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NHSACA and NDHSCA 2012 **Convention Dates** July 21 - July 27 Fargo

North Dakota High School Coaches Association Official Publication

DAKOTA COACH

NDHSCA Coaches **Convention-NHSACA** National Annual Meeting **Prepared!**

President David Dougherty, former wrestling coach from Watford City HS and presently from Fargo, will conduct the meetings for National High School Athletic Coaches Association. Meanwhile President Greaa Grinsteinner will conduct the NDHSCA Meetings.

Details of the 36th Annual NDHSCA Coaches Convention have been completed! Registration has moved along very along with a strong contingency of coaches registering from throughout the state without any apparent differences in sport. We try to update the schedule regularly and post our on Website (ndhsca.com).

We want to emphasize that coaches will have opportunity to move freely from sport to sport throughout the week of education. The exception to that is that Friday's sessions are divided and registrants will be required to remain in the same track throughout the day.

Keynote speakers that will present throughout the week will include:

- Bill Williams in football (we have been guaranteed that he will be the best presenter we have ever had!)
- Dave Thorson in basketball, from 2012 State Champions DeLasalle (MN) HS (he has been given high accolades from his previous visits)
- Jim Craven in golf, from the Citadel (SC) returns after a four year hiatus
- The staffs from NDSU and UND are filling a 90 minute session in almost every sport. Continued on page 6

Membership And Stuff!

We just finalized our 2011-2012 NDHSCA Membership; we have had another banner year for our Association! Thank you to each member!

Our membership for the year was 1125 active and associate members. We also accepted 29 members as Student- Associate Members. Associate members and Student-Associate members have all membership privileges except holding office, insurance benefit, and balloting rights. Continued on page 7

Golf Scramble Plans!

Some very pertinent changes have been made to our 2012 Convention Golf Scramble to facilitate golfers, convention schedule and reasonable golf green fees.

The golf date has been changed to Tuesday, July 24th at 1:00 pm. The site will return to the Rose Creek Country Club in South Fargo just north of 52^{nd} Avenue S.

The best transportation directions to Rose Creek from the Holiday Inn are to drive I-29 south from the Holiday Inn to 52nd Avenue Exit; turn left (east) at the exit stop light and continue east on 52nd Avenue to Rose Creek Boulevard. Turn left on Rose Creek Boulevard to the entrance to Rose Continued on page 7

NDHSCA 2011-2012 Executive Committee



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Shrine Football

Mike Berg 2211 5th Avenue North (h) 701-746-5170 (c) 701-213-0878 Grand Forks. ND 58203 berggfk@gmail.com

President's Message - Summer 2012

The sights, sounds, and smells of summer are here! That means we have come to the conclusion of another school year. There have been ups and downs but overall the journey was very successful. Congratulations to all the spring State Champions, Coach of the Year recipients, and Powerade Senior Athletes of the Year. The excellence shown by our North Dakota coaches and athletes is truly amazing. It is something that we as a state have to come to expect. The sharing of our talents and passion with the many young people whose lives we touch on a daily basis is something to be truly proud of. The relationships we BUILD with athletes and coaches alike really do enhance a school year. Now that the year is done, take the time to recharge your own batteries. Spend time with your family who support you throughout the year. Hit the links and golf with your friends. Watch the sun rise and set as you spend time at the lake. Make time for yourself to relax so you can be ready for next year.

As you make preparations for next year, make sure you schedule in the National Coaches Association Convention which will be held in Fargo July 22 – July 27. Each day will feature multiple coaches in their sport specific area from around the country as well as our very own COTY. If you



Gregg Grinsteinner

only pick up one new idea for your sport, the convention has been a success. Make arrangements now! Also, check out the weekly updates on the NDHSCA website for times of speakers.

Since this is the last president message I will write, I would be remiss if I didn't thank the Executive Committee for their help this past year, specifically Gelaine and Randy. Our Association is in good hands and will continue to be strong. Stay involved and if you aren't, I would encourage you to become an active member in the NDHSCA in some capacity. It is truly an honor and humbling experience at the same time to serve this membership. I will leave you with these thoughts on **leadership** from Eric Musselman, 2012 NBA Development League Coach of the Year.

1. People follow the leader first and the leader's vision second.

2. Leadership is not just about what you do but what you can inspire, encourage, and empower others to do.

3. A leader brings out the best within others by sharing the best within themselves.

4. Just because you are driving the bus doesn't mean you have the right to run people over.

5. Great leaders know they don't have all the answers but know how to find them.

6. Leaders inspire and teach their people to focus on solutions, not complaints.

7. Great leaders know that success is a process not a destination (John Wooden).

Have a great summer and hope to see you in Fargo!

Gregg Grinsteinner



From The Executive Secretary

We are almost there! Thank you Dave Dougherty and Randy Johnson! Without the two of them the 2012 NDHSCA Event would be a disaster! Coaches, be sure to stop and shake their hands with a warm and gracious "Thank You!" They deserve it!

Almost all details are complete, but until the last minute, the schedule that is posted on the website as "Tentative" will remain that! We always find changes that are necessary the last minute. The Saturday through Wednesday is really a "Lock" at this moment. However, just Wednesday, we had a cancellation. We are counting on our Advisory Committees and Sports Volunteers to be creative and provide a profitable program "somehow"!

Last year, as of July 8th, our registration was at 141. This year, as of July 4th, our registration is at 154. We still have a long registration process to make sure our North Dakota presentation to the rest of the Nation is a success. The most important exhibit we provide our visitors from out of state is a fabulous attendance. We cannot possibly display a commitment to coaching and education without a Major Attendance. Please register ASAP! We are very involved in 42 or 57 assignments simultaneously for the last minute (you know, multi-tasking!). We do not want to handle registrations at the registration desks---but we will of course!

The Holiday Inn has been more than helpful and cooperative in our hosting requests. Remember, the release date for our block of rooms was July 1st. The release date for our block of rooms at the Doublewood was also July 2nd. *Register Now!*

We have had some people who have not adhered to the registration process. Remember, send all registration data to the NDHSCA Office - - - even NHSACA College Credit and NHSACA Meal Functions. We will send the payment on to NHSACA!

We had some particularly sad news this past spring when we were conveyed the shock that Chris Carlson, son of NDHSCA Past President Jack Carlson, passed away. We made every attempt to inform all our track and field family of the catastrophe.

Do not forget to display our best hospitality to the rest of the nation on Tuesday (07/24/2012) evening when Universal Athletics hosts their famous "Taco Bar Social" with their uncanny "Beverage Can Races"! We have always had a great amount of fun and social networking is at its best! Thank you again to Larry Aasheim, Dave Nelson, Travis Dressler, Alex Starcevic and Jerry Obenauer! Thank you again to Universal Athletics! We have 25 Exhibitors registered for the convention. That will be another important segment for NDHSCA and North Dakota Coaches to extend our hospitality and friendliness. Welcome all of our vending friends during each and every break!



Obviously most of our coaches are aware that the NDHSCA, NDIAAA and NDHSAA developed

Gelaine Orvik

the Coaches Program the will implement the Coaches Education Requirement with a five-year renewal requirement. We now have the added responsibility to increase our awareness for requirements being met. NDHSCA has also stepped forward to provide the certification of completion of the Permit Requirements. Good luck! We will be better prepared to provide more comprehensive coaching to the young people of North Dakota.

Again, we are very excited about the accomplishments of Jake Leingang, Bismarck High School Junior, who competed in the USA Olympic Time Trials in the High School Mile! He ran second to the Nation's best miler of the year --- he had run 4:01 previously. Also, Laura Roesler from Fargo South who competed for a spot on the USA Olympic 800 meter contingency, only to be nipped from competing in the finals. Wow! And who says we have feel bad because of our season or our weather. We truly have superb athletes!

Are you a first year coach? Do you have a first year coach in your school? Be sure to extend special invitations to first year coaches to attend our event! They need to begin their preparation for Coaching Permits!

SEE YOU IN JULY FOR THE CONVENTION!

Registration Forms and Tentative Program Available on the Website ndhsca.com

Mike Sorlie Named NDHSCA-Lions' All-Star Basketball Co-Chair

On February 20th, NDHSCA received a message from Jason Schwarz to inform the Association of his resignation from the NDHSCA-Lions All-Star Basketball Co-Chair position. He cited personal and family commitments to be the force for his resignation.

NDHSCA immediately launched an effort to identify interested and qualified coaches to fill the position. An application form was sent to member basketball coaches in quest of a replacement.

In May, the applicants were identified and their application forms together with letters of endorsement were shared with the NDHSCA Executive Committee. The Committee was asked to rank the candidates, and a ballot was returned by e-mail.

The NDHSCA Executive Committee selected Mike Sorlie, girls' basketball from North Sargent of Gwinner, ND, as the candidate to serve basketball, NDHSCA, and Lions' All-Star responsibilities.

Mike is a 12 year coaching veteran, with 10 years spent as a girls' basketball coach and 10 years as a head coach. His experience has taken him to Thompson HS, Hazelton-Moffit-Braddock HS, Solen HS and North Sargent.

Reminder!

Soccer coaches! We do not have local presentations to accompany the NHSACA Coach of the Year Finalists! Mike has been named NDHSCA District Coach of the Year twice and NDHSCA Region Coach of the Year twice. His boys' team was crowned District 9 Champions in 2007, and his girls' team won District 1 Champions in 2010.

Mike is also athletic director at North Sargent. He is a member of NDIAAA and a member of the NDIAAA Board of Directors. He is also a member of NDHSCA and a member of the NDHSCA Class B Advisory Board. He is a member of the NDHSAA Athletic Review Committee.

Mike received glowing comments from his high school superintendent. Mike will begin his duties in July as he attends the "Check-in and Orientation" of the 2012 Class A and Class B Girls All-Star Basketball players in Bismarck.

NDHSCA applauds the commitment and service from Jason Schwarz, and likewise looks forward to the cooperation and contributions from Mike Sorlie.

Thank you, Jason! Congratulations Mike!

<u>Reminder!</u>

Special Sports Coaches! We do not have local presentations to accompany the NHSACA Coach of the Year Finalists!



Sponsor of the Outstanding Senior Athlete Awards



NDHSCA Coaches Convention-NHSACA National Annual Meeting Prepared! (continued from page 1)

Every attendant should be particularly aware of the recognition events throughout the week. On Wednesday evening, fourteen North Dakota Coaches will be receiving their NHSACA National Coach of the Year Finalist Award, together with seven finalists in each sport. North Dakotans are:

Gerald Holinka, Dickinson Trinity HS (Assist Boys' Sports) Deb DeMoe, Thompson HS (Assistant Girls' Sports) John Hutchison, Hatton-Northwood HS (Athletic Director) Chad Omdahl, Hatton-Northwood HS (Baseball) Gregg Grinsteinner, Dickinson Trinity HS (Boys' Basketball) Clint Chamberlin, Williston HS (Boys' Cross-County) Kathy Berglund, Hazen HS (Golf) Pam Tweten, Minot HS (Special Sports)

Marsha Dahl, West Fargo HS (Swimming & Diving) Greg LaDouceur, Grand Forks Red River HS (Tennis) Bill Jansen, Rugby HS (Girls' Track & Field) Darrell Anderson, Bismarck HS (Boys' Track & Field) Carolyn Olson, Grand Forks Red River HS (Volleyball) Jeff Schumacher, Bismarck HS (Wrestling)

The data sheets have been evaluated and re-evaluated by the preliminary committee and the final committee to select the National Award Winner.

This is an opportunity for all North Dakota Coaches to celebrate the recognition for our fellow coaches as well as being in attendance when one of our cohorts is possibly named NHSACA National Coach of the Year. That is an awesome celebration!

On Tuesday afternoon, 26 of 28 NHSACA National Hall of Fame Inductees will be present to receive their Hall of Fame awards. Curt Sherbrooke, Bismarck Schools Gymnastics Coach; and Jerry Lyon, retired Minot HS Tennis Coach; will be among the 26 inductees. NDHSCA urges every North Dakota coach to attend the event. Both are extremely worthy of being called a Hall of Fame Inductee. Congratulations to each of them!

Then on Thursday evening, the North Dakota Awards Banquet will be held and more than 40 coaches will be honored as State Coach of the Year. These honored coaches will have a short bio that will probably do justice to the accomplishments of coach or team. But they deserve your impartial acknowledgments.

In addition, NDHSCA will recognize four distinguished individuals with the Association's Award of Merit. Those recipients are Bill Dickerson (POWERade) of Williston; T.J. Herauf (POWERade) of Dickinson; Todd Wegenast (POWERade) of Minot; Mike Weber (Bismarck *Tribune*) of Bismarck; and Kevin Schnepf (Fargo *Forum*) of Fargo. The POWERade people are carryover recipients from 2011 as they were unable to attend the ceremony. Also, five award recipients will receive the NDHSCA Special Recognition Award: Sheryl Solberg, (retired) Assistant to the NDHSAA Executive Secretary; Dave Carlsrud, (retired) Assistant to the NDHSAA Executive Secretary; Bob Gillen, North Dakota High School Hockey Statistician; and Carol Gillett, KVLY TV Valley News Media Specialist. These five people deserve our exclusive gratuity.

NDHSCA will also recognize two Assistant Coach of the Year and one Junior High School Coach of the Year. Three NDHSCA-Burger King Scholarship recipients will likewise be noted for their accomplishments by NDHSCA and Burger King:

- Austin Foss, Hatton-Northwood HS
- Nicole Grinsteinner, Dickinson Trinity HS
- Joshua Haugen, North Star (Cando) HS

John Walsh of Burger King will be present for presentation of the Scholarship check to each recipient.

The premier presentation of Thursday evening will be the presentation of the 2012 NDHSCA Hall of Fame Awards. Recipients are:

• Darrell Anderson, Bismarck HS; Boys' Track & Field Coach and Boys' Cross-Country Coach

• Ed Lockwood, Fargo Schools; Activities Director and former Athletic Director and Coach at Williston HS, Underwood HS, Mohall HS and Berthold HS

• Ralph Manley, Mandan HS; Boys' Swimming & Diving Coach and Girls' Swimming & Diving Coach

• Barry McCleary, Napoleon HS; Wrestling Coach and Football Coach

• Bob Zimney, Grand Forks Red River HS; Boys' Track & Field Coach and Assistant Football Coach

Please attend our recognition ceremonies and congratulate our deserving coaches!

Golf Scramble Plans (continued from page 1)

Creek Golf Course on the left (well-marked).

The Golf fees will be \$65.00 as we have collected from each registrant. However, this year we have added a few extra benefits that are included in the registration fee.

Green Fees & golf cart for two

• Box Lunch (sandwich, chips, relish---no beverage)

• Beverage cart that will travel throughout the course

The box lunch is an important inclusion since we will have sessions that continue until 12:00 noon and still have about 20-30 minutes to reach the course. Of course the golf sessions will be held at the golf course; therefore golfers will have opportunity to eat right and enjoy themselves in a relaxed atmosphere.

We have only 60 spots guaranteed at this fee.

Matt Cook and his staff will also have the details for the Scramble prepared including the holes for putting prizes, fairways for drives, and other details. Doyle Heisler will make every attempt to have his iWanamaker Real Time Golf Scoring prepared for scoring.

Matt has advised that we will use a "modified shotgun" start that will <u>eliminate the necessity to</u> <u>sign-up for tee times at the convention registra-</u> <u>tion.</u> However, every golfer must make sure that he has obtained a **Golf Ticket** at registration before going to the course.

Absolutely NO golf fees will be accepted at the golf course!

Golf prizes will distributed at the Universal Athletics Taco Bar Hospitality in the Sterling Room of the Great Hall at 7:00 pm.

Membership & Stuff! (continued from page 1)

The 2011-2012 NDHSCA Membership rosters also includes 12 new Paid Lifetime Memberships. Memberships for 351 were accepted at the 2011 NDHSCA Convention. Seven NDHSCA Sponsor Memberships were activated for the year.

Our membership roster increased over the previous year by 19 and our Lifetime Memberships increased from eight to twelve.

The 2011-2012 members also contributed \$1590 to the NDHSCA-Gelaine Orvik Scholarship Fund. With that contribution increasing our fund, NDHSCA will begin awarding a \$1,000.00 scholarship at the 2013 Convention. In addition, contributions have been made regularly to the scholarship fund with the 2012-2013 NDHSCA Convention Registration.

A huge thank you is in order for Karen and Rod Hardie for their work with registration. They have been very expedient with their receiving registrations and mailing membership card in a very timely manner. Linda Orvik has been very helpful and practical in keeping our spreadsheet and QuickBooks current as well double-checking spreadsheet columns for accuracy.

Our goal is to continue to increase our numbers---albeit the increase may be small---in membership numbers as well as convention registrations. Register in your Association today!

<u>Reminder!</u>

We are in the preparation period for the initial date for Coaching Permit (August 1, 2013). Know your requirements and begin today to satisfy them!





FCA Breakfast Hosted by NDHSCA & FCA Sponsored by State Bank and Trust of Fargo Thursday, July 26 @ 7 a.m.

Speaker: Rodney Olson, "Coach O Consulting Group"

Free Tickets for Registrants with a Convention Name Tag MUST be Procured by Wednesday Noon at the FCA Booth in Exhibit Hall All Others Will Pay \$10

Tickets may be purchased at the door for \$10 per person



Full - Hot Breakfast Holiday Inn - Great Hall Sterling Room

NDHSCA Code of Ethics



As a professional educator and leader, the high school Coach or Athletic Director will

- Exemplify the highest moral character, behavior and leadership
- Respect the integrity and personality of the individual athlete
- Abide by the rules of the game in letter and spirit
- Respect the integrity and judgment of sports officials
- Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement
- Encourage a respect for all athletics and their values
- Display modesty in victory and graciousness in defeat
- Promote ethical relationships among coaches
- Fulfill responsibilities to provide health services and an environment free safety hazards
- Encourage the highest standards of conduct and scholastic achievement among all athletes
- Seek to inculcate good health habits including the establishment of sound training rules
- Strive to develop in each athlete the qualities of leadership, initiative and good Judgment
- For Interscholastic competition, will dress in an appropriate manner that distinguishes the coach as a professional, representing his school and team.



Your locally owned Burger King Restaurants are proud to sponsor the NDHSCA





Coaches Code of Conduct

As a professional educator and leader, the high school Coach or Athletic Director will

- Exemplify the highest moral character as a role model for young people.
- Recognize the individual worth and reinforce the self-image of each team member.
- Encourage and assist team members to set personal goals to achieve their highest aca demic potential.
- Create a set of training rules for athletes which reflects the positive values of abstaining from the use of drugs, alcohol and tobacco.
- Strive to develop the qualities of leadership, initiative, and good judgment in each team member.
- Communicate and interpret program goals and objectives to parents and community.
- Provide a safe environment for practice and competition.
- Gain an awareness of the importance of prevention, care and treatment of athletic injuries.
- Respect the integrity and judgment of the game official.
- Teach and abide by the rules of the game in letter and in spirit.
- Build and maintain ethical relationships with Coaches and administrators.
- Strive for excellence in coaching skills and techniques through professional improvement.
- Promote personal fitness and good nutrition.
- Be modest in victory and gracious in defeat.
- Encourage a healthy respect for the overall athletic program and its vital roles in education.



The North Dakota High School Coaches Association has decided to provide a "Gelaine Orvik Scholarship." The idea of this scholarship was brought to the NDHSCA Executive Board at the 2008 State Convention by Joe Howell. Gelaine Orvik is known as the Executive Secretary of the NDHSCA. He has also held this position on the National level. Gelaine has touched thousands of lives through his tireless effort and enthusiasm not only for we the coaches, but more importantly for student athletes. He is an outstanding role model, mentor, coach, teacher, person, and friend.

This scholarship will commemorate what Mr. Orvik has long stood for, helping students through scholarship. We would like to establish this fund so it will last a long time. In order to do this we are asking for donations. Any donation, no matter how big or small will assist us in accomplishing this goal.

Please feel free to give this information to a past member of the NDHSCA, or someone else you feel would be willing to contribute towards this scholarship. **Remember this donation is tax deductible. Please make checks payable to NDHSCA Gelaine Orvik Scholarship Fund.**

Please Print

| Person Donating | | | |
|--------------------------------|-------------------|---|----------|
| Address | | | |
| City | | | Zip |
| Home Phone | _Work Phone | Cell Phone_ | |
| E-mail Address | | | |
| Amount of Donation | | | |
| Thank you for your generous of | offer! | | |
| PLEASE RETURN THIS FORM | | 3457 26 th Avenue Fargo, ND 58103 | |
| PLEASE DETACH THIS BOTTOM PO | | | |
| NDHSCA Gela | aine Orvik | Scholars | hip Fund |
| Person Donating | | | |
| Amount of Donation | Date | | |



NDHSCA-Shrine All-Star Football Fargo Shanley High School Field July 14 ~ 4:00 p.m. 11-man July 14 ~ 7:00 p.m. 9-man

Please visit our website! www.ndhsca.com

2012 NHSACA/NDHSCA Convention July 21 - July 27 - Fargo Holiday Inn



All North Dakota coaches are urged to attend the NHSACA National Annual Awards Banquet on Wednesday, July 25th and support the North Dakota Finalists.



Your locally owned Burger King Restaurants are proud to sponsor the NDHSCA





Sponsor of the Outstanding Senior Athlete Awards







Available on the NDHSCA Website Search "NDHSCA" or enter www.ndhsca.com

All State Football Nominee Assistant Coach of the Year Award of Merit Recommendation Hall of Fame Junior High Coach of the Year Lifetime Membership Form Membership Form Victory Milestones Senior Scholarship - Burger King \$500 Shrine Football Nominee **Special Recognition** Sponsor Membership Sports Advisory Committee Membership



2012 NHSACA/NDHSCA COMBINED CONVENTIONS

| WHEN: July 21 st – 27 th , 2012 |
|--|
|--|

WHERE: Fargo, North Dakota

HOST SITE: Holiday Inn 3803 13TH Avenue South Fargo, ND 58103 Phone: 701-282-2700

GRADUATE CREDIT: University of Sioux Falls:

Leadership Class2 CreditsJuly 21st and 22ndSport Specific Sessions3 CreditsJuly 23rd and 25th

North Dakota State University:

| Sport Specific Clinics | 1 Credit | July 24 th – 26th |
|------------------------|----------|------------------------------|
| Seminar Sessions | 1 Credit | July 27 th |

- **GENERAL SESSIONS:** There will be two General Sessions featuring Nationally-known Dynamic Speakers
- **COTY MINI-SESSIONS**: There will be eight (8) National Coach of the Year Sessions which will allow participants to meet and share information with NHSACA COTY Finalist
- **SPORTS CLINICS:** There will be four days of Sport Specific Sessions
- **SOCIALS:** There will be socials which will allow participants to spend time with one another and develop contacts; July 24th taco-bar and famous "beer-can horse races sponsored by Universal Athletics!

AWARDS BANQUETS: NHSACA's Hall of Fame Luncheon: July 24th NHSACA's Coach of the Year Awards Banquet: July 25th NDHSCA's Hall of Fame/Coach of the Year Banquet: July 26th

GOLF SCRAMBLE: July 24th; Open to all registrants (afternoon)

REGISTRATION: All Registrants living and/or coaching outside of North Dakota will register through NHSACA which allows them complete access to both Convention and Annual Meeting for \$100.00

All Registrants Living and/or coaching in North Dakota will register through NDHSCA which allows them complete access to both Convention and the Annual Meeting for \$105.00 (includes NDHSCA Membership---includes Annual Liability Insurance

CONTACTS:NHSACAwww.hscoaches.orgNDHSCAwww.ndhsca.com



North Dakota High School Coaches Association



\$105.00

\$130.00

2012 NDHSCA/NDHSAA COACHES CONVENTION

Holiday Inn Conference Center; Fargo, ND

July 21-27, 2012

Check each applicable line below on the left; circle all the amounts for line item fees on the right.

__ Convention Registration Fee - Includes Registration for all sessions, 1 NDHSCA Banquet Ticket, NDHSCA Membership* __ Late Registration Fee (postmarked after 7/18) - Registration for all sessions, 1 Banquet Ticket , NDHSCA Membership*

* <u>Membership Fee</u> includes \$1,000,000 Liability Insurance Coverage; Association holds the certificate.

NO REFUNDS AFTER JULY 18th.

| | 130.00 |
|---|------------------|
| Conflicts in Coaching Seminar (July 27) and Sport Specific Clinic Sessions (July 24-26) 2) COLLEGE CREDIT: Registration for TWO (2) NDSU Semester Credits; \$13 | 130.00 |
| Special Topics Seminar (July 27) and Sport Specific Clinic Sessions (July 24-26) | 130.00 |
| Speed, Strength & Conditioning Seminar (July 27) and Sport Specific Clinic Sessions (July 24-26) | 130.00 |
| 4) COLLEGE CREDIT: Registration for <u>TWO (2)</u> NDSU Semester Credits; For the Beginning Coach (1st & 2nd year Coach) Seminar (July 27) and Sport Specific Clinic Sessions (July 24-26) | 130.00 |
| 5) COLLEGE CREDIT: Registration for ONE (1) NDSU Semester Credit; Sport Specific Clinic Sessions (July 24-26) \$ 6 | 65.00 |
| | 250.00 350.00 |
| ADDITIONAL FEES: | |
| - | 50.00 25.00 |
| Additional NDHSCA Memberships | 55.00 |
| Lifetime NDHSCA Memberships@ \$300.00 \$30 Gelaine Orvik Scholarship Fund donation \$ \$ | 300.00 |
| MAKE CHECKS PAYABLE TO NDHSCA FOR THE TOTAL AMOUNT: TOTAL | |
| MAIL REGISTRATION WITH FEE TO: Gelaine Orvik | |
| NO CREDIT CARDS ACCEPTED NDHSCA Executive Secretary 3457 26 th Avenue SW | |
| Do not separate top from bottom Fargo, ND 58103 | |

NDHSCA MEMBER REGISTRATION -- REMAINDER OF FORM MUST BE COMPLETED

| | North | • | School Coaches Ass Registration 2012-20 | High School Junior High |
|---|----------|--------------|---|----------------------------|
| | | | Cell # | College Life |
| School | | E-Mail | | Associate Cheer Coach |
| Home Phone | | Work Phone | | |
| | | | | |
| | | | | |
| If you qualify for a Victory SPORT | | | tify NDHSCA with a full listing SPORT | |
| | | | | |
| | | | Girls' Basketball | |
| Athletic Director Baseball | <u>-</u> | | Girls' Cross Country | |
| Athletic Director Baseball Boys' Basketball | | | Girls' Cross Country Girls' Golf | |
| Athletic Director Baseball Boys' Basketball Boys' Cross Country | | _ | Girls' Cross Country Girls' Golf Girls Gymnastics | |
| Athletic Director Baseball Boys' Basketball Boys' Cross Country Boys' Golf | | <u>-</u> | Girls' Cross Country Girls' Golf Girls Gymnastics Girls' Hockey | <u>_</u> |
| Athletic Director Baseball Boys' Basketball Boys' Cross Country Boys' Golf Boys' Hockey | | <u></u> | Girls' Cross Country Girls' Golf Girls Gymnastics Girls' Hockey Girls' Soccer | |
| Athletic Director Baseball Boys' Basketball Boys' Cross Country Boys' Golf Boys' Hockey Boys' Soccer | | | Girls' Cross Country Girls' Golf Girls Gymnastics Girls' Hockey Girls' Soccer Girls' Softball | |
| Athletic Director Baseball Boys' Basketball Boys' Cross Country Boys' Golf Boys' Hockey Boys' Soccer Boys' Swimming & Diving | | | Girls' Cross Country Girls' Golf Girls Gymnastics Girls' Hockey Girls' Soccer Girls' Softball Girls' Swimming & Diving | |
| Athletic Director Baseball Boys' Basketball Boys' Cross Country Boys' Golf Boys' Hockey Boys' Soccer Boys' Swimming & Diving Boys' Tennis | | | Girls' Cross Country Girls' Golf Girls Gymnastics Girls' Hockey Girls' Soccer Girls' Softball Girls' Swimming & Diving Girls' Tennis | |
| Athletic Director Baseball Boys' Basketball Boys' Cross Country Boys' Golf Boys' Hockey Boys' Soccer Boys' Swimming & Diving Boys' Tennis Boys' Track & Field Cheer Coaches | | | Girls' Cross Country Girls' Golf Girls Gymnastics Girls' Hockey Girls' Soccer Girls' Softball Girls' Swimming & Diving | |

Number of years coaching completed (as of June 2013)

If this form is for Membership ONLY mail application To: Karen Hardie, Membership Chair

Karen Hardie, Membership Chair 2472 Lilac Lane Fargo, ND 58102



National High School Athletic Coaches Association will host the 2012 NHSACA ANNUAL MEETING July 21 – 27, 2012

Holiday Inn Fargo – Fargo, ND (701) 282-2700

NO REFUND AFTER JULY 1, 2012

PLEASE COMPLETE THE LINES for college credit and for NHSACA meals and RETURN TO:

Gelaine Orvik 3457 26th Avenue South Fargo, ND 58103

GUEST FEE

| Will | your spouse or (| quest(s) be at | tending session | s? No | Yes (| If ves. | include \$10.00 | per person) |
|------|------------------|----------------|-----------------|-------|-------|---------|-----------------|-------------|
| | | | | ••••• | | (| | |

Name(s)

Number of guest(s) _____ x \$10.00 = ____

This information is needed to prepare admission name tags.

REGISTRATION FEE

EVERYONE (except guests) MUST PAY ANNUAL MEETING REGISTRATION FEE

| Annual Meeting Re | gistration fee/per person (No college classes) | _ND Coache | s pay to NDHSCA_ |
|-----------------------|--|--------------------|------------------|
| College Credits "Le | adership Class" (July 21-22, 2012) | \$250.00 = | \$ |
| (Must pay NDHSC | A Clinic Registration to enroll in NHSACA college credit | t "Leadership Cla | ass") |
| College Credits "Sp | oort Specific Coaching" (July 23-25, 2012) | \$350.00 = | \$ |
| (Must pay NDHSC | A Clinic Registration to enroll in NHSACA college credit | t "Sport Specific | Coaching") |
| | Hall of Fame Luncheon, July 24, 2012 @ | ⊉ \$40.00 x | \$ |
| | Awards Night Banquet, July 25, 2012 @ | <u>ي</u> \$40.00 x | \$ |
| GOLD CARD | (Paid to NDHSCA; NDHSCA will pay meals to NHSACA |) \$200.00 = | \$ |
| (Includes <u>NDHS</u> | CA Registration Fee and Hall of Fame & Awards Banqu | et Tickets) | |
| | Guest Fee (from above) @ \$10.00 | | \$ |
| | LATE REGISTRATION FEE (postmarked after July | 1, 2012) \$50.00 = | = \$ |
| | Total Amount of | Fees Enclosed: | \$ |
| For more informat | ion please call: | | |

For more information please call: 701-367-8282 Make checks payable to: NDHSCA

Send to: Gelaine Orvik NDHSCA Executive Secretary 3457 26th Avenue South Fargo, ND 58103

Visit our website at <u>www.ndhsca.com</u> for other information

See page 24 for Victory Milestones Form



Membership Registration 2012-2013

| Please | print! | |
|-----------------------|----------------|----------------------------|
| Name | Cell # | Membership: |
| School | E-Mail Address | High School Junior High |
| Home Phone | Work Phone | College |
| Home Address | | Life Associate |
| City/State/Zip Code _ | | Cheerleading |

In the A column, write H (head coach) or A (assistant coach) for the appropriate sport(s). In the second column, write your 2010-2011 record. In the third column, write your lifetime record for that sport. Records will be maintained as much as you provide information for Victory Milestones. If you qualify for a Victory Milestone Award, you are expected to notify NDHSCA with a full listing of your record in that sport. A 11-12 record lifetime record 11-12 record lifetime record Α

| Athletic Director Baseball | _ | | Girls' Cross Country Girls' Golf | |
|-------------------------------|--------------|----------|-------------------------------------|------|
| Boys Basketball | | | Girls' Hockey | |
| Boys Cross Country | | - | Girls' Soccer | |
| Boys Golf | | - | Girls' Softball | |
| Boys' Soccer | | - | Girls' Swimming & Diving | |
| Boys' Hockey | | - | Girls' Tennis | |
| Boys Swimming & Diving | | | Girls' Track & Field | |
| Boys Tennis | | | Gymnastics | |
| Boys Track & Field | | | Strength | |
| Football | | | Volleyball | |
| Girls' Basketball | | | Wrestling | |

List Year(s) and Sport(s) of state championships coached.

Have you filed a Victory Milestones Form?

Number of years coaching completed (as of June 2013)

Membership Fee: \$55.00

Sport

Signature _

Membership Fee includes \$1,000,000 Liability Insurance Coverage for active coaches: Association holds certificate of insurance.

Year

I would like to donate to the Gelaine Orvik Scholarship Fund (Donation is tax deductible). Increase check with the appropriate amount; a receipt for the donation will be returned.

> Coaches are urged to photocopy additional membership forms and solicit membership of other head and assistant coaches throughout each school district. - Thank you.

| Proud to be a Member of the NDHSCA Membership in the NDHSCA has the following benefits: \$1,000,000 Liability Insurance Coverage Subscription to our Dakota Coach newsletter Access to coaching openings in North Dakota Reduced admission to NDHSCA/NDHSAA Clinic during the year Free or reduced admission to many high school and college contests UND/NDSU football tickets for allotted number of coaches in reserved section (except Hockey) Eligibility for the full awards program of the NDHSCA Eligibility to serve on the Sports Advisory Committee Eligibility to serve on All-Star Coaching Staff Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA An organization that is concerned with offering programs that will help improve coaches An organization that is attempting to maintain and improve athletic programs for North Dakota's yout | th. |
|---|------------------|
| The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a proble or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better. | m, suggestion, |
| Membership deadlines: Fall-October 1 Winter-February 1 Spring-May 1 Return form to: Karen Hardie; NDHSCA Membership Chair | |
| 2472 Lilac Lane , Fargo, ND 58102 | Undated 7/5/2012 |

NDHSCA Victory Milestones

Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestone for the first time, make sure to give your record for each year. Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season



on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue South; Fargo, ND 58103. Awards will be sent upon request after records are updated.

Procedure For Determining Won/Loss Records In An Invitational Meet:

- A. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win
- B. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
- Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss re-C. cord for the season.
- D. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)
- Only meets in which three or more schools participate will count as an invitational.
- Schools can still have a dual meet record that would remain the same along with a record for the invitationals they attend.

| | | | | | | • | | | • | | |
|---------------|--------|--------|--------|--------|--------|-------------|----------|--------|----------|----------|--------|
| Sport | Cat. 1 | Cat. 2 | Cat. 3 | Cat. 4 | Cat. 5 | Sport | Cat. 1 | Cat. 2 | Cat. 3 | Cat. 4 | Cat. |
| Baseball | 75 | 150 | 225 | 300 | 375 | Soccer | 100 | 200 | 300 | 400 | 50 |
| Basketball | 100 | 200 | 300 | 400 | 500 | Softball | 75 | 150 | 225 | 300 | 37 |
| Cross Country | 50 | 100 | 150 | 200 | 250 | Swimming | 50 | 100 | 150 | 200 | 25 |
| Football | 50 | 100 | 150 | 200 | 250 | Tennis | 50 | 100 | 150 | 200 | 25 |
| Golf | 45 | 90 | 135 | 180 | 225 | Track/Field | 50 | 100 | 150 | 200 | 25 |
| Gymnastics | 45 | 90 | 135 | 180 | 225 | Volleyball | 150 | 300 | 450 | 600 | 75 |
| Hockey | 100 | 200 | 300 | 400 | 500 | Wrestling | 75 | 150 | 225 | 300 | 37 |
| | | | | | | | Example: | Meet 1 | 11 teams | 7 wins 4 | losses |

• It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

NDHSCA Victory Milestone Record Sheet

| Name | Date |
|-------------|------|
| E-Mail | |
| High School | |

Higl

Coaching Position Address

Losing % equals 11/33 = 33% 5 meets x .33 = 1.65 Your record for the season would be 3 wins and 2 losses for invitationals City/State/Zip Code

Totals

Meet 2

Meet 3

Meet 4

4 teams

6 teams

5 teams

5 meets 33 teams 22 wins 11 losses

Meet 5 7 teams 5 wins 2 losses

Winning % equals 22/33 = 67% 5 meets x .67=3.35

0 wins 4 losses

6 wins 0 losses

1 loss

4 wins

| Membership: High School | Associate | Junior Hig | gh | Life | - |
|-------------------------|-----------|------------|----|----------|----------------|
| Year School | Sport Va | sity JV | JH | Won/Loss | Overall Record |
| 2 | | | | | |
| 3 | | | | | |
| E | | | | | |
| <u> </u> | | | | | |
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| 14 15 | | | | | |



Lifetime Membership Application

To purchase a Lifetime Membership the prospective coach must have been:

An NDHSCA Member for 20 years.

An active high school coach for at least 25 years either in North Dakota or another state.

Lifetime Membership may be purchased for a one-time fee of \$300.

Such Lifetime Membership will carry all Active Membership benefits (including \$1,000,000 Liability

Insurance coverage, effective with 2009-2010 Membership Year).

A Lifetime Member relinquishes voting and office holding privileges if a member is no longer an active coach.

| Name | Cell # | |
|------------------------------|--|--|
| School | | |
| Home Phone | Work Phone | |
| Home Address | | |
| City/State/Zip code | | |
| Number of years coaching | completed (as of <u>June 2013</u>) | |
| Number of years NDHSCA | Member (as of <u>June 2013</u>) | |
| Fee: \$300 Include the fee w | ith this application. | |
| Mail fee and application to: | Gelaine Orvik NDHSCA Executive Secretary 3457 26 th Avenue South Fargo, ND 58103 | |

Lifetime Members are found the next page





Aardahl, Vern; Milnor HS Amundson, Greg; Mandan HS Anderson, Brian; Watford City HS Anderson, Darryl; Mandan HS Benson, Ron; Mott-Regent HS Berg, Mike; Grand Forks Central HS Bettenhausen, LeRoy; Watford City HS Brackenbury, Wayne; Mohall-Lansford-Sherwood HS Brenner, Henry; ND School for the Deaf Buen, Gene: Velva HS Burckhard, Richard; Parshall HS Butterfield, John; Hettinger HS Callahan, Mike; Minnewaukan HS Carlson, Ron: Minnewaukan HS Carlsrud, Dave: NDHSAA Conlon Frank; Jamestown HS Cornell, Rick; Grand Forks Schroeder JHS DeCoteau, Jerome; TMCHS Dew, Jim; Valley City State College Disher, Ken; Minot HS Dixon, Derrick; Turtle Mountain Community HS Dockter, Dwight; Hope-Page HS Fish, Frank; Watford City HS Fjeld, Greg; Minot HS Flaagan, Craig; Fargo Carl Ben Eielson MS Flyberg, Brian; Linton HS Folstad, Collette; West Fargo HS Gabrielsen, Thomas; Grand Forks Red River HS Gadberry, Ron: Hillsboro HS Hack, Rick: Ellendale HS Haggin, Barry; Divide County HS Halland, Joan; Kindred HS Hammer, Dennis; Grafton HS

Paid Life Members

Handt, Dave; Litchville-Marion HS Hanson, David; St. Thomas HS Hanson, Donald C.; Mandan HS Hardie, Rod: Fargo South HS Hauge, John; Bottineau HS Haugen, Derold; LaMoure HS Haussler, Jim; Bismarck Schools Healy. Dennis: Williston HS Hertel, Dale; Fargo South HS Horner, Dennis; Midway HS House, Leon; Mandan HS Hutchison, Donna: Grand Forks Red River HS Hutchison, John; Northwood HS Hutchison, Lonny; Northwood HS Jaeger, Kerry; Grand Forks Red River HS Jensen, Julie; Kindred HS Jeske, James; Killdeer HS Johnson, Harlan; Parshall HS Johnson, Wayne; Rolette HS Kaiser, Tim; Wahpeton HS Kjelgaard, Harold; Fargo Discovery JHS Kleveland, David; Central Valley HS Knutson, Al; Williston HS Krosbakken, Jerry; Fargo North HS Larson, Nancy; DesLacs-Burlington HS Lehman, Cory; Fargo South HS Leier, Dwight; Maddock HS Loberg, Myron; Devils Lake HS Lockwood, Ed; Fargo Public Schools Lvon. Jerry: Minot HS Maclver, Philip; Wahpeton JHS Mailloux, Gary; Fargo North HS Marsh, John; Fargo South HS

Past Presidents

Bertsch, Jonathan; Wells County HS Bever, Ed; Hillsboro HS Brown, Dale: Minot Ryan HS Cahill, Bill; Jamestown HS Coleman, Randy; Hazen HS Dougherty, Dave; Watford City HS Feeney, Bob; Bismarck HS Gambucci, Serg; Grand Forks Central HS Herman, Curt; Dakota Prairie HS Johnson, Randy: Hazen HS Manson, Gene; Minot HS Michaelson, Dave; Dickinson HS Moe, Pete; Washburn HS Olson, Carolyn; Grand Forks Red River HS Olson, Todd; Grand Forks Central HS Oksendahl, Rod: Cavalier HS Pederson, Harold; Williston

Popp, Jerry; Bowman HS Radke, Doyle; Minot HS Rio, Ken; Grand Forks Central HS Sheldon, Jerry; Fargo North HS Stavn, Julie; Bismarch Century HS Stein, Bruce; Hankinson HS Stone, Roger; Dickinson HS Theige, Howard; Minot HS Throndset, Dennis; Langdon HS Tidd, Nancy; Fargo North HS Vinger, Dick; Grand Forks Central HS Wall, Carl; Fargo North HS Wardner, Richard; Dickinson HS West, Terry; Grand Forks Red River HS Wingenbach, Ron; Bismarck Century HS Workman, Allyn; Lisbon HS

Lifetime Members

Bilkre, Marcy; Minot HS Farrell, Chipper; Minot HS Kalgaard, Dick; Bismarck Schools King, Bob; Valley City HS Orvik, Gelaine; Fargo South HS

Marshall, Joel; Hazen HS Martin, Phil; Lisbon HS McCleary, Barry; Napoleon HS McPherson, Scott; Bismarck Century HS Mitzel, Frank; Minto HS Nagel, Lee; Wahpeton HS Olson, Douglas; Beulah HS Olson, Linette: Bismarck Century HS Omdahl, Chad; Hatton-Northwood HS Opdahl, Mike; Larimore HS Overby, Dennis; Northwood HS Schatz, Mike; New England HS Schauer, Gary; Langdon HS Schmitt, Dan; Dakota Prairie HS Schreiner, Vernon: Minto HS Shirley, Marney; Jamestown HS Sluke, David; Grafton HS Snortland, Keith; Warwick HS Solberg, Sheryl; NDHSAA Sorensen, Chris; Hazen HS Stanley, Len; Bismarck State College Stein, Bruce; Hankinson HS Strand, Fred P.; Hatton-Northwood HS Suelzle, Tom; Watford City HS Towers, Ken; Grand Forks Red River HS Trieglaff, Robert; Fargo North HS Vigen, Randy; Central Valley HS Wagner, Chuck; Killdeer HS Waldal, Bob; Beach HS Walhaug, Garv: Surrev HS Walker, Larry; Killdeer HS Wheeling, Bob; Killdeer HS Wilson, Jerry; Bismarck Century HS Zimney, Bob; Grand Forks Red River HS



Sponsor Membership Form



- The North Dakota High School Coaches Association is a non-profit organization that is concerned with supporting athletic programs which benefit the youth of North Dakota.
- The NDHSCA is an organization that offers programs to help coaches keep in touch with new developments in athletics and coaching as well as attempting to maintain and improve athletic programs in North Dakota. Financial help is needed to support the award programs, the state convention, and the various all-state contests sponsored by the NDHSCA.
- All sponsor members receive a plaque from the NDHSCA to show its appreciation as well as being listed on the sponsor page in the *Dakota Coach*.

NDHSCA Sponsor Membership Fee: \$100.00

| Firm's Name |
|---|
| Address |
| City/Sate/Zip Code |
| Phone Number |
| Was the firm previously a Sponsor Member? |
| If yes, what years? |
| Signature of Authorizing Personnel |
| Would you like additional plaques? (available at \$10 per plaque) How many? |
| Name of Soliciting Coach |
| Address |
| City/State/Zip Code |
| Email Address |
| Please mail completed form and check to: Gelaine Orvik, Executive Secretary NDHSC |

ease mail completed form and check to: Gelaine Orvik, Executive Secretary NDHSCA 3457 - 26th Avenue South Fargo ND 58103

NDHSCA Sponsor Members 2011–2012

Allard Trophy Company Coca-Cola Bottling Co. Daktronics FLR Sanders Gerrell's Sport Center Gerrell's Sport Center Sports Film Exchange Xenith/Game Day Athletic Greg Bischoff T. J. Herauf David Gress Scott Irvine Scott Gerrell Brad Westrum Scott Eggiman Ben Franson 108 East Main Street
4150 3rd Ave. West
331 32nd Avenue
3079 92nd Ave
415 4th Street
1004 South Washington
1405 Prairie Parkway, Suite B
3301 Fiechtner Drive

Valley City, ND Dickinson, ND Brookings, SD Princeton, MN Devils Lake, ND Grand Forks, ND West Fargo, ND Fargo, ND

NEW Camp Insurance For Members

General Liability Coverage - \$1,000,000 Limit per Member

As a membership benefit of your state coaches association you are covered for all coaching activities. General Liability provides coverage to members from claims made by negligent acts accidentally committed resulting in bodily injury, personal and advertising injury or property damage to others.

Participant /Accident Coverage - \$25,000 Excess Medical Limit

Members have the option of providing participant/accident coverage for participants attending camps. Should an accident occur during a camp this coverage could help off-set the loss suffered by families affected by such accidents.

Certificates of Insurance

Today, most schools and athletic venues require coaches to provide proof of insurance or need to be named as an additional insured prior to utilizing their facilities. Upon request, certificates of insurance are issued by Loomis & LaPann Inc.

Enrollment Procedures & Questions

For additional information on coverage's, Participant/Accident enrollment procedures and Certificates of Insurance please contact Loomis & LaPann Inc. at 800-566-6479 or visit us online at: <u>www.loomislapann.com</u>

Kevin Joyce kjoyce@loomislapann.com

Karen Boller kboller@loomislapann.com

Greg Joly gjoly@loomislapann.com

Your locally owned Burger King Restaurants are proud to sponsor the North Dakota High School Coaches Association



North Dakota High School Coaches Association Official Publication

The *Dakota Coach* is the official publication of the NDHSCA and is distributed without charge to all NDHSCA members in good standing. Notes, articles, opinions, or letters to the editor are welcome if they deal with high school coaching concerns. They will be printed as space permits. Opinions and views of the authors are their own and do not always reflect the official position of the NDHSCA.

> Send to Gelaine Orvik - gorvik@cableone.net or to any of the members of the Executive Board. See page 2 for e-mail and mailing addresses or phone numbers

