



DAKOTA COACH

Volume 39 No. 1

Fall 2005

2005 NDHSCA CONVENTION REVIEW

The 2005 NDHSCA Convention was successfully held at the Mandan Seven Seas Convention Center during the last week of July and was a huge success. Some items were more impressive than others.

Probably the most successful aspect of the convention was the 25 golf coaches in attendance at the golf sessions that were held at Hawktree Golf Course. Chuck Ruppert was very kind to orchestrate the ac-

tivities at the course site, but Chipper Farrell needs a significant "attaboy" for his communication and arrangements for NDHSCA. Jim Craven was outstanding and has confirmed his attendance and topics for next summer, already.

Secondly, the tennis coaches have asked repeatedly to be included. All indications are that tennis has returned, to stay on the schedule. Sixteen tennis coaches attended the sessions, and all were

adamant about their taking the schedule break to attend the NDHSCA Annual Meeting on Thursday morning.

Although the numbers attending the volleyball sessions do not match the attendance from last year, the presentations were incomparable. The volleyball coaches appear to have concluded that at least one day needs to be presented "on-court."

(continued on page 4)

FROM THE EXECUTIVE SECRETARY'S DESK

I have just put together a number of notes and emails that have arrived over the past month or so. We receive so many thank you notes and gestures of thanks from our North Dakota coaches. We can only say thanks back. We are so richly blessed with marvelous people who always show their sincerity because of the good things that happen to them.

We have had an outstanding "North Dakota Year." At the NHSACA National Annual Meeting, North Dakota had two marvelous people inducted into the NHSACA Hall of Fame. Ken Rio and Fred Fridley represent the coaching profession so well and embody the North Dakota spirit. Ken and his wife spent a week at a condo and enjoyed the Florida heat and humidity before the induction ceremony.

Fred had his whole family join his wife and him for a family reunion. Fred has a marvelous list of accomplishments to attach to his name. He also has two very accomplished sons who are continuing with the successful "Fridley Winning Way." In fact, Fred's presentations at the last two NDHSCA Conventions have been among the best received for the year.

(continued on page 3)

WEBSITE

All **forms** are now on the NDHSCA website ready for you to print those you may need. See list on page 11.

Please begin accessing the NDHSCA website to read the *Dakota Coach*.

www.fargo.k12.nd.us/ndhsca

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Please Note: NDHSCA will assume a step into the Technological World like never before. **This will be the last regular hard-copy edition of the *Dakota Coach*.** NDHSCA has decided that the publication of the newsletter on the Website will result in a substantial financial savings for the Association as well as making a step to provide the material directly to members regardless of the accuracy of the mailing address. The Association will continue to mail the Convention issue in June each year to provide an additional reminder for coaches to register. (See page 11.)



Scott Grochow

PRESIDENT'S MESSAGE

Welcome to another exciting new school year. I hope all of you are looking forward to working with all the young athletes we have a privilege to work with. I would like to give a big thanks to Shannon Gangl and his staff at the Seven Seas for do a terrific job of hosting our annual state convention. I would also like to personally thank Gelaine for all the hours he spent to make the convention a success.

I am extremely honored to be the president of a very high-quality and successful organization. I hope I can bring something to the NDHSCA that will help continue its success. As president I challenge

all members to make this organization even more successful by recruiting new members. Remember, members consist not only of head coaches but also assistant and Jr. High coaches. They are the backbone on most programs and deserve to be recognized as well as be part of this great organization.

I also remind coaches to visit our website. You will not only find application forms for membership, junior high coach of the year, assistant coach of the year, award of merit, special recognition, advisory commit-

tees, and scholarships for high school graduates, but also the Dakota Coach and links to other important sites.

In closing, I wish everyone good luck in the upcoming athletic year. Please feel free to contact myself or any board member if you have any question for the NDHSCA.

Sincerely,

Scott Grochow

NDHSCA President

NDHSCA 2005-2006 Executive Board

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The NDHSCA 2005-2006 Executive Board is pictured -- in color on the website!

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FROM EXECUTIVE SECRETARY'S DESK - CONTINUED

On Thursday evening, our state was made proud when Dave Dougherty, from Watford City High School and Joe Howell from Lisbon High School were named NHSACA National Coach of the Year in their respective sports of wrestling and boys' track and field. Everyone who attended will long remember the announcement for each coach: Dave's grandson proudly exclaiming "Way to go Grandpa!" will certainly always be a special memory. Joe's friends giving the high fives are special images of family and friends celebrating with the recipient.

At the NHSACA Executive Committee Meeting, Dave Dougherty from Watford City High School and Ralph Manley from Mandan High School were appointed to Sports Chairs Position on the NHSACA National Board of Directors. Those appointments join Randy Johnson from Hazen High School to make three National Sports Chair Positions held by North Dakota Coaches. Our little

state continues to carry a big and mighty stick. Even Teddy Roosevelt would take great pride in the accomplishments and leadership of the influential from the Roughrider State. We also deal with the national voice that questions how "little old North Dakota" can attain so much leadership.

We are so happy for Greg Foster and his change in position (albeit that I chide him that his move from being a head basketball coach and head baseball coach to a principal's position is certainly a demotion.). Greg has been working on his administrative credentials and Master's Degree so diligently. Greg has been an excellent leader for our Association in his role as Lions' Basketball Co-Chair. However, we agree that an active basketball coach is the aspiration for the position. Thankfully, he is willing to stay on for the year as the Association names a replacement and Greg will share the duties for the first year. Of course, Mike Hendrickson will also be invaluable as he begins his second year as Co-Chair.

As usual, the NDHSCA Officers were fabulous at the

summer convention. They always step up to undertake the tasks at hand. Maybe their involvement seems little more than to introduce speakers. However, believe me that they have duties every minute of the day. They embark on their errands early in the morning and continue throughout the day to make sure the convention progresses with few or no complications. This year had additional compression because President Todd Olson had just been named Grand Forks Public Schools' Athletic Director. In every sense, the Association's Executive Officers were equal to the task.

Congratulations to Todd Olson. He has surrendered his first love of coaching basketball and undertaken a thankless job of the City's Athletic Director. We wish Todd and Beth the best. Todd will remain a member of the NDHSCA Executive Committee since his status is still a part of the Association's membership requirements. He has two years remaining on his Executive Committee's role. Again, Congratulations Todd!

NDHSCA will assume a step into the Technological World like never before. This will be the last regular hardcopy edition of the *Dakota Coach*. NDHSCA has decided that the publication of the newsletter on the Website will result in a substantial financial savings for the Association as well as making a step to provide the material directly to members regardless of the accuracy of the mailing address. The Association will continue to mail the Convention Issue in June each year to provide an additional reminder for coaches to register.

The website will continue to be much more expedient to make immediate changes in news items. The website also allows the Association to publish more information than the mailing mode, since the website does not restrict the number of pages of the publication. Please place the Association's website address - www.fargo.k12.nd.us/NDHSCA on your "Favorite's" listing.

Gelaine Orvik

LETTERS TO THE EDITOR

17 August 2005

I'm writing this letter in appreciation for all the hard work & dedication given to and for N.D. coaches by Gelaine Orvik and his support staff (especially his wife Linda!) My family and I had an enjoyable and memorable time at the National Convention in Orlando and the State Convention here in Mandan. The success experienced by our association is only due to Gelaine's strong and energetic interest in making our N.D. Association what it is today---successful and thriving.

Sincerely,

Leon House

Hi Gelaine:

Thanks again for looking out for Ken Rio. Todd Olson came by yesterday with the photos from the National Convention. I know Nelson County boys must stick together, but at this point I think I owe you a couple. I had a letter from Harold Pedersen recently. He seems to be pretty well settled in Helena, now. He has a grandson attending college at Montana University in Missoula (Tom's son). We will be going there to visit and take in a football game at the same time. They play South Dakota State on September 17th.

Thanks again,

Ken Rio

2005 NDHSCA CONVENTION REVIEW - CONTINUED

Several coaches confided that this year's sport-specific sessions were probably the best ever. "Obviously, some individual speakers in the past have been more outstanding, but the overall presentation and expertise for the entire convention supercedes all other years" was a repeated statement from several coaches from different sports.

At the Individual Sports' Advisory Committee Open Meetings, some very concrete advice was shared with the NDHSCA Executive Committee. First, the sports' open meetings overall statement was to retain the same

comparable week for the convention, in spite of the conflict with Legion Baseball, Kids Wrestling and camps for football and volleyball. Secondly, the overwhelming statement was to become a part of the twenty-first century and use the website as the publication media for the Association.

Overall, 311 attendants left the convention with a positive attitude and positive accolades regarding the sessions. The Hall of Fame and Coach of the Year Banquet had 211 people in attendance. The twelve exhibit booths continue to be a vital part of the gathering.

NDHSCA is appreciative of the outstanding work of Joyce, Jim, Kimberly, Karen, Kathy and Linda at the registration desk. Repetition and experience is invaluable in the registration process as well as in coaching and athletics.

NDHSCA is thankful for all who attended and hope that each attendant will have another coach in accompaniment for next year's conclave in Fargo.

HINT

~ ~ ~
**DEPENDING
 UPON YOUR
 SEARCH
 ENGINE - -
 TRY TYPING
 "NDHSCA"
 TO QUICKLY
 ACCESS THE
 ND
 COACHES**

THANK YOU NDHSAA

A big Thank You is extended to the North Dakota High School Activities Association for their awarding their NDHSAA Distinguished Service Contributor to me. I am certainly humbled by their action and the award. However, everyone needs to know that any accolades that are extended to me are really praises for marvelous assistant coaches, splendid athletes, supportive parents, splendid administrators, and incomparable professionals in the

coaching field who have served as mentors, models, and leaders. Most of all I have to cherish the day I met Linda because she has been my most ardent advocate and the "Love of my Life!"

And a big **Thank You** to Sherm for his rhetorical magic to make the recipient seem worthy. Sherm, you have a special way with words. Also, your orchestration to have Mr. Briggs present the award will long be remembered.

Also thank you to Sherm Sylling and his staff who continue to support our Association and our goals and objectives. The educational package that is provided to our state's coaches would not be possible without the cooperative effort of NDHSAA and NDHSCA. That package is also made possible because of the financial support by the Association.

Thank you NDHSAA and Sherm!

GELAINE ORVIK



LETTER TO THE EDITOR

August 3, 2005

Hi Gelaine,

I had a great 6 years on the board. What an unbelievable experience. These last six years for me have been too amazing. From your calling asking if I would run for the board, to the election, the honors of working with the board and all that covers, ND Hall of Fame, National Coach of the Year!!

I haven't taken time to soak in these last years yet. It's almost been too much. It is so very humbling for me to accept all of these things happening, knowing where I have come from and where I am now. It is beyond what I ever

dreamed of. I have had more recognition and honors than I really deserve, and I am a very happy man.

My NDHSCA work confirms that my philosophy is that I am about the work and the process (not that I don't like the honors and recognition). I still enjoy all of these things immensely.

If you ever need me to do anything for you or the NDHSCA I'll be there. I owe our association more than I could ever repay.

Our Association has been the backbone of the success for many coaches; the Association has built us into a unified organization. Keep up the outstanding work.

Your friend,
 Dave

NDHSCA COACHES HALL OF FAME NOMINEES

Often during the course of the year, people inquire regarding whether individuals have been nominated for consideration for induction into the NDHSCA Coaches' Hall of Fame. To be informative as to the nominees who have been nominated and are considered each year, NDHSCA has made this effort to inform coaches. Any NDHSCA Member or school official may nominate individuals for consideration for induction. Once an individual has been nominated, the data used for consideration is maintained forever as nominees each year.

The following **active** coaches have been nominated to the NDHSCA Coaches' Hall of Fame:

Brian Anderson	New Town HS
Bruce Anderson	Minot HS
Rick Anderson	Griggs County HS
Mike Berg	Grand Forks Central HS
Ron Carlson	Minnewaukan HS
Steve Carnal	Fargo Oak Grove HS
Clint Chamberlin	Williston HS
Joe Howell	Lisbon HS
Bill Kelly	Jamestown HS
Bruce Larson	Fargo North HS
Myron Loberg	Devils Lake HS
Gary Mailloux	Fargo North HS
Patrick McNally	Minot HS
Rich Raasch	Fargo Discovery JHS
Dan Smrekar	Bismarck St. Mary's HS
Vern Spitzer	West Fargo HS
Tom Suelzle	Watford City HS
Gary Walhaug	Surrey HS

The following **inactive** coaches have been nominated to the NDHSCA Coaches' Hall of Fame:

Jack Fisher	Bismarck Simle JHS
Bill Fruhwirth	Larimore HS
Curt Hagness	Fargo Oak Grove HS
Donald Hanson	Mandan HS
Gil Herbel	Grafton HS
Lonny Hutchison	Northwood HS
Ron Julson	Richland HS
Beckee Keller	Harvey HS
Dallas Kopp	Grand Forks Red River HS
Wade Kuehl	Oakes HS

Nancy Larson	DesLacs-Burlington HS
Bob Leach	Grand Forks Central HS
James Legg	McClusky HS
Clint Lein	Larimore HS
Jim McPherson	Mandan HS
Norlin Nelson	New Rockford HS
David O'Brien	Bismarck St. Mary's HS
Gary Olmsted	Mandan HS
Nick Olson	Minot HS
Chuck Peterson	Fargo Oak Grove HS
Jerry Sheldon	Fargo North HS
Lisa Sinjem	Minot HS
Myron Spitzer	Hebron HS
Roger Stone	Dickinson HS
Rockie Stavn	Bismarck Century HS
Bob Sundberg	Minot HS
Howard Theige	Minot HS
Nancy Tidd	Fargo North HS
Otto Tyler	Northwood HS
Myron Wagner	Fargo South HS
Rich Wardner	Dickinson HS
Jerry Wilson	Bismarck Century HS
Wiley Wilson	Minot Model HS
Allyn Workman	Lisbon HS

The following **deceased** have been nominated to the NDHSCA Coaches' Hall of Fame:

Fritz Fell	Fargo Shanley HS
Charlie Hanneman	Rugby HS
Walt Hatlestad	Fargo North HS
"Red" Jarrett	Grand Forks Central HS

-

CONVENTION GOLF SCRAMBLE

The 2005 NDHSCA Coaches' Convention Golf Scramble was held at the Hawktree Golf Club on Wednesday, July 27th. Although the Green Fees were increased after the initial registration date, the players did not object to the \$65.00 fee to play on one of the fifty most prestigious courses in the nation.

Although the scramble is designed for a "fun time to be had by all," the competitiveness of coaches always rises for the occasion. The top five placing teams were:

5th Place @ 9 under was the team of Davy Zinke, Monty Mayer, Ron Benson & Troy Walters.

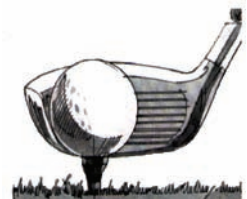
4th Place @ 10 under was the team of LeRoy Bettenhausen, Dave Dougherty, Mark Ouradnik & Dave Carlsrud.

3rd Place @ 11 under was the team of Kyle Ellingson, Perry Piatz, Terry Porter & Joel Harder.

2nd Place @ 11 under was the team of Chipper Farrell, Jim Craven, Doug Olson & Nadene Johnson.

First Place @ 11 under was the team of Todd Thompson, Jake Hanson, Tom Hosford & Troy Kleinjan.

Although the top three teams had identical scores of eleven under, the team placements were determined by total numbers of eagles, birdies, and pars. The Convention organizers have already made contacts for the 2006 Golf Scramble to be held in Fargo. Plan to participate!



2005 - 2006 SPORTS ADVISORY COMMITTEES

<u>SPORT</u>	<u>REPRESENTATION</u>	<u>TERM</u>
<u>BASEBALL:</u>		
Joel Swanson; Fargo Shanley HS	At Large Representative	2003-2006
Tim Pfeifer; Rolette HS	Class B Representative	2004-2007
Pete Dobitz; Dickinson HS	Class A Representative	2005-2008
<u>BASKETBALL – Boys':</u>		
Curt Miller; Mandan HS	Class A Representative	2003-2006
Dave Wheeler; Larimore HS	Class B Representative	2004-2007
Gregg Grinsteinner; Dickinson Trinity HS	At Large Representative	2005-2008
<u>BASKETBALL – Girls':</u>		
Laurie Sieben; Grafton HS	At Large Representative	2003-2006
Lynette Mund; West Fargo HS	Class A Representative	2001-2007
Mike Forsgren; Bottineau HS	Class B Representative	2005-2008
<u>CHEERLEADING:</u>		
Kristen Allard; St. John HS	Class B Representative	2003-2006
Billie Ann Caya; Bismarck HS	At Large Representative	2004-2007
Lu Burris; Grand Forks Central HS	Class A Representative	2005-2008
<u>CROSS COUNTRY:</u>		
Jerry Schwartz; Dickinson HS	Class A Girls' Representative	2002-2006
Bill Jansen; Rugby HS	Class B Boys' Representative	2003-2007
Rod Hardie; Fargo South HS	Class A Boys' Representative	2004-2008
Brian Anderson; New Town HS	Class B Girls' Representative	2005-2009
<u>FOOTBALL:</u>		
Randy Vigen; Central Valley HS	Nine Man Representative	2002-2006
Lyne Enget; Stanley HS	Class A Representative	2003-2007
Rick Phillion; Hazen HS	Class AA Representative	2004-2008
Brett Sorensen; Fargo North HS	Class AAA Representative	2005-2008
<u>GOLF:</u>		
Ray Callaghan; Fargo North HS	Class A Boys' Representative	2002-2006
Dean Kraft; Jamestown HS	Class A Boys' Representative	2002-2007
Vicki Soholt; May/Port-C/G HS	Class B Girls' Representative	2004-2008
LeRoy Bettenhausen; Watford City HS	Class B Boys' Representative	2005-2009
<u>GYMNASTICS:</u>		
Dave Tews; Jamestown HS	President's Term	2000-2006
Katie Hemmer; Valley City HS	President's Term	2004-2007
Juston Ziegler; Mandan HS	President's Term	2005-2008
Mike Merritt; Fargo North HS	Secretary 1998-2005	
<u>HOCKEY – Boys':</u>		
Troy Olson; Bismarck Century HS	At Large Representative	2003-2006
Tony Bina; Grand Forks Central HS	East Representative	2004-2007
Dave Hoff; Bottineau HS	West Representative	2005-2008
<u>HOCKEY – Girls':</u>		
Dave Bjugson; Fargo North HS	East Representative	2004-2007
Ryan Love; Dickinson HS	At Large Representative	2002-2008
Mike Jones; Mandan HS	West Representative	2005-2009
<u>SOCCER:</u>		
Melvin Fischer; Bismarck HS	Boys' West Representative	2003-2006
Scott Nordin; Grand Forks Central HS	Girls' East Representative	2004-2007
Cordell Sinding; Fargo North HS	Girls' West Representative	2005-2008
Dean Hashbarger; Fargo South HS	Boys' East Representative	2006-2009
<u>SWIMMING:</u>		
Marney Shirley; Jamestown HS	At Large Representative	2003-2006
Jeff Steele; Fargo North HS	Girls' Representative	2004-2007
Ralph Manley; Mandan HS	Boys' Representative	2005-2008
<u>TENNIS:</u>		
Scott McPherson; Bismarck Century HS	Girls' Representative	2003-2006
Jason Thiner; Fargo South HS	At Large Representative	2004-2007
Wade Stueve; Williston HS	Boys' Representative	2005-2008
<u>TRACK AND FIELD – Boys':</u>		
Jeryl Thompson; Drayton HS	Class B East Representative	2002-2006
Paul Lean; Fargo South HS	Class A East Representative	2003-2007
Craig Kovash; Dickinson Trinity HS	Class B West Representative	2004-2008
Dave Zittleman; Bismarck HS	Class A West Representative	2005-2009

(continued on next page)

2004-2005 NDHSCA SENIOR ATHLETE OF THE YEAR AWARD

A Boys' Cross Country	Jory Zurich	Williston High School	Clint Chamberlin
A Boys' Football	Matt Kittelson	Velva-Sawyer High School	Larry Sandy
AA Boys' Football	Tim Oksendahl	Cavalier High School	Rod Oksendahl
AAA Boys' Football	Jon Samuelson	Bismarck High School	Mark Gibson
A Boys' Soccer	Cam Christianson	Bismarck St. Mary's HS	Joe Mueller
A Boys' Tennis	Charles Paukert	Grand Forks Central HS	Duddy Weisser
A Girls' Cross Country	Nora Narloch	Grand Forks Red River HS	Chris Douthit
A Girls' Golf	Jeana Dahl	Fargo South High School	Sue Kasowski
A Girls' Swimming	Linzey Bachmeier	Mandan High School	Ralph Manley
A Girls' Volleyball	Jenna Skadeland	Williston High School	Janet Skadeland
B Boys' Cross Country	Brandon Huether	Lisbon High School	Phil Martin
B Boys' Nine-Man Football	Casey Weber	New Rockford-Sheyenne HS	David Bymoan
B Girls' Cross Country	Krista Anderson	Leeds-Maddock High School	Karen Anderson
B Girls' Volleyball	Brianna Stremick and Justine Stemick	Langdon High School	Rich Olson
A Boys' Basketball	James Hennessey	Langdon High School	Rich Olson
A Boys' Hockey	Jake Marto	Williston High School	Mark Slotsve
A Boys' Swimming	Douglas Haugen	Grand Forks Central HS	Tarek Howard
A Girls' Basketball	Brittany Geffre	Williston High School	Diana Farrenkopf
A Girls' Basketball	Rebecca Kielpinski	Fargo Shanley High School	Barb Metcalf
A Girls' Hockey	Nicole Nelson	Mandan High School	Greg Amundson
A Wrestling	T. J. Sailer	Minot High School	Pat Morelli
		Bismarck High School	Scott Knowlen & Jeff Schumacher
B Boys' Basketball	Kyle Carr	Linton High School	Dan Carr
B Girls Basketball	Ashley King	Northern Cass High School	Jodi Zieske
B Girls Basketball	Kayla Barenthsen	Powers Lake High School	Mandy Schelling
B Wrestling	Dusty Vliem	Hettinger High School	Randy Burwick
Girls' Gymnsatics	Jade Beattie	Bismarck High School	Curt Sherbrooke
A Boys' Baseball	Jake Marto	Grand Forks Central HS	Craig Champagne
A Boys' Golf	Matt Rubis	Fargo South HS	Steve Kennedy
A Girls' Soccer	Jessica Janusz	St. Mary's High School	Tim Mueller
A Girls' Tennis	Angie Horner	Bismarck St. Mary's HS	Scott McPherson
A Girls' Track and Field	Heather Zander	Mandan High School	Mike Kuhn
A Boys' Track and Field	Ryan Chappell	Grand Forks Central HS	Sean Allan
B Boys' Baseball	Scott Schumacher	Thompson High School	Ryam Brantl
	Travis Bruner	Velva-Drake High School	Mike Thingstad
B Boys' Golf	Jordan Berglund	Hazen High School	Darrell Berglund
B Boys' Track and Field	Mike LaDoucer	Northern Lights High School	Steve Dunrud & Brad Fitzgerald
			Julie Jensen
B Girls' Golf	Megan Bindas	Kindred High School	Jeff Manley
B Girls' Track and Field	Krista Anderson	Leeds/Maddock High School	

2005 - 2006 SPORTS ADVISORY COMMITTEES - CONTINUED

TRACK AND FIELD – Girls':

Sandy Popp; Milnor HS	Class B East Representative	2002-2006
Myron Loberg; Devils Lake HS	Class A East Representative	2003-2007
Steve Kleinjan; New Salem HS	Class B West Representative	2004-2008
Mike Kuhn; Mandan HS	Class A West Representative	2005-2009

VOLLEYBALL:

Steve Dunrud; Rolla HS	Class B Representative	2003-2006
Melissa Wilson; Fargo North HS	At Large Representative	2004-2007
Jenny Walsh; Bismarck Century HS	Class A Representative	2005-2008

WRESTLING:

Scott Knowlen; Bismarck HS	Class A President	2004-2006
Davy Zinke; Rolla HS	Class B Representative	2004-2007
Randy Burwick; Hettinger HS	Class B President	2005-2008

Please copy Sports Advisory Committee Application from the Internet - www.fargo.k12.nd.us/ndhsca

NDHSCA LIONS' ALL STAR BASKETBALL CO-CHAIR APPLICATION

Greg Foster notified the NDHSCA Executive Committee that he would be leaving the coaching profession at the conclusion of the 2005 school year; he has accepted a position as principal at TGU Towner High School.

After discussion between Greg and the NDHSCA Executive Committee, a mutual understanding was reached that he would complete another year as NDHSCA Lions' All Star Basketball Co-Chair to allow the Association to solicit applicants for the position.

The Executive Committee will consider all applicants at the November Executive Committee Meeting. Use the applica-

tion form on this page of the *Dakota Coach* or it may be copied from the NDHSCA website.

The NDHSCA Executive Committee will evaluate three major prerequisites for filling the position:

- 1) Knowledge of the basketball coaching community.
- 2) Ability to administer basketball coaches to nominate and select athletes to participate in the Lions' All Star Contests.
- 3) A strong value system that includes placing NDHSCA rules and guidelines above succeeding on the scoreboard side.
- 4) Organizational skills that includes computer knowledge and usage skills.

Although coaching experience and advisory committee membership are helpful, they are not required of the applicant. Only coaches in good standing as members of NDHSCA will be considered. All Star coaching experience and player selection experience are helpful experiences.

All interested applicants are asked to apply in writing by completing the Application Form in this issue of the *Dakota Coach* before November tenth. Each Applicant's athletic director or building principal may be requested to write a letter of recommendation.



North Dakota High School Coaches Association Lions' All Star Basketball Chair

Name: _____

School: _____

Home Address: _____

City, State and Zip: _____

Home Phone: _____ School Phone: _____

Email Address: _____

Years of coaching experience: _____

Years of NDHSCA membership: _____

Have you ever been an Advisory Committee Member? _____

Of which sports: _____

Head coach of which sports? _____

Summarize your computer knowledge and usage:

Have you ever coached a Lions' All Star Basketball Team? _____

Have you ever served on the Lions' All Star Basketball Player Selection Committee? _____

Return before November 10th to:

Gelaine Orvik
NDHSCA Executive Secretary
3457 26th Avenue South
Fargo, ND 58103



North Dakota High School Coaches Association Membership Registration 2005-2006

Membership:
High School _____
Junior High _____
College _____
Life _____
Associate _____
Cheerleading _____

Name _____
 School _____ E-mail Address _____
 Home Phone _____ Work Phone _____
 Home Address _____
 City/State/Zip Code _____

In the A and B column, write H (head coach) or A (assistant coach) for the appropriate sport(s).
 In the third column, write your 2004-2005 record.

	A	B	04-05 record	lifetime record		A	B	04-05 record	lifetime record
Athletic Director	---	---	---	---	Soccer	---	---	---	---
Baseball	---	---	---	---	Softball	---	---	---	---
Boys Basketball	---	---	---	---	Boys Swimming	---	---	---	---
Girls Basketball	---	---	---	---	Girls Swimming	---	---	---	---
Boys Cross Country	---	---	---	---	Boys Tennis	---	---	---	---
Girls Cross Country	---	---	---	---	Girls Tennis	---	---	---	---
Football	---	---	---	---	Boys Track	---	---	---	---
Boys Golf	---	---	---	---	Girls Track	---	---	---	---
Girls Golf	---	---	---	---	Volleyball	---	---	---	---
Gymnastics	---	---	---	---	Wrestling	---	---	---	---
Hockey	---	---	---	---	Strength	---	---	---	---

List Year(s) and Sport(s) of state championships coached. _____
 Have you filed a Victory Milestones Form? _____

Number of years coaching completed (as of June '05) _____
 Signature _____ Fee: \$50.00

Have you filled out a Victory Milestones form? (see reverse side)

Send form to Membership Chair, Karen Hardie, to address on bottom of this page.

Coaches are urged to photocopy additional membership forms and solicit membership of all head and assistant coaches throughout each school district. - Thank you.

Proud to be a Member of the NDHSCA

Membership in the NDHSCA has the following benefits:

- Subscription to our *Dakota Coach* newsletter
- Access to coaching openings in North Dakota
- Reduced admission to NDHSCA/NDHSAA Clinic during the year
- Free or reduced admission to many high school and college contests
- UND/NDSU football tickets for (except Hockey) \$1.00 allotted in reserved section
- Eligibility for the full awards program of the NDHSCA
- Eligibility to serve on the Sports Advisory Committee
- Eligibility to serve on All-Star Coaching Staff
- Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA
- An organized group that keeps everyone in touch with developments across the state and nation
- An organization that is concerned with offering programs that will help improve coaches
- An organization that is attempting to maintain and improve athletic programs for North Dakota's youth.



The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a problem, suggestion, or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better.

Membership deadlines: Fall-October 1 Winter-February 1 Spring-May 1

**Return form to: Karen Hardie, NDHSCA Membership Chair
 741 Royal Oaks Drive
 Fargo, ND 58102**

NDHSCA Victory Milestones



Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestone for the first time, make sure to give your record for each year.

Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue S; Fargo, ND 58103. Awards will be sent upon request after records are updated.

Procedure For Determining Won/Loss Records In An Invitational Meet:

- A. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
- B. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
- C. Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
- D. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Baseball	75	150	225	300	375
Basketball	100	200	300	400	500
Cross Country	50	100	150	200	250
Football	50	100	150	200	250
Golf	45	90	135	180	225
Gymnastics	45	90	135	180	225
Hockey	100	200	300	400	500

Sport	Cat. 1	Cat. 2	Cat. 3	Cat. 4	Cat. 5
Soccer	100	200	300	400	500
Softball	75	150	225	300	375
Swimming	50	100	150	200	250
Tennis	50	100	150	200	250
Track/Field	50	100	150	200	250
Volleyball	150	300	450	600	750
Wrestling	75	150	225	300	375

- Only meets in which three or more schools participate will count as an invitational.
- Schools can still have a dual meet record that would remain the same along with a record for the invitationals they attend.
- It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

Example: Meet 1 11 teams 7 wins 4 losses
 Meet 2 4 teams 0 wins 4 losses
 Meet 3 6 teams 6 wins 0 losses
 Meet 4 5 teams 4 wins 1 loss
 Meet 5 7 teams 5 wins 2 losses

Totals 5 meets 33 teams 22 wins 11 losses

Winning % equals 22/33 = 67% 5 meets x .67=3.35
 Losing % equals 11/33 = 33% 5 meets x .33 = 1.65
 Your record for the season would be 3 wins and 2 losses for invitationals.

NDHSCA Victory Milestone Record Sheet

Name _____ Date _____

E-Mail Address _____

High School _____ Coaching Position _____

Address _____ City/State/Zip Code _____

Membership: High School _____ Associate _____ Junior High _____ Life _____

Year	School	Sport	Varsity	JV	JH	Won/Loss	Overall Record
1.	_____	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____	_____	_____
13.	_____	_____	_____	_____	_____	_____	_____
14.	_____	_____	_____	_____	_____	_____	_____
15.	_____	_____	_____	_____	_____	_____	_____

FORMS AVAILABLE ON NDHSCA WEBSITE

FORM	Information	(Please see website for more details)
MEMBERSHIP FORM	Due each fall for the coming school year. Cost: \$50.00 per year	
VICTORY MILESTONES	Must be attached to Membership form.	
LIFETIME MEMBERSHIP	Must have been NDHSCA member for 20 years and an active high school coach for 25 years (either in ND or another state) Cost: \$250	
AWARD OF MERIT RECOMMENDATION	Nominate an individual for NDHSCA Award of Merit. Deadline: Nov. 1 each year.	
SPECIAL RECOGNITION RECOMMENDATION	Nominate an individual for NDHSCA Special Recognition. Deadline: November 1st each year.	
JUNIOR HIGH COACH OF THE YEAR	Nominate a Junior High COTY. Designed for full-time junior high coaches who are not head coaches in any sport. Deadlines: Nov. 15 Fall Sports; Mar. 15 Winter Sports; May 15 Spring Sports.	
ASSISTANT COACH OF THE YEAR	Nominate an assistant coach of a Varsity team who is a current member of the NDHSCA Deadlines: Nov. 15 Fall Sports; Mar. 15 Winter Sports; May 15 Spring Sports.	
HALL OF FAME	Nominate an outstanding coach whose contributions have helped to make North Dakota a leader in interscholastic athletics. Must be NDHSCA member. See website for more details.	
SPONSOR MEMBERSHIP	Financial help is needed to support NDHSCA award programs. Please nominate a firm or company that will help us in our goals.	
BURGER KING \$500 SCHOLARSHIP	Available to a Senior student whose parent/guardian is a member of the NDHSCA. Student will fill out form, attach transcript, photo and two letters of recommendation. Application must be made between Dec. 1 and March 1 of each year.	
TOM LIUM MEMORIAL \$500 SCHOLARSHIP	Two \$500 scholarships will be awarded. One each to a male senior student/athletes from a Class A and a Class B school. Student must attend a ND college. Student will fill out form, attach transcript, photo and 2 letters of recommendation. Application must be made between January 25 and March 15 each year.	
SPORTS ADVISORY COMM. APPLICATION	Apply for membership in the Sports Advisory Committee. You will represent coaches throughout the state in the assigned sport. You will coordinate regional or area meetings for statewide input. You will schedule and organize coaches meetings at state contests, and if needed, survey or seek information for recommendations. This is a 3 year commitment. Selection is made at the July Executive Board meeting.	

A PAPERLESS NEWSLETTER!

What does this mean to you? Actually, it should have little effect on you. You will still be able to read the newsletter in its entirety but now on your computer.

The website will be continually updated and "new" news will be available right away.

When you need a form, a phone number, lists of coaches or student athletes, you can go quickly to the website and find that information.

There may be times when we need to send email to all coaches. Please be sure your email address is correct; notify Gelaine Orvik. Letters to the Editor are also welcome.

The on-line newsletter will be in full color! We hope to use more pictures in the pages on the website. If you have pictures you would like to contribute, we would appreciate them.

Gelaine Orvik - Editor
Joyce Holter - Design Editor

LETTER TO THE EDITOR

Gelaine,

I just wanted to thank you, Hutch, and your staff for all the work that you all do for the coaches in our state. Without your hard work and dedication our state would not have the success that it does on the local, Regional and National level.

Thanks again for another great year, and we will see you at the State Convention.

Leon

NDSU/UND TICKET POLICY FOR NDHSCA

For many NDHSCA Members, this will not be a marked change from past arrangements for athletic admission with the two major North Dakota universities. However, some changes have been implemented and NDHSCA Members have the responsibility to adhere to the arrangements.

First, every NDHSCA Member has the responsibility to produce his or her membership card and a photo identification when accepting the reserved tickets at the Ticket Box Office at the respective universities. Each University has the authority to confiscate any membership card if it has been transferred or is being used by anyone other than the member. Neither the universities nor NDHSCA makes any guarantees as to the quality of the complimentary admission.

Secondly, each university will have the complimentary ticket available for attaining at least 24 hours before game time. Tickets may be obtained at the respective Box Offices.

The University of North Dakota and North Dakota State University will expect NDHSCA Members to contact the NDHSCA Executive Secretary by **telephone or e-mail before noon on the DAY PRIOR to each contest** to request respective tickets. The Executive Secretary will accumulate all requests and convey those requests to the respective university within 24 hours of the contest.

The University of North Dakota will require this arrangement for **ALL** athletic contests. North Dakota State University will require this arrangement only for football contests. For other NDSU contests, working personnel will accept a membership card and photo identification as admission at the admission gates.

Please adhere to these guidelines for UND and NDSU beginning with the September 17th contests. Admission guidelines for other North Dakota Colleges and Universities remain the same as in the past.

Contact the
NDHSCA
Executive
Secretary by
**telephone or
e-mail
before noon
on the
DAY PRIOR
to each
contest**
to request
respective
tickets.



2004-2005 NDHSCA SPONSOR MEMBERS

These NDHSCA Sponsor Members provide a vital service for the Association.
Please recognize their contributions.

Aim Electronics	8140 Flying Cloud Drive	Eden Prairie, MN 55344	952-941-9830
Coaches Choice	#4 Justin Court, Suite A	Monterey, CA 93940	888-229-5745
Daktronics	331 32nd Avenue	Brookings, SD 57006	605-697-4418
Dakota Awards	301 East Front Avenue	Bismarck, ND 58504	701-222-0827
Epic Cycle & Sports	400 East Rosser Avenue	Bismarck, ND 58501	701-221-9833
Gerrells' Sports Center	1004 South Washington	Grand Forks, ND 58201	701-775-0553
Graphic Edge	118 Circle Drive	Marshall, MN 56258	877-541-6592
Greg Larson Sports	Box 567 1300 Hwy 210 West	Brainerd, MN 56401	218-829-5358
Italian Moon Restaurant	810 South Washington Street	Grand Forks, ND 58201	701-772-7277
Lowe's Printing, Inc.	129 5th Avenue NW	Minot, ND 58702	701-852-1211
Logos-N-Sports	1016 East Owens Ave., Ste 100	Bismarck, ND 58501	701-222-2181
Mark I	1513 190th Street South	Hawley, MN 56549	218-937-5301
NDSU	16 Bentson Bunker Fieldhouse	Fargo, ND 58105-5576	701-280-2508
NW Communications Coop	P.O. Box 38	Ray, ND 58845	701-568-3331
Ray Jay Booster Club	Box 516	Ray, ND 58845	701-568-3301
Wendy's Restaurant	1503 South Washington Street	Grand Forks, ND 58201	701-772-6536
Westlie Motor Co.	500 South Broadway	Minot, ND 58702	701-852-1354



North Dakota High School Coaches Association Lifetime Membership Application

To purchase a Lifetime Membership
the prospective coach must have been:

- A. an NDHSCA Member for 20 years.
- B. an active high school coach for at least 25 years either in ND or another state.

Lifetime Membership may be purchased for a one-time fee of \$250. Such Lifetime Membership will carry all Active Membership benefits. Lifetime Member relinquishes voting and office holding privileges if a member is no longer an active coach.

Name _____

School _____ E-Mail Address _____

Home Phone _____ Work Phone _____

Home Address _____

City/State/Zip code _____

Number of years coaching completed (as of June 2006) _____

Number of years NDHSCA Member (as of June 2006) _____

Fee: \$250 Include the fee with this application.

**Mail fee and application to: Gelaine Orvik, Executive Secretary NDHSCA
3457 26th Avenue South
Fargo, ND 58103**

Please include the lifetime membership fee at the time of the request to purchase a Lifetime Membership.

Purchased Lifetime Memberships

Aardahl, Vern; Milnor HS	Jaeger, Kerry; Grand Forks Red River HS
Anderson, Darryl; Mandan HS	Kerlin, Don; Mayville/Portland C/G HS
Burckhard, Richard; Parshall HS	Kjelgaard, Harold; Fargo Discovery JHS
Callahan, Mike; Minnewaukan HS	Larson, Nancy; DesLacs Burlington HS
Carlson, Ron; Minnewaukan HS	Loberg, Myron; Devils Lake HS
Carlsrud, Dave; NDHSAA	Lyon, Jerry; Minot HS
Cornell, Rick; Grand Forks Schroeder JHS	Mailloux, Gary; Fargo North HS
Dew, Jim; Valley City State College	Omdahl, Chad; Hatton-Northwood HS
Disher, Ken; Minot HS	Overby, Dennis; Northwood HS
Dixon, Derrick; Turtle Mountain Community HS	Schmitt, Dan; Dakota Prairie HS
Fjeld, Greg; Minot HS	Schreiner, Vernon; Minto HS
Folstad, Collette; West Fargo HS	Sluke, David; Grafton HS
Gabrielsen, Thomas; Grand Forks Red River HS	Snortland, Keith; Warwick HS
Gadberry, Ron; Hillsboro HS	Solberg, Sheryl; NDHSAA
Hanson, Donald C.; Mandan HS	Strand, Fred P.; Hatton-Northwood HS
Hertel, Dale; Fargo South HS	Trieglaff, Robert; Fargo North HS
Horner, Dennis; Midway HS	Walhaug, Gary; Surrey HS
Hutchison, Donna; Grand Forks Red River HS	Wilson, Jerry; Bismarck Century HS
Hutchison, John; Northwood HS	Zimney, Bob; Grand Forks Red River HS
Hutchison, Lonny; Northwood HS	

North Dakota High School Coaches
Association
Official Publication

*www.fargo.k12.nd.us/
ndhsca/*
NDHSCA
3457 - 26th Avenue South

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Send to Gelaine Orvik - gorvik@cableone.net or to any of the members of the Executive Board.

See page 2 for e-mail and mailing addresses or phone numbers



**Your locally owned
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High School
Coaches Association**