



North Dakota High School Coaches Association Official Publication

DAKOTA COACH

Inside this issue:

Executive Committee	2
President's Message	3
NHSACA COTY Nominations	4
2012 Convention Update	4
Executive Secretary	5-6
Orvik Scholarship Fund	7
2010 Conv. Review (cont'd)	8
Liability Insurance (cont'd)	8
Membership Reg Form	9
Victory Milestones	10
Sports Advisory Comm.	11-12
All State, All Star & Outstanding Senior Athletes Selection	13
Letters to the Editor	14
Lifetime Membership Form	15
Lifetime Members Listing	16
Sponsor Members/Form	17
List of NDHSCA Forms	18
Back Page	19

2010 NDHSCA Convention Review

The 2010 NDHSCA Convention, held at the Fargo Doublewood Inn on July 27th-30th proved to be another outstanding event. Each year small details and developments make the week more successful every year.

The seminar for Beginning Coaches provided our state's first and second year coaches with some basics that should help them through the 2010-2011 coaching season. The objective of the seminar was to provide each "new" coach with special information to deal with those areas that have nothing to do with sport specifically. Mike Berg, Sherm Sylling and a two-hour session on care and prevention of athletic injuries were especially valuable. This was our first attempt to prepare coaches for their

profession by addressing the needs as noted by the NDHSCA *ad hoc committee* on professional education.

Although the two new sports sessions, Fastpitch Softball and Soccer, are still in their fledgling years, coaches of those sports still need to involve more coaches and elicit attendance from their sport membership. Only the speakers were present at some sessions; that must change to continue the offerings. Golf continues to provide great numbers for their relatively small coaching fraternity. Thank you golf coaches!

Most sport sessions declared a satisfied attendance. Football coaches were very complimentary of the two presentations by Ron Stolski, Brainerd (MN) HS and Rich Wilkie, Andover (MN) HS. Golf

Continued on page 8

NHSACA National COTY Nominations

The NDHSCA Executive Committee named the NHSACA National Coach of the Year Nominees at the July NDHSCA Executive Committee Meeting. The following have had NHSACA National Coach of the Year Nomination Data Forms sent to them with instructions to complete before October first:

Please see page 4 for listing of nominees.

Continued on page 4

Liability Insurance

As our membership is aware, NDHSCA added \$5.00 to the registration fee to pay for a liability policy for all *active* coaches. **Active** is a significant term as the policy does not cover **Associate** Members or **Inactive** Life Members.

I have spoken to personnel at Loomis-LaPann several times regarding coverage and restrictions. More details for the coverage delineate the differences between liability and medical coverage.

Continued on page 8

**NDHSCA
2011**

Convention Dates

July 26 - July 29

**Mandan
Seven Seas**

NDHSCA 2010-2011 Executive Committee



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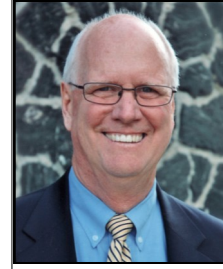


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President's Message - Fall 2010

Welcome back to another exciting new school year! I hope you are reenergized and looking forward to the 2010-2011 athletic seasons. The recently completed NDHSCA convention was once again a great success. Thank you to all that were able to attend and to all the great clinicians that presented in Fargo. I would like to also thank Gelaine, Randy and John for their organization of the clinic. Because of their efforts our membership is the benefactor of a quality convention and banquet each year!

I am honored to be the president of the NDHSCA. A huge thank you goes out to Pete Moe for his excellent leadership this past year. As president I challenge all members to recruit new members at the high school and middle school levels. Coaches at all levels can make a huge difference in our organization.

Thanks to Gelaine, Randy and John for their organization of the clinic. Because of their efforts our membership is the benefactor of a quality convention and banquet each year!

The website address has changed to www.ndhsca.com and has an updated look!

The website address has changed to www.ndhsca.com and has an updated look! The website has many excellent resources for our membership; there you can obtain membership forms, junior high and assistant coach of the year nomination forms, and applications for advisory committee positions.

I would like to take this opportunity to thank you for your continued hard work and dedication. Good luck and have fun working with all the student-athletes in your school this year.

Should you have any questions please do not hesitate to contact me or any of our executive board.

Carry on!

Dave Zittleman
President NDHSCA



Dave Zittleman

**BEGIN
PLANNING FOR
NEXT YEAR
JULY 26-29.
THIS WILL BE
OUR KICKOFF
FOR OUR
CELEBRATION
OF OUR 50TH
YEAR.**



Your locally owned
Burger King Restaurants
are proud to sponsor the NDHSCA



NHSACA National COTY Nominations (continued from page 1)

Athletic Director:	Lorell Jungling; Mandan HS
Baseball:	Jeff Fiechtner; Fargo North HS
Basketball-Boys':	Dan Carr; Linton HS
Basketball-Girls':	Mike Forsberg; Bottineau HS
X-Country-Boys':	Rick Anderson; Griggs County HS
X-Country-Girls':	Julie Stavn; Bismarck Century HS
Football:	Dan Smrekar; Bismarck St. Mary's HS
Soccer:	Dean Hashbarger; Fargo South HS
Softball:	Mike Bisenius; Grand Forks Red River HS
Special Sports:	Mike Merritt; Fargo North/South HS
Swimming & Diving	Ralph Manley; Mandan HS
Tennis:	Vic Youngs; Fargo South HS
Track & Field-Boys':	Scott Grochow; Rugby HS
Track & Field Girls':	Leland Opp; Hazen HS
Volleyball:	Lisa Strand; Thompson HS
Wrestling:	Jeff Schumacher; Bismarck HS
Assistant Coach – Boys':	Bob Holman; Minot HS
Assistant Coach – Girls':	Mark Murdock; Century HS

Nominations for the awards are made with consideration for the areas of evaluation for selection of the NHSACA National Coach of the Year: 1) Coaching Longevity; 2) Won-Lost Victory percentage; 3) Championships (state titles, state runner up titles, regional titles, district/conference titles); 4) Professional Service; and 5) Coaching Awards and Recognition.

The North Dakota nominees will be evaluated against the nominees from the other 50 states. The eight finalists from that evaluation will be evaluated again by the NHSACA Evaluation Committee. The eight finalists will attend the NHSACA Awards Banquet.

The NHSACA National Awards Banquet will be held at the Grand Amway Plaza Hotel in Grand Rapids, Michigan on Wednesday, June 22, 2011; in conjunction with the NHSACA National Coaches Annual Meeting.

◇

NHSACA 2012 Summer Convention UPDATE

Dave Dougherty

Plans for the NHSACA/NDHSCA combined conventions are moving forward very quickly. We have signed the contract with the Holiday Inn that will allow us ample room for our banquets, luncheons, general sessions and mini-sessions. The Holiday Inn has been very gracious and accommodating in meeting our needs for our convention. We met with the Fargo/Moorhead Convention Visitors Bureau at the end of July and they were very supportive of our convention. They will assist us in many areas including marketing, registration, and pre-convention organization.

It has also been confirmed that registrants for this convention will have the ability to earn up to **SEVEN** graduate semester hours of credit for attending and participating in this week-long convention. Thank you to Gelaine for his efforts and success with the college credits.

Thanks also go out to Randy Johnson for securing Universal Athletics as our sponsor for our coaches' social for this combined event. Work will continue for the next year and a half in the areas of finance, sponsorship, speakers, and schedules for this exciting event and North Dakota coaches will be vital to our success.

I would like to thank all of the coaches in North Dakota for their willingness to share their time and talents with our young athletes. Your influence and guidance is critical in their development as athletes and individuals. I would also like to thank you for your influence on me. The "North Dakota Way" has led me to places I never expected. The coaches in our state ARE the best in the nation.

◇



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Senior Athlete Awards**



-From the Executive Secretary's Desk

The 2010 NDHSCA Coaches Convention was very successful. The speakers were incredible; the attendance was fabulous.

The coaches from North Dakota are again reflecting their professional base. Our Individual Membership was at an all-time high with 1080. In addition to those paid members, we had three more Lifetime Memberships purchased. Thank you to all our paid members. Then we had 390 paid registrations at the 2010 Convention. And all this is during a financial crisis. Thank you, NDHSCA Members!

Our Individual Membership was at an all-time high with 1080.

We had sadness strike our fraternity again this autumn. Duane Hennessy passed away after a hospital stay as a result of a heart attack. I regret not attending his funeral, but had another close friend's funeral the same day. The day Duane passed away, the Grand Forks Schools showed their feelings as they had a fund-raiser for Matt Malm. Matt is fighting for his life as he deals with yet another brain tumor.

We are moving into the season-ending state tournaments. We have made every effort possible to make sure the Fall Season Coaches have become members and are eligible for the NDHSCA Season-ending awards. Tennis coaches culminate their season first the first weekend in October. That conclusion is followed by Division A Girls' Golf on Monday. Our membership is moving forward at another record pace. As of September 28th, our membership is 829. Last year on October first, our membership was 818. We are very lucky to have our coaches so active.

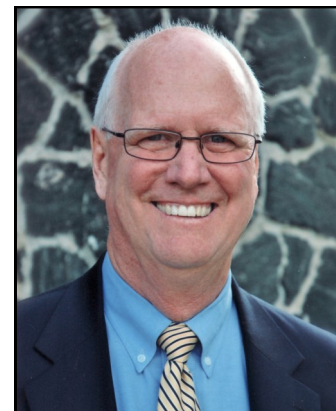
Last week I received a phone call from an attorney from NDEA. She was interested in the coverage that the NDEA Liability policy extends to coaches to include Liability in the classroom. We are questioning Loomis & LaPann regarding whether the NDEA policy and NDHSCA policy together provides \$2,000,000 coverage. More on that later! The satisfying side of the issue is that every active member coach has a \$1,000,000

Liability coverage while coaching and while in the classroom. NDHSCA and NDEA are sharing details of the policy to assure coaches their coverage.

Since the Minnesota school that has had coaches who allegedly provided tobacco and alcohol for athletes while at a holiday tournament and have been accused of fondling the athletes, we feel a great responsibility to say "Coaches, use your head! We have an obligation to uphold our code of ethics and our character is only as good as our actions." We have been entrusted with the lives of young ladies and gentlemen. We need to "walk the walk and talk the talk."

We have no room for being a irresponsible employee or agent of the school district. We need to be very particular that such things as twittering, texting, Facebook, and blogging are not a part of our programs. Anything and everything is posted on those electronic sites. We have a professional obligation to keep our standards at the highest level.

I have just completed the exchange of the last details with Dr. Isrow who is the instructor of record for our college credit. He is a wonderful person who is very cooperative. However he becomes exasperated when people register for credit and pay registration fees for credit, and then fail to complete the requirements for the course. Our coaches must always project the leadership we expect from our athletes; we need finish the project. Dr. Haussler and I have visited regarding attending the Annual Coaches Convention. His statement that he uses to remind Bismarck Schools' coaches is, "You expect your athletes to prepare for the next season; what have you done to prepare for your next season. That is what the Coaches Convention is for!" Thank you Jim for a great role in promoting the Convention and coaching education!



Gelaine Orvik

Executive Secretary (continued from page 5)

*The Gelaine Orvik
Scholarship Fund has
developed to over
\$4,000.00*

*Thanks to all of you who
supported this fund
individually
or as a group.*

I have to thank people individually and as a group for the support for the NDHSCA-Gelaine Orvik Scholarship Fund. The fund has developed into over \$4,000.00 already. We are still evaluating how much we need in the Fund before we begin awarding scholarships. We want to begin the award as soon as possible but do not want to place the program in jeopardy because we do not have lasting power. Just as we tell our athletes, "We need to finish the contest; the contest is more than 3 quarters, 1 ½ periods, 300 meters in a 400 meter race, etc. etc!" The scholarship to develop coaches is the goal; we are near the initiation of the first scholarship.

The 2012 NDHSCA hosting of the NHSACA needs the help of every coach. We need at least 8 coaches for each sports committee. Our goal is to make sure every NHSACA COTY Finalist is in attendance. I know that North Dakota can do that. We also need your ideas for a keynote speaker for each sport. Please contact me by E-mail to volunteer.

At the July 29th NDHSCA Coach of the Year and Hall of Fame Banquet, I was blessed with the National Federation "National Coach Contributor Award." Needless to say, I am very humbled with the award, but proud to accept it on behalf of the coaches of North Dakota. Without the coaches of our state, I would never have been recognized. I also owe Sherm Sylling and NDHSAA a huge Thank You for the nomination and for promoting my nomination for the award. I am certain that my serving my profession has been the force to receive the Contributor Award; the award is definitely an award of labor of love. Thank you Sherm, NDHSAA, National Federation, and the coaches of North Dakota!

**Begin planning for
the 2011 NDHSCA
Coaches Convention
to be held at the Man-
dan Seven Seas on
July 26-29th!**

**This will be our
"kickoff" for celebra-
tion of our 50th year!**

More details for the celebration activities will be shared with you in the December Issue of the *Dakota Coach*. Have a great year!

Gelaine

**Remember:
New NDHSCA
Website
www.ndhsca.com**



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NDHSCA Gelaine Orvik Scholarship Fund



The North Dakota High School Coaches Association has decided to provide a “**Gelaine Orvik Scholarship.**” The idea of this scholarship was brought to the NDHSCA Executive Board at the 2008 State Convention by Joe Howell. Gelaine Orvik is known as the Executive Secretary of the NDHSCA. He has also held this position on the National level. Gelaine has touched thousands of lives through his tireless effort and enthusiasm not only for we the coaches, but more importantly for student athletes. He is an outstanding role model, mentor, coach, teacher, person, and friend.

This scholarship will commemorate what Mr. Orvik has long stood for, helping students through scholarship. We would like to establish this fund so it will last a long time. In order to do this we are asking for donations. Any donation, no matter how big or small will assist us in accomplishing this goal.

Please feel free to give this information to a past member of the NDHSCA, or someone else you feel would be willing to contribute towards this scholarship. **Remember this donation is tax deductible. Please make checks payable to NDHSCA Gelaine Orvik Scholarship Fund.**

Please Print

Person Donating _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

E-mail Address _____

Amount of Donation _____ Date _____

Thank you for your generous offer!

PLEASE RETURN THIS FORM AND DONATION TO:

NDHSCA Office
3457 26th Avenue South
Fargo, ND 58103

PLEASE DETACH THIS BOTTOM PORTION FOR YOUR TAX RECORDS

NDHSCA Gelaine Orvik Scholarship Fund

Person Donating _____

Amount of Donation _____ Date _____

2010 NDHSCA Convention Review (continued from page 1)

sessions were especially well-attended. Track & Field and Cross-Country speakers were especially informative and helpful. Basketball coaches were especially impressed with the mixture of high school and college, male and female and new and old coaches. Volleyball speakers were very helpful and reliable. The speaker roster has never been superseded.

Although the involvement in the golf scramble was reduced in numbers, the excitement was no less intense. The social on Wednesday evening was a highlight of the entire week. The social is sponsored by Universal Athletics. One of the excitements of the evening was the third annual "beer can horseraces." With the "trifecta," 10% of the total was donated to the NDHSCA-Gelaine Orvik Scholarship Fund. With other donations from the evening, \$250.00 was deposited in the Scholarship Fund.

From an administrative viewpoint, the NDHSCA Hall of Fame and COTY Banquet printed program established a first: Every COTY photo, Hall of Fame photo, Assistant COTY photo, JHS COTY photo and Scholarship recipient photo was available for the program. That may seem like a trivial issue, but NDHSCA works diligently to have photos in the banquet program and this was the first time for all photos to be printed.

The banquet itself was very eventful with prestigious awards and deserving recipients aplenty.

Bottom line for measurement of success for the convention is the number of attendants. The 380 registrations is the most registered since NDHSCA hosted the NHSACA National Convention in 1991. Some years the registrations are inflated with no-shows. However, in 2010 the 380 included only 11 no-shows. In recent years we have had as many as 24 registrants fail to appear for the convention. We are constantly amazed with the increases in registrations for the convention and for membership (1080 in 2009-2010), in the face of financial recession. We are very thankful for all who registered and for the involvement and enthusiasm of the attendants.

Plans have already been initiated for the 2011 convention at the Seven Seas in Mandan. We urge every coach to be cognizant of assistance by providing suggestions of speaker names.

Begin planning for July 26th-29th next year. This will be our kickoff for our celebration of our 50th year.

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Liability Insurance (continued from page 1)

To see a copy of the certificate of insurance and participant accident request form, **go to the NDHSCA website: www.ndhsca.com; or contact Loomis-LaPann at their website: www.loomislapann.com.**

The website also notes a valuable offer to coaches who run camps in the summer. The additional coverage for camp is there for the requesting. An additional premium is required to cover additional coaches.

In the event of a liability claim, or if you should have additional questions, please contact the NDHSCA office with further discussion. ◇



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North Dakota High School Coaches Association

Membership Registration 2010-2011

Please print!

Name _____ Cell # _____
 School _____ E-mail Address _____
 Home Phone _____ Work Phone _____
 Home Address _____
 City/State/Zip Code _____

Membership:
 High School _____
 Junior High _____
 College _____
 Life _____
 Associate _____
 Cheerleading _____

In the A column, write H (head coach) or A (assistant coach) for the appropriate sport(s). In the second column, write your **2009-2010** record. In the third column, write your **lifetime** record for that sport.

Records will be maintained as much as you provide information for Victory Milestones. If you qualify for a Victory Milestone Award, you are expected to notify NDHSCA with a full listing of your record in that sport.

	A	09-10 record	lifetime record		A	09-10 record	lifetime record
Athletic Director	—	—	—	Girls' Cross Country	—	—	—
Baseball	—	—	—	Girls' Golf	—	—	—
Boys' Basketball	—	—	—	Girls' Hockey	—	—	—
Boys' Cross Country	—	—	—	Girls' Soccer	—	—	—
Boys' Golf	—	—	—	Girls' Softball	—	—	—
Boys' Hockey	—	—	—	Girls' Swimming & Diving	—	—	—
Boys' Soccer	—	—	—	Girls' Tennis	—	—	—
Boys' Swimming & Diving	—	—	—	Girls' Track & Field	—	—	—
Boys' Tennis	—	—	—	Gymnastics	—	—	—
Boys' Track & Field	—	—	—	Strength	—	—	—
Football	—	—	—	Volleyball	—	—	—
Girls' Basketball	—	—	—	Wrestling	—	—	—

List Year(s) and Sport(s) of state championships coached. _____
 Have you filed a Victory Milestones Form? _____
 Number of years coaching completed (**as of June '11**) _____

Signature _____ Fee: **\$55.00 (No Credit Cards Accepted)**
 I would like to donate to the Gelaine Orvik Scholarship Fund (Donation is tax deductible). Increase check with the appropriate amount.
Membership Fee includes \$1,000,000 Liability Insurance Coverage; Association holds the certificate of insurance.

Coaches are urged to photocopy additional membership forms and solicit membership of all head and assistant coaches throughout each school district. – Thank you.

Proud to be a Member of the NDHSCA

Membership in the NDHSCA has the following benefits:

- Subscription to our *Dakota Coach* newsletter
- Access to coaching openings in North Dakota
- Reduced admission to NDHSCA/NDHSAA Clinic during the year
- Free or reduced admission to many high school and college contests
- UND/NDSU football tickets for (except Hockey) \$1.00 allotted in reserved section
- Eligibility for the full awards program of the NDHSCA
- Eligibility to serve on the Sports Advisory Committee
- Eligibility to serve on All-Star Coaching Staff
- Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA
- An organized group that keeps everyone in touch with developments across the state and nation
- An organization that is concerned with offering programs that will help improve coaches
- An organization that is attempting to maintain and improve athletic programs for North Dakota's youth.



The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a problem, suggestion, or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better.

Membership deadlines: Fall-October 1 Winter-February 1 Spring-May 1
Return form to: Karen Hardie, NDHSCA Membership Chair ~ 2472 Lilac Lane ~ Fargo, ND 58102

NDHSCA Victory Milestones



Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestone for the first time, make sure to give your record for each year. Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season

on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue South; Fargo, ND 58103. Awards will be sent upon request after records are updated.

Procedure For Determining Won/Loss Records In An Invitational Meet:

- A. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
 - B. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
 - C. Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
 - D. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)
- Only meets in which three or more schools participate will count as an invitational.
 - Schools can still have a dual meet record that would remain the same along with a record for the invitationals they attend.

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Baseball	75	150	225	300	375
Basketball	100	200	300	400	500
Cross Country	50	100	150	200	250
Football	50	100	150	200	250
Golf	45	90	135	180	225
Gymnastics	45	90	135	180	225
Hockey	100	200	300	400	500

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Soccer	100	200	300	400	500
Softball	75	150	225	300	375
Swimming	50	100	150	200	250
Tennis	50	100	150	200	250
Track/Field	50	100	150	200	250
Volleyball	150	300	450	600	750
Wrestling	75	150	225	300	375

- It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

NDHSCA Victory Milestone Record Sheet

Name _____ Date _____

E-Mail _____

High School _____

Coaching Position _____

Address _____ City/State/Zip Code _____

Membership: High School _____ Associate _____ Junior High _____ Life _____

Example: Meet 1 11 teams 7 wins 4 losses
 Meet 2 4 teams 0 wins 4 losses
 Meet 3 6 teams 6 wins 0 losses
 Meet 4 5 teams 4 wins 1 loss
Meet 5 7 teams 5 wins 2 losses
Totals 5 meets 33 teams 22 wins 11 losses
 Winning % equals 22/33 = 67% 5 meets x .67=3.35
 Losing % equals 11/33 = 33% 5 meets x .33 = 1.65
 Your record for the season would be 3 wins and 2 losses for invitationals.

Year	School	Sport	Varsity	JV	JH	Won/Loss	Overall Record
1.	_____	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____	_____	_____
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15.	_____	_____	_____	_____	_____	_____	_____

2010-2011 NDHSAA Sports Advisory Committee

SPORT	REPRESENTATION	TERM
<u>BASEBALL:</u>		
DeWitt Mack; Mandan HS	A Division West Representative	2008-2011
Dave Silbernagel; Kidder County (Steele) HS	B Division West Representative	2009-2012
Joel Swanson; Fargo Shanley HS	A Division East Representative	2009-2013
Justin Fletschock; Central Cass HS	B Division East Representative	2010-2014
<u>BASKETBALL – Boys':</u>		
Jason Gregory; Grand Forks Red River HS	At Large Representative	2008-2011
Dean Winczewski; Minot HS	A Division Representative	2009-2012
Randy Cranston; Watford City HS	B Division Representative	2010-2013
<u>BASKETBALL – Girls':</u>		
Michael Sorlie; Gwinner North Sargent HS	B Division Representative	2008-2011
Alysia Barman; Dickinson Trinity HS	At Large Representative	2009-2012
Ron Metz; Bismarck Century HS	A Division Representative	2010-2013
<u>CHEERLEADING:</u>		
Kristen Allard; St. John HS	B Division Representative	2006-2010
Billie Ann Caya; Bismarck HS	At Large Representative	2008-2011
Luann Burris; Grand Forks Central HS	A Division Representative	2009-2012
<u>CROSS COUNTRY:</u>		
Rick Henry; Larimore HS	B Division Boys' Representative	2007-2011
Brad Lies; Bismarck Century HS	A Division Boys' Representative	2008-2012
Jonathan Jahner; Bowman County HS	B Division Girls' Representative	2010-2013
Aaron Walker; Fargo North HS	A Division Girls' Representative	2010-2014
<u>FOOTBALL:</u>		
Brad Sandy; Harvey HS	A Division Representative	2007-2011
Randy Gordon; Dickinson Trinity HS	AA Division Representative	2008-2012
Kelly Kalina; Fargo North HS	AAA Division Representative	2009-2013
Lyall Krueger; Surrey HS	Nine Man Representative	2010-2014
<u>GOLF:</u>		
Lynn Gress; Bismarck Century HS	A Division Girls' Representative	2007-2011
Vicki Soholt; May/Port-C/G HS	B Division Boys' Representative	2008-2012
LeRoy Bettenhausen; Williston Trinity Christian HS	B Division Girls' Representative	2009-2013
Dean Kraft; Jamestown HS	A Division Boys' Representative	2010-2014
<u>GYMNASTICS:</u>		
Pam Tweten; Minot HS	At Large Representative	2005-2011
Patty Moses; Wahpeton HS	East Representative	2010-2012
Mike Merritt; Fargo North HS	Secretary	1998-2005
<u>HOCKEY:</u>		
Matt Strinden; Bismarck Schools	Girls' Representative	2007-2011
Dave Hoff; Bottineau HS	Boys' Representative	2008-2012
Tony Bina; Grand Forks Central HS	Boys' Representative	2009-2013
Patrick Johnson; West Fargo HS	Girls' Representative	2010-2014
<u>SOCCER:</u>		
Joel Jahnke; Bismarck Century HS	Boys' West Representative	2008-2011
Sarah McNulty; Bismarck Century HS	Girls' West Representative	2009-2012
Doug Millar; West Fargo HS	Boys' East Representative	2009-2013
Cordell Sinding; Fargo North HS	Girls' East Representative	2010-2014
<u>SOFTBALL:</u>		
Bill Butterfield; Dickinson HS	West Representative	2009-2011
Neva Hamre; Enderlin HS	At Large Representative	2008-2012
Mike Bisenius; Grand Forks Red River HS	East Representative	2010-2013

SWIMMING & DIVING:

Brent Newman; Grand Forks Schools	Boys' Representative	2008-2011
Marcia Dahl; West Fargo HS	At Large Representative	2009-2012
Talia Butery; Fargo North HS	Girls' Representative	2010-2013

TENNIS:

Chad Anderson; West Fargo HS	East Girls' Representative	2008-2011
Paul Christen; Mandan HS	West Girls' Representative	2009-2012
Greg LaDouceur; Grand Forks Red River HS	East Boys' Representative	2010-2013
Erik Hanson; Bismarck HS	West Boys' Representative	2010-2014

TRACK & FIELD – Boys':

Paul Lean; Fargo Davies HS	A Division East Representative	2007-2011
Scott Grochow; Rugby HS	B Division West Representative	2008-2012
Tim Jacobsen; Bismarck Century HS	A Division West Representative	2009-2013
Greg Hoeckle; Carrington HS	B Division East Representative	2010-2014

TRACK & FIELD – Girls':

Darrin McKinnon; West Fargo HS	A Division East Representative	2007-2011
Greg Brown; Watford City HS	B Division West Representative	2008-2012
Nick Walker; Bismarck Century HS (_____)	A Division West Representative	2009-2013
	B Division East Representative	2010-2014

VOLLEYBALL:

Patty Luetzen-Schwarz; Minot HS	A Division Representative	2008-2011
Brian Filibeck; Richardton-Taylor HS	B Division Representative	2009-2012
Missy Miedema; Grand Forks Central HS	At Large Representative	2010-2013

WRESTLING:

Shon Horgan; Walhalla North Border HS	B Division Representative	2009-2011
Cory Schall; Oakes HS	B Division President	2010-2011
Scott Knowlen; Bismarck HS	A Division President	2010-2011



NORTH DAKOTA HIGH SCHOOL COACHES ASSOCIATION

Sports' Advisory Committee Application

NAME: _____

SCHOOL: _____

Home Address: _____

City, State & Zip: _____

Sport: _____ **E-Mail Address:** _____

Years of Coaching: _____ **Home Phone:** _____ **School Phone:** _____

Number of Years of Membership to the NDHSCA: _____

My duties as a Sports Advisory Committee member include:

1. Represent all coaches throughout the state in the assigned sport.
2. Coordinate regional or area meetings for statewide input.
3. Schedule and organize coaches' meetings at state contests.
4. If needed, survey or seek information for recommendations.
5. Attend the annual NDHSAA Sports' Advisory Committee Meeting and submit the recommendations as determined by the coaches in said sport.

I understand this is a THREE or FOUR YEAR commitment. Appointments will be made at the July Executive Committee Meeting.

Return form to: Gelaine Orvik, Executive Secretary

All State, All Star & Outstanding Senior Athlete Selections

The time has come for some basic statements to be made regarding balloting for All-State, All-Star and Outstanding Senior Athletes. NDHSCA has had some basic divergence in the selection process. NDHSCA has made some basic statements to clarify the purpose of recognition programs and the dangers that develop because coaches do not keep ethical purposes in mind throughout their coaching seasons.

Every coach has the responsibility to exhibit strong ethical standards when the selections of post season awards are made. Every coach must be prepared to stand his or her ground to parents, administration and team members when nominating and voting.

The time is gone when voting provincially is acceptable. Every coach has the ethical responsibility to vote for the best athlete regardless of where the athlete's school is located or who the athlete's coach is. Every coach has the responsibility to acquaint himself or herself with the accomplishments and talents of every athlete in the sport.

If an athlete is of questionable character or training habits, every coach needs to have the courage to withhold supporting such athletes for post season recognition.

This editorial has become necessary to address in view of some athletes who have been supported for awards even after coaches know that athletes have exhibited questionable efforts, training or leadership.

On another issue, the coaches of every sport have the capacity to select an All State Team. Several sports have well-developed selection processes in place. Boys' and girls' basketball are the only sports without All-State selections, since the media conducts an All-State selection for those sports.

Every sport should be aware that NDHSCA has certificates for the All-State recipients. However, NDHSCA is adamant regarding establishing a reasonable number for All-State designation. Football has a definite number for its First Team roster. Cross-Country determines All-State status by state meet finish. Likewise, Tennis awards All-State by state meet finish. Swimming & Diving has determination of All-State status by an athlete's superseding a designated time in an event.

However, some sports lack clear-cut selection processes, numbers to be selected, or actual selection. We must designate a selection process and team designation for the other sports. Also, be sure to include the same information for the All-State Rosters:

- Name
- School
- Position
- Grade
- School
- Coach
- Height and weight are optional

Good luck to all coaches and all sports as we confirm the selection process and release of All-State Teams. The Advisory Committees have the duties and responsibilities to share the selection rosters with the NDHSCA Office, as soon as possible after the selection. Then NDHSCA can release the rosters to the media and post the rosters on the NDHSCA website.

Thank you for your cooperation.

◇



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Letters to the Editor

Hi Gelaine,

I just wanted to say thank you again for the wonderful experience of coming back and speaking at this year's Convention. Seeing so many old friends and being so warmly welcomed were the highlight of this summer. Barb enjoyed her time there too.

It was especially rewarding being able to listen to Kristy present. It is almost overwhelming as a father when I watch that. So many times as I listened to her, I kept thinking back to the races she had competed in, some of those special moments we shared. I am amazed at where this poised and competent young lady came from! I think her mom deserves most of the credit. Certainly the good looks part of it! She credits me with her stubbornness; can you believe that?

Anyway, you made that possible. As always, even though we don't see each other nearly as often as we should, you remain a very close and dear friend. Please give our best to Linda also, and pass on my thanks to the entire board for such a great event. North Dakota rocks!

Hope the rest of your summer is a great one.

Jerry (Popp)
NDHSCA:

I enjoyed the convention last week, it was well organized and the sessions I attended were excellent. Thank you for the recognition for coaching Track. It's an honor to be able to work with the young people we have in North Dakota.

Allen Shreve
1305 1st Avenue NE
Mandan, ND 58554

Hi Gelaine,

The ND High School Coaches Association has an Executive Director and a President. I really like the idea. The President needs an experienced advisor and someone to follow. However, we have to keep infusing new blood into leadership role.

That is the line of chairs leading to the President. We did not have the advantage of an experienced advisor in my day. That would have been a great help.

We are thinking of implementing a similar arrangement in the ND Driver and Traffic Safety Education Association. I am interested in the specific duties of each office and their relationship to one another.

What is the selection process for your position? Is there a term? Could you supply me with that information? Maybe that info is in the Constitution and by-laws!

I am hoping the Past-President Membership Cards will be sent prior to opening games this fall. I really appreciate that perk!

Past President Howard Theige



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North Dakota High School Coaches Association

Lifetime Membership Application

To purchase a Lifetime Membership the prospective coach must have been:

An NDHSCA Member for 20 years.

An active high school coach for at least 25 years either in North Dakota or another state.

Lifetime Membership may be purchased for a one-time fee of \$300.

Such Lifetime Membership will carry all Active Membership benefits (including \$1,000,000 Liability Insurance coverage, effective with 2009-2010 Membership Year).

A Lifetime Member relinquishes voting and office holding privileges if a member is no longer an active coach.

Name _____ Cell # _____

School _____ Email Address _____

Home Phone _____ Work Phone _____

Home Address _____

City/State/Zip code _____

Number of years coaching completed (as of **June 2011**) _____

Number of years NDHSCA Member (as of **June 2011**) _____

Fee: \$300 Include the fee with this application.

**Mail fee and application to: Gelaine Orvik
NDHSCA Executive Secretary
3457 26th Avenue South
Fargo, ND 58103**

* * * * *

Lifetime Members are found the next page

**Paid Lifetime Members**

Aardahl, Vern; Milnor HS
Amundson, Greg; Mandan HS
Anderson, Brian; Watford City HS
Anderson, Darryl; Mandan HS
Benson, Ron; Mott-Regent HS
Berg, Mike; Grand Forks Central HS
Bettenhausen, LeRoy; Watford City HS
Brackenbury, Wayne; Mohall-Lansford-Sherwood HS
Brenner, Henry; ND School for the Deaf
Buen, Gene; Velva HS
Burckhard, Richard; Parshall HS
Callahan, Mike; Minnewaukan HS
Carlson, Ron; Minnewaukan HS
Carlsrud, Dave; NDHSAA
Cornell, Rick; Grand Forks Schroeder JHS
Dew, Jim; Valley City State College
Disher, Ken; Minot HS
Dixon, Derrick; Turtle Mountain Community HS
Dockter, Dwight; Hope-Page HS
Fish, Frank; Watford City HS
Fjeld, Greg; Minot HS
Folstad, Collette; West Fargo HS
Gabrielsen, Thomas; Grand Forks Red River HS
Gadberry, Ron; Hillsboro HS
Haggin, Barry; Divide County HS
Halland, Joan; Kindred HS
Hammer, Dennis; Grafton HS
Handt, Dave; Litchville-Marion HS
Hanson, David; St. Thomas HS

Hanson, Donald C.; Mandan HS
Hardie, Rodney; Fargo South HS
Hauge, John; Bottineau HS
Hausler, Jim; Bismarck Schools
Hertel, Dale; Fargo South HS
Horner, Dennis; Midway HS
House, Leon; Mandan HS
Hutchison, Donna; Grand Forks Red River HS
Hutchison, John; Northwood HS
Hutchison, Lonny; Northwood HS
Jaeger, Kerry; Grand Forks Red River HS
Jensen, Julie; Kindred HS
Jeske, James; Killdeer HS
Johnson, Wayne; Rolette HS
Kerlin, Don; Mayville/Portland-C/G HS
Kjelgaard, Harold; Fargo Discovery JHS
Kleveland, David; Central Valley HS
Krosbakken, Jerry; Fargo North HS
Larson, Nancy; DesLacs-Burlington HS
Lehman, Cory; Fargo South HS
Leier, Dwight; Maddock HS
Loberg, Myron; Devils Lake HS
Lockwood, Ed; Fargo Public Schools
Lyon, Jerry; Minot HS
MacIver, Philip; Wahpeton JHS
Mailloux, Gary; Fargo North HS
Marsh, John; Fargo South HS
Marshall, Joel; Hazen HS
Martin, Phil; Lisbon HS
McCleary, Barry; Napoleon HS

Nagel, Lee; Wahpeton HS
Olson, Douglas; Beulah HS
Olson, Linette; Bismarck Century HS
Omdahl, Chad; Hatton-Northwood HS
Opdahl, Mike; Larimore HS
Overby, Dennis; Northwood HS
Schauer, Gary; Langdon HS
Schatz, Mike; New England HS
Schmitt, Dan; Dakota Prairie HS
Schreiner, Vernon; Minto HS
Shirley, Marney; Jamestown HS
Sluke, David; Grafton HS
Snortland, Keith; Warwick HS
Solberg, Sheryl; NDHSAA
Sorensen, Chris; Hazen HS
Stanley, Len; Bismarck State College
Strand, Fred P.; Hatton-Northwood HS
Suelzle, Tom; Watford City HS
Towers, Ken; Grand Forks Red River HS
Trieglaff, Robert; Fargo North HS
Vigen, Randy; Central Valley HS
Waldal, Bob; Beach HS
Walhaug, Gary; Surrey HS
Walker, Larry; Killdeer HS
Wheeling, Bob; Killdeer HS
Wilson, Jerry; Bismarck Century HS
Zimney, Bob; Grand Forks Red River HS
◇

Past Presidents

Beyer, Ed; Hillsboro HS
Brown, Dale; Minot Ryan HS
Coleman, Randy; Hazen HS
Feeney, Bob; Bismarck HS
Gambucci, Serg; Grand Forks Central HS
Hennesy, Duane; Grand Forks Central HS
Herman, Curt; Dakota Prairie HS
Manson, Gene; Minot HS
Oskendahl, Rod; Cavalier HS
Pederson, Harold; Williston HS
Popp, Jerry; Bowman HS
Radke, Doyle; Minot HS
Rio, Ken; Grand Forks Central HS

Shedon, Jerry; Fargo North HS
Skaar, Marvin; Grand Forks HS
Stein, Bruce; Hankinson HS
Stone, Roger; Dickinson HS
Theige, Howard; Minot HS
Trondset, Dennis; Langdon HS
Tidd, Nancy; Fargo North HS
Vinger, Dick; Grand Forks Central HS
Wall, Carl; Fargo North HS
Wardner, Richard; Dickinson HS
West, Terry; Grand Forks Red River HS
Workman, Arlan; Lisbon HS

Lifetime Members

Bilkre, Marcy; Minot HS
Farrell, Chipper; Minot HS
Kalgaard, Dick; Bismarck Schools
King, Bob; Valley City HS
Orvik, Gelaine; Fargo South HS



North Dakota High School Coaches Association

Sponsor Membership Form

- The North Dakota High School Coaches Association is a non-profit organization that is concerned with supporting athletic programs which benefit the youth of North Dakota.
- The NDHSCA is an organization that offers programs to help coaches keep in touch with new developments in athletics and coaching as well as attempting to maintain and improve athletic programs in North Dakota. Financial help is needed to support the award programs, the state convention, and the various all-state contests sponsored by the NDHSCA.
- All sponsor members receive a plaque from the NDHSCA to show its appreciation as well as being listed on the sponsor page in the *Dakota Coach*.

NDHSCA Sponsor Membership Fee: \$100.00

Firm's Name _____

Address _____

City/State/Zip Code _____

Phone Number _____

Was the firm previously a Sponsor Member? _____

If yes, what years? _____

Signature of Authorizing Personnel _____

Would you like additional plaques? (available at \$10 per plaque) How many? _____

Name of Soliciting Coach _____

Address _____

City/State/Zip Code _____

Email Address _____

Please mail completed form and check to: **Gelaine Orvik, Executive Secretary NDHSCA**
3457 - 26th Avenue South
Fargo ND 58103

NDHSCA Sponsor Members 2010—2011

ENIVA	Dave Larsen	844 Greensview Ct NW	Hutchinson, MN 55350
Gerrells Sports Center	Brad Westrum	1004 South Washington	Grand Forks, ND 58201
Gerrells Sports Center	Mark Wookrow	1004 South Washington	Grand Forks, ND 58201
Graphic Edge	John Steichen	743 Highway 30 East	Carroll, IA 51401
Greg Larson Sports	Tom Piche	Box 567	Brainerd, MN 56401
Italian Moon Pizza	Brad Towers	810 South Washington Street	Grand Forks, ND 58201
Marcil Technologies	Scott Eggiman	3003 32 nd Ave South	Fargo, ND 58103
U S Army	Michael Robinson	4301 57 th St W; Suite 151	Sioux Falls, SD 57108
Universal Athletic Service	Travis Dressler	1031 West Owens Ave.	Bismarck, ND 58051
WRT, Inc. Wendys	Ken Towers	3760 32 nd Avenue South	Grand Forks, ND 58201



FORMS

Available on the NDHSCA Website

Search “NDHSCA” or enter
www.ndhsca.com

All State Football Nominee

Assistant Coach of the Year

Award of Merit Recommendation

Hall of Fame

Junior High Coach of the Year

Lifetime Membership Form

Membership Form

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North Dakota High School Coaches Association Official Publication

The *Dakota Coach* is the official publication of the NDHSCA and is distributed without charge to all NDHSCA members in good standing. Notes, articles, opinions, or letters to the editor are welcome if they deal with high school coaching concerns. They will be printed as space permits. Opinions and views of the authors are their own and do not always reflect the official position of the NDHSCA.

Send to Gelaine Orvik - gorvik@cableone.net

or to any of the members of the Executive Board.

See page 2 for e-mail and mailing addresses or phone numbers



**North Dakota
High School Coaches
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Outstanding Senior Athlete Award

