



DAKOTA COACH

VOLUME 38 NO. 3

SPRING 2005

NDHSCA COACHES CONVENTION PLANNING

The 2005 NDHSCA Coaches Convention is in full planning status. Convention activities will be held at the Mandan Seven Seas Convention Center, with a few sessions held at Mandan High School, beginning with the seminar sessions on Tuesday, July 26th. The sport specific sessions continue on Wednesday through Friday, the 27th-29th.

The Awards banquet will be held on Thursday, July 28th. Basketball, football, track & field, golf, tennis, soccer, wrestling, and volleyball will hold advisory committee meetings during the course of the activities.

All coaches are urged to attend these sessions to review the new guidelines and begin planning for the 2005-2006 Advisory Committee recommendations.

Rules interpretations meetings will be conducted for football, golf, soccer, swimming, volleyball, and wrestling. The rules meetings will be scheduled with the least conflict with other sports possible.

Three seminars will be held on Tuesday: *Coaches and Conflict, Special Topics, and Speed, Strength & Conditioning*. These seminars will involve outstanding speakers. Sherm Sylling will

conduct a session on "NDHSAA Eligibility Rules" that have had some coaches requesting explanations. Bill Cahill will center his presentation on Drug Awareness Program and the Jamestown HS Student Awareness Program.

Linda Lee, Family Violence Prevention Fund, will present a session on the role of coaches to end violence to others. Presentation will be made on steroids and the need for steroid education.

(continued on page 6)

WEBSITE VS. HARDCOPY

The NDHSCA Executive Committee share that mailing the *Dakota Coach* to members has become antiquated.

Begin accessing the NDHSCA website to read the *Dakota Coach!*

(see page 5)

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MEMBERSHIP DEADLINE DEBATES JOHN HUTCHISON

Every year a couple of coaches seem to miss an opportunity to be honored by their peers when they fail to join the NDHSCA. With so many coaches out of the school systems in our state, it is important for Athletic Directors and Coaches who are in the school system or who have been coaching for a number of years to see that we try to eliminate a coach's being denied a due honor.

Schools in growing numbers are getting memberships for all coaches on their staffs. This **really** helps. The *Dakota Coach* then serves as a yearly reminder for those coaches to check with their administrators to see that memberships have been sent in.

Even though our number of schools and athletes seems to be shrinking each year, the number of coaches of North Dakota from grade coaches through high school

coaches continues to hold steady as they attend the annual NDHSCA convention at the end of each July. That is just another way that shows the coaches of North Dakota know about the NDHSCA and the benefits from membership in it.

We have deadlines for joining for awards purposes, but a coach may join at any time. The October 1 deadline for fall sports, February 1 for winter sports, and May 1 for

(continued on page 5)



Todd Olson

PRESIDENT'S MESSAGE

Congratulations to our winter sports teams and coaches on a great season filled with outstanding performances and fantastic finishes. Special congratulations to our winter Coach of the Year winners! The coaches and teams in our state can certainly be proud of their accomplishments during the past season.

As we enter the spring sports seasons, I would like to wish all of the coaches and teams the best of luck as you pursue excellence in your chosen activities. I would encourage our coaches to continue to be active in the Association.

Attending the state meetings and volunteering to serve on the advisory committees gives you a voice in your sport. Also, please take the time to talk to the members of your coaching staffs about the benefits of being members of the NDHSCA. Our strength is in our membership.

Planning is well under way for the State Convention this summer. Gelaine is working hard to put together another outstanding program of speakers. The convention this summer is being held at the

Seven Seas in Mandan. The seminars will be held on Tuesday, July 26th with the sport clinics starting on Wednesday, July 27th and concluding on Friday, July 29th. We're looking forward to another outstanding convention.

Good luck this spring and we'll see you in Mandan this summer!

Todd Olson

NDHSCA President

NDHSCA 2004-2005 Executive Board

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Website: www.fargo.k12.nd.us/ndhsca

NDHSCA SCHOLARSHIP - SPONSORED BY BURGER KING

The NDHSCA Executive Board selected the recipients for the NDHSCA Scholarships at its March 13th meeting.

- ◆ **Kyle Carr**, Linton HS, who plans to attend University of Minnesota
- ◆ **Whitney Flyberg**, Linton HS, who plans to attend the University of Mary
- ◆ **Shane Kennedy**, Fargo South HS, who plans to attend NDSU
- ◆ **Alyssa Walker**, Killdeer HS, who plans to attend UND

Each student/athlete will receive a \$500.00 scholarship from NDHSCA and Burger King. The scholarships will be presented to each student/athlete at the Annual NDHSCA Hall of Fame and COTY Banquet at the Seven Seas Conference Center in Mandan on Thursday, July 28th.

The four student-athletes collectively earned 38 athletic letters, 18 activity letters, and ACT scores averaged 24.

Kyle Carr will graduate from Linton High School with a 3.3 Grade Point Average (GPA). He scored 22 on his ACT test. Kyle earned four letters in each of three sports of basketball, football and golf. He also played four years of Legion baseball, was a member of FBLA and National Honor Society. He is the son of Dan and Anne Carr. Kyle plans to attend the University of Minnesota.

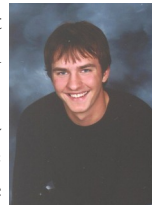


Whitney Flyberg is the daughter of Brian and Rhea Flyberg. Whitney has a 4.0 Grade Point Average (GPA), ranks first in a class of 23 and

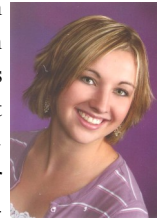


scored 25 on her ACT test. She earned eleven athletic letters in the sports of basketball, track and field, and volleyball. She also lettered in band and student government. Whitney has been a member of Athletic Club for four years, FBLA for four years, and National Honor Society President for two years. Whitney plans to attend the University of Mary.

Shane Kennedy participated in golf and hockey at Fargo South High School. He has earned a 3.56 Grade Point Average (GPA), ranks 110 out of 473, and scored a 24 on his ACT test. Shane is the son of Steve and Renee Kennedy. Shane has been a member of International Club, FCA and has earned an Academic Letter. He has been a member of Band for four years. Shane plans to attend NDSU.



Alyssa Walker will graduate from Killdeer High School. She has been Student Council President, a member of FBLA, a member of FCCLA, Vice President of Dollars for Scholars and a member of Pep Club. Alyssa earned four letters in student government, two letters in drama, one letter in chorus and two letters in band. She has earned 11 letters in basketball, track and field, and volleyball. Alyssa has a 3.70 Grade Point Average, ranks 10th in a class of 49 and scored 23 on her ACT test. She is the daughter of Larry and Nancy Walker. Alyssa plans to attend UND.



Each of the four recipients will receive a \$500.00 scholarship from John Walsh and Burger King of North Dakota at the July 28th NDHSCA Coach of the Year and Hall of Fame Banquet in Mandan at the Seven Seas Conference Center.

Congratulations to these deserving student athletes.

LETTERS TO THE EDITOR

HOW DO YOU ANSWER THIS?

This letter to the editor was passed on to the Executive Secretary of each state from the NHSACA office. It poses the same old monumental question.

I was happy to read your Coaches Code. I am doing some research on coaching and why it has become so important for the high school coaches to place winning before the needs of the student athlete. My daughter became a bench player in her favorite sport of field hockey. I could not understand why during non league games and some league games she was never put in the game; their team finished 8th out of 12 teams.

Do you have any literature or articles that support a policy of every kid gets to play? I would love to see them if you do? Thanks for listening!

Jackie Knoepffler
43 Davis Avenue
Blue Point, NY 11715
Email:
auntiej53@aol.com

Dear NDHSCA Executive Board:

Thank you for your recent NHSCACA Regional Coach of the Year Nomination. It is truly an honor to represent our state and region.

I appreciate the Association's support of educational activities. Your work in promoting high school athletics is outstanding. I have gained a great deal of knowledge and inspiration from other coaches/clinicians at our annual coaches convention.

Once again, thank you for the privilege to represent our great state as its boys' cross country representative.

Rod Hardie; Boys' Cross Country Coach
Fargo South High School

FROM EXECUTIVE SECRETARY'S DESK

GELAINE ORVIK

I am constantly trying to keep our membership informed of news from our Association, area coaches, area athletes, and information in general. I am continuously asking for news from every member. Just drop me a message on my email and I will use every morsel.

This afternoon I had a message that Boyd Christianson asked that all of his friends know that he is in the early stages of Alzheimer's. For all of us that knew Boyd well, we will always recall his wit and humor. We marveled at his ability to take the littlest detail and make everyone enjoy the humor. His presentation was impeccable; his timing was rhythmically perfect; and his kindness was superlative.

As usual, we need to share our love and genuine caring with those nearest to us. Boyd will always be a special person in North Dakota Sports and to North Dakota Coaches

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I just spoke to Jerry Sheldon, Past President of NDHSCA, to ascertain details and news. He has always been able to have all the details of everything that is happening. He reminded me that he is now selling his out of bounds play, especially if Jerry Meyer wants a copy of it.

LeRoy Bettenhausen was diagnosed with prostate cancer. He underwent surgery 3 weeks ago. He is doing very well and the prognosis is excellent.

Marlene Bischoff from Allard Trophy Company has kept NDHSCA supplied with plaques and awards for over 30 years. Some months ago, she suffered a stroke and was hospitalized. She is undergoing therapy and is progressing well. Marlene has always been flawless in her work and we appreciate her greatly. Our prayers go out for her and her family.

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Brent Lauf, New Salem HS, was diagnosed with rectal colon cancer. He had the diagnosis in Rochester to try to do something about the "pain in his butt" (his words).

He has been undergoing radiation treatment in Fargo for three weeks and has two weeks remaining. He receives his chemo-therapy from an oral ingestion.

Five weeks after his radiation, he returns to Rochester for surgery to determine removal or temporary replacement of vital body function parts and determine the amount and duration of further chemo-therapy.

Good news accompanies the blackness of the treatment: only one small affected lymph node has been found anywhere in his body. He is working hard and has a positive attitude of returning to cross-country practice.

Like all coaches, he is a fighter and a competitor. Our prayers are extended for Brent and his family also.

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Jerry Popp Inducted Into NFHS Hall of Fame

Jerry Popp, former cross-country, track and speech coach from Bowman High School is one of 13 individuals selected for induction into the 2005 class of the National High School Hall of Fame. The induction will take place on July 2 in conjunction with the National Federation of High School Associations summer conference to be held in San Antonio, Texas.

Success as a high school cross country coach will always be measured against the standards of Jerry Popp. In 29 years as girls and boys cross country coach at Bowman (North Dakota) High School, Popp set marks that may never be touched.

From 1975 until his retirement in 2003, Popp's girls cross country teams won the NDHSAA state champion-

ship an amazing 23 times, which stands as the national record in the National High School Sports Record Book published by the NFHS. The Bowman girls were runners-up two other times, which means Popp's squads placed either first or second 25 of his 29 years.

Popp also started the speech program at Bowman High School in 1975 and, amazingly, he coached his speech teams to 23 regional championships and 19 state titles, and he had 55 individual state champions.

Among his many honors, Popp was named NFHS National Boys Cross Country Coach of the Year in 2002 and was inducted into the National High School Athletic Coaches Association (NHSACA) Hall of Fame in 2001. He was NHSACA National Girls Cross Country Coach of the Year in 1993, and was inducted into the North Dakota High School Coaches Hall of Fame in 1999.

Popp retired following the 2003 season and moved to Minnesota to be closer to family. He currently teaches in the Willmar, Minnesota, schools. He can be reached by email @ the following:
popperxc@hotmail.com.

SEE YOU AT THE **NDHSCA CONVENTION**
JULY 26-29, 2005
MANDAN ~ SEVEN SEAS CONVENTION CENTER

MEMBERSHIP DEADLINES DEBATE (CONTINUED FROM FRONT PAGE)

spring sports means that coaches must join before their sport's playoffs to be eligible for post-season awards. It also means that coaches must join so that they do not "buy" an award. They have shown professional responsibility by seeking membership in the professional organization for their coaching field when they choose to join. An easy way to get your membership in on time and learn from some of the best in your particular coaching area is to attend the July NDHSCA convention – this year in Mandan. Attending the convention provides you with a year's membership --maybe your school would even help you with expenses

for attending. Have you asked your Athletic Director or other school administrator for assistance?

Our membership list is now on our coaches' website. With that in place, tournament managers can check on the membership status of coaches in a particular tournament. You can also use that list to check to see if your school (or you as an individual) has submitted your membership. Tournament managers and district chairs have been extremely helpful in being sure that all candidates are members. Thank you to all who promote the NDHSCA in that way.

With the spring sports deadline only a few weeks away, check on your own membership and the membership status of other coaches of spring sports in your school. We do not want to leave you or anyone out. Then encourage all the coaches in your school to attend the state convention in July and enjoy a full year of membership. NDHSCA is your organization. As you support it, it grows for you and for all the coaches of North Dakota.

John Hutchison is NDHSCA Assistant Executive Secretary

“AS YOU SUPPORT YOUR ORGANIZATION, IT GROWS FOR YOU AND FOR ALL THE COACHES OF NORTH DAKOTA”

TOM LIUM MEMORIAL SCHOLARSHIP

Nancy Lium and her family formed a scholarship fund in memory of the Late Tom Lium to continue an **A. FRISKOP** athletic legacy that he perpetuated while he coached at Berthold HS, Harvey HS, Bismarck HS, and Fargo South HS. The NDHSCA Executive Committee was requested to serve as the selection committee for the scholarship by the family.



At the NDHSCA Executive Committee Meeting on March 13th, the committee selected **Andrew Friskop** from Hankinson High School as the 2005 recipient. Andrew will receive a \$500.00 scholarship from Nancy Lium.

Andrew Friskop, Hankinson High School, has earned ten athletic letters in baseball, basketball, and football. He has also earned nine letters in band, chorus and drama. He was a participant of Science Fair, Academic Team, Marching Band and Jazz Band.

Andrew has a 4.00 Grade Point Average (GPA), ranks first in his class and scored a 24 on his ACT test. He plans to attend NDSU. Andrew is the son of Marcus and Wendy Friskop.

The scholarship will be presented to Friskop at the Annual NDHSCA Hall of Fame and COTY Banquet at the Seven Seas Conference Center on Thursday, July 28th.

\$500 SCHOLARSHIP TO ANDREW FRISKOP

WEBSITE VS. HARDCOPY

The NDHSCA Executive Committee share that the time has come for mailing the *Dakota Coach* to members has become antiquated.

Begin accessing the NDHSCA website to read the *Dakota Coach* and to print forms.

<http://www.fargo.k12.us/ndhsca>

NOTICE:

NDHSAA has placed *The Bulletin* on its website for all coaches and administrators to access at their convenience.

CONVENTION PLANNING (CONTINUED FROM FRONT PAGE)

Outstanding coaches have been procured for presentations in addition to our state's sports championship coaches, coach of the year recipients, and others. Among the special presenters are Jack Bennett, University of Wisconsin at Stevens Point, for basketball; John Scott, Black Hills State University, for football; Other division I and II University coaches have been contacted as presenters in volleyball, track & field, swimming & diving and cross-country. The convention schedule will be posted on the NDHSCA Website as each sport's presenters are finalized.

Special sleeping room rates have been arranged at the Seven Seas. Standard sleeping rooms with Kings or double queens are available at \$45.00 for single occupancy. Double,

triple, or quad occupancy is \$55.00 (800-597-7327 or 701-663-7401). Other special room rates have been made at the Bismarck Expressway for \$49.94 for single occupancy and \$53.95 for double occupancy (800-456-6388 or 701-222-2900). Reservation deadline is July 12th. Do not expect rooms to be available if reservations are not made before July 12th.

Convention registration fee is \$100 again this year and includes 2005-2006 membership, banquet ticket, attendance at all convention activities.

Access our convention registration form from our Website at the following address:

www.fargo.k12.nd.us/NDHSCA

Coaches may also link to the NDHSCA website from the NDHSAA website (<http://ndhsaa.com/>). When you reach the NDHSAA website page, move to the far right to the "Links" button to have the NDHSCA Link "popup." Convention registration forms may also be found in the *Dakota Coach* that has been mailed to every school's athletic director.

The convention continues with learning activities as well as opportunity to renew friendships with our busy cohorts.

Please contact Gelaine Orvik at 701-367-8282 or 701-237-9711 with any requests or questions.

DO NOT
EXPECT ROOMS
TO BE
AVAILABLE IF
RESERVATIONS
ARE NOT MADE
BEFORE
JULY 12

SHRINE FOOTBALL

Shrine Football Coaching staffs:

East: Head Coach: Rod Oksendahl

Assistant Coaches: Kevin Feeney, Alex Starcevic (Larimore), Pat Adair (Lisbon)

West: Head Coach: Mark Gibson

Assistant Coaches: Lyne Enget, Bryan Kramer (Ryan), Mark Kunze (Bowman)

9-Man East: Dave Bymoan (New Rockford)

Assistant Coaches: Jerry Leingang (A-E-E), Randy Vigen, Jeff Carpenter (North Border)

West - Co Head: Todd Kosel & Randy Klusmann

Assistant Coaches: Nathan Nelson & Bob Brown (co-coaches at Divide County)

CONVENTION RULES CLINIC SCHEDULE

Wednesday:

11:00 Soccer Rules Clinic

Thursday:

9:15 Wrestling Rules Clinic

1:00 Football Rules Clinic

2:15 Tennis Rules Clinic

3:30 Volleyball Rules Clinic

Friday:

8:00 Swimming & Diving Rules Clinic

Reservation Numbers
Seven Seas Convention Center ~ Mandan, North Dakota

800-597-7327 or 701-663-7401

2005 NDHSCA/NDHSAA COACHES CONVENTION

Mandan Seven Seas Convention Center; Mandan, North Dakota

July 26-29, 2005



Convention Registration Fee is \$100.00.

Convention Registration Fee postmarked after July 20, 2005 is \$125.00.

NO REFUNDS AFTER JULY 20th.

Check each applicable line below on the left; circle all the amounts for line item fees on the right.

___ 1. **Convention:** Registration for all clinic and seminar sessions, 1NDHSCA Banquet ticket, NDHSCA Membership. \$100.00

ALL COLLEGE CREDIT REGISTRANTS MUST PAY \$100.00 CONVENTION REGISTRATION FEE FIRST.

___ 2. **COLLEGE CREDIT:** Registration for TWO (2) NDSU Semester Credits; **Coaches and Conflicts Seminar (July 26) and Sports' Clinic Sessions (July 27-29).** \$130.00

___ 3. **COLLEGE CREDIT:** Registration for TWO (2) NDSU Semester Credits; **Special Topics Seminar (July 26) and Sports' Clinic Sessions (July 27-29).** \$130.00

___ 4. **COLLEGE CREDIT:** Registration for TWO (2) NDSU Semester Credits; **Speed, Strength & Conditioning Seminar (July 26) and Sports' Clinic Sessions (July 27-29).** \$130.00

___ 5. **COLLEGE CREDIT:** Registration for ONE (1) NDSU Semester Credits; **Sports' Clinic Sessions (July 27-29).** \$65.00

ADDITIONAL FEES:

___ On-site Registration Fee.....	@ \$25.00	\$25.00
___ Golf Tournament (scramble) (07/27/05)	@ \$45.00	\$45.00
___ Extra NDHSCA Hall of Fame/Coach of the Year Banquet (7/28/05) Tickets.....	@ \$25.00	\$25.00
___ Additional NDHSCA Memberships.....	@ \$50.00	\$50.00
___ Lifetime NDHSCA Memberships.....	@ \$250.00	\$250.00

CHECKS PAYABLE TO NDHSCA; TOTAL

MAIL REGISTRATION WITH FEE TO: Gelaine Orvik
 NDHSCA Executive Secretary
 3457 26th Avenue SW
 FARGO, ND 58103

NDHSCA MEMBER REGISTRATION --- REMAINDER OF FORM MUST BE COMPLETED

**North Dakota High School Coaches Association
 Membership Registration 2005-2006**

Membership:

Name _____
 School _____ E-Mail _____
 Home Phone _____ Work Phone _____
 Home Address _____
 City/State/Zip Code _____

High School _____
 Junior High _____
 College _____
 Life _____
 Associate _____
 Cheer Coach _____

In the A column, write H (head coach) or A (assistant coach) for the appropriate sport(s).

In the second column, write your **2004-2005 record** & your lifetime coaching record per sport in **life record**.

SPORT	A	04-05 record	life record	SPORT	A	04-05 record	life record
Athletic Director	—	—	—	Boys' Soccer	—	—	—
Baseball	—	—	—	Girls' Soccer	—	—	—
Boys' Basketball	—	—	—	Girls' Softball	—	—	—
Girls' Basketball	—	—	—	Boys' Swimming	—	—	—
Boys' Cross Country	—	—	—	Girls' Swimming	—	—	—
Girls' Cross Country	—	—	—	Boys' Tennis	—	—	—
Football	—	—	—	Girls' Tennis	—	—	—
Boys Golf	—	—	—	Boys' Track & Field	—	—	—
Girls Golf	—	—	—	Girls' Track & Field	—	—	—
Gymnastics	—	—	—	Volleyball	—	—	—
Boys' Hockey	—	—	—	Wrestling	—	—	—
Girls' Hockey	—	—	—	Strength	—	—	—

Have you filed a Victory Milestones Form? (see website for form)

Number of years coaching completed (as of June '06) _____

If you are requesting membership ONLY - return this form to:

Karen Hardie ~ 741 Royal Oaks Drive ~ Fargo, ND 58102

Membership Fee: \$50.00

List Year(s) and Sport(s) of state championships coached.

Years	Sports



North Dakota High School Coaches Association

Membership Registration 2005-2006

Membership:
 High School _____
 Junior High _____
 College _____
 Life _____
 Associate _____
 Cheerleading _____

Name _____
 School _____ E-mail Address _____
 Home Phone _____ Work Phone _____
 Home Address _____
 City/State/Zip Code _____

In the A and B column, write H (head coach) or A (assistant coach) for the appropriate sport(s).
 In the third column, write your 2004-2005 record.

	A	B	04-05 record	lifetime record		A	B	04-05 record	lifetime record
Athletic Director	---	---	-	-	Soccer	---	---	-	-
Baseball	---	---	-	-	Softball	---	---	-	-
Boys Basketball	---	---	-	-	Boys Swimming	---	---	-	-
Girls Basketball	---	---	-	-	Girls Swimming	---	---	-	-
Boys Cross Country	---	---	-	-	Boys Tennis	---	---	-	-
Girls Cross Country	---	---	-	-	Girls Tennis	---	---	-	-
Football	---	---	-	-	Boys Track	---	---	-	-
Boys Golf	---	---	-	-	Girls Track	---	---	-	-
Girls Golf	---	---	-	-	Volleyball	---	---	-	-
Gymnastics	---	---	-	-	Wrestling	---	---	-	-
Hockey	---	---	-	-	Strength	---	---	-	-
					Year		Sport		

List Year(s) and Sport(s) of state championships coached. _____
 Have you filed a Victory Milestones Form? _____

(Print Victory Milestones form from website)

Number of years coaching completed (as of June '05) _____

Signature _____ Fee: \$50.00

Have you filled out a Victory Milestones form? (see website for form)

Coaches are urged to photocopy additional membership forms and solicit membership of all head and assistant coaches throughout each school district. - Thank you.

Proud to be a Member of the NDHSCA

Membership in the NDHSCA has the following benefits:

- Subscription to our *Dakota Coach* newsletter
- Access to coaching openings in North Dakota
- Reduced admission to NDHSCA/NDHSAA Clinic during the year
- Free or reduced admission to many high school and college contests
- UND/NDSU football tickets for (except Hockey) \$1.00 allotted in reserved section
- Eligibility for the full awards program of the NDHSCA
- Eligibility to serve on the Sports Advisory Committee
- Eligibility to serve on All-Star Coaching Staff
- Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA
- An organized group that keeps everyone in touch with developments across the state and nation
- An organization that is concerned with offering programs that will help improve coaches
- An organization that is attempting to maintain and improve athletic programs for North Dakota's youth.



The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a problem, suggestion, or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better.

Membership deadlines: Fall-October 1 Winter-February 1 Spring-May 1

Return form to: Karen Hardie, NDHSCA Membership Chair ~ 741 Royal Oaks Drive ~ Fargo, ND 58102



National High School Athletic Coaches Association

HOSTS THE

2005 NHSACA ANNUAL MEETING**June 28-29-30, 2005****Caribe Royale Resort Hotel • Orlando, Florida****REGISTRATION FORM**

NAME _____ HOME PHONE (____) _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

SCHOOL NAME _____ SCHOOL CITY _____

SPORTS COACHED _____ ATHLETIC DIRECTOR? Yes No**GUEST FEE**Are you bringing your spouse or guest(s)? Yes No (IF YES, INCLUDE \$10.00 PER PERSON)

Number of guest(s) _____ x \$10.00 = _____

Names(s): _____

REGISTRATION FEE**EVERYONE MUST REGISTER FOR THE CONVENTION**

Convention Registration Fee _____ x \$100.00 = _____

Hall of Fame Luncheon, June 29, 2005 _____ x \$40.00 = _____

Awards Night Banquet, June 30, 2005 _____ x \$40.00 = _____

Make checks payable to:

NHSACA

and send to:

P.O. Box 4342, Hamden, CT 06514

For more information please call: 203-288-7473

**TOTAL AMOUNT OF
FEES ENCLOSED:**

**For hotel reservations at Caribe Royale
call 1-800-823-8300 and mention NHSACA.**

**See our website – hiscoaches.org – for a list graduate credit courses
and a separate registration form for these courses.**

NDHSCA OUTSTANDING SENIOR ATHLETE AWARD



After several questions during the winter session, the NDHSCA Executive Committee decided to remind all coaches to keep the following guidelines in mind when making Outstanding Senior Athlete Award nominations. The number of nominees is to be followed rigorously to prevent provincialism and regionalism.

SELECTION GUIDELINES:

CLASS B:

- Select one nominee from each District to advance for the Regional Selection.
- Select one nominee from each Region to advance for the State Selection.

CLASS A:

- Select two nominees from each conference/region to advance for the State Selection.
- **NOTE: ANY DEVIATION FROM THESE GUIDELINES MUST BE ACCEPTED BY ALL REGIONS IN THE SPORT BEFORE THE BALLOTING PROCESS BEGINS.**

Nomination Guidelines:

- Be a senior, in good academic standing, enrolled in an NDHSAA School.
- Be nominated by and receive supportive data from the varsity head coach in the respective sport.
- Compete for a high school varsity team during the respective sport season.
- Display exceptional skills in respective sport during the athlete's senior season.
- Display exceptional sportsmanship during the season of nomination.
- Display leadership qualities during the season of nomination.
- Display commendable citizenship and have no NDHSAA Training Rule Violations during academic senior year.
- Have never been suspended from respective athletic team or the school of representation during academic senior year.

NDHSCA OUTSTANDING SENIOR ATHLETE AWARD

Nomination form for the sport of _____

Name: _____ School: _____

Varsity Head Coach: _____ GPA (if available): _____

Team Position, Class, or Event: _____

Information about nominee (stats, attributes, records, # of letters, other sports, etc.):

2005 LONGEVITY AWARDS NDHSCA



A listing of the longevity award recipients for 2005 follows. Coaches must be helpful in notifying the NDHSCA office to make necessary corrections to this list. If there is a mistake in the numbers on this list or a coach has already received the award, please contact the NDHSCA Office. The following is a listing with the specific number of years of coaching experience for each recipient.

Awards for the July 29th NDHSCA Hall of Fame and Coach of the Year Awards Banquet will be based on this listing. A letter will be sent to each recipient to verify attendance. Only recipients who reply will have an award prepared for presentation at the awards banquet.

Gene	Anderson	Mandan HS	20	Chad	Omdahl	Hatton-Northwood HS	25
Joe	Bailey	West Fargo HS	20	Mike	Opdahl	Larimore HS	25
Gerard	Cederstrom	Minot HS	20	Sandy	Popp	Milnor HS	25
Rick	Christianson	Midkota HS	20	Brad	Sandy	Harvey HS	25
Richard	Dufault	Killdeer HS	20	Dan	Schmitt	Dakota Prairie HS	25
Brian	Flyberg	Linton HS	20	James	Sleeper	Larimore HS	25
Loy	Ham	Beulah HS	20	Julie	Stavn	Bismarck Century HS	25
Ken	Higbee	Rugby HS	20	Willie	Thibault	Westhope HS	25
Barry	Holmen	Minot HS	20	Terry	West	GF Red River HS	25
Robert	Holmen	Minot HS	20	Dean	Wilson	Fargo South HS	25
William	Jansen	Rugby HS	20	Davy	Zinke	Rolla HS	25
Dean	Kraft	Jamestown HS	20	Ken	Disher	Minot HS	30
Lyall	Krueger	Max HS	20	Lynn	Forde	Fargo South HS	30
Steve	Marquart	West Fargo HS	20	Fred	Fritel	Valley City HS	30
Steve	Miller	Bismarck HS	20	Darry	Gleave	Minot HS	30
Dale	Peaslee	Fessenden HS	20	Bernie	Hall	Harvey HS	30
Jim	Samson	Devils Lake HS	20	Steve	Hallsten	Larimore HS	30
Kent	Schweigert	Bismarck St.Mary'S HS	20	Rod	Hardie	Fargo South HS	30
Jerome	Slag	New Salem HS	20	Byron	Hoeckle	Midkota HS	30
Dale	Undem	North Central	20	Harlan	Johnson	Parshall HS	30
Ron	Wingenbach	Bismarck Century HS	20	Nadene	Johnson	Minot HS	30
Tom	Winger	GF Central HS	20	Daryl	Jung	New England HS	30
Darrell	Anderson	Bismarck HS	25	Al	Knutson	Williston HS	30
Gary	Ballard	Hazen HS	25	Jim	Larson	Thompson HS	30
Darrell	Berglund	Hazen HS	25	Jerry	Leingang	Edmore HS	30
Jon	Bertsch	Wells County HS	25	Jerry	Lyon	Minot HS	30
Jeff	Carpenter	Pembina HS	25	Gail	Schmidkunuz	Minot Ramstad JHS	30
Billie Anne	Caya	Bismarck HS	25	Jaycin	Sundheim	Glenburn HS	30
Greg	Fjeld	Minot HS	25	Noel	Tollefson	Finley-Sharon HS	30
Craig	Flaagan	Fargo South HS	25	Randy	Vigen	Central Valley HS	30
Paul	Frydenlund	St. John HS	25	James	Bauley	Cavalier HS	35
Joan	Halland	Kindred HS	25	Ray	Callaghan	Fargo North HS	35
Glenn	Hangaard	Sargent Central HS	25	Philip	Maclver	Wahpeton JHS	35
James	Haussler	Bismarck Public	25	Hank	Pankratz	Dickinson HS	35
Clyde	Heinle	Flasher HS	25	Jim	Howson	Hatton-Northwood HS	40
LaDean	Hettich	Zeeland HS	25	Rich	Raasch	Fargo Discovery JHS	40
John	Kihne	Mandan HS	25				

FORMS AVAILABLE

Due to distribution costs, the *Dakota Coach* will not print all forms in the newsletter.

These forms are available to download and print on the Internet at:

www.fargo.k12.nd.us/ndhsca/

If you do not have access to the Internet please contact:

Gelaine Orvik, 3457 - 26th Ave. SW, Fargo, ND 58103 or E-mail: gorvik@cableone.net

Send Membership forms to Membership Chair: Karen Hardie, 741 Royal Oaks Drive, Fargo, ND 58102

All other forms are sent to the Executive Secretary, Gelaine Orvik at address listed above.

2004-2005 NDHSCA SPONSOR MEMBERS

**These NDHSCA Sponsor Members provide a vital service for the Association.
Please recognize their contributions.**

Aim Electronics	8140 Flying Cloud Drive	Eden Prairie, MN 55344	952-941-9830
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Daktronics	331 32nd Avenue	Brookings, SD 57006	605-697-4418
Dakota Awards	301 East Front Avenue	Bismarck, ND 58504	701-222-0827
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FORMS AVAILABLE ON THE INTERNET WWW.FARGO.K12.ND.US/NDHSCA

Membership Form	Assistant Coach of the Year
Victory Milestones	Hall of Fame
Lifetime Membership	Sponsor Membership
Award of Merit Recommendation	Burger Kind \$500 Scholarship
Special Recognition Recommendation	Tom Lium Memorial \$500 Scholarship
Junior High Coach of the Year	Sports Advisory Application

2005 NDHSCA/NDHSAA COACHES CONVENTION

MANDAN SEVEN SEAS CONVENTION CENTER
MANDAN, NORTH DAKOTA

JULY 26 - 29, 2005

North Dakota High School Coaches Association Lifetime Membership Application



To purchase a Lifetime Membership
the prospective coach must have been:
A. an NDHSCA Member for 20 years.
B. an active high school coach for at least
25 years either in ND or another state.

Lifetime Membership may be purchased for a one-time fee of \$250.
Such Lifetime Membership will carry all Active Membership benefits.
If a member is no longer an active coach, then
Lifetime Member relinquishes voting and office holding privileges.

Name _____
School _____ E-Mail Address _____
Home Phone _____ Work Phone _____
Home Address _____
City/State/Zip code _____
Number of years coaching completed (as of June 2005) _____
Number of years NDHSCA Member (as of June 2005) _____

Fee: \$250 Include the fee with this application.

Mail fee and application to: Karen Hardie, NDHSCA Membership Chair
741 Royal Oaks Drive
Fargo, ND 58102

Please include the lifetime membership fee at the time of the request to purchase a Lifetime Membership.

Purchased Lifetime Memberships

Aardahl, Vern; Milnor HS
Anderson, Darryl; Mandan HS
Burckhard, Richard; Parshall HS
Callahan, Mike; Minnewaukan HS
Carlson, Ron; Minnewaukan HS
Carlsrud, Dave; NDHSAA
Cornell, Rick; Grand Forks Schroeder JHS
Dew, Jim; Valley City State College
Disher, Ken; Minot HS
Dixon, Derrick; Turtle Mountain Community HS
Fjeld, Greg; Minot HS
Folstad, Collette; West Fargo HS
Gabrielsen, Thomas; Grand Forks Red River HS
Gadberry, Ron; Hillsboro HS
Hanson, Donald C.; Mandan HS
Hertel, Dale; Fargo South HS
Horner, Dennis; Midway HS

Hutchison, Donna; Grand Forks Red River HS
Hutchison, John; Northwood HS
Hutchison, Lonny; Northwood HS
Kerlin, Don; Mayville/Portland-C/G HS
Kjelgaard, Harold; Fargo Discovery JHS
Larson, Nancy; DesLacs-Burlington HS
Loberg, Myron; Devils Lake HS
Lyon, Jerry; Minot HS
Mailloux, Gary; Fargo North HS
Overby, Dennis; Northwood HS
Schreiner, Vernon; Minto HS
Sluke, David; Grafton HS
Snortland, Keith; Warwick HS
Trieglaff, Robert; Fargo North HS
Walhaug, Gary; Surrey HS
Wilson, Jerry; Bismarck Century HS
Zimney, Bob; Grand Forks Red River HS

NORTH DAKOTA HIGH SCHOOL
COACHES ASSOCIATION
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Send to Gelaine Orvik - gorvik@cableone.net or to any of the members of the Executive Board.

See page 2 for e-mail and mailing addresses or phone numbers



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