



North Dakota High School Coaches Association Official Publication

DAKOTA COACH

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2009 NDHSCA Convention Plans

Plans for the 2009 NDHSCA Coaches Convention have developed rapidly and are reaching a culmination with one of the best clinic sessions ever. The NDHSCA Office is confident that the confirmed speaker list has given the convention great stability. The Convention sessions will be held at the Mandan Seven Seas on July 28th through July 31st. Tennis sessions are scheduled for the Capital City Courts. Some volleyball and basketball sessions will be held at Mandan High School.

Continued on page 5

NDHSCA Liability Insurance

At the March 15th NDHSCA Executive Committee meeting, determination was made to provide \$1,000,000 liability insurance for all active NDHSCA members.

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors (NOCAD). NOCAD has had the policy for 14 years; they have had a very successful protection over that period. North Dakota and its Executive Secretary are members of NOCAD.

Continued on page 6

Junior High COTY & Assistant COTY Awards

The North Dakota High School Coaches Association announces the Junior High Coach of the Year and Assistant Coach of the year for the Fall and Winter Season 2008-2009.

The awards will be presented during the North Dakota High School Coaches Association Hall of Fame and Coach of the Year Banquet to be held at the Mandan Seven Seas Convention Center on Thursday, July 30, 2009.

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NDHSCA Scholarship Winners

The NDHSCA Executive Committee selected the recipients for the NDHSCA Scholarships at its recent meeting. Tyler Bilden, Northwood HS, who plans to attend NDSU; Kayl Hamre from Enderlin HS, who plans to attend Jamestown College; Whitney Mayer from Minot HS, who plans to attend NDSU or UND; and Jake McLean from Hillsboro HS, who plans to attend MSU-Moorhead will each receive a \$500.00 scholarship from NDHSCA and Burger King of North Dakota.

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NDHSCA 2009

Convention Dates
Tuesday, July 28
through
Friday, July 31

Mark Your Calendar!

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Shrine Football

President's Message - Spring 2009

As we are finally winning the battle against the never-ending challenge of winter in our fine state, another season has come and gone. Winter State Championships, Senior Athletes of the Year and Coaches' of the Year were awarded. We were treated to four straight weekends of high school sports on the North Dakota NBC networks. Our coaches and athletes truly were the hottest ticket around. Congratulations to all the winter coaches, athletes, and officials!

Nature has thrown another challenge our way in too much water to quickly. However, as many parts of our state struggle, one of the most enduring reasons for living here shines through in the form of teamwork from family, friends, neighbors and strangers. I think we have seen an amazing display of North Dakota spirit the past few weeks as community after community has banded together to save as many homes, businesses, and schools as possible.

The teamwork between the North Dakota High School Athletic Association (NDHSAA), the North Dakota High School Coaches Association (NDHSCA), the North Dakota Officials Association (NDOA), and the North Dakota Interscholastic Athletic Administrators Association (NDIAAA) is much the same. The combination of Associations creates a wonderful opportunity for the youth of our state. Our student athletes have the opportunity for participation in 13 different sports. As coaches, an un-

derstanding of how these groups come together to create high school athletics is essential especially if we feel the need to promote change.

The NDHSAA is a non-profit organization, which exists to contribute to the education of high school boys and girls of North Dakota. Services provided include administering a program of interscholastic activities, clinics, contests and festivals among the member schools. They elevate the standards of good sportsmanship and encourage growth in good citizenship, not only of high school students, but also of all others who come in contact with the school activities. They protect member schools, students, and personnel from exploitation by special interest groups. They encourage pride in scholastic achievement as a fundamental basis for a well-balance activities program.

The North Dakota High School Coaches Association is the only high school coaches association in North Dakota that is created by coaches and governed by coaches. It is a not for profit corporation that provides interscholastic coaches across the state with a voice in current issues. NDHSCA provides North Dakota's coaches with the finest recognition program available and is a dual member of the National High School Athletic Coaches Association and its recognition program. The NDOA exists to further the best interests of athletics by aiding the officials, coaches and players in ac-

"The NDHSCA is the only high school coaches association in North Dakota that is created by coaches and governed by coaches."



Carolyn Olson

quiring a thorough knowledge of the playing rules of the various sports. They promote uniformity in the mechanics of officiating and encourage observance of the spirit and letter of playing rules and ethical codes in all occasions. They promote due recognition to the art of officiating by the public and school officials and secure recognition for the training and experience of the officials of the state.

North Dakota Interscholastic Athletic Administrators Association's purposes are to promote high standards of achievement and ethics in interscholastic and extra-curricular activity; promote better public relations and sportsmanship between schools; provide for an exchange of ideas and a better understanding of the ad-

Continued on page 7



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From your Executive Secretary

I have really enjoyed the preparations for the 2009 NDHSCA Coaches' Convention; this has been the most delightful contact with speakers that I have had. A special thank you is extended to people for some extraordinary assistance. Mike Berg has been a stalwart again in suggesting football speakers. Although all of his suggestions have not been able to respond positively, just having someone much closer to the sport is always appreciated.

After several years of being our leader, Chipper Farrell has asked for replacement. Of course no one can replace Chipper, but Darrell Berglund was of great assistance and has proven to be special with his evaluation of possible speakers and people who will carry on the success that golf coaches have experienced over the past several years.

Dave Dougherty has continued with his suggestions for our wrestling speakers. Dave has a firm understanding on who will present well, be attractive to our coaches and candidates who have a history of quality presentation.

Mike Hendrickson and Steve Miller have been very helpful in suggesting speakers for basketball. Undoubtedly, our speaker staff is as competent this year as we have ever had. We are so fortunate to have coaches who are active on state, regional and national levels. They know quality people to involve; thank you gentlemen.

Finally, I owe a huge thank you to Dave Zittleman and Carolyn Olson for their assistance and suggestions for track & field and volleyball respectively. We have had a great success in presenters in those sports over the past number of years because of their involvement. They not only suggest speakers, but also topics.

* * *

I want to thank the North Dakota coaches for their understanding over the past 2 or 3 years while I wore two hats representing NDHSCA and NHSACA. I hope NDHSCA has not been short-changed with the double-duty. I also am certain that I am a healthier person without the second position. I am also positive that the 2009 NDHSCA Coaches Convention will be better arranged than it was the past five years.

* * *

Over the past several months and years I have tried to use this column for a necrology report as well as to identify some extraordinary accomplishments by North Dakota Coaches. On the former we sadly note the passing of Otto Tyler, football and golf coach at Northwood

High School. Otto mentored the Trojans to a state championship and was named NDHSCA Nine-Man Football Coach of the Year in the fall of 1985. In January Northwood Schools named the school's football field Tyler Field in his honor.

* *

In February we were informed of the passing of Chuck Ruppert. Chuck was in the initial NDHSCA Hall of Fame Class Induction. He was a longtime marvelous basketball coach and golf coach at New Town High School.

* * *

In the early days of February NDHSCA was notified of Gary Schauer's reaching a huge milestone---coaching his 500th girls' basketball high school victory. Only a few North Dakota coaches have guided teams to this level in any sport and only two had reached the 500 mark in high school girls' basketball (Greg Amundson, Mandan HS and Tom Suelzle, Watford City HS [555 and 514 respectively prior to the 2009 season). Congratulations, Gary!

* * *

On April fifth I was honored to be the narrator for the induction of John Hutchison into the NDIAAA Hall of Fame. John is one of the few who have been honored to be inducted into the NDHSCA Hall of Fame, the NHSACA Hall of Fame, and the NDIAAA Hall of Fame; in June he will be inducted into the Hillsboro High School Hall of Fame. As usual, John was very humble, but should very proud. He is a great coach, athletic administrator and human. John and Lonnie also proudly await their first grandchild in July. Congratulations, John!

* * *

The floods and flood prevention over the past month have again brought the best to the top. There have been virtually hundreds of examples of coaches and athletic teams coming to the front to be workers and saviors for many homes and communities. Our prayers have been for protections of lives. To date God has been very kind and protective of our family, friends and neighbors. For the most part, our communities and homes have escaped destruction also. We know that our athletic teams have had a second-to-none year in scheduling. However, think how fortunate we have been when we only had to re-schedule some contests, rather than to schedule some funerals.



Gelaine Orvik

NDHSCA Convention Plans (continued from page 1)

As of April first, clinic sessions have been completed for basketball, cross-country, tennis, and track & field. Football, golf, soccer, swimming & diving, volleyball and wrestling have only limited speakers left to add.

The NDHSAA rules clinics are in place for the week. On Wednesday Rules clinics will be held for wrestling and swimming and diving. On Thursday clinics will be held for cross-country, golf, and tennis. On Friday clinics will be held for basketball, football, soccer and volleyball; Dave Carlsrud, Sheryl Solberg, Brenda Schell and Dave Maier will be the presenters for NDHSAA.

Pat Weber and Universal Athletics will again host the Wednesday night social. Pat informed NDHSCA that Universal Athletics is planning

for 200 coaches to attend the social. Last year the company together with Pat Weber and his staff of Dave Nelson, Alex Starcivec, and Jerry Obenhauer provided attendants with a taco bar and beverages. The afternoon golf scramble will be held at Hawktree Golf Course. Only seventy spots exist for the scramble and obviously, those pay early and register at the golf desk on Wednesday morning first, receive tee times.

The Banquet is held on Thursday evening with the Coach of the Year awards, Assistant Coach of the Year awards, Junior High School Coach of the Year awards, Scholarships, Awards of Merit, Special Recognition awards and Hall of Fame Plaques and rings being presented. This is very festive and impressive occasion.

The speaker and topic schedule will be entered on the website on May first. Additional speakers and topics will be added to the schedule as speakers confirm their topics.

All coaches are urged to register and register early. NDHSCA has not sent confirmation of mailings in the past and plan to continue that procedure. A receipt will be attached to each registration. Since registration includes \$1,000,000 liability insurance, coaches are urged to request financial assistance from their school. Please contact Gelaine Orvik if you have any questions. Home and cell phone numbers as well as email address are found on page two of the *Dakota Coach*. Plan now to attend and register early! □

Executive Secretary (continued from page 4)

I am certain Sherm Sylling, Sheryl Solberg, Dave Carlsrud, Brenda Schell and the rest of the NDHSAA staff have worked extra hours to save homes and office. Valley City needs any help we can extend and will need more help throughout the next many weeks and months. They did incomparable duty throughout the spring months with many decisions of dilemma proportions. Thank you to NDHSAA for your dedication and hard work throughout this time of extreme demands!

* * *

I owe huge thank you to Carolyn Olson for her leadership through-

out the year. She has been very professional in the demands made on her. Her "President's Message" for each *Dakota Coach* are only a small example of her leadership as she exhibits her independence and forthrightness. Throughout the year she has had difficult decisions as she balances demands from her sport and demands from her profession. Thanks, Carolyn.

* * *

We are anxious for the July Convention. We think that arrangements are coming together for an outstanding program. We hope every coach makes the necessary arrangements for this professional development. Be sure each member makes a strong effort to include first

and second year coaches for attendance. We will have some special presentations directed to them. Athletic Directors and "old coaches" will present mentoring ideas. We also plan to include some junior high school and assistant coach sessions.

We look forward to seeing every North Dakota coach in Mandan at the Seven Seas on July 28th-31st.



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NDHSCA Liability Insurance (continued from page 1)

This policy will protect the North Dakota high School Coaches Association and its members from claims made by negligent acts accidentally committed resulting bodily injury, personal and advertising injury or property damage to others.

Greg Joly is the representative for Loomis and LaPann, Inc. that is the broker for the carrier, the Lexington Insurance Company Excess Surplus Lines. The company is rated "A" by A.M. Best. A.M. Best is the organization that is recognized by most insurance companies and underwriting companies to identify feasibility to pay claims and to maintain a surplus for claims.

The policy period is August 1, 2009-July 31, 2010. Membership for 2009-2010 fiscal year is required for coverage. The NDHSCA Office will provide Loomis & LaPann, Inc. with its paid membership roster the first

of each month. Only those paid members have protection after that membership list is received by Loomis & LaPann, Inc. Paid Life Members who are active coaches are treated as active paid members.

Today, most coaches are involved in some type of sports camp. The general liability program follows all members while he or she work at camps and/or conduct his or her own personal camp. In addition, participant/accident coverage is available that will cover coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage could help offset the loss suffered by families affected by such accidents.

If an NDHSCA member has a camp and requires proof of insurance, certificates are provided at no additional charge. If an NDHSCA member has a camp requires an additional insured on the certificate of insurance, the cost is \$300. Participant/Accident coverage must be in place for all participants prior to the issuance of a certificate of insurance naming an additional insured.

Certificates of insurance and participant/accident request forms are available through NDHSCA.

The cost of this insurance is between \$4.50 and \$5.00 for each active member. The rate is established bi-annually, based on claims the previous two-year period.

□

Limits of the policy include:

\$1,000,000 for each occurrence

\$1,000,000 general aggregate limit per member

\$1,000,000 product/completed operations

\$1,000,000 personal & advertising injury

\$50,000 fire damage

Excluded medical payments

"To cover this cost the NDHSCA Executive Committee voted unanimously to raise the annual membership fee from \$50.00 for each active member to \$55.00 and Paid Life Membership from \$250 to \$300."

Today, most coaches are involved in some type of sports camp.

The general liability program follows all members while he or she work at camps and/or conduct his or her own personal camp.

In addition, participant/accident coverage is available that will cover coaches and/or participants.

Should an accident occur during a camp, clinic or event, this secondary coverage could help offset the loss suffered by families affected by such accidents.



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President's Message (continued from page 3)

ministration of high school activities, good will and fellowship among the Athletic Administrators of the State; promote the professional growth and image of interscholastic athletic administrators; cooperate with and promote all functions of the NIAAA, North Dakota Council of Educational Leaders (NDCEL), North Dakota High School Activities Association (NDHSAA), and the North Dakota High School Coaches Association (NDHSCA); and serve in an advisory capacity to the NIAAA, NDCEL, NDHSAA, and NDHSCA.

When coaches see the need for change in North Dakota high school athletics, it is critical that we understand how these associations work together. Recommendations for change can come from three different groups. The Coaches Association appoints current coaches in each sport to the Advisory Committee. The Advisory Committees hold meetings with each sport and collect recommendations (meetings are often held at the State Tournament in each sport). The Advisory Committee compiles the recommendations and submits them (with rationale) to the NDHSAA at a meeting. The recommendations are publicly posted on the NDHSAA website.

In addition to the recommendations from the Advisory Committees, each Class B district chooses a member to represent their district on the District Chairs Committee. Each district submits items for discussion at the semi-annual District Chairs meeting. District Chairs traditionally meet at the State Volleyball tournament to review fall sports and in June before the Board of Directors meeting to review winter and spring sports. Recommendations are reviewed, voted on and passed on to the Athletics Review Committee for review. Agendas and minutes are available on the NDHSAA website.

Finally, recommendations can come from the Class A Athletic Directors. They traditionally meet after fall sports and after winter and spring sports to make their recommendations for consideration to the Athletic Review Committee.

Twice a year (January for fall sports and June for winter and spring sports) the Athletic Review Committee meets to discuss and vote on the recommendations from each sport. The Athletic Review committee is comprised of four Class B Athletic Directors, two Class A Athletic Directors, two NDHSAA Board members, and two NDHSCA board members.

All recommendations then go to the NDHSAA Board of Directors. The eleven member Board of Directors then discusses the recommendations and votes to approve or not.

It is critical that coaches visit with their sports' Advisory Board members, Athletic Directors, District Chair Members, the NDHSCA board members, and the NDHSAA committee members when desiring a change for their sport. The members with voting power must be kept informed as to the needs of coaches and student athletes.

In many ways athletics in North Dakota mirrors the world around us. Working with all the Associations that contribute to high school athletics can help coaches achieve desired results. As Franklin D. Roosevelt said "People acting together as a group can accomplish things which no individual acting alone could ever hope to bring about."

□

Carolyn Olson

Grand Forks Red River HS

Mark Your Calendar!

NDHSCA 2009 Convention Dates
Tuesday, July 28 through Friday, July 31, 2009
Mandan Seven Seas Convention Center



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Junior High COTY and Assistant COTY -- Fall and Winter Seasons (continued from page 1)

Junior High Coach of the Year (Fall Season 2008)

Dan Carlson of Valley Middle School in Grand Forks is the winner of the 2008 Fall Junior High Coach of the Year Award. Dan has been the Junior High Football Coach at Valley Middle School for 19 years. His record at Valley Middle School in football is 87 wins and 40 losses. Dan is the 8th Grade Head Football coach. He has coached 26 All-State Football Players and 50 All-EDC Football Players. Dan is also the Head Basketball Coach at Grand Forks Central High School. Dan and his wife Lori have three children, Kristin, Chelsea, and Callie.



Dan Carlson

Junior High Coach of the Year (Winter Season 2008-2009)

Fred Strand of Hatton-Northwood Junior High School is the winner of the 2008-2009 Junior High Coach of the Year Award. He has been the Junior High Basketball Coach at Hatton-Northwood for 24 years. He has coached his teams win more than half of their games. He is responsible to prepare his athletes for high school play and instruct his players the aspects of good sportsmanship. He has coached at least two All-State Basketball Players. Fred and his wife Donalee have four children, Derrick, Anthony, Christopher, and Benjamin.



Fred Strand

Assistant Coach of the Year (Fall Season 2008)

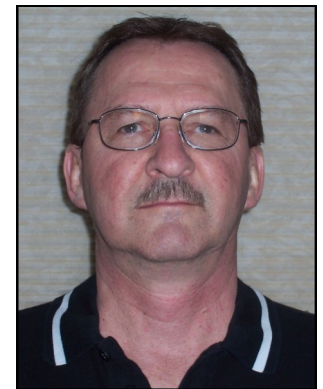
Mike Kamrath of Washburn High School is the winner of the 2008 Fall Assistant Coach of the Year Award. He has been the Assistant Football Coach at Washburn High School for 11 years. His record is 73 wins and 35 losses. Mike's responsibility is to coach the wide receivers, defensive backs, and special teams. He has coached 32 All-State Football Players. Mike and his wife Audra have two children, Drew and Hunter.



Mike Kamrath

Assistant Coach of the Year (Winter Season 2008-2009)

Henry Schroeder of Mandan High School is the winner of the 2008-2009 Assistant Coach of the Year. He has been the Assistant Coach at Mandan for 35 years. His career coaching record is 463 wins and 283 losses. Henry is responsible for helping the head coach with practice plans, preparing lists for early dismissals, compiling statistics, and the basketball website at Mandan. He has coached 22 All-State Basketball Players. Henry and his wife Cindy have three children, Chris, Mandy, and Brett.



Henry Schroeder



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The Meaning of Sports and Their Insignificance

Joel Swanson

It is midnight, March 23rd. I have just finished an 8 hour shift of sandbagging in North Fargo. Most baseball teams in the south have begun their seasons, preparing like all coaches do. Running tryouts, working on hitting, bunt defense, first and third situations, rundowns, PFP... all are incorporated into the daily regimen of practice.

In Fargo and most of North Dakota though, baseball is farthest from our minds. Survival, our homes, our families all take a much greater meaning right now. We have had 7 practices so far. Tonight was the 7th, but it didn't involve anything that had to do with baseball. We call it "sandbag conditioning." With record floods hitting us in the next few days, we will be lucky if we are going to play a game in April. Our flood stage starts at 18 feet. Currently the rivers are at 27 feet, with records of 42-43 feet coming at the end of the week. Gloves are put away in cars and lockers, replaced by work gloves. Spikes sit in the bottom of the locker, replaced by boots. Bats are replaced with shovels.

The true meaning of teamwork hit me tonight. Our students were let out of school to sandbag today, and most were out working from 8 AM until 3 PM humping 50 pound sandbags trying to build the protective dikes that are needed to save our homes. I received the call at about noon today that the house of one of my former players was in jeopardy. One son was a senior captain last year, their other son a senior in 2004. I sent out a mass email to all of my

players about their needs and that their house was in an emergency situation. I couldn't make it mandatory. Most of these kids had already done the equivalency of a 7 hour weight lifting work out. Another call came in – one of my JV players house was also in danger. I asked that anyone that could help please meet me at the school at 4 PM to send teams to help. Honestly, I didn't really know what to expect. Then the true meaning of teamwork shone like a bright light. Calls came in – players were already on their way to the houses at 3:30. I got to the school to find every player waiting. Some were sleeping in the hall trying to get a quick power nap. Our JV player led the 9th and 10th graders to his house to spread pre-made sand bags. The juniors and seniors all headed to my former players home where bags needed to be filled and spread.

Without missing a beat, we worked for four hours on the house. But instead of being miserable it was amazing. Stories of former players, past games, comedic moments at practice passed the time like a reunion dinner. Smiles and laughs were seen and heard. Communication, teamwork, and trust in the man next to you – you can't get any better than this. Come 8 o'clock, we managed to finish. Tired and wet – did I mention that it is 40 degrees out and raining? There is a winter storm coming on Wednesday and it is supposed to add 4-12 inches of snow on top of the

flood. As the players celebrated with high fives, pats on the back and compliments, the true lesson in teamwork was just taught better than any game or coach ever could. These are memories. These are the things they will take with them. Games and state tournaments are great, but the true insignificance of sports was proven tonight. No one cared about not practicing. Games were not talked about on the upcoming schedule. Many of the players, now 11 hours in, were heading to other homes to help. I went with them for another 4 hour shift. I will be heading for another 8 hours tomorrow attempting to



save my school. It doesn't matter the baseball fields are under water. We are safe for now. Teamwork and pride are stronger than they ever have been. There is no better lesson in reality than what we are experiencing. I have never been more proud as a coach.

Joel Swanson

Middle School Science Teacher | Oak Grove Lutheran School

Head Baseball Coach, Shanley/Oak Grove/Park Christian

NDHSCA Advisory Representative |
NBCA State Representative
Scout, Tampa Bay Rays

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□



**Sponsor of the
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NDHSCA/Burger King Scholarships 2009

The scholarships will be presented to each student/athlete at the Annual NDHSCA Hall of Fame and COTY Banquet at the Mandan Seven Seas Best Western Conference Center on Thursday, July 30th. The four student-athletes collectively earned 44 athletic letters, 13 activity letters, and ACT scores averaged 24.5. The recipients ranked first, second, fourth and 47th in their graduating school's class rank.

Tyler Bilden will graduate from Northwood High School with a 4.00 Grade Point Average (GPA). He scored 25 on his ACT test. He earned 12 letters in the three sports of basketball, baseball, and football.

Tyler is the son of Bob and Shari Bilden.



Tyler Bilden

Kayl Hamre is the son of Jeff and Neva Hamre. He has a 3.743 Grade Point Average (GPA), ranks second in a class of 27. Kayl earned 11 athletic letters in the sports of baseball, basketball and football.

Kayl earned three letters in band and four letters in chorus. He also earned two letters in Student Government. He was president of Future Business Leaders of America. He was also an officer and member of National Honor Society.



Kayl Hamre

Whitney Mayer is the daughter of Joe and Glee Mayer. She holds a 3.818 Grade Point Average (GPA) and ranks 47th in a class of 428. She earned 12 letters in the sports of basketball, track & field and volleyball; she scored a 24 on her ACT Test.

Whitney also earned two letters in Student Government. She was a Student Guide for Minot HS. Whitney was a member of National Honor Society and participated in Character Counts. She was a member of FBLA and Junior Class President.



Whitney Mayer

Jake McLean participated in football, track & field and wrestling and earned nine letters during his attendance at Hillsboro HS. He was a member of band and chorus for all four years while he was in high school.

Jake earned a 3.89 Grade Point Average (GPA) and ranks 4th in a class of 33. He scored a 25 on his ACT Test.

Jake is the son of Mark and Michelle McLean.



Jake McLean

Congratulations!

Each of the four recipients will receive a \$500.00 scholarship from John Walsh and Burger King of North Dakota at the July 30th NDHSCA Coach of the Year and Hall of Fame Banquet in Mandan at the Seven Seas Inn Best Western Conference Center.



North Dakota High School Coaches Association



2009 NDHSCA/NDHSAA COACHES CONVENTION Best Western Seven Seas Hotel & Water Park Conference Center; Mandan, ND July 28-31, 2009

1. Check each applicable line below on the left; circle all the amounts for line item fees on the right.

- Convention Registration Fee - Includes Registration for all sessions, 1 NDHSCA Banquet Ticket, NDHSCA Membership* \$105.00
 - Late Registration Fee (postmarked after 7/20) - Registration for all sessions, 1 Banquet Ticket, NDHSCA Membership* \$130.00
- * Membership Fee includes \$1,000,000 Liability Insurance Coverage; Association holds the certificate.

NO REFUNDS AFTER JULY 20th.

ALL COLLEGE CREDIT REGISTRANTS MUST PAY \$105.00 CONVENTION REGISTRATION FEE FIRST.

- 2. COLLEGE CREDIT: Registration for **TWO (2)** NDSU Semester Credits; **Coaches and Conflicts Seminar (July 28) and Sports' Clinic Sessions (July 29-31)** \$130.00
- 3. COLLEGE CREDIT: Registration for **TWO (2)** NDSU Semester Credits; **Special Topics Seminar (July 28) and Sports' Clinic Sessions (July 29-31)** \$130.00
- 4. COLLEGE CREDIT: Registration for **TWO (2)** NDSU Semester Credits; **Speed, Strength & Conditioning Seminar (July 28) and Sports' Clinic Sessions (July 29-31)** \$130.00
- 5. COLLEGE CREDIT: Registration for **ONE (1)** NDSU Semester Credits; **Sports' Clinic Sessions (July 29-31)** \$65.00

ADDITIONAL FEES:

- Golf Tournament (scramble) (07/29/09)@ \$75.00 \$75.00
- Extra NDHSCA Hall of Fame/Coach of the Year Banquet (7/30/09) Tickets.....@ \$25.00 \$25.00
- Additional NDHSCA Memberships.....@ \$55.00 \$55.00
- Lifetime NDHSCA Memberships.....@ \$300.00 \$300.00

CHECKS PAYABLE TO NDHSCA;

MAIL REGISTRATION WITH FEE TO: **Gelaine Orvik**
NO CREDIT CARDS ACCEPTED **NDHSCA Executive Secretary**
3457 26th Avenue SW
Fargo, ND 58103

do not separate top from bottom

TOTAL _____

NDHSCA MEMBER REGISTRATION -- REMAINDER OF FORM MUST BE COMPLETED

North Dakota High School Coaches Association Membership Registration 2009-2010

Please Print!

Name _____ Cell # _____
 School _____ E-Mail _____
 Home Phone _____ Work Phone _____
 Home Address _____
 City/State/Zip Code _____

High School	_____
Junior High	_____
College	_____
Life	_____
Associate	_____
Cheer Coach	_____

In the A column, write H (head coach) or A (assistant coach) for the appropriate sport(s).
 In the second column, write your **2008-2009 record** & your lifetime coaching record per sport in **life record**.

SPORT	A	08-09 record	life record	SPORT	A	08-09 record	life record
Athletic Director	---	---	---	Girls' Basketball	---	---	---
Baseball	---	---	---	Girls' Cross Country	---	---	---
Boys' Golf	---	---	---	Girls' Hockey	---	---	---
Boys' Basketball	---	---	---	Girls' Soccer	---	---	---
Boys' Cross Country	---	---	---	Girls' Softball	---	---	---
Boys' Hockey	---	---	---	Girls' Swimming & Diving	---	---	---
Boys' Soccer	---	---	---	Girls' Tennis	---	---	---
Boys' Swimming & Diving	---	---	---	Girls' Track & Field	---	---	---
Boys' Tennis	---	---	---	Girls' Volleyball	---	---	---
Boys' Track & Field	---	---	---	Gymnastics	---	---	---
Football	---	---	---	Strength	---	---	---

List Year(s) and Sport(s) of state championships coached.	
<u>Years</u>	<u>Sports</u>
_____	_____
_____	_____
_____	_____

Have you filed a Victory Milestones Form? _____ (see backside)

Number of years coaching completed (as of June '10) _____

Return Membership ONLY Application To:
Karen Hardie
741 Royal Oaks Drive
Fargo, ND 58102

NDHSCA Victory Milestones



Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestone for the first time, make sure to give your record for each year.



Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue South; Fargo, ND 58103. Awards will be sent upon request after records are updated.

Procedure For Determining Won/Loss Records In An Invitational Meet:

- A. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
- B. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
- C. Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
- D. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Baseball	75	150	225	300	375
Basketball	100	200	300	400	500
Cross Country	50	100	150	200	250
Football	50	100	150	200	250
Golf	45	90	135	180	225
Gymnastics	45	90	135	180	225
Hockey	100	200	300	400	500

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Soccer	100	200	300	400	500
Softball	75	150	225	300	375
Swimming	50	100	150	200	250
Tennis	50	100	150	200	250
Track/Field	50	100	150	200	250
Volleyball	150	300	450	600	750
Wrestling	75	150	225	300	375

- Only meets in which three or more schools participate will count as an invitational.
- Schools can still have a dual meet record that would remain the same along with a record for the invitationals they attend.
- It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

Example: Meet 1 11 teams 7 wins 4 losses
 Meet 2 4 teams 0 wins 4 losses
 Meet 3 6 teams 6 wins 0 losses
 Meet 4 5 teams 4 wins 1 loss
 Meet 5 7 teams 5 wins 2 losses
Totals 5 meets 33 teams 22 wins 11 losses
 Winning % equals 22/33 = 67% 5 meets x .67=3.35
 Losing % equals 11/33 = 33% 5 meets x .33 = 1.65
 Your record for the season would be 3 wins and 2 losses for invitationals.

NDHSCA Victory Milestone Record Sheet

Name _____ Date _____ E-Mail _____
 High School _____ Coaching Position _____
 Address _____ City/State/Zip Code _____
 Membership: High School _____ Associate _____ Junior High _____ Life _____

	Year	School	Sport	Varsity	JV	JH	Won/Loss	Overall Record
1.	_____	_____	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____	_____	_____	_____
13.	_____	_____	_____	_____	_____	_____	_____	_____
14.	_____	_____	_____	_____	_____	_____	_____	_____
15.	_____	_____	_____	_____	_____	_____	_____	_____

The Need for School Policies for Athletes

by Linda Angelo | The Flint Journal

GOODRICH, Michigan -- Heavy-weight wrestler Mike Lasinski scored a key pin that helped turn the tide and lead the Martians to a second consecutive state title Saturday night.

And Lasinski -- one of the best grapplers on Goodrich's reigning state champion team -- did it despite publicity about his pending felony charge in St. Clair County.

It's a touchy issue that continues to raise questions about whether it's fair for athletes to participate in sports when they are accused of criminal wrongdoing.

Goodrich officials have stood firm on their decision to allow Lasinski to play in the regional and state tournaments, saying he's innocent until proven guilty.

However, at least some area school districts have policies that would have prevented him from wrestling -- and helping his team to the state championship.

Dundee Athletic Director William Plumb said Goodrich defeated the Vikings fair and square. "They are a very good team," he said. "The kids wrestled very well. I thought our kids wrestled pretty good for the most part. As far as winning or losing the state championship, they won it, and they deserved it."

If Lasinski had been playing for Flint, though, he might never have been allowed to hit the mat.

The Flint School District suspends student athletes arrested or charged with crimes pending an investigation by the athletic director and principal.

And it's questionable whether he would have been able to play for Dundee, either. The Vikings have a written policy that says stealing is prohibited and gives the school the option of suspending students from sports if they are charged with a crime.

Goodrich does not have a policy that specifically addresses how to deal with athletes charged with a crime and reviews each case on an individual basis.

Lifelong Atlas Township resident Robert Bouck said he believes the media have blown the issue out of proportion. "If he was a wrestler and not a good one, we wouldn't have talked about it," said Bouck, 66. "I think The Flint Journal should let it go."

Lasinski, 18, was ordered bound over to St. Clair Circuit Court on Feb. 18 on a charge of larceny valued at \$1,000 to \$20,000, a five-year felony. He is free on a personal recognizance bond. Lasinski and a 17-year-old male from Marine City are accused of stealing a snowblower from the front lawn of a home in Columbus Township in December 2007, police said.

Lasinski previously attended Richmond High School, where in 2008 he placed third in the 189-pound individual state championship, ending the season 41-4. Richmond High School would not allow Lasinski to wrestle there anymore, but it's unclear what circumstances were involved in that decision, Goodrich's athletic director has said.

Atlas Township resident Bryan Howe said Goodrich should have more specific guidelines on how to deal with athletes charged with crimes. He agrees, though, with the district's decision to allow Lasinski to play.

"People can make all kinds of accusations that may not be true," he said. Parent Shellie Kent said she prefers that the district keep the current policy rather than craft a new one. "I think the school would overstep their boundaries," said Kent, who has a child enrolled at the elementary level.

Plumb knows firsthand what it's like to be criticized for allowing a student who has gotten into trouble to play. He received flak last year when he allowed a wrestler to compete in the state championship even though the athlete had been accused being drunk and driving through the front of a restaurant. Under the district's policy, the student -- who had been charged but not convicted -- was suspended from 25 percent of the remaining games after agreeing to attend substance abuse counseling. He missed those games but then was eligible to play at the state tournament.

"Some people said the kid should have been kicked off the team, or I should have done this or that," Plumb said. "It was my decision, and I went according to the rules and guidelines I had at that time." The Flint School District amended its student code of conduct following a public backlash over two athletes who were released from jail to play football in 2007.

When a student athlete is arrested, charged, placed on Holmes Youthful Trainee Act status or convicted of a misdemeanor or felony, he or she and/or the parent is required to report it to the coach before the next activity day. The student is then suspended from athletics pending an investigation by the athletic director and principal.

If the athlete is charged with a misdemeanor, the investigation is to be completed within five school days, or if the student faces a felony charge, the investigation is to be completed within 10 school days.

Factors that are considered regarding disciplinary action include when the alleged offense occurred, the type and seriousness of the offense and the student's in-school behavior.

(Continued on page 15)



**Sponsor of the
Outstanding
Senior Athlete Awards**



“What about North Dakota?”

[Editor's note: "I had this letter to the editor appear on my e-mail the other day; I wanted to share with all of our North Dakota coaches."]

The other day I ran across a news article on the Internet about North Dakota's \$1 billion state budget surplus. Sitting in my home state of Michigan, I wondered, "What are North Dakotans doing that we aren't?"

Of course, there are many practical answers to that question, including your energy and agricultural revenues. But I settled on a more emotional answer - and the answer lies with the people of North Dakota themselves.

Thirty-eight years ago, I was a young airman stationed at Minot Air Force Base. In the 14 months that I was assigned there, I grew to know and love the people of North Dakota. In a time when those in the military were not shown appreciation in other parts of America, North Dakotans took a different stance - they treated us with respect and appreciation. I've always remembered that, and to this day I have a warm place in my heart for the people of North Dakota.

But it goes deeper than that. In my time at Minot, I grew to understand that these North Dakota people are proud and hard-working. Perhaps it's the love of the land, the harshness of the winters or the spirit that binds people of the Plains together. Whatever it is, you North Dakotans are a breed apart. I'm just glad I had a chance to live there so many years ago and become acquainted with the people.

Yes, all of us in America face grave challenges in the days ahead. I understand that despite your budget surplus, North Dakotans face the same uncertainties as the rest of the country. Education, job growth, health care and infrastructure needs are concerns for all of us. Yet, I believe that if the rest of the nation had the same resolve, spirit and work ethic of North Dakotans, we would not fear the future, but embrace its possibilities.

May the people of North Dakota continue to show the way for the rest of the United States. Perhaps, someday soon, we'll take notice and follow your lead.

Eric Anderson

Basic Procedures to Minimize Employment Issues

- When you receive a coaching assignment make sure you have a written contract that declares what that assignment is and what the pay for the assignment will be. In many states coaching assignments are independent of teaching assignments; therefore, a separate contract for coaching should be required.
- In most states a coach will not have tenure or other comparable statutory rights in a coaching assignment. However, there maybe some limited statutory rights available to you.
- Examine school or state board of education policies that may address or apply to athletic programs or coaching assignments and may provide you some recourse.
- If you work in a school or school system in which there is a collective bargaining agreement that covers school employees, you may have rights under that agreement. Collective bargaining agreements typically have internal procedures for resolving contractual disputes.
- These are merely suggestions, not legal advice. Each situation is unique; and the laws, policies, and contract provisions may vary greatly from one situation to the next. If you have been suspended or removed from your coaching assignment and believe that the action may violate your rights, you should contact an attorney.



Your locally owned
Burger King Restaurants
 are proud to sponsor the NDHSCA



2008-2009 NDHSCA Powerade Senior Athlete of the Year

SPORT	ATHLETE	SCHOOL	HEAD COACH
Class A Boys' Tennis	Josh Oothoudt	Minot HS	Scott Delorme
Class A Girls' Golf	Krista Weiszhaar	West Fargo HS	Dan Wolf
Class A Boys' Soccer	Andy Schell	Fargo South HS	Dean Hashbarger
Class A Boys' Cross Country	Joash Osoro	Bismarck HS	Dave Zittleman/Darrell Anderson
Class A Girls' Cross Country	Sarah Feeney	Bismarck HS	Scott Reichenberger
Class B Boys' Cross Country	Jeremy Grinnell	New Town HS	Brian Anderson
Class B Girls' Cross Country	Nicole Woinarowicz	Grafton HS	Jeff McKay
Class A Football	Justin Purintun	Linton-Hazleton-Moffit-Braddock HS	Dan Imdieke
Class AA Football	Derek Elliott	Valley City HS	Scott Roehrich
Class AAA Football	Brent Qvale	Williston HS	Todd Matthews
Class B Nine-Man Football	Tyler Lalim	Williams County HS	Tim Schaffer
Class A Girls' Swimming & Diving	Ashley Reiter	West Fargo HS	Marsha Dahl
Class A Girls' Volleyball	Jessie Gust	West Fargo HS	Paula Pierson
Class B Girls' Volleyball	Keri Nelson	Kenmare HS	Tim Wallstrum
Class A Boys' Hockey	Russel Crary	Grand Forks Red River HS	Matt Malm
Class A Boys' Swimming & Diving	Spencer Wheeling	Minot HS	Jake Solper
Class A Girls' Gymnastics	Joley Beeler	Minot HS	Pam Tweeten
Class A Girls' Hockey	Rachel Hennessey	Williston HS	Mikaela Rehak
Class A Wrestling	Derek Lee	Bismarck Century HS	Randy Hilzendeger
Class B Girls Basketball	Shauna Knife	Bottineau HS	Mike Forsberg
Class B Wrestling	Andrew Grothmann	Hillsboro HS	Eric Ptacek
Class B Wrestling	Evan Gross	Napoleon HS	Barry McCleary
Class A Boys' Basketball	Brent Qvale	Williston HS	Mark Slotsve
Class A Girls' Basketball	Morgan Dale	Jamestown HS	Scott Botner
Class B Boys' Basketball	Cameron Malzer	Turtle Lake-Mercer HS	Joi Anderson

School Policies/Athletes (Continued from Page 13)

Gail Ganakas, executive director of community education and relations, said the policy works, but she would not disclose whether any students have been suspended. "It's something I believe should be a part of every school district, because research shows this is not a phenomena just here in Genesee County," she said. "It's a phenomena throughout the country. "It's a sad commentary that we have to put something in place, but the bottom line is (that) we have certain expectations student athletes must uphold."

Goodrich Superintendent Larry Allen said he is comfortable with the district reviewing cases on an individual basis, but he would be open to looking at Flint's or other districts' policies on such issues. "Do I think we need a change? Not necessarily," Allen said. "On the other hand, sometimes there are better ways to handle things.

□



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Outstanding
Senior Athlete Awards**





National High School Athletic Coaches Association
will host the

2009 NHSACA ANNUAL MEETING June 20 – 24, 2009

Double Tree Park Place Hotel; Minneapolis, MN

REGISTRATION FORM

Name _____ Home Phone (____) _____

E mail _____ Cell Phone _____

Home Address _____

City _____ State _____ Zip _____

School Address _____ School Phone _____

School Name _____ School City _____

Are you an AD or COTY Finalist? _____ No _____ Yes If yes, which sport? _____

NO REFUND AFTER JUNE 10, 2009

GUEST FEE

Will your spouse or guest(s) attend any sessions? No _____ Yes _____ (If yes, include \$10.00 per person)

Number of guest(s) _____ x \$10.00 = _____

Name(s) _____

This information is needed to prepare admission name tags.

REGISTRATION FEE

EVERYONE (except guests) MUST PAY ANNUAL MEETING REGISTRATION FEE

Annual Meeting Registration Fee/per person	\$100.00 = \$ _____
2 College Credits Leadership Class (June 20 & 21, 2009)	\$250.00 = \$ _____
3 College Credits "Sport Specific Coaching" (June 22-24, 2009)	\$350.00 = \$ _____
Hall of Fame Luncheon, June 23, 2009 @ \$40.00 _____	x \$40.00 = \$ _____
Awards Night Banquet, June 24, 2009 @ \$40.00 _____	x \$40.00 = \$ _____
LATE REGISTRATION FEE (postmarked after June 1, 2009)	\$50.00 = \$ _____
	Guest Fee (from above) = \$ _____
Total Amount of Registration Fees Enclosed:	\$ _____

For more information please call:
507-696-7793 or 507-206-0449

Make checks payable to: **NHSACA**

Send to:

Jerome Garry
NHSACA Executive Director
P.O. Box 5921
Rochester, MN 55903

Please see our website at hscoaches.org for hotel registration & other information



North Dakota High School Coaches Association

Membership Registration 2009-2010

Please print!

Name _____ Cell # _____
 School _____ E-mail Address _____
 Home Phone _____ Work Phone _____
 Home Address _____
 City/State/Zip Code _____

Membership:
 High School _____
 Junior High _____
 College _____
 Life _____
 Associate _____
 Cheerleading _____

In the A column, write H (head coach) or A (assistant coach) for the appropriate sport(s). In the second column, write your **2008-2009** record. In the third column, write your **lifetime** record for that sport.

	A	08-09 record	lifetime record		A	08-09 record	lifetime record
Athletic Director	—	—	—	Girls Cross Country	—	—	—
Baseball	—	—	—	Girls Golf	—	—	—
Boys Basketball	—	—	—	Girls Hockey	—	—	—
Boys Cross Country	—	—	—	Girls Soccer	—	—	—
Boys Golf	—	—	—	Girls Swimming & Diving	—	—	—
Boys Hockey	—	—	—	Girls Tennis	—	—	—
Boys Soccer	—	—	—	Girls Track & Field	—	—	—
Boys Swimming & Diving	—	—	—	Gymnastics	—	—	—
Boys Tennis	—	—	—	Softball	—	—	—
Boys Track & Field	—	—	—	Strength	—	—	—
Football	—	—	—	Volleyball	—	—	—
Girls Basketball	—	—	—	Wrestling	—	—	—

List Year(s) and Sport(s) of state championships coached.

Have you filed a Victory Milestones Form? _____

Number of years coaching completed (as of June '10) _____

Year	Sport
_____	_____
_____	_____
_____	_____

Signature _____ Fee: **\$55.00 (No Credit Cards Accepted)**

Membership Fee includes \$1,000,000 Liability Insurance Coverage; Association holds the certificate of insurance.

Coaches are urged to photocopy additional membership forms and solicit membership of all head and assistant coaches throughout each school district. – Thank you.

Proud to be a Member of the NDHSCA

Membership in the NDHSCA has the following benefits:

- Subscription to our *Dakota Coach* newsletter
- Access to coaching openings in North Dakota
- Reduced admission to NDHSCA/NDHSAA Clinic during the year
- Free or reduced admission to many high school and college contests
- UND/NDSU football tickets for (except Hockey) \$1.00 allotted in reserved section
- Eligibility for the full awards program of the NDHSCA
- Eligibility to serve on the Sports Advisory Committee
- Eligibility to serve on All-Star Coaching Staff
- Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA
- An organized group that keeps everyone in touch with developments across the state and nation
- An organization that is concerned with offering programs that will help improve coaches
- An organization that is attempting to maintain and improve athletic programs for North Dakota's youth.



The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a problem, suggestion, or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better.

Membership deadlines: Fall-October 1 Winter-February 1 Spring-May 1

Return form to: Karen Hardie, NDHSCA Membership Chair ~ 741 Royal Oaks Drive ~ Fargo, ND 58102

NDHSCA Victory Milestones



Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestone for the first time, make sure to give your record for each year.



Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

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- C. Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
- D. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
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Softball	75	150	225	300	375
Swimming	50	100	150	200	250
Tennis	50	100	150	200	250
Track/Field	50	100	150	200	250
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Wrestling	75	150	225	300	375

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 Winning % equals 22/33 = 67% 5 meets x .67=3.35
 Losing % equals 11/33 = 33% 5 meets x .33 = 1.65
 Your record for the season would be 3 wins and 2 losses for invitationals.

NDHSCA Victory Milestone Record Sheet

Name _____ Date _____ E-Mail _____
 High School _____ Coaching Position _____
 Address _____ City/State/Zip Code _____
 Membership: High School _____ Associate _____ Junior High _____ Life _____

	Year	School	Sport	Varsity	JV	JH	Won/Loss	Overall Record
1.	_____	_____	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____	_____	_____	_____
13.	_____	_____	_____	_____	_____	_____	_____	_____
14.	_____	_____	_____	_____	_____	_____	_____	_____
15.	_____	_____	_____	_____	_____	_____	_____	_____

2008-2009 NDHSCA COACHES OF THE YEAR

SPORT	NAME	SCHOOL
Class A Boys' Tennis	Greg LaDouceur	Grand Forks Red River HS
Class A Girls' Golf	Eric Hendrickson	Minot HS
Class A Boys' Soccer	Dean Hashbarger	Fargo South HS
Class A Boys' Cross Country	Brad Lies	Bismarck Century HS
Class A Girls' Cross Country	Julie Stavn	Bismarck Century HS
Class B Girls' Cross Country	Jim Jeske	Killdeer HS
Class B Boys' Cross Country	Brian Anderson	New Town HS
Class A Boys' Football	Eric Olson	Milnor-North Sargent HS
Class AA Boys' Football	Scott Roehrich	Valley City HS
Class AAA Boys' Football	Todd Matthews	Williston HS
Class B Boys' Nine-Man Football	Mark Rerick	Hillsboro HS
Class A Girls' Swimming	Jody Bolinske	Williston HS
Class A Girls' Volleyball	Carolyn Olson	Grand Forks Red River HS
Class B Girls' Volleyball	Lisa Strand	Thompson HS
FALL SPORT Assistant COTY	Mike Kamrath	Washburn HS
FALL SPORT Junior High COTY	Dan Carlson	Grand Forks Valley JHS
Class A Wrestling	Lynn Forde	Fargo South HS
Class B Wrestling	Cory Schall	Oakes HS
Class A Girls' Gymnastics	Dave Tews	Jamestown HS
Class A Girls' Hockey	Kevin Mahon	Bismarck HS
Class A Boys' Hockey	Tony Bina	Grand Forks Central HS
Class A Boys' Swimming	Marsha Dahl	West Fargo HS
Class B Girls Basketball	Jason Schwarz	Kenmare HS
Class A Boys' Basketball	Jason Horner	Mandan HS
Class A Girls' Basketball	Craig Flaagan	Fargo South HS
Class B Boys' Basketball	Joi Anderson	Turtle Lake-Mercer HS
WINTER SPORT Assistant COTY	Henry Schroeder	Mandan HS
WINTER SPORT Junior High COTY	Fred Strand	Northwood HS

NDHSCA SPONSOR MEMBERS

The following Associate Members have joined NDHSCA to support the Association and NDHSCA requests all members to support these people and organizations.

Craig Johnson	Wilton High School	504 Dakota Avenue	Wilton, ND 58579	701-734-6331
Marlene Bischoff	Allard Trophy Company	108 East Main Street	Valley City, ND 58072	701-845-3303
David Darling	GTM Sportswear	520 McCall Road	Manhattan, KS 66502	800-336-4486
Don Hansen	Daktronics	331 32 nd Avenue	Brookings, SD 57006	605-697-4418
Tom Piche	Greg Larson Sports	1300 Highway 210 West	Brainerd, MN 56401	218-829-5358
Pat Venteicher	Graphic Edge	743 Highway 30 East	Carroll, IA 51401	712-792-7777
Pat Weber	Universal Athletic Service	1609 First Avenue North	Grand Forks, ND 58203	701-301-0070
Brad Westrum	Gerrells' Sports Center	1004 South Washington	Grand Forks, ND 58201	701-775-0553

NEW Coaching Longevity by Randy Johnson

Here is the list of **Coaching Longevity** for the 2009 North Dakota High School Coaches Association Annual Convention to be held in Mandan at the Seven Seas Convention Center from July 28 through July 31, 2009. Please check the list to see if the years are correct. Please inform me as soon as possible if there is a problem with the list. My home phone is 748-5634, please leave a message. My e-mail address is randy.wa.johnson@sendit.nodak.edu or duck@westriv.com. You may contact me either way.

20 years

Scott Botner; Jamestown HS
Wayne Brackenbury; Mohall HS
LuAnn Burris; GF Central HS
David Bymoer; New Rockford HS
Marsha Dahl; West Fargo HS
Jeff Hagler; Cando HS
David Hoff; Bottineau HS
Dan Johnson; Maple Valley HS
Donald Johnson; Fargo Shanley HS
Craig Kovash; Dickinson Trinity HS
Scott Miller; Dickinson HS
Barb Quintus; Killdeer HS
Wayne Shipman; Carrington HS
Jason Smedshammer; Fargo South HS
Vance Stemen; LaMoure HS

25 Years

John Abrahamson; Dickinson HS
Wayne Berglund; Maple Valley HS
Steve Dunrud; Rolla HS
Brian Flyberg; Linton HS
Gregg Grinsteinner; Dickinson Trinity HS
Dean Hasbarger; Fargo South HS
Robert Holmen; Minot HS
Melvin Klingenberg; Valley City HS
Barb Kraft; Central Cass HS
Dean Kraft; Jamestown HS
Kim Mark; Lisbon HS
Dale Peaslee; Wells County HS
Chris Sorensen; Hazen HS
Ron Wingenbach; Bismarck Century HS

30 Years

Darrell Berglund; Hazen HS
Leroy Bettenhausen; Watford City HS
Jerome Boschee; Glen Ullin HS
Dan Carr; Linton HS
Mike Forsberg; Bottineau HS
Jon Gossett; Fargo Oak Grove HS
James Haussler; Bismarck HS
Gerald Holinka; Dickinson Trinity HS
James Jeske; Killdeer HS
John Kihne; Mandan HS
Barry McCleary; Napoleon HS
Steve Miller; Bismarck HS
Mike Nider; Mandan HS
Carl Noss; Enderlin HS
Chad Omdahl; Hatton HS
Mike Opdahl; Larimore HS
Nancy Painter; Griggs County Central HS
Charles Pavlicek; Linton HS
Greg Pollestad; Drayton HS
Jocelyn Sevre; Hazen HS
Brad Ulland; Edinburg HS
David Wisthoff; Glenburn HS

35 Years

Rick Anderson; Griggs County Central HS
Bill Cahill; Jamestown HS
Fred Fritel; Valley City HS
Arley Larson; Ray HS
Mike Merritt; Fargo North HS
Gary Schauer; Langdon HS
Bob Zimney; Grand Forks Red River HS

40 Years

Philip MacIver; Wahpeton HS

45 Years

Dennis Horner; Midway HS

Please inform me as soon as possible if there is a problem with the list. My home phone is 748-5634, please leave a message.

My e-mail address is randy.wa.johnson@sendit.nodak.edu or duck@westriv.com.



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FORMS

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 Hall of Fame
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 Membership Form
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 Shrine Football Nominee
 Special Recognition
 Sponsor Membership
 Sports Advisory Committee Membership

APHORISMS: AN ADAGE

A short, pointed sentence expressing a wise or clever observation or a general truth

1. The nicest thing about the future is that it always starts tomorrow.
2. Money will buy a fine dog, but only kindness will make him wag his tail.
3. If you don't have a sense of humor, you probably don't have any sense at all.
4. Seat belts are not as confining as wheelchairs.
5. A good time to keep your mouth shut is when you're in deep water.
6. How come it takes so little time for a child who is afraid of the dark to become a teenager who wants to stay out all night?
7. Business conventions are important because they demonstrate how many people a company can operate without.
8. Why is it that at class reunions you feel younger than everyone else looks?
9. Scratch a cat and you will have a permanent job.
10. No one has more driving ambition than the boy who wants to buy a car.
11. There are no new sins; the old ones just get more publicity.
12. There are worse things than getting a call for a wrong number at 4 AM. It could be a right number.
13. No one ever says "It's only a game." when their team is winning.
14. I've reached the age where the happy hour is a nap.
15. Be careful reading the fine print. There's no way you're going to like it.
16. The trouble with bucket seats is that not everybody has the same size bucket.
17. Do you realize that in about 40 years, we'll have thousands of old ladies running around with tattoos (And rap music will be the Golden Oldies.)?
18. Money can't buy happiness -- but somehow it's more comfortable to cry in a Corvette than in a Yugo.
19. After 60, if you don't wake up aching in every joint, you are probably dead!



Lifetime Membership Application

To purchase a Lifetime Membership the prospective coach must have been:
A. an NDHSCA Member for 20 years.
B. an active high school coach for at least 25 years either in ND or another state.

Lifetime Membership may be purchased for a one-time fee of \$300.

Such Lifetime Membership will carry all Active Membership benefits (including \$1,000,000 Liability Insurance coverage, effective with 2009-2010 Membership Year).

A Lifetime Member relinquishes voting and office holding privileges if a member is no longer an active coach.

Name _____ Cell # _____
 School _____ E-Mail Address _____
 Home Phone _____ Work Phone _____
 Home Address _____
 City/State/Zip code _____
 Number of years coaching completed (as of **June 2009**) _____
 Number of years NDHSCA Member (as of **June 2009**) _____

Fee: \$300 Include the fee with this application.

**Mail fee and application to: Gelaine Orvik, Executive Secretary NDHSCA
 3457 26th Avenue South, Fargo, ND 58103**

Purchased Lifetime Memberships

- | | |
|---|---|
| Aardahl, Vern; Milnor HS
Amundson, Greg; Mandan HS
Anderson, Brian; Watford City HS
Anderson, Darryl; Mandan HS
Benson, Ron; Mott-Regent HS
Berg, Mike; Grand Forks Central HS
Bettenhausen, LeRoy; Watford City HS
Brenner, Henry; ND School for the Deaf
Buen, Gene; Velva HS
Burckhard, Richard; Parshall HS
Callahan, Mike; Minnewaukan HS
Carlson, Ron; Minnewaukan HS
Carlsrud, Dave; NDHSAA
Cornell, Rick; Grand Forks Schroeder JHS
Dew, Jim; Valley City State College
Disher, Ken; Minot HS
Dixon, Derrick; Turtle Mountain Community HS
Dockter, Dwight; Hope-Page HS
Fjeld, Greg; Minot HS
Folstad, Collette; West Fargo HS
Gabrielsen, Thomas; Grand Forks Red River HS
Gadberry, Ron; Hillsboro HS
Haggin, Barry; Divide County HS
Halland, Joan; Kindred HS
Hammer, Dennis; Grafton HS
Handt, Dave; Litchville-Marion HS
Hanson, David; St. Thomas HS
Hanson, Donald C.; Mandan HS
Hardie, Rodney; Fargo South HS
Hauge, John; Bottineau HS
Hertel, Dale; Fargo South HS
Horner, Dennis; Midway HS
House, Leon; Mandan HS
Hutchison, Donna; Grand Forks Red River HS
Hutchison, John; Northwood HS
Hutchison, Lonny; Northwood HS | Jaeger, Kerry; Grand Forks Red River HS
Jensen, Julie; Kindred HS
Jeske, James; Killdeer HS
Johnson, Wayne; Rolette HS
Kerlin, Don; Mayville/Portland-C/G HS
Kjelgaard, Harold; Fargo Discovery JHS
Kleveland, David; Central Valley HS
Larson, Nancy; DesLacs-Burlington HS
Lehman, Cory; Fargo South HS
Loberg, Myron; Devils Lake HS
Lockwood, Ed; Fargo Public Schools
Lyon, Jerry; Minot HS
Mailloux, Gary; Fargo North HS
Marsh, John; Fargo South HS
Marshall, Joel; Hazen HS
Olson, Douglas; Beulah HS
Olson, Linette; Bismarck Century HS
Omdahl, Chad; Hatton-Northwood HS
Opdahl, Mike; Larimore HS
Overby, Dennis; Northwood HS
Schauer, Gary; Langdon HS
Schmitt, Dan; Dakota Prairie HS
Schreiner, Vernon; Minto HS
Shirley, Marney; Jamestown HS
Sluke, David; Grafton HS
Snortland, Keith; Warwick HS
Solberg, Sheryl; NDHSAA
Stanley, Len; Bismarck State College
Strand, Fred P.; Hatton-Northwood HS
Towers, Ken; Grand Forks Red River HS
Trieglaff, Robert; Fargo North HS
Vigen, Randy; Central Valley HS
Walhaug, Gary; Surrey HS
Walker, Larry; Killdeer HS
Wheeling, Bob; Killdeer HS
Wilson, Jerry; Bismarck Century HS
Zimney, Bob; Grand Forks Red River HS |
|---|---|

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North Dakota High School Coaches Association Official Publication

The *Dakota Coach* is the official publication of the NDHSCA and is distributed without charge to all NDHSCA members in good standing. Notes, articles, opinions, or letters to the editor are welcome if they deal with high school coaching concerns. They will be printed as space permits. Opinions and views of the authors are their own and do not always reflect the official position of the NDHSCA.

Send to Gelaine Orvik - gorvik@cableone.net

or to any of the members of the Executive Board.

See page 2 for e-mail and mailing addresses or phone numbers



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**FCA Boy's Football Camp at Crystal Springs Camp;
July 20th – July 22nd**

Register on line at www.fcacamps.org
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