

**Executive Secretary**  
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**Assistant Executive Secretary**  
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**Membership Chairperson**  
 Eric Olson (cell) 701-730-2018  
 121 Maplewood Drive (h) 701-678-6842  
 Gwinner, ND 58040 (w) 701-678-2492  
[eric.olson@k12.nd.us](mailto:eric.olson@k12.nd.us)

**Assistant Executive Secretary – Dakota Coach**  
 Lisa Strand (cell) 218-779-3404  
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**President**  
 Jamie Zastoupil (cell) 701-730-5192  
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**President-Elect**  
 Mike Zier (cell) NA  
 PO Box 353 (h) 701-872-3140  
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**Vice President**  
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**Immediate Past President**  
 Rick Anderson (cell) 701-789-1669  
 1415 Roberts Avenue NE (h) 701-797-3199  
 Cooperstown, ND 58425 (w) 701-797-3114  
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**Past President**  
 Ron Metz (cell) 701-471-5197  
 4368 Pleasant Valley Rd S (h) 701-471-5197  
 Mandan, ND 58554 (w) 701-323-4900  
[ron\\_metz@bismarckschools.org](mailto:ron_metz@bismarckschools.org)

## 2023 AA FOOTBALL ALL-STATE TEAM

### FIRST TEAM OFFENSE

F. NAME	L. NAME	YEAR	POSITION	SCHOOL	HEAD COACH
Jack	Simmers	12	QB	Grand Forks Central	Jake Schauer
Pearce	Parks	11	QB	Grand Forks Red River	Vyrn Muir
Peder	Haugo	12	RB	Fargo North	Adam Roland
Damarion	Semanko	12	RB	Fargo South	Tyler Kosel
Treyton	Mauch	11	RB	Wahpeton	Wade Gilbertson
Drew	Hofstad	12	WR	Devils Lake	Todd Lambrecht
Nate	Walz	11	WR	Jamestown	Bill Nelson
Tray	Kuntz	12	TE	Grand Forks Central	Jake Schauer
Ethan	Halverson	12	OL	Dickinson	John Tuchscherer
Xzavier	Buckmiller	12	OL	Fargo North	Adam Roland
Jordan	Zander	12	OL	Fargo North	Adam Roland
Lawson	Lotysz	12	OL	Grand Forks Red River	Vyrn Muir
Bo	Nelson	12	OL	Jamestown	Bill Nelson

### FIRST TEAM DEFENSE

F. NAME	L. NAME	YEAR	POSITION	SCHOOL	HEAD COACH
Kaeden	Krieg	12	DL	Dickinson	John Tuchscherer
Carter	Zeller	12	DL	Fargo North	Adam Roland
Erick	Paye	12	DL	Grand Forks Central	Jake Schauer
Tristan	Stallsworth	11	LB	Dickinson	John Tuchscherer
Sam	Fritel	12	LB	Fargo North	Adam Roland
Will	Schwehr	12	LB	Valley City	Travis Engen
Mason	Johnson	11	LB	West Fargo Horace	Harvey McMahon
Parker	Dosch	12	DB	Fargo North	Adam Roland
Jerry	Gibson	12	DB	Fargo South	Tyler Kosel
Tyler	Whalen	12	DB	Grand Forks Central	Jake Schauer
Zach	Oehlke	12	DB	Grand Forks Red River	Vyrn Muir
Charlie	Leshovsky	12	DB	West Fargo Horace	Harvey McMahon

### All Star Games Chairpersons

**Optimists' Volleyball Co-Chair**  
 Tim Wallstrum (h) 701-385-3376  
 PO Box 402 (w) 701-385-4996  
 Kenmare, ND 58746 (f) 701-385-4390  
[twallstrum@mykps.us](mailto:twallstrum@mykps.us)

**Optimists' Volleyball Co-Chair**  
 Lisa Strand (cell) 218-779-3404  
 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
[Lisa.Strand@tps-k12.org](mailto:Lisa.Strand@tps-k12.org)

**Lions' Basketball Co-Chair**  
 Michael Sorlie (h) 701-678-3823  
 PO Box 5 (w) 701-678-2492  
 Gwinner, ND 58040 (f) 701-678-2311  
[michael.sorlie@k12.nd.us](mailto:michael.sorlie@k12.nd.us)

**Lions' Basketball Co-Chair**  
 Mike Hendrickson (cell) 701-367-6546  
 1408 57<sup>th</sup> Ave South(w) 701-446-2043  
 Fargo, ND 58104 (f) 701-446-2899  
[hendrim@fargo.k12.nd.us](mailto:hendrim@fargo.k12.nd.us)

**Shrine Football Chair**  
 Bill Lorenz (h) 701-795-7818  
 1431 Chestnut St. (w) 701-746-2375  
 Grand Forks, ND 58201 (f) 701-746-2387  
[wlorenz280@mygfschools.org](mailto:wlorenz280@mygfschools.org)

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[ron\\_metz@bismarckschools.org](mailto:ron_metz@bismarckschools.org)

## SECOND TEAM

F. NAME	L. NAME	YEAR	SCHOOL	HEAD COACH
Isaac	Schulte	11	Dickinson	John Tuchscherer
Colin	Tschetter	12	Dickinson	John Tuchscherer
Wylee	Delorme	12	Devils Lake	Todd Lambrecht
Joe	Rose	12	Fargo North	Adam Roland
Peter	Davis	12	Fargo North	Adam Roland
Brody	Anderson	12	Fargo South	Tyler Kosel
Dorian	Sandness	12	Fargo South	Tyler Kosel
Gabriel	Tande	12	Grand Forks Central	Jake Schauer
Tyson	Jorissen	12	Jamestown	Bill Nelson
Jack	Van Berkom	12	Jamestown	Bill Nelson
Daeton	Lafountain	12	Turtle Mountain Community	Jason Gourneau
Ethan	Miller	12	Valley City	Travis Engen
Nick	Langenwalter	12	Wahpeton	Wade Gilbertson
Josh	Chavez	11	Watford City	Justin Johnsrud

**NDHSCA-POWERade Outstanding Senior Athlete - Peder Haugo, Fargo North**

**NDHSCA-SUBWAY Coach of the Year - Adam Roland, Fargo North**

## All Star Games Chairpersons

**Optimists' Volleyball Co-Chair**  
 Tim Wallstrum (h) 701-385-3376  
 PO Box 402 (w) 701-385-4996  
 Kenmare, ND 58746 (f) 701-385-4390  
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**Optimists' Volleyball Co-Chair**  
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 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
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**Lions' Basketball Co-Chair**  
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