



DAKOTA COACH

VOLUME 38 NO. 2 WINTER 2005

HALL OF FAME

NDHSCA Executive Committee announces the inductees to the 2005 NDHSCA Hall of Fame as determined at its recent NDHSCA Executive Committee Meeting. The inductees will be recognized and receive awards during the 2005 NDHSCA Coaches Convention, held on July 26 - July 29, 2005 in Mandan. The Hall of Fame Awards will be presented at the Annual Banquet on Thursday, July 28th at 6:30 PM at Mandan Seven Seas Convention Center. The recipients for the 2005 induction will be **Greg Amundson**, Head girls' basketball coach at Mandan High School; **Leon House**, Head Girls' Cross

Country Coach and Assistant Track and Field Coach at Mandan High School; **Glee Mayer**, Head Girls' Cross Country Coach and former Head Girls' Track and Field Coach at Minot High School; **Kerry Jaeger**, former Head Tennis Coach and Head Wrestling Coach at Grand Forks Red River High School; and **Jack Carlson (posthumously)**, former Head Track and Field Coach and Assistant Football Coach at Dickinson High School.

Greg Amundson is a graduate of Minot High School and Minot State University. He is a veteran coach of 31 years at New Town High School and Mandan High School. He has coached

boys' and girls' basketball, boys' and girls' track and field, gymnastics, and baseball.

Amundson coached teams at New Town won three District girls' basketball titles and three District girls' track and field titles. Those teams also won a girls' basketball regional runnerup title and a regional title, as well as a girls' regional track and field runnerup title. **Coach Amundson's** 1976 girls' basketball team was State Class B Girls' Basketball Runnerup titlists.

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COACHES MUST STAND FIRMLY

Coaches across the nation are again faced with a major conflict. Professional athletics has raised its ugly head and will have an effect on prep sports. Steroid and/or human growth hormones are a reality. High School coaches will need to anchor firmly in its battle against this attack.

The NDHSCA Executive office recognizes this use of steroid/human growth hormones as another discord

in the struggle to maintain honesty and purity in competition at the high school level. Just as each coach is faced with athletes' using street drugs or recreation drugs, now each coach is faced with high school athletes' observing professional athletes in the use of steroids as a shortcut to proficiency in performance.

For more than 25 years the Olympic Committee has been dealing with the

use of steroids and performance enhancement. Now even the United States Congress is taking a stand. However when legislators are involved in this type of action, a greater time frame is usually involved. One would expect that if legislators try to pass legislation on steroid use, the conclusion is not in the near future.

(continued on page 6)

WEBSITE VS. HARDCOPY

The NDHSCA Executive Committee share that mailing the *Dakota Coach* to members has become antiquated.

Begin accessing the NDHSCA website to read the *Dakota Coach!*

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Todd Olson

PRESIDENT'S MESSAGE

On behalf of the NDHSCA Executive Board, I would like to congratulate the fall season State Champions, the Coaches of the Year, and the Senior Athlete of the Year winners. It was an exciting and very competitive fall sports season.

I would encourage our members to nominate their staff members for the Assistant Coach of the Year and the Junior High Coach of the Year awards for their season. It's a great way to recognize these individuals for the contributions they make to our programs and the positive impact they have on our athletes.

The nomination forms and all of the NDHSCA forms can be accessed at our web site: www.fargo.k12.nd.us/ndhsca

I would like to acknowledge John Walsh of Burger King for his outstanding support of our association. Please support him and all of our sponsor members as a way of thanking them for their commitment to the NDHSCA.

Finally, I hope that each of you will find the time to attend the coaches meeting in your sport held at the state tournaments.

I would also encourage you to contact a member of the advisory committee when you have questions or concerns so they can effectively represent your sport at the state level. We do have a voice in the future of our sports when we are persistent and we follow the correct process.

Happy New Year and Best Wishes in 2005!

Todd Olson

NDHSCA 2003-2004 Executive Board

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2005 LIONS' ALL STAR GAME

Things are just getting started for the 2005 Lions All-Star Game. On November 18th Mike Hendrickson, Gelaine Orvik, and I met with the Fargo and Bismarck Lions' Association Members in Jamestown to discuss the dates and details of the 2005 Lions' All-Star Games.

The dates for the games have been set for July 19th in Bismarck and July 20th in Fargo.

Several other issues were discussed, such as, the number of alternates each team should have, the possibility of switching the rotation of games so that we would play the first night in Fargo and the second night in Bismarck, and the idea of trying to move the games to

the same week as the Coaches Convention.

Over the next couple of weeks I will be putting together a selection committee for both the Boys and Girls Class B Teams. Ballots will be mailed out to each of those selection committee members in late January. Once ballots have been filled out by all the coaches in each region and collected by each of the region reps, we will meet in March at the Boys and Girls State Tournaments to put together the teams.

I hope that everyone's fall sports season went well and good luck this winter.

Greg Foster,
Lions Basketball
Co-Chair

ALL STAR VOLLEYBALL

The dates and sites are set:

* **Report** to West Fargo Days Inn – Saturday, July 9 2005

* **First match** will be played at West Fargo HS Tuesday, July 12, 2005

* **Second match** will be played at Mandan HS Wednesday, July 13, 2005

The Holiday Inn Express has shown interest in housing the teams. This will be looked into for this coming year. West Fargo has been very good about use of practice and match times. They are going to work their summer programs around this event.

Mandan High School is next on the rotation for the western site. Bismarck High and Century have been great hosts; however Mandan has been left

out. It has been discussed by the Optimist Club to rotate among the three schools.

We can rotate here in the east between West Fargo, Fargo North and Fargo South. There really has not been any interest shown in hosting the event, along with practicing at the facility.

The players will be selected at our state meeting and will be notified along with the top finishing coaches in Class A and Class B; one coach per class in each of the East and the West. There will be 12 players for the East and 12 for the West teams. Each team will consist of 6 Class A, and 6 Class B players.

Scott Toenies,
Volleyball Chairperson

LETTERS TO THE EDITOR

I was just sitting here reading the *Dakota Coach* and thought I would respond to a couple of things. First of all I thought the Coaches' Convention this summer was excellent--the basketball sessions were the best I have ever attended--maybe it was because they were all high school coaches--I read in the *Dakota Coach* where someone else made that statement and I totally agree--maybe it's easier to relate. I felt Fred Fridley and his assistant had the best I have ever been at--simple--easy to understand and had video to show what they had talked about

I know we don't have that many from the west that go when its in Fargo but the other

happens as well I suppose when it is in Bismarck--I know that no matter where you have it someone is usually complaining--just wanted to let you know you guys did a very good job and thanks for all that you do---then again like my dad used to say "Feed your dog thanks and see how long he lives." Have a good year and good health.

Take Care!
Arley Larson, Ray, ND

* * *

We would like to thank you for letting us display our sportswear at your clinic. We had a great time and look forward to being there next year. We feel it was a huge success for us and couldn't thank you more for your association's

dedication and hard work throughout the year to developing a successful show once again. We would like to wish you luck in the upcoming year. You can reach us at 1-800-336-4486 if you have any future sportswear needs.

GTM Sportswear
Manhattan, KS
David Darling, Regional Sales Manager, Ext. 1154
Linsey Dayhoff, Assistant Sales Manager, Ext. 1121
* * *

The arrival of the newsletter reminded me that I had not thanked you for my special day. From the time I arrived at registration throughout the day and into the evening, I was on a cloud.

The words of praise and congratulations throughout the day touched my heart with emotion. The opportunity to be with friends and family and the special treat of touching dreams with old friends was awesome!

Thank you. I have enjoyed my coaching years very much. The kids that you touch warm the heart. My best and truest "friends" are coaches.

It's my life, and I never dreamt for such an honor.

Marney Shirley
Jamestown HS

SHRINE BOWL REPORT

A letter was sent to every head football coach in September which included the following:

1. Shrine Bowl and All State nomination forms
2. Power of Influence nomination form (AFCA sponsored recognition, one nominee from each state)
3. Form for a state football coaches email directory
4. Information regarding All State selection meetings. The meetings will be held on:
Nov 12, 6:30 pm for Class AA, AAA
Nov 13, 10:00 am for 9 Man and Class A Alerus Center, Grand Forks
5. Information regarding the use of NDHSCA membership to attend UND football games

The Shrine Football Committee has tentative plans to play the Shrine Bowl in the Alerus in the 3rd weekend in July. Monthly Shrine committee meetings will begin in January in Hillsboro. Shrine Bowl selection will take place in December, probably in Carrington. No firm date has been set. I continue to serve on the AFCA High School Committee and will attend the national convention in Louisville in January.

That's our football report for the fall of 2004.

2005 Shrine Bowl - Report date is Sunday, July 17, game on Saturday, July 23 in the Alerus. West teams practice at UND, East teams at NDSU. Coaches being secured at this time.

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HALL OF FAME (CONTINUED FROM FRONT PAGE)

Since his arrival at Mandan High School, **Greg Amundson** has guided the Braves' to Girls' Basketball three West Region Runnerup Titles, seven West Region Championships, four NDHSAA Class A State Runnerup Titles, and four NDHSAA Class A State Championships.

Amundson has also led the Mandan High School Braves baseball to four West Region Titles and a NDHSAA Class A State Championship in baseball. **Coach Amundson's** baseball teams have won 44 games. His girls' basketball teams have won 462 games, which is the second most for active girls' basketball high school coaches in North Dakota. **Greg** also coached 20 gymnastic victories and 10 track and field victories.

Amundson has served as NHSACA National Convention girls' basketball host chairman for three occasions. He also served on the convention speaker selection committee for the North Dakota hosted convention in 2001. **Coach Amundson** served as NDHSCA Girls' Basketball Advisory Committee and NDHSCA Lions' All Star selection committee. He has been a board member for Mandan Baseball Club and the Mandan Backboard Club. **Greg** has also served as North Dakota AAU Girls' Basketball State

Chairman (1990-2003) and as US Gymnastics Federation State Representative (1978-1982). He has been a member of MAR Club in charge of assigning committees (1978-present) and a project officer for Mandan Hockey Arena for the North Dakota National Guard.

Coach Amundson has been recognized by the North Dakota Associated Press Sportswriters and Sportscasters Association as High School Female Team Coach of the Year in 1996, 2000 and 2003. He has also received North Dakota High School Coaches Association Class A Girls' Basketball Coach of the Year Award in 1992 and 1996. He was named West Region Class A Girls' Basketball Coach of the Year on ten occasions. He was also named Region seven Girls' Basketball Regional Coach of the Year. In 2003 **Amundson** was awarded the "Keys to the City" by the city of Mandan and 30 year Award from NDHSCA. The NHSACA named Greg National Coach of the Year Finalist in 2004.

Coach Amundson and his wife Linda have three children: Jon, Aron, and Jaye.

Leon House is a graduate of Mandan High School and Dickinson State University. He

has coached at Devils Lake St. Mary's High School (2 yrs.), Watford City High School (7 yrs.), Fort Yates High School (1 year) and Mandan High School (29 years). He has served as a head coach for football, boys' basketball, track and field, and boys' and girls' cross country.

While serving as head boys' track and field coach, **Leon** guided the Wolves to five conference titles, two regional runnerup titles, and three regional championships. **Coach House's** boys' cross country teams earned Western Dakota Association Conference titles five years and his girls' cross country teams earned Conference titles six years. He conducted the Braves to four NDHSAA State Runnerup Titles and three NDHSAA State Championships in boys' cross country. Meanwhile, **House** mentored his girls' cross country teams to two NDHSAA State Runnerup Titles and four NDHSAA State Championships. **Coach House** coached teams to 50 basketball victories, 13 football victories, 212 cross country victories, and 72 track and field victories.

Leon House has served his profession as National AAU Track and Field Chairman (1984-1996), AAU Region XI

Track and Field Meet Manager (1984-1992), Prairie Rose State Games Track and Field Meet Manager (1984), NHSACA National Convention cross country host committee (2001), NDHSAA State Track and Field Meet Lane Judge co-chair, and NDHSCA cross country advisory committee (1996-2002).

Coach House has been named West Region Class A Boys' Cross Country Coach of the Year (6 times), NDHSCA Boys' Cross Country State Coach of the Year (4 times), West Region Class A Girls' Cross Country Coach of the Year (4 times), NDHSCA Girls' Cross Country State Coach of the Year (4 times), and NHSACA Boys' Cross Country National Coach of the Year Finalist (1999 & 2002).

Leon has also been decorated with the National AAU Track and Field Volunteer of the Year Award (1989) and the Gatorade Honor Role Coaches Care Award (1987). The Mandan Kiwanis Community Builder's Award honored **Leon** with the Citizen of the Year Award (2000) and he also was awarded the Golden Apple Award by the Mandan Public Schools.

Leon and his wife Jeanne have six children: Kevin, Keith, Sharyl, Jeffrey, Kari, and Kami.

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HALL OF FAME (CONTINUED FROM PAGE 4)

Kerry Jaeger is a graduate of Fargo North High School and the University of North Dakota. For 23 years he has served Grand Forks Red River High School as an assistant coach as well as a head coach in football (1 yr.), wrestling (8 yrs.), girls' tennis (20 yrs.), and boys' tennis (21 yrs.). **Jaeger** has coached the Roughriders to 10 boys' tennis Conference Championships and to 12 girls' tennis Conference Championships.

Kerry has mentored the Riders to five Region Runnerup Titles in boys' tennis and one Region Runnerup Title in girls' tennis. His teams have earned 13 boys' tennis Region Championships and 12 girls' tennis Region Championships. **Jaeger** has coached Red River to two NDHSAA State Runnerup Titles in each division with his boys' and girls' tennis teams. At the same time he has boys' tennis teams that have earned ten NDHSAA State Championships and girls' tennis teams that have earned seven NDHSAA State Championships. **Jaeger's** tennis teams have earned 511 victories, while only losing 110 contests.

Coach Jaeger has served his profession by being a member of the NDHSCA Tennis Advisory Committee for three terms. He served as North Dakota's state Prince All-America Award Co-Chair for ten years. He also served as the state Mr/Miss Tennis Selection Committee Co-Chair (1995-2000). **Jaeger** was Secretary for the North Dakota Class A State Wrestling Coaches Committee.

Kerry has been named NDHSCA Regional Boys' Tennis Coach of the Year (2 times) and NDHSCA Regional Girls' Tennis Coach of the Year (4 times). He was named NDHSCA State Coach of the Year in Boys' Tennis (8 times) and NDHSCA State Coach of the Year in Girls' Tennis (4 times). In 2001 **Jaeger** was named Midwest Section Tennis Coach of the Year by

NFHS/NFCA. He has also been named NHSACA National Tennis Coach of the Year Finalist in 1994, 1999, and 2002. **Coach Jaeger** was awarded his 20 year Certificate of Merit by NDHSCA and a Certificate of Appreciation for Boys' Tennis by Grand Forks School Board.

Kerry Jaeger and his wife Janet have two children: Meghan and Jordan.

Glee Mayer is a graduate of Elgin High School and North Dakota State University. She coached track and field, basketball, and gymnastics for two years before moving to Minot High School where she has served junior high school basketball as an assistant coach, junior high school cross country as an assistant coach, assistant varsity basketball coach, assistant varsity track and field, head varsity girls' track and field coach for 25 years, and head varsity girls' cross country coach (1993-present). She is presently in her 30th year of coaching.

Coach Mayer has guided Minot to four Western Dakota Association Regional Runnerup Titles and 17 Regional Championships. She has also had teams attain three NDHSAA State Runnerup Titles while winning 11 NDHSAA State Championships. **Glee** has also guided her cross country teams to four Western Dakota Association Conference Runnerup Titles and two Conference Championships. Meanwhile, her teams have earned a NDHSAA State Girls' Cross Country State Runnerup Title and a NDHSAA State Girls' Cross Country State Championship. **Coach Mayer's** track and field teams have won 269 contests.

Glee has served on the NDHSCA Girls' Track and Field Advisory Committee for four terms. She also served as Co-Chair for the NHSACA National Convention for track

and field in 1991 and 2001. She also served on the USA Track and Field High School Advisory Committee.

Mayer has been awarded NDHSCA State Girls' Track and Field Coach of the Year on three occasions. She has also been named NDHSCA State Girls' Cross Country Coach of the Year. In 1993 **Glee** was named Coach of the Year for a Female High School Team by the North Dakota Associated Press Sportswriters and Sportscasters Association. In 1994 the same group named Minot High School Girls' Track and Field as High School Female Team of the Year. **Coach Mayer** has been named NHSACA Region 6 Regional Girls' Track and Field Coach of the Year three times. In 1999 she was named National Girls' Track and Field Coach of the Year by NHSACA.

Glee Mayer and her husband Joe have two children: Bret and Whitney.

The Late **Jack Carlson** will also be inducted into the NDHSCA Hall of Fame posthumously. Jack was a graduate of Cando High School and Valley City State University. He served as assistant football coach and head boys' track and field coach at Dickinson Trinity High School and Dickinson High School. He was also an assistant track and field coach at both schools.

Coach Carlson coached the Midgets to eight Western Dakota Conference Boys' Track and Field Championships. He also guided his teams to seven West Region Runnerup Titles. **Jack** directed the Dickinson boys' track and field teams to four NDHSAA State Boys' State Track and Field Runnerup Titles. He also conducted his teams to five NDHSAA State Boys' State Track and Field Championships, including three in a row ('97, '98, & '99).

Carlson served his profession by membership on the NDHSCA Track and Field Advisory Committee for two terms. He served four years on the NDHSCA Executive Committee including his role as President (2002-2003). **Jack** was also NHSACA National Convention track and field chairman in 2001.

Coach Carlson was recipient of West Region NDHSCA Regional Coach of the Year Award 16 times. He received the NDHSCA State Boys' Track and Field Coach of the Year Award three times. He was named State High School Coach of the Year by the North Dakota Associated Press Sportswriters and Sportscasters Association in 1999. **Jack** received a Certificate of Merit for Special Achievement from Valley City State University in 1999. He was nominated for NHSACA Boys' Track and Field Coach of the Year four times (1991, 1996, 1999, and 2002). Coach Carlson was named NHSACA Boys' Track and Field Coach of the Year National Finalist in 1999 and 2003. In 2003, **Jack Carlson** was named NHSACA Boys' Track and Field National Coach of the Year. NHSACA inducted **Coach Carlson** into the National Hall of Fame in 2004.

Coach Carlson and his wife Kathie have four sons: Chris, Kyle, Devin, and Casey.

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COACHES MUST STAND FIRMLY (CONTINUED FROM FRONT PAGE)

Olympians and qualified-Olympians have been suspended from present competition and future competition because of positive drug tests. Do not expect Congress to implement punishment like Olympic athletes face.

Each coach needs to question the result of steroid use on many levels. First, although a double-blind study has never been completed, indications are that steroids are harmful to the liver and kidneys as well as possibly harmful to the heart and circulation system. Second, although there appears to be harmful immediate effects to the body, the jury is still out on the long-term effects. Third, the use of steroids at different ages may be the most magnified danger. A 25-30 year body may have significantly different reactions to a steroid than a 16-19 year old body.

As a non-health issue, steroid-users must face the ethical fact that steroid-use is a form of cheating. No one can deny that steroids enhance body size and muscle

size. If a steroid can make one bigger, stronger, and faster, users are taking advantage of a system to enhance performance. When one takes advantage of a system, he or she is basically cheating.

Of course, major league baseball is at the base of this issue. The league has so many contradictory rules and systems. Pete Rose has been banned from baseball because he gambled (against the rules - - and no one can argue the penalty because the penalty was in place when he was guilty). However, testing with penalties for steroid use was just implemented. For a player to be banned for only one year, the player would have to test positive five times within a year. Is gambling (whether on another team or on a player's own team during the season) that significantly more serious than steroid use?

Barry Bonds has said that he is not guilty of steroid use. In the game of semantics, that may be true, but he may be guilty of human growth hormone use. Even one major

league official has said that steroids may have made Barry Bonds bigger and stronger, but he is a gifted athlete and still has to make bat-contact with a 90+ mile an hour fast-ball that is just slightly larger than 2 1/2 inches in diameter. That is not the issue. That would be comparable to Scott Peterson expecting an acquittal if he had been tried for second degree murder rather than first degree murder. The fact remains that, according to the last details that have been revealed, he *killed* his wife and his unborn son.

The more chilling fact to this issue is in Bud Selig's words, "Perhaps, most damaging, it encourages our young fans to use these horrible substances." For high school coaches, this becomes the most important fact. We must stand firmly to oppose any unethical or unhealthy practices.

-Gelaine Orvik
NDHSCA

Executive Secretary

"THE JURY
IS STILL
OUT ON
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TERM
EFFECTS OF
STEROIDS"

WEBSITE VS. HARDCOPY

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Begin accessing the NDHSCA website to read the *Dakota Coach* and to print forms.

<http://www.fargo.k12.us/ndhsca>

NOTICE:

NDHSAA has placed *The Bulletin* on its website for all coaches and administrators to access at their convenience.

2004 CLASS A ALL-STATE FOOTBALL TEAM

First Team Defense		Second Team Defense	
DL Conner Colby	12 Velve/Sawyer	DL Shane Turgeon	12 Oak Grove
DL Chantz Hall	11 Velve/Sawyer	DL Adam Forsch	11 Washburn
DL Shawn Jelinek	12 Park River	DL Justin Downs	12 Langdon
DL Michael Arndt	11 Lamoure/LMM	DL Brent Lemer	11 Harvey
		DL Brandon Baumbach	11 Larimore
LB Kellon Leupp	12 Stanley/Powers Lk	LB Ryan Binek	12 Killdeer/Halliday
LB Tyler Hawkinson	12 Williams County	LB Lonnie Fladeland	12 Stanley/Powers Lk
LB Paul Gjellstad	12 Velve/Sawyer	LB Cale Arneson	12 Oak Grove
LB Dexter Albrecht	12 Langdon	LB Justin Vejtasa	11 Williams Co
LB Jeremy Johnson	12 MayPort/CG	LB Brandon Heider	11 Larimore
DB Tommy Wiedler	11 Velve/Sawyer	DB Brock Sandy	10 Harvey
DB Jace Lalim	11 Williams County	DB Brett Miller	12 May-Port/CG
DB Shane Tuhy	12 Killdeer/Halliday	DB Nick Peterka	11 Park River
First Team Offense		Second Team Offense	
QB Zach Larson	11 Oak Grove	QB Scott Schmacher	12 Thompson
RB Matt Kittelson	12 Velve/Sawyer	RB Kevin Davis	12 Williams County
RB Joel Kelly	12 Larimore	RB Lance Hollinger	11 Stanley/Powers Lk
RB Tyler Volk	11 Harvey	RB Dillon Dolezal	11 Killdeer/Halliday
WR Austin Pennick	12 Oak Grove	WR Eric Eberle	11 Washburn
WR Jacob Wurtz	12 Thompson	WR Drew Nichols	12 Stanley/Powers Lk
TE Tyler Wolfe	12 Harvey	TE Derek Pauley	11 Bowman County
TE Dusty Vliem	12 Hettinger	OL Ryan Stroh	12 Bowman County
OL Keith Buckman	12 Belfield	OL Kyle Jepson	11 Killdeer/Halliday
OL Josh Lee	12 Park River	OL Allen Sorenson	12 May-Port /CG
OL Randy Schaley	12 Larimore	OL Blake Henke	12 Velve/Sawyer
OL Scott Olson	12 Williams Co.	OL Jon Job	11 Stanley-Powers Lk
OL Kyle Nichols	12 Stanley-Powers Lk		

2004 CLASS AA ALL-STATE FOOTBALL TEAM

First Team Offense		Second Team Offense	
QB Tim Oksendahl	12 Cavalier HS	QB Austin Elm	12 Minot Ryan HS
		QB Joe Krivachka	11 Lisbon HS
OL Justin Bernstein	12 Bottineau HS	OL Braeden Nelson	11 Valley City HS
OL Robert Vistad	11 Cavalier HS	OL Seth Olson	11 Lisbon HS
OL Kurt Holinka	12 Dickinson Trinity	OL Evan Beulingen	10 Minot Ryan HS
OL Elliot Hamry	11 Kindred HS	OL Rory Flemmer	12 Beulah HS
OL Wade Signalness	12 Watford City HS	OL Adam Berger	12 Valley City HS
TE Luke Kaspari	12 Lisbon HS	TE Brady Wolden	12 Hazen
WR Robert Mahar	12 Cavalier HS	WR Justin Keller	12 Rugby
		WR Matt Habrman	12 Kindred
RB Matt Anderson	11 Cavalier HS	RB Kyle Dillard	12 Rugby
RB Mark Klug	12 Dickinson Trinity	RB Charles Lowe	11 Grafton HS
RB Clint Mosby	12 Watford City HS		
First Team Offense		Second Team Offense	
LB Keith Leier	12 Rugby HS	LB Jay Schroeder	12 Cavalier HS
LB Kelly Coghlan	12 Valley City HS	LB Joe Champ	12 Dickinson Trinity HS
LB Kirby Johnson	11 Bottineau HS	LB Chris Hins	11 Hazen HS
LB Brock Awalt	12 Minot Ryan HS	LB Cody Theil	12 Beulah HS
DB Cal Ryan	12 Valley City HS	DB Bryan Larson	12 Kindred HS
DB Alex Pillion	11 Hazen HS	DB Andy Murphy	12 Dickinson Trinity HS
DB Drew Flagen	12 Beulah HS	DB Brayden Wagner	12 Lisbon HS
DL Dustin Hinricks	12 Carrington HS	DL John Tuchscherer	12 Rugby HS
DL Mike Einarson	12 Cavalier HS	DL Cody Fritel	12 Rugby HS
DL Wyatt Bruce	12 Beulah HS	DL Tyler Wahus	11 Watford City HS
DL A.J.Heck	10 Minot Ryan HS	DL Ryan McGillvary	12 Cavalier HS
PT Marcus Carpenter	12 Cavalier HS	SP Zach Glennen	12 Carrington HS

2004 AAA ALL-STATE FOOTBALL TEAM

First Team Offense		
Andrew Gudmunson	QB	12 Minot
Chance Kraft	RB	12 Minot
Ryan Chappell	RB	12 Grand Forks Central
Jeff Tescher	WR	12 St. Marys
Nick Houkom	WR	12 Fargo North
Chris Leier	TE	12 Mandan
Zach Keller	OL	12 Minot
Dylan Glaser	OL	11 Bismarck High
Cole Zarak	OL	11 Wahpeton
Kyle Bondy	OL	12 Williston
Austin Richards	OL	10 Fargo South

First Team Defense		
Nick Farstveet	DL	12 Bismarck High
Justin Gallagher	DL	12 Jamestown
Matt Bakke	DL	11 Grand Forks Central
Nathan Boll	DL	12 West Fargo
Jon Samuelson	LB	12 Bismarck High
Logan Schmitz	LB	12 Shanley
Scott Johnson	LB	12 West Fargo
Bobby Stroup	LB	12 Fargo South
Zach Hoffman	DB	12 Minot
Brian McNeill	DB	12 West Fargo
Charlie Hoge	DB	12 Fargo South

Second Team Offense		
Mike Dawson	QB	12 Fargo South
Kevin Schmitzke	RB	12 Bismarck High
Catlin Solum	RB	10 Fargo South
Jake Marto	WR	12 Grand Forks Central
Alex Gilbertson	WR	12 Bismarck Century
Scott Gleave	TE	12 Minot
Matt Geiselhart	TE	12 Wahpeton
Ben Jacobson	OL	11 Bismarck High
Kyle Gehring	OL	12 Wahpeton
Tyler Erickson	OL	12 Bismarck Century
Jacob Fisher	OL	12 Fargo South

Second Team Defense		
Brett Mathern	DL	12 St. Marys
Josh Kary	DL	12 Bismarck Century
Gavin Schmidt	DL	11 West Fargo
Tanner Dockter	LB	12 Minot
Luke Senger	LB	10 Bismarck High
Drew Hushka	LB	11 Shanley
Jake Landry	LB	11 Grand Forks Central
Jordan Englehardt	DB	12 Bismarck High
Josh Lagein	DB	11 Devils Lake
Brandon Kreitinger	DB	12 Grand Forks Central
Justin Samson	DB	12 Jamestown

Specialists		
Reggie Stecher	Kicker	11 St. Marys
Brandon Helleveng	Punter	12 Fargo North
Ryan Dressler	Kick Ret	11 Bismarck High



9-MAN FOOTBALL ALL STATE TEAM

First Team Offense				First Team Defense			
OL Colin Schafer	12	North Border		DL Ross Lindgren	12	Edgeley-Kulm	
OL Derrick Hollingsworth	12	Edgeley-Kulm		DL Tim Moch	12	Edgeley-Kulm	
OL Ben Tufte	12	North Central Benson		DL Kaid Hertz	12	Grant County/Flasher	
OL Dustin Brandt	12	Westhope-Newburg		LB Andrew Gubrud	12	Maple Valley	
QB Michael Cudworth	12	NewRockford-Sheyenne		LB Lee Vandal	11	Rolla-Rock Lake	
RB Brett Stanhope	12	North Border		LB Casey Weber	12	New Rockford-Sheyenne	
RB Tony Schumacher	12	Edgeley-Kulm		LB Asher Adams	11	Adams-Edmore	
RB John Bellon	12	Hope-Page		LB Mike Visby	11	Central Valley	
RB Tyson Bodvig	11	Linton-HMB		LB Brock Gaugler	12	Grant County/Flasher	
WR Clint Croz	12	Mott-Regent		DB Jerry Jonasson	11	Adams-Edmore	
WR Mike Sowman	12	Maple Valley		DB Kyle Carr	12	Linton-HMB	
WR Craig Weber	12	Linton-HMB		DB Grant Windfaldet	12	Divide County	
TE Grant Gion	12	Mott-Regent		DB Andy Wirt	11	Napoleon-Gackle	
Second Team Offense				Second Team Defense			
OL Jason Becker	12	Napoleon-Gackle		DL Derek Benter	11	Divide County	
OL Trevor Knudson	11	Dakota Praire		DL Brian Kuipers	12	Steele-Dawson	
OL Derek Nordstog	12	Divide County		DL Luke Miller	12	Rolla-Rock Lake	
OL Clint Boom	11	Edgeley-Kulm		DL Mason Berg	12	New Rockford-Sheyenne	
QB Jon Meier	12	Mott-Regent		LB Tyler Keenan	11	Wyndmere-Lidgerwood	
RB Brady Meier	12	Wyndmere-Lidgerwood		LB Todd Erickson	12	New England	
RB A.J. Pfeifer	12	Maple Valley		LB Brandon Debold	12	Edgeley-Kulm	
RB Brandon Sturn	12	New Salem- Glen Ullin		LB Tom Moch	11	Edgeley-Kulm	
RB Matt Engels	12	New Rockford-Shey		LB Jake Fyelling	12	Turtle Lake-Mercer	
RB Brady Anderson	12	Milnor-North Sargent		LB Cody Biby	11	North Central Benson	
TE Brent Gunderson	12	Divide County		DB Ross Kuhn	12	New England	
WR Bryce Wvori	12	Rolla-Rock Lake		DB Brent Rohrich	12	Steele-Dawson	
WR Even Bennefeld	12	New Rockford-Sheyenne		DB Dustin Erbes	11	Richland	
WR Tyler Cook	12	New Rockford-Sheyenne		DB Weston Schafer	12	Grant County/Flasher	

2004 BOYS' SOCCER ALL STATE SELECTIONS

First Team

Genna Patselov	Fargo North	12	Fwd
Justin Foss	Fargo South	12	Fwd
Ben McLean	Fargo South	12	Def
Andy Tveter	GF Red River	12	Mid
John Tweten	GF Red River	12	GK
Jon Kuik	West Fargo	12	Fwd
Andy Foss	Bismarck HS	12	Fwd
Andrew Dorfschmidt	Bismarck Century	12	Def
Jay Schulte	Bismarck Century	12	Mid
Cam Christensen	Bismarck St. Mary's	12	Fwd
Danny Montplaisir	Mandan	12	Fwd
David Pineiro	Minot	12	Mid

Second Team

Brandon Hellevang	Fargo North	12	Fwd
Andy Reberg	Fargo North	11	Mid
Alex Williams	Fargo South	11	Mid
Toby Morken Simmers	GF Central	11	Def
Travis Henry	GF Red River	12	Mid
Colter Tracy	Bismarck HS	12	GK
Casey Auen	Bismarck St. Mary's	12	Fwd
Mike Keller	Bismarck St. Mary's	12	GK
Phil Boeger	Jamestown	9	GK
Isak Tengesdal	Minot	10	Def

2004 ND Outstanding Senior Athlete:
Cam Christensen Bismarck St. Mary's

2004 ND Boys' Soccer Coach of the Year:
Tom Steen GF Red River

2004
2005
NDHSCA

SPORT	REPRESENTATION	TERM
BASEBALL: Jeff Fiechtner; Fargo North HS Joel Swanson; Fargo Shanley HS Greg Foster; Rugby HS	Class A Representative At Large Representative Class B Representative	2002-2005 2003-2006 2004-2007
BASKETBALL – Boys': Rich Hovland; Bismarck Century HS Curt Miller; Mandan HS Dave Wheeler; Larimore HS	At Large Representative Class A Representative Class B Representative	2002-2005 2003-2006 2004-2007
BASKETBALL – Girls': Wayne Brackenbury; Mohall HS Laurie Sieben; Grafton HS Lynette Mund; West Fargo HS	Class B Representative At Large Representative Class A Representative	2002-2005 2003-2006 2001-2007
CHEERLEADING: Brenda Hoffart; Bottineau HS Jackie Boettcher; Westhope HS Billie Ann Caya; Bismarck HS	Class A Representative Class B Representative At Large Representative	2002-2005 2003-2006 2004-2007
CROSS COUNTRY: Brian Anderson; New Town HS Jerry Schwartz; Dickinson HS Bill Jansen; Rugby HS Rod Hardie; Fargo South HS	Class B Girls' Representative Class A Girls' Representative Class B Boys' Representative Class A Boys' Representative	2001-2005 2002-2006 2003-2007 2004-2008
FOOTBALL: Dean Goodall; Dickinson HS Randy Vigen; Central Valley HS Lyne Enget; Stanley HS Rick Philion; Hazen HS	Class AAA Representative Nine Man Representative Class A Representative Class AA Representative	2001-2005 2002-2006 2003-2007 2004-2008
GOLF: Kathy Berglund; Hazen HS Ray Callaghan; Fargo North HS Dean Kraft; Jamestown HS Vicki Soholt; May/Port-C/G HS	Class B Representative Class A Boys' Representative Class A Girls' Representative Class B Representative	2001-2005 2002-2006 2002-2007 2004-2008
GYMNASTICS: Kristi Sandbeck; Grand Forks Red River HS Mike Merritt; Fargo North HS Curt Sherbrooke; Bismarck Schools Ken Van Ells; Dickinson HS	President East Representative West Representative President	1996-2002 1997-2003 1998-2004 2001-2005
HOCKEY – Boys': Don Smith; Fargo North HS Mike Wald; Bismarck Century HS Tony Bina; Bismarck HS	East Representative At Large Representative West Representative	2002-2005 2003-2006 2004-2007
HOCKEY – Girls': Patrick Morelli; Minot HS Arnie Trudeau; Jamestown HS Ryan Love; Dickinson, HS	West Representative East Representative At Large Representative	2002-2006 2004-2007 2002-2008
SOCCER: Cordell Sinding; Fargo North HS Melvin Fisher; Bismarck HS Scott Nordin; Grand Forks Central HS	At Large Representative Class A Boys' Representative Class A Girls' Representative	2002-2005 2003-2006 2004-2007
SWIMMING: Ken Disher; Minot HS Marney Shirley; Jamestown HS Jeff Steele, Fargo North HS	Boys' Representative At Large Representative Girls' Representative	2002-2005 2003-2006 2004-2007
TENNIS: Greg LaDouceur; Red River HS Scott McPherson; Bismarck Century HS Jason Thiner; Fargo South HS	Boys' Representative Girls' Representative At Large Representative	2002-2005 2003-2006 2004-2007
TRACK AND FIELD – Boys': Dave Zittleman; Bismarck HS Jeryl Thompson; Drayton HS Paul Lean; Fargo South HS Craig Kovash; Dickinson Trinity HS	Class A West Representative Class B East Representative Class A East Representative Class B West Representative	2001-2005 2002-2006 2003-2007 2004-2008
TRACK AND FIELD – Girls': Julie Stavn; Bismarck Century HS Neil Race; Hatton HS Cory Lehman; Fargo South HS Steve Kleinjan; New Salem HS	Class A West Representative Class B East Representative Class A East Representative Class B West Representative	2001-2005 2002-2006 2003-2007 2004-2008
VOLLEYBALL: Jay Schobinger; Dickinson HS Steve Dunrud; Rolla HS Melissa Wilson; Fargo North HS	Class A Representative Class B Representative At Large Representative	2002-2005 2003-2006 2004-2007
WRESTLING: Randy Burwick; Hettinger HS Scott Knowlen; Bismarck HS Davy Zinke; Rolla HS	Class B President Class A President Class B Representative	2004-2005 2004-2006 2004-2007

SPORTS
ADVISORY
COMM.

NORTH DAKOTA HIGH SCHOOL COACHES ASSOCIATION

Sports' Advisory Committee Application



NAME: _____

SCHOOL: _____

E-Mail Address: _____

Home Phone: _____ School Phone: _____

Home Address: _____

City, State & Zip: _____

Sport: _____ Years of Coaching: _____

Number of Years of Membership to the NDHSCA: _____

My duties as a Sports Advisory Committee member include:

1. Represent all coaches throughout the state in the assigned sport.
2. Coordinate regional or area meetings for statewide input.
3. Schedule and organize coaches' meetings at state contests.
4. If needed, survey or seek information for recommendations.
5. Attend the annual NDHSAA Sports' Advisory Committee Meeting and submit the recommendations as determined by the coaches in said sport.

I understand this is a THREE-FOUR YEAR commitment.

Appointments will be made at the July Executive Committee Meeting.

Return form to: Gelaine Orvik, Executive Secretary
 3457 26th Avenue SW
 Fargo, ND 58103

2005 LONGEVITY AWARDS

A listing of the longevity award recipients for 2005 follows. Coaches must be helpful in notifying the NDHSCA office to make necessary corrections to this list. If there is a mistake in the numbers on this list or a coach has already received the award, please contact the NDHSCA Office. The following is a listing with the specific number of years of coaching experience for each recipient.

Awards for the July 29th NDHSCA Hall of Fame and Coach of the Year Awards Banquet will be based on this listing. A letter will be sent to each recipient to verify attendance. Only recipients who reply will have an award prepared for presentation at the awards banquet.

Wayne Berglund	Maple Valley HS	20	Craig Flaagan	Fargo South HS	25
Gerard Cederstrom	Minot HS	20	Joan Halland	Kindred HS	25
Rick Christianson	Midkota HS	20	Glenn Hangaard	Sargent Central HS	25
Richard Dufault	Killdeer HS	20	Brad Sandy	Harvey HS	25
Barry Holmen	Minot HS	20	Dan Schmitt	Dakota Prairie HS	25
Robert Holmen	Minot HS	20	James Sleeper	Larimore HS	25
William E. Jansen	Rugby HS	20	Terry West	GF Red River HS	25
Dean Kraft	Jamestown HS	20	Davy Zinke	Rolla HS	25
Steve Marquart	West Fargo HS	20	Clint Chamberlin	Williston HS	30
Steve Miller	Bismarck HS	20	Ken Disher	Minot HS	30
Dale Peaslee	Fessenden HS	20	Darry Gleave	Minot HS	30
Jim Samson	Devils Lake HS	20	Rod Hardie	Fargo South HS	30
Jerome Slag	New Salem HS	20	Harlan Johnson	Parshall HS	30
Ron Wingenbach	Century HS	20	Nadene Johnson	Minot HS	30
Tom Winger	GF Central HS	20	Al Knutson	Williston HS	30
Darrell Anderson	Bismarck HS	25	Jerry Lyon	Minot HS	30
Jon Bertsch	Wells County HS	25	Gail Schmidkunz	Minot Ramstad JHS	30
Jeff Carpenter	Pembina HS	25	Noel Tollefson	Finley-Sharon HS	30
Billie Anne Caya	Bismarck HS	25	Jim Howson	Finley-Sharon HS	40
Greg Fjeld	Minot HS	25	Rich Raasch	Fargo Discovery JHS	40

North Dakota High School Coaches Association

Membership Registration 2004-2005

Name _____
 School _____ E-mail Address _____
 Home Phone _____ Work Phone _____
 Home Address _____
 City/State/Zip Code _____

Membership:
High School _____
Junior High _____
College _____
Life _____
Associate _____
Cheerleading _____

In the A and B column, write H (head coach) or A (assistant coach) for the appropriate sport(s).
 In the third column, write your 2003-2004 record.

	A	B	03-04 record	lifetime record		A	B	03-04 record	lifetime record
Athletic Director	---	---	-	-	Soccer	---	---	-	-
Baseball	---	---	-	-	Softball	---	---	-	-
Boys Basketball	---	---	-	-	Boys Swimming	---	---	-	-
Girls Basketball	---	---	-	-	Girls Swimming	---	---	-	-
Boys Cross Country	---	---	-	-	Boys Tennis	---	---	-	-
Girls Cross Country	---	---	-	-	Girls Tennis	---	---	-	-
Football	---	---	-	-	Boys Track	---	---	-	-
Boys Golf	---	---	-	-	Girls Track	---	---	-	-
Girls Golf	---	---	-	-	Volleyball	---	---	-	-
Gymnastics	---	---	-	-	Wrestling	---	---	-	-
Hockey	---	---	-	-	Strength	---	---	-	-

List Year(s) and Sport(s) of state championships coached. _____
 Have you filed a Victory Milestones Form? _____
 Number of years coaching completed (as of June '05) _____
 Signature _____ Fee: \$50.00

Coaches are urged to photocopy additional membership forms and solicit membership of all head and assistant coaches throughout each school district. - Thank you.

Proud to be a Member of the NDHSCA

Membership in the NDHSCA has the following benefits:

- Subscription to our *Dakota Coach* newsletter
- Access to coaching openings in North Dakota
- Reduced admission to NDHSCA/NDHSAA Clinic during the year
- Free or reduced admission to many high school and college contests
- UND/NDSU football tickets for (except Hockey) \$1.00 allotted in reserved section
- Eligibility for the full awards program of the NDHSCA
- Eligibility to serve on the Sports Advisory Committee
- Eligibility to serve on All-Star Coaching Staff
- Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA
- An organized group that keeps everyone in touch with developments across the state and nation
- An organization that is concerned with offering programs that will help improve coaches
- An organization that is attempting to maintain and improve athletic programs for North Dakota's youth.

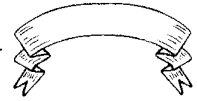


The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a problem, suggestion, or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better.

Membership deadlines: Fall-October 1 Winter-February 1 Spring-May 1

Return form to: Karen Hardie, NDHSCA Membership Chair ~ 741 Royal Oaks Drive ~ Fargo, ND 58102

NDHSCA Victory Milestones



Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestone for the first time, make sure to give your record for each year.

Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue SW; Fargo, ND 58103. Awards will be sent upon request after records are updated.

Procedure For Determining Won/Loss Records In An Invitational Meet:

- A. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
- B. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
- C. Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
- D. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5	Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Baseball	75	150	225	300	375	Soccer	100	200	300	400	500
Basketball	100	200	300	400	500	Softball	75	150	225	300	375
Cross Country	50	100	200	300	400	Swimming	50	100	200	300	400
Football	50	100	200	300	400	Tennis	50	100	200	300	400
Golf	45	90	135	180	225	Track	50	100	200	300	400
Gymnastics	45	90	135	180	225	Volleyball	150	300	450	600	750
Hockey	100	200	300	400	500	Wrestling	75	150	225	300	375

- Only meets in which three or more schools participate will count as an invitational.
- Schools can still have a dual meet record that would remain the same along with a record for the invitationals they attend.
- It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

Example: Meet 1 11 teams 7 wins 4 losses
 Meet 2 4 teams 0 wins 4 losses
 Meet 3 6 teams 6 wins 0 losses
 Meet 4 5 teams 4 wins 1 loss
 Meet 5 7 teams 5 wins 2 losses

Totals 5 meets 33 teams 22 wins 11 losses

Winning % equals 22/33 = 67% 5 meets x .67=3.35
 Losing % equals 11/33 = 33% 5 meets x .33 = 1.65
 Your record for the season would be 3 wins and 2 losses for invitationals.

NDHSCA Victory Milestone Record Sheet

Name _____ Date _____ E-Mail Address _____
 High School _____ Coaching Position _____
 Address _____ City/State/Zip Code _____
 Membership: High School _____ Associate _____ Junior High _____ Life _____

	Year	School	Sport	Varsity	JV	JH	Won/Loss	Overall Record
1.	_____	_____	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____	_____	_____	_____
13.	_____	_____	_____	_____	_____	_____	_____	_____
14.	_____	_____	_____	_____	_____	_____	_____	_____
15.	_____	_____	_____	_____	_____	_____	_____	_____

-- FROM EXECUTIVE SECRETARY'S DESK

Sheryl Solberg sent a note recently regarding a survey that is being administered by Baylor University. Tim Flannery from the National Federation shared the following:

“As an FYI, the NFHS, in cooperation with Baylor University is conducting an online survey of athletic directors and coaches to determine why coaches are non-renewed and why coaches leave the profession. If you haven't taken the survey, the links are below. The results will be published in our publications and many magazines throughout the country. Feel free to forward these links to coaches or AD's you know.”

The following websites are to be used for the surveys for athletic directors and coaches respectively.

Athletic Director Survey
<http://www.baylor.edu/irt/index.php?id=21557>

High School Coach Survey
<http://www.baylor.edu/irt/index.php?id=21585>

Please participate and provide NFHS with a reflection of North Dakota and the non-renewal of coaches or why coaches leave the profession.

A message was received by NDHSCA in solicitation for the overall varsity team record in football, volleyball, boys' basketball, and girls' basketball. That does not mean the school's best season record, but the won-lost record since the inception of the school's team. Please assist with this task by emailing the records of the four sports to the NDHSCA Office (gorvik@cableone.net). The NDHSCA Office is also making solicitations for the best coaching record in each of these sports. Please combine the best all-time coaching record for each sport.

Last month Ron Artest and the other Indiana Pacers painted a black eye on sports, athletics, and coaches. At no time can the behavior of the spectators and their vulgarity and throwing beer be condoned. However, we, as coaches and our athletes, must hold ourselves above the expectations the public holds for us. The riot and mob reaction is unacceptable under any circumstances.

* *

A very dear friend of North Dakota High School sports, coaches, and athletes was laid to rest on November 15. Dick Schindler, 73, passed away November 10.

He served as a teacher, coach, and principal at Turtle Lake High School. He was assistant executive secretary for NDHSAA for 13 years. He later served as assistant director of the National Federation of State High School Associations and edited basketball, football, and track rulebooks. He was appropriately and affectionately known as “Mr. Rules.”

Dick's niche in life was his contributions outside his profession. As Sherm Sylling shared with me, “Dick did so much for our state outside the NDHSAA Office as he served as an assistant in the management and administration of local, regional, and state tournaments in Bismarck and Mandan. He served as referee at North Dakota State Track meets.”

Dick will be missed. His firm and direct nature will always be a model for coaches and officials to emulate. In all of his contact with the public, coaches, and officials, I never noticed him out of control. His contributions to North Dakota are immeasurable. Memorials in Dick's memory can be sent to the McCabe United Methodist Church Building Fund; 1030 6th Street North; Bismarck, ND 58501.

* *

PLEASE PARTICIPATE IN THE BAYLOR UNIVERSITY SURVEY REGARDING COACHES WHO ARE NON-RENEWED OR WHO LEAVE THE PROFESSION.

MARK YOUR CALENDAR NOW!
NDHSCA CONVENTION
 JULY 26-29, 2005
 MANDAN ~ SEVEN SEAS CONVENTION CENTER

FORMS FORMS FORMS FORMS FORMS FORMS FORMS

Due to distribution costs, the *Dakota Coach* will not print all forms in the newsletter.

These forms are available to download and print on the Internet at:

[http:// www.fargo.k12.nd.us/ndhsca/](http://www.fargo.k12.nd.us/ndhsca/)

If you do not have access to the Internet please contact:

Gelaine Orvik, 3457 - 26th Ave. SW, Fargo, ND 58103 or E-mail: gorvik@cableone.net

Send Membership forms to Membership Chair: Karen Hardie, 741 Royal Oaks Drive, Fargo, ND 58102

All other forms are sent to the Executive Secretary, Gelaine Orvik at address listed above.

FORMS AVAILABLE

FORM	Information	(Please see website for more details)
MEMBERSHIP FORM	Due each fall for the coming school year. Cost: \$50.00 per year	
VICTORY MILESTONES	Must be attached to Membership form.	
LIFETIME MEMBERSHIP	Must have been NDHSCA member for 20 years and an active high school coach for 25 years (either in ND or another state) Cost: \$250	
AWARD OF MERIT RECOMMENDATION	Nominate an individual for NDHSCA Award of Merit. Deadline: Nov. 1 each year.	
SPECIAL RECOGNITION RECOMMENDATION	Nominate an individual for NDHSCA Special Recognition. Deadline: November 1st each year.	
JUNIOR HIGH COACH OF THE YEAR	Nominate a Junior High COTY. Designed for full-time junior high coaches who are not head coaches in any sport. Deadlines: Nov. 15 Fall Sports; Mar. 15 Winter Sports; May 15 Spring Sports.	
ASSISTANT COACH OF THE YEAR	Nominate an assistant coach of a Varsity team who is a current member of the NDHSCA Deadlines: Nov. 15 Fall Sports; Mar. 15 Winter Sports; May 15 Spring Sports.	
HALL OF FAME	Nominate an outstanding coach whose contributions have helped to make North Dakota a leader in interscholastic athletics. Must be NDHSCA member. See website for more details.	
SPONSOR MEMBERSHIP	Financial help is needed to support NDHSCA award programs. Please nominate a firm or company that will help us in our goals.	
BURGER KING \$500 SCHOLARSHIP	Available to a Senior student whose parent/guardian is a member of the NDHSCA. Student will fill out form, attach transcript, photo and two letters of recommendation. Application must be made between Dec. 1 and March 1 of each year.	
TOM LIUM MEMORIAL \$500 SCHOLARSHIP	Two \$500 scholarships will be awarded. One each to a male senior student/athletes from a Class A and a Class B school. Student must attend a ND college. Student will fill out form, attach transcript, photo and 2 letters of recommendation. Application must be made between January 25 and March 15 each year.	
SPORTS ADVISORY COMM. APPLICATION	Apply for membership in the Sports Advisory Committee. You will represent coaches throughout the state in the assigned sport. You will coordinate regional or area meetings for statewide input. You will schedule and organize coaches meetings at state contests, and if needed, survey or seek information for recommendations. This is a 3 year commitment. Selection is made at the July Executive Board meeting.	

2004-2005 NDHSCA SPONSOR MEMBERS

**These NDHSCA Sponsor Members provide a vital service for the Association.
Please recognize their contributions.**

Aim Electronics	8140 Flying Cloud Drive	Eden Prairie, MN 55344	952-941-9830
Coaches Choice	#4 Justin Court, Suite A	Monterey, CA 93940	888-229-5745
Daktronics	331 32nd Avenue	Brookings, SD 57006	605-697-4418
Dakota Awards	301 East Front Avenue	Bismarck, ND 58504	701-222-0827
Epic Cycle & Sports	400 East Rosser Avenue	Bismarck, ND 58501	701-221-9833
Gerrells' Sports Center	1004 South Washington	Grand Forks, ND 58201	701-775-0553
Graphic Edge	118 Circle Drive	Marshall, MN 56258	877-541-6592
Greg Larson Sports	Box 567 1300 Hwy 210 West	Brainerd, MN 56401	218-829-5358
Italian Moon Restaurant	810 South Washington Street	Grand Forks, ND 58201	701-772-7277
Lowe's Printing, Inc.	129 5th Avenue NW	Minot, ND 58702	701-852-1211
Logos-N-Sports	1016 East Owens Ave., Ste 100	Bismarck, ND 58501	701-222-2181
Mark I	1513 190th Street South	Hawley, MN 56549	218-937-5301
NDSU	16 Bentson Bunker Fieldhouse	Fargo, ND 58105-5576	701-280-2508
Northwest Communications Coop	P.O. Box 38	Ray, ND 58845	701-568-3331
Ray Jay Booster Club	Box 516	Ray, ND 58845	701-568-3301
Wendy's Restaurant	1503 South Washington Street	Grand Forks, ND 58201	701-772-6536
Westlie Motor Co.	500 South Broadway	Minot, ND 58702	701-852-1354

PURCHASED LIFETIME MEMBERSHIPS

Vern Aardahl; Milnor HS	Darryl Anderson; Mandan HS
Richard Burckhard	Mike Callahan; Minnewaukan HS
Ron Carlson; Minnewaukan HS	Dave Carlsrud; NDHSAA
Rick Cornell; Grand Forks Schroeder JHS	Jim Dew; Valley City State College
Ken Disher; Minot HS	Derrick Dixon; Turtle Mountain Community HS
Greg Fjeld; Minot HS	Collette Folstad; West Fargo HS
Thomas Gabrielsen; Grand Forks Red River HS	Ron Gadberry; Hillsboro HS
Donald C. Hanson; Mandan HS	Dale Hertel; Fargo South HS
Dennis Horner; Midway HS	John Hutchison; Northwood HS
Lonny Hutchison; Northwood HS	Don Kerlin; Mayville/Portland-C/G HS
Harold Kjelgaard; Fargo Discovery JHS	Nancy Larson; DesLacs-Burlington HS
Myron Loberg; Devils Lake HS	Jerry Lyon; Minot HS
Gary Mailloux; Fargo North HS	Vernon Schreiner; Minto HS
David Sluke; Grafton HS	Keith Snortland; Warwick HS
Robert Trieglaff; Fargo North HS	Gary Walhaug; Surrey HS
Jerry Wilson; Bismarck Century HS	Bob Zimney; Grand Forks Red River HS

Application forms for Lifetime Memberships are available on the NDHSCA website.

Application forms for the NDHSCA/Burger King Scholarship and the Tom Lium Scholarship may be obtained for the website: www.fargo.k12.nd.us/ndhsc

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See page 2 for e-mail and mailing addresses or phone numbers



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