



North Dakota High School Coaches Association  
Official Publication

# DAKOTA COACH

**This Issue  
Available  
ONLINE Only**

## 2008 NDHSCA Hall of Fame

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NDHSCA Executive Committee announces the inductees to the 2008 NDHSCA Hall of Fame as determined at its recent NDHSCA Executive Committee Meeting. The inductees will be recognized and receive awards during the 2008 NDHSCA Coaches Convention, held on July 29-August 1, 2008 in Fargo. The Hall of Fame Awards will be presented at the Annual Banquet on Thursday, July 31<sup>st</sup> at 6:30 PM at the Fargo Doublewood Inn Conference Center.

The recipients for the 2008 induction will be **Bill Fruhwirth**, retired head Boys' Basketball Coach, Track & Field Coach and Golf Coach at Larimore High School, Fessenden High School, Fertile High School, Parshall High School, Drake High School and Flaxton High School; **Mike Kuhn**, head Girls' Track & Field Coach and Assistant Football Coach at

Mandan High School; **Rich Raasch**, retired Boys' and Girls' Basketball Coach at Fargo Agassiz/Discovery Middle School and Head Boys' Basketball Coach at Decorah (IA) HS, Dysart (IA) HS and Comfrey (MN) HS; and **Curt Sherbrooke**, Head Girls' Gymnastics Coach at Hawley (MN) HS, Bismarck St. Mary's HS, Bismarck HS and Bismarck Century High School.

**Bill Fruhwirth** is a graduate of Carrington High School and the University of North Dakota. He is a veteran coach at Flaxton High School---boys' basketball, track & field, football, and baseball, at Drake High School---boys' basketball and athletic director, at Parshall High School--

Hall of Fame - cont'd on page 12

## NDHSCA Vice Presidential Candidates 2008

The North Dakota High School Coaches Association's Executive Committee made nominations for balloting for the Association's Vice President. The balloting will be conducted at the Annual Coaches Convention to be held in Fargo July 29-August 1.

The two candidates will be **Jay Schobinger** who serves as head volleyball coach and co-head boys' track & field coach at Dickinson High School. The second candidate is **Dave Zittleman**, who is presently co-head boys' cross-country coach and co-head boys' track & field coach at Bismarck High School.



Jay Schobinger



Dave Zittleman

Vice Pres Candidates - cont'd on page 10

**NATIONAL  
COTY  
SEE LIST ON PAGE 11**

**NORTH  
DAKOTA  
COTY  
SEE LIST ON PAGE 5**

## 2 NDHSCA 2007-2008 Executive Committee



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### Assistant Executive Secretary Randy Johnson

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#### Lions' Basketball Co-Chair

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[hendrim@fargo.k12.nd.us](mailto:hendrim@fargo.k12.nd.us)

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1108 11th Street SW (w) 701-453-3484  
Minot, ND 58701 (f) 701-453-3488  
[jason.schwarz@sendit.nodak.edu](mailto:jason.schwarz@sendit.nodak.edu)

#### Optimists' Volleyball Chair

Scott Toenies (h) 701-436-4900  
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Hillsboro, ND 58045 (f) 701-636-4362  
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## President's Message

Congratulations to all the winter sports teams. Once again North Dakota was treated to a fantastic winter sports season! Special congratulations go out to our winter sports State Champions, Coach of the Year, and Senior Athlete of the Year winners.

With the onset of the spring sports season, I think we can look forward to many more outstanding performances as our athletes and coaches continue to compete.

Spring is also a time for reflection on the past school year. Once again our members have provided a standard of leadership for our athletes that is second to none. Whether we coached a state champion or just helped an athlete become better at their sport we should all be proud of our efforts.

As summer draws near, I hope you are making time in your busy summer schedule for our State Convention. Gelaine, Randy, and John are once again working diligently to provide great topics and clinicians for our attendees. Our 2008 convention will be held in Fargo at the Doublewood Inn on July 29<sup>th</sup> through August 1<sup>st</sup>.

In closing, I want to commend each and every coach for the work that you do; your influence is never-ending. Please try to make time to attend the convention and encourage fellow coaches to attend.

Good luck to all our spring sports teams. I hope to see you in Fargo this summer!

Yours in coaching,

*Jon Bertsch*



Jon Bertsch

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**“Once again North Dakota was treated to a fantastic winter sports season!”**

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## 2007-2008 NDHSCA Sponsor Members

**Please make every attempt to show gratitude to each Sponsor Member.**

<b>Gene Buen</b>	<b>PAID LIFE MEMBER</b>	<b>P.O. Box 355</b>	<b>Velva, ND</b>
Dave Gress	Daktronics	331 32nd Avenue	Brookings, SD
Tom Piche	Greg Larson Sports	Box 567	Brainerd, MN
Matt Stasch	Northern Light FX	1319 Naylor Drive SE	Bemidji, MN
<b>Ken Towers</b>	<b>Past President (1968-1969)</b>		
	<b>PAID LIFE MEMBER</b>	<b>1304 Noble Cove</b>	<b>Grand Forks, ND</b>
Pat Weber	Universal Athletic Service	1609 First Avenue North	Grand Forks, ND
Brad Westrum	Gerrell's Sport Center	1004 South Washington	Grand Forks, ND
<b>Ken Towers</b>	<b>Italian Moon</b>	<b>1304 Noble Cove</b>	<b>Grand Forks, ND</b>
<b>Ken Towers</b>	<b>Wendy's</b>	<b>1304 Noble Cove</b>	<b>Grand Forks, ND</b>



**Sponsor of the  
Outstanding  
Senior Athlete Awards**



## From Executive Secretary's Desk

Gelaine Orvik

I know that I am late, but everything is on schedule. We have initiated our contacts with the speakers and preparations for the summer NDHSCA Coaches Convention, July 29<sup>th</sup>, 30<sup>th</sup>, 31<sup>st</sup> and August 1<sup>st</sup>. Plan your summer around the convention.

As many know, the Class B District Chairman Meeting has worked on the "Blackout Week or Weeks" for the summer. The final discussion will be presented the NDHSAA Board of Directors at its March meeting.

For the first time, the NDHSCA Executive Committee will be represented on the NDHSAA Board of Directors. Pete Moe, Washburn, will represent the NDIAAA on the Board. Of course, Pete is bound by his representing the athletic directors, but he is a great man with a awesome understanding of the "big picture" of North Dakota Athletics. Congratulations to Pete!



Every North Dakota coach is urged to check the NHSACA Website, [www.hscoaches.org](http://www.hscoaches.org). Open the website by [www.ClearinghouseCalculator.org](http://www.ClearinghouseCalculator.org). The Clearinghouse Calculator provides you with specific preparation for calculating GPA and preparation to receive NCAA scholarship, beginning with grade nine, when every student needs to prepare. Every school needs to sign a document to have open use of the calculator. Present the Clearinghouse Calculator to your administration and to your counseling department.

Last year National Joint Powers Alliance signed an agreement with NHSACA. This year I convinced Fargo Schools to try some activity with NJPA.

They have amazing purchasing power since they order in such huge numbers. Check out their website, on the NHSACA Website: [www.njpacoop.org/home](http://www.njpacoop.org/home).

I want to express huge thank you to the NDHSCA Executive Committee for their tremendous cooperation and leadership. Keep on Keeping On!

**"For the first time, the NDHSCA Executive Committee will be represented on the NDHSAA Board of Directors by Pete Moe, Washburn."**

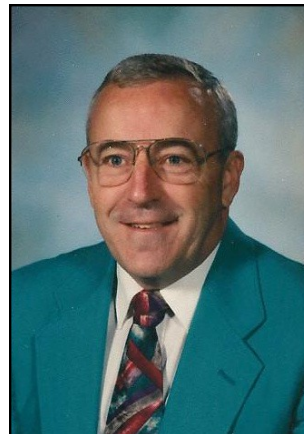
## 2008 NDHSCA Hall of Fame Inductees (see story on pages 1 & 12)



Bill Fruhwirth



Mike Kuhn



Rich Raasch



Curt Sherbrooke

These inductees will be recognized and receive awards during the 2008 NDHSCA Coaches Convention



Your locally owned  
**Burger King Restaurants**  
are proud to sponsor the NDHSCA





**North Dakota  
High School Coaches  
Association & Powerade**

*Outstanding Senior Athlete*



2008



## NDHSCA POWERADE OUTSTANDING SENIOR ATHLETE AWARD

FALL SPORTS SEASON	ATHLETE	SCHOOL	HEAD COACH
Class A Boys' Tennis	Chad Smith	Grand Forks Red River HS	Greg LaDouceur
Class A Girls' Golf	Chivas Beaudoin	Dickinson HS	Olivia Wellenstein
Class A Boys' Soccer	Phil Boerger	Jamestown HS	Shea Durham
Class A Boys' Cross Country	Colin Parrish	Grand Forks Central HS	Sean Allan
Class A Girls' Cross Country	Melanie Funke	Minot HS	Glee Mayer
Class B Boys' Cross Country	Patrick Wolf	New Town HS	Brian Anderson
Class B Girls' Cross Country	Lindsay Anderson	Leeds-Maddock HS	Karen Anderson
Class A Football	Michael McAtee	North Prairie HS	Davy Zinke/Tim Pfeifer
Class AA Football	Michael Zwingel	Rugby HS	Scott Grochow
Class AAA Football	Josh Horner	Fargo South HS	Kevin Feeney
Class B Nine-Man Football	Kriss McCleary	Napoleon-Gackle-Streeter HS	Jon Schiele
Class A Girls' Swim & Diving	Hannah Whitehead	Grand Forks Central HS	Bryan Walls
Class A Girls' Volleyball	Danielle Luetzen	Minot HS	Patty Luetzen
Class B Girls' Volleyball	Katie Zent	Richardton-Taylor HS	Brian Filibeck

## 2007-2008 NDHSCA Coach of the Year Award

FALL SPORTS	NAME	SCHOOL
Class A Boys' Tennis	Duddy Weisser	Grand Forks Central HS
Class A Girls' Golf	Donald Johnson	Fargo Shanley HS
Class A Boys' Soccer	Casey Tidd	Fargo North HS
Class A Boys' Cross Country	Gary Mailloux	Fargo North HS
Class A Girls' Cross Country	Joe Bailey	West Fargo HS
Class B Boys' Cross Country	Brian Anderson	New Town HS
Class B Girls' Cross Country	Jeff McKay	Grafton HS
Class A Boys' Football	Brad Sandy	Harvey HS
Class AA Boys' Football	Kyle Bakken	Fargo Oak Grove HS
Class AAA Boys' Football	Ron Wingenbach	Bismarck Century HS
Class B Boys' Nine-Man Football	Ron Benson	Mott-Regent HS
Class A Girls' Swimming	Loic Joseph	Bismarck Century HS
Class A Girls' Volleyball	Patty Luetzen	Minot HS
Class B Girls' Volleyball	Michelle Dolan	Ray HS
Junior High COTY	Phil Maclver	Wahpeton HS
Assistant COTY	Rod Breitenbach	Bismarck Century HS

COTY



**Sponsor of the  
Outstanding  
Senior Athlete Awards**





# North Dakota High School Coaches Association

## 2008 NDHSCA/NDHSAA COACHES CONVENTION

Doublewood Inn Best Western Convention Center; Fargo, North Dakota  
July 29-31 & August 1, 2008

**Convention Registration Fee is \$100.00.**

Convention Registration Fee postmarked **after July 20, 2008 is \$125.00.**

**NO REFUNDS AFTER JULY 20th.**

Check each applicable line below on the left; circle all the amounts for line item fees on the right.

     1. **Convention:** Registration for all clinic and seminar sessions, 1 NDHSCA Banquet ticket, NDHSCA Membership. \$100.00

**ALL COLLEGE CREDIT REGISTRANTS MUST PAY \$100.00 CONVENTION REGISTRATION FEE FIRST.**

     2. **COLLEGE CREDIT:** Registration for **TWO (2)** NDSU Semester Credits; Coaches and Conflicts Seminar (July 29) and Sports' Clinic Sessions (July 30-31; August 1) \$130.00

     3. **COLLEGE CREDIT:** Registration for **TWO (2)** NDSU Semester Credits; Special Topics Seminar (July 29) and Sports' Clinic Sessions (July 30-31; August 1) \$130.00

     4. **COLLEGE CREDIT:** Registration for **TWO (2)** NDSU Semester Credits; Speed, Strength & Conditioning Seminar (July 29) and Sports' Clinic Sessions (July 30-31; August 1) \$130.00

     5. **COLLEGE CREDIT:** Registration for **ONE (1)** NDSU Semester Credits; Sports' Clinic Sessions (July 30-31; August 1) \$65.00

**ADDITIONAL FEES:**

<u>    </u> On-site Registration Fee.....@ \$25.00	\$25.00
<u>    </u> Golf Tournament (scramble) (07/30/08) .....@ \$55.00	\$55.00
<u>    </u> Extra NDHSCA Hall of Fame/Coach of the Year Banquet (7/31/08) Tickets.....@ \$25.00	\$25.00
<u>    </u> Additional NDHSCA Memberships.....@ \$50.00	\$50.00
<u>    </u> Lifetime NDHSCA Memberships.....@ \$250.00	\$250.00
<b>TOTAL</b>	<b>_____</b>

**CHECKS PAYABLE TO NDHSCA;**

**MAIL REGISTRATION WITH FEE TO: Gelaine Orvik**

**NO CREDIT CARDS ACCEPTED**

**NDHSCA Executive Secretary  
3457 26<sup>th</sup> Avenue SW  
Fargo, ND 58103**

*do not separate top from bottom*

**NDHSCA MEMBER REGISTRATION ---REMAINDER OF FORM MUST BE COMPLETED**

**North Dakota High School Coaches Association  
Membership Registration 2008-2009**

**Membership:**

Name \_\_\_\_\_  
 School \_\_\_\_\_ E-Mail \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City/State/Zip Code \_\_\_\_\_

High School	_____
Junior High	_____
College	_____
Life	_____
Associate	_____
Cheer Coach	_____

In the A column, write H (head coach) or A (assistant coach) for the appropriate sport(s).

In the second column, write your **2007-2008 record** & your lifetime coaching record per sport in **life record**.

SPORT	A	07-08 record	life record	SPORT	A	07-08 record	life record
Athletic Director	—	—	—	Boys' Soccer	—	—	—
Baseball	—	—	—	Girls' Soccer	—	—	—
Boys' Basketball	—	—	—	Girls' Softball	—	—	—
Girls' Basketball	—	—	—	Boys' Swimming	—	—	—
Boys' Cross Country	—	—	—	Girls' Swimming	—	—	—
Girls' Cross Country	—	—	—	Boys' Tennis	—	—	—
Football	—	—	—	Girls' Tennis	—	—	—
Boys Golf	—	—	—	Boys' Track & Field	—	—	—
Girls Golf	—	—	—	Girls' Track & Field	—	—	—
Gymnastics	—	—	—	Volleyball	—	—	—
Boys' Hockey	—	—	—	Wrestling	—	—	—
Girls' Hockey	—	—	—	Strength	—	—	—

List Year(s) and Sport(s) of state championships coached.	
<b>Years</b>	<b>Sports</b>
_____	_____
_____	_____
_____	_____

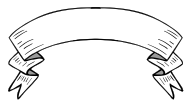
Have you filed a Victory Milestones Form? \_\_\_\_\_ (see backside)

Number of years coaching completed (**as of June '09**) \_\_\_\_\_

**Return Membership ONLY Application To:**

**Karen Hardie  
741 Royal Oaks Drive  
Fargo, ND 58102**

# NDHSCA Victory Milestones



Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestones for the first time, make sure to give your record for each year. Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both JHS boys basketball and varsity basketball, the coach counts only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

**Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue South; Fargo, ND 58103.**

Awards will be sent upon request after records are updated.

### Procedure For Determining Won/Loss Records In An Invitational Meet:

1. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
2. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
3. Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
4. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Baseball	75	150	225	300	375
Basketball	100	200	300	400	500
Cross Country	50	100	150	200	250
Football	50	100	150	200	250
Golf	45	90	135	180	225
Gymnastics	45	90	135	180	225
Hockey	100	200	300	400	500

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Soccer	100	200	300	400	500
Softball	75	150	225	300	375
Swimming	50	100	150	200	250
Tennis	50	100	150	200	250
Track/Field	50	100	150	200	250
Volleyball	150	300	450	600	750
Wrestling	75	150	225	300	375

- Only meets in which three or more schools participate will count as an invitational.
- Schools can still have a dual meet record that would remain the same along with a record for the invitational meets they attend.
- It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

Example: Meet 1 11 teams 7 wins 4 losses  
 Meet 2 4 teams 0 wins 4 losses  
 Meet 3 6 teams 6 wins 0 losses  
 Meet 4 5 teams 4 wins 1 loss  
 Meet 5 7 teams 5 wins 2 losses  
 Totals 5 meets 33 teams 22 wins 11 losses  
 Winning % equals  $22/33 = 67\%$  5 meets x .67 = 3.35  
 Losing % equals  $11/33 = 33\%$  5 meets x .33 = 1.65  
 Your record for the season would be 3 wins and 2 losses for invitation meets or tournaments.

## NDHSCA Victory Milestone Record Sheet

Name \_\_\_\_\_ Date \_\_\_\_\_ E mail \_\_\_\_\_

High School \_\_\_\_\_ Coaching Position \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip Code \_\_\_\_\_

Membership: High School \_\_\_\_\_ Associate \_\_\_\_\_ Junior High \_\_\_\_\_ Life \_\_\_\_\_

Year	School	Sport	Varsity	JV	JH	Won/Loss	Overall Record
1.	_____	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____	_____	_____
13.	_____	_____	_____	_____	_____	_____	_____
14.	_____	_____	_____	_____	_____	_____	_____
15.	_____	_____	_____	_____	_____	_____	_____



# Lifetime Membership Application

To purchase a Lifetime Membership the prospective coach must have been:  
A. an NDHSCA Member for 20 years.  
B. an active high school coach for at least 25 years either in ND or another state.

Lifetime Membership may be purchased for a one-time fee of \$250. Such Lifetime Membership will carry all Active Membership benefits. A Lifetime Member relinquishes voting and office holding privileges if a member is no longer an active coach.

Name \_\_\_\_\_  
School \_\_\_\_\_ E-Mail Address \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Home Address \_\_\_\_\_  
City/State/Zip code \_\_\_\_\_  
Number of years coaching completed (as of **June 2009**) \_\_\_\_\_  
Number of years NDHSCA Member (as of **June 2009**) \_\_\_\_\_

**Fee: \$250 Include the fee with this application.**  
**Mail fee and application to: Gelaine Orvik, Executive Secretary NDHSCA**  
**3457 26<sup>th</sup> Avenue South**  
**Fargo, ND 58103**

## Purchased Lifetime Memberships

- |  |  |
|--|--|
| Aardahl, Vern; Milnor HS                     | Jensen, Julie; Kindred HS              |
| Anderson, Darryl; Mandan HS                  | Jeske, James; Killdeer HS              |
| Berg, Mike; Grand Forks Central HS           | Johnson, Wayne; Rolette HS             |
| Bettenhausen, LeRoy; Watford City HS         | Kerlin, Don; Mayville/Portland-C/G HS  |
| Brenner, Henry; ND School for the Deaf       | Kjelgaard, Harold; Fargo Discovery JHS |
| Buen, Gene; Velva HS                         | Kleveland, David; Central Valley HS    |
| Burckhard, Richard; Parshall HS              | Larson, Nancy; DesLacs-Burlington HS   |
| Callahan, Mike; Minnewaukan HS               | Lehman, Cory; Fargo South HS           |
| Carlson, Ron; Minnewaukan HS                 | Loberg, Myron; Devils Lake HS          |
| Carlsrud, Dave; NDHSAA                       | Lockwood, Ed; Fargo Public Schools     |
| Cornell, Rick; Grand Forks Schroeder JHS     | Lyon, Jerry; Minot HS                  |
| Dew, Jim; Valley City State College          | Mailloux, Gary; Fargo North HS         |
| Disher, Ken; Minot HS                        | Marsh, John; Fargo South HS            |
| Dixon, Derrick; Turtle Mountain Community HS | Olson; Douglas; Beulah HS              |
| Dockter, Dwight; Hope-Page HS                | Olson, Linette; Bismarck Century HS    |
| Fjeld, Greg; Minot HS                        | Omdahl, Chad; Hatton-Northwood HS      |
| Folstad, Collette; West Fargo HS             | Opdahl, Mike; Larimore HS              |
| Gabrielsen, Thomas; Grand Forks Red River HS | Overby, Dennis; Northwood HS           |
| Gadberry, Ron; Hillsboro HS                  | Schauer, Gary; Langdon, HS             |
| Haggin, Barry; Divide County HS              | Schmitt, Dan; Dakota Prairie HS        |
| Hammer, Dennis; Grafton HS                   | Schreiner, Vernon; Minto HS            |
| Handt, Dave; Litchville-Marion HS            | Shirley, Marney; Jamestown HS          |
| Hanson, David; St. Thomas HS                 | Sluke, David; Grafton HS               |
| Hanson, Donald C.; Mandan HS                 | Snortland, Keith; Warwick HS           |
| Hardie, Rodney; Fargo South HS               | Solberg, Sheryl; NDHSAA                |
| Hauge, John; Bottineau HS                    | Stanley, Len; Bismarck State College   |
| Hertel, Dale; Fargo South HS                 | Strand, Fred P.; Hatton-Northwood HS   |
| Horner, Dennis; Midway HS                    | Trieglaff, Robert; Fargo North HS      |
| House, Leon; Mandan HS                       | Vigen, Randy; Central Valley HS        |
| Hutchison, Donna; Grand Forks Red River HS   | Walhaug, Gary; Surrey HS               |
| Hutchison, John; Northwood HS                | Walker, Larry; Killdeer HS             |
| Hutchison, Lonny; Northwood HS               | Wheeling, Bob; Killdeer HS             |
| Jaeger, Kerry; Grand Forks Red River HS      | Wilson, Jerry; Bismarck Century HS     |
|  | Zimney, Bob; Grand Forks Red River HS  |



## Coaching Longevity Notice

Randy Johnson

Compilation is presently developing on the Coaching Longevity Awards for the 2008 Summer Convention. If the following information is incorrect, please contact Randy Johnson by phone (701-748-5634) or by e-mail [randy.wa.johnson@sendit.nodak.edu](mailto:randy.wa.johnson@sendit.nodak.edu). Also, please contact him if your name should be included on the list for 20 years, 25 years, 30 years, 35 years, or 40 years but is not listed herein.

### 20 years

Paula Bachmeier, Des Lacs-Burlington HS  
 Berton Bates, Watford City HS  
 Randy Burwick, Hettinger HS  
 James Hanson, St. Thomas HS  
 Matt Herman, Ellendale HS  
 Brian Hornecker, Minot HS  
 Mike Holm, Tioga HS  
 Dan Johnson, Maple Valley HS  
 Donald Johnson, Fargo Shanley HS  
 James Johnson, Des Lacs-Burlington HS  
 Greg Jung, Dickinson HS  
 Jerry Krosbakken, Fargo North HS  
 Paul Kvislen, Kindred HS  
 Jeff Manley, Leeds HS  
 Marv Peterson, Mandan HS  
 Peggy Person, Lewis & Clark HS  
 Larry Sandy, Velva HS  
 Rick Sondrol, Central Valley HS  
 Wade Wilson, Des Lacs-Burlington HS  
 Thomas Winger, GF Central

### 25 Years

Joe Bailey, West Fargo HS  
 Dwight Dockter, Hope-Page HS  
 Kevin Froeber, West Fargo HS  
 Donna Galloway, Park River HS  
 Rick Hack, Ellendale HS  
 Randy Hanson, Washburn HS  
 Dean Hashbarger, Fargo South HS  
 John Hauge, Bottineau HS  
 Rob Jacobson, Fargo South HS  
 Tim Kraft, Central Cass HS  
 Curry Mund, Rugby HS  
 Kent Schweigert, Bismarck St. Mary's HS  
 Kent Van Ells, Dickinson HS  
 Larry Walker, Killdeer HS  
 George Ziegler, May-Port CG HS

### 30 Years

Murray Anderson, Wyndmere HS  
 Angela Bartholomay, Bottineau HS  
 Mary Ann Donnay, Fargo Discovery JHS  
 Mike Forsberg, Bottineau HS  
 Randal Hajicek, Northwood HS  
 James Haussler, Bismarck Public Schools  
 Joe Howell, Lisbon HS  
 Dennis Kary, St. Mary's/Mandan HS  
 Brenda Lang, Harvey HS  
 Doug Olson, Beulah HS  
 Sandy Popp, Milnor HS  
 Dave Tews, Jamestown HS  
 Rick Ulmer, Ellendale HS  
 Doug Wagner, Des Lacs-Burlington HS

### 35 Years

David Hanson, St Thomas HS  
 Dennis Healy, Williston HS  
 Dick Henderson, Fargo South HS  
 Daryl Jung, New England HS  
 Jim Larson, Thompson HS  
 Gene Manson, Minot HS  
 Mike Merritt, Fargo North/Fargo South HS  
 Lee Nagel, Wahpeton HS  
 Jerry Perdaems, South Heart HS

□

## 2008 NDHSCA Coaches Convention

July 24 - August 1

Doublewood Inn, Fargo



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## NDHSCA Vice Presidential Candidates - continued from page 1

**Jay Schobinger** is a graduate of Dickinson High School and Dickinson State University. He is presently in his 18<sup>th</sup> year coaching with one year at Tioga High School prior to his stint with the Midgets. He has served as an assistant coach in football, volleyball and track & field and has served as head coach in volleyball for 15 years and co-head coach for boys' track & field for four years.

**Jay** has guided his volleyball teams to a 318-216 record and has been recognized by his peers as NDHSCA Volleyball Coach of the Year in 2005 and 2006. He has also been named WDA Coach of the Year in 1995, 2002, 2002 and 2005. He was the Optimists' All Star Volleyball Coach in 2003, 2005 and 2006.

**Schobinger** and his wife, Sandra, have two children: Madison and Zane.

**Dave Zittleman** is a graduate of Mandan High School and the University of Mary. He earned his graduate degree in Education Administration also from the University of Mary. Dave is presently co-head coach of Bismarck High School boys' track & field and boys' cross-country, a position he has held for six years. He also served as head men's and women's track & field coach and cross-country coach at Minot State University for four years. Dave was also an assistant track & field coach and assistant boys' and girls' cross-country coach at Mandan High School for five years.

Bismarck High School boys' track & field has a 66-8 record in Zittleman's six years of coaching. The Demon's cross-country record is 37-6 in his five years of coaching. Zittleman has led the Demons to

state Class A boys' track & field Championships in 2004, 2005, 2006 and 2007. He has led Bismarck High School to Class A boys' cross-country titles in 2005, 2006 and 2007.

**Dave** has been a member of the NDHSCA track & field advisory committee to NDHSAA. He has been recipient of the West Region boys' cross-country Coach of the Year five times, West Region boys' track & field Coach of the Year four times, NDHSCA State boys' cross-country Coach of the Year twice and NDHSCA State boys' track & field Coach of the Year three times.

Balloting for NDHSCA vice president will be conducted on Thursday, July 31<sup>st</sup>, at the NDHSCA Coaches Convention. The NDHSCA Coaches' Convention is scheduled for the Fargo Doublewood Inn Best Western Convention Center, July 29<sup>th</sup>-August 1<sup>st</sup>, 2008.

□

### NDHSCA

North Dakota High School  
Coaches Association

#### Convention Dates

**Tuesday, July 29**  
through  
**Friday, August 1**  
**2008**

**Doublewood Inn**

Fargo, ND



### NHASCA

National High School Athletic  
Coaches Association

#### Annual Meeting

**June 21-25**  
**2008**

**Double Tree Hotel**

Colorado Springs, CO



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## 2008 North Dakota NHSACA Coach of the Year Finalists

NDHSCA was informed that 12 North Dakota coaches were named NHSACA Coach of the Year Finalists in early January. From the 17 North Dakota who were nominated by the NDHSCA Executive Committee, these 12 finalists will be sent on to the NHSACA National Coach of the Year for evaluation committee for evaluation to be National Coach of the Year. The coaches are evaluated on years of service, win-loss percentage, professional service, championship years, and awards and recognition.

Using the same criteria, the NDHSCA Executive Committee evaluates the current membership roster to determine recommended names for consideration to select nominees for the award. A candidate may not be nominated for two years after being named as a Finalist. Candidates data forms are completed using all personal data through the 2006-2007 school year.

The NHSACA National Awards Banquet will be held at the Double Tree Hotel in Colorado Springs, Colorado on Wednesday, June 25, 2008; in conjunction with the NHSACA National Coaches Annual Meeting, which is scheduled for June 21-25, 2008.

This year the NHSACA Annual Meeting will welcome the return of the college credit. Two concurrent tracks of two graduate credits will be offered on Saturday and Sunday, June 21<sup>st</sup> and 22<sup>nd</sup>. A third course of three graduate credits will be offered for the sport specific activities on Monday-Wednesday, June 23<sup>rd</sup>-25<sup>th</sup>.

NDHSCA congratulates the Finalists and the other North Dakota Nominees. All North Dakota coaches are urged to congratulate these Finalists. All NDHSCA Finalists and other North Dakota attendants will gather for a photo opportunity and a social prior to the NHSACA National Awards Banquet at the Double Tree Hotel.

□

National COTY

### NHSACA COTY Finalists

<b>SPORT</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>CITY</b>
<b>Athletic Director</b>	Curt Jones	West Fargo High School	West Fargo, ND
<b>Baseball</b>	Ryam Brantl	Thompson High School	Grand Forks, ND
<b>Basketball - Boys'</b>	Dan Carr	Linton High School	Linton, ND
<b>Basketball - Girls'</b>	Bruce Anderson	Minot High School	Minot, ND
<b>Cross-Country - Boys'</b>	Rod Hardie	Fargo South High School	Fargo, ND
<b>Golf</b>	Steve Kennedy	Fargo South High School	Fargo, ND
<b>Soccer - Girls'</b>	Cordell Sinding	Fargo North High School	Fargo, ND
<b>Special Sports</b>	Matt Malm	Grand Forks Red River High School	Grand Forks, ND
<b>Swimming &amp; Diving</b>	Ralph Manley	Mandan High School	Mandan, ND
<b>Tennis</b>	Vic Youngs	Fargo South High School	Fargo, ND
<b>Track and Field - Girls'</b>	Leland Opp	Hazen, High School	Hazen, ND
<b>Wrestling:</b>	Jeff Schumacher	Bismarck High School	Bismarck, ND

□



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## NDHSCA Hall of Fame - continued from page 1

-boys' basketball, football and track & field, at Fertile (MN) High School--- boys' basketball, track & field and athletic director, Fessenden High School-- -boys' basketball, track & field, and athletic director and Larimore High School---boys' basketball, track & field and golf.

**Fruhworth** coached boys' basketball teams to eleven conference Titles; eleven district Titles; two Region Runner-up Titles; seven Regional Championship Titles; one State Runner-up Title at Larimore High School (1975) and one State Championship Title at Larimore High School (1978). Bill also coached his track and field teams to five conference Titles while his Larimore High School golf team won a Regional Title and a State Runnerup Title in 1978. Fruhwirth mentored his teams to 10 victories in baseball, 351 victories in boys' basketball, 22 victories in golf, and 30 victories in track & field meets.

**Coach Fruhwirth** has been a model for coaches to emulate in his professional high school athletic and coaching service. He served a district chairman while at Flaxton (1960-1963) and district co-chairman while at Parshall (1965-1969). He was Vice President of the Parshall Booster Club (1965-1969) and a member of the Booster Club in Fessenden. Bill was a member of the District Advisory while at Larimore and a member of the NDHSCA Class B Boys' Basketball Advisory Committee to NDHSCA 1975-1979)

**Fruhworth** was named NDHSCA Boys' Basketball District Coach of the Year in 1972, 1975, 1978 and 1979. He was named NDHSCA Boys' Bas-

ketball Regional Coach of the Year in 1975, 1978 and 1979. Coach Fruhwirth was selected NDHSCA Boys' Basketball Class B State Coach of the Year in 1978.

**Coach Fruhwirth** was nominated by Dwight Leier and Royal Lyson.

**Bill** and his wife, Gloria, have four children: Greg, Brian, Karen and Gloriann.

**Mike Kuhn** is a graduate of Hebron High School and Jamestown College. He has spent 29 years coaching at Mandan High School. He was assistant football coach for 15 years and has been head girls' track and field coach for his entire professional career.

**Coach Kuhn's** Mandan Braves' girls' track and field teams have been West Region Runnerup Titlists 13 years and West Regional Champions five years. The Braves have been Class A State Track and Field Runnerup Titlists eight times and State Champions twice (1985 and 2002). The Braves have won 284 meets under Mike's guidance

**Mike** has served his profession as the Class A Girls' Representative on the NDHSCA Track and Field Advisory Committee to the North Dakota High School Activities Association on two occasions (1990-1993) and (2005-2008).

**Kuhn** has received numerous coaching honors and awards. He was selected as NDHSCA West Regional Girls' Track and Field Coach of the Year 13 times and NDHSCA Class A State Girls' Track and Field Coach of the Year 11 times. He was the North Dakota All Star Track and Field Coach

of the State All Star Meet in 1982 and 1985. The North Dakota Associated Press Sportscasters and Sportswriters named Kuhn Female Team Coach of the Year in 1985. Mike has been named National High School Athletic Coaches Association Girls' Track and Field National Coach of the Year Finalist three times, in 2000, 2003 and 2007.

**Coach Kuhn** was nominated for the NDHSCA Hall of Fame by Leon House.

**Mike** and his wife, Jane, have two children: Christopher and Sarah.

**Rich Raasch** is a graduate of Castlewood (SD) HS and Dakota State College. He spent 42 years coaching in Minnesota, Iowa and North Dakota. He served as head boys' basketball coach, head football coach and head baseball coach at Comfrey (MN) High School for three years. He moved on to Dysart Geneseo (IA) High School for six years as head boys' basketball coach and assistant football coach. In 1973, Coach Raasch became head boys' basketball coach and assistant baseball coach at Decorah (IA) High School for 15 years. Raasch finished his professional service in Fargo at Agassiz Junior High School and Discovery Junior High School where he was boys' basketball coach and girls' basketball coach for 17 years.

**Coach Raasch** coached his boys' basketball teams to 11 conference titles and eight district titles. His basketball charges also won seven sub state titles and three re-

Hall of Fame - cont'd on page 13



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## NDHSCA Hall of Fame - continued from page 12

gional titles in Minnesota and Iowa. Raasch's 1970 and 1977 Decorah teams participated in the Iowa State Tournament. As head football coach in Comfrey, MN, Rich guided his gridders to a conference title. At Decorah High School, his sophomore baseball team earned 13 conference titles in 15 years.

**Rich** has a gaudy 274 victories with his varsity boys' basketball teams. His total victory ladder includes 602 basketball wins and 405 baseball wins (in 15 years). At Fargo Agassiz Junior High School and Discovery Junior High School, Raasch's teams held a 328-46 record.

**Raasch** was a huddle leader of Fellowship of Christian Athletes. He served as a selection committee member for UPI for six years. He was a member of National Association of Basketball Coaches. He was chair and secretary of the Northeast Iowa Coaches' Association and a member of the Iowa Coaches Association for 21 years. Rich was on the Iowa All Star Selection Committee for 13 years. He was Northeast Iowa basketball coach of the year in 1970 and 1986. He has always served as his church youth group advisor in every community where he has coached.

**Rich Raasch** was nominated for the NDHSCA Hall of Fame by Gelaine Orvik.

**Rich** and his deceased wife, Connie, have two children: Brett and Kayla.

**Curt Sherbrooke** is a native Minnesotan where he graduated from Audubon (MN) High School and Minnesota State University in Moorhead. He coached boys' track and field, girls' gymnastics and volleyball at Hawley High School for three years. He moved on to coach girls' gym-

nastics at Fargo South High School in 1981-1982. After coaching girls' gymnastics for one year at Bismarck St. Mary's High School, Curt became head girls' gymnastics coach for Bismarck High School and Bismarck Century High School (1982-present).

**Sherbrooke** coached his gymnastics teams to West Region Runnerup Titles on twelve occasions and West Region Championships six times. Century High School has earned five State Gymnastics Runnerup Titles, while Bismarck High School has won three Runnerup Titles. Bismarck High School has won three State Gymnastics Championships and Century High School has won four Championships. On four occasions, Bismarck High School and Century High School have placed first and second in the State Gymnastics Tournament---with each team winning twice in the team standing. Sherbrooke has 293 multi-team victories as a gymnastics coach.

**Coach Sherbrooke** has served on the NDHSCA Gymnastics Advisory Committee to the North Dakota High School Activities Association for six years. He has been state chairman for the North Dakota High School Gymnastics Coaches Association. Curt has been a member of the Bismarck Schools District Co-Curricular Committee for the past seven years.

**Curt** has been NDHSCA Gymnastics Coach of the Year on nine occasions (1986, 1992, 1994, 1995, 1998, 1999, 2000, 2002 and 2006). He was named National High School Athletic Coaches Association National Coach of the Year in 2001 in "Special Sports."

**Sherbrooke** was nominated for NDHSCA Hall of Fame by Gelaine Orvik.

□

Congratulations NDHSCA Hall of Fame



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## Victory Milestones Blitz

After considerable discussion on the Victory Milestones topic at the November NHSACA Executive Committee Meeting, President Bertsch directed the Executive Director to make a concerted effort to alert Association members to contact NDHSCA of Victory Milestone accomplishments. I sent an e-mail to football coaches and volleyball coaches to remind them that Victory Milestone Awards were not presented at the NDHSCA Annual Awards Banquet; rather, the Association would send the awards directly to the school upon receipt of a letter that informed NDHSCA of Award accomplishment.

The result of the notice to coaches after the fall season was phenomenal! We have had confirmation of Milestones arriving almost every week. Since the notice was sent to coaches, NDHSCA has also contacted the awards firm and had 27 awards sent. Some of the awards are for delinquent reports. But most of the awards are a result of a reminder. NDHSCA is so happy to have helped make these awards meaningful!

The following awards have been sent since December 1, 2007:

Scott	Milbrandt	Kindred HS	Boys' Basketball	100 Victories
Scott	Thorson	TGU Towner HS	Football	54 Victories
Dean	Kraft	Jamestown HS	Girls' Golf	57 Victories
Larry	Walker	Killdeer HS	Football	171 Victories
Jim	Larson	Thompson HS	Football	100 Victories
Jeff	Manley	Leeds HS	Football	57 Victories
Jon	Bertsch	Wells County HS	Football	62 Victories
Jon	Bertsch	Wells County HS	Boys' Basketball	200 Victories
Randy	Gordon	Dickinson Trinity HS	Football	216 Victories
Dobie	Thom	Westhope HS	Football	142 Victories
Tom	Johnson	Mandan HS	Football	103 Victories
Tom	Johnson	Mandan HS	Track & Field	125 Victories
Bob	Brown	Divide County HS	Football	108 Victories
Chad	Kainz	Finley-Sharon-Hope-Page HS	Football	59 Victories
Fred	Fridley	Watford City HS	Football	275 Victories
Steve	Kleinjan	New Salem HS	Football	51 Victories
Tom	Suelzle	Watford City HS	Girls' Basketball	500 Victories
Randy	Vigen	Central Valley HS	Football	150 Victories
Randy	Hanson	Washburn HS	Football	100 Victories
Kirby	Erickson	Fordville-Lankin HS	Boys' Basketball	200 Victories
David	Peterson	Velva HS	Girls' Basketball	300 Victories
Mark	Morgan	Stanley HS	Girls' Basketball	100 Victories
Warren	Strand	Fessenden-Bowdon HS	Girls' Basketball	100 Victories
Steve	Miller	Bismarck HS	Boys' Basketball	400 Victories
David	Hanson	St. Thomas HS	Boys' Basketball	300 Victories
David	Hanson	St. Thomas HS	Baseball	200 Victories

Although NDHSCA will send another membership e-mail to alert deserving recipients at the end of the winter season, winter sports coaches should be vigilant of the necessity of completing a Victory Milestones form and sending it to the Association office to receive the award. Victory Milestone Award forms may be found on the website ([fargo.k12.nd.us/ndhsca](http://fargo.k12.nd.us/ndhsca)) or on the backside of the membership form of this edition of the *Dakota Coach*.

-- Gelaine Orvik, NDHSCA Executive Secretary



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National High School Athletic Coaches Association  
will host the

# 2008 NHSACA ANNUAL MEETING

## June 21 – 25, 2008

### Double Tree Hotel; Colorado Springs, Colorado

#### REGISTRATION FORM

Name \_\_\_\_\_ Home Phone (\_\_\_\_) \_\_\_\_\_

E mail \_\_\_\_\_ Cell Phone \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

School Address \_\_\_\_\_ School Phone \_\_\_\_\_

School Name \_\_\_\_\_ School City \_\_\_\_\_

Are you an AD or COTY Finalist? \_\_\_\_\_ No \_\_\_\_\_ Yes \_\_\_\_\_ If yes, which sport? \_\_\_\_\_

**NO REFUND AFTER JUNE 10, 2008**

#### GUEST FEE

Will your spouse or guest(s) attend any sessions? No \_\_\_\_\_ Yes \_\_\_\_\_ (If yes, include \$10.00 per person)

Number of guest(s) \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

Name(s) \_\_\_\_\_

*This information is needed to prepare admission name tags.*

#### REGISTRATION FEE

**EVERYONE (except guests) MUST PAY ANNUAL MEETING REGISTRATION FEE**

Annual Meeting Registration Fee/per person \$100.00 = \$ \_\_\_\_\_

2 College Credits "Strength & Nutrition" (June 21 & 22, 2008) \$250.00 = \$ \_\_\_\_\_

2 College Credits "New Coaching Concepts" (June 21 & 22, 2008) \$250.00 = \$ \_\_\_\_\_

2 Continuing Education Units (June 21 & 22, 2008) \$100.00 = \$ \_\_\_\_\_

3 College Credits "Sport Specific Coaching" (June 23-25, 2008) \$350.00 = \$ \_\_\_\_\_

Hall of Fame Luncheon, June 24, 2008 @ \$40.00 \_\_\_\_\_ x \$40.00 = \$ \_\_\_\_\_

Awards Night Banquet, June 25, 2008 @ \$40.00 \_\_\_\_\_ x \$40.00 = \$ \_\_\_\_\_

LATE REGISTRATION FEE (postmarked after June 1, 2008) \$50.00 = \$ \_\_\_\_\_

Guest Fee (from above) = \$ \_\_\_\_\_

Total Amount of Registration Fees Enclosed: \$ \_\_\_\_\_

For more information please call:

701-367-8282 or 701-293-2099

Make checks payable to: NHSACA

Send to:

Gelaine Orvik  
NHSACA Executive Director  
P.O. Box 10065  
Fargo, North Dakota 58106

Please see our website at [hiscoaches.org](http://hiscoaches.org) for hotel registration & other information