



North Dakota High School Coaches Association Official Publication

DAKOTA COACH

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2012 NDHSCA Hall of Fame

NDHSCA Executive Committee announces the inductees to the 2012 NDHSCA Hall of Fame as determined at its recent NDHSCA Executive Committee Meeting. The inductees will be recognized and receive awards during the 2012 NDHSCA Coaches Convention, held on July 26-29, 2012 in Fargo. The Hall of Fame Awards will be presented at the Annual Banquet on Thursday, July 26th at 6:30 PM at the Fargo Holiday Inn Conference Center. The recipients for the 2012 induction will be **Darrell Anderson**, co-head Boys' Cross-Country Coach and co-head Boys' Track & Field Coach at Bismarck High School; **Ed Lockwood** serves as Athletic Administrator for Fargo Public Schools since 1987 and previously was football, gymnastics and Track & Field Coach at Berthold High School and Mohall High School; **Ralph Manley**, head Boys' Swimming & Diving Coach at Mandan High School and Fargo South High School for the past 28 years and assistant Boys' and/or Girls' Swimming & Diving Coach since 1978; **Barry McCleary**, retired head and/or assistant Cross-Country Coach, Track & Field Coach, Football Coach and Wrestling Coach at Napoleon High School for 33 years; and **Bob Zimney**, presently head Boys' Track & Field Coach (for the past 35 years) and assistant Football Coach (for the past 28 years) at Grand Forks Red River High School.

NHSACA Hall of Fame 2012 Inductees

The North Dakota High School Coaches Association Executive Committee selected **Jerry Lyon**, former head boys' and girls' tennis coach at Minot High School and **Curt Sherbrooke**, head girls' gymnastics coach at Bismarck Schools as inductees into the 2012 National High School Athletic Coaches Association National Hall of Fame. The Awards will be presented at a noon luncheon on Tuesday, July 24th, 2012 at the NHSACA National Annual Meeting at the Holiday Inn Conference Center in Fargo, North Dakota. This induction is the seventeenth induction class.

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2012 NHSACA/NDHSCA Convention Update

Dave Dougherty
NHSACA President

Organization and planning has continued to progress for our upcoming NHSACA/NDHSCA convention which is being held at the Fargo Holiday Inn. The core schedule has been finalized which provides us the tool to start implementing specific names of people or topics into the slots we have reserved for them. One of the biggest changes you will see as North Dakota coaches is the seminar for one credit will come at the end of the convention, Friday, July 27th, rather than at the beginning of the convention.

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NHSACA
and
NDHSCA
2012

Convention Dates
July 21 - July 27
Fargo

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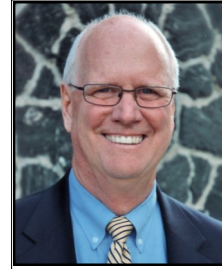
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President's Message - Winter 2012

The time has changed. The seasons have changed. And we are a third of the way through a school year already. I would like to take a moment and congratulate all the state champions, coaches of the year, and PowerAde athletes of the year from the fall sports season. Many schools and individuals enjoyed successful seasons but you were able to reach the ultimate goal. Your hard work and perseverance has paid huge dividends. Congratulations!

As our winter sports season is now in full swing, it seems everything gets a little more hectic. These winter days of snow, cold, and being indoors a lot, are difficult on everyone. This is why we must keep a balance in our life. Just as an athlete performs best when their body is in balance on the beam, ice, mat, or court, we too must keep things in perspective to maintain that balance. This includes our own actions. If we berate officials, how do we expect our athletes not to do the same? We are supposed to be the role model. Give the officials the benefit of the doubt. They make mistakes just like we do but are right more often than not. Work with them to keep them around. We are losing way too many officials the way it is. Mike Berg, a longtime coach from Grand Forks Central who is a member of the NDHSCA Hall of Fame, said it best at



Gregg Grinsteiner

a session he had at the NDHSCA convention this past summer. "Be professional in all you do: your actions, your dress, your preparation, and how you treat people. You should leave your program better than you inherited it. How will you be remembered?" This is a simple, yet great piece of advice for us to follow. Keep things in perspective. It is always better to take a step back than to do something you will regret later.

We also need time to revitalize and recharge our batteries. Start making plans now to attend the NHSACA annual convention which will be held in conjunction with the NDHSCA con-

vention in Fargo from July 21 through July 27. There are many excellent speakers for the general sessions along with sport specific topics as well as special topics. You may earn a total of 7 (that is not a misprint) credits by attending the convention. Dave Dougherty, a long time teacher and coach from Watford City, is this year's NHSACA president and has challenged us to try and have at least 500 coaches from North Dakota attending some or all of the convention. That is a number that can be reached with an effort on our part. That goal would be about 50% of our total membership. Please plan ahead by reserving rooms in Fargo at the Doublewood Inn. Yes, I say the Doublewood Inn because the room rates are "State Rates"---\$69.00/night; whereby the Holiday Inn rates are \$99.00. We also note that North Dakota coaches can find their way to the Holiday Inn more easily than our visiting coaches.

Hope you all have a great holiday season and best wishes in 2012!

Gregg Grinsteiner



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Senior Athlete Awards**



From The Executive Secretary

For once, I am writing this column **before** our established date for the posting of the *Dakota Coach*. Considerable material to cover since last issue has developed. Although most of the developments are Association in nature, very important health issues are out there!

As I traveled to Minot the second week in December, I thought I would contact Doyle and Chipper to visit and catch-up on the Minot news---the flooding and effects on our coaches. Doyle informed me that Chipper had a heart attack in early September and needed heart surgery. I reprimanded Doyle for not keeping me and NDHSCA informed---I know that there are a lot of people out there who want to know about that.

Chipper's home was in the critical "below the levee" area and had water up to the gutters. He is still waiting for information regarding "buyout" etc. In the meantime, he has moved to Arizona, at least for the winter, and he grandpa & grandma will spend Christmas in Seattle with his daughter's family. However, with his dilemma, he still can hit the golf ball! And that is good!

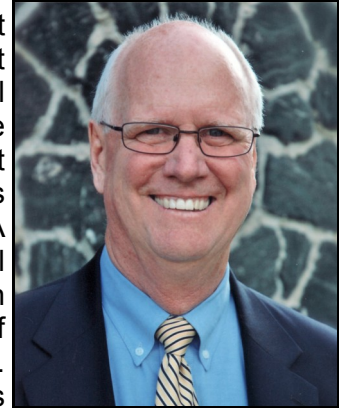
Randy Johnson has been extremely busy the past two months. His basketball team has been outstanding with an 8-0 record; but from an NDHSCA perspective, what he does for our Association is even greater leadership. Most of you know that he sends an e-mail to every member soliciting membership for every coach is that member's school.

Now he had begun a new task and sends a solicitation for membership to the head coach of every sport through the MVP mailing. He and I are ecstatic with responses from non-members when they confirm that the e-mail reminder was what was needed to urge sending the membership registration. As of January first, we have 1040 members. Wow! Maybe one day soon, we will still reach that 1500 mark! Thank you Randy!

Early this week Lorell Jungling sent a message that NDHSCA Past President Jonathan Bertsch lost his stepson to an ATV accident. Our NDHSCA Fraternity grieves the loss and we hope all our members take time to share their sympathy with Jon and Gretchen.

Mike Berg informed me that the 2012 NDHSCA – Shrine All-Star Bowl will be played in Fargo on July 14th at 4:00 pm (11-man) and 7:00 pm (9-man). Teams

will report on July 9th. East teams will practice at UND and West teams will practice at NDSU. Since the Fargodome is not available for the games (because of the USA Wrestling), the games will be played at Shanley High School where artificial turf and seating for over 1500. Shanley also has lights and that was the factor that finalized the decision.



Gelaine Orvik

Today the *Herald* carried a story that Randy Vigen has resigned his varsity football position at Central Valley (Buxton) HS. He will remain as athletic director. However, the school will not field a varsity football team next year. That situation prompted Randy's action. We will all miss Randy as the head football coach, but hope he cherishes his retirement as others do!

The 2012 NDHSCA Coaches Convention/NHSACA Annual Meeting is quickly taking shape. We thought that we had confirmed Dale Brown, former LSU basketball coach and North Dakota native, as a General Session speaker and basketball session presenter for the NHSACA segment of the week. However, we are having difficulty nitrating the necessary details for a successful homecoming for Dale. We may miss Dale's presence.

John Hutchison scared the dickens (normally, I use another noun) out of me when he called me from Altru surgery informing me that he had just had stints placed into his heart to avoid a cardiac arrest. He was running in the morning - - like he always does, when he said he did not feel "just right". When he got home and showered he told Lonny that he did not feel "just right". She took him to the Northwood ER and they immediately sent him to Grand Forks for surgery. But he was on the phone with me by afternoon. He was also at the UND Hockey games that weekend. And the next week, he was painting a friend's living room. Oh, well, *you just can't keep a good man down.*

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As of January first, we have

1040 members.

WOW!

Thank you Randy!

From Your Executive Secretary (continued from page 4)

Dr. Swiontek, NDHSAA Board President, called a meeting of the Coaches Education Committee. Those present agreed that we would move forward to implement the program as expeditiously as possible. The committee had audience with three coaching mentors from NDSU, VCSU and Mayville State University. They concurred that we need to establish levels to prepare coaches for the profession. The higher education personnel agreed that they would implement the elements that we are requiring for a coaching permit. The committee will meet again next month to confirm the final requirements and process for the permits to be activated.

Over the past two months a great deal has been written, proclaimed and expressed regarding the actions of Coach Sandusky, formerly from Penn State University. In another *Dakota Coach* story, Grant Teaff, American Football Coaches Association Executive Director, wrote a superlative article on the topic. Every coach needs to read that article and implement a self-evaluation regarding the role of the

coach with students. At no time should a coach allow a decision of the variety that Sandusky allegedly has committed to destroy the stature of every coach in the nation. The coaching profession deserves better! The coaching profession demands better! I am offended to have the coaching profession tarnished by the actions of the very few. I view all coaches in the perspective of the Marines' motto, ***The few; The proud; the Coach!***

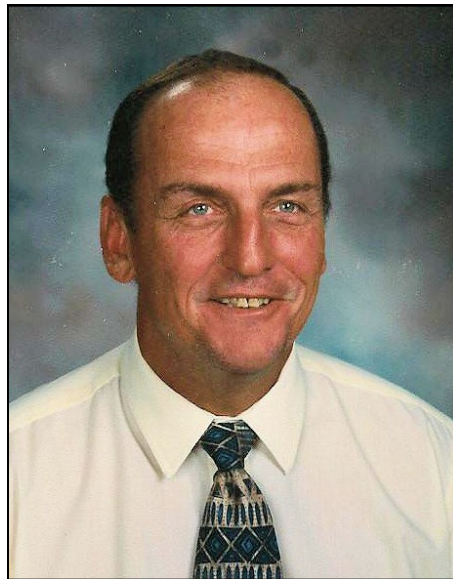
Begin planning for the NHSACA Annual Meeting/ NDHSCA Coaches Convention in Fargo on July 21st- July 27th! We are planning and expecting an unparalleled week! A vital part of registration: All NDHSCA coaches will register only with NDHSCA. However, if you want to attend NHSACA meal functions, register for those functions on the NHSACA registration form, **BUT** send all registration to NDHSCA (even NHSACA meal functions). See form on page 20.

Keep informed as the Convention Week develops; see NDHSCA website. We will update the speakers as often as possible. Check your website! ◇

NDHSCA Vice President Candidates 2012 - See story on page 12



Paul Lean



Mike Kuhn



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2012 NDHSCA Hall of Fame (continued from page 1)

Darrell Anderson is a graduate of Bismarck High School and NDSU. He has lived his entire life in Bismarck, North Dakota. He has served Bismarck High School as Boys' Track & Field Coach since 1989 and Boys' Cross-Country Coach since 1980. He was also head Girls' Cross-Country Coach from 1980-1990.

His 31 years in the coaching profession has been highlighted by championships:

- 14 Boys' Cross-Country Conference Titles
- 13 Boys' Cross-Country Conference Titles
- 4 Girls' Cross-Country Conference Titles
- 14 Boys' Track & Field Region Titles
- 13 Boys' Track & Field Region Titles
- 4 Girls' Cross-Country Region Titles
- 14 Boys' Track & Field Region Titles
- 13 Boys' Track & Field Region Titles
- 4 Boys' Track & Field State Runner up Titles
- 3 Boys' Cross-Country Runnerup Titles
- 2 Girls' Cross-Country Runnerup Titles
- 10 Boys' Track & Field Championships
- 9 Boys' Cross-Country Championships
- 4 Girls' Cross-Country Championships

Since the nomination for this award, Coach Anderson's Boys' Cross-Country team won another Conference, Region and State Title. The 2011 Demons had a team score of 17 in the State Meet (that is only 2 points from being a perfect score).



Anderson

Coach Anderson has guided his teams to victories over 205 teams in Boys' Cross-Country dual/triangular meets while his Demon teams defeated 2660 teams in multi-team meets. His Girls' Cross-Country teams defeated 70 teams in dual/triangular meets while defeating 853 teams in multi-team meets. Darrell mentored his Boys' Track & Field teams to defeat 228 teams in dual/triangular meets; the Demons also defeated 2225 teams in 183 Boys' Track & Field multi-team meets.

Darrell has served as a NDHSCA Track & Field Advisory Committee Member. He has also been very ready to share with his profession by serving as a clinician at the NDHSCA Coaches Convention and the NHSACA Coaches Convention. He was Finance Chairman for NDHSCA when the Association hosted the 1991 NHSACA National Convention.

Anderson has been awarded 16 NDHSCA Coach of the Year Awards (2 in Girls' Cross-Country, 5 in Boys' Cross-Country and 9 in Boys' Track & Field). He was also recognized as North Dakota Associated Press Sportswriters & Sportscasters High School Male Coach of the Year in 2010. Darrell has been National High School Athletic Coaches Association National Coach of the Year Finalist twice in Boys' Track & Field and twice in Boys' Cross-Country.

Darrell and his wife, Carol, have two children: Calvin and Britta. **Coach Anderson** was nominated for the NDHSCA Hall of Fame by Gary Schauer.

Ed Lockwood is a 42 year veteran in the high school coaching and athletic profession and a NDHSCA Life Member. He is a graduate of Bowbells High School and Minot State University. He earned his Master's Degree at Northern State (SD) University. He coached football, track & field, and gymnastics at Berthold High School from 1970-1977; he then coached football and track & field at Mohall High School from 1977-1987. Lockwood was athletic director at Mohall, Underwood and Williston before assuming those duties with the Fargo Public Schools since 1991.



Lockwood

Lockwood's football teams at Berthold and Mohall won three Conference Championships (1972, 1974 & 1975), four Region Runnerup Titles (1972, 1973, 1976 & 1980); four Region Championships (1974, 1975, 1979 and 1984); and one NDHSAA State Runnerup Title (1975). His gymnastics teams won Region Runnerup Titles (1975 and 1976) and a Region Championship (1977). Ed's Boys' Boys' track & field teams won ten Conference Titles (1972, 1973, 1975, 1976, 1978, 1979, 1980, 1983, 1985 and 1986); five Region Runnerup Titles (1972, 1975, 1978, 1983 and 1985); and five Regional Championships (1973, 1976, 1979, 1980 and 1986). Coach Lockwood's Girls' track & field teams three Conference Championships (1982, 1985 and 1986). His football teams had 97 victories and his gymnastics teams won 22 meets while his track & field teams won 56 meets.

Mr. Lockwood served his profession primarily through his roles with the North Dakota Interscholastic Athletic Administrators' Association.

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He was Awards chair for 11 years. He began service on the NDIAAAA Board of Directors in 1994 and still retains that position. He was NDIAAAA President (1997-1999) and NDIAAAA Professional Development Chair (1999-2010). Ed has served as NDIAAAA Executive Director since 2010. He served on the NDHSAA Board of Directors 2003-2006. He was Board President (2005-2006). Lockwood served the NIAAAA as National Standing Committee (1997-2000), National Strategic Planning Committee (2003-2004), National Board of Directors (2004-2006), National Certification Committee Vice-Chair (2006-present) and National Faculty Member for Leadership Courses (2000-present). He has been a member of the Metro Tournament Committee since 1991 and has served as Metro Tournament Committee Chair since 1993.

Ed was recognized as Outstanding Young Educator in 1976 by Berthold Jaycees. He was selected as NDIAAAA Class B Region 6 Athletic Director of the Year in 1984, 1987 and 1989. NDIAAAA/NDHSCA named him Class A Athletic Director of the Year in 1994. In 1996 NDHSCA awarded him its Award of Merit. The Fargo-Moorhead CVB named him as its Heartland Award Recipient in 1998. Lockwood was named National Athletic Director of the Year by NHSACA in 2001. He received the NIAAAA Distinguished Service Award in 2003 and the NIAAAA/NDIAAAA State Award of Merit in 2005. In 2005 the NIAAAA and NFHS awarded him the National Citation. Ed was inducted into the NIAAAA Hall of Fame in 2007 and received the Fargo-Moorhead CVB to Community Service Award in 2007.

Ed and Terri have three children in their blended family: Shane, Anne and Andrew. Lockwood was nominated for the NDHSCA Hall of Fame by the NDHSCA Executive Secretary.

Ralph Manley joins his father, Tom, as the first father-son inductee pair in the NDHSCA Hall of Fame. The Late Tom Manley was inducted into the NDHSCA Hall of Fame in 1986. Ralph is a graduate of Fargo South High School and NDSU. He and his wife, Colleen, have three children: Rachel, Curt and Breanna.

Manley has served his profession as a NDHSAA Swimming & Diving Advisory Committee Member for 25 years. He was elected to the NDHSCA Executive Committee in 2010 and presently serves as NDHSCA President-Elect. He has been a member of the NHSACA Board of Directors as National Swimming & Diving Chair since 2005 (6 years).



Manley

Coach Manley began his coaching tenure at Fargo South High School as an Assistant Boys' Swimming & Diving Coach in 1978 where he continued his role until becoming head Boys' Swimming & Diving Coach in 1984. In 1986 he moved to Mandan High School as Head Boys' Swimming & Diving Coach and Assistant Girls' Swimming & Diving Coach. He retained those responsibilities until 1993

when he added the Head Girls' Swimming & Diving Coach to his present duties.

Ralph's Girls' Swimming & Diving coaching record is 145-54 in dual meets and 84-44 in multi-team meets (using the NDHSCA %age formula). His record is 795-285 using the record of a victory for each team defeated in a multi-team meet and a loss for each team that defeated Mandan is a multi-team meet. He has a 73.6% winning percentage in Girls' Swimming and Diving. As a head coach, Manley's teams have earned a WDA Runnerup title six times (1997, 1998, 1999, 2000, 2001 and 2002). The Mandan Braves also won State Championships four times (1999, 2000, 2001 and 2002) and two State Runnerup Titles (1997 and 1998). Coach Manley also assisted with the Braves for four State Championships (1989, 1990, 1991 and 1992, as well as three State Runnerup Titles (1986, 1987 and 1988).

Ralph's coaching record in Boys' Swimming & Diving is 188-95 in dual meets and 118-62 in multi-team meets (using the NDHSCA %age formula). His record Boys' Swimming & Diving is 827-303 using the record of a victory for each team defeated in a multi-team meet and a loss for each team that defeated Mandan is a multi-team meet. He has a 71.8% winning percentage in Boys' Swimming and Diving. As a head Boys' Swimming & Diving coach, Manley's teams have earned 14 WDA Runnerup Titles and three WDA Championships (1995, 1996 and 1997). The Mandan Braves also won three State Championships in Boys' Swimming & Diving (1995, 1997 and 1998) and two State Runnerup Titles (2000 and 2009).

Manley has been named Conference (Regional) Coach of the Year in Boys' Swimming & Diving in 1986, 1990, 1992, 1993, 2001 and 2001. He also has been named Conference (Regional) Coach of

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2012 NDHSCA Hall of Fame (continued from page 7)

the Year in Girls' Swimming & Diving in 1997, 2001 and 2004. He was named NDHSCA Girls' Swimming & Diving State Coach of the Year in 1997 and Boys' Swimming & Diving State Coach of the Year in 1994 and 2002.

Ralph was nominee for NFHS State and Region National Coach of the Year as preliminary for Midwest Sectional National Coach of the Year Finalist in 2003 and 2007. He was nominee for NHSACA State and Region 6 National Coach of the Year as preliminary to NHSACA National Coach of the Year Finalist in 1999, 2002, 2005, 2008 and 2011. He was also named NHSACA Boys' Swimming & Diving National Coach of the Year in 2011.

Coach Manley was nominated for the NDHSCA Hall of Fame by the NDHSCA Executive Secretary.



McCleary

Barry McCleary is a graduate of Warsaw Community (KS) HS and North Dakota State University. He has always coached at Napoleon HS. His tenure includes coaching Girls' Cross-Country and Girls' Track & Field. He has coached football as a head coach and as an assistant coach since 1983. He was an assistant Wrestling coach for five years before becoming the

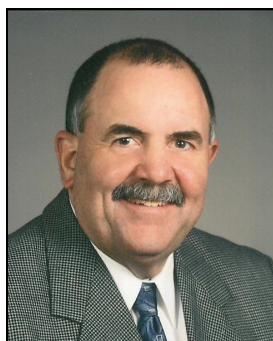
head coach in 1985. He retired from coaching in the spring of 2011.

Barry led Napoleon to conference titles for 11 consecutive years (1981-1991). His Imperials' Girls' Track & Field teams were Regional Runner up Titlists in 1983, 1985, 1986, 1990 and 1991. They also won the Regional Championships in 1982, 1984, 1987, 1988 and 1989. McCleary's Cross-Country teams won Regional Titles for four consecutive years beginning in 1982 and won State Runner up Titles in 1982 and 1984. Napoleon has been dominating in Class B Wrestling for the past 30 years. They have won 13 Regional Titles (1980, 1981, 1982, 1985, 1989, 1990, 1997, 2002, 2003, 2004, 2005, 2006 and 2007) ---13 in 30 years. Napoleon has won 12 State Championships in that time span as well as six consecutive State Dual Meet Championships beginning in 2002. The McCleary has established a 448-85 won-loss record for a winning percentage of 84.1%.

Coach McCleary has been the local FCA Huddle Advisor since 1996. He served as AAU State Director for 13 years (1992-2004). He was also NDHSCA Regional Wrestling Representative to NDHSAA for four terms. Barry has also been an often requested NDHSCA Convention Clinician. He also served NDHSCA as Regional Track & Field Representative for eight years. He was a clinician at the 2005 and 2008 NHSACA Annual Meeting.

McCleary was NHSACA Wrestling National Coach of the Year Finalist in 2005 and 2008. His 2005 and 2007 Wrestling teams were named North Dakota High School Male Team of the Year by the North Dakota Associated Press Sportscasters and Sportscasters. The same organization also named Barry as High School Male Coach of the Year in 2007. He was named NDHSCA Wrestling State Coach of the Year in 1989 and 2005. He was named NDHSCA Region Coach of the Year on nine occasions. Barry was also NDHSCA Girls' Track & Field State Coach of the Year in 1985 and NDHSCA Girls' Track & Field Region Coach of the Year six times. FCA named Barry as recipient of the most significant FCA Award, the Walt Sherman Award. Barry was also the Class B All-Star Coach for the North Dakota Team in 2005 and 2006. He also was the North Dakota AAU Team Disney Duals All Star Meet in 2005, 2006 and 2008.

Barry and his Wife, Brenda, have five children: Kyle, Kelly, Keith, Kevin and Kriss. He was nominated for the NDHSCA Hall of Fame by NDHSCA Executive Secretary, Gelaine Orvik.



Zimney

Bob Zimney is a graduate of Grandin High School and Mayville State University. He began his profession in 1974 at Bottineau High School coaching football, basketball and track & field. He continued as assistant Football Coach and head Track & Field Coach at Grand Forks Red River High School where he retains those same positions.

Zimney's Roughriders have among the most successful year-after-year in the state. The Riders have won 14 Track & Field Region Runner up Titles together with seven Region Championships. Bob led

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his team to Track & Field State Runner up Titles (three times) and State Championships (twice). Using the NHSACA record process of determining the number of teams defeated in meets and number of teams defeating Red River HS, Zimney's record is 3020-647 (winning percentage of 82.4% of the teams in meets). Using the NDHSCA Victory Milestone determination for season record, Bob has amassed a 372-86 record (a winning percentage of 77.7% of the meets in a season). The overall record for Red River HS football teams that Bob has worked with as a varsity assistant football coach for 31 years is 146-136-1. Two Red River HS football teams were State Runner up Champions (1982 and 1987). Red River boys' Track & Field athletes currently hold four North Dakota Class A State Meet Records: Javelin, Triple Jump, 110 Hurdles and 300 Hurdles).

Bob has been a member of the NDHSCA Track & Field Advisory Committee on four occasions; he is presently a member of the Committee. He was elected

to the NDHSCA Executive Committee in 1993 for a term of five years. Zim was NDHSCA President for the Association (1993-1994). Bob officiated boys' and girls' high school basketball for 30 years (1974-2003).

Coach Zimney's coaching peers have selected him to be NDHSCA East Region on 15 occasions. He served as North Dakota Class A Boys' Track & Field All-Star Assistant Coach in 1982 and Head Coach in 1983. He was selected as NDHSCA Class A Boys' Track & Field Coach of the Year in 1983, 1988, 1992 and 2009. NDHSCA nominated Zimney for the NHSACA National Boys' Track & Field Coach of the Year in 1999, 2004, 2007 and 2010; he was also selected as NHSACA National Boys' Track & Field Coach of the Year Finalist in each of those years.

Bob and his wife, Nancy, have three children: Joni, Jeremy and Jeff. Bob was nominated for the NDHSCA Hall of Fame Award by NDHSCA Executive Secretary, Gelaine Orvik. ◇

NHSACA Hall of Fame Inductees (continued from page 1)



Lyon

Jerry Lyon coached at Minot High School for 33 seasons of boys' tennis and 32 seasons of girls' tennis as a head coach. Over those 65 seasons, Minot High School Tennis amassed a total of 778 wins and 221 losses in dual matches. Minot High School Tennis has combined for 26 WDA Team Championships, 28 West Region Team Championships, 13 State Runners-up Team Titles and eight State

Championships.

His team finished in the Final Four in WDA 57 times, West Region 57 times and State Tournament 35 times. Coach Lyon has coached 200 WDA All-Conference athletes, 60 NDHSCA All-State athletes and three All-Americans.

Jerry was named NDHSCA State Tennis Coach of the Year six times. He was NHSACA National Coach of the Year Finalist four times. In 1998 Coach Lyon was named NHSACA National Tennis Coach of the Year.

Lyon was inducted into the North Dakota High School Coaches Association Hall of Fame in 2002.

Coach Lyon declares "Despite all the wins and accolades, the most important of all was the safe delivery home of all his athletes during an estimated 130,000 miles as the bus driver."

Jerry is married to Donna. He operates an anglers' guide service at Sacajawea. I speak from personal experience that he is an outstanding guide.



Sherbrooke

Curt Sherbrooke graduated from Audubon (MN) High School in 1973 and attended Moorhead State University in Moorhead, Minnesota, graduating with his degree in 1977. He spent three years as head coach of girls' gymnastics, girls' volleyball and boys' track & field at Hawley (MN) High School.

Continued on page 10

NDHSCA By-Laws Change

At the November NDHSCA Executive Committee meeting, discussion was held about the possibility of the NDHSCA offering a Student Associate Membership to the organization. Gelaine Orvik shared the conversation and activity that he had shared with Bradford Strand from NDSU who has a class on Introduction to Coaching and the desire of the instructors (himself and Dr. Joe Deutsch) to introduce the students to professionalism and Professional Organizations. The first organizations for Professionalism are NDHSCA and NDAPHER.

President Gregg Grinsteinner directed Randy Johnson to send out an e-mail asking the membership to vote on a By-Law change. The change was to add a section for the Student Associate Membership. Randy was also directed to tally the vote and send the results to President Grinsteinner for announcement of the outcome. After the E-mail balloting returns were counted, the assessment and ballots were sent to President Grinsteinner who declared the results of the voting:

"With over 98% of our membership (those who returned votes) voting in favor of a change to our By-Laws regarding a student-membership in the NDHSCA, I'm directing you (Randy Johnson) to inform the entire membership that we will make the change to our By-Laws.

"This vote shows the importance that the membership takes in bringing young and interested coaches into the association. Please send this email to all who are members in the NDHSCA. Thanks and have a great day!

Gregg Grinsteinner
President, NDHSCA

Gelaine Orvik, NDHSCA Executive Secretary, met with the NDHSAA Coaches Education Committee and had three Higher Education representatives in attendance. They were informed of the inclusion of topics for the Coaches Permit. All three representatives confirmed that they would add the topics to their curriculum as part of a special offering (academic conversation that results in inclusion because they are not adding a class - - - I think). Gelaine also informed those present that he would ask for an audience in each college/university coaching class to explain the benefits-aspects of Professionalism and being a member of NDHSCA; he would also explain the offering of the NDHSCA Student-Associate Membership.

- Gelaine Orvik

NHSACA Hall of Fame Inductees

(continued from page 9)

He moved on as an assistant girls' gymnastics coach at Fargo South High School before moving on to Bismarck where he has coached girls' gymnastics at Bismarck High School and Century High School for the past 30 years.

Curt's Bismarck teams finished as state champions seven times during his 30 year tenure. He has coached 23 gymnasts to 82 individual conference championships and 15 gymnasts to 59 individual state championships. He also had four gymnasts named National Champions by the National High School Gymnastics Coaches Association. Curt's gymnastics peers have chosen him as NDHSCA State Gymnastics Coach of the Year nine times and he was named NHSACA National Coach of the Year in 2001 for Special Sports. Curt Sherbrooke was inducted into the NDHSCA Coaches Hall of Fame in 2008.

Jerry Lyon and Curt Sherbrooke become the 31st and 32nd NDHSCA coaches presented by the state Association for induction into the NHSACA National Hall of Fame. ◇

***THE NHSACA
HALL OF FAME AWARDS
WILL BE PRESENTED AT A
NOON LUNCHEON ON
TUESDAY, JULY 24TH, 2012
AT THE NHSACA
NATIONAL ANNUAL
MEETING AT THE HOLIDAY
INN CONFERENCE CENTER
IN FARGO, NORTH DAKOTA.***

AFCA Regarding Penn State University

Grant Teaff, American Football Coaches Executive Director issued the following statement regarding the recent events at Penn State University involving Jerry Sandusky:

The Allegations in the Grand Jury report regarding the recent events at Penn State University involving Jerry Sandusky are deeply disturbing and reprehensible. The American Football Coaches Association, Board of Trustees, membership and staff send our compassion and prayers to all affected by this tragedy.

The deplorable actions alleged in the Grand Jury report should not denigrate the life's work and reputations of thousands of football coaches across America at all levels who are passionate about teaching moral and ethical values. Consistent with this passion, the Grand Jury report makes it clear that as coaches/teachers, we must always play a major role in helping protect our children from any inappropriate behavior toward them.

The American Football Coaches association and its members remain committed to maintaining the highest level of integrity both on and off the field of play.

Johnny Tusa, AFCA High School Membership Development, sent the message to all State Coaches' Associations Executive Secretaries in hope that every Association understands where AFCA stands on this issue.

AFCA initiated a nationwide effort to involve high school football coaches in a more visible manner. AFCA has expanded the high school football coaches program and sessions at the Annual Coaches Convention, held each year the first full week of January.

◇

I Wish I Had Done More

Joe Ehrmann, President, Coach for America

The reflective and regretful six words uttered by Penn State Coach Joe Paterno, "I wish I had done more," could very well summarize what each of the men indicted or fired at Penn State must be feeling for their role in not stopping a predatory coach from sexually victimizing young boys. Arguably, each of these men is a "good man." But that's part of the problem – it's not enough to just be a "good man" – you have to engage in what is around you and become a man of action. An involved man's voice and actions are in alignment with his moral and ethical beliefs. Moral courage enables us to stand up for what is right even if it means standing alone or risking rejection or negative consequences. But as Edmund Burke stated, and the shameful inactions at Penn State illustrate, "all it takes for the triumph of evil is for good men to do nothing." Evil prevailed at PSU due to an extremes lapse in moral courage. What keeps us from being conscious and courageous enough to protect the hearts, souls and bodies of children? How could it be that for over fifteen years, at least nine boys were sexually abused?

I want to suggest three steps to demand accountability for the safety and protection of every child everywhere and to help good men and women become involved persons of action in the war against child abuse. My hope is that by implementing these steps, adults will become better protectors of those who cannot protect themselves. May we stay ever mindful of Joe Paterno's parting words, "I wish I had done more."

Step 1) Teach, model, nurture and develop moral courage

As I write in Chapter 6 of *InSideOut Coaching: How Sports Can Transform Lives*, moral courage is what sustains the basic freedoms and responsibilities of life in community; we belong to each other; we need each other; we affect each other. What is painfully missing in this horrific story at Penn State

Continued on page 14



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2012 NDHSCA Vice-Presidential Candidates

The North Dakota High School Coaches Association's Executive Committee has made nominations for balloting for the Association's Vice President.

The balloting will be conducted at the Annual Coaches Convention that will be held in Fargo at the Holiday Inn, July 24th through July 27th.

This year's Annual Convention will be held concurrently with the NHSACA National Annual Meeting, scheduled for July 21st through July 25th.

The two candidates will be **Mike Kuhn**, who is presently head girls' track & field coach at Mandan High School. The second candidate is **Paul Lean**, who serves as assistant boys' cross-country coach and head boys' track & field coach at Fargo Davies High School.



Paul Lean is a graduate of Fargo South High School, with his undergraduate degree from North Dakota State University. He also earned his graduate degree from NDSU in 2009. He has taught and coached at Connell Middle School in San Antonio, TX; at New Rockford High School; at Fargo Discovery Junior High School and at Fargo South High School.

Mike Kuhn is a graduate of Hebron High School (1971) and Jamestown College (1979). He is presently in his 33rd year of teaching and coaching at Mandan High School, his only teaching and coaching position.

Kuhn's coaching record in girls' track & field 309 meet victories in 411 meets. He has also served as assistant football coach at Mandan High School (1979-1995). The Mandan Braves have won girls' track and field state championships in 1985 and 2002.

Coach Kuhn has provided professional service as a member of the NDHSCA Track & Field Advisory Committee to NDHSAA for two terms (1990-1993 and 2005-2009). He has been a clinician for the NDHSCA Coaches Convention on several occasions as well as for the NDSU Track & Field Coaches Clinic and the NHSACA National Annual Meeting.

Mike has been honored as girls' track & field Regional Coach of the Year 13 times. He has been selected NDHSCA Class A Girls' Track & Field State Coach of the Year recipient 11 times. The North Dakota Associated Press Sportswriters & Sportscasters honored Mike with its High School Girls' Team Coach of the Year honor in 1985. Kuhn has been honored as NHSACA National Coach of the Year Finalist four times. He was inducted into the NDHSCA Hall of Fame in 2008; he was inducted into the NHSACA National Hall of Fame in 2010.

Lorell Jungling, Mandan High School Activities Director, endorses Coach Kuhn as a Vice Presidential candidate for NDHSCA.

Mike and his wife, Jane, have two children (Christopher and Sarah) and three grandchildren (Brayden, Kenzie and Nora).

Paul Lean is a graduate of Fargo South High School, with his undergraduate degree from North Dakota State University. He also earned his graduate degree from NDSU in 2009. He has taught and coached at Connell Middle School in San Antonio, TX; at New Rockford High School; at Fargo Discovery Junior High School and at Fargo South High School. He is presently teaching and coaching at Fargo Davies High School. He has coached volleyball, girls' basketball, soccer, tennis, boys' cross-country and boys' track & field. His present position is assistant boys' cross-country and head boys' track & field coach.

As a head coach, **Coach Lean** has coached his boys' track & field teams to 123 victories in 154 meets. He has led his boys' cross-country teams to 13 victories in 27 meets. Paul has been named East Region Boys' Track & Field Coach of the Year twice and NDHSCA State Boys' Track & Field Coach of the Year in 2003.

Lean has coached his boys' track & field teams to state championships twice (2000 as an assistant coach and 2003 as a head coach). He has served his profession as a member of the NDHSCA Track & Field Advisory Committee to NDHSAA, twice. Paul has been a member of the Fargo Public Schools' Coaches Council. He was selected as the San Antonio Independent School District "New Teacher of the Year" in 1992. He was also North Dakota Special Olympics Track & Field Meet Starter in 2009, 2010 & 2011.

Paul has been endorsed as a candidate for NDHSCA Vice President by Fargo Davies High School Principal, Jeff Schatz. Paul and his wife, Teri, have three children: Sadie, Noah and Ingrid.

◇

Coaching Longevity

The **2012** list for **Coaching Longevity** is printed below. I will contact all candidates on the list in the spring. If there is no reply, I will assume you are not interested in receiving a longevity plaque. The NDHSCA will not mail these plaques out. Please make arrangements to have these plaques picked up and returned to you if you are not able to attend the Convention this summer in Fargo. Individuals will be honored at the 2012 North Dakota High School Coaches Association Summer Convention to be held in conjunction with the National High School Athletic Coaches Association National Convention at the Fargo Holiday Inn from July 21, 2012 through July 27, 2012. Please check the list to see if the years are correct. Please inform me as soon as possible if there is a problem with the list. My home phone is 748-5634, please leave a message. My e-mail address is duck@westriv.com. You may contact me either way.

20 years

Michael Babinski; Oberon HS	Lee Beattie; North Border HS
Michelle Cremers; Grand Forks Red River HS	Deb Goven; Rugby HS
Tom Gray; Dickinson HS	Bobby Hoffner; Maddock HS
Steve Kleinjan; New Salem HS	Kelly Kussy; Dickinson Hagen JHS
Todd Larson; Minot Erik Ramstad MS	Scott Medalen; Minot Bishop Ryan HS
Chuck Michaelson; Williston HS	Seth Peterson; Williston HS
Rick Phillion; Hazen HS	Kent Ripplinger; Grand Forks Red River HS
Elliot Rotvold; Hillsboro HS	Tyler Schlecht; Enderlin HS
Jason Schwarz; Kenmare HS	Mike Soulis; Jamestown HS
Kathy Warren; Oakes HS	David Weiler; Fargo South HS
Lowell Workin; Richland HS	

25 Years

Curtis Askvig; Surrey HS	Bob Brown; Divide County HS
Terry Buringrud; Sargent Central HS	Gerard Cederstrom; Minot HS
Nancy Deutsch; Watford City HS	Danny Dougherty; Fargo South HS
Brian Engelhard; Valley City HS	Loy Ham; Beulah HS
Joe Harder; Lakota HS	Dean Hasbarger; Fargo South HS
Scott Hoffman; Dickinson Hagen JHS	Donald Johnson; Fargo Shanley HS
Randy Johnson; Hazen HS	Greg Jung; Dickinson HS
Kevin Kerr; Mandan HS	Todd Kosel; Edgeley HS
Lyll Krueger; Surrey HS	Paul Kvislen; Kindred HS
E. Brent Lundgren; West Fargo HS	Mark McLean; Hillsboro HS
Carolyn Olson; Grand Forks Red River HS	Jeff Ralph; Wahpeton HS
Greg Yale; Beulah HS	John Zenz; Watford City HS

30 Years

Gary Ballard; Bowman HS	Ron Benson; Mott HS
Randy Bilden; Enderlin HS	Rodney Breitbach; Bismarck Century HS
Jeff Carpenter; North Border HS	Janet Erhardt; Center-Stanton HS
Mark Frost; Finley-Sharon-Hope-Page HS	Gregg Grinsteiner; Dickinson Trinity HS
Cindy Hanson; Killdeer HS	Randy Hanson; Washburn HS
Thomas Johnson; Mandan HS	Craig Kovash; Dickinson Trinity HS
Steve Long; Mandan HS	Patty Skarphol; Tioga HS
William Uscensky; Minot HS	

35 Years

Timothy Delmore; Grand Forks Red River HS	Derrick Dixon; Turtle Mountain Community HS
Marvin Jemtrud; Larimore HS	Humberto Rodriguez; Fargo North HS

40 Years

Gary Walhaug; Surrey HS

45 Years

Fred Fridley; Watford City HS	John Hutchison; Northwood-Hatton HS
Gary Mailloux; Fargo North HS	

I Wish I Had Done More (Continued from page 11)

is the lack of moral courage displayed by men who spent a lifetime in education, leadership, sports, coaching and working with young people. Courage can be divided into two types: physical and moral. Of the two however, physical courage is the more recognized virtue in the world of sports. Coaches talk about physical courage, encourage it, and hold up examples to the team often in the context of fighting through injuries, rehabilitation, and pain. There is far too little emphasis, teaching, modeling, nurturing and developing of moral courage.

Since moral courage can be likened to a muscle; it can be strengthened and developed through training and proper nourishment. I challenge each coach, teacher, parent, administrator, and all of us, to seize this unfolding story of PSU as an opportunity to evaluate the strength of our own moral courage and start integrating practical skills that build and strengthen these muscles to act in the face of injustice into your daily conversations, lesson plans and practices. Every day young people are tempted to break moral codes over a missing homework assignment, engage in gossip, and boast about some sexual proclivity of themselves or others.

Think of the myriad of other academic, peer or social pressures on young people to conform to self-preservation at the expense of their own moral well-being. This is an opportunity to engage young people in an age appropriate discussion of moral courage and the devastating results when the muscles of moral courage are atrophied and impotent. It is time for every individual and institution to take responsibility for the development of moral courage. Institutions leaders cannot build moral courage into others when the strength of that leader's courage is weakened. How an institution holds its adults accountable for the growth and protection of our children should be a measure of its own moral courage, not what is politically safe. If we are taking responsibility for our young people, let's have the moral courage to back it up so the next time a crisis occurs none of us will ever have to say, "I wish I had done more."

Step 2) Create policy, procedures and accountability to protect children

We must demand the highest standards of accountability at every level individually and institutionally. Coaches by the very nature of their power, platform and position in the lives of young people must be screened and educated to prevent, recognize and react responsibly to threats of child abuse and then held accountable to enact them. In fact, every Institution should have policy, training and accountability built into its culture to protect children under its care. However, we are, or should be, painfully aware of the institutional self-protection and denial of the church and other institutions that allow predators to abuse young bodies and souls. Each day, we are reminded of the long list of institutions over the course of history that preferred to protect themselves rather than protecting children. This institutional self-preservation has historically permitted pedophiles, molesters and abusers the access and sanctuary to destroy the hearts, minds and souls of millions of children. When there are no guidelines or protective procedures, teams and leagues literally open the door for abusers. And in our ever expanding competitive youth sports universe, there are too many schools, leagues, teams and programs that have failed to place protective barriers around our children.

Every youth sports program should have policies, training and sexual abuse awareness in place for players, parents, coaches and administrators. If they don't—demand it. It is not enough to say you have a policy. If coaches and volunteers don't know the policy or are not held accountable to its rules, then it is just a set of words on paper. Every principal, board member, athletic director, coach and parent should demand these protective procedures are in place and being practiced. Don't be afraid to speak up and find out what protective procedures are in place. "I wish I had done more," never needs be a final statement since, "we always can do more."

Continued on page 15



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I Wish I Had Done More (Continued from page 14)

Step 3) Act morally courageous and responsible to prevent child sexual abuse

As a nation we seem to be paralyzed by beliefs and feelings around the subject of child sexual abuse. It appears too shameful, uncomfortable or impolite to talk about personally or publically. I know as a survivor of child sexual abuse since I carried a shame that silenced me for almost 50 years before revealing my abuse in *InSideOut Coaching*. Since the book was released in August, I've been amazed at how many people have emailed, called or approached me to share their own stories of abuse or the abuse of loved ones. Adult retrospective studies by the Centers for Disease Control and Prevention show that 1 in 4 women and 1 in 6 men were sexually abused before the age of 18. This means there are more than 42 million adult survivors of child sexual abuse in the U.S. Too many of us are silent because we have not sought the help needed to overcome the social stigma attached to sexual abuse. I know for me and this part of my life journey I will continue to find my voice and stand up, show up and speak out in hopes of preventing another tragic story of failed moral courage and human responsibility.

As Dr. Martin Luther King, Jr. said, "The ultimate measure of man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy." In the face of this tragedy, and in prevention of future crimes against children, I think each of us should ask what we can do to help prevent child sexual abuse so we never have to hear ourselves lament, "I wish I had done more!"

As I emphasize in *InSideOut Coaching*, the defining, developing, and demonstrating moral courage must be woven into the fabric of coaching, teaching, parenting, and leading youth. At Coach For America, we believe that sports is a dynamic arena in which moral courage is and can be demonstrated every day. This is what we are striving for and in that striving will come the end of many of our social ills and the regretful response, "I wish I had done more."

Joe Ehrmann
President, Coach for America
Former Baltimore Colt

"The ultimate measure of man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."

Dr. Martin Luther King, Jr.

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The North Dakota High School Coaches Association has decided to provide a “**Gelaine Orvik Scholarship.**” The idea of this scholarship was brought to the NDHSCA Executive Board at the 2008 State Convention by Joe Howell. Gelaine Orvik is known as the Executive Secretary of the NDHSCA. He has also held this position on the National level. Gelaine has touched thousands of lives through his tireless effort and enthusiasm not only for we the coaches, but more importantly for student athletes. He is an outstanding role model, mentor, coach, teacher, person, and friend.

This scholarship will commemorate what Mr. Orvik has long stood for, helping students through scholarship. We would like to establish this fund so it will last a long time. In order to do this we are asking for donations. Any donation, no matter how big or small will assist us in accomplishing this goal.

Please feel free to give this information to a past member of the NDHSCA, or someone else you feel would be willing to contribute towards this scholarship. **Remember this donation is tax deductible. Please make checks payable to NDHSCA Gelaine Orvik Scholarship Fund.**

Please Print

Person Donating _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

E-mail Address _____

Amount of Donation _____ Date _____

Thank you for your generous offer!

PLEASE RETURN THIS FORM AND DONATION TO:

NDHSCA Office
3457 26th Avenue South
Fargo, ND 58103

PLEASE DETACH THIS BOTTOM PORTION FOR YOUR TAX RECORDS

NDHSCA Gelaine Orvik Scholarship Fund

Person Donating _____

Amount of Donation _____ Date _____

2012 NHSACA/NDHSCA Convention Update (continued from page 1)

This is a result of needing to coordinate the Leadership Classes that NHSACA provides at the beginning of the week and the seminar sessions that will take place Monday through Thursday. Speaking of Leadership Classes, Sanford Health is providing numerous speakers for these classes covering an assortment of topics from concussions, to injury identification and management, and more.

We have signed on a few sponsors for our convention but are still working diligently in this area. If you are able to provide assistance or contacts in this area please contact Randy Johnson, Gelaine Orvik or me. As I've said before, this will be a tremendous convention because we have so many dedicated coaches in our state that are willing to serve our coaches' association.

The nomination forms for NHSACA's National Coach of the Year have been sent out to the state directors across the nation, and Don Prokes, the NHSACA Executive Director, has already received many of them back. The NHSACA Hall of Fame forms have also been sent to the states and Don is receiving those at this time too.

Our own John Hutchison, has offered to write the Bios for the National Coach of the Year finalists and all of the Hall of Fame recipients for the 2012 convention. This is a huge undertaking as John will need to write approximately 200 Bios. Thank you, John for this great service. See what I mean, North Dakota coaches getting the job done!!

If you still want to become involved as a host working with the NHSACA Sport chair please contact Randy Johnson. There are many sports where we have three coaches from North Dakota in place to work with the National Sport Chair and serve as host for the finalists coming in but we still need to fill these positions in some of the sports. I know you may be BUSY now, but the time you will devote to the national convention will come later and will be shared with two other North Dakota coaches and the National Sport Chair. This is really a unique opportunity that I know anyone who chooses to do this will be glad they did.

Good luck to all of your teams and I hope everyone stays healthy and injury free.

Dave Dougherty
 President, NHSACA
 Proud member of NDHSCA



2012 NHSACA/NDHSCA Convention

July 21 - July 27 - Fargo Holiday Inn

All North Dakota coaches are urged to attend the NHSACA Annual Awards Banquet on Wednesday, July 25th and support the North Dakota Finalists.



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Sponsor Membership Form

- The North Dakota High School Coaches Association is a non-profit organization that is concerned with supporting athletic programs which benefit the youth of North Dakota.
- The NDHSCA is an organization that offers programs to help coaches keep in touch with new developments in athletics and coaching as well as attempting to maintain and improve athletic programs in North Dakota. Financial help is needed to support the award programs, the state convention, and the various all-state contests sponsored by the NDHSCA.
- All sponsor members receive a plaque from the NDHSCA to show its appreciation as well as being listed on the sponsor page in the *Dakota Coach*.

NDHSCA Sponsor Membership Fee: \$100.00

Firm's Name _____

Address _____

City/State/Zip Code _____

Phone Number _____

Was the firm previously a Sponsor Member? _____

If yes, what years? _____

Signature of Authorizing Personnel _____

Would you like additional plaques? (available at \$10 per plaque) How many? _____

Name of Soliciting Coach _____

Address _____

City/State/Zip Code _____

Email Address _____

Please mail completed form and check to: **Gelaine Orvik, Executive Secretary NDHSCA**
3457 - 26th Avenue South
Fargo ND 58103

NDHSCA Sponsor Members **2011–2012**

Allard Trophy Company	Greg Bischoff	108 East Main Street	Valley City, ND
Coca-Cola Bottling Co.	T. J. Herauf	4150 3rd Ave. West	Dickinson, ND
Daktronics	David Gress	331 32nd Avenue	Brookings, SD
FLR Sanders	Scott Irvine	3079 92nd Ave	Princeton, MN
Gerrell's Sport Center	Scott Gerrell	415 4th Street	Devils Lake, ND
Gerrell's Sport Center	Brad Westrum	1004 South Washington	Grand Forks, ND
Sports Film Exchange	Scott Eggiman	1405 Prairie Parkway, Suite B	West Fargo, ND
Xenith/Game Day Athletic	Ben Franson	3301 Fiechtner Drive	Fargo, ND



North Dakota High School Coaches Association



2012 NDHSCA/NDHSAA COACHES CONVENTION

Holiday Inn Conference Center; Fargo, ND

July 21-27, 2012

Check each applicable line below on the left; circle all the amounts for line item fees on the right.

- Convention Registration Fee - Includes Registration for all sessions, 1 NDHSCA Banquet Ticket, NDHSCA Membership* \$105.00
 - Late Registration Fee (postmarked after 7/18) - Registration for all sessions, 1 Banquet Ticket, NDHSCA Membership* \$130.00
- * **Membership Fee** includes \$1,000,000 Liability Insurance Coverage; Association holds the certificate.

NO REFUNDS AFTER JULY 18th.

ALL COLLEGE CREDIT REGISTRANTS MUST PAY \$105.00 CONVENTION REGISTRATION FEE FIRST.

- 1) COLLEGE CREDIT: Registration for **TWO (2)** NDSU Semester Credits; **Conflicts in Coaching Seminar (July 27) and Sport Specific Clinic Sessions (July 24-26)** \$130.00
- 2) COLLEGE CREDIT: Registration for **TWO (2)** NDSU Semester Credits; **Special Topics Seminar (July 27) and Sport Specific Clinic Sessions (July 24-26)** \$130.00
- 3) COLLEGE CREDIT: Registration for **TWO (2)** NDSU Semester Credits; **Speed, Strength & Conditioning Seminar (July 27) and Sport Specific Clinic Sessions (July 24-26)** \$130.00
- 4) COLLEGE CREDIT: Registration for **TWO (2)** NDSU Semester Credits; **For the Beginning Coach (1st & 2nd year Coach) Seminar (July 27) and Sport Specific Clinic Sessions (July 24-26)** \$130.00
- 5) COLLEGE CREDIT: Registration for **ONE (1)** NDSU Semester Credit; **Sport Specific Clinic Sessions (July 24-26)** \$ 65.00
- 6. COLLEGE CREDIT: Registration for **NHSACA Seminar Sessions (July 21-22)** \$250.00
- 7. COLLEGE CREDIT: Registration for **NHSACA Annual Meeting Sessions (July 23-25)** \$350.00

ADDITIONAL FEES:

- Golf Tournament (scramble) (07/24/12)@ \$50.00 \$ 50.00
- Extra NDHSCA Hall of Fame/Coach of the Year Banquet (7/26/12) Tickets..... @ \$25.00 \$ 25.00
- Additional NDHSCA Memberships.....@ \$55.00 \$ 55.00
- Lifetime NDHSCA Memberships.....@ \$300.00 \$300.00
- Gelaine Orvik Scholarship Fund donation..... \$ _____ \$ _____

MAKE CHECKS PAYABLE TO NDHSCA FOR THE TOTAL AMOUNT:

TOTAL _____

MAIL REGISTRATION WITH FEE TO:
NO CREDIT CARDS ACCEPTED

Gelaine Orvik
NDHSCA Executive Secretary
3457 26th Avenue SW
Fargo, ND 58103

Do not separate top from bottom

NDHSCA MEMBER REGISTRATION -- REMAINDER OF FORM MUST BE COMPLETED

North Dakota High School Coaches Association Membership Registration 2012-2013

High School	_____
Junior High	_____
College	_____
Life	_____
Associate	_____
Cheer Coach	_____

Please Print!

Name _____ Cell # _____
 School _____ E-Mail _____
 Home Phone _____ Work Phone _____
 Home Address _____
 City/State/Zip Code _____

In the A column, write H (head coach) or A (assistant coach) for the appropriate sport(s). In the second column, write your **2011-2012** record. In the third column, write your **lifetime** record for that sport. Records will be maintained as much as you provide information for Victory Milestones. If you qualify for a Victory Milestones award, you are expected to notify NDHSCA with a full listing of your record in that sport.

SPORT	A	11-12 record	lifetime record	SPORT	A	11-12 record	lifetime record
Athletic Director	—	—	—	Girls' Basketball	—	—	—
Baseball	—	—	—	Girls' Cross Country	—	—	—
Boys' Basketball	—	—	—	Girls' Golf	—	—	—
Boys' Cross Country	—	—	—	Girls' Gymnastics	—	—	—
Boys' Golf	—	—	—	Girls' Hockey	—	—	—
Boys' Hockey	—	—	—	Girls' Soccer	—	—	—
Boys' Soccer	—	—	—	Girls' Softball	—	—	—
Boys' Swimming & Diving	—	—	—	Girls' Swimming & Diving	—	—	—
Boys' Tennis	—	—	—	Girls' Tennis	—	—	—
Boys' Track & Field	—	—	—	Girls' Track & Field	—	—	—
Cheer Coaches	—	—	—	Strength	—	—	—
Football	—	—	—	Volleyball	—	—	—
				Wrestling	—	—	—

Have you filed a Victory Milestones Form? _____ (see backside)

Number of years coaching completed (as of June 2013) _____

If this form is for **Membership ONLY** mail application To: **Karen Hardie, Membership Chair**
2472 Lilac Lane
Fargo, ND 58102



National High School Athletic Coaches Association
will host the

2012 NHSACA ANNUAL MEETING

July 21 – 22, 2012

Holiday Inn Fargo – Fargo, ND (701) 282-2700

NO REFUND AFTER JULY 1, 2012

PLEASE COMPLETE THE LINES for college credit and for NHSACA meals and RETURN TO:

Gelaine Orvik
3457 26th Avenue South
Fargo, ND 58103

GUEST FEE

Will your spouse or guest(s) be attending sessions? No ____ Yes ____ (If yes, include \$10.00 per person)
Number of guest(s) ____ x \$10.00 = ____

Name(s) _____

This information is needed to prepare admission name tags.

REGISTRATION FEE

EVERYONE (except guests) MUST PAY ANNUAL MEETING REGISTRATION FEE

Annual Meeting Registration fee/per person (No college classes)		<u>ND Coaches pay to NDHSCA</u>
College Credits "Leadership Class" (July 21-22, 2012)	\$250.00 =	\$ _____
(Must pay NDHSCA Clinic Registration to enroll in NHSACA college credit "Leadership Class")		
College Credits "Sport Specific Coaching" (July 23-25, 2012)	\$350.00 =	\$ _____
(Must pay NDHSCA Clinic Registration to enroll in NHSACA college credit "Sport Specific Coaching")		
Hall of Fame Luncheon, July 24, 2012 @ \$40.00 x ____		\$ _____
Awards Night Banquet, July 25, 2012 @ \$40.00 x ____		\$ _____
GOLD CARD (Paid to NDHSCA; NDHSCA will pay meals to NHSACA) \$200.00 =		\$ _____
(Includes <u>NDHSCA Registration Fee</u> and Hall of Fame & Awards Banquet Tickets)		
Guest Fee (from above) @ \$10.00 x ____		\$ _____
LATE REGISTRATION FEE (postmarked after July 1, 2012) \$50.00 =		\$ _____
Total Amount of Fees Enclosed:		\$ _____

For more information please call:
701-367-8282
Make checks payable to: NDHSCA

Send to: Gelaine Orvik
NDHSCA Executive Secretary
3457 26th Avenue South
Fargo, ND 58103

Visit our website at www.ndhsca.com for other information

See page 22 for Victory Milestones Form



North Dakota High School Coaches Association

Membership Registration 2011-2012

Please print!

Name _____ Cell # _____
 School _____ E-Mail Address _____
 Home Phone _____ Work Phone _____
 Home Address _____
 City/State/Zip Code _____

Membership:
 High School _____
 Junior High _____
 College _____
 Life _____
 Associate _____
 Cheerleading _____

In the A column, write **H** (head coach) or **A** (assistant coach) for the appropriate sport(s). In the second column, write your **2010-2011** record. In the third column, write your **lifetime** record for that sport. Records will be maintained as much as you provide information for Victory Milestones. **If you qualify for a Victory Milestone Award, you are expected to notify NDHSCA with a full listing of your record in that sport.**

	A	10-11 record	lifetime record	A	10-11 record	lifetime record
Athletic Director	—	—	—	Girls' Cross Country	—	—
Baseball	—	—	—	Girls' Golf	—	—
Boys Basketball	—	—	—	Girls' Hockey	—	—
Boys Cross Country	—	—	—	Girls' Soccer	—	—
Boys Golf	—	—	—	Girls' Softball	—	—
Boys' Soccer	—	—	—	Girls' Swimming & Diving	—	—
Boys' Hockey	—	—	—	Girls' Tennis	—	—
Boys Swimming & Diving	—	—	—	Girls' Track & Field	—	—
Boys Tennis	—	—	—	Gymnastics	—	—
Boys Track & Field	—	—	—	Strength	—	—
Football	—	—	—	Volleyball	—	—
Girls' Basketball	—	—	—	Wrestling	—	—

List Year(s) and Sport(s) of state championships coached. _____

Have you filed a Victory Milestones Form? _____

Number of years coaching completed (as of June 2012) _____

Membership Fee: \$55.00

Signature _____

Membership Fee includes **\$1,000,000 Liability Insurance Coverage** for **active coaches**; Association holds certificate of insurance.

I would like to donate to the Gelaine Orvik Scholarship Fund (Donation is tax deductible). Increase check with the appropriate amount; a receipt for the donation will be returned.

Coaches are urged to photocopy additional membership forms and solicit membership of other head and assistant coaches throughout each school district. – Thank you.

Proud to be a Member of the NDHSCA

Membership in the NDHSCA has the following benefits:

- \$1,000,000 Liability Insurance Coverage
- Subscription to our *Dakota Coach* newsletter
- Access to coaching openings in North Dakota
- Reduced admission to NDHSCA/NDHSAA Clinic during the year
- Free or reduced admission to many high school and college contests
- UND/NDSU football tickets for allotted number of coaches in reserved section (except Hockey)
- Eligibility for the full awards program of the NDHSCA
- Eligibility to serve on the Sports Advisory Committee
- Eligibility to serve on All-Star Coaching Staff
- Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA
- An organized group that keeps everyone in touch with developments across the state and nation
- An organization that is concerned with offering programs that will help improve coaches
- An organization that is attempting to maintain and improve athletic programs for North Dakota's youth.



The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a problem, suggestion, or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better.

Membership deadlines: Fall-October 1 Winter-February 1 Spring-May 1

**Return form to: Karen Hardie; NDHSCA Membership Chair
2472 Lilac Lane , Fargo, ND 58102**

NDHSCA Victory Milestones



Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestone for the first time, make sure to give your record for each year. Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season

on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue South; Fargo, ND 58103. Awards will be sent upon request after records are updated.

Procedure For Determining Won/Loss Records In An Invitational Meet:

- A. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
 - B. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
 - C. Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
 - D. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)
- Only meets in which three or more schools participate will count as an invitational.
 - Schools can still have a dual meet record that would remain the same along with a record for the invitationals they attend.

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Baseball	75	150	225	300	375
Basketball	100	200	300	400	500
Cross Country	50	100	150	200	250
Football	50	100	150	200	250
Golf	45	90	135	180	225
Gymnastics	45	90	135	180	225
Hockey	100	200	300	400	500

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Soccer	100	200	300	400	500
Softball	75	150	225	300	375
Swimming	50	100	150	200	250
Tennis	50	100	150	200	250
Track/Field	50	100	150	200	250
Volleyball	150	300	450	600	750
Wrestling	75	150	225	300	375

- It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

NDHSCA Victory Milestone Record Sheet

Name _____ Date _____

E-Mail _____

High School _____

Coaching Position _____

Address _____ City/State/Zip Code _____

Membership: High School _____ Associate _____ Junior High _____ Life _____

Example:

Meet 1	11 teams	7 wins	4 losses
Meet 2	4 teams	0 wins	4 losses
Meet 3	6 teams	6 wins	0 losses
Meet 4	5 teams	4 wins	1 loss
<u>Meet 5</u>	<u>7 teams</u>	<u>5 wins</u>	<u>2 losses</u>
Totals	5 meets	33 teams	22 wins 11 losses

Winning % equals 22/33 = 67% 5 meets x .67=3.35
 Losing % equals 11/33 = 33% 5 meets x .33 = 1.65
 Your record for the season would be 3 wins and 2 losses for invitationals.

Year	School	Sport	Varsity	JV	JH	Won/Loss	Overall Record
1.	_____	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____	_____	_____
13.	_____	_____	_____	_____	_____	_____	_____
14.	_____	_____	_____	_____	_____	_____	_____
15.	_____	_____	_____	_____	_____	_____	_____



North Dakota High School Coaches Association

Lifetime Membership Application

To purchase a Lifetime Membership the prospective coach must have been:

An NDHSCA Member for 20 years.

An active high school coach for at least 25 years either in North Dakota or another state.

Lifetime Membership may be purchased for a one-time fee of \$300.

Such Lifetime Membership will carry all Active Membership benefits (including \$1,000,000 Liability Insurance coverage, effective with 2009-2010 Membership Year).

A Lifetime Member relinquishes voting and office holding privileges if a member is no longer an active coach.

Name _____ Cell # _____

School _____ Email Address _____

Home Phone _____ Work Phone _____

Home Address _____

City/State/Zip code _____

Number of years coaching completed (as of June 2012) _____

Number of years NDHSCA Member (as of June 2012) _____

Fee: \$300 Include the fee with this application.

**Mail fee and application to: Gelaine Orvik
NDHSCA Executive Secretary
3457 26th Avenue South
Fargo, ND 58103**

* * * * *

Lifetime Members are found the next page



North Dakota High School Coaches Association



Paid Life Members

Aardahl, Vern; Milnor HS
Amundson, Greg; Mandan HS
Anderson, Brian; Watford City HS
Anderson, Darryl; Mandan HS
Benson, Ron; Mott-Regent HS
Berg, Mike; Grand Forks Central HS
Bettenhausen, LeRoy; Watford City HS
Brackenbury, Wayne; Mohall-Lansford-Sherwood HS
Brenner, Henry; ND School for the Deaf
Buen, Gene; Velva HS
Burckhard, Richard; Parshall HS
Butterfield, John; Hettinger HS
Callahan, Mike; Minnewaukan HS
Carlson, Ron; Minnewaukan HS
Carlsrud, Dave; NDHSAA
Conlon Frank; Jamestown HS
Cornell, Rick; Grand Forks Schroeder JHS
DeCoteau, Jerome; TMCHS
Dew, Jim; Valley City State College
Disher, Ken; Minot HS
Dixon, Derrick; Turtle Mountain Community HS
Dockter, Dwight; Hope-Page HS
Fish, Frank; Watford City HS
Fjeld, Greg; Minot HS
Flaagan, Craig; Fargo Carl Ben Eielson MS
Flyberg, Brian; Linton HS
Folstad, Collette; West Fargo HS
Gabrielsen, Thomas; Grand Forks Red River HS
Gadberry, Ron; Hillsboro HS
Hack, Rick; Ellendale HS
Haggin, Barry; Divide County HS
Halland, Joan; Kindred HS
Hammer, Dennis; Grafton HS
Handt, Dave; Litchville-Marion HS
Hanson, David; St. Thomas HS
Hanson, Donald C.; Mandan HS
Hardie, Rod; Fargo South HS
Hauge, John; Bottineau HS
Haugen, Derold; LaMoure HS
Haussler, Jim; Bismarck Schools
Healy, Dennis; Williston HS
Hertel, Dale; Fargo South HS
Horner, Dennis; Midway HS
House, Leon; Mandan HS
Hutchison, Donna; Grand Forks Red River HS
Hutchison, John; Northwood HS
Hutchison, Lonny; Northwood HS
Jaeger, Kerry; Grand Forks Red River HS
Jensen, Julie; Kindred HS
Jeske, James; Killdeer HS
Johnson, Harlan; Parshall HS
Johnson, Wayne; Rolette HS
Kaiser, Tim; Wahpeton HS
Kjelgaard, Harold; Fargo Discovery JHS
Kleveland, David; Central Valley HS
Knutson, Al; Williston HS
Krosbakken, Jerry; Fargo North HS
Larson, Nancy; DesLacs-Burlington HS
Lehman, Cory; Fargo South HS
Leier, Dwight; Maddock HS
Loberg, Myron; Devils Lake HS
Lockwood, Ed; Fargo Public Schools
Lyon, Jerry; Minot HS
Maclver, Philip; Wahpeton JHS
Mailloux, Gary; Fargo North HS
Marsh, John; Fargo South HS
Marshall, Joel; Hazen HS
Martin, Phil; Lisbon HS
McCleary, Barry; Napoleon HS
McPherson, Scott; Bismarck Century HS
Mitzel, Frank; Minto HS
Nagel, Lee; Wahpeton HS
Olson, Douglas; Beulah HS
Olson, Linette; Bismarck Century HS
Omdahl, Chad; Hatton-Northwood HS
Opdahl, Mike; Larimore HS
Overby, Dennis; Northwood HS
Schatz, Mike; New England HS
Schauer, Gary; Langdon HS
Schmitt, Dan; Dakota Prairie HS
Schreiner, Vernon; Minto HS
Shirley, Marney; Jamestown HS
Sluke, David; Grafton HS
Snortland, Keith; Warwick HS
Solberg, Sheryl; NDHSAA
Sorensen, Chris; Hazen HS
Stanley, Len; Bismarck State College
Stein, Bruce; Hankinson HS
Strand, Fred P.; Hatton-Northwood HS
Suelzle, Tom; Watford City HS
Towers, Ken; Grand Forks Red River HS
Trieglaff, Robert; Fargo North HS
Vigen, Randy; Central Valley HS
Wagner, Chuck; Killdeer HS
Waldal, Bob; Beach HS
Walhaug, Gary; Surrey HS
Walker, Larry; Killdeer HS
Wheeling, Bob; Killdeer HS
Wilson, Jerry; Bismarck Century HS
Zimney, Bob; Grand Forks Red River HS

Past Presidents

Bertsch, Jonathan; Wells County HS
Beyer, Ed; Hillsboro HS
Brown, Dale; Minot Ryan HS
Cahill, Bill; Jamestown HS
Coleman, Randy; Hazen HS
Dougherty, Dave; Watford City HS
Feeney, Bob; Bismarck HS
Gambucci, Serg; Grand Forks Central HS
Herman, Curt; Dakota Prairie HS
Johnson, Randy; Hazen HS
Manson, Gene; Minot HS
Michaelson, Dave; Dickinson HS
Moe, Pete; Washburn HS
Olson, Carolyn; Grand Forks Red River HS
Olson, Todd; Grand Forks Central HS
Oksendahl, Rod; Cavalier HS
Pederson, Harold; Williston
Popp, Jerry; Bowman HS
Radke, Doyle; Minot HS
Rio, Ken; Grand Forks Central HS
Sheldon, Jerry; Fargo North HS
Stavn, Julie; Bismarck Century HS
Stein, Bruce; Hankinson HS
Stone, Roger; Dickinson HS
Theige, Howard; Minot HS
Thronset, Dennis; Langdon HS
Tidd, Nancy; Fargo North HS
Vinger, Dick; Grand Forks Central HS
Wall, Carl; Fargo North HS
Wardner, Richard; Dickinson HS
West, Terry; Grand Forks Red River HS
Wingenbach, Ron; Bismarck Century HS
Workman, Allyn; Lisbon HS

Lifetime Members

Bilkre, Marcy; Minot HS
Farrell, Chipper; Minot HS
Kalgaard, Dick; Bismarck Schools
King, Bob; Valley City HS
Orvik, Gelaine; Fargo South HS

NEW

Camp Insurance For Members

General Liability Coverage - \$1,000,000 Limit per Member

As a membership benefit of your state coaches association you are covered for all coaching activities. General Liability provides coverage to members from claims made by negligent acts accidentally committed resulting in bodily injury, personal and advertising injury or property damage to others.

Participant /Accident Coverage - \$25,000 Excess Medical Limit

Members have the option of providing participant/accident coverage for participants attending camps. Should an accident occur during a camp this coverage could help off-set the loss suffered by families affected by such accidents.

Certificates of Insurance

Today, most schools and athletic venues require coaches to provide proof of insurance or need to be named as an additional insured prior to utilizing their facilities. Upon request, certificates of insurance are issued by Loomis & LaPann Inc.

Enrollment Procedures & Questions

For additional information on coverage's, Participant/Accident enrollment procedures and Certificates of Insurance please contact Loomis & LaPann Inc. at 800-566-6479 or visit us online at: www.loomislapann.com

Kevin Joyce kjoyce@loomislapann.com

Karen Boller kboller@loomislapann.com

Greg Joly gjoly@loomislapann.com



FORMS

Available on the NDHSCA Website

**Search “NDHSCA” or enter
*www.ndhsca.com***

All State Football Nominee

Assistant Coach of the Year

Award of Merit Recommendation

Hall of Fame

Junior High Coach of the Year

Lifetime Membership Form

Membership Form

Victory Milestones

Senior Scholarship - Burger King \$500

Shrine Football Nominee

Special Recognition

Sponsor Membership

Sports Advisory Committee Membership

**Your locally owned
Burger King
Restaurants
are proud to
sponsor the
North Dakota
High School
Coaches Association**



North Dakota High School Coaches Association Official Publication

The *Dakota Coach* is the official publication of the NDHSCA and is distributed without charge to all NDHSCA members in good standing. Notes, articles, opinions, or letters to the editor are welcome if they deal with high school coaching concerns. They will be printed as space permits. Opinions and views of the authors are their own and do not always reflect the official position of the NDHSCA.

Send to Gelaine Orvik - gorvik@cableone.net

or to any of the members of the Executive Board.

See page 2 for e-mail and mailing addresses or phone numbers



**North Dakota
High School Coaches
Association & POWERade**

Outstanding Senior Athlete Award

