

**Executive Secretary**  
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**Assistant Executive Secretary**  
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**Membership Chairperson**  
 Eric Olson (cell) 701-730-2018  
 121 Maplewood Drive (h) 701-678-6842  
 Gwinner, ND 58040 (w) 701-678-2492  
[eric.olson@k12.nd.us](mailto:eric.olson@k12.nd.us)

**Assistant Executive Secretary – Dakota Coach**  
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 1511 7<sup>th</sup> Avenue NE (h) 218-779-3404  
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 @ndhsca1  
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**President**  
 Jamie Zastoupil (cell) 701-730-5192  
 736 Mustang Drive (h) 701-224-1231  
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[Jamie\\_zastoupil@bismarckschools.org](mailto:Jamie_zastoupil@bismarckschools.org)

**President-Elect**  
 Mike Zier (cell) NA  
 PO Box 353 (h) 701-872-3140  
 Beach, ND 58621 (w) 701-872-4161  
[Mike.zier@k12.nd.us](mailto:Mike.zier@k12.nd.us)

**Vice President**  
 Greg Brown (cell) 701-570-0554  
 2507 – 6<sup>th</sup> Avenue NW (h) 701-570-0554  
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**Immediate Past President**  
 Rick Anderson (cell) 701-789-1669  
 1415 Roberts Avenue NE (h) 701-797-3199  
 Cooperstown, ND 58425 (w) 701-797-3114  
[rick.anderson@k12.nd.us](mailto:rick.anderson@k12.nd.us)

**Past President**  
 Ron Metz (cell) 701-471-5197  
 4368 Pleasant Valley Rd S (h) 701-471-5197  
 Mandan, ND 58554 (w) 701-323-4900  
[ron\\_metz@bismarckschools.org](mailto:ron_metz@bismarckschools.org)

## 2023 9-MAN FOOTBALL ALL-STATE TEAM

### FIRST TEAM OFFENSE

F. NAME	L. NAME	YEAR	POSITION	SCHOOL	HEAD COACH
Javin	Friesz	12	QB	Grant County/Flasher	Jamie Krenz
Walker	Braaten	11	QB	Westhope/Newburg/Glenburn	Layne Fluhrer/Anthony Lee
Tyler	Brandt	12	QB	Wyndmere/Lidgerwood	Scott Strenge
Dane	Hagler	12	QB	North Star	Daniel Grande
Lucas	Sims	12	RB	Central McLean	Grant Singer/John Jangula
Gunner	Thielges	10	RB	LaMoure/Litchville-Marion	Andy DelaBarre
Connor	Kosiak	12	RB	South Border	Evan Mellmer
Blake	Mattson	12	RB	North Prairie	Josh Keller
Luke	Martinson	12	TE	Sargent County	Eric Olson
Deng	Deng	12	WR	Four Winds	Mark Bishop/Travis Mertens
Nate	Tastad	12	OL	North Prairie	Josh Keller

### FIRST TEAM DEFENSE

F. NAME	L. NAME	YEAR	POSITION	SCHOOL	HEAD COACH
Josh	Wittich	12	DL	Sargent County	Eric Olson
Keaton	Wehrman	12	DL	Alexander	Trey Jacobson
Hunter	Tolstad	10	DL	Westhope/Newburg/Glenburn	Layne Fluhrer/Anthony Lee
Chase	Cooper	11	DL	Wyndmere/Lidgerwood	Scott Strenge
Easton	Benz	10	DL	New Rockford-Sheyenne/Maddock	Elliott Belquist
Reuben	Clay	12	LB	North Star	Daniel Grande
Michael	Pingel	12	LB	Alexander	Trey Jacobson
Wyatt	Kuhn	11	LB	New Salem-Almont	Steve Kleinjan
Daniel	Schumacher	12	LB	South Border	Evan Mellmer
Jaren	Rafferty	12	LB	Hettinger County	Nate Zachmann

### All Star Games Chairpersons

**Optimists' Volleyball Co-Chair**  
 Tim Wallstrum (h) 701-385-3376  
 PO Box 402 (w) 701-385-4996  
 Kenmare, ND 58746 (f) 701-385-4390  
[twallstrum@mykps.us](mailto:twallstrum@mykps.us)

**Optimists' Volleyball Co-Chair**  
 Lisa Strand (cell) 218-779-3404  
 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
[Lisa.Strand@tps-k12.org](mailto:Lisa.Strand@tps-k12.org)

**Lions' Basketball Co-Chair**  
 Michael Sorlie (h) 701-678-3823  
 PO Box 5 (w) 701-678-2492  
 Gwinner, ND 58040 (f) 701-678-2311  
[michael.sorlie@k12.nd.us](mailto:michael.sorlie@k12.nd.us)

**Lions' Basketball Co-Chair**  
 Mike Hendrickson (cell) 701-367-6546  
 1408 57<sup>th</sup> Ave South(w) 701-446-2043  
 Fargo, ND 58104 (f) 701-446-2899  
[hendrim@fargo.k12.nd.us](mailto:hendrim@fargo.k12.nd.us)

**Shrine Football Chair**  
 Bill Lorenz (h) 701-795-7818  
 1431 Chestnut St. (w) 701-746-2375  
 Grand Forks, ND 58201 (f) 701-746-2387  
[wlorenz280@mygfschools.org](mailto:wlorenz280@mygfschools.org)

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[ron\\_metz@bismarckschools.org](mailto:ron_metz@bismarckschools.org)

## SECOND TEAM

F. NAME	L. NAME	YEAR	SCHOOL	HEAD COACH
Riley	Morlock	12	Mohall-Lansford-Sherwood	Cody Beck/Boyd Southam
Treyton	Lesmann	11	Westhope/Newburg/Glenburn	Layne Fluhrer/Anthony Lee
Jacob	Wolf	10	Central McLean	Grant Singer/John Jangula
Beau	Rider	12	Alexander	Trey Jacobson
Maddox	Juntunen	12	Westhope/Newburg/Glenburn	Layne Fluhrer/Anthony Lee
Levi	Kackman	12	Wyndmere/Lidgerwood	Scott Strenge
Grady	Wehlander	12	Sargent County	Eric Olson
Parker	Hubrig	12	Hankinson	Jason Monilaws
Nick	Hansen	12	Sargent County	Eric Olson
Nick	Wulfekuhle	12	Richland	Luke Wuori
Gentry	Richter	11	Linton/Hazelton-Moffit-Braddock	Kurtis Walls
CL	Weinberger	11	Grant County/Flasher	Jamie Krenz
Cole	Stock	11	South Border	Evan Mellmer
Matthew	Huether	12	Hettinger County	Nate Zachmann
Berkley	Frantz	10	South Border	Evan Mellmer
Zachary	Gibson	12	Nelson County	Beau Snyder
Ross	Thompson	12	Nelson County	Beau Snyder
Carter	Engebretson	11	New Rockford-Sheyenne/Maddock	Elliott Belquist
Logan	Maddock	12	New Rockford-Sheyenne/Maddock	Elliott Belquist
Cole	Henderson	11	North Prairie	Josh Keller
Levi	Buchholz	11	South Border	Evan Mellmer
Brett	Tastad	11	North Prairie	Josh Keller
Connor	Knatterud	12	New Rockford-Sheyenne/Maddock	Elliott Belquist
Owen	Lesko	11	LaMoure/Litchville-Marion	Andy DelaBarre
Easton	Simon	10	New Rockford-Sheyenne/Maddock	Elliott Belquist
Brody	Nordmark	11	Westhope/Newburg/Glenburn	Layne Fluhrer/Anthony Lee
Brock	Norton	11	New Salem-Altmont	Steve Kleinjan
Tallen	Binstock	12	Hettinger County	Nate Zachmann

**NDHSCA-POWERade Outstanding Senior Athlete - Nate Tastad, North Prairie**

**NDHSCA-SUBWAY Coach of the Year - Evan Mellmer, South Border**

## All Star Games Chairpersons

**Optimists' Volleyball Co-Chair**  
 Tim Wallstrum (h) 701-385-3376  
 PO Box 402 (w) 701-385-4996  
 Kenmare, ND 58746 (f) 701-385-4390  
[twallstrum@mykps.us](mailto:twallstrum@mykps.us)

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 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
[Lisa.Strand@tps-k12.org](mailto:Lisa.Strand@tps-k12.org)

**Lions' Basketball Co-Chair**  
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**Lions' Basketball Co-Chair**  
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