



North Dakota HS
Coaches Association

DAKOTA COACH

**This Issue
Available
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Hard Copy**

2007 NDHSCA Special Recognition Awards

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The 2007 NDHSCA Special Recognition Award recipients were selected by the NDHSCA Executive Committee with the awards to be presented at the Annual 2007 NDHSCA Coach of the Year and Hall of Fame Banquet. The recipients were **Darin Erstad** and **Travis Hafner**.

Both Erstad and Hafner were selected because of the demeanor they project of North Dakota athletes who have been extremely successful and continue to credit their hometown high school athletics and coaches for success.

Darin Erstad is a 1992 graduate of Jamestown High School. He was a three sport athlete at Jamestown HS and played legion baseball in the summer. He was a key to the Bluejay's athletic team success in his senior year as a member of their football, hockey, and track and field teams. He was named North Dakota High School Athlete of the Year by North Dakota Associated Press Sportswriters and Sportscasters.

Erstad attended the University of Nebraska and played football and baseball for the Cornhuskers. He was First Team All-American and Big Eight Co-Player of the Year in 1995, his junior year. Darin was a punter/kicker for the 1994 National Champion Nebraska Cornhuskers Football team. He was an Academic All-Big Eight recipient in 1993 and 1995 in baseball and in 1994 in football.

Darin was named Cape Cod League Most Valuable Player in 1994 and was the first player selected by the California Angels in the 1995 MLB amateur draft. He was an American League All Star selection in 1998 and 2000. In 2000, he set the Angels' team record with 240 hits and a .355 batting average, as well as winning the Silver Slugger Award.

Erstad was a member of the 2002 World Series Champion California Angels.

Special Recognition Awards - cont'd on page 5

CCE and NDHSCA Form Pact

Coca-Cola Powerade and NDHSCA formed an agreement that allows NDHSCA to name the NDHSCA Outstanding Senior Athlete to be the *North Dakota High School Coaches Association Powerade Outstanding Senior Athlete Award*.

Randy Johnson and David Michaelson represented NDHSCA to develop the agreement. T.J. Herauf, Dickinson Coca-Cola Bottling Company, and Todd Wegenast, Midwest Coca-Cola, represented Coca-Cola Powerade in the negotiation. The final agreement was consummated in September, just in time for the 2007 Fall Sports.

A significant deviation from Outstanding

Senior Athlete Awards at the state championship for each sport will be the addition of a plaque to be presented to the athlete's school. NDHSCA will make requests that each school make effort to display the plaques in a visible, high-traffic area in the school building.

The Agreement provides finances for NDHSCA to continue with the Outstanding Senior Athlete Award presentations in 37 sports today, with possibly as many as two additional sports in a short time. Coca-Cola Powerade receives naming rights to be attached to the award as well as significant exposure in the award presentation process.

□



NDHSCA 2007-2008 Executive Committee



**President
Jon
Bertsch**
928 5th Street North
Fessenden, ND 58438

Phone Numbers:
(h) 701-547-3380
(w) 701-547-3296
(f) 701-547-3125
jonathan.w.bertsch@sendit.nodak.edu



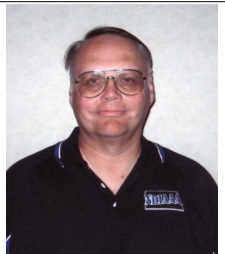
**President-Elect
Carolyn
Olson**
3720 Cherry St. B-8
Grand Forks, ND 58201

Phone Numbers:
(h) 701-746-1369
(w) 701-746-2407 Ex.602
(f) 701-746-2406
carolyn.olson@gfschools.org



**Executive
Secretary
Gelaine Orvik**
3457 - 26th Ave. South
Fargo, ND 58103

Phone Numbers:
(h) 701-237-9711
(w) 701-298-4275
cell 701-367-8282
gorvik@cableone.net



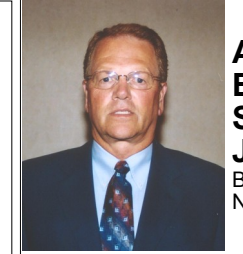
**Vice President
Pete
Moe**
1238 Custer Drive
Washburn, ND 58577

Phone Numbers:
(h) 701-462-8145
(w) 701-462-3321
(f) 701-462-3561
pmoe@beu.midco.net



**Immediate Past
President
Dave
Michaelson**
667 9th Avenue W.
Dickinson, ND 58601

Phone Numbers:
(h) 701-225-6982
(w) 701-456-0030
(f) 701-456-0019
david.michaelson@sendit.nodak.edu



**Assistant
Executive
Secretary
John Hutchison**
Box 110
Northwood, ND 58267

Phone Numbers:
(h) 701-587-6319
(w) 701-587-5221
(f) 701-587-5423
john.hutchison@sendit.nodak.edu



**Past President
Scott
Grochow**
409 7th Avenue SE
Rugby, ND 58368

Phone Numbers:
(h) 701-776-6854
(w) 701-776-5201
(f) 701-776-5091
scott.grochow@sendit.nodak.edu



**Membership
Chair
Karen Hardie**
741 Royal Oaks Drive
Fargo, ND 58102

Phone Numbers:
(h) 701-237-5624
(w) 701-446-5224
(f) 701-446-5299
hardiek@fargo.k12.nd.us



**Assistant
Executive
Secretary
Randy
Johnson**
701 Hwy. Drive #9 B
Hazen, ND 58545

Phone Numbers:
(h) 701-748-5634
(w) 701-748-2345
(f) 701-748-2342
randy.wa.johnson@sendit.nodak.edu

Lions' Basketball Co-Chair

Mike Hendrickson
1408 57th Avenue South
Fargo, ND 58104

hendrim@fargo.k12.nd.us

Jason Schwarz
1108 11th Street SW
Minot, ND 58701

jason.schwarz@sendit.nodak.edu

(h) 701-293-3108
(w) 701-446-2043
(f) 701-446-2399

(h) 701-852-6484
(w) 701-453-3484
(f) 701-453-3488

Optimists' Volleyball Chair

Scott Toenies
608 Loyal Avenue
Hillsboro, ND 58045

scott.toenies@sendit.nodak.edu

Shrine Football

Mike Berg
2211 5th Avenue North
Grand Forks, ND 58203

mike.berg@gfschools.org

(h) 701-436-4900
(w) 701-636-4360
(f) 701-636-4362

(h) 701-746-5170
(w) 701-787-4053
(f) 701-746-2387

President's Message

Welcome back to another school year. I hope this letter finds you refreshed and ready for another exciting year of North Dakota high school athletics. The recently completed NDHSCA convention was once again a tremendous success. Thank you to all who were able to attend. Also, a huge thanks to Gelaine, Randy, John, and all their volunteer staff. Because of their efforts our membership is the benefactor of a high quality convention and banquet each year.

I consider it to be a great honor to serve as NDHSCA president this year. A huge thank you goes out to Dave Michaelson for his excellent leadership this

past year. I feel very fortunate to have an excellent executive board to help assist me through my year as your president.

Our NDHSCA membership continues to be strong. I ask that you help us continue to grow in the upcoming year. Please encourage non-member coaches to become members in our professional organization.

The NDHSCA website at www.fargo.k12.nd.us/ndhsca/ continues to be an excellent resource for our membership; there you can obtain membership forms, junior high and assistant coach of the year nomination forms, and application for advisory committee positions. Scholarship applications are also available for the children of our members.

Athletics is an important part of our students' educational experience and the excellent coaches we have in this state play an integral part in that experience. I would like to take this opportunity to thank you for your continued hard work and dedication to the student-athletes put in your charge. Should you have any questions as this year progresses, please do not hesitate to contact me or any of our executive board. We will do our best to assist you in any way we can.

Have a great year!

Jon



Jon Bertsch

"I consider it a to be a great honor to serve as NDHSCA president this year."

2007 NDHSCA Convention Review

The 2007 NDHSCA Coaches Convention was a success, again. Although the number of 328 coaches registered is important, the superseding indicator of success is always the reactions from the registrants. More important than the number of coaches who register is the number of coaches who register for college credits; 59 coaches registered for two credits and 40 coaches registered for one credit.

Dr. Denis Isrow has shared that so many positive evaluations have been returned. He compliments the presenter/coach and student/coach for the quality presentation and reception.

Highlights from the sessions include quality on-court and on-the-mat presentations. A special thank you is extended to Lorell Jungling and his staff as they prepared for last minute presentations. Volleyball continues to hold extraordinary on-court sessions that appeal to larger and larger numbers each year.

North Dakota coaches owe Chipper Farrell a special thank you as he stepped in to find presenters when Jim Craven's air travel costs were prohibitive and caused his cancellation of presentations. Whenever North Dakota Coaches wonder about our cohorts, feel very confident that our

coaches will always be very competent in times of turmoil, and they will step up and deliver.

Tim Flannery, National Federation, made a presentation to athletic directors on a special topic, "Coaching Fundamentals." The response by athletic directors was phenomenal. Several people have indicated the presentation would be invaluable for first and second year coaches. For that reaction, NDHSCA Executive Committee will entertain a presentation by Mr. Flannery at a November Executive Committee Meeting regarding making "Coaching Fundamentals" a part of the Tuesday seminar session in 2008.

Plans for the 2008 Convention have begun to evolve. The Convention headquarters will be at the Fargo Doublewood Inn again. The Fargo Doublewood Inn will again have rooms available for "state rates." Begin plans for attendance early and make reservations at the Doublewood Inn--(701) 235-3333—soon.

July 29, 30, 31 & August 1, 2008

From the Executive Secretary's Desk

First of all, my apology is sent for my truancy in the editing the *Dakota Coach*. Each time I was prepared to finish the details for editing, I was called to another fire that needed extinguishing (figuratively, of course). I am sorry.

So much has happened since the Convention in Mandan. I hope that I can touch on the most significant developments!

On August 26th, John and Lonny Hutchison and the rest of Northwood experienced a tornado. John and Lonny were fortunate in that their new home received minimal damage. However, their house of 20 some years was damaged appreciably. The community was mortal injuries---except for one---and had fewer serious, critical injuries than expected. The city however had millions of dollars in damage, including nearly total destruction of the school. But as usual, North Dakotans stepped up and assisted in more ways than one can identify---including universities and high schools sending entire teams and organizations to assist in cleanup. Collections were held at many public occasions to assist with community needs. One coach even made arrangement for shoes to be donated to the team. The teams and coaches in Northwood-Hatton have been highly successful in spite of all of the complications.

Early in August Randy Johnson informed me that LeLand Opp suffered a heart attack while shingling his roof. He was rushed to Bismarck hospital and had major surgery. After about a week of critical condition, LeLand was shortly thereafter improved and returned home. Of course, you know that LeLand wanted only to be back teaching fulltime and coaching, but, for the most part, adhered to his doctor's or-

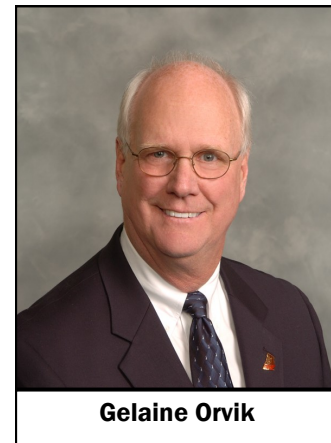
ders and returned to work slowly.

Congratulations to Dave Handt and the Litchville-Marion-Montpelier HS Girls' Basketball team! The details of their accomplishments, through his essay, are accounted in *Dakota Coach*.

Thank you Randy Johnson for your leadership over the past year. You have superlative in your assistance and your administration. Also, Randy and David Michaelson have been invaluable in their arrangement of the agreement with Coca Cola Enterprises and Powerade. NDHSCA will from this time forward refer to the Senior Athlete of the Year Award as the NDHSCA Powerade Senior Athlete of the Year Award. A plaque is presented at the State competition to the recipient, and a second plaque will be mailed to the coach for display at the school.

In July, Tim Flannery from National Federation, presented the course on Coaching Fundamentals to the Athletic Administrators. It was very well-received. Many administrators have already moved forward to declare the 3-5 hour session to be presented to all coaches, and some schools will begin with first and second year coaches. Tim will make a presentation at the November NDHSCA Executive Committee Meeting, in hope that NDHSCA will provide the Coaching Fundamentals at the Summer Convention.

John Walsh and Bisking II, Inc. are providing the NDHSCA Scholarships, again. NDHSCA and John are committed to award at least three \$500 Scholarships to sons and/or daughters of NDHSCA members each year. Since the involvement of John, we have presented four scholarships each year. We are especially



Gelaine Orvik

proud of scholarships recipients as they contact NDHSCA at graduation.

To date---October 10th---we have 808 paid members. Last year we had 812 members on November 10th. We have had only minor problem with late membership and Coach of the Year nomination. We hope we are administering both better. We think that our e-mail to each sport group is significantly improving our membership registration.

We thank Jon Bertsch for his leadership and the contributions to the administration of NDHSCA to the Executive Committee.

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REMINDER

**All FORMS are available
on the NDHSCA
Website**

**You can Google
"NDHSCA"**

or

**[www.fargok12.nd.us/
ndhsc/](http://www.fargok12.nd.us/ndhsc/)**

**Be sure to save in your
"Favorites"**

Dave Handt Receives EAS Award

EAS AdvantEdge Complete Nutrition, the exclusive sports nutrition partner of the NHSACA, proudly announced the winners of the All American Sports Nutrition Awards Contest. The contest involved the submission of an essay by High School coaches who illustrated how their team's performance improved by following a training program that focused on using EAS AdvantEdge, eating right, conditioning, lots of practice and hard work.

The eight winning submissions were from the geographic regions as defined in the contest rules---the NHSACA Regions. Each regional High School award winner received a check for \$5,000.00, with the overall National Award Winner receiving an additional \$10,000.00 for a total of \$15,000.00.

The following are the contest winners:

National Winner:

Sunrise Mountain HIGH School in Peoria, AZ.

Regional Winner:

Heard County High School in Franklin, GA.

Regional Winner:

Churchland High School in Portsmouth, VA.

Regional Winner:

Litchville-Marion-Montpelier High School in Marion, ND.

Regional Winner:

Bishop Kelley High School in Tulsa, OK.

Regional Winner:

Newcastle High School in Newcastle, WY.

Regional Winner:

RHAM High School in Hebron, CT.

Regional Winner:

Crawfordsville High School in Crawfordsville, IN.

Dave Handt, Litchville-Marion-Montpelier High School girls' basketball coach, wrote one of the eight regional winning essays. Dave's essay identified a time that his team "...called on all the energy and team chemistry to create a season defining moment." His team overcame a 13 point deficit and "...came back to force overtime and proceeded to win by seven."

Dave said that his team "...believed this was accomplished largely through our programs which included strict eligibility, team conditioning, curfews, dietary planning, and pre-game meals."

Handt points to the "joint effort of parents, school cooks, and team members that largely contributed to this defining moment. Together, they developed and organized a system of watching dietary habits and pre-game meals which has increased energy levels and hydration situations. It also brought all groups together and a very positive chemistry exists in the communities."

Dave Handt was unable to attend the NHSACA National Annual Meeting in Milwaukee, but his North Dakota Coaches were very proud of the school's accomplishments. John Hutchison, NDHSCA Assistant Executive Secretary, stood in for Dave and Litchville-Marion-Montpelier High School to receive the award.

Congratulations, Dave Handt and Litchville-Marion-Montpelier High School Girls' Basketball Team.

Special Recognition Awards - Erstad & Hafner

(cont'd from page 1)

Darin was a Gold Glove Award winner in 2000, 2002 and 2004. He is the only player in MLB history to win a Gold Glove Award both as an outfielder and as an infielder. He was recipient of the Roberto Clemente Award in 2005 for his efforts in Southern California community activities. He became a member of the Chicago White Sox before the 2007 season. Darin is married to Jessica and they have a daughter, Jordan Elizabeth.

Travis Hafner is a graduate of Sykeston High School (1995). Travis was a two sport athlete at Sykeston HS, participating in basketball where he was a two-time all district player and received all-region honors his senior season, and track and field where he was a state track participant in 1995 and 1996. Travis played his Legion baseball with Fessenden and Carrington.

Travis attended Cowley Community College in Arkansas City, Kansas, where his MVP performance led Cowley College to the National Junior College World Series Championship in 1997.

Travis was drafted by the Texas Rangers and broke into the major leagues in 2002. He was traded to the Cleveland Indians in 2003 and has been a fixture at designated hitter in the Indians lineup. At the time of this publication Travis is playing in the ALCS vs. the Boston Red Sox.

Travis is married to Amy (Beekman) and resides in Cleveland, Ohio. Travis is very active in the community of Cleveland and is involved in many charitable organizations which benefit the youth of the Cleveland area.

Because Travis and Darin play major league baseball, their awards were not presented at the summer banquet. Arrangements will be made to present the awards during the off-season, hopefully at a high school function.

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2007-2008 NDHSCA All Star Player Guidelines

These guidelines are reminders for North Dakota football, basketball and volleyball coaches. Please share these with any athlete who may be a potential All Star Player in 2008. All Star Guidelines are in effect from the first day of fall sports and apply until the completion of the All Star contests.

1. Written authorization from the player's parents or guardians must be submitted with the player's acceptance to participate in training exercises and the games.
2. All players must bring their high school physical card, a copy of the physical card, or a letter from their doctor and present it to the All Star contest officials when they report to their training sites the first day, in order to practice with the team.
3. The players must have graduated from high school before June 15 of the current school year.
4. The players may be attending an activity class but must not be enrolled as a full-time student at a JC, College or University (Acceptance by a college, but not enrolled as a full-time student).
5. Players must reside within the state of North Dakota or meet the residence requirements of the NDHSAA.
6. All players must pay their own transportation costs to and from camp.
7. All practice equipment must be furnished by the players.
8. Players are required to stay in the housing provided by the sponsors.
9. Players are required to attend all events scheduled by the sponsors.
10. Players must arrange through the coaches for any free time.
11. Players' vehicles MAY NOT BE USED while in training camp.
12. Players MUST be at ALL scheduled practices to be considered a playing member of the All Star team and are not allowed to participate in other organized athletic events during the training period. This includes being present at check-in at the beginning of the All Star event. If an issue arises that requires a player to miss practice due to some immediate family problem, the player must clarify the reason with the All Star chairperson prior to the start of the All Star event. FAILURE TO SO COULD RESULT IN DISMISSAL FROM THE ALL STAR TEAM. PLAYERS WILL NOT BE ALLOWED TO LEAVE TO PLAY LEGION BASEBALL AT ANY TIME.
13. The use or possession of tobacco, alcohol, drugs, or controlled substances is forbidden. Any player using or possessing these items at any time from the BEGINNING OF THE FIRST ALLOWABLE PRACTICE FOR FALL SPORTS, SET UP BY THE NDHSAA, UNTIL THE COMPLETION OF THE ALL STAR GAMES, WILL NOT BE ALLOWED TO PARTICIPATE AND WILL NOT BE CONSIDERED FOR SELECTION. Players MUST ADHERE to the spirit and letter of these rules.
14. All players shall be in their rooms and lights will be out by 11:00 p.m. at the latest, except game-nights.
15. Dorm or housing rules shall be strictly enforced.
16. Only All Stars shall be permitted in the All Star rooms; visitors, parents, and friends are met in the lobby.
17. College coaches, high school coaches, and friends not connected with the actual coaching or supervision of the All Star team shall be permitted to contact any player ONLY WITH THE PERMISSION OF THE ALL STAR COACHES!
18. Any action/behavior, by the player, which the All Star Chairman or All Star Committee considers as an inappropriate representation of an All Star player will be grounds for immediate dismissal from the team.
19. Any player who has been suspended from high school or from an athletic team by respective high schools will be dismissed from the All Star team.

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ND Convention Dates
Tuesday, July 29
through
Friday, August 1
2008

This Issue of
Dakota Coach
Contains some of the
Forms for NDHSCA

See NDHSCA Website
For complete set of forms

2006-2007 NDHSCA Coaches of the Year

CLASS A FALL SPORTS

Class A Boys' Cross Country	Darrell Anderson	Bismarck HS
Class A Boys' Cross Country	Dave Zittleman	Bismarck HS
Class A Boys' Football A	Larry Sandy	Velva-Sawyer HS
Class AA Boys' Football	Fred Fridley	Watford City HS
Class AAA Boys' Football	Mike McCall	Wahpeton HS
Class A Boys' Soccer	Matt Pfau	Minot HS
Class A Boys' Tennis	Greg Unruh	Fargo North HS
Class A Girls' Cross Country	Lisa Svaleson	Fargo South HS
Class A Girls' Golf	Don Johnson	Fargo Shanley HS
Class A Girls' Swimming	Anne Retzlaff	Wahpeton HS
Class A Girls' Volleyball	Tonah Safranski	Fargo South HS
Class B Boys' Cross Country	Brian Anderson	New Town HS
Class B Boys' Nine-Man Football	Keith Sundquist	Turtle Lake-Mercer HS
Class B Girls' Cross Country	Duane Bowman	Bowman HS
Class B Girls' Volleyball	Brooks Dockter	Tioga HS
Junior High COTY	Scott Hoffman	Dickinson Hagen Junior HS
Assistant COTY	Greg Yale	Watford City HS

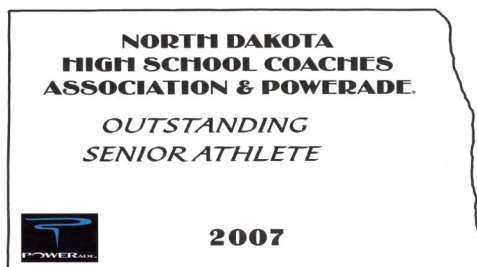
WINTER SPORTS

Class A Boys' Basketball	Dean Winczewski	Dickinson HS
Class A Boys' Hockey	Jay Haugland	Grafton-Park River HS
Class A Boys' Swimming	Marsha Dahl	West Fargo HS
Class A Girls' Basketball	Steve Meier	Bismarck HS
Class A Girls' Gymnastics	Kent Van Ells	Dickinson HS
Class A Girls' Hockey	Kellen Bjone	Jamestown HS
Class A Wrestling	Kelly McNary	Wahpeton HS
Class B Girls Basketball	Jerome Slag	New Salem HS
Class B Boys' Basketball	Stacy Schaffer	Barnes County North HS
Class B Wrestling	Travis Lemar	Central Cass HS
Class A Athletic Director	Pat McNally	Minot HS
Class B Athletic Director	Brent Lauf	New Salem HS
Assistant COTY	Marv Peterson	Mandan HS

SPRING SPORTS

Class A Baseball	Jeff Feichtner	Fargo North HS
Class A Boys' Golf	Jeff Ralph	Wahpeton HS
Class A Boys' Track and Field	Darrell Anderson	Bismarck HS
Class A Boys' Track and Field	Dave Zittleman	Bismarck HS
Class A Girls' Soccer	William Olson	Grand Forks Red River HS
Class A Girls' Tennis	Chad Anderson	West Fargo HS
Class A Girls' Track and Field	Lisa Svaleson	Fargo South HS
Class B Baseball	Chad Kliniske	Grafton HS
Class B Boys' Golf	Steve Quintus	Killdeer HS
Class B Boys' Track and Field	Randy Johnson	Hazen HS
Class B Girls' Golf	LeRoy Bettenhausen	Watford City HS
Class B Girls' Track and Field	Bobby Hoffner	Maddock HS
Class B Girls' Track and Field	Jeff Manley	Leeds HS
Assistant COTY	Kari House	Mandan HS

2006-2007 NDSCA Senior Athlete of the Year Award



Fall Sports Season

Class A Boys' Cross Country
 Class A Boys' Soccer
 Class A Boys' Tennis
 Class A Girls' Cross Country
 Class A Girls' Golf
 Class A Girls' Swimming & Diving
 Class A Girls' Volleyball
 Class B Boys' Cross Country
 Class B Girls' Cross Country
 Class B Girls' Volleyball
 Class A Football
 Class AA Football
 Class AAA Football
 Class B Nine-Man Football

Athlete

Sam Larson
 Isak Tengesdal
 Max Piepkorn
 Danielle Thompson
 Kate Hardina
 Kelsey Schoonhoven
 Katelyn Steffen
 Andrew Kuch
 Bianca Lamb
 Abby Bratlien
 Brock Sandy
 Nathan Svihovec
 Catlin Solum
 Eddie Cullum

School

Jamestown HS
 Minot HS
 Fargo North HS
 Grand Forks Central HS
 Fargo Sough HS
 West Fargo HS
 Dickinson HS
 Washburn HS
 Bottineau HS
 Tioga HS
 Harvey HS
 Watford City HS
 Fargo South HS
 Turtle Lake-Mercer HS

Head Coach

Russ Schmeichel
 Matt Pfau
 Greg Unruh
 Sean Allan
 Lynn Engberg
 Marsha Dahl
 Jay Schobinger
 Darren Lester
 Connie Blatherwick
 Brooks Dockter
 Brad Sandy
 Fred Fridley
 Kevin Feeney
 Keith Sundquist

Winter Sports Season

Class A Girls' Gymnastics
 Class A Girls' Basketball
 Class A Boys' Basketball
 Class A Boys' Hockey
 Class A Girls' Hockey
 Class A Boys' Swimming & Diving
 Class A Wrestling
 Class B Girls Basketball
 Class B Boys' Basketball
 Class B Boys' Basketball
 Class B Wrestling

Athlete

Chelsey Preston
 Jessica Kelpinski
 Justin Belohlavek
 Eric Herbel
 Emily Sell
 Jake Gerszewski
 Tyler Steinwand
 Kirstie Gillett
 Nathaniel Packineau
 Luke Lorenz
 Torey Ulmer

School

Fargo South HS
 Mandan HS
 Mandan HS
 Bottineau HS
 Williston HS
 Grand Forks Schools
 Mandan HS
 Dakota Prairie HS
 Parshall HS
 May-Port CG HS
 Ashley-Wishek HS

Head Coach

Mike Merritt
 Greg Amundson
 Kurt Miller
 David Hoff
 Mikaela Rehak
 Brent Newman
 JJ Nelson
 Steven Forde
 Ken Hall
 David Nelson
 Josh Hoffman

Spring Sports Season

Class A Girls' Tennis
 Class A Boys' Track & Field
 Class A Girls' Track & Field
 Class B Boys' Track & Field
 Class B Girls' Track & Field
 Class B Boys' Golf
 Class B Girls' Golf
 Class A Girls' Soccer
 Class A Baseball
 Class A Boys' Golf
 Class B Baseball

Athlete

Liza Wischer
 Weston Leutz
 Emily Black
 Landon Schneider
 Sara Holle
 Jacob Wheeling
 Molly Swantson
 Sam Johnson
 Shane Gathman
 Tom Hoge
 Mark Bakkum

School

Grand Forks Red River HS
 Bismarck Century HS
 Devils Lake HS
 Washburn -Wilton HS
 New Salem HS
 Killdeer HS
 Kindred HS
 Fargo North HS
 Minot HS
 Fargo South HS
 Steele-Dawson HS

Head Coach

Tim Wynne
 Tim Jacobson
 Myron Loberg
 George Levey
 Steve Kleinjan
 Steve Quintus
 Julie Jensen
 Cordell Sinding
 Pete Stenberg
 Steve Kennedy
 Dave Silbernagel

National Federation COTY Nominees

NDHSCA was contacted by Sherman Sylling on August 14th with a request to complete the National Federation Coach of the Year Nomination Roster. This is an additional recognition for North Dakota Coaches. The nomination form is submitted to the National Federation by NDHSAA.

All approved nominees approved will receive National Federation recognition. The same coaches will be eligible for Section V awards and ultimately may be named National Coach of the Year. Kathy Berglund and Dwight Leier have received National Coach of the Year Awards recently

2008 National Federation Coach Of The Year Roster

Sport	Name; School	City, State
Athletic Director	Curt Jones; West Fargo High School	West Fargo, ND
Baseball	Jeff Fiechtner; Fargo North HS	Fargo, ND
Basketball - Boys'	Dan Carr; Linton HS	Linton, ND
Basketball - Girls'	Bruce Anderson; Minot HS	Minot, ND
Cross-Country - Boys'	Rod Hardie; Fargo South HS	Fargo, ND
Cross-Country - Girls'	Julie Stavn; Bismarck Century HS	Bismarck, ND
Football	Mike Berg; Grand Forks Central HS	Grand Forks, ND
Golf	Steve Kennedy; Fargo South HS	Fargo, ND
Soccer - Boys'	Tom Steen; Grand Forks Red River HS	Grand Forks, ND
Soccer - Girls'	Cordell Sinding; Fargo North HS	Fargo, ND
Hockey – Boys'	Matt Malm; Grand Forks Red River HS	Grand Forks, ND
Hockey – Girls'	Kyle Ellingson; Grand Forks Schools	Grand Forks, ND
Swimming & Diving	Ralph Manley; Mandan HS	Mandan, ND
Tennis	Vic Youngs; Fargo South HS	Fargo, ND
Track and Field - Boys'	Dave Zittleman; Bismarck HS	Bismarck, ND
Track and Field - Girls'	LeLand Opp; Hazen, HS	Hazen, ND
Volleyball	Carolyn Olson; Grand Forks Red River HS	Grand Forks, ND
Wrestling:	Jeff Schumacher; Bismarck HS	Bismarck, ND

The National Federation forms have been sent to NDHSAA and will be evaluated for higher awards. If the recipients are named Section V or National Coach of the Year, NDHSAA will notify the recipients and NDHSCA, and the awards will be presented by NDHSAA.

□

North Dakota High School Coaches Association 2008 Convention

Doublewood Inn, Fargo
For Reservations: 701-235-3333



Tuesday, July 29 through Friday, August 1, 2008

National High School Athletic Coaches Assoc. COTY Nominees

At the July NDHSCA Executive Committee Meeting, the 2008 NHSACA Coach of the Year Nominee Roster was approved for presentation to the National High School Athletic Coaches Association. Each year the Committee reviews the NDHSCA Membership Registration Roster to find the most viable successful candidates by reviewing the criteria used for evaluation.

The evaluation criteria include longevity, win-loss percentage, championship levels, professional service, and awards and recognition.

A past candidate who has been a finalist cannot be nominated without a two year absence from the nomination roster.

The NDHSCA Executive Committee retains past nominees' records to determine the most successful options for future nominations. Therefore when a nominee becomes a finalist, the Executive Committee will retain that name for future nominations in three years. The current list of nominees includes several previous NHSACA COTY Finalists.

2008 NHSACA Coach Of The Year Roster

Sport	Name; School	City, State
Athletic Director:	Curt Jones; West Fargo High School	West Fargo, ND
Baseball:	Ryam Brantl; Thompson HS	Grand Forks, ND
Basketball - Boys':	Dan Carr; Linton HS	Linton, ND
Basketball - Girls':	Bruce Anderson; Minot HS	Minot, ND
Cross-Country - Boys':	Rod Hardie; Fargo South HS	Fargo, ND
Cross-Country - Girls':	Julie Stavn; Bismarck Century HS	Bismarck, ND
Football:	Mike Berg; Grand Forks Central HS	Grand Forks, ND
Golf:	Steve Kennedy; Fargo South HS	Fargo, ND
Soccer - Boys':	Tom Steen; Grand Forks Red River HS	Grand Forks, ND
Soccer - Girls':	Cordell Sinding; Fargo North HS	Fargo, ND
Special Sports:	Matt Malm; Grand Forks Red River HS	Grand Forks, ND
Swimming & Diving	Ralph Manley; Mandan HS	Mandan, ND
Tennis:	Vic Youngs; Fargo South HS	Fargo, ND
Track and Field - Boys':	Dave Zittleman; Bismarck HS	Bismarck, ND
Track and Field - Girls':	LeLand Opp; Hazen, HS	Hazen, ND
Volleyball:	Carolyn Olson; Grand Forks Red River HS	Grand Forks, ND
Wrestling:	Jeff Schumacher; Bismarck HS	Bismarck, ND

The NHSACA National Awards Banquet will be held at the Double Tree Hotel in Colorado Springs, Colorado on Wednesday, June 25, 2008; in conjunction with the NHSACA National Coaches Annual Meeting. The first round of evaluation of each nominee will be completed by November first.

NDHSCA urges all finalists to attend the NHSACA National Annual Meeting and pays the registration for each coach who intends to attend. All coaches are urged to attend for the professional development as well as to support North Dakota award winners.

**National High School Athletic Coaches Association
Double Tree Hotel - Colorado Springs, CO
Banquet - June 25, 2008**



Membership Registration 2007-2008

Membership:	
High School	_____
Junior High	_____
College	_____
Life	_____
Associate	_____
Cheerleading	_____

Name _____
 School _____ Email Address _____
 Home Phone _____ Work Phone _____
 Home Address _____
 City/State/Zip Code _____

In the A column, write H (head coach) or A (assistant coach) for the appropriate sport(s).
 In the second column, write your 2006-2007 record; in the last column, your lifetime record.

	A	06-07 record	lifetime record		A	06-07 record	lifetime record
Athletic Director	_____	_____	_____	Soccer	_____	_____	_____
Baseball	_____	_____	_____	Softball	_____	_____	_____
Boys Basketball	_____	_____	_____	Boys Swimming	_____	_____	_____
Girls Basketball	_____	_____	_____	Girls Swimming	_____	_____	_____
Boys Cross Country	_____	_____	_____	Boys Tennis	_____	_____	_____
Girls Cross Country	_____	_____	_____	Girls Tennis	_____	_____	_____
Football	_____	_____	_____	Boys Track	_____	_____	_____
Boys Golf	_____	_____	_____	Girls Track	_____	_____	_____
Girls Golf	_____	_____	_____	Volleyball	_____	_____	_____
Gymnastics	_____	_____	_____	Wrestling	_____	_____	_____
Hockey	_____	_____	_____	Strength	_____	_____	_____

List Year(s) and Sport(s) of state championships coached. _____
 Have you filed a Victory Milestones Form? _____
 Number of years coaching completed (as of **June '08**) _____
 Signature _____ **Fee: \$50.00**

Have you filled out a Victory Milestones form?

Coaches are urged to photocopy additional membership forms and solicit membership of all head and assistant coaches throughout each school district. - Thank you.

Proud to be a Member of the NDHSCA

Membership in the NDHSCA has the following benefits:

- Subscription to our *Dakota Coach* newsletter
- Access to coaching openings in North Dakota
- Reduced admission to NDHSCA/NDHSAA Clinic during the year
- Free or reduced admission to many high school and college contests
- UND/NDSU football tickets for (except Hockey) \$1.00 allotted in reserved section
- Eligibility for the full awards program of the NDHSCA
- Eligibility to serve on the Sports Advisory Committee
- Eligibility to serve on All-Star Coaching Staff
- Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA
- An organized group that keeps everyone in touch with developments across the state and nation
- An organization that is concerned with offering programs that will help improve coaches
- An organization that is attempting to maintain and improve athletic programs for North Dakota's youth.



The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a problem, suggestion, or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better.

Membership deadlines: Fall-October 1 Winter-February 1 Spring-May 1

**Return form to: Karen Hardie, NDHSCA Membership Chair
 741 Royal Oaks Drive
 Fargo, ND 58102**

NDHSCA Victory Milestones



Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestone for the first time, make sure to give your record for each year. Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue South; Fargo, ND 58103. Awards will be sent upon request after records are updated.

Procedure For Determining Won/Loss Records In An Invitational Meet:

- In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
- Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
- Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
- If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Baseball	75	150	225	300	375
Basketball	100	200	300	400	500
Cross Country	50	100	150	200	250
Football	50	100	150	200	250
Golf	45	90	135	180	225
Gymnastics	45	90	135	180	225
Hockey	100	200	300	400	500

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Soccer	100	200	300	400	500
Softball	75	150	225	300	375
Swimming	50	100	150	200	250
Tennis	50	100	150	200	250
Track/Field	50	100	150	200	250
Volleyball	150	300	450	600	750
Wrestling	75	150	225	300	375

- Only meets in which three or more schools participate will count as an invitational.
- Schools can still have a dual meet record that would remain the same along with a record for the invitationals they attend.
- It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

Example: Meet 1 11 teams 7 wins 4 losses
 Meet 2 4 teams 0 wins 4 losses
 Meet 3 6 teams 6 wins 0 losses
 Meet 4 5 teams 4 wins 1 loss
 Meet 5 7 teams 5 wins 2 losses
Totals 5 meets 33 teams 22 wins 11 losses
 Winning % equals 22/33 = 67% 5 meets x .67=3.35
 Losing % equals 11/33 = 33% 5 meets x .33 = 1.65
 Your record for the season would be 3 wins and 2 losses for invitationals.

NDHSCA Victory Milestone Record Sheet

Name _____ Date _____ E-Mail _____
 High School _____ Coaching Position _____
 Address _____ City/State/Zip Code _____
 Membership: High School _____ Associate _____ Junior High _____ Life _____

	Year	School	Sport	Varsity	JV	JH	Won/Loss	Overall Record
1.	_____	_____	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____	_____	_____	_____
13.	_____	_____	_____	_____	_____	_____	_____	_____
14.	_____	_____	_____	_____	_____	_____	_____	_____
15.	_____	_____	_____	_____	_____	_____	_____	_____

Letters to the Association

Editor's Note:

Usually the notes are addressed to the Executive Secretary, but we are cognizant that the message is intended to the Association. We always include the Association in the greeting when printing the message. We try to edit the message and make the gratuity applicable to Association as well.

~~~

Gelaine & NDHSCA:

Thank you for the opportunity to speak last week at your clinic. The turnout was impressive, especially for a Friday, and that is a credit to well-run clinic and organization. I look forward to our next opportunity.

Sincerely  
Bryan Moody

~~~

Gelaine & NDHSCA:

This is just a note to thank you and the other board members for honoring me with membership in the NDHSCA Hall of Fame. You have been a great friends and mentors, and I'm so appreciative of all that you have done for me. Thanks are not enough, My Friends!

Mike Berg

~~~

Gelaine & NDHSCA:

Thank you so much for taking care of my room while in Bismarck the other day. I wish I had a chance to talk with you more, but it seemed like you were always at two places at one time. The NFHS appreciates your support of the Fundamentals of Coaching Course. Let's stay in touch.

Tim Flannery

~~~

2007-2008 NDHSCA Sponsor Members

Please make every attempt to show gratitude to each Sponsor Member.

Gene	Buen	Paid Life Member	Velva, ND
Dave	Gress	Daktronics	Brookings, SD
Tom	Piche	Greg Larson Sports	Brainerd, MN
Matt	Stasch	Northern Light FX	Bemidji, MN
Ken	Towers	Past President (1968-1969) & Paid Life Member	Grand Forks, ND
Ken	Towers	Italian Moon	Grand Forks, ND
Ken	Towers	Wendy's	Grand Forks, ND
Pat	Weber	Universal Athletic Service	Grand Forks, ND
Brad	Westrum	Gerrell's Sport Center	Grand Forks, ND

Gelaine & NDHSCA:

Please accept my sincere thank you and gratitude for selecting me to be a recipient of the NDHSCA Award of Merit.

I am humbled by your decision and, at the same time, very proud to be recognized by NDHSCA in this manner. It is a tremendous honor to just be considered worthy of such a prestigious award. And then to be selected---Wow! It will be a challenge to live up to this distinction.

It was very disappointing to both my wife and me when illness prevented our presence at the banquet. Thank you so very much for sending a banquet program.

Again, Thank you!

Sincerely,
Darryl Anderson

P.S. Lorell Jungling delivered the beautiful plaque to my home yesterday. It will be proudly displayed in my office. Thanks, again!

~~~

Gelaine & NDHSCA:

My family and I would like to thank you for your nomination and your part in my induction into the NDHSCA Hall of Fame. It is very humbling to be thought of that highly by your peers.

Secondly we would like to thank the NDHSCA for their part in the ceremonies and all that goes into bestowing this award to me and the others. It was an awesome night!

Thank You!

Gratefully,  
Rockie Stavn

~~~

NDHSCA:

I'm sorry this is late, but we left on a trip right after the banquet.

Thank you for the \$500 scholarship you awarded me. It will help a lot with my college expenses.

Sports have been a big part of my life, and I appreciate what your Association does.

Abby Bratlien

~~~



# North Dakota High School Coaches Association

## Junior High Coach of the Year Nomination Application

1. Any junior high school coach of a North Dakota **Junior High School** team who is a current NDHSCA member may be nominated for the Junior High School Coach of the Year award.
2. The award is designed for full-time junior high school coaches, who are **not** head coaches in any sport. **however**, the evaluation committee may exercise reasonable criteria in accepting an assistant coach who is also a head coach in another sport.
3. The award will be directed to junior high school coaches who have coaching longevity; have contributed to State Championship Programs at the varsity level; have contributed to the development of individual athletes who have been state champions or have received all state recognition; have performed duties for school, church, and community; have made other contributions to athletics and sports' programs; have been recognized for contributions to education and athletics and extraordinary performances; and have received special commendations from the head coach for the sport of the school which the junior high school affects.
4. **DEADLINES** for nominating a junior high school coach for this award will be:  
**November 15 for Fall Sports; March 15 for Winter Sports; & May 15 for Spring Sports.**
  1. Anyone may nominate a junior high school coach for this award.
  2. Upon receipt of nomination, the NDHSCA Executive Secretary will mail a form to the nominator to have the form completed and documented. Promptness is vital.
  3. A personal letter of recommendation from the head coach **must** accompany the nomination form.
  4. **Only** data pertaining to the junior high school coaching duties will be evaluated.
  5. The Executive Board will evaluate the nominations at the Executive Board meeting following the deadline for nomination.
  6. A nomination may be made on the same recipient in successive years in any sport by the same nominator.
  7. All nominations will be retained for competition in succeeding years. Forms will be sent to the nominee to update data each year.

Nominee's Name \_\_\_\_\_ Phone \_\_\_\_\_

Nominee's Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Nomination Season \_\_\_\_\_ Sport \_\_\_\_\_ Date \_\_\_\_\_

Nomination By \_\_\_\_\_ Email Address \_\_\_\_\_

Nominator's Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Nominator's Signature \_\_\_\_\_

Mail nomination form to: **Gelaine Orvik, Executive Secretary NDHSCA**  
**3457 - 26th Avenue South**  
**Fargo ND 58103**



## Assistant Coach of the Year Nomination Application

1. Any assistant coach of a North Dakota **Varsity** team who is a current NDHSCA member may be nominated for the Assistant Coach of the Year award.
2. The award is designed for full-time assistant coaches, who are **not** head coaches in any sport. **however**, the evaluation committee may exercise reasonable criteria in accepting an assistant coach who is also a head coach in another sport.
3. The award will be directed to assistant coaches who have coaching longevity; have assisted coaching State Championship Teams; have assisted coaching individual athletes who have been state champions or have received all state recognition; have performed duties for school, church, and community; have made other contributions to athletics, sports, and community; have been recognized for contributions to education and athletics and extraordinary performances; and have received special commendations from the head coach.
4. **Deadlines** for nominating an assistant coach for this award will be:  
**November 15 for Fall Sports; March 15 for Winter Sports; & May 15 for Spring Sports.**
5. Anyone may nominate an assistant coach for this award.
6. Upon receipt of the nomination, the NDHSCA Executive Secretary will mail a form to the nominator to have the form completed and documented. Promptness is vital.
7. A personal letter of recommendation from the head coach **must** accompany the nomination form.
8. **Only** data pertaining to the assistant coaching duties will be evaluated.
9. The Executive Board will evaluate the nominations at the Executive Board meeting following the deadline for nomination.
10. A nomination may be made on the same recipient in successive years in any sport by the same nominator.
11. All nominations will be retained for competition in succeeding years. Forms will be sent to the nominee to update data each year.

Nominee's Name \_\_\_\_\_ Phone \_\_\_\_\_

Nominee's Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Nomination Season \_\_\_\_\_ Sport \_\_\_\_\_ Date \_\_\_\_\_

Nomination By \_\_\_\_\_ Email Address \_\_\_\_\_

Nominator's Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Nominator's Signature \_\_\_\_\_

Mail nomination form to: **Gelaine Orvik, Executive Secretary NDHSCA**  
**3457 - 26th Avenue South**  
**Fargo ND 58103**



# North Dakota High School Coaches Association

## Hall of Fame Nomination Application

The NDHSCA Hall of Fame was established for the purpose of giving special recognition to outstanding coaches of this Association whose contributions have helped to make North Dakota a leader in interscholastic athletics.

### I. CRITERIA FOR SELECTION

- a. Individuals selected as nominees must have shown a deep sense of responsibility in the manner in which they conducted themselves as coaches, and demonstrated a dedication to the highest ideals of competitive interscholastic athletics.
- b. Equally important is the manner in which individuals conducted their programs, that they be most beneficial to their players, schools, and communities, always reflecting a positive image of interscholastic athletics and/or coaches.
- c. Coaches shall have demonstrated the characteristic to lead, to motivate, to inspire, to guide, and to counsel athletes.
- d. Candidates will have extended a great participation in their Coaches Association, contributed in service to NDHSCA, and provided involvement in specific sports Association.
- e. Objective criteria for evaluation include coaching tenure, championship seasons, win/loss record, and service to the coaching profession.

### II. CANDIDATE ELIGIBILITY

- a. Both active and retired coaches are eligible for nomination.
- b. Nominees must have been active as a coach or an athletic director for a minimum of twenty years of which at least ten must have been in North Dakota.
- c. Nominees must be a current of life member of the of the North Dakota High School Coaches Association, unless they are retired or departed from the profession.
- d. Eligibility is limited to coaches and athletic directors.

### III. WHO MAY NOMINATE CANDIDATES?

- a. Individual sports associations may nominate individuals.
- b. Any individual who is a member of the North Dakota High School Coaches Association.

Nominee's Name \_\_\_\_\_ Phone \_\_\_\_\_

Nominee's Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Nominator's Signature \_\_\_\_\_ Email Address \_\_\_\_\_

Nominator's Name \_\_\_\_\_ Date \_\_\_\_\_

Mail nomination form to: **Gelaine Orvik, Executive Secretary NDHSCA**  
**3457 - 26th Avenue South**  
**Fargo, ND 58103**







## Sponsor Membership Form

- The North Dakota High School Coaches Association is a non-profit organization that is concerned with supporting athletic programs which benefit the youth of North Dakota.
- The NDHSCA is an organization that offers programs to help coaches keep in touch with new developments in athletics and coaching as well as attempting to maintain and improve athletic programs in North Dakota. Financial help is needed to support the award programs, the state convention, and the various all-state contests sponsored by the NDHSCA.
- All sponsor members receive a plaque from the NDHSCA to show its appreciation as well as being listed on the sponsor page in the *Dakota Coach*.

### NDHSCA Sponsor Membership Fee: \$100.00

Firm's Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_

Was the firm previously a Sponsor Member? \_\_\_\_\_

If yes, what years? \_\_\_\_\_

Signature of Authorizing Personnel \_\_\_\_\_

Would you like additional plaques? (available at \$10 per plaque) How many? \_\_\_\_\_

Name of Soliciting Coach \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Email Address \_\_\_\_\_

Please mail completed form and check to: **Gelaine Orvik, Executive Secretary NDHSCA**  
**3457 - 26th Avenue South**  
**Fargo ND 58103**

#### Our Thanks to the 2007-2008 NDHSCA Sponsor Members

|      |         |                                                  |                 |
|------|---------|--------------------------------------------------|-----------------|
| Gene | Buen    | Paid Life Member                                 | Velva, ND       |
| Dave | Gress   | Daktronics                                       | Brookings, SD   |
| Tom  | Piche   | Greg Larson Sports                               | Brainerd, MN    |
| Matt | Stasch  | Northern Light FX                                | Bemidji, MN     |
| Ken  | Towers  | Past President (1968-1969) &<br>Paid Life Member | Grand Forks, ND |
| Ken  | Towers  | Italian Moon                                     | Grand Forks, ND |
| Ken  | Towers  | Wendy's                                          | Grand Forks, ND |
| Pat  | Weber   | Universal Athletic Service                       | Grand Forks, ND |
| Brad | Westrum | Gerrell's Sport Center                           | Grand Forks, ND |



## North Dakota High School Coaches Association

# Lifetime Membership Application

To purchase a Lifetime Membership the prospective coach must have been:  
A. an NDHSCA Member for 20 years.  
B. an active high school coach for at least 25 years either in ND or another state.

Lifetime Membership may be purchased for a one-time fee of \$250. Such Lifetime Membership will carry all Active Membership benefits. A Lifetime Member relinquishes voting and office holding privileges if a member is no longer an active coach.

Name \_\_\_\_\_

School \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Home Address \_\_\_\_\_

City/State/Zip code \_\_\_\_\_

Number of years coaching completed (as of June 2008) \_\_\_\_\_

Number of years NDHSCA Member (as of June 2008) \_\_\_\_\_

**Fee: \$250 Include the fee with this application.**

**Mail fee and application to: Gelaine Orvik, Executive Secretary NDHSCA  
3457 26<sup>th</sup> Avenue South  
Fargo, ND 58103**

### Purchased Lifetime Memberships

Aardahl, Vern; Milnor HS  
Anderson, Darryl; Mandan HS  
Berg, Mike; Grand Forks Central HS  
Brenner, Henry; ND School for the Deaf  
Burckhard, Richard; Parshall HS  
Callahan, Mike; Minnewaukan HS  
Carlson, Ron; Minnewaukan HS  
Carlsrud, Dave; NDHSAA  
Cornell, Rick; Grand Forks Schroeder JHS  
Dew, Jim; Valley City State College  
Disher, Ken; Minot HS  
Dixon, Derrick; Turtle Mountain Community HS  
Dockter, Dwight; Hope-Page HS  
Fjeld, Greg; Minot HS  
Folstad, Collette; West Fargo HS  
Gabrielsen, Thomas; Grand Forks Red River HS  
Gadberry, Ron; Hillsboro HS  
Hammer, Dennis; Grafton HS  
Handt, Dave; Litchville-Marion HS  
Hanson, David; St. Thomas HS  
Hanson, Donald C.; Mandan HS  
Hardie, Rodney; Fargo South HS  
Hauge, John; Bottineau HS  
Hertel, Dale; Fargo South HS  
Horner, Dennis; Midway HS  
House, Leon; Mandan HS  
Hutchison, Donna; Grand Forks Red River HS  
Hutchison, John; Northwood HS  
Hutchison, Lonny; Northwood HS  
Jaeger, Kerry; Grand Forks Red River HS

Jensen, Julie; Kindred HS  
Johnson, Wayne; Rolette HS  
Kerlin, Don; Mayville/Portland-C/G HS  
Kjelgaard, Harold; Fargo Discovery JHS  
Kleveland, David; Central Valley HS  
Larson, Nancy; DesLacs-Burlington HS  
Lehman, Cory; Fargo South HS  
Loberg, Myron; Devils Lake HS  
Lockwood, Ed; Fargo Public Schools  
Lyon, Jerry; Minot HS  
Mailloux, Gary; Fargo North HS  
Omdahl, Chad; Hatton-Northwood HS  
Opdahl, Mike; Larimore HS  
Overby, Dennis; Northwood HS  
Schauer, Gary; Langdon, HS  
Schmitt, Dan; Dakota Prairie HS  
Schreiner, Vernon; Minto HS  
Shirley, Marney; Jamestown HS  
Sluke, David; Grafton HS  
Snortland, Keith; Warwick HS  
Solberg, Sheryl; NDHSAA  
Stanley, Len; Bismarck State College  
Strand, Fred P.; Hatton-Northwood HS  
Trieglaff, Robert; Fargo North HS  
Walhaug, Gary; Surrey HS  
Walker, Larry; Killdeer HS  
Wheeling, Bob; Killdeer HS  
Wilson, Jerry; Bismarck Century HS  
Zimney, Bob; Grand Forks Red River HS

North Dakota HS  
Coaches Association  
Official Publication

*www.fargo.k12.nd.us/ndhsca/  
NDHSCA  
3457 - 26th Avenue South  
Fargo, ND 58103*

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**The *Dakota Coach* is printed through the assistance of Fargo Public Schools**

The *Dakota Coach* is the official publication of the NDHSCA and is distributed without charge to all NDHSCA members in good standing. Notes, articles, opinions, or letters to the editor are welcome if they deal with high school coaching concerns. They will be printed as space permits. Opinions and views of the authors are their own and do not always reflect the official position of the NDHSCA.

Send to Gelaine Orvik - [gorvik@cableone.net](mailto:gorvik@cableone.net) or to any of the members of the Executive Board.



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Coaches Association**