



Dakota Coach

North Dakota High School Coaches Association
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2004 NDHSCA COACHES' CONVENTION

The 2004 Convention has ended and all indications are that North Dakota coaches are very satisfied with the program. The paid registration was 301. The Hall of Fame and Coach of the Year Banquet served 187 people. Although the golf outing had an emergency that would allow golfers to use carts for the first nine holes, 56 golfers still competed in the scramble.

Several basketball coaches indicated that the speakers this year were outstanding, although only one college/university level speaker presented. The only sport session that was not well attended was baseball. In view of the duplication of high school coaches and legion coaches and legion district tournaments being held, baseball coaches are always pressed for attendance.

As always, the Ramada Plaza Suites provided a marvelous venue for the convention. The meeting rooms are very affordable to all activities, except on-court activities. For that reason, we will always keep a meeting site of a gymnasium as an alternative to the meeting rooms.

A big public thank you is extended to Jim and Joyce Holter, Karen Hardie and Barb Marsh for managing the registration table. They understand the workings of registrations and the needs for the Association. The only failures occurred when the executive secretary registered people without procuring the necessary information from the registrants.

Dave Isaak from Expressway Inn provided a splendid lanyard for the registration badges. We look forward to continued cooperation with Dave. Thank you Dave.

Thank You!

To NDHSCA Members and Executive Board:

I would like to thank you for all you have done and your support during my year as president of the National High School Athletic Coaches Association. The messages you've sent, the encouraging words, from so many of you, and your attendance at the national annual meeting has meant a lot.

To Gelaine, special thanks for all you did for me and for all you continue to do for the state of North Dakota's coaches, also for the coaches and states in the National High School Athletic Coaches Association. There is no one who has done as much as you have done for coaches across the United States. North Dakota's coaches and our state association are second to none!

I am proud to be a part of the North Dakota High School Coaches Association.

A sincere 'Thank You!'

John Hutchison

Please Note:

This issue contains all the forms that are in use by the Association.

All forms may be photocopied. The Association urges all head coaches to provide copies of the Membership Form to every coach on his or her staff.

- * A copy of this issue of the *Dakota Coach* is provided for every 2003-2004 member.
- * A copy is also sent to every athletic director in the state.
- * All athletic directors are urged to provide membership application forms for every coach in his or her school.
- * All forms may also be copied from the Internet at <http://www.fargo.k12.nd.us/ndhsca/>

President's Message



Welcome back to a new school year and another exciting fall sports season! We have just completed a very successful convention and an excellent banquet. Thanks to Gelaine, John, and Karen for all of the effort they put into assuring that we have a high quality convention and banquet each year.

I am honored to be taking on the responsibility of being the president of the NDHSCA. A special thanks to Randy Johnson for his leadership this past year. He consistently went "above and beyond the call of duty" during his tenure as president.

I would like to ask our members to help us grow our membership. Please take the time to talk to your fellow coaches about the benefits of NDHSCA membership. Explain to our coaches the influence we have over our sports through the advisory committees, the awards program sponsored by the NDHSCA, the free or reduced admission to many high school and college games, and the numerous educational opportunities available through the association. The strength of our organization is our membership.

Also, I would encourage our veteran coaches to take the time to develop mentoring relationships with the young coaches in our state. As a young coach, I was very fortunate to be surrounded by strong coaches who were willing to share their knowledge, ideas, and experience. Each of us can positively impact more students by mentoring young coaches and helping them to have successful programs.

A reminder to coaches that our web site is at www.fargo.k12.nd.us/ndhsca/. The site has membership forms, junior high and assistant coach of the year nomination forms, scholarship forms, and applications for the advisory committees. I would like to call special attention to the award of merit and special recognition award nomination forms that are on the web site. If there is someone in your community who is deserving of one of these awards, please nominate them.

Best of luck to everyone in the upcoming athletic seasons and have a great school year!

Todd Olson



Todd Olson

NDHSCA 2003-2004 Executive Board

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Membership Form - pg. 5

LIONS' ALL STAR BASKETBALL REPORT

Terry West

I. Games

The games were held on July 20 (Bismarck) and July 21 (Fargo). Attendance was to be good at both sites. The Class "A" All-stars won all four games.

We received several compliments from parents and players on the events and all the comments were very positive.

II. Problems

Situation 1- Should a girl that gives birth be allowed to participate?

Resolution: The coaches need to wait until the final team is set before any announcement is made to the player or parents. This would solve any problems with disqualifying a player from the team.

Situation 2- Not enough alternates for the Class B. None of the alternates accepted, leaving the Class B boys with no one to replace an injured player.

Resolution: Coaches in each region should have the next player ready for the coaches of the all-star games so that another player could be selected if needed.

Situation 3- Coaches need to be more active in making sure players are responding to information letters.

Resolution: Coaches said they would try to be more helpful if needed.

Situation 4- Should practice sites be alternated on a two-year basis?

Resolution: Felt that the Lion's Club should invite who they want to their city for practices. If they choose to alternate, that would be their choice.

Situation 5- Having the NDHSCA Convention at the same time as the all-star games.

Resolution: This may or may not be looked at in the future. However, the Lions will set the dates according to their needs and the convention would move to a week earlier if it would help attendance at both events.

III. Chairpersons

Class "B"- Greg Foster, Boys Basketball Coach at Rugby

Class "A"- Mike Hendrickson, Boys Basketball Coach at Fargo South

IV. Future Lion's All-star games

Practice will begin on Friday, July 15. The girls will report to Bismarck and the boys will report to Fargo. Mike Hendrickson will greet the boys in Fargo and Greg Foster will greet the girls in Bismarck.

The games will be held in Bismarck on July 19 and Fargo on July 20. Game times will be as follows: Girls at 6:30 pm and Boys at 8:30 pm.

This is still subject to change if the Lions are not able to secure rooms, practice facilities, and game sites.

Thanks again and enjoy what is left of summer.

Letters to the Editor

Thank you for allowing Special Olympics North Dakota (SOND) to participate at the North Dakota Coaches Convention. It was an enjoyable time and SOND learned a lot from the event. SOND hopes to continue to have the opportunity to showcase our organization to the coaches and give them opportunities to volunteer their time, effort, and skills.

If you could please send SOND a copy of next year's information concerning the coaches' convention, we would greatly appreciate it. Also, we'd like to build this relationship to be similar to that in the early 80's. Call me at your earliest convenience. Thanks again for allowing us to participate and have a great year.

Eric Wasnes,
Director of Sports, Special Olympics North Dakota

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I just wanted to send you a short note to thank you for giving me the opportunity to present at the North Dakota High School Coaches Convention. I considered it a sincere honor and enjoyed the opportunity to connect with coaches from across North Dakota.

I will keep in mind your request to forward ideas regarding other 9-man football coaches from our area who could contribute to your convention efforts in the future.

Thanks again! Enjoy August!

Sincerely,  
Mark A. Kroulik, Head Football Coach  
Stephen/Argyle Central High School

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I want to thank you for the opportunity of speaking at your clinic. I have already received two e-mails thanking me and requesting some materials.

I believe this is my mission now that I've retired. To get our message out to as many young coaches as possible. If you have contacts with other state associations, please let them know. I would be more than interested in speaking.

I am in the process of working with Dr. Brad Strand at NDSU to possibly teach a class in successful coaching.

Thanks again!
Gary Schuler, Otter Buckets
Fergus Falls High School

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Lions Club,

Thank you for everything. This was an experience of a lifetime. I would do it again in a heart beat!

Thanks again.  
Eric Rongen

## Attention Please: To All Coaches!

Although this issue contains most registration forms and nomination forms, all forms can be found at the NDHSCA Website <http://www.fargo.k12.nd.us/ndhsc>. All coaches are urged to provide membership forms and other applicable forms to every coach in their school. Be certain that all coaches have membership registration deadlines for awards eligibility.

All head coaches are urged to consider assistant coaches and junior high coaches as candidates for Assistant Coach of the Year Award nominations and Junior High School Coach of the Year nominations. Please provide the nec-

# 2004-2005 NDHSAA

# SPORTS ADVISORY COMM.

| <u>SPORT</u>                              | <u>REPRESENTATION</u>         | <u>TERM</u> |
|-------------------------------------------|-------------------------------|-------------|
| <b>BASEBALL:</b>                          |                               |             |
| Jeff Fiechtner; Fargo North HS            | Class A Representative        | 2002-2005   |
| Joel Swanson; Fargo Shanley HS            | At Large Representative       | 2003-2006   |
| Greg Foster; Rugby HS                     | Class B Representative        | 2004-2007   |
| <b>BASKETBALL – Boys':</b>                |                               |             |
| Rich Hovland; Bismarck Century HS         | At Large Representative       | 2002-2005   |
| Curt Miller; Mandan HS                    | Class A Representative        | 2003-2006   |
| Dave Wheeler; Larimore HS                 | Class B Representative        | 2004-2007   |
| <b>BASKETBALL – Girls':</b>               |                               |             |
| Wayne Brackenbury; Mohall HS              | Class B Representative        | 2002-2005   |
| Laurie Sieben; Grafton HS                 | At Large Representative       | 2003-2006   |
| Lynette Mund; West Fargo HS               | Class A Representative        | 2001-2007   |
| <b>CHEERLEADING:</b>                      |                               |             |
| Brenda Hoffart; Bottineau HS              | Class A Representative        | 2002-2005   |
| Jackie Boettcher; Westhope HS             | Class B Representative        | 2003-2006   |
| Billie Ann Caya; Bismarck HS              | At Large Representative       | 2004-2007   |
| <b>CROSS COUNTRY:</b>                     |                               |             |
| Brian Anderson; New Town HS               | Class B Girls' Representative | 2001-2005   |
| Jerry Schwartz; Dickinson HS              | Class A Girls' Representative | 2002-2006   |
| Bill Jansen; Rugby HS                     | Class B Boys' Representative  | 2003-2007   |
| Rod Hardie; Fargo South HS                | Class A Boys' Representative  | 2004-2008   |
| <b>FOOTBALL:</b>                          |                               |             |
| Dean Goodall; Dickinson HS                | Class AAA Representative      | 2001-2005   |
| Randy Vigen; Central Valley HS            | Nine Man Representative       | 2002-2006   |
| Lyne Enget; Stanley HS                    | Class A Representative        | 2003-2007   |
| Rick Phillion; Hazen HS                   | Class AA Representative       | 2004-2008   |
| <b>GOLF:</b>                              |                               |             |
| Kathy Berglund; Hazen HS                  | Class B Representative        | 2001-2005   |
| Ray Callaghan; Fargo North HS             | Class A Boys' Representative  | 2002-2006   |
| Dean Kraft; Jamestown HS                  | Class A Girls' Representative | 2002-2007   |
| Vicki Sohlt; May/Port-C/G HS              | Class B Representative        | 2004-2008   |
| <b>GYMNASTICS:</b>                        |                               |             |
| Kristi Sandbeck; Grand Forks Red River HS | President                     | 1996-2002   |
| Mike Merritt; Fargo North HS              | East Representative           | 1997-2003   |
| Curt Sherbrooke; Bismarck Schools         | West Representative           | 1998-2004   |
| Ken Van Ells; Dickinson HS                | President                     | 2001-2005   |
| <b>HOCKEY – Boys':</b>                    |                               |             |
| Gary Samson; Minot HS                     | West Representative           | 2001-2004   |
| Don Smith; Fargo North HS                 | East Representative           | 2002-2005   |
| Mike Wald; Bismarck Century HS            | At Large Representative       | 2003-2007   |
| <b>HOCKEY – Girls':</b>                   |                               |             |
| Patrick Morelli; Minot HS                 | West Representative           | 2002-2006   |
| Annie Trudeau; Jamestown HS               | East Representative           | 2004-2007   |
| Ace Gregg; Fargo South HS                 | At Large Representative       | 2002-2008   |
| <b>SOCCER:</b>                            |                               |             |
| Randy Baumgartner; Bismarck HS            | At Large Representative       | 2002-2005   |
| Melvin Fisher; Bismarck HS                | Class A Boys' Representative  | 2003-2006   |
| Scott Nordin; Grand Forks Central HS      | Class A Girls' Representative | 2004-2007   |
| <b>SWIMMING:</b>                          |                               |             |
| Ken Disher; Minot HS                      | Boys' Representative          | 2002-2005   |
| Marney Shirley; Jamestown HS              | At Large Representative       | 2003-2006   |
| Ralph Manley; Mandan HS                   | Girls' Representative         | 2001-2004   |
| <b>TENNIS:</b>                            |                               |             |
| Greg LaDouceur; Red River HS              | Boys' Representative          | 2002-2005   |
| Scott McPherson; Bismarck Century HS      | Girls' Representative         | 2003-2006   |
| Jason Thiner; Fargo South HS              | At Large Representative       | 2004-2007   |
| <b>TRACK AND FIELD – Boys':</b>           |                               |             |
| Dave Zittleman; Bismarck HS               | Class A West Representative   | 2001-2005   |
| Jeryl Thompson; Drayton HS                | Class B East Representative   | 2002-2006   |
| Paul Lean; Fargo South HS                 | Class A East Representative   | 2003-2007   |
| Craig Kovash; Dickinson Trinity HS        | Class B West Representative   | 2004-2008   |
| <b>TRACK AND FIELD – Girls':</b>          |                               |             |
| Julie Stavn; Bismarck Century HS          | Class A West Representative   | 2001-2005   |
| Neil Race; Hatton HS                      | Class B East Representative   | 2002-2006   |
| Cory Lehman; Fargo South HS               | Class A East Representative   | 2003-2007   |
| Steve Kleinjan; New Salem HS              | Class B West Representative   | 2004-2008   |
| <b>VOLLEYBALL:</b>                        |                               |             |
| Jay Schobinger; Dickinson HS              | Class A Representative        | 2002-2005   |
| Steve Dunrud; Rolla HS                    | Class B Representative        | 2003-2006   |
| Michelle Dolan; Ray HS                    | At Large Representative       | 2001-2004   |
| <b>WRESTLING:</b>                         |                               |             |
| Dave Dougherty; Watford City HS           | Class B President             | 2004-2005   |
| Scott Knowlen; Bismarck HS                | Class A President             | 2004-2006   |
| Jeff Weber; Kindred HS                    | Class B Representative        | 2004-2007   |

# North Dakota High School Coaches Association

## Membership Registration 2004-2005

Name \_\_\_\_\_  
 School \_\_\_\_\_ E-mail Address \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City/State/Zip Code \_\_\_\_\_

|                    |       |
|--------------------|-------|
| <b>Membership:</b> |       |
| High School        | _____ |
| Junior High        | _____ |
| College            | _____ |
| Life               | _____ |
| Associate          | _____ |
| Cheerleading       | _____ |

In the A and B column, write H (head coach) or A (assistant coach) for the appropriate sport(s).  
 In the third column, write your 2003-2004 record.

|                     | A   | B   | 03-04 record | lifetime record |                | A   | B   | 03-04 record | lifetime record |
|---------------------|-----|-----|--------------|-----------------|----------------|-----|-----|--------------|-----------------|
| Athletic Director   | --- | --- | ---          | ---             | Soccer         | --- | --- | ---          | ---             |
| Baseball            | --- | --- | ---          | ---             | Softball       | --- | --- | ---          | ---             |
| Boys Basketball     | --- | --- | ---          | ---             | Boys Swimming  | --- | --- | ---          | ---             |
| Girls Basketball    | --- | --- | ---          | ---             | Girls Swimming | --- | --- | ---          | ---             |
| Boys Cross Country  | --- | --- | ---          | ---             | Boys Tennis    | --- | --- | ---          | ---             |
| Girls Cross Country | --- | --- | ---          | ---             | Girls Tennis   | --- | --- | ---          | ---             |
| Football            | --- | --- | ---          | ---             | Boys Track     | --- | --- | ---          | ---             |
| Boys Golf           | --- | --- | ---          | ---             | Girls Track    | --- | --- | ---          | ---             |
| Girls Golf          | --- | --- | ---          | ---             | Volleyball     | --- | --- | ---          | ---             |
| Gymnastics          | --- | --- | ---          | ---             | Wrestling      | --- | --- | ---          | ---             |
| Hockey              | --- | --- | ---          | ---             | Strength       | --- | --- | ---          | ---             |
|                     |     |     |              |                 | Year           |     |     |              |                 |
|                     |     |     |              |                 | Sport          |     |     |              |                 |

List Year(s) and Sport(s) of state championships coached. \_\_\_\_\_  
 Have you filed a Victory Milestones Form? \_\_\_\_\_  
 Number of years coaching completed (as of June '05) \_\_\_\_\_

Signature \_\_\_\_\_ Fee: \$50.00

**Coaches are urged to photocopy additional membership forms and solicit membership of all head and assistant coaches throughout each school district. - Thank you.**

### *Proud to be a Member of the NDHSCA*

Membership in the NDHSCA has the following benefits:

- Subscription to our *Dakota Coach* newsletter
- Access to coaching openings in North Dakota
- Reduced admission to NDHSCA/NDHSAA Clinic during the year
- Free or reduced admission to many high school and college contests
- UND/NDSU football tickets for (except Hockey) \$1.00 allotted in reserved section
- Eligibility for the full awards program of the NDHSCA
- Eligibility to serve on the Sports Advisory Committee
- Eligibility to serve on All-Star Coaching Staff
- Contacts that will allow opinions to be heard in the governing of each sport by the NDHSCA
- An organized group that keeps everyone in touch with developments across the state and nation
- An organization that is concerned with offering programs that will help improve coaches
- An organization that is attempting to maintain and improve athletic programs for North Dakota's youth.



The NDHSCA is here to serve. Always feel free to contact any officer or the Executive Director with a problem, suggestion, or complaint. Knowing the needs of coaches makes it possible for the NDHSCA to serve you better.

**Membership deadlines:    Fall-October 1            Winter-February 1            Spring-May 1**

**Return form to: Karen Hardie, NDHSCA Membership Chair ~ 741 Royal Oaks Drive ~ Fargo, ND 58102**

# NDHSCA Victory Milestones



Please help the NDHSCA keep your records current. Each coach must send their record at the completion of each season. If coaching more than one sport, complete each sport on a separate form. If you are completing the victory milestone for the first time, make sure to give your record for each year.

Report only the highest level of coaching each season. Don't add coaching seasons together (ex. if a coach is coaching both jr. high boys basketball and varsity basketball, count only the varsity basketball record for that season). If coaching both varsity girls' and varsity boys' basketball, count each season on separate forms and don't add together as one record. Under the new format for counting victories in certain sports such as track and field, cross country, tennis, golf, swimming, and gymnastics; the old records will need to be updated. Remember to keep each sport season separate and always report the highest level of coaching in each sport.

**Mail completed form/s to: Gelaine Orvik; 3457 - 26th Avenue SW; Fargo, ND 58103.** Awards will be sent upon request after records are updated.

### Procedure For Determining Won/Loss Records In An Invitational Meet:

- A. In an invitational meet, the teams that finish below you will count as victories, those that finish above you are losses. Any teams that you tie will count as a win.
- B. Figure out the total number of teams you have competed against and what percentage of those teams were wins and losses.
- C. Take the percentage of wins/losses from above and multiply it against the number of meets you participated in to arrive at your won/loss record for the season.
- D. If this is not a whole number, victories will always be rounded down and losses will be rounded up. (Obviously, if your team has participated in ten meets during the year, your wins plus losses should equal ten.)

| Sport         | Cat. 1 | Cat. 2 | Cat. 3 | Cat. 4 | Cat. 5 |
|---------------|--------|--------|--------|--------|--------|
| Baseball      | 75     | 150    | 225    | 300    | 375    |
| Basketball    | 100    | 200    | 300    | 400    | 500    |
| Cross Country | 50     | 100    | 200    | 300    | 400    |
| Football      | 50     | 100    | 200    | 300    | 400    |
| Golf          | 45     | 90     | 135    | 180    | 225    |
| Gymnastics    | 45     | 90     | 135    | 180    | 225    |
| Hockey        | 100    | 200    | 300    | 400    | 500    |

| Sport      | Cat. 1 | Cat. 2 | Cat. 3 | Cat. 4 | Cat. 5 |
|------------|--------|--------|--------|--------|--------|
| Soccer     | 100    | 200    | 300    | 400    | 500    |
| Softball   | 75     | 150    | 225    | 300    | 375    |
| Swimming   | 50     | 100    | 200    | 300    | 400    |
| Tennis     | 50     | 100    | 200    | 300    | 400    |
| Track      | 50     | 100    | 200    | 300    | 400    |
| Volleyball | 150    | 300    | 450    | 600    | 750    |
| Wrestling  | 75     | 150    | 225    | 300    | 375    |

- Only meets in which three or more schools participate will count as an invitational.
- Schools can still have a dual meet record that would remain the same along with a record for the invitationals they attend.
- It will be up to the individual coaches to determine their records from past years and update wins or revise their victory milestone forms.

|                 |                |                 |                          |
|-----------------|----------------|-----------------|--------------------------|
| Example: Meet 1 | 11 teams       | 7 wins          | 4 losses                 |
| Meet 2          | 4 teams        | 0 wins          | 4 losses                 |
| Meet 3          | 6 teams        | 6 wins          | 0 losses                 |
| Meet 4          | 5 teams        | 4 wins          | 1 loss                   |
| Meet 5          | 7 teams        | 5 wins          | 2 losses                 |
| <b>Totals</b>   | <b>5 meets</b> | <b>33 teams</b> | <b>22 wins 11 losses</b> |

Winning % equals  $22/33 = 67\%$  5 meets x .67=3.35  
 Losing % equals  $11/33 = 33\%$  5 meets x .33 = 1.65  
 Your record for the season would be 3 wins and 2 losses for invitationals.

## NDHSCA Victory Milestone Record Sheet

Name \_\_\_\_\_ Date \_\_\_\_\_ E-Mail Address \_\_\_\_\_  
 High School \_\_\_\_\_ Coaching Position \_\_\_\_\_  
 Address \_\_\_\_\_ City/State/Zip Code \_\_\_\_\_  
 Membership: High School \_\_\_\_\_ Associate \_\_\_\_\_ Junior High \_\_\_\_\_ Life \_\_\_\_\_

|     | Year  | School | Sport | Varsity | JV    | JH    | Won/Loss | Overall Record |
|-----|-------|--------|-------|---------|-------|-------|----------|----------------|
| 1.  | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 2.  | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 3.  | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 4.  | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 5.  | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 6.  | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 7.  | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 8.  | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 9.  | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 10. | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 11. | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 12. | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 13. | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 14. | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |
| 15. | _____ | _____  | _____ | _____   | _____ | _____ | _____    | _____          |



## North Dakota High School Coaches Association Junior High Coach of the Year

1. Any junior high school coach of a North Dakota **Junior High School** team who is a current NDHSCA member may be nominated for the Junior High School Coach of the Year award.
2. The award is designed for full-time junior high school coaches, who are **not** head coaches in any sport. **however**, the evaluation committee may exercise reasonable criteria in accepting an assistant coach who is also a head coach in another sport.
3. The award will be directed to junior high school coaches who have coaching longevity; have contributed to State Championship Programs at the varsity level; have contributed to the development of individual athletes who have been state champions or have received all state recognition; have performed duties for school, church, and community; have made other contributions to athletics and sports' programs; have been recognized for contributions to education and athletics and extraordinary performances; and have received special commendations from the head coach for the sport of the school which the junior high school affects.
4. DEADLINES for nominating a junior high school coach for this award will be:  
**November 15 for Fall Sports; March 15 for Winter Sports; and May 15 for Spring Sports.**
5. Anyone may nominate a junior high school coach for this award.
6. Upon receipt of nomination, the NDHSCA Executive Secretary will mail a form to the nominator to have the form completed and documented. Promptness is vital.
7. A personal letter of recommendation from the head coach **must** accompany the nomination form.
8. **Only** data pertaining to the junior high school coaching duties will be evaluated.
9. The Executive Board will evaluate the nominations at the Executive Board meeting following the deadline for nomination.
10. A nomination may be made on the same recipient in successive years in any sport by the same nominator.
11. All nominations will be retained for competition in succeeding years. Forms will be sent to the nominee to update data each year.

Nominee's Name \_\_\_\_\_ Phone \_\_\_\_\_

Nominee's Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Nomination Season \_\_\_\_\_ Sport \_\_\_\_\_ Date \_\_\_\_\_

Nomination By \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Nominator's Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Nominator's Signature \_\_\_\_\_

Mail nomination form to: **Gelaine Orvik**  
**3457 - 26th Avenue SW**  
**Fargo ND 58103**



## North Dakota High School Coaches Association Assistant Coach of the Year

1. Any assistant coach of a North Dakota **Varsity** team who is a current NDHSCA member may be nominated for the Assistant Coach of the Year award.
2. The award is designed for full-time assistant coaches, who are **not** head coaches in any sport. **however**, the evaluation committee may exercise reasonable criteria in accepting an assistant coach who is also a head coach in another sport.
3. The award will be directed to assistant coaches who have coaching longevity; have assisted coaching State Championship Teams; have assisted coaching individual athletes who have been state champions or have received all state recognition; have performed duties for school, church, and community; have made other contributions to athletics, sports, and community; have been recognized for contributions to education and athletics and extraordinary performances; and have received special commendations from the head coach.
4. **Deadlines** for nominating an assistant coach for this award will be:  
**November 15 for Fall Sports; March 15 for Winter Sports; & May 15 for Spring Sports.**
5. Anyone may nominate an assistant coach for this award.
6. Upon receipt of the nomination, the NDHSCA Executive Secretary will mail a form to the nominator to have the form completed and documented. Promptness is vital.
7. A personal letter of recommendation from the head coach **must** accompany the nomination form.
8. **Only** data pertaining to the assistant coaching duties will be evaluated.
9. The Executive Board will evaluate the nominations at the Executive Board meeting following the deadline for nomination.
10. A nomination may be made on the same recipient in successive years in any sport by the same nominator.
11. All nominations will be retained for competition in succeeding years. Forms will be sent to the nominee to update data each year.

Nominee's Name \_\_\_\_\_ Phone \_\_\_\_\_

Nominee's Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Nomination Season \_\_\_\_\_ Sport \_\_\_\_\_ Date \_\_\_\_\_

Nomination By \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Nominator's Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Nominator's Signature \_\_\_\_\_

Mail nomination form to: **Gelaine Orvik**  
**3457 - 26th Avenue SW**  
**Fargo ND 58103**





## North Dakota High School Coaches Association Hall of Fame

The NDHSCA Hall of Fame was established for the purpose of giving special recognition to outstanding coaches of this Association whose contributions have helped to make North Dakota to a leader in interscholastic athletics.

### I. CRITERIA FOR SELECTION

- a. Individuals selected as nominees must have shown a deep sense of responsibility in the manner in which they conducted themselves as coaches, and demonstrated a dedication to the highest ideals of competitive interscholastic athletics.
- b. Equally important is the manner in which individuals conducted their programs, that they be most beneficial to their players, schools, and communities, always reflecting a positive image of interscholastic athletics and/or coaches.
- c. Coaches shall have demonstrated the characteristic to lead, to motivate, to inspire, to guide, and to counsel athletes.
- d. Candidates will have extended a great participation in their Coaches Association, contributed in service to NDHSCA, and provided involvement in specific sports Association.
- e. Objective criteria for evaluation include coaching tenure, championship seasons, win/loss record, and service to the coaching profession.

### II. CANDIDATE ELIGIBILITY

- a. Both active and retired coaches are eligible for nomination.
- b. Nominees must have been a active as a coach or an athletic director for a minimum of twenty years of which at least ten must have been in North Dakota.
- c. Nominees must be a current of life member of the of the North Dakota High School Coaches Association, unless they are retired or departed from the profession.
- d. Eligibility is limited to coaches and athletic directors.

### III. WHO MAY NOMINATE CANDIDATES?

- a. Individual sports associations may nominate individuals.
- b. Any individual who is a member of the North Dakota High School Coaches Association.

Nominee's Name \_\_\_\_\_ Phone \_\_\_\_\_

Nominee's Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Nominator's Signature \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Nominator's Name \_\_\_\_\_ Date \_\_\_\_\_

Mail nomination form to: **Gelaine Orvik**  
**3457 - 26th Avenue SW**  
**Fargo, ND 58103**



## North Dakota High School Coaches Association Sponsor Membership

- The North Dakota High School Coaches Association is a non-profit organization that is concerned with supporting athletic programs which benefit the youth of North Dakota.

- The NDHSCA is an organization that offers programs to help coaches keep in touch with new developments in athletics and coaching as well as attempting to maintain and improve athletic programs in North Dakota. Financial help is needed to support the award programs, the state convention, and the various all-state contests sponsored by the NDHSCA.
- All sponsor members receive a plaque from the NDHSCA to show its appreciation as well as being listed on the sponsor page in the *Dakota Coach*.

NDHSCA SPONSOR MEMBERSHIP FEE: \$50.00

Firm's Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_

Was the firm previously a Sponsor Member? \_\_\_\_\_

If yes, what years? \_\_\_\_\_

Signature of Authorizing Personnel \_\_\_\_\_

Would you like additional plaques? (available at \$10 per plaque) How many? \_\_\_\_\_

Name of Soliciting Coach \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

E-mail Address \_\_\_\_\_

Please mail completed form and check to: **Gelaine Orvik**  
**3457 - 26th Avenue SW**  
**Fargo ND 58103**

# North Dakota High School Coaches Association \$500 Scholarship Sponsored by Burger King



Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Names of Parents/Guardians \_\_\_\_\_

High School \_\_\_\_\_ Date of Graduation \_\_\_\_\_

Grade Point Average \_\_\_\_\_ Class Rank ( \_\_\_ out of \_\_\_ ) ACT \_\_\_\_ SAT V \_\_\_\_ M \_\_\_\_

College or university planning to attend or have applied to \_\_\_\_\_

Local newspaper \_\_\_\_\_

**Activities:** Check activities of participation. Star (\*) those in which leadership roles held. Indicate varsity letter earned by using a V in the year that letter was earned.

|               |   |    |    |    |                                                                |
|---------------|---|----|----|----|----------------------------------------------------------------|
| Athletics:    |   |    |    |    | (Use this space to list other sports, clubs, etc., if needed.) |
| Baseball      | 9 | 10 | 11 | 12 | _____                                                          |
| Basketball    | 9 | 10 | 11 | 12 | _____                                                          |
| Cross Country | 9 | 10 | 11 | 12 | _____                                                          |
| Football      | 9 | 10 | 11 | 12 | _____                                                          |
| Golf          | 9 | 10 | 11 | 12 | _____                                                          |
| Gymnastics    | 9 | 10 | 11 | 12 | _____                                                          |
| Hockey        | 9 | 10 | 11 | 12 | _____                                                          |
| Soccer        | 9 | 10 | 11 | 12 | _____                                                          |
| Softball      | 9 | 10 | 11 | 12 | _____                                                          |
| Swimming      | 9 | 10 | 11 | 12 | _____                                                          |
| Tennis        | 9 | 10 | 11 | 12 | _____                                                          |
| Track         | 9 | 10 | 11 | 12 | _____                                                          |
| Volleyball    | 9 | 10 | 11 | 12 | _____                                                          |
| Wrestling     | 9 | 10 | 11 | 12 | _____                                                          |
| Band          | 9 | 10 | 11 | 12 | _____                                                          |
| Chorus        | 9 | 10 | 11 | 12 | _____                                                          |
| Orchestra     | 9 | 10 | 11 | 12 | _____                                                          |
| Debate        | 9 | 10 | 11 | 12 | _____                                                          |
| Speech        | 9 | 10 | 11 | 12 | _____                                                          |
| Drama         | 9 | 10 | 11 | 12 | _____                                                          |
| Student Govt. | 9 | 10 | 11 | 12 | _____                                                          |
| Publications  | 9 | 10 | 11 | 12 | _____                                                          |
| Cheerleading  | 9 | 10 | 11 | 12 | _____                                                          |

**Special Instructions:**

1. Applicant's parent/guardian must be a member of the NDHSCA.
2. Application must be made between December 1 and March 1 of each year.
3. With this application, please include:
  - a. high school transcript (at the end of first semester)
  - b. senior photograph
  - c. two letters of recommendation from faculty members. These recommendations must be mailed to the NDHSCA Executive Secretary at the address listed below.
4. Mail the application **and** senior picture to: **Gelaine Orvik**  
**3457 - 26th Avenue SW**  
**Fargo ND 58103**

# North Dakota High School Coaches Association Tom Lium Memorial \$500 Scholarship



Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State/Zip Code \_\_\_\_\_  
 Names of Parents/Guardians \_\_\_\_\_  
 High School \_\_\_\_\_ Date of Graduation \_\_\_\_\_  
 Grade Point Average \_\_\_\_\_ Class Rank ( \_\_\_ out of \_\_\_ ) ACT \_\_\_\_\_ SAT V \_\_\_\_\_ M \_\_\_\_\_  
 College or university planning to attend or have applied to \_\_\_\_\_  
 Local Newspaper \_\_\_\_\_

**Activities:** Check activities participated in. Star (\*) those in which leadership roles held.  
 Indicate varsity letter earned by using a V in the year that letter was earned.

|                   |   |    |    |    |  |
|-------------------|---|----|----|----|--|
| <b>Athletics:</b> |   |    |    |    |  |
| Baseball          | 9 | 10 | 11 | 12 |  |
| Basketball        | 9 | 10 | 11 | 12 |  |
| Cross Country     | 9 | 10 | 11 | 12 |  |
| Football          | 9 | 10 | 11 | 12 |  |
| Golf              | 9 | 10 | 11 | 12 |  |
| Gymnastics        | 9 | 10 | 11 | 12 |  |
| Hockey            | 9 | 10 | 11 | 12 |  |
| Soccer            | 9 | 10 | 11 | 12 |  |
| Softball          | 9 | 10 | 11 | 12 |  |
| Swimming          | 9 | 10 | 11 | 12 |  |
| Tennis            | 9 | 10 | 11 | 12 |  |
| Track             | 9 | 10 | 11 | 12 |  |
| Volleyball        | 9 | 10 | 11 | 12 |  |
| Wrestling         | 9 | 10 | 11 | 12 |  |
| Band              | 9 | 10 | 11 | 12 |  |
| Chorus            | 9 | 10 | 11 | 12 |  |
| Orchestra         | 9 | 10 | 11 | 12 |  |
| Debate            | 9 | 10 | 11 | 12 |  |
| Speech            | 9 | 10 | 11 | 12 |  |
| Drama             | 9 | 10 | 11 | 12 |  |
| Student Govt.     | 9 | 10 | 11 | 12 |  |
| Publications      | 9 | 10 | 11 | 12 |  |
| Cheerleading      | 9 | 10 | 11 | 12 |  |

(Use this space to list other sports, clubs, etc., if needed.)  
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- Instructions:**
- Two \$500 scholarships will be awarded, one each to a male senior student/athlete from Class A and Class B school ("A" and "B" as defined by the NDHSAA Basketball Classification).
  - Student/athlete must have lettered in at least one varsity sport.
  - Application must be made between January 25th and March 15th of each year.
  - Applicant must attend a **North Dakota college or university** (college and applicant will be co-payees).
  - With this application, please include:
    - high school transcript (at the end of first semester)
    - senior photograph (to be used for publicity purposes only)
    - two letters of recommendation from faculty members. These recommendations must be mailed to the NDHSCA Executive Secretary at the address listed below.
  - Mail the application and senior picture to: **Gelaine Orvik**  
**3457 - 26th Avenue SW**  
**Fargo ND 58103**

## 2004-2005 NDHSCA Sponsor Members

These NDHSCA Sponsor Members provide a vital service for the Association

Please recognize their contributions

|                                |                              |                        |              |                   |
|--------------------------------|------------------------------|------------------------|--------------|-------------------|
| <b>Aim Electronics</b>         | 8140 Flying Cloud Drive      | Eden Prairie, MN 55344 | 952-941-9830 | Fax: 952-941-7139 |
| <b>Coaches Choice</b>          | #4 Justin Court, Suite A     | Monterey, CA 93940     | 888-229-5745 | Fax: 831-272-6075 |
| <b>Daktronics</b>              | 331 32nd Avenue              | Brookings, SD 57006    | 605-697-4418 | Fax: 605-695-2096 |
| <b>Epic Cycle &amp; Sports</b> | 400 East Rosser Avenue       | Bismarck, ND 58501     | 701-221-9833 | Fax: 701-530-0851 |
| Gerrells' Sports Center        | 1004 South Washington        | Grand Forks, ND 58201  | 701-775-0553 |                   |
| <b>Graphic Edge</b>            | 118 Circle Drive             | Marshall, MN 56258     | 877-541-6592 |                   |
| <b>Greg Larson Sports</b>      | Box 567, 1300 Hwy 210 W.     | Brainerd, MN 56401     | 218-829-5358 | Fax: 218-829-0162 |
| <b>Logos-N-Sports</b>          | 1016 E. Owens Ave. Suite 100 | Bismarck, ND 58501     | 701-222-2181 | Fax: 701-222-6304 |
| <b>Mark I</b>                  | 1513 190th Street South      | Hawley, MN 56549       | 218-937-5301 | Fax: 218-937-5301 |
| <b>NDSU</b>                    | 16 Bentson Bunker Fieldhouse | Fargo, ND 58105-5576   | 701-280-2508 | Fax: 701-231-8872 |

## North Dakota High School Coaches Association Coaches' Code of Ethics

**As a professional educator, the coach will:**

- ❖ Exemplify the highest moral character, behavior and leadership
- ❖ Respect the integrity and personality of the individual athlete
- ❖ Abide by the rules of the game in letter and spirit
- ❖ Respect the integrity and judgment of sports officials
- ❖ Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement
- ❖ Encourage a respect for all athletics and their values
- ❖ Display modesty in victory and graciousness in defeat
- ❖ Promote ethical relationships among coaches
- ❖ Fulfill responsibilities to provide health services and an environment free of safety hazards
- ❖ Encourage the highest standards of conduct and scholastic achievement among all athletes
- ❖ Seek to inculcate good health habits including the establishment of sound training rules
- ❖ Strive to develop in each athlete the qualities of leadership, initiative and good judgment





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High School  
Coaches Association.**

**North Dakota High School Coaches Association  
Sports' Advisory Committee Application**



Name \_\_\_\_\_  
School \_\_\_\_\_ E-Mail Address \_\_\_\_\_  
Home Address \_\_\_\_\_  
City/State/Zip Code \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Sport \_\_\_\_\_ Years of Coaching Experience \_\_\_\_\_  
Number of Years of Membership to the NDHSCA \_\_\_\_\_

My duties as a Sports Advisory Committee member include:

1. Represent all coaches through the state in the assigned sport.
2. Coordinate regional or area meetings for statewide input.
3. Schedule and organize coaches meetings at state contests.
4. If needed, survey or seek information for recommendations.

I understand this is a **three year** commitment.

**Selections are made at the July Executive Board Meeting.**

Return form to: **Gelaine Orvik ~ 3457 - 26th Avenue SW ~ Fargo ND 58103**

# EASTBAY

**Athletic supplier Eastbay is a proud sponsor of the National High School Athletic Coaches Association and the organization's preferred athletic sport source. This sponsorship will allow all NHSACA members and schools to qualify for special money-saving benefits, including exclusive deals on athletic purchases as well as team-pricing discounts.**

To demonstrate their strong commitment to NHSACA, Eastbay will also donate a portion of each purchase made through the below web links to help support NHSACA. Orders may also be called into Eastbay Team Sales at 1-800-841-5748. Please mention source code **PROMNA10** when calling.

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### Exclusive Deals for NHSACA Members at Eastbay!

Eastbay will be offering exclusive deals for NHSACA members! Check out the exclusive deal for NHSACA members below. Check back often, as these offers will be updated regularly.

- ◆ Take an additional \$10 off every item offered in the secret link below. Buy 5 items get \$50 off, 10 items get \$100 off. Hurry, quantities are limited for these fantastic specials! Valid on Internet purchases only.
- ◆ Use source code **PROMNA10** when you place your order.



### Special Deals For NHSACA

- ◆ Eastbay also offers NHSACA members special discount pricing on Eastbay-branded t-shirts, sweat-shirts, polos, warm-up suits and spiritwear. Screen printing, embroidery, tackle twill are available. Call our team sales office hotline at 1-800-841-5748 or e-mail us at [teamsales@eastbay.com](mailto:teamsales@eastbay.com) for details.
- ◆ Please mention source code **PROMNA10** when calling.

### Send us your School Quotes and Bids:

For over 20 years Eastbay has been the preferred source where coaches turn to for their athletic gear. Eastbay offers coaches a tremendous selection of shoes, apparel and equipment and also offers:

- ◆ *Special Team Pricing Discounts!*
- ◆ *Exclusive products and colors.*
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- ◆ *Screen Printing, Tackle Twill, Embroidery.*
- ◆ *Large Sizes – Shoes up to size 20! Apparel up to 5XL.*
- ◆ *Fast Delivery!*
- ◆ *Coach's incentive programs available.*
- ◆ *Largest team sales warehouse in the world!*



Thousands of High Schools and colleges throughout the United States turn to Eastbay for their athletic gear.

To request a quote, please contact our team sales department at 1-800-841-5748 or e-mail us at [teamsales@eastbay.com](mailto:teamsales@eastbay.com).

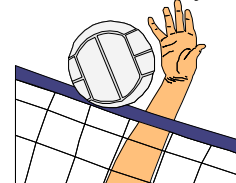
# 2004 North Dakota Optimists All Star Volleyball

## East All Stars

| #  | Name               | Height | Position | School          | Coach             |
|----|--------------------|--------|----------|-----------------|-------------------|
| 1  | Kelly Polovitz     | 5'11"  | OH       | Red River HS    | Carolyn Olson     |
| 2  | Ashley Laidley     | 5'10"  | OH       | GF Central HS   | Andrea Charlebois |
| 3  | Stephanie Savey    | 5'11"  | MH       | Oakes HS        | Kathy Warren      |
| 4  | Sarah Rommosmo     | 6'2"   | MH       | Central Cass HS | Amanda Murphy     |
| 5  | Lyndsay Lee        | 5'7"   | Setter   | Red River HS    | Carolyn Olson     |
| 6  | Megan Dooley       | 5'11"  | Setter   | Jamestown HS    | Carla Kroeber     |
| 7  | Melissa Reinhart   | 5'7"   | Setter   | Richland HS     | Lisa Breiland     |
| 8  | Julie Samson       | 5'9"   | MH       | Park River HS   | Donna Galloway    |
| 9  | Ashley Brakken     | 5'5"   | Setter   | Leeds HS        | Breanna Larson    |
| 10 | Brittany Stargardt | 5'7"   | OH       | West Fargo HS   | Paula Peirson     |
| 11 | Toni Haider        | 5'11"  | RH       | West Fargo HS   | Paula Peirson     |
| 12 | Jeni Thompson      | 6'0"   | MH       | Park River HS   | Donna Galloway    |

Coach: Andrea Charlebois  
Coach: Rich Olson

Grand Forks Central High School  
Langdon Area High School



## West All Stars

| #  | Name            | Height | Position | School               | Coach                 |
|----|-----------------|--------|----------|----------------------|-----------------------|
| 1  | Nicole Fegley   | 5'11"  | MH       | Berthold HS          | Crystal Holen         |
| 2  | Ashley Hollekim | 5'11"  | MH       | Stanley HS           | Liz Enget             |
| 3  | Ashely Linnertz | 6'1"   | MH       | Minot HS             | Patricia Luetz-Swartz |
| 4  | Katlyn Stiefel  | 5'11"  | Setter   | Dickinson HS         | Jay Schobinger        |
| 5  | Katie Miller    | 5'6"   | Setter   | Bismarck HS          | Lisa Krom             |
| 6  | Tara Holman     | 6'1"   | MH       | Berthold HS          | Crystal Holen         |
| 7  | Crystal Hauk    | 6'1"   | OH       | Richardton-Taylor HS | Brian Filibek         |
| 8  | Kelsi Boehm     | 6'0"   | MH       | Beulah HS            | Jodie Martens         |
| 9  | Kaylee Frenzel  | 5'8"   | OH       | Dickinson HS         | Jay Schobinger        |
| 10 | Meghan Rofsrud  | 5'10"  | Setter   | Watford City HS      | Anita Fossum          |
| 11 | Jessica Boger   | 5'10"  | MH       | Hazen HS             | Kim Wolf              |
| 12 | Erica Gietzen   | 5'7"   | OH       | Mandan HS            | Jennifer Conlon       |

Coach: Jay Schobinger  
Coach: Anita Fossum

Dickinson High School  
Watford City High School



## GOLF

The four advisory members for golf as decided at the coaches convention are:

**Boys A-Ray Callahan, North**  
**Girls A-Dean Kraft, Jamestown**  
**Boys B- Vicki Soholt, MPCG**  
**Girls B-Kathy Berglund, Hazen**

The coaches also:

- Endorse the use of a pair of rules officials, to be paid by the NDHSAA, to be present at all state tournaments.
- Recommend the coaches develop a written plan of expectations for running a state (and regional) tournament. These could be passed on year to year to coaches and AD's to assist them in setting up tournaments. The coaches will need to set up a committee to write these.
- Recommend the advisory committee reps get the info from the regional coaches meeting to set up an agenda for the state coaches meetings.
- Wonder if it would be possible for the NDHSAA to provide participatory keychain medals to state golf participants.





# North Dakota High School Coaches Association Lifetime Membership Application

To purchase a Lifetime Membership  
the prospective coach must have been:

- A. an NDHSCA Member for 20 years.
- B. an active high school coach for at least 25 years either in ND or another state.

Lifetime Membership may be purchased for a one-time fee of \$250.  
Such Lifetime Membership will carry all Active Membership benefits.

If a member is no longer an active coach, then  
Lifetime Member relinquishes voting and office holding privileges.

Name \_\_\_\_\_

School \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Home Address \_\_\_\_\_

City/State/Zip code \_\_\_\_\_

Number of years coaching completed (as of June 2004) \_\_\_\_\_

Number of years NDHSCA Member (as of June 2004) \_\_\_\_\_

**Fee: \$250 Please include the fee with this application.**

**Mail fee and application to:** Karen Hardie, NDHSCA Membership Chair  
741 Royal Oaks Drive  
Fargo, ND 58102

Please include the lifetime membership fee at the time of the  
request to purchase a Lifetime Membership.

## Purchased Lifetime Membership

Aardahl, Vern; Milnor HS  
Anderson, Darryl; Mandan HS  
Burckhard, Richard; Parshall HS  
Carlson, Ron; Minnewaukan HS  
Carlsrud, Dave; NDHSAA  
Cornell, Rick; GF Schroeder JHS  
Dew, Jim; Valley City State College  
Disher, Ken; Minot HS  
Dixon, Derrick; Turtle Mt. Comm. HS  
Fjeld, Greg; Minot HS  
Folstad, Collette; West Fargo HS  
Gabrielsen, Thomas; Red River HS  
Gadberry, Ron; Hillsboro HS  
Hanson, Donald C.; Mandan HS  
Hertel, Dale; Fargo South HS  
Horner, Dennis; Midway HS

Hutchison, John; Northwood HS  
Hutchison, Lonny; Northwood HS  
Kerlin, Don; May/Port-C/G HS  
Kjelgaard, Harold; Fargo Discovery JHS  
Larson, Nancy; DesLacs-Burlington HS  
Loberg, Myron; Devils Lake HS  
Lyon, Jerry; Minot HS  
Mailloux, Gary; Fargo North HS  
Neis, Harold "Sam"; Discovery JHS  
Schreiner, Vernon; Minto HS  
Sluke, David; Grafton HS  
Snortland, Keith; Warwick HS  
Trieglaff, Robert; Fargo North HS  
Walhaug, Gary; Surrey HS  
Wilson, Jerry; Bismarck Century HS  
Zimney, Bob; Grand Forks Red River HS

**N.D.H.S.C.A.**  
**3457 - 26th Avenue SW**  
**Fargo, ND 58103**

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**The *Dakota Coach* is printed through the assistance of Fargo Public Schools**

The *Dakota Coach* is the official publication of the NDHSCA and is distributed without charge to all NDHSCA members in good standing. Notes, articles, opinions, or letters to the editor are welcome if they deal with high school coaching concerns. They will be printed as space permits. Opinions and views of the authors are their own and do not always reflect the official position of the NDHSCA.

Send to Gelaine Orvik - [gorvik@cablone.net](mailto:gorvik@cablone.net) or to any of the members of the Executive Board.  
See page 2 for e-mail and mailing addresses or phone numbers

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# North Dakota High School Coaches Association Award of Merit Recommendation

Nominee's Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Reasons for nominating this individual for NDHSCA Award of Merit:

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Nominator's Name \_\_\_\_\_ E-mail Address \_\_\_\_\_

Signature \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

**Nomination deadline: November 1<sup>st</sup>**  
**This recommendation will be reviewed at the November Executive Board Meeting.**

Mail nomination form to: **Gelaine Orvik**  
**3457 - 26th Avenue SW**  
**Fargo ND 58103**



# North Dakota High School Coaches Association Special Recognition Recommendation

Nominee's Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Reasons for nominating this individual for NDHSCA Special Recognition Award:

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Nominator's Name \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Signature \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

**Nomination deadline: November 1<sup>st</sup>  
This recommendation will be reviewed at the November Executive Board Meeting.**

Mail nomination form to: **Gelaine Orvik  
3457 - 26th Avenue SW  
Fargo ND 58103**