minutes as they were written in the *Dakota Coach*; Mike Sorlie seconded the motion. Motion passed by voice vote.

Gelaine Orvik reviewed the 2011-2012 financial report. Gelaine reported the June 30, 2012 Account Balances as follows:

\$13,134.71 FPSFCU Checking Account Balance (June 30, 2012)

\$ 98.71 FPSFCU Shares Account Balance (June 30, 2012)

\$ 5,021.27 FPSFCU Gelaine Orvik Scholarship Fund (June 30, 2012)

\$15,547.39 FPSFCU Money Market Share Balance (June 30, 2012)

<u>\$ 1.00</u> Petty Cash Balance (June 30, 2012)

\$20,782.08 Total Cash on Hand (June 30, 2012)

Outstanding Income: Lion's All Star Basketball (August 1<sup>st</sup> request)

NDHSAA Convention Support (August 1<sup>st</sup> request)

Carolyn Olson moved to approve the financial report as presented; Scott Grochow seconded the motion. Motion passed by voice vote.

Gelaine Orvik presented an update on the 2012-2013 NDHSCA/NHSACA Coaches Convention update as follows:

406 Registered for convention (as of July 26, 2012)

491 Membership Registration (includes Convention Registrations)

148 College Credits (36 – 1 credit registrations; 46 – 2 credit registrations)

56 registered for golf, 64 played golf, and 54 paid for golf

Need to pay for golf.

This sets a new record since 1991 when we hosted the National Convention in Bismarck. A huge thank you goes to the membership for their support. Cameron Dockter moved to accept the convention report as stated above; Kent Schweigert seconded the motion. Motion passed by voice vote.

Gelaine Orvik presented the *Dakota Coach* report. He said the goal is to have the *Dakota Coach* online by August 15, December 15, April 15, and June 15. This year we were a little late with some issues because of the preparation for hosting the National Convention. Gelaine asked the membership for any article they would like to print in the Dakota Coach.

Gelaine presented the membership report from this past year. He said we set an all-time record. The membership was 1,182 paid memberships with 99 lifetime members. 12 of the lifetime members were new in

### NDHSCA Annual Meeting Minutes - July 26, 2012

(Continued from page 21)

2011-2012. Gelaine Orvik added to the report with details on the NDHSCA Student Associate Membership. An e-mail was sent out last year to the membership asking for them to vote on the Student Associate Membership. It was an overwhelming "YES". The NDHSCA will work to get all Universities in North Dakota on board with the student associate membership.

President-Elect Ralph Manley introduced the Vice Presidential Nominees:

- Mike Kuhn; Mandan High School
- Paul Lean; Fargo Davies High School

John Hutchison reported on the Coach of the Year balloting. He mentioned the voting was much better this past year. e thanked the membership for taking the time to submit their vote.

John Hutchison presented the POWERade Senior Athlete of the Year report. He mentioned some of the items the NDHSCA and NDHSAA expect out of athletes when they go to accept an award. Two key items are to be dressed appropriately and also no caps.

NHSACA 3<sup>rd</sup> Vice President Randy Johnson gave a report on the National Convention. He thanked the coaches of North Dakota for their attendance. Randy told the membership the 2013 National Convention will be in Des Moines, Iowa and the 2014 National Convention is scheduled for Jackson Hole, Wyoming.

President Gregg Grinsteinner introduced Mike Sorlie, new co-chair of Lion's All-Star basketball, to the membership. He gave a report on the games that were played in Bismarck and Fargo. Things went well and the games were competitive.

Lisa Strand, Co-Chair of Optimist Volleyball, gave a report on their matches. She said things also went smoothly. She felt the best thing to do was to make sure to name plenty of alternates so if some girls decide to play basketball instead, they would still have enough players. Lisa suggested to the coaches to help select the best girls and let them choose which game to play in.

Mike Berg, Shrine Football Chair, gave a report on the football game. He talked about the recent ruling by the NCAA to not allow any All-Star contests on field a Division I School played on. He thanked Mayville State University and Fargo Shanley High School for coming up big for them. He did mention the NCAA withdrew their rule for next year, due in a large part to the leadership of Don Stauss, Kem Temple Shrine Football Leader.

Randy Johnson presented a report on the Longevity Award. This year there will be awards given for 20, 25, 30, 35, 40, and 45 years of service. The NDHSCA Executive Board decided to have the membership reply if they were in the category in order to receive the award. If they did not reply, or they did not wish to receive an award, the NDHSCA would not order one. The awards will **not be mailed out** by the Executive Secretary. Randy stated the importance of having the correct e-mail on their registration forms.

Randy reported on the POWERade Cooperative Agreement. He encouraged the membership to continue to have their athletes write letters to the sponsors of the POWERade Senior Athlete of the Year Award. The letters help the sponsorship. Randy asked to have one plaque displayed in a very visible spot in the school and the other plaque to be given to the athlete. Randy also stated the guidelines for the Senior Athlete of the Year Award are posted on the NDHSCA website.

Gelaine Orvik presented a report on the Burger King Agreement. He stated the sponsorship is really from Bismarck, Minot, and Jamestown Burger Kings. Gelaine suggested the membership thank them for sponsoring the scholarships and the Longevity Awards.

Gelaine reported the 2013 NDHSCA State Convention will be held at the Mandan Seven Seas. He mentioned the importance of reserving rooms early. There will not be a lot of rooms available in Bismarck, or Mandan, with the oil activity in the West.

Gelaine stated the tentative location for the 2014 NDHSCA State Convention will be the Fargo Doublewood Inn. The tentative location for the 2015 NDHSCA State Convention will be back at the Mandan Seven Seas.

Dave Zittleman reported on the NDHSCA website. He mentioned he is currently working on getting the sports records on the website. He asked the membership if they had access to any of these to please send them to him and he will work on getting them placed on the website.

Gelaine Orvik presented an update on the \$1,000,000 Liability Insurance Policy our membership re-

### NDHSCA Annual Meeting Minutes - July 26, 2012

(Continued from page 21)

ceives when joining our organization. He did mention the Liability Insurance will also cover the classroom after the NDEA insurance. This is a great arrangement for our membership, and he encouraged everyone to go home and recruit new coaches to join.

Gelaine reported on the NDHSCA-Gelaine Orvik Scholarship Fund. We currently have about \$9,000 in the account. He mentioned there would be a NDHSCA-Gelaine Orvik Scholarship issued next summer at the NDHSCA State Convention. The NDHSCA would work on an application form and have it on the website. The scholarship is designed for students going into coaching. Some items of consideration will be GPA, class rank, activity involvement, a letter of recommendation from a coach, and others.

Pete Moe made the recommendation from the Executive Board to nominate Gelaine Orvik as the Executive Secretary for the 2012-2013 year. President Grinsteinner asked the membership if there were any other nominations. Todd Magnuson made the motion to have nominations cease and cast a unanimous ballot for Gelaine Orvik; James Haak seconded the motion. Motion passed on a voice vote.

Pete Moe made a presentation dealing with the Coaching Permit. He said the NDHSAA passed a motion to require a Certified Coaching Permit beginning the fall of 2013 for all coaches in grades 9-12. He directed the membership to a pamphlet that was in with their registration packet **[NOTE: That brochure is also posted on the NDHSCA Website].** The NDHSAA Board wanted to be proactive with the education of coaches instead of having the State Legislature dictate what needs to occur in schools. To achieve a Coaching Permit for next year, all coaches in grades 9-12 will need to take the NFHS "Fundamentals of Coaching" Class, the NFHS "Concussion Management" Class, be certified in CPR, AED, and first aid. The permit will be good for five years and then the renewal process will begin.

Carolyn Olson thanked the Executive Board for all their efforts in putting a great National Convention together. She knew the work that goes in to make such a great educational setting.

Scott Grochow made a motion to have the meeting adjourned. President Gregg Grinsteinner declared adjournment.

Respectfully submitted

Gelaine Orvik, NDHSCA Executive Secretary John Hutchison, NDHSCA Assistant Executive Secretary-Recording Secretary Randy Johnson, NDHSCA Assistant Executive Secretary- Recording Secretary

# NEW Camp Insurance For Members

## General Liability Coverage - \$1,000,000 Limit per Member

As a membership benefit of your state coaches association you are covered for all coaching activities. General Liability provides coverage to members from claims made by negligent acts accidentally committed resulting in bodily injury, personal and advertising injury or property damage to others.

## Participant /Accident Coverage - \$25,000 Excess Medical Limit

Members have the option of providing participant/accident coverage for participants attending camps. Should an accident occur during a camp this coverage could help off-set the loss suffered by families affected by such accidents.

## Certificates of Insurance

Today, most schools and athletic venues require coaches to provide proof of insurance or need to be named as an additional insured prior to utilizing their facilities. Upon request, certificates of insurance are issued by Loomis & LaPann Inc.

### Enrollment Procedures & Questions

For additional information on coverage's, Participant/Accident enrollment procedures and Certificates of Insurance please contact Loomis & LaPann Inc. at 800-566-6479 or visit us online at: <u>www.loomislapann.com</u>

Kevin Joyce kjoyce@loomislapann.com

Karen Boller kboller@loomislapann.com

Greg Joly gjoly@loomislapann.com

Your locally owned Burger King Restaurants are proud to sponsor the North Dakota High School Coaches Association



## North Dakota High School Coaches Association Official Publication

The *Dakota Coach* is the official publication of the NDHSCA and is distributed without charge to all NDHSCA members in good standing. Notes, articles, opinions, or letters to the editor are welcome if they deal with high school coaching concerns. They will be printed as space permits. Opinions and views of the authors are their own and do not always reflect the official position of the NDHSCA.

> Send to Gelaine Orvik - gorvik@cableone.net or to any of the members of the Executive Board. See page 2 for e-mail and mailing addresses or phone numbers

