



North Dakota High School Coaches Association  
Official Publication

# DAKOTA COACH

**This Issue  
Available  
ONLINE Only**

## 2008 NDHSCA/NDHSAA Coaches Convention

The 2008 NDHSCA Coaches Convention has been in planning since last August. Although efforts are always made to be ahead of schedule, we are always faced with stress to finalize details on time. To date nearly all of the football, basketball, volleyball and wrestling speakers are contracted. Of course the big news is that a Friday program of soccer speakers have been added for coaches. The soccer speakers include Pete Cuadrado, Dan Weiler and Levi Evans. NDHSAA will also present a soccer rules interpretation meeting.

The speakers for the year should provide an additional interest as we have been able to secure several excellent speakers for the convention. Wrestling coaches have given directions to find presenters that are big in skills. Because the USA Wrestling program ends on Wednesday, coach availability is more accessible. Clay Nagel, Concordia College (MN); Davy Zinke, Rolla HS; Dave Dougherty, Watford City HS; and Kelly McNary have been invited to present. Wrestling coaches will also hold an Advisory Committee Meeting and a NDHSAA Rules Meeting.

Convention - cont'd on page 15

### Inside this issue:

Executive Board	2
President's Message	3
Sponsor Members	3
Exec. Sec. Message	4,5
Letter to Editor	5
Member Registration	6
ND Convention Reg Form	7
Victory Milestones	8
Senior Athletes of Year	9
Lifetime Membership	10
Coaches of the Year	11
Scholarships for Seniors	12
Guidelines (continued)	13
Letter to Editor	13
Re-Districting Comm.	14
Sports Rules Meeting	14
ND Convention (cont'd)	15
Dougherty V P (cont'd)	15

## Dave Dougherty; NHSACA Vice Pres Candidate

After extended deliberation with family, NDHSCA staff and other professional cohorts, Dave Dougherty, Watford City HS football, wrestling and track and field coach, has declared his candidacy for the NHSACA Vice President's position.

His declaration was received by the NHSACA Office and was supported by the NDHSCA Executive Committee individually and as a group.

Dave is a NDHSCA Past President and NDHSCA Executive Committee Member.

Convention - cont'd on page 15

## NDHSCA All Star Player Guidelines

NDHSCA has been confronted once again with its "All Star Player Guidelines". Once again some senior athletes have not been nominated, have not been considered, and/or have been dismissed from the All Star Contests because of their not adhering to the "Guidelines."

Since the inception of involvement of NDHSCA with the All Star Contests, the present "Guidelines" have been in place. For the most part, the guidelines are a re-

flection of the standards that NDHSAA has established for competition and the standards that the coaching profession hold as important to maintain credibility that All Star Competitors have a responsibility to be role models throughout their lives. Therefore, the "guidelines" are in place from the opening date of practice for fall sports, through the All Star Contests.

All Star Guidelines - cont'd on page 13

*Please Support  
the  
Sponsors  
of  
NDHSCA*



**President  
Jon  
Bertsch**

928 5th Street North  
Fessenden, ND 58438

**Phone Numbers:**

**(h) 701-547-3380**  
**(w) 701-547-3296**  
**(f) 701-547-3125**

*jonathan.w.bertsch@sendit.nodak.edu*



**President-Elect  
Carolyn  
Olson**

3720 Cherry St. B-8  
Grand Forks, ND 58201

**Phone Numbers:**

**(h) 701-746-1369**  
**(w) 701-746-2407 Ex.602**  
**(f) 701-746-2406**

*carolyn.olson@gfschools.org*



**Executive  
Secretary  
Gelaine Orvik**

3457 - 26<sup>th</sup> Ave. South  
Fargo, ND 58103

**Phone Numbers:**

**(h) 701-237-9711**  
**(w) 701-298-4275**  
**cell 701-367-8282**

*gorvik@cableone.net*



**Vice President  
Pete  
Moe**

1238 Custer Drive  
Washburn, ND 58577

**Phone Numbers:**

**(h) 701-462-8145**  
**(w) 701-462-3321**  
**(f) 701-462-3561**

*pmoe@beu.midco.net*



**Immediate Past  
President  
Dave  
Michaelson**

667 9th Avenue W.  
Dickinson, ND 58601

**Phone Numbers:**

**(h) 701-225-6982**  
**(w) 701-456-0030**  
**(f) 701-456-0019**

*david.michaelson@sendit.nodak.edu*



**Assistant  
Executive  
Secretary  
John Hutchison**

Box 110  
Northwood, ND 58267

**Phone Numbers:**

**(h) 701-587-6319**  
**(w) 701-587-5221**  
**(f) 701-587-5423**

*john.hutchison@sendit.nodak.edu*



**Past President  
Scott  
Grochow**

409 7<sup>th</sup> Avenue SE  
Rugby, ND 58368

**Phone Numbers:**

**(h) 701-776-6854**  
**(w) 701-776-5201**  
**(f) 701-776-5091**

*scott.grochow@sendit.nodak.edu*



**Membership  
Chair  
Karen Hardie**

741 Royal Oaks Drive  
Fargo, ND 58102

**Phone Numbers:**

**(h) 701-237-5624**  
**(w) 701-446-5224**  
**(f) 701-446-5299**

*hardiek@fargo.k12.nd.us*



**Assistant  
Executive  
Secretary  
Randy  
Johnson**

701 Hwy. Drive #9 B  
Hazen, ND 58545

**Phone Numbers:**

**(h) 701-748-5634**  
**(w) 701-748-2345**  
**(f) 701-748-2342**

*randy.wa.johnson@sendit.nodak.edu*

**Lions' Basketball Co-Chair**

Mike Hendrickson  
1408 57<sup>th</sup> Avenue South  
Fargo, ND 58104

*hendrim@fargo.k12.nd.us*

Jason Schwarz  
1108 11th Street SW  
Minot, ND 58701

*jason.schwarz@sendit.nodak.edu*

**(h) 701-293-3108**  
**(w) 701-446-2043**  
**(f) 701-446-2399**

**(h) 701-852-6484**  
**(w) 701-453-3484**  
**(f) 701-453-3488**

**Optimists' Volleyball Chair**

Scott Toenies  
608 Loyal Avenue  
Hillsboro, ND 58045

*scott.toenies@sendit.nodak.edu*

Mike Berg  
2211 5<sup>th</sup> Avenue North  
Grand Forks, ND 58203

*mike.berg@gfschools.org*

**(h) 701-436-4900**  
**(w) 701-636-4360**  
**(f) 701-636-4362**

**(h) 701-746-5170**  
**(w) 701-787-4053**  
**(f) 701-746-2387**

**Shrine Football**

## President's Message

Congratulations to all the winter sports teams. Once again North Dakota was treated to a fantastic winter sports season! Special congratulations go out to our winter sports State Champions, Coach of the Year, and Senior Athlete of the Year winners.

With the onset of the spring sports season, I think we can look forward to many more outstanding performances as our athletes and coaches continue to compete.

Spring is also a time for reflection on the past school year. Once again our members have provided a standard of leadership for our athletes that are second to none. Whether we coached a state champion or just helped an athlete become better at their sport we should all be proud of our efforts.

As summer draws near, I hope you are making time in your busy summer schedule for our State Convention. Gelaine, Randy, and John are once again working diligently to provide great topics and clinicians for our attendees. Our 2008 convention will be held in Fargo at the Doublewood Inn on July 29<sup>th</sup> through August 1<sup>st</sup>.

In closing, I want to commend each and every coach for the work that you do; your influence is never-ending. Please try to make time to attend the convention and encourage fellow coaches to attend.

Good luck to all our spring sports teams. I hope to see you in Fargo this summer!

Yours in coaching

*Jon Bertsch*



Jon Bertsch

**“I want to commend each and every coach for the work that you do; your influence is never-ending.”**

## 2007-2008 NDHSCA Sponsor Members

**Please make every attempt to show gratitude to each Sponsor Member.**

<b>Gene Buen</b>	<b>PAID LIFE MEMBER</b>	<b>P.O. Box 355</b>	<b>Velva, ND</b>
Dave Gress	Daktronics	331 32nd Avenue	Brookings, SD
Tom Piche	Greg Larson Sports	Box 567	Brainerd, MN
Matt Stasch	Northern Light FX	1319 Naylor Drive SE	Bemidji, MN
<b>Ken Towers</b>	<b>Past President (1968-1969)</b>		
	<b>PAID LIFE MEMBER</b>	<b>1304 Noble Cove</b>	<b>Grand Forks, ND</b>
Pat Weber	Universal Athletic Service	1609 First Avenue North	Grand Forks, ND
Brad Westrum	Gerrell's Sport Center	1004 South Washington	Grand Forks, ND
<b>Ken Towers</b>	<b>Italian Moon</b>	<b>1304 Noble Cove</b>	<b>Grand Forks, ND</b>
<b>Ken Towers</b>	<b>Wendy's</b>	<b>1304 Noble Cove</b>	<b>Grand Forks, ND</b>



**Sponsor of the  
Outstanding  
Senior Athlete Awards**



## From Executive Secretary's Desk

Gelaine Orvik

We are in the final weeks of the hectic days of this activity. We are finalizing the details for the NDHSCA Coaches' Convention as well as the details of the NHSACA Annual Meeting.

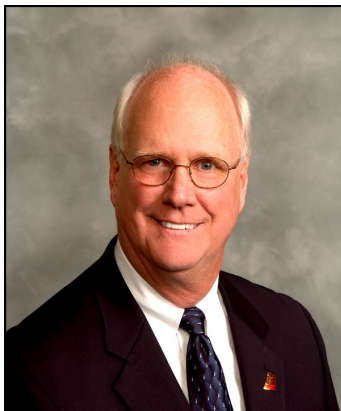
As most of you know, I have resigned the Executive Director's position of the NHSACA. We were not free to participate in the activities as we want to. We were constantly under the gun to complete too many activities. For my health purposes, I felt NHSACA, NDHSCA and Gelaine and Linda Orvik are far better off with other leadership.

We have given NHSACA our time and effort; we feel the Association is better today than when we assumed the role in 2006. We are also in the committee's role of searching for a new Executive Director and are happy to announce that we have personnel in place to assume the role upon the NHSACA Board of Directors approval.

Last week was a trying, sad and comforting week for many of our fraternity when Elaine Beyer suddenly passed away. As she and Ed were traveling from the Arizona/California area to Hillsboro. Ed, coaches, NDHSCA and North Dakotans lost a very special person. Elaine was a constant companion with Ed and her spirit and legacy continue to exemplify the importance and role of a coach's spouse.

We were greatly comforted when the NDHSCA Presidents and Leaders gathered to express sympathy to Ed and his family as well to commiserate with each other. We found the presence of the Presidents of the 1980's to be a proud moment as we pondered the empathy we shared with one another.

**Register Early!** Preparation for the NDHSCA



Coaches' Convention continues to be a matter of details. A detail that is very beneficial for the Association is early registration. Please do not wait until July 20<sup>th</sup> with your registration; sometimes the "snail-mail" continues to be slow and unreliable. Registration that is completed before July 20<sup>th</sup> allows preparation of the name tags. Post July 20<sup>th</sup> registration results in inaccuracies and "hurried work." **Please Register Early!**

I just spoke to a friend that relayed information that a friend of North Dakota Girls' Basketball Coaches has had some complications. Craig Murie, former basketball coach at Shanley High School, was diagnosed with cancer in his hip. He has had his hip and his femur replaced. He has had a total change in his lifestyle since January when his complications began. I know that many respected Craig and his coaching. His success speaks for his coaching knowledge and skill. The best to Craig!

We owe an apology to Harold Pedersen, NDHSCA's first President, since we were unable to be present for a memorable moment in North Dakota sports history. Harold was recognized at the North Dakota State Wrestling Tournament in Bismarck. His note reflected his pride in being a coach in North Dakota and his role as the "Father of North Dakota Wrestling." He wrote,

*"I shook hands with all the finalists before the Championship Matches began. That was an honor for me. When I spoke as the Father of Wrestling, I received a standing ovation, and they remained standing for the duration of my speech. Wow!! I guess those wrestling fans love their wrestling and were saying 'Thank You'." I felt mesmerized by it all and humbled for sure."*

We appreciate his continued communications with NDHSCA, and we continue to respect him as our first Leader and a great friend.

We have had communications with three coaches in the state who have been embroiled in parent/school/administration complications. In these three cases, the coach has become a "whipping boy" for others.

(continued on page 5)



Your locally owned  
**Burger King Restaurants**  
 are proud to sponsor the NDHSCA



In one case, parents are disenchanting with the coach because of lack of success and exposure for their student/athlete. In a second case, the school's administration has chosen to deal with one coach's ineffectiveness and inability by applying the same blanket reprimand to all coaches in the school. In the third incident, a coach has had to deal with coaching a faculty member's son and the reverberations from those difficulties.

We as coaches need to support our fraternal brothers and sisters in any way we can. We need to be willing to stand up and be supportive by verbalizing our recognition of our cohort's strengths and contributions. We need to be willing to write letters of endorsement to support other members of our fraternity. We need to be willing to challenge those who harm our brothers and sisters without reason.

At this summer's Coaches Convention, I will suggest to have our Association provide liability insurance for all active member coaches to further protect them from false indictments and allega-

tions as we practice our profession. We need to feel more comfortable in our profession when we have fingers pointed at us unfairly and without warrant.

We need to take time to extend a special congratulatory message to four outstanding coaches from one school who are retiring after this school year. Gene Manson, boys' basketball; Bruce Anderson, girls' basketball; Jerry Lyon, boys' and girls' tennis; and Ken Disher, boys' swimming and diving; have resigned as head coaches at Minot High School. These four greats have contributed to greatness at Minot High School. Disher and Lyon have been National Coach of the Year as well as state coach of the year numerous times. Manson and Anderson have both been state coach of the year several times as well as NHSACA Coach of the Year Finalists on several occasions. Manson, Lyon and Disher have been inducted into the NDHSCA Hall of Fame. Manson

and Disher have been inducted into the NHSACA Hall of Fame. Manson has been NDHSCA President. My calculator is incapable of enumerating the numbers of state, regional and state championships the teams coached by these four coaches have earned.

Minot High School will be deprived of coaching greatness without these gentlemen. To have four such successful and knowledgeable coaches to step down at one time is highly unusual. The state of North Dakota will have difficulty finding four coaches of such successful stature resigning and/or retiring simultaneously. We wish all four great butt sores from sitting around! Congratulations, gentlemen! All of you are unequaled in your expertise and leadership!

Be ready for the June/July Summer Edition of the *Dakota Coach*! The best to each of you! ☐

---

---

## Letter to the Editor

Hello Mr. Bertsch

My name is Aidyn Lachini and I currently am a doctoral student in Sport Management at Ohio State University. Recently, I came across your website as I was looking for outlets to reach high school athletic coaches. As I perused your website, it was so exciting to see all that your association is doing to support coaches and their preparation to become good leaders. I actually have done some research with high school coaches in the past, and am thoroughly intrigued with the competencies and skills they possess.

With that said, I was wondering if I might talk to you or to someone within your association about some current research interests I have with regard to high school athletic coaches. More specifically, I am looking to distribute a survey through email to high school coaches that asks those questions regarding what influences how they interact with their athletes. I am hoping that the information gained from the survey will help inform educational programs aimed to help coaches become better leaders and will also help to impact policy. And, from perusing through your website, it appears as though your association has similar interests.

I would really love to talk about this more with you or with someone from your association and determine if there is any interest in supporting this project. Any direction or assistance you could provide would be very helpful.

Looking forward to hearing back from you soon. Thank you for your time.

Aidyn Lachini, MA (610) 509-6093

RESPONSE

Dear Aidyn,

Thank you for your inquiry as to the work of our association. I am including in this e-mail our Executive Secretary's e-mail address. He would be the best resource for you to obtain the information you seek. Our Executive Secretary's name is Gelaine Orvik; his e-mail is [gorvik@cablone.net](mailto:gorvik@cablone.net). If you have any further questions please feel free to contact me at the following number 701-269-1329. I would be glad to give you any help that I can.

Good luck with your endeavor.

Yours in coaching,

Jon Bertsch, President  
North Dakota High School Coaches' Association



# North Dakota High School Coaches Association

## Membership Registration 2008-2009

Name \_\_\_\_\_

School \_\_\_\_\_ E-mail Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Home Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

**Membership:**

High School \_\_\_\_\_

Junior High \_\_\_\_\_

College \_\_\_\_\_

Life \_\_\_\_\_

Associate \_\_\_\_\_

Cheerleading \_\_\_\_\_

In the A and B column, write H (head coach) or A (assistant coach) for the appropriate sport(s).  
 In the third column, write your 2007-2008 record.

	A	B	07-08 record	lifetime record		A	B	07-08 record	lifetime record
Athletic Director	___	___	___	___	Soccer	___	___	___	___
Baseball	___	___	___	___	Softball	___	___	___	___
Boys Basketball	___	___	___	___	Boys Swimming	___	___	___	___
Girls Basketball	___	___	___	___	Girls Swimming	___	___	___	___
Boys Cross Country	___	___	___	___	Boys Tennis	___	___	___	___
Girls Cross Country	___	___	___	___	Girls Tennis	___	___	___	___
Football	___	___	___	___	Boys Track	___	___	___	___
Boys Golf	___	___	___	___	Girls Track	___	___	___	___
Girls Golf	___	___	___	___	Volleyball	___	___	___	___
Gymnastics	___	___	___	___	Wrestling	___	___	___	___
Hockey	___	___	___	___	Strength	___	___	___	___

	Year	Sport
List Year(s) and Sport(s) of state championships coached.	_____	_____
Have you filed a Victory Milestones Form? _____	_____	_____
Number of years coaching completed (as of June '09) _____	_____	_____

Signature \_\_\_\_\_ Fee: **\$50.00 (No Credit Cards Accepted)**

**Coaches are urged to photocopy additional membership forms and solicit membership of all head and assistant coaches throughout each school district. – Thank you.**

### *Proud to be a Member of the NDHSCA*

Membership in the NDHSCA has the following benefits:

- Subscription to our *Dakota Coach* newsletter
- Access to coaching openings in North Dakota
- Reduced admission to NDHSCA/NDHSAA Clinic during the year
- Free or reduced admission to many high school and college contests
- UND/NDSU football tickets for (except Hockey) \$1.00 allotted in reserved section
- Eligibility for the full awards program of the NDHSCA
- Eligibility to serve on the Sports Advisory Committee
- Eligibility to serve on All-Star Coaching Staff
- Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA
- An organized group that keeps everyone in touch with developments across the state and nation
- An organization that is concerned with offering programs that will help improve coaches
- An organization that is attempting to maintain and improve athletic programs for North Dakota's youth.



The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a problem, suggestion, or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better.

**Membership deadlines:    Fall-October 1            Winter-February 1            Spring-May 1**

**Return form to: Karen Hardie, NDHSCA Membership Chair ~ 741 Royal Oaks Drive ~ Fargo, ND 58102**



# North Dakota High School Coaches Association

## 2008 NDHSCA/NDHSAA COACHES CONVENTION

Doublewood Inn Best Western Convention Center; Fargo, North Dakota  
July 29-31 & August 1, 2008

**Convention Registration Fee is \$100.00.**

Convention Registration Fee postmarked **after July 20, 2008 is \$125.00.**

**NO REFUNDS AFTER JULY 20th.**

Check each applicable line below on the left; circle all the amounts for line item fees on the right.

     1. **Convention:** Registration for all clinic and seminar sessions, 1 NDHSCA Banquet ticket, NDHSCA Membership. \$100.00

**ALL COLLEGE CREDIT REGISTRANTS MUST PAY \$100.00 CONVENTION REGISTRATION FEE FIRST.**

     2. **COLLEGE CREDIT:** Registration for **TWO (2)** NDSU Semester Credits; Coaches and Conflicts Seminar (July 29) and Sports' Clinic Sessions (July 30-31; August 1) \$130.00

     3. **COLLEGE CREDIT:** Registration for **TWO (2)** NDSU Semester Credits; Special Topics Seminar (July 29) and Sports' Clinic Sessions (July 30-31; August 1) \$130.00

     4. **COLLEGE CREDIT:** Registration for **TWO (2)** NDSU Semester Credits; Speed, Strength & Conditioning Seminar (July 29) and Sports' Clinic Sessions (July 30-31; August 1) \$130.00

     5. **COLLEGE CREDIT:** Registration for **ONE (1)** NDSU Semester Credits; Sports' Clinic Sessions (July 30-31; August 1) \$65.00

**ADDITIONAL FEES:**

<u>    </u> On-site Registration Fee.....@ \$25.00	\$25.00
<u>    </u> Golf Tournament (scramble) (07/30/08) .....@ \$55.00	\$55.00
<u>    </u> Extra NDHSCA Hall of Fame/Coach of the Year Banquet (7/31/08) Tickets.....@ \$25.00	\$25.00
<u>    </u> Additional NDHSCA Memberships.....@ \$50.00	\$50.00
<u>    </u> Lifetime NDHSCA Memberships.....@ \$250.00	\$250.00
<b>TOTAL</b>	<b>_____</b>

**CHECKS PAYABLE TO NDHSCA;**

**MAIL REGISTRATION WITH FEE TO:** **Gelaine Orvik**  
**NO CREDIT CARDS ACCEPTED**      **NDHSCA Executive Secretary**  
**3457 26<sup>th</sup> Avenue SW**  
**Fargo, ND 58103**

*do not separate top from bottom*

**NDHSCA MEMBER REGISTRATION ---REMAINDER OF FORM MUST BE COMPLETED**

**North Dakota High School Coaches Association  
Membership Registration 2008-2009**

**Membership:**

Name \_\_\_\_\_  
 School \_\_\_\_\_ E-Mail \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City/State/Zip Code \_\_\_\_\_

High School \_\_\_\_\_  
 Junior High \_\_\_\_\_  
 College \_\_\_\_\_  
 Life \_\_\_\_\_  
 Associate \_\_\_\_\_  
 Cheer Coach \_\_\_\_\_

In the A column, write H (head coach) or A (assistant coach) for the appropriate sport(s).

In the second column, write your **2007-2008 record** & your lifetime coaching record per sport in **life record**.

SPORT	A	07-08 record	life record	SPORT	A	07-08 record	life record
Athletic Director	—	—	—	Boys' Soccer	—	—	—
Baseball	—	—	—	Girls' Soccer	—	—	—
Boys' Basketball	—	—	—	Girls' Softball	—	—	—
Girls' Basketball	—	—	—	Boys' Swimming	—	—	—
Boys' Cross Country	—	—	—	Girls' Swimming	—	—	—
Girls' Cross Country	—	—	—	Boys' Tennis	—	—	—
Football	—	—	—	Girls' Tennis	—	—	—
Boys Golf	—	—	—	Boys' Track & Field	—	—	—
Girls Golf	—	—	—	Girls' Track & Field	—	—	—
Gymnastics	—	—	—	Volleyball	—	—	—
Boys' Hockey	—	—	—	Wrestling	—	—	—
Girls' Hockey	—	—	—	Strength	—	—	—

List Year(s) and Sport(s) of state championships coached.

Years	Sports
_____	_____
_____	_____
_____	_____

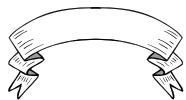
Have you filed a Victory Milestones Form? \_\_\_\_\_ (see backside)

Number of years coaching completed (**as of June '09**) \_\_\_\_\_

**Return Membership ONLY Application To:**

**Karen Hardie**  
**741 Royal Oaks Drive**  
**Fargo, ND 58102**

# NDHSCA Victory Milestones



Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestones for the first time, make sure to give your record for each year. Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both JHS boys basketball and varsity basketball, the coach counts only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

**Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue South; Fargo, ND 58103.**

Awards will be sent upon request after records are updated.

### Procedure For Determining Won/Loss Records In An Invitational Meet:

1. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
2. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
3. Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
4. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Baseball	75	150	225	300	375
Basketball	100	200	300	400	500
Cross Country	50	100	150	200	250
Football	50	100	150	200	250
Golf	45	90	135	180	225
Gymnastics	45	90	135	180	225
Hockey	100	200	300	400	500

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Soccer	100	200	300	400	500
Softball	75	150	225	300	375
Swimming	50	100	150	200	250
Tennis	50	100	150	200	250
Track/Field	50	100	150	200	250
Volleyball	150	300	450	600	750
Wrestling	75	150	225	300	375

- Only meets in which three or more schools participate will count as an invitational.
- Schools can still have a dual meet record that would remain the same along with a record for the invitational meets they attend.
- It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

Example: Meet 1 11 teams 7 wins 4 losses  
 Meet 2 4 teams 0 wins 4 losses  
 Meet 3 6 teams 6 wins 0 losses  
 Meet 4 5 teams 4 wins 1 loss  
 Meet 5 7 teams 5 wins 2 losses  
 Totals 5 meets 33 teams 22 wins 11 losses  
 Winning % equals  $22/33 = 67\%$  5 meets x .67 = 3.35  
 Losing % equals  $11/33 = 33\%$  5 meets x .33 = 1.65  
 Your record for the season would be 3 wins and 2 losses for invitation meets or tournaments.

## NDHSCA Victory Milestone Record Sheet

Name \_\_\_\_\_ Date \_\_\_\_\_ E mail \_\_\_\_\_

High School \_\_\_\_\_ Coaching Position \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip Code \_\_\_\_\_

Membership: High School \_\_\_\_\_ Associate \_\_\_\_\_ Junior High \_\_\_\_\_ Life \_\_\_\_\_

Year	School	Sport	Varsity	JV	JH	Won/Loss	Overall Record
1.	_____	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____	_____	_____
13.	_____	_____	_____	_____	_____	_____	_____
14.	_____	_____	_____	_____	_____	_____	_____
15.	_____	_____	_____	_____	_____	_____	_____





**North Dakota  
High School Coaches  
Association & Powerade**

*Outstanding Senior Athlete*



2008



## NDHSCA POWERADE OUTSTANDING SENIOR ATHLETE OF THE YEAR

<b>FALL SPORTS SEASON</b>	<b>ATHLETE</b>	<b>SCHOOL</b>	<b>HEAD COACH</b>
Class A Boys' Tennis	Chad Smith	Grand Forks Red River HS	Greg LaDouceur
Class A Girls' Golf	Chivas Beaudoin	Dickinson HS	Olivia Wellenstein
Class A Boys' Soccer	Phil Boerger	Jamestown HS	Shea Durham
Class A Boys' Cross Country	Colin Parrish	Grand Forks Central HS	Sean Allan
Class A Girls' Cross Country	Melanie Funke	Minot HS	Glee Mayer
Class B Boys' Cross Country	Patrick Wolf	New Town HS	Brian Anderson
Class B Girls' Cross Country	Lindsay Anderson	Leeds-Maddock HS	Karen Anderson
Class A Football	Michael McAtee	North Prairie HS	Davy Zinke/Tim Pfeifer
Class AA Football	Michael Zwingel	Rugby HS	Scott Grochow
Class AAA Football	Josh Horner	Fargo South HS	Kevin Feeney
Class B Nine-Man Football	Kriss McCleary	Napoleon-Gackle-Streeter HS	Jon Schiele
Class A Girls' Swim & Diving	Hannah Whitehead	Grand Forks Central HS	Bryan Walls
Class A Girls' Volleyball	Danielle Luetzen	Minot HS	Patty Luetzen
Class B Girls' Volleyball	Katie Zent	Richardton-Taylor HS	Brian Filibeck

<b>WINTER SPORTS SEASON</b>	<b>ATHLETE</b>	<b>SCHOOL</b>	<b>HEAD COACH</b>
Class A Girls' Gymnastics	Jennifer Bachamp	Dickinson HS	Kent Van Ells
Class A Girls' Gymnastics	Alex Clark	Minot HS	Pam Tweten
Class A Girls' Gymnastics	Allison Tracy	Minot HS	Pam Tweten
Class A Girls' Basketball	Alex Feeney	Bismarck HS	Steve Meier
Class A Girls' Basketball	Mara Paulson	Fargo Shanley HS	Tim Jacobson
Class A Boys' Basketball	Jordan May	Fargo North HS	Dan Schultis
Class A Boys' Hockey	Ryan LaDouceur	Grand Forks Red River HS	Matt Malm
Class A Girls' Hockey	Miranda Glatt	Bismarck Schools	Kevin Mahon
Class A Boys' Swimming & Diving	Ty Nimens	Grand Forks Red River/Central HS	Brent Newman
Class A Wrestling	Justin Solberg	Wahpeton HS	Kelly McNary
Class B Girls Basketball	Christine Miller	New Town HS	Orville Drosdal
Class B Boys' Basketball	Austin Dufault	Killdeer HS	Rich Dufault
Class B Wrestling	Kriss McCleary	Napoleon HS	Barry McCleary



**Sponsor of the  
Outstanding  
Senior Athlete Awards**





## North Dakota High School Coaches Association

# Lifetime Membership Application

To purchase a Lifetime Membership the prospective coach must have been:  
A. an NDHSCA Member for 20 years.  
B. an active high school coach for at least 25 years either in ND or another state.

Lifetime Membership may be purchased for a one-time fee of \$250. Such Lifetime Membership will carry all Active Membership benefits. A Lifetime Member relinquishes voting and office holding privileges if a member is no longer an active coach.

Name \_\_\_\_\_  
School \_\_\_\_\_ E-Mail Address \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Home Address \_\_\_\_\_  
City/State/Zip code \_\_\_\_\_  
Number of years coaching completed (as of **June 2009**) \_\_\_\_\_  
Number of years NDHSCA Member (as of **June 2009**) \_\_\_\_\_

**Fee: \$250** Include the fee with this application.

Mail fee and application to: **Gelaine Orvik, Executive Secretary NDHSCA**  
**3457 26<sup>th</sup> Avenue South**  
**Fargo, ND 58103**

### Purchased Lifetime Memberships

Aardahl, Vern; Milnor HS  
Anderson, Darryl; Mandan HS  
Berg, Mike; Grand Forks Central HS  
Bettenhausen, LeRoy; Watford City HS  
Brenner, Henry; ND School for the Deaf  
Buen, Gene; Velva HS  
Burckhard, Richard; Parshall HS  
Callahan, Mike; Minnewaukan HS  
Carlson, Ron; Minnewaukan HS  
Carlsrud, Dave; NDHSAA  
Cornell, Rick; Grand Forks Schroeder JHS  
Dew, Jim; Valley City State College  
Disher, Ken; Minot HS  
Dixon, Derrick; Turtle Mountain Community HS  
Dockter, Dwight; Hope-Page HS  
Fjeld, Greg; Minot HS  
Folstad, Collette; West Fargo HS  
Gabrielsen, Thomas; Grand Forks Red River HS  
Gadberry, Ron; Hillsboro HS  
Haggin, Barry; Divide County HS  
Hammer, Dennis; Grafton HS  
Handt, Dave; Litchville-Marion HS  
Hanson, David; St. Thomas HS  
Hanson, Donald C.; Mandan HS  
Hardie, Rodney; Fargo South HS  
Hauge, John; Bottineau HS  
Hertel, Dale; Fargo South HS  
Horner, Dennis; Midway HS  
House, Leon; Mandan HS  
Hutchison, Donna; Grand Forks Red River HS  
Hutchison, John; Northwood HS  
Hutchison, Lonny; Northwood HS  
Jaeger, Kerry; Grand Forks Red River HS

Jensen, Julie; Kindred HS  
Jeske, James; Killdeer HS  
Johnson, Wayne; Rolette HS  
Kerlin, Don; Mayville/Portland-C/G HS  
Kjelgaard, Harold; Fargo Discovery JHS  
Kleveland, David; Central Valley HS  
Larson, Nancy; DesLacs-Burlington HS  
Lehman, Cory; Fargo South HS  
Loberg, Myron; Devils Lake HS  
Lockwood, Ed; Fargo Public Schools  
Lyon, Jerry; Minot HS  
Mailloux, Gary; Fargo North HS  
Marsh, John; Fargo South HS  
Olson; Douglas; Beulah HS  
Olson, Linette; Bismarck Century HS  
Omdahl, Chad; Hatton-Northwood HS  
Opdahl, Mike; Larimore HS  
Overby, Dennis; Northwood HS  
Schauer, Gary; Langdon, HS  
Schmitt, Dan; Dakota Prairie HS  
Schreiner, Vernon; Minto HS  
Shirley, Marney; Jamestown HS  
Sluke, David; Grafton HS  
Snortland, Keith; Warwick HS  
Solberg, Sheryl; NDHSAA  
Stanley, Len; Bismarck State College  
Strand, Fred P.; Hatton-Northwood HS  
Trieglaff, Robert; Fargo North HS  
Vigen, Randy; Central Valley HS  
Walhaug, Gary; Surrey HS  
Walker, Larry; Killdeer HS  
Wheeling, Bob; Killdeer HS  
Wilson, Jerry; Bismarck Century HS  
Zimney, Bob; Grand Forks Red River HS

## 2007-2008 NDHSCA Coaches of the Year

<u>SPORT</u>	<u>NAME</u>	<u>SCHOOL</u>
Class A Boys' Tennis	Duddy Weisser	Grand Forks Central HS
Class A Girls' Golf	Donald Johnson	Fargo Shanley HS
Class A Boys' Soccer	Casey Tidd	Fargo North HS
Class A Boys' Cross Country	Gary Mailloux	Fargo North HS
Class A Girls' Cross Country	Joe Bailey	West Fargo HS
Class B Boys' Cross Country	Brian Anderson	New Town HS
Class B Girls' Cross Country	Jeff McKay	Grafton HS
Class A Boys' Football	Brad Sandy	Harvey HS
Class AA Boys' Football	Kyle Bakken	Fargo Oak Grove HS
Class AAA Boys' Football	Ron Wingenbach	Bismarck Century HS
Class B Boys' Nine-Man Football	Ron Benson	Mott-Regent HS
Class A Girls' Swimming	Loic Joseph	Bismarck Century HS
Class A Girls' Volleyball	Patty Luetzen	Minot HS
Class B Girls' Volleyball	Michelle Dolan	Ray HS
FALL SPORT Assistant COTY	Rod Breitenbach	Bismarck Century HS
FALL SPORT Junior High COTY	Phil MacIver	Wahpeton HS
Class A Boys' Basketball	Greg Limke	West Fargo HS
Class A Boys' Hockey	Matt Malm	Grand Forks Red River HS
Class A Boys' Swimming	Marsha Dahl	West Fargo HS
Class A Girls' Basketball	Greg Amundson	Mandan HS
Class A Girls' Gymnastics	Pam Tweten	Minot HS
Class A Girls' Hockey	Jeff Dietz	Hazen-Beulah HS
Class A Wrestling	Scott Knowlen	Bismarck HS
Class A Wrestling	Jeff Schumacher	Bismarck HS
Class B Girls Basketball	Richard Bjerklie	Hazleton-Moffit-Braddock HS
Class B Boys' Basketball	Randy Cranston	Watford City HS
Class B Wrestling	Joe Kern	Lisbon HS
Class B Athletic Director	Matt Fetsch	Grafton HS
WINTER SPORT Assistant COTY	Jerome DeCoteau	Turtle Mountain Community HS
WINTER SPORT Junior High COTY	Ken Busch	Kenmare HS

□

# COTY



Your locally owned  
**Burger King Restaurants**  
 are proud to sponsor the NDHSCA





## NDHSCA Scholarships Sponsored by Burger King of North Dakota

**Cory Hajicek** will graduate from Northwood High School with a 4.00 Grade Point Average (GPA). He scored 22 on his ACT test. He plans to attend UND, Dickinson State or Minot State University.

He earned 12 letters in five sports of basketball, baseball, football, golf and track and field. Cory also earned letters in band chorus, speech and drama.

Cory is the son of Randal and Carol Hajicek. ☐



**Carly Holub**, Enderlin, HS, is the daughter of Darby and Sherrie Holub. She has a 3.86 Grade Point Average (GPA), ranks fourth in a class of 32.

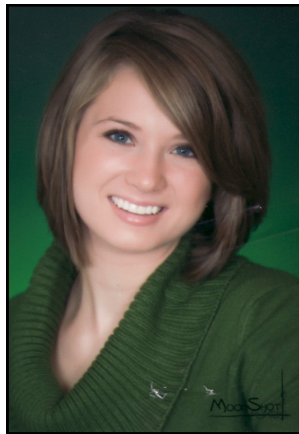
Carly earned 12 athletic letters in the sports of basketball, softball, track and field and volleyball.

Carly earned two letters in band, four letters in chorus, two letters in drama, four letters in student government, four letters in publications and two drama performances. She was a football statistician for one year and participated in speech for one year. ☐



**Margaret McLean**, Hillsboro HS, is the daughter of Mark and Michelle McLean. She holds a 4.00 Grade Point Average (GPA) and ranks first in a class of 26. She earned a 30 on her ACT test. She plans to attend Jamestown College.

Margaret lettered in basketball (1 year) track and field (4 years) and wrestling statistician (3 years). She participated in band (4 years), chorus (4 years), drama (4 years), student government (3 years) and speech (1 year). She was a member of FBLA for four years, Family, Career and Community Leaders of America for four years, Students Against Destructive Decisions for four years and currently serves as president of her local SADD Chapter. ☐

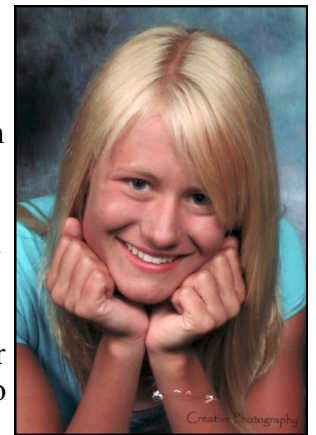


**Christine Retzlaff** is from Wahpeton HS and plans to attend Northern State University at Aberdeen or St. Cloud State University.

Christine participated in swimming and diving (4 years) and track and field (4 years). She was in chorus for four years and drama for two years. She also participated in Spanish Club and Age Group Swimming.

Christine has a 3.88 Grade Point Average (GPA) and ranks 16th in a class of 120. She scored 24 on her ACT Test.

Christine is the daughter of Warren and Anne Retzlaff. ☐



**The \$500 scholarships from John Walsh of Burger King of North Dakota will be presented to each student/athlete at the Annual NDHSCA Hall of Fame and COTY Banquet at the Fargo Doublewood Inn Best Western Conference Center in Fargo on Thursday, July 31, 2008.**

## NDHSCA All Star Player Guidelines - continued from page 1

About ten years ago, the 13<sup>th</sup> Guideline was expanded and a 19<sup>th</sup> Guideline was added to cover some incidents where a school had rules that were more stringent than the NDHSAA Competition rules. The NDHSCA philosophy was that the Association would certainly never try to circumvent dismissal or suspension of an athlete by an athlete as less important or any different than dismissal or suspension because of NDHSAA Competition rules.

Therefore "All Star Guideline" number 13 had two additional sentences were added: *"Any player using or possessing these items at any time from the **BEGINNING OF THE FIRST ALLOWABLE PRACTICE FOR FALL SPORTS, SET UP BY THE NDHSAA, UNTIL THE COMPLETION OF THE ALL STAR GAMES, WILL NOT BE ALLOWED TO PAR-***

**TICIPATE AND WILL NOT BE CONSIDERED FOR SELECTION.** *Players **MUST ADHERE** to the spirit and letter of these rules."*

Secondly, a 19<sup>th</sup> Guideline was added: *"Any player who has been suspended from high school or from an athletic team by respective high schools will be dismissed from the All Star team."* Both changes were made to clarify some situations that may have been unclear and to maintain the same credibility for student-athletes who may have been suspended for reasons that are not covered by the NDHSAA rules.

As long as there are rules, violations will occur. As long as violations occur, NDHSCA will enforce the violations as clearly, evenly and fairly as possible. NDHSCA maintains that credibility, honesty and integrity are probably some of the most important traits that can be de-

veloped in young athletes, coaches and citizens. If the Association ignores these traits, the Association, the Executive Committee, the All Star Chairs and the entire membership no longer are credible.

Are the demands too great? The Association continues to make demands, and for the most part, most people respond best when great demands are made and expected. (\*\*\*box) Great expectations lead to great results.

The Association will continue to make great demands and have great expectations until the membership directs the Executive Committee to make changes. □

*"Great expectations lead to great results."*

### Letter to the Editor

Dear Friends and Family of Ken Keller,

We are writing this letter to inform you of the Ken Keller Cancer Benefit being held at Trinity High School on Wednesday, April 23. As you know, Ken is an icon at Trinity High School, as well as within the sports arena of coaches, athletic directors, referees, administrators and educators throughout the state of North Dakota. Ken has touched the hearts of many people and the lives of many a young persons who have had a happen-meeting. We now have a great opportunity to give back to a man who has spent his life giving to others.

We will be serving delicious spaghetti, vegetables, garlic bread and an assortment of deserts. Please come

and join us in supporting Ken, Lavonne and their family as Ken begins his healing process after surgery. We are hoping to help defray some of the medical costs that Ken has incurred as well as any future expenses.

In advance, we say thank you to you for your prayers and concern. We hope to see you at the big event on the 23<sup>rd</sup>, but if you cannot, we ask that you hold us in your heart in prayer that this event is successful and if you wish to help out, you may send a donation to:

Ken Keller Cancer Benefit  
Trinity High School  
P.O. Box 1177  
Dickinson, ND 58602-1177  
(701) 483-6081



**Sponsor of the  
Outstanding  
Senior Athlete Awards**



## Re-Districting Ad Hoc Committee

The North Dakota High School Coaches Association was invited to include representation on the North Dakota High School Activities Association *Ad Hoc* Committee for Class B Re-Districting. The committee is composed of NDHSAA Board Members, NDIAAA Members, and NDHSCA Members.

The NDHSCA President and Executive Secretary, with discussion from other NDHSCA Executive Committee members and Association members appointed Randy Johnson, Hazen HS, to represent Class B boys' basketball; Lisa Strand, Thompson, to represent Class B volleyball; and Ramona Meiklejohn, LaMoure HS, to represent Class B girls' basketball.

The committee held its first meeting in Valley City at the Association Office on May 15<sup>th</sup>. The outcome will be publicized to NDHSCA members as well as NDHSAA Member Schools as rapidly as possible.

NDHSCA thanks NDHSAA for its inclusion of coaches on the committee. Although the committee has held a meeting, additional meetings may be forthcoming.

**NDHSCA**  
North Dakota High School  
Coaches Association

**Convention Dates**  
**Tuesday, July 29**  
**through**  
**Friday, August 1**  
**2008**

**Doublewood Inn**  
 Fargo, ND

## NDHSCA Sports Rules Interpretations Meeting

The following Tentative NDHSCA Sports Rules Interpretations Meetings have been scheduled:

9:15	Thursday; July 31 <sup>st</sup>	Golf Rules and Advisory Meeting
9:15	Thursday; July 31 <sup>st</sup>	Tennis Rules and Advisory Meeting
1:00	Thursday; July 31 <sup>st</sup>	Football Rules Interpretations Meeting
2:15	Thursday; July 31 <sup>st</sup>	Football Advisory Meeting
2:15	Thursday; July 31 <sup>st</sup>	Volleyball Rules Interpretations Meeting
3:30	Thursday; July 31 <sup>st</sup>	Volleyball Advisory Meeting
8:00	Friday; August 1 <sup>st</sup>	Swimming & Diving Rules Interpretations Meeting
9:15	Friday; August 1 <sup>st</sup>	Swimming & Diving Rules Interpretations Meeting
10:30	Friday; August 1 <sup>st</sup>	Basketball Advisory Meeting
11:45	Friday; August 1 <sup>st</sup>	Basketball Rules Interpretations Meeting
1:00	Friday; August 1 <sup>st</sup>	Soccer Rules Interpretations Meeting



Your locally owned  
**Burger King Restaurants**  
are proud to sponsor the NDHSCA



## NDHSCA Coaches Convention - continued from page 1

The basketball staff has a strong nucleus with presentations by Randy Cranston, Watford City HS; Mike Hanson, Grafton HS; Kent Harding, Bowman County HS; Saul Phillips, NDSU; Mike Hultz, Minot State University; Jeff Kaminsky, Valley City State University; Will Ryan, NDSU; Brian Jones, UND; and Rich Glas, Concordia (MN) College; who will serve the coaches of the state with enthusiasm. Other coaches have been contacted to complete the sport's expertise. The Advisory Committee Meeting will hold a meeting to study recommendations for the 2009 Advisory Meeting. The basketball coaches have requested a rules interpretations session by NDHSAA that will allow coaches to fulfill their requirements for the state.

Football coaches will have presentations from Craig Bohl, NDSU; Kyle Bakken, Fargo Oak Grove HS; Robert Bubach, Lisbon HS; Mark Gibson, Bismarck HS; Pedar Naatz, Hawley (MN) HS; Paul Rudolph, Minot State University; Ron Wingenbach, Bismarck Century HS; Ron Benson,

Mott HS; Tony Thiel, Wheaton (MN) HS; and Chris Mussman, UND. Football coaches will also hold an Advisory Committee Meeting and David Carlsrud will conduct a Football Rules Meeting for NDHSAA.

Volleyball presentations will be delivered by Erich Hinterstocker, NDSU; Dave Moody, Dickinson State; Kevin Peterson, Enderlin HS; Johanna Lewis, Minot State University; Patricia Luetzen, Minot HS; Tim Wallstrum, Kenmare HS; and Missy Wilson of Fargo North HS. Volleyball coaches will also hold an Advisory Committee Meeting and Sheryl Solberg will present a Volleyball Rules Meeting for NDHSAA.

Cross-Country coaches will have presentations provided by North Dakota and Minnesota coaches. Kelly Kremer from University of Minnesota will present for Swimming and Diving. Other coaches have been contacted and will be placed on the Convention Schedule as they accept.

Nine-man football, tennis, golf, and cross country coaches will have a full curriculum for the convention.

The golf scramble will be held on Wednesday, July 25<sup>th</sup> at the Rose Creek Course again. The scramble is organized to accommodate 60 golfers---the first 60 to pay fees will be accepted. Green fees are \$55 and includes cart rental. Teams of four people will be signed up. Signup takes place on Wednesday morning at the registration desk, but only with receipts in hand.

The Convention Tentative Schedule will be placed on the website on May fifteenth. As each speaker is confirmed thereafter, the speakers and presentation titles will be added to the schedule. Find the website at [www.fargo.k12.nd.us/ndhsca](http://www.fargo.k12.nd.us/ndhsca). The convention registration form can also be found on the website.

If anyone has questions regarding the convention, please contact Gelaine Orvik at 701-367-8282 or 701-237-9711. Contact Gelaine by e-mail at [gorvik@cablone.net](mailto:gorvik@cablone.net).

□

## Dougherty - VP - continued from page 1



He displayed outstanding executive skills during his tenure. Gelaine Orvik, NDHSCA Executive Secretary, and Jay Deide, Watford City HS principal, wrote glowing commendations to endorse his declaration and his abilities to lead the group.

His official nomination will take place at the opening NHSACA Board of Directors Meeting on Sunday, June 22<sup>nd</sup>. The balloting for the NHSACA Vice President will be held on Tuesday, June 24<sup>th</sup>. Dave is a member of the NHSACA Board of Directors as the Wrestling Sports Chair.

□

## 2008 NDHSCA Coaches Convention

July 29 - August 1

Doublewood Inn, Fargo



**Sponsor of the  
Outstanding  
Senior Athlete Awards**

