



North Dakota High School Coaches Association Official Publication

# DAKOTA COACH

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## NHSACA Hall of Fame Inductees

The North Dakota High School Coaches Association Executive Committee selected Dave Dougherty and Mike Kuhn for 2010 induction into the National High School Athletic Coaches Association Hall of Fame.

**Dave Dougherty** is formerly assistant football coach, head wrestling coach from Watford City High School.

**Mike Kuhn** is head girls' track and field at Mandan High School.

Coach Dougherty and Coach Kuhn will be inducted at the NHSACA Annual Meeting on June 22, 2010 held at the Best Western Ramkota Hotel in Sioux Falls, SD.

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## 2010 NDHSCA V PRES Candidates

Nominations for balloting for the North Dakota High School Coaches Association's Vice President have been made by the Executive Committee. The balloting will be conducted at the Annual Coaches Convention that will be held in Fargo July 27-30.

The candidates will be Ralph Manley and Dean Winczewski.

**Ralph Manley** is presently head boys' and girls' swimming and diving coach at Manley High School.

**Dean Winczewski** serves as head boys' basketball coach and assistant football coach at Minot High School.

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## NDHSCA Hall of Fame

NDHSCA Executive Committee announces the following inductees to the 2010 NDHSCA Hall of Fame.

**Gary Mailloux**, head Boys' Cross-Country and Boys' Track and Field Coach at Fargo North High School.

**Pete Moe**, head Football Coach and Athletic Director at Washburn High School.

**Doug Olson**, formerly head coach for Football, Boys' Basketball and Golf at Beulah High School.

**Dan Smrekar**, head Football Coach, Assistant Coach for Boys' Basketball and for Boys' Track and Field at Bismarck St. Mary's High School.

Continued on page 9

## NDHSCA Volleyball Chairs Appointed

**Tim Wallstrum**, Kenmare High School and **Lisa Strand**, Thompson High School were appointed to serve as NDHSCA Optimist's All-Star Volleyball Co-Chairs.

Congratulations to Tim and Lisa. All North Dakota Coaches will work diligently to assist in making the NDHSCA-Optimist's All-Star Volleyball Match an awesome event.

Continued on page 16

### NDHSCA 2010

#### Convention Dates

**Tuesday, July 27  
through  
Friday, July 30**

**Fargo**

# NDHSCA 2009-2010 Executive Committee



## President Pete Moe

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Washburn, ND 58577

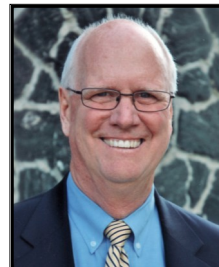
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## President's Message - Winter 2010

As you read this, our fall 2009 state champions have been crowned, and our winter sports are well under way. Congratulations to each of our state championship coaches on your dream seasons and to all our state and regional coach of the year recipients as well. Good luck to our winter sports coaches as they strive to build their teams to peak at the approaching tournament season.

There are two important issues for North Dakota coaches that I want to address in this article.

The NDHSAA board of directors at its October meeting authorized the establishment of an ad hoc committee to study if our state should move toward a minimum requirement to coach in our state. The committee met at the NDHSAA office on December 3, and the consensus was to recommend to the NDHSAA board of directors that the time is right to move toward establishing such a requirement. This discussion is in its early stages, but at this time the committee is focusing on using the National Federations online courses *Fundamentals of Coaching* and *First Aid for Coaches* as the core requirements. Currently over 450 North Dakota coaches have already completed the fundamentals course. Several questions remain to be answered. Should veteran coaches be grandfathered in? What role can our association's summer convention play in this process? Will there be a renewal process once the requirement has been met? If you have any thoughts or questions on this subject, please feel free to either contact me or Gelaine.

Finally, I want to address the creation of the Gelaine Orvik scholarship that our Association's Executive Committee authorized in 2008. This scholarship will go to a North Dakota high school senior that intends to become an educator and coach. To make this scholarship up and running and sustainable, we need a minimum of \$10,000. At this time we have had approximately \$2,500 donated. For our younger coaches that may not know the history of service Gelaine has given to the coaches of North Dakota, I offer the following synopsis of his career. Gelaine Orvik made his mark coaching track and field where he was twice chosen as the Class A COTY; he also coached football for several seasons. He was inducted to the NDHSCA hall of fame in 1993. His service to our organization will unlikely ever be matched by another individual. He began serving the NDHSCA as an assistant executive secretary in 1973 and has served as our executive secretary since 1979. For thirty-six years Gelaine has represented, educated, and when needed, fought for the coaches of our state. A sustainable scholarship in his name sponsored by our organization is appropriate to commemorate the career of this true North Dakota coaching icon. To make this scholarship a reality, we need our membership to get the fund jump started.

At the November 8, 2009 meeting the NDHSCA Executive Committee voted to approve adding



Pete Moe

a line to our coaches' convention registration form to allow registrants to donate to the fund when registering. The executive board will also allow our convention's clinicians the option of donating five dollars of their speaker's fee to the scholarship.

Many of you have already made a tax deductible donation to the scholarship, but to those of you that haven't, please consider completing the scholarship donation form found in this *Dakota Coach* and send in whatever amount donation you desire.

*Pete Moe*

Washburn HS  
President NDHSCA



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# NDHSCA Gelaine Orvik Scholarship Fund



The North Dakota High School Coaches Association has decided to provide a “**Gelaine Orvik Scholarship.**” The idea of this scholarship was brought to the NDHSCA Executive Board at the 2008 State Convention by Joe Howell. Gelaine Orvik is known as the Executive Secretary of the NDHSCA. He has also held this position on the National level. Gelaine has touched thousands of lives through his tireless effort and enthusiasm not only for we the coaches, but more importantly for student athletes. He is an outstanding role model, mentor, coach, teacher, person, and friend.

This scholarship will commemorate what Mr. Orvik has long stood for, helping students through scholarship. We would like to establish this fund so it will last a long time. In order to do this we are asking for donations. Any donation, no matter how big or small will assist us in accomplishing this goal.

Please feel free to give this information to a past member of the NDHSCA, or someone else you feel would be willing to contribute towards this scholarship. **Remember this donation is tax deductible. Please make checks payable to NDHSCA Gelaine Orvik Scholarship Fund.**

## Please Print

Person Donating \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

Amount of Donation \_\_\_\_\_ Date \_\_\_\_\_

**Thank you for your generous offer!**

PLEASE RETURN THIS FORM AND DONATION TO:

NDHSCA Office  
3457 26<sup>th</sup> Avenue South  
Fargo, ND 58103

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PLEASE DETACH THIS BOTTOM PORTION FOR YOUR TAX RECORDS

# NDHSCA Gelaine Orvik Scholarship Fund

Person Donating \_\_\_\_\_

Amount of Donation \_\_\_\_\_ Date \_\_\_\_\_

## NHSACA Hall of Fame Inductees (continued from page 1)

The North Dakota High School Coaches Association Executive Committee selected **Dave Dougherty** and **Mike Kuhn** for 2009 induction into the National High School Athletic Coaches Association National Hall of Fame. The Awards will be presented at a noon luncheon on Tuesday, June 23<sup>rd</sup>, 2009, at the NHSACA National Annual Meeting at the Best Western Ramkota Hotel in Sioux Falls, South Dakota. This induction is the fifteenth induction class.

**Dave Dougherty**, a recent resident of Fargo, North Dakota, spent 28 years of his 31 years of coaching in Watford City, ND. Dave and his wife Danell have four children: Chris and his wife Christine, Aaron, Nicole and Seth; they also have two grandsons: Carter and Parker.



**Coach Dougherty** spent 31 years coaching wrestling (23 years as head coach), 30 years coaching girls' track and field (21 as head coach) and 26 years as an assistant football coach.

As head wrestling coach, **Dave** recorded 385 wins, including 47 tournament titles, with an 81.5% won/loss ratio. During his 31 year career Dave coached 135 individual state place winners, including 33 individual state champions. There were also 5 state runner-up team finishes, 4 third place finishes, nine other top ten finishes and 14 regional championships.

**Coach Dougherty** was named regional Coach of the Year on five occasions, NDHSCA State COTY in 1997 and NHSACA National Wrestling COTY in 2005. In 2003 Dave was inducted into the NDHSCA Hall of Fame.

**Coach Dougherty's** teams won seven conference titles, 11 regional titles and a total of 101 multi-team track and field meet victories. He also coached five individual and five relay team state champions in those years. On five occasions, Dave was named regional COTY in track and field.

**Dave's** service to high school athletics includes serving on the NDHSCA Executive Committee from 1999-2005; the NDHSAA Wrestling advisory committee for 20 years and seeding committee for four years; president of Class B wrestling coaches for 15 years and NHSACA wrestling chairman for three years. Dave is currently serving a five year term on the NHSACA Executive Committee as Second Vice-President.

**Mike Kuhn** is the head track and field coach at Mandan High School. Mike and his wife, Jane, have one son, Christopher and a daughter-in-law, Emily; and one daughter, Sarah. They also have two grandchildren: Brayden and Kenzie.



Mike has been the head girls' track and field coach at Mandan since 1979. Over the past 31 years, Mandan's girls' track and field teams have won two state championships, eight state runner-up titles, five regional titles, 13 regional runner-up titles, and 295 overall track and field victories. Mandan girls' track and field athletes have won 54 individual event state championships and have held state track and field records in 11 of the 19 track and field events at one time or another during the "Kuhn Years at Mandan HS."

**Mike** was chosen NDHSCA Class A girls' track and field COTY 11 times and was selected West Region girls' track and field COTY 13 times. He has been selected NHSACA Track and Field COTY Finalist three times. In 1985 he was chosen Female Team Coach of the Year by the North Dakota Sportscasters and Sportswriters Association. In 2008 Mike was honored by the North Dakota High School Coaches Association by being inducted into the NDHSCA Hall of Fame.

**Mike** has also served NDHSCA and NDHSAA by being a track and field advisory committee representative for two three-year terms. He has also served as track and field clinician on several occasions at the NDHSCA State Convention. □



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## -From the Executive Secretary's Desk

The month of December came on to us like a lion--and I do not have my month mixed up with March. In November your NDHSCA Executive Committee met in Mandan and made several key decisions for the future of our organization. Pete Moe has alluded to support and leadership that NDHSCA has provided NDHSAA as we tackle the issue of coaching preparation. You will have a detailed summation of the meeting from NDHSAA; NDHSCA will provide additional comments after the next meeting.

Following the directions from the 2009 NDHSCA Annual Meeting, the NDHSCA Executive Committee prepared a proposal to host the 2012 NHSACA National Annual Meeting in Fargo. The proposal is to open the NHSACA education segment on Saturday, July 21<sup>st</sup> and initiate the Coach of the Year presentations on Monday, July 23<sup>rd</sup>. The NHSACA Hall of Fame Luncheon will be held on Tuesday, July 24<sup>th</sup>. The incomparable NHSACA National COTY Awards Banquet is scheduled for Wednesday, July 25<sup>th</sup>.

NDHSCA will open its segment of the week with its' regular Wednesday schedule. NDHSCA will use the NHSACA National COTY Finalists as speakers. Wednesday evening, while the NHSACA National COTY Awards Banquet is being held, NDHSCA will hold its annual hospitality mixer, hosted by Universal Athletics. This will be open only to NDHSCA registrants.

Registration will be administered by each organization with each organization being responsible for finances of their registrants. Registrants from both organizations will be eligible to attend any and all sessions. Admission to sessions will be monitored with only people with appropriate name tags allowed to enter.

Note that the All-State teams are posted on the NDHSCA website. Every roster is posted with the intent to include exactly the same information for each sport. The NDHSCA-POWERade Outstanding Senior Athlete of each sport and the NDHSCA Coach of the Year are also included in the roster. Only cross-country rosters are not included in the All-State listing.

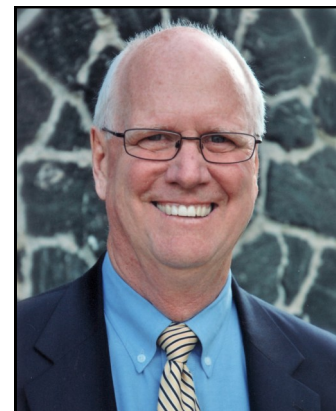
I feel obligated to elaborate on the NDHSCA-Gelaine Orvik Scholarship. Although I am humbled and proud for the Association for the "naming rights" of the Scholarship, I want to emphasize that

the name has nothing to do with the purpose of the scholarship. The Scholarship is designed for a North Dakota student/athlete who is entering the coaching education profession. That is the key to the scholarship; we want to generate the mentoring professionalism that so many North Dakota coaches have perpetuated.

By last count we have 947 coaches who are NDHSCA members and adhere to that tenet. Thank you for the honor, but each of us need to demonstrate a desire to leave that legacy that our educating and coaching have made our state the best state for our student-athletes.

A parent from Wyndmere-Lidgerwood sent a commendation letter for their football coach, Scott Strenge. The parent alludes to Coach Strenge's qualities that make him an incomparable coach and leader. Although I am certain that many such coaches exist, Strenge's relationship with his athletes have developed into a permanent bond. The best part of this is that parents are willing to stand and be counted by endorsing their coach for his qualities. So often we find parents that are pessimistic and cynical. I guess I would love to coach the athletes that have parents are so supportive. But, what am I saying, I have coached those athletes and had parents such as those. But, Coach Strenge, "Attaboy!"

Continued on page 7



Gelaine Orvik

**By last count we have  
947 coaches who are  
NDHSCA members.**

## Executive Secretary (continued from page 6)

Many of you will remember our close, personal friend and coaching cohort, Pat Sullivan. Patrick Sullivan passed away earlier this fall. Now, everyone of the era has undoubtedly a personal "Sullie" story to share. Most of them are certainly tainted with "living on the edge." He was a masterful motivator. He had an uncanny eye to detect weaknesses of players on the basketball court, although he certainly did not look like a basketball player. I will always remember his "swan dive" or was it a "belly flop" as he dived prone onto the hardwood court when his girls' basketball team qualified for the state tournament. We miss you Sullie, but you are obviously keeping everyone in heaven smiling.

Very important question for all coaches: What have you done to develop and retain game officials? When the committee met in December we still need more assistance. I can think of no better source to find officials than from coaches who understand the game. If athletes understand the game as we teach it, they will certainly make good officials. And they may make a few dollars for spending money!

I was very taken aback recently when an article appeared in the *Fargo Forum* on the Multi-sport athlete. I was surprised at the sources for the article in that not one comment was from an active head coach or assistant coach. Athletic Directors shared a very important side of the issue, but I cannot imagine a coach who would want the athlete of his or her sport to specialize and compete in only one sport.

Desiree' Larson, assistant track and field coach at NDSU, responded to the article with commentary from a parent's perspective. She had great insight and revealed her "coaching psychology" credentials. Thank you, Desiree'!

I hope every coach has a clear picture of the small percentage of athletes who go from high school to be a college athlete; and a much greater understanding of the minute percentage of athletes who receive college athletic scholarships.

My bell is ringing! I need to submit my message! Merry Christmas! Begin preparation for the 2010 NDHSCA Coaches Convention: July 27<sup>th</sup> -30<sup>th</sup>!

## NDHSCA SPONSOR MEMBERS

The following Associate Members have joined NDHSCA to support the Association and NDHSCA requests all members to support these people and organizations.

Greg Bischoff	Allard Trophy Company	108 East Main Street	Valley City, ND
Dave Gress	Daktronics	331 32nd Avenue	Brookings, SD
Andy Jordan	Gerrells' Sports Center	415 4th Street	Devils Lake, ND
Brian Kramer	Midwest Fieldturf	22 South Main Street	Dennison, IA
Jerry Martinson	Marcil Technologies	3003 32nd Ave. S. Suite 210	Fargo, ND
Tom Piche	Greg Larson Sports	1300 Highway 210 West	Brainerd, MN
Brad Westrum	Gerrells' Sports Center	1004 South Washington	Grand Forks, ND



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## 2010 NDHSCA Vice Presidential Candidates (continued from page 1)

**Ralph Manley** is a graduate of Fargo South High School and North Dakota State University. He is presently in his 24<sup>th</sup> year of teaching and coaching at Mandan High School. He previously coached eight years at Fargo South High School.



**Manley's** coaching record in boys' swimming and diving is 286 wins with 142 losses; in girls' swimming and diving 223 wins and 87 losses. Ralph has coached the Mandan High School boys' swimming and diving teams to state championships in 1995, 1997 and 1998. He coached the Mandan High School girls' swimming and diving teams to state championships in 1999, 2000, 2001 and 2002.

**Coach Manley** has provided professional service as a member of the swimming and diving Advisory Committee. He has been NHSACA Swimming and Diving Chairman for the past five years. He has been a speaker at the NDHSCA Coaches Convention several times.

**Ralph** has been named Western Dakota Association Regional Coach of the Year in boys' swimming and diving on five occasions and Eastern Dakota Conference Regional Coach of the Year once. He was also named Western Dakota Association Regional Coach of the Year in girls' swimming and diving three times. Manley was named NDHSCA State Boys' Swimming and Diving Coach of the Year in 1994 and 2002. He was named NDHSCA State Girls' Swimming and Diving Coach of the Year in 1997. He has been named National Federation National Coach of the Year Finalist in 2003 and 2007. Coach Manley was named NHSACA National Coach of the Year Finalist in 1999, 2002, 2005 and 2008.

**Ralph** and his wife, Colleen, have three children: Rachel, Curt and Breanna.

**Dean Winczewski** is a graduate of Minot Bishop Ryan High School, with his undergraduate degree from Minot State University. He has 14 years of teaching and coaching experience. He coached basketball for one year at the following schools: Sawyer High School, Glenburn High School, Kenmare High School, and Grand Forks Red River High School. He then spent eight years at Dickinson High School before settling the last two years at Minot High School. He has also coached football for eight seasons.



**Winczewski** has a 123-84 win-loss record in boys' basketball and a record of 11-11 in girls' basketball. He coached state championships at Dickinson High School in 2003 and 2007.

**Coach Winczewski** was named Western Region Boys' Basketball Coach of the Year in 2003 and 2007. He was also named NDHSCA Boys' Basketball State Coach of the Year in 2003 and 2007. In each of those years he also served as NDHSCA-Lions' All-Star Basketball coach. He has also been on the NDHSCA Boys' Basketball Advisory Committee for six years.

**Dean** and his wife, Jackie, have two children: Andrew and Aric.

**The balloting for the Vice Presidential candidates will be conducted at the Annual Coaches Convention in Fargo July 27-30, 2010**



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## 2010 NDHSCA Hall of Fame Inductees (continued from page 1)

The inductees will be recognized and receive awards during the 2010 NDHSCA Coaches Convention, held on July 27-30, 2010 in Fargo. The Hall of Fame Awards will be presented at the Annual Banquet on Thursday, July 29<sup>th</sup> at 6:30 PM at the Fargo Doublewood Inn Best Western Conference Center.

**Gary Mailloux** is a graduate of West Fargo High School and Jamestown College. He is a 43 year veteran coach at West Fargo High School, Jamestown College and Fargo North High School. He has coached Boys' and Girls' Cross-Country, Boys' Track and Field, Wrestling, Football, and Men's Basketball at various times at the three schools. Mailloux has also served as North High School Activities Director for 30 years. He has spent 41 years at Fargo North High School.

**Mailloux** coached North High School Cross-Country to an EDC Conference Title in 1987 and East Region Runner-up Titles in 1988, 1993, 1994, 2002, 2006, 2007 and 2008. He mentored the Spartans Boys' Track and Field teams to four EDC Indoor Titles and five EDC Outdoor Titles. The Spartans also won an East Region Runner-up Title in 1977 and East Region Titles in 1972, 1973 and 1978. The Spartans were State Runner-up Champions in 1972 and 1973.

**Coach Mailloux** coached Cross-Country teams held a 235-150 regular season record. The Spartan Track and Field teams have won over 200 victories in multi-meet meets. As an assistant football coach and assistant wrestling coach, Coach Mailloux does not have a won-loss record.

**Gary** has served his profession as a NDHSCA Convention Clinician, a Track and Field Advisory Committee Member, and a NDIAAA member on the NDHSAA Athletic Review Committee. He has also served as a Convention Moderator for NIAAA. Gary has been a Convention Presenter for NDIAAA. Mailloux has also served as a sports commissioner for the North

Dakota Prairie Rose Games. He has served as Eastern Dakota Conference Secretary/Treasurer for 25 years. Mailloux has served as Manager or Co-Manager of 60 Regional and State Tournaments, including Boys' and Girls' Regional and State Basketball, Boys' and Girls' Regional Track and Field, Boys' and Girls' Regional and State Cross-Country, Regional and State Wrestling, Regional Gymnastics and Regional Swimming and Diving. He has been a member of the Fargo Metro Tournament Committee.



**Coach Mailloux** received the NDHSCA Cross-Country Coach of the Year Award in 1987, 1994 and 2007. He also received the NDHSCA Athletic Director of the Year Award in 2001. Gary received the NIAAA State Award of Merit in 2006. He was inducted into the NDIAAA Hall of Fame in 2008. He received the "Coaches Award for Excellence in Sportsmanship" from the Watoma Club in Watertown, SD where the Spartans compete annually. Gary was recipient of the Fargo/Moorhead Convention & Visitors Bureau "Pathfinder Award."

**Coach Mailloux** was nominated for the NDHSCA Hall of Fame by Gelaine Orvik. Gary and his wife Karen have two daughters: Jennifer and Vanessa.

Continued on next page (10)



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## 2010 NDHSCA Hall of Fame Inductees (continued from page 9)

**Pete Moe** is a graduate of Cotton (MN) HS and the University of Minnesota-Duluth. He has coached football, girls' basketball, boys' basketball, track and field, and baseball at Albrook (MN) HS, Lancaster (MN) HS and Washburn High School. He is in his 32<sup>nd</sup> year of coaching at Washburn.

**Coach Moe** has coached his Cardinal Football to four conference titles, nine region runner-up titles and four region titles. His baseball teams earned 12 victories in 1976. His boys' basketball team won 22 games in 1977 and 1978. In 32 seasons his Washburn football teams have won 178 games.

**Moe** has been the supreme professional during his coaching tenure. He is presently NDHSCA President and is in the midst of his 5-year term on the NDHSCA Executive Committee. He was a member of the NDHSCA Football Advisory Committee for a three year term in 1995-1998. Pete has been a member of the NDHSCA All State Committee since 1996. He has been a member of the NDIAAA Board of Directors since 2002. He has served two terms as NDIAAA Southwest Representative. Moe is in the midst of a three year term on the NDHSAA Board of Directors. While on the NDHSAA Board, he has served as football committee chairman and as officials' committee chairman. Coach Moe has served as Region 6 nine-man football chairman for the 2006-2009 term. He has also served as Region 8 baseball chairman for the 2008-2009 term. In 2006-2007 Pete was a member of the NDHSAA Realignment Committee.

**Pete** received the NDHSCA Regional Coach of the Year Award in 1976, 1999, 2003 and 2005. He was also named NDHSCA Class A Football State COTY in 1999. In 2009 Pete received the NDHSCA Special Recognition Award for his service



for All-State selection chairman. He was nominated by NDHSCA for the 2010 NHSACA National COTY award. Coach Moe was nominated for District 10 NDIAAA Athletic Director of the Year six times. He was named Region 6 NDIAA AD of the Year five times. In 2004 Pete Moe received the NIAAA Award of Merit for North Dakota. He was named Class B AD of the Year by NDIAAA and NDHSCA in 2005.

**Pete Moe** was nominated for the NDHSCA Hall of Fame by Mike Berg. Pete and his wife, Barb, have two children: Erik and Kristin.

*Continued on next page (11)*

**Forms**  
All NDHSCA forms  
are available on the website

See page 22 in this issue  
for a list of the forms



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## 2010 NDHSCA Hall of Fame Inductees (continued from page 10)

**Doug Olson** is a graduate of New England High School and Dickinson State University. He is a 32 year coaching veteran at Ashley High School (2 years), Bismarck High School (one year) and Beulah High School (1980-2009). During his coaching tenure, Doug coached football, boys' basketball, boys' track and field and golf.



**Olson** mentored his teams to 12 conference titles, twelve football conference titles and one boys' track and field conference title. His boys' basketball team won 12 district titles. Doug led his teams to four boys' basketball regional runner up titles, to two football regional runner up titles and three golf regional runner up titles. He also guided his teams to regional titles in boys' basketball (5), football (3), golf (5) and boys' track and field (1). Coach Olson

coached his boys' basketball team to a state runner up title once and his boys' track, field team to a state runner-up title, football team to a state championship once and his golf teams to a state championship once.

**Coach Olson** had 452 career wins in boys' basketball. His football teams won 42 games. Under Olson's guidance, his golf teams won 19 dual/triangular contests and 16 multi-team contests. In his one year of coaching track and field, his team won six dual/triangular meets and 3 multi-team meets.

**Doug** was named NDHSCA Class B Boys' Golf Coach of the Year in 1996 and 1998. He coached the NNNNDHSCA-Lions' Basketball All-Star games in 1997 and 1998. In 1990 he coached the NDHSCA-Shrine Football All-Star game. He was named district COTY in boys' basketball 14 times, regional COTY in boys' basketball 6 times, regional golf COTY six times, and regional 11-man football COTY twice.

**Doug Olson** was nominated for the NDHSCA Hall of Fame by Randy Johnson. Doug and his wife, Jan, have two sons: Jayden and Josh.

### Mark Your Calendar!

## NDHSCA 2010 Convention Dates

**Tuesday, July 27 through Friday, July 30, 2010**  
**Fargo Doublewood Inn**



Continued on next page (10)



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## 2010 NDHSCA Hall of Fame Inductees (continued from page 9)

**Dan Smrekar** is a graduate of Silver Bay (MN) High School and NDSU. He began his teaching/coaching profession at Fargo Nativity School; he moved on to Kindred High School for one season. He has been head football coach at Bismarck St. Mary's High School since 1974 and holds that post. He also coached basketball and track and field at St. Mary's from 1974-1986. He has been athletic director at the Bismarck school for 20 years.

**Smrekar** has coached his football teams to Western Dakota Conference Championships nine times. His football teams have also won four state runner up titles and three state championships. He guided his football teams to 176 victories.

**Coach Smrekar** has served his profession to two four-year terms on the NDHSCA All-State selection committee. He was a member of the NDHSCA Shrine Football Game selection committee for 14 years while serving as host for several years. Dan represented the North Dakota athletic directors on the NDHSAA Athletic Review Committee for a three-term (2004-2006). He was the Class A West Region Representative to the NDIAAAA Board of Directors. Smrekar has been a member of the Bismarck Community Bowl Board

since 1995 while also serving as a board member to the Bismarck Baseball Boosters.

**Dan** was named NDHSCA Class A Football Coach of the Year in 1982 and 1989. He was on the NDHSCA-Shrine Football Coaching Staff in 1983 and 1988. The North Dakota Associated Press Sportswriters and Sportscaster selected Saints as "The High School Team of the Year" in 1994. Smrekar was also named "High School Coach of the Year" that year by the same group. In 1991 he was recognized by St. Mary's High School with its Distinguished Service Award. He was named NDHSCA Regional Class A Football COTY.

**Dan Smrekar** was nominated for the NDHSCA Hall of Fame by Steve Miller. Dan and his wife, Kris, have a son: Gus.



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## 2009-2010 NDHSCA Sports Advisory Committees

SPORT	REPRESENTATION	TERM
<b><u>BASEBALL:</u></b>		
Justin Fletschock; Central Cass HS	B Division East Representative	2007-2010
DeWitt Mack; Mandan HS	A Division West Representative	2008-2011
Dave Silbernagel; Kidder County (Steele) HS	B Division West Representative	2009-2012
Joel Swanson; Fargo Shanley HS	A Division East Representative	2009-2013
<b><u>BASKETBALL – Boys':</u></b>		
Elliot Rotvold; Hillsboro HS	B Division Representative	2007-2010
Jason Gregory; Grand Forks Red River HS	At Large Representative	2008-2011
Dean Winczewski; Minot HS	A Division Representative	2009-2012
<b><u>BASKETBALL – Girls':</u></b>		
Greg Jung; Dickinson HS	A Division Representative	2007-2010
Michael Sorlie; Gwinner North Sargent HS	B Division Representative	2008-2011
Alysia Barman; Dickinson Trinity HS	At Large Representative	2009-2012
<b><u>CHEERLEADING:</u></b>		
Kristen Allard; St. John HS	B Division Representative	2006-2010
Billie Ann Caya; Bismarck HS	At Large Representative	2008-2011
Luann Burris; Grand Forks Central HS	A Division Representative	2009-2012
<b><u>CROSS COUNTRY:</u></b>		
Brian Anderson; New Town HS	B Division Girls' Representative	2005-2009
Scott Reichenberger; Bismarck HS	A Division Girls' Representative	2006-2010
Rick Henry; Larimore HS	B Division Boys' Representative	2007-2011
Brad Lies; Bismarck Century HS	A Division Boys' Representative	2008-2012
<b><u>FOOTBALL:</u></b>		
Randy Vigen; Central Valley HS	Nine Man Representative	2006-2010
Brad Sandy; Harvey HS	A Division Representative	2007-2011
Randy Gordon; Dickinson Trinity HS	AA Division Representative	2008-2012
Kelly Kalina; Fargo North HS	AAA Division Representative	2009-2013
<b><u>GOLF:</u></b>		
Steve Kennedy; Fargo South HS	A Division Boys' Representative	2006-2010
Lynn Gress; Bismarck Century HS	A Division Girls' Representative	2007-2011
Vicki Soholt; May/Port-C/G HS	B Division Boys' Representative	2008-2012
LeRoy Bettenhausen; Watford City HS	B Division Girls' Representative	2009-2013
<b><u>GYMNASTICS:</u></b>		
Curt Sherbrooke; Bismarck Schools	West Representative	2004-2007
Pam Tweten; Minot HS	At Large Representative	2005-2008
<b><u>VACANCY</u></b>	<b>East Representative</b>	<b>2009-2012</b>
Mike Merritt; Fargo North HS	Secretary	1998-2005
<b><u>HOCKEY:</u></b>		
Patrick Johnson; West Fargo HS	Girls' Representative	2006-2010
Travis Ingebretson; Fargo South HS	Girls' Representative	2007-2011
Dave Hoff; Bottineau HS	Boys' Representative	2008-2012
Tony Bina; Grand Forks Central HS	Boys' Representative	2009-2013
<b><u>SOCCER:</u></b>		
Cordell Sinding; Fargo North HS	Girls' East Representative	2007-2010
Joel Jahnke; Bismarck Century HS	Boys' West Representative	2008-2011
Sarah McNulty; Bismarck Century HS	Girls' West Representative	2009-2012
Doug Millar; West Fargo HS	Boys' West Representative	2009-2013

## 2009-2010 NDHSCA Sports Advisory Committees (continued from page 9)

### SOFTBALL:

Mike Bisenius; Grand Forks Red River HS	East Representative	2008-2010
Bill Butterfield; Dickinson HS	West Representative	2009-2011
Neva Hamre; Enderlin HS	At Large Representative	2008-2012

### SWIMMING & DIVING:

Anne Retzlaff; Wahpeton HS	Girls' Representative	2007-2010
Brent Newman; Grand Forks Schools	Boys' Representative	2008-2011
Marcia Dahl; West Fargo HS	At Large Representative	2009-2012

### TENNIS:

Scott McPherson; Bismarck Century HS	West Boys' Representative	2007-2010
Chad Anderson; West Fargo HS	East Girls' Representative	2008-2011
Paul Christen; Mandan HS	West Girls' Representative	2009-2012
Greg LaDouceur; Grand Forks Red River HS	East Boys' Representative	2010-2013

### TRACK & FIELD – Boys':

Michelle Orth; Wyndmere HS	B Division East Representative	2006-2010
Paul Lean; Fargo South HS	A Division East Representative	2007-2011
Scott Grochow; Rugby HS	B Division West Representative	2008-2012
Tim Jacobsen; Bismarck Century HS	A Division West Representative	2009-2013

### TRACK & FIELD – Girls':

Bobby Hoffner; Benson County HS	B Division East Representative	2006-2010
Lisa Svaleson; Fargo South HS	A Division East Representative	2007-2011
Greg Brown; Watford City HS	B Division West Representative	2008-2012
Nick Walker; Bismarck Century HS	A Division West Representative	2009-2013

### VOLLEYBALL:

Lisa Strand; Thompson HS	At Large Representative	2007-2010
Patty Luetzen-Schwarz; Minot HS	A Division Representative	2008-2011
Brian Filibeck; Richardton-Taylor HS	B Division Representative	2009-2012

### WRESTLING:

Shon Horgan; Walhalla North Border HS	B Division Representative	2009-2011
Cory Schall; Oakes HS	B Division President	2009-2010
Scott Knowlen; Bismarck HS	A Division President	2009-2010

## NORTH DAKOTA HIGH SCHOOL COACHES ASSOCIATION Sports' Advisory Committee Application



**NAME:** \_\_\_\_\_

**SCHOOL:** \_\_\_\_\_

**Home Address:** \_\_\_\_\_

**City, State & Zip:** \_\_\_\_\_

**Sport:** \_\_\_\_\_ **E-Mail Address:** \_\_\_\_\_

**Years of Coaching:** \_\_\_\_\_ **Home Phone:** \_\_\_\_\_ **School Phone:** \_\_\_\_\_

**Number of Years of Membership to the NDHSCA:** \_\_\_\_\_

**My duties as a Sports Advisory Committee member include:**

1. Represent all coaches throughout the state in the assigned sport.
2. Coordinate regional or area meetings for statewide input.
3. Schedule and organize coaches' meetings at state contests.
4. If needed, survey or seek information for recommendations.
5. Attend the annual NDHSCA Sports' Advisory Committee Meeting and submit the recommendations as determined by the coaches in said sport.

I understand this is a THREE or FOUR YEAR commitment.

## 2009-2010 NDHSCA Coach of the Year Recipients

<u>SPORT</u>	<u>Name</u>		<u>SCHOOL</u>
Division A Girls' Golf	Donald	Johnson	Fargo Shanley HS
Division A Boys' Tennis	Vic	Youngs	Fargo South HS
Division A Boys' Soccer	Dean	Hashbarger	Fargo South HS
Division A Boys' Cross-Country	Darrell	Anderson	Bismarck HS
Division A Boys' Cross-Country	Dave	Zittleman	Bismarck HS
Division A Girls' Cross-Country	Scott	Reichenberger	Bismarck HS
Division B Girls' Cross-Country	Rick	Anderson	Griggs County Central HS
Division B Boys' Cross-Country	William E.	Jansen	Rugby HS
Division B Boys' Nine-Man Football	Scott	Thorson	TGU Towner HS
Division A Boys' Football	Andrew	DelaBarre	Langdon HS
Division AA Boys' Football	Steve	Laqua	Fargo Shanley HS
Division AAA Boys' Football	Jay	Gibson	West Fargo HS
Division A Girls' Swimming & Diving	Jody	Bolinske	Williston HS
Division A Girls' Volleyball	Carolyn	Olson	GF Red River HS
Division B Girls' Volleyball	Brenda	Lang	Harvey HS

## 2010 North Dakota Shrine Bowl Coaching Staffs

### 9-Man East:

Head Coach: Jack Biesterfeld, Kidder County HS  
 Assistants: John Maus, Thompson HS  
 Kelly McCleary, Napoleon HS  
 Jason Monilaws, Hankinson HS

### 9-Man West:

Head Coach: Scott Thorson, TGU-Towner HS  
 Assistants: Ron Benson, Mott-Regent HS  
 Courtney Seime, Kenmare-Bowbells HS  
 Mike Zier, Beach HS

### 11-Man East:

Head Coach: Mike McCall, Wahpeton HS  
 Assistants: Andy DelaBarre, Langdon HS  
 Sandy Laxdal, Cavalier HS  
 Vyrn Muir, Grand Forks Red River HS

### 11-Man West:

Head Coach: Jay Schneider, Devils Lake HS  
 Assistants: Marty Hochhalter, Carrington HS  
 James Johnson, Des Lacs-Burlington HS  
 Tim Schaffer, Williams County HS



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## NDHSCA-Optimist's All-Star Volleyball Chairs Appointed

The North Dakota High School Coaches Association voted to appoint replacement All-Star Volleyball Chairs in response to the resignation of Scott Toenies. Tim Wallstrum, Kenmare High School, and Lisa Strand, Thompson High School, were appointed and they accepted the appointment to serve as Co-Chairs for the NDHSCA-Optimist's All-Star Volleyball.

**Tim Wallstrum** has coached for 24 years and served as head volleyball coach for 23 years at Kenmare High School. His teams have won district championships on six occasions and regional championships eight times. His Kenmare Honker teams have won state championships in 2007 and 2009.



Coach Wallstrum has received the NDHSCA State Coach of the Year Award twice (1992 and 1996). He was also noted as Minot *Daily News* Coach of the Year in 2006, 2007 and 2008. He received the Region 6 Coach of the Year Award eight times and the District 12 Award three times.

Tim served as Class B Region six representative for 15 years. He was a member of the NDHSAA Advisory Committee for one year. Wallstrum has been a coach in the NDHSCA-Optimist's All-Star Volleyball Match four times. He has presented at the NDHSCA Coaches Convention three times.

Tim's duties will include primarily contact preparation for players and coaches. He will provide game personnel to Lisa Strand and Lori Dekeyser, Optimist's Chair for the All-Star Volleyball.

**Lisa Strand** is also a 20 year coaching veteran that includes being head volleyball coach at Thompson High School for all of her tenure.

Coach Strand has served on two *Ad Hoc Committees* for NDHSAA as a representative for NDHSCA. She is currently a member of the Advisory Committee.



Lisa's Thompson Volleyball teams were State Champions in 1996-'97, 1997-'98, 2004 and 2005. Thompson High School won Region 2 Championships six times. Strand also coached Thompson girls' basketball to regional championships in 1993 and 1994.

Lisa was named NDHSCA State Coach of the year in 2005 and 2008. She also was recognized by the North Dakota Sportscasters and Sportswriters with the their High School Female Coach of the Year in 2005.

Strand's duties will include primarily assistance with site arrangements and cooperating with Optimist's Chair for All-Star Volleyball, Lori Dekeyser.

Tim and Lisa will assume duties this year and work cooperatively with Lori throughout the season. A major obstacle to overcome and eradicate will be the naming and retaining the players.

Again, Congratulations to Tim and Lisa.



**National Coaches Convention**

**June 19 - 20, 2010**

**Sioux Falls, South Dakota**

**Mark Your Calendar**







# North Dakota High School Coaches Association

## Membership Registration 2009-2010

**Please print!**

Name \_\_\_\_\_ Cell # \_\_\_\_\_  
 School \_\_\_\_\_ E-mail Address \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City/State/Zip Code \_\_\_\_\_

**Membership:**  
 High School \_\_\_\_\_  
 Junior High \_\_\_\_\_  
 College \_\_\_\_\_  
 Life \_\_\_\_\_  
 Associate \_\_\_\_\_  
 Cheerleading \_\_\_\_\_

In the A column, write H (head coach) or A (assistant coach) for the appropriate sport(s). In the second column, write your **2008-2009** record. In the third column, write your **lifetime** record for that sport.

	A	08-09 record	lifetime record		A	08-09 record	lifetime record
Athletic Director	—	—	—	Girls Cross Country	—	—	—
Baseball	—	—	—	Girls Golf	—	—	—
Boys Basketball	—	—	—	Girls Hockey	—	—	—
Boys Cross Country	—	—	—	Girls Soccer	—	—	—
Boys Golf	—	—	—	Girls Swimming & Diving	—	—	—
Boys Hockey	—	—	—	Girls Tennis	—	—	—
Boys Soccer	—	—	—	Girls Track & Field	—	—	—
Boys Swimming & Diving	—	—	—	Gymnastics	—	—	—
Boys Tennis	—	—	—	Softball	—	—	—
Boys Track & Field	—	—	—	Strength	—	—	—
Football	—	—	—	Volleyball	—	—	—
Girls Basketball	—	—	—	Wrestling	—	—	—

List Year(s) and Sport(s) of state championships coached.

Have you filed a Victory Milestones Form? \_\_\_\_\_

Number of years coaching completed (as of June '10) \_\_\_\_\_

Year	Sport
_____	_____
_____	_____
_____	_____

Signature \_\_\_\_\_ Fee: **\$55.00 (No Credit Cards Accepted)**

**Membership Fee includes \$1,000,000 Liability Insurance Coverage; Association holds the certificate of insurance.**

**Coaches are urged to photocopy additional membership forms and solicit membership of all head and assistant coaches throughout each school district. – Thank you.**

### *Proud to be a Member of the NDHSCA*

Membership in the NDHSCA has the following benefits:

- Subscription to our *Dakota Coach* newsletter
- Access to coaching openings in North Dakota
- Reduced admission to NDHSCA/NDHSAA Clinic during the year
- Free or reduced admission to many high school and college contests
- UND/NDSU football tickets for (except Hockey) \$1.00 allotted in reserved section
- Eligibility for the full awards program of the NDHSCA
- Eligibility to serve on the Sports Advisory Committee
- Eligibility to serve on All-Star Coaching Staff
- Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA
- An organized group that keeps everyone in touch with developments across the state and nation
- An organization that is concerned with offering programs that will help improve coaches
- An organization that is attempting to maintain and improve athletic programs for North Dakota's youth.

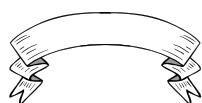


The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a problem, suggestion, or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better.

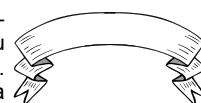
**Membership deadlines: Fall-October 1      Winter-February 1      Spring-May 1**

**Return form to: Karen Hardie, NDHSCA Membership Chair ~ 741 Royal Oaks Drive ~ Fargo, ND 58102**

# NDHSCA Victory Milestones



Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestone for the first time, make sure to give your record for each year.



Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

**Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue South; Fargo, ND 58103.** Awards will be sent upon request after records are updated.

### Procedure For Determining Won/Loss Records In An Invitational Meet:

- A. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
- B. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
- C. Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
- D. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Baseball	75	150	225	300	375
Basketball	100	200	300	400	500
Cross Country	50	100	150	200	250
Football	50	100	150	200	250
Golf	45	90	135	180	225
Gymnastics	45	90	135	180	225
Hockey	100	200	300	400	500

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Soccer	100	200	300	400	500
Softball	75	150	225	300	375
Swimming	50	100	150	200	250
Tennis	50	100	150	200	250
Track/Field	50	100	150	200	250
Volleyball	150	300	450	600	750
Wrestling	75	150	225	300	375

- Only meets in which three or more schools participate will count as an invitational.
- Schools can still have a dual meet record that would remain the same along with a record for the invitationals they attend.
- It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

Example: Meet 1 11 teams 7 wins 4 losses  
 Meet 2 4 teams 0 wins 4 losses  
 Meet 3 6 teams 6 wins 0 losses  
 Meet 4 5 teams 4 wins 1 loss  
 Meet 5 7 teams 5 wins 2 losses  
Totals 5 meets 33 teams 22 wins 11 losses  
 Winning % equals 22/33 = 67% 5 meets x .67=3.35  
 Losing % equals 11/33 = 33% 5 meets x .33 = 1.65  
 Your record for the season would be 3 wins and 2 losses for invitationals.

## NDHSCA Victory Milestone Record Sheet

Name \_\_\_\_\_ Date \_\_\_\_\_ E-Mail \_\_\_\_\_  
 High School \_\_\_\_\_ Coaching Position \_\_\_\_\_  
 Address \_\_\_\_\_ City/State/Zip Code \_\_\_\_\_  
 Membership: High School \_\_\_\_\_ Associate \_\_\_\_\_ Junior High \_\_\_\_\_ Life \_\_\_\_\_

	Year	School	Sport	Varsity	JV	JH	Won/Loss	Overall Record
1.	_____	_____	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____	_____	_____	_____
13.	_____	_____	_____	_____	_____	_____	_____	_____
14.	_____	_____	_____	_____	_____	_____	_____	_____
15.	_____	_____	_____	_____	_____	_____	_____	_____



## North Dakota High School Coaches Association

# Lifetime Membership Application

To purchase a Lifetime Membership the prospective coach must have been:

**An NDHSCA Member for 20 years.**

**An active high school coach for at least 25 years either in North Dakota or another state.**

Lifetime Membership may be purchased for a one-time fee of \$300.

Such Lifetime Membership will carry all Active Membership benefits (including \$1,000,000 Liability Insurance coverage, effective with 2009-2010 Membership Year).

A Lifetime Member relinquishes voting and office holding privileges if a member is no longer an active coach.

Name \_\_\_\_\_ Cell # \_\_\_\_\_

School \_\_\_\_\_ Email Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Home Address \_\_\_\_\_

City/State/Zip code \_\_\_\_\_

Number of years coaching completed (as of **June 2010**) \_\_\_\_\_

Number of years NDHSCA Member (as of **June 2010**) \_\_\_\_\_

**Fee: \$300 Include the fee with this application.**

**Mail fee and application to: Gelaine Orvik  
NDHSCA Executive Secretary  
3457 26<sup>th</sup> Avenue South  
Fargo, ND 58103**

\* \* \* \* \*

**Lifetime Members are found the next page**

**Paid Lifetime Members**

Aardahl, Vern; Milnor HS  
Amundson, Greg; Mandan HS  
Anderson, Brian; Watford City HS  
Anderson, Darryl; Mandan HS  
Benson, Ron; Mott-Regent HS  
Berg, Mike; Grand Forks Central HS  
Bettenhausen, LeRoy; Watford City HS  
Brackenbury, Wayne; Mohall-Lansford-Sherwood HS  
Brenner, Henry; ND School for the Deaf  
Buen, Gene; Velva HS  
Burckhard, Richard; Parshall HS  
Callahan, Mike; Minnewaukan HS  
Carlson, Ron; Minnewaukan HS  
Carlsrud, Dave; NDHSAA  
Cornell, Rick; Grand Forks Schroeder JHS  
Dew, Jim; Valley City State College  
Disher, Ken; Minot HS  
Dixon, Derrick; Turtle Mountain Community HS  
Dockter, Dwight; Hope-Page HS  
Fish, Frank; Watford City HS  
Fjeld, Greg; Minot HS  
Folstad, Collette; West Fargo HS  
Gabrielsen, Thomas; Grand Forks Red River HS  
Gadberry, Ron; Hillsboro HS  
Haggin, Barry; Divide County HS  
Halland, Joan; Kindred HS  
Hammer, Dennis; Grafton HS  
Handt, Dave; Litchville-Marion HS  
Hanson, David; St. Thomas HS  
Hanson, Donald C.; Mandan HS  
Hardie, Rodney; Fargo South HS  
Hauge, John; Bottineau HS  
Haussler, Jim; Bismarck Schools  
Hertel, Dale; Fargo South HS  
Horner, Dennis; Midway HS  
House, Leon; Mandan HS  
Hutchison, Donna; Grand Forks Red River HS  
Hutchison, John; Northwood HS  
Hutchison, Lonny; Northwood HS  
Jaeger, Kerry; Grand Forks Red River HS  
Jensen, Julie; Kindred HS  
Jeske, James; Killdeer HS  
Johnson, Wayne; Rolette HS  
Kerlin, Don; Mayville/Portland-C/G HS  
Kjelgaard, Harold; Fargo Discovery JHS  
Kleveland, David; Central Valley HS  
Krosbakken, Jerry; Fargo North HS  
Larson, Nancy; DesLacs-Burlington HS  
Lehman, Cory; Fargo South HS  
Leier, Dwight; Maddock HS  
Loberg, Myron; Devils Lake HS  
Lockwood, Ed; Fargo Public Schools  
Lyon, Jerry; Minot HS  
Maclver, Philip; Wahpeton JHS  
Mailloux, Gary; Fargo North HS  
Marsh, John; Fargo South HS  
Marshall, Joel; Hazen HS  
Nagel, Lee; Wahpeton HS  
Olson, Douglas; Beulah HS  
Olson, Linette; Bismarck Century HS  
Omdahl, Chad; Hatton-Northwood HS  
Opdahl, Mike; Larimore HS  
Overby, Dennis; Northwood HS  
Schauer, Gary; Langdon HS  
Schmitt, Dan; Dakota Prairie HS  
Schreiner, Vernon; Minto HS  
Shirley, Marney; Jamestown HS  
Sluke, David; Grafton HS  
Snortland, Keith; Warwick HS  
Solberg, Sheryl; NDHSAA  
Stanley, Len; Bismarck State College  
Strand, Fred P.; Hatton-Northwood HS  
Towers, Ken; Grand Forks Red River HS  
Trieglaff, Robert; Fargo North HS  
Vigen, Randy; Central Valley HS  
Walhaug, Gary; Surrey HS  
Walker, Larry; Killdeer HS  
Wheeling, Bob; Killdeer HS  
Wilson, Jerry; Bismarck Century HS  
Zimney, Bob; Grand Forks Red River HS

**Past Presidents**

Beyer, Ed; Hillsboro HS  
Brown, Dale; Minot Ryan HS  
Coleman, Randy; Hazen HS  
Feeney, Bob; Bismarck HS  
Gambucci, Serg; Grand Forks Central HS  
Hennesy, Duane; Grand Forks Central HS  
Herman, Curt; Dakota Prairie HS  
Manson, Gene; Minot HS  
Oskendahl, Rod; Cavalier HS  
Pederson, Harold; Williston HS  
Popp, Jerry; Bowman HS  
Radke, Doyle; Minot HS  
Rio, Ken; Grand Forks Central HS  
Shedon, Jerry; Fargo North HS  
Skaar, Marvin; Grand Forks HS  
Stein, Bruce; Hankinson HS  
Stone, Roger; Dickinson HS  
Theige, Howard; Minot HS  
Trondset, Dennis; Langdon HS  
Tidd, Nancy; Fargo North HS  
Vinger, Dick; Grand Forks Central HS  
Wall, Carl; Fargo North HS  
Wardner, Richard; Dickinson HS  
West, Terry; Grand Forks Red River HS  
Workman, Arlan; Lisbon HS

**Lifetime Members**

Bilkre, Marcy; Minot HS  
Farrell, Chipper; Minot HS  
Kalgaard, Dick; Bismarck Schools  
King, Bob; Valley City HS  
Orvik, Gelaine; Fargo South HS

## Coaching Longevity

Here is the list of **Coaching Longevity** for the 2010 North Dakota High School Coaches Association Annual Convention to be held in Fargo at the Doublewood Inn Convention Center from July 27 through July 30, 2010. Please check the list to see if the years are correct. Please inform me as soon as possible if there is a problem with the list.

My home phone is 748-5634, please leave a message.

My e-mail address is [randy.wa.johnson@sendit.nodak.edu](mailto:randy.wa.johnson@sendit.nodak.edu) or [duck@westriv.com](mailto:duck@westriv.com). You may contact me either way.

### 20 years

Michael Babinski; Four Winds HS  
 Mike Dwyer; Shiloh Christian HS  
 Brad Fitzgerald; St. John HS  
 Jeff Hagler; Cando HS  
 Marty Hochhalter; Carrington HS  
 Jodi Kleven; Wahpeton HS  
 Travis Olson; Richardton-Taylor HS  
 Jay Schneider; Devils Lake HS  
 Scott Thorson; Towner HS  
 James Hanson; St. Thomas HS  
 Ron Metz; Bismarck Century HS  
 Dave Zittleman; Bismarck HS

Travis Coyle; Mandan HS  
 Noel Eckroth; Wahpeton HS  
 David Gumke; Watford City HS  
 Kent Harding; Bowman County HS  
 Curt Jones; West Fargo HS  
 Greg LaDouceur; Grand Forks Red River HS  
 Michelle Orth; Wyndmere HS  
 Lisa Strand; Thompson HS  
 Lee Weisgarber; Underwood HS  
 Ray Jones; Grant County HS  
 Boyd Westman; Litchville-Marion HS

### 25 Years

Gerard Cederstrom; Minot HS  
 Mike Holm; Tioga HS  
 William Jansen; Rugby HS  
 Todd Lee; Tioga HS  
 Paula Pierson; West Fargo HS  
 Jerome Slag; New Salem HS  
 Vic Youngs; Fargo South HS  
 Gene Anderson; Mandan HS  
 Jeff Feichtner; Fargo North HS  
 Clyde Heinle; Flasher HS  
 Larry Walker; Killdeer HS

Scott Grochow; Rugby HS  
 Barry Holmen; Minot HS  
 Dean Kraft; Jamestown HS  
 Marv Pederson; Mandan HS  
 Terry Porter; Fargo North HS  
 Dale Udem; Barnes County North HS  
 Kevin Ziegler; Bismarck Century HS  
 Dwight Dockter; Hope-Page HS  
 Loy Ham; Beulah HS  
 Dan Olienyk; New Salem HS

### 30 Years

Darrell Anderson; Bismarck HS  
 Jon Bertsch; Wells County HS  
 Paul Frydenlund; St. John HS  
 Rick Henry; Larimore HS  
 Mike Kuhn; Mandan HS  
 Brad Sandy; Harvey HS  
 Timothy White; Griggs County HS  
 Davy Zinke; Rolla HS  
 Bruce Stein; Hankinson HS

Gary Ballard; Bowman HS  
 Billie Ann Caya; Bismarck HS  
 James Haussler; Bismarck Public Schools  
 Lee Isakson; North Sargent HS  
 Carl Noss; Enderlin HS  
 Jeryl Thompson; Drayton HS  
 Mark Wisnewski; Lidgerwood HS  
 Leon Kary; Mandan HS

### 35 Years

Ken Disher; Minot HS  
 Al Knutson; Williston HS  
 Clint Chamberlain; Williston HS  
 Dale Hertel; Fargo South HS

Harlan Johnson; Parshall HS  
 Arley Larson; Ray HS  
 Lynn Forde; Fargo South HS  
 David Kleveland; Central Valley HS

### 40 Years

Frank Fish; Watford City HS

Marney Shirley; Jamestown HS



# FORMS

Available on the NDHSCA Website

**Search “NDHSCA” or enter**  
**[www.fargo.k12.nd.us/ndhsca/](http://www.fargo.k12.nd.us/ndhsca/)**

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Assistant Coach of the Year

Award of Merit Recommendation

Hall of Fame

Junior High Coach of the Year

Lifetime Membership Form

Membership Form

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The *Dakota Coach* is the official publication of the NDHSCA and is distributed without charge to all NDHSCA members in good standing. Notes, articles, opinions, or letters to the editor are welcome if they deal with high school coaching concerns. They will be printed as space permits. Opinions and views of the authors are their own and do not always reflect the official position of the NDHSCA.

Send to Gelaine Orvik - [gorvik@cableone.net](mailto:gorvik@cableone.net)

or to any of the members of the Executive Board.

See page 2 for e-mail and mailing addresses or phone numbers



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