

Executive Secretary
 Randy Johnson (cell) 701-870-1064
 1527 North 33rd Street Unit 4 (h) 701-870-1064
 Bismarck, ND 58501 (w) 701-870-1064
duck@westriv.com

Assistant Executive Secretary
 Scott Grochow (cell) 701-771-2709
 409 7th Avenue SE (h) 701-776-6854
 Rugby, ND 58368 (w) 701-776-5201
scott.grochow@k12.nd.us

Assistant Executive Secretary
 Bill Jansen (cell) 701-351-0844
 410 7th Avenue SE (h) 701-351-0844
 Rugby, ND 58368 (w) 701-776-5201
william.jansen@k12.nd.us

Membership Chairperson
 Eric Olson (cell) 701-730-2018
 121 Maplewood Drive (h) 701-678-6842
 Gwinner, ND 58040 (w) 701-678-2492
eric.olson@k12.nd.us

Assistant Executive Secretary – Dakota Coach
 Lisa Strand (cell) 218-779-3404
 1511 7th Avenue NE (h) 218-779-3404
 Thompson, ND 58278 (w) 701-599-2765
lisa.Strand@tps-k12.org



Website: www.ndhsca.com
 @ndhsca1
 Dual Member

President
 Mike Zier (cell) NA
 PO Box 353 (h) 701-872-3140
 Beach, ND 58621 (w) 701-872-4161
Mike.zier@k12.nd.us

President-Elect
 Greg Brown (cell) 701-570-0554
 2507 – 6th Avenue NW (h) 701-570-0554
 Mandan, ND 58554 (w) 701-570-0554
gregory.brown@msd1.org

Vice President
 Lisa Jenkins (cell) 701-202-1495
 724 High Park Drive North (h) 701-202-1495
 Wilton, ND 58579 (w) 701-323-4550
lisa_jenkins@bismarckschools.org

Immediate Past President
 Jamie Zastoupil (cell) 701-730-5192
 736 Mustang Drive (h) 701-730-5192
 Bismarck, ND 58503 (w) 701-323-4900
Jamie_zastoupil@bismarckschools.org

Past President
 Rick Anderson (cell) 701-789-1669
 1415 Roberts Avenue NE (h) 701-797-3199
 Cooperstown, ND 58425 (w) 701-797-3114
rick.anderson@k12.nd.us

2024 CLASS B BOYS CROSS COUNTRY ALL-STATE TEAM

<u>NAME</u>	<u>GRADE</u>	<u>TEAM</u>	<u>COACH</u>
Jonah Njos	11	Bowman County	Jon Jahner
Owen Johnson	11	Northern Cass	Jennifer Johnson
Gabe Sarsland	10	Bowman County	Jon Jahner
Xavier Bell	12	New Town	Symbria Bell
Warner Bowman	10	Bowman County	Jon Jahner
Taylor Wanner	12	Bowman County	Jon Jahner
Tyler Gronwold	10	Kindred	Josh Roberts
Elija Deck	11	Kindred	Josh Roberts
Cade Westby	10	Kindred	Josh Roberts
Jekori Dahlen	12	Killdeer	Nathan Horgeshimer
Noah Njos	12	Bowman County	Jon Jahner
Niko Zink	11	Hillsboro/Central Valley	Kirk Zink
Thomas Bowman	10	Bowman County	Jon Jahner
Lincoln Adair	12	Lisbon	Jacob Revier
Brayden Green	10	Rugby	Bill Jansen
Brock Freer	12	Langdon Area/Edmore/Munich	Kiara Groth
Brad Kinzler	12	Edgeley/Kulm	Emmy Huber
Lukas Spotted Bear	11	New Town	Symbria Bell
Nekori Dahlen	12	Killdeer	Nathan Horgeshimer
Tracy Aune	10	Richardton-Taylor	Ryan Kohler

NDHSCA POWERade Outstanding Senior Athlete - Taylor Wanner, Bowman County

NDHSCA SUBWAY Coach of the Year - Jon Jahner, Bowman County

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Optimists' Volleyball Co-Chair
 Lisa Strand (cell) 218-779-3404
 1511 7th Ave NE (w) 701-599-2765
 Thompson, ND 58278 (f) 701-599-2819
Lisa.Strand@tps-k12.org

Lions' Basketball Co-Chair
 Michael Sorlie (h) 701-678-3823
 PO Box 5 (w) 701-678-2492
 Gwinner, ND 58040 (f) 701-678-2311
michael.sorlie@k12.nd.us

Lions' Basketball Co-Chair
 Mike Hendrickson (cell) 701-367-6546
 1408 57th Ave South (w) 701-446-2043
 Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair
 Bill Lorenz (h) 701-795-7818
 1431 Chestnut St. (w) 701-746-2375
 Grand Forks, ND 58201 (f) 701-746-2387
wlorenz280@mygfschools.org