Executive Secretary
Randy Johnson (cell) 701-870-1064
3512 Calgary Pointe (h) 701-870-1064
Bismarck, ND 58503 (w) 701-870-1064
duck@westriv.com

Assistant Executive Secretary
Scott Grochow (cell) 701-771-2709
409 7th Avenue SE (h) 701-776-6854
Rugby, ND 58368 (w) 701-776-5201
scott.grochow@k12.nd.us

Assistant Executive Secretary
Bill Jansen (cell) 701-351-0844
410 7th Avenue SE (h) 701-351-0844
Rugby, ND 58368 (w) 701-776-5201
william.jansen@k12.nd.us

Membership Chairperson
Eric Olson (cell) 701-730-2018
121 Maplewood Drive (h) 701-678-6842
Gwinner, ND 58040 (w) 701-678-2492
eric.olson@k12.nd.us

Assistant Executive Secretary – Dakota Coach
Lisa Strand (cell) 218-779-3404
1511 7th Avenue NE (h) 218-779-3404
Thompson, ND 58278 (w) 701-599-2765
lisa.Strand@tps-k12.org

Website: www.ndhsca.com
@ndhsca1
Dual Member

President
Lisa Jenkins (cell) 701-202-1495
724 High Park Drive North (h) 701-202-1495
Wilton, ND 58579 (w) 701-323-4550
lisa_jenkins@bismarckschools.org

President-Elect
Travis Lemar (cell) 701-730-2381
52 – 4th Avenue North (h) 701-730-2381
Casselton, ND 58012 (w) 701-347-535
Travis.lemar@k12.nd.us

Vice President
Jason Brend (cell) 701-218-779-3525
2296 – 41st Avenue South (h) 218-779-3525
Grand Forks, ND 58201 (w) 701-599-2765
jason.brend@tps-k12.org

Immediate Past President
Greg Brown (cell) 701-570-0554
2507 – 6th Avenue NW (h) 701-570-0554
Mandan, ND 58554 (w) 701-570-0554
gregory.brown@msd1.org

Past President
Mike Zier (cell) NA
PO Box 353 (h) 701-872-3140
Beach, ND 58621 (w) 701-872-4161
Mike.zier@k12.nd.us

2026 CLASS B GIRLS CROSS COUNTRY ALL-STATE TEAM

NAME	GRADE	TEAM	COACH
Claire Grinde	9	Hillsboro/Central Valley	Jensyn Fossum
Caroline Anderson	9	Hillsboro/Central Valley	Jensyn Fossum
Lulu Loegering	11	LaMoure/Litchville-Marion	Robyn Yohe
Briauna Thompson	12	Standing Rock	Craig Eagleshield
Kayla Moch	8	Hillsboro/Central Valley	Jensyn Fossum
Anna Sarsland	11	Bowman County	Jon Jahner
Gianna Frolek	9	Sargent Central/Lidgerwood/Oakes/Wyndmere/Milnor	Alex Askerooth
Ericka Berg	9	Bowman County	Jon Jahner
Evie Bradley	8	Standing Rock	Craig Eagleshield
Lily Kaldor	12	Hillsboro/Central Valley	Jensyn Fossum
Jaylee Fischer	10	Bowman County	Jon Jahner
Brinley Heilman	8	Harvey/Wells County	Chris Peterson
Allie Monroe	10	Rugby	Bill Jansen
Haydyn Chase	10	Parshall	Cheyannea Hart
Jordyn Honeyman	11	Bowman County	Jon Jahner
Aspen Brewer	9	Bowman County	Jon Jahner
Hayleigh Haman	7	Rugby	Bill Jansen
Cadence Fetsch	12	Valley City	Jessica Gregerson
Carley Bullinger	11	Dickinson Trinity	Tim Baustian
Abigail Burke	8	Bowman County	Jon Jahner

NDHSCA POWERade Outstanding Senior Athlete

Briauna Thompson, Standing Rock

NDHSCA Dakota Community Bank & Trust Coach of the Year

Jensyn Fossum, Hillsboro/Central Valley

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
Lisa Strand (cell) 218-779-3404
1511 7th Ave NE (w) 701-599-2765
Thompson, ND 58278 (f) 701-599-2819
Lisa.Strand@tps-k12.org

Optimists' Volleyball Co-Chair
Jamie Zastoupil (cell) 701-730-5192
736 Mustang Drive (h) 701-730-5192
Bismarck, ND 58503 (w) 701-323-4900
Jamie_zastoupil@bismarckschools.org

Lions' Basketball Co-Chair
Michael Sorlie (h) 701-678-3823
PO Box 5 (w) 701-678-2492
Gwinner, ND 58040 (f) 701-678-2311
michael.sorlie@k12.nd.us

Lions' Basketball Co-Chair
Mike Hendrickson (cell) 701-367-6546
1408 57th Ave South (w) 701-446-2043
Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair
Bill Lorenz (h) 701-795-7818
1431 Chestnut St. (w) 701-746-2375
Grand Forks, ND 58201 (f) 701-746-2387
wlorenz280@mygfschools.org