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Membership Chairperson
 Eric Olson (cell) 701-730-2018
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Assistant Executive Secretary – Dakota Coach
 Lisa Strand (cell) 218-779-3404
 1511 7th Avenue NE (h) 218-779-3404
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Dual Member



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Vice President
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Immediate Past President
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Past President
 Ron Metz (cell) 701-471-5197
 4368 Pleasant Valley Rd S (h) 701-471-5197
 Mandan, ND 58554 (w) 701-323-4900
ron_metz@bismarckschools.org

2023 AAA FOOTBALL ALL-STATE TEAM

FIRST TEAM OFFENSE

F. NAME	L. NAME	YEAR	POSITION	SCHOOL	HEAD COACH
Jack	Shaffer	11	OL	Bismarck	Mark Gibson
Carter	Mitchell	12	OL	Shanley	Troy Mattern
Kade	Pietrzak	11	OL	West Fargo Sheyenne	Jeremy Newton
Luke	Rogen	12	OL	Shanley	Troy Mattern
Derrick	Arivett	12	OL	Minot	Chauncy Hendershot
Logan	Moore	12	OL	West Fargo	Jay Gibson
Logan	Conklin	12	WR	Minot	Chauncy Hendershot
Jordan	Leininger	12	WR	Shanley	Troy Mattern
Sam	Ovsak	12	WR	Shanley	Troy Mattern
Caleb	Duerr	12	WR	West Fargo Sheyenne	Jeremy Newton
Tyson	Ruzicka	12	RB	Minot	Chauncy Hendershot
Gavin	Lill	12	RB	Bismarck Century	Ron Wingenbach
Carter	Henke	12	RB	Bismarck	Mark Gibson
Landon	Meier	12	QB	Shanley	Troy Mattern

FIRST TEAM DEFENSE

F. NAME	L. NAME	YEAR	POSITION	SCHOOL	HEAD COACH
DJ	Jones	12	DL	Minot	Chauncy Hendershot
Luke	Dockter	12	DL	Bismarck	Mark Gibson
Ole	Taylor	11	DL	Bismarck Century	Ron Wingenbach
Hunter	Corbin	12	DL	Mandan	Todd Sheldon
Zach	Lilly	12	LB	Fargo Davies	Wayne Werremeyer
Michael	George	12	LB	Minot	Chauncy Hendershot
Isaac	Perkerewicz	12	LB	Shanley	Troy Mattern
Wyatt	Piehl	12	LB	Mandan	Todd Sheldon
Grant	Tschosik	12	DB	Fargo Davies	Wayne Werremeyer
Race	Wilson	12	DB	West Fargo Sheyenne	Jeremy Newton
Samuel	Fedorchak	12	DB	Bismarck St. Mary's	Toby Schweitzer

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Optimists' Volleyball Co-Chair
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 Thompson, ND 58278 (f) 701-599-2819
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Lions' Basketball Co-Chair
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 PO Box 5 (w) 701-678-2492
 Gwinner, ND 58040 (f) 701-678-2311
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Lions' Basketball Co-Chair
 Mike Hendrickson (cell) 701-367-6546
 1408 57th Ave South(w) 701-446-2043
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hendrim@fargo.k12.nd.us

Shrine Football Chair
 Bill Lorenz (h) 701-795-7818
 1431 Chestnut St. (w) 701-746-2375
 Grand Forks, ND 58201 (f) 701-746-2387
wlorenz280@mygfschools.org

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SECOND TEAM

F. NAME	L. NAME	YEAR	SCHOOL	HEAD COACH
Malachi	Werremeyer	11	Fargo Davies	Wayne Werremeyer
Anthony	Brown	12	Minot	Chauncy Hendershot
Rustin	Medenwald	12	Mandan	Todd Sheldon
Kaden	Christmann	12	Shanley	Troy Mattern
Isiah	St. Romain	12	Williston	Mark Kennedy
Alex	Vyska	12	Bismarck Legacy	Chris Clements
Nick	Hasbargen	12	Fargo Davies	Wayne Werremeyer
Hudsen	Sheldon	11	Mandan	Todd Sheldon
Brady	Medina	12	West Fargo	Jay Gibson
Dylan	Huber	11	Minot	Chauncy Hendershot
Tyson	Jangula	12	Bismarck	Mark Gibson
Isaac	Butler	12	Shanley	Troy Mattern
John	Richter	12	Bismarck St. Mary's	Toby Schweitzer
Kaden	Olson	11	West Fargo Sheyenne	Jeremy Newton

NDHSCA-POWERade Outstanding Senior Athlete - Tyson Ruzicka, Minot | Jordan Leining, Shanley

NDHSCA-SUBWAY Coach of the Year - Chauncy Hendershot, Minot

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