

**Executive Secretary**  
 Randy Johnson (cell) 701-870-1064  
 1527 North 33<sup>rd</sup> Street Unit 4 (h) 701-870-1064  
 Bismarck, ND 58501 (w) 701-870-1064  
[duck@westriv.com](mailto:duck@westriv.com)

**Assistant Executive Secretary**  
 Scott Grochow (cell) 701-771-2709  
 409 7<sup>th</sup> Avenue SE (h) 701-776-6854  
 Rugby, ND 58368 (w) 701-776-5201  
[scott.grochow@k12.nd.us](mailto:scott.grochow@k12.nd.us)

**Assistant Executive Secretary**  
 Bill Jansen (cell) 701-351-0844  
 410 7<sup>th</sup> Avenue SE (h) 701-351-0844  
 Rugby, ND 58368 (w) 701-776-5201  
[william.jansen@k12.nd.us](mailto:william.jansen@k12.nd.us)

**Membership Chairperson**  
 Karen & Rod Hardie (h) 701-237-5624  
 2472 Lilac Lane (w) 701-446-5200  
 Fargo, ND 58102 (f) 701-446-5299  
[hardiek@fargo.k12.nd.us](mailto:hardiek@fargo.k12.nd.us)

**Assistant Executive Secretary – Dakota Coach**  
 Lisa Strand (cell) 218-779-3404  
 1511 7<sup>th</sup> Avenue NE (h) 218-779-3404  
 Thompson, ND 58278 (w) 701-599-2765  
[lisa.Strand@tps-k12.org](mailto:lisa.Strand@tps-k12.org)



Website: [www.ndhsca.com](http://www.ndhsca.com)  
 @ndhsca1  
 Dual Member  


**Membership Chairperson**  
 Eric Olson (cell) 701-730-2018  
 121 Maplewood Drive (h) 701-678-6842  
 Gwinner, ND 58040 (w) 701-678-2492  
[eric.olson@k12.nd.us](mailto:eric.olson@k12.nd.us)

**President**  
 Ron Metz (cell) 701-471-5197  
 1335 – 20<sup>th</sup> Street North (h) 701-471-5197  
 Bismarck, ND 58501 (w) 701-323-4900  
[ron\\_metz@bismarckschools.org](mailto:ron_metz@bismarckschools.org)

**President-Elect**  
 Rick Anderson (cell) 701-789-1669  
 1415 Roberts Avenue NE (h) 701-797-3199  
 Cooperstown, ND 58425 (w) 701-797-3114  
[rick.anderson@k12.nd.us](mailto:rick.anderson@k12.nd.us)

**Vice President**  
 Jamie Zastoupil (cell) 701-730-5192  
 736 Mustang Drive (h) 701-224-1231  
 Bismarck, ND 58503 (w) 701-323-4900  
[jamie\\_zastoupil@bismarckschools.org](mailto:jamie_zastoupil@bismarckschools.org)

**Immediate Past President**  
 Tim Wallstrum (h) 701-385-3376  
 PO Box 402 (w) 701-385-4996  
 Kenmare, ND 58746 (f) 701-385-4390  
[twallstrum@mykps.us](mailto:twallstrum@mykps.us)

**Past President**  
 Tracey Heisler (cell) 218-779-3021  
 1120 22<sup>nd</sup> Street NW (h) 218-779-3021  
 East Grand Forks, MN 56721 (w) 218-779-3021  
[tlaeisler@gmail.com](mailto:tlaeisler@gmail.com)

## 2021 CLASS B VOLLEYBALL ALL-STATE TEAM

<u>NAME</u>	<u>GRADE</u>	<u>TEAM</u>	<u>COACH</u>
Abby Cox	12	Oakes	Katelyn Hagen
Emily DeGree	12	Des Lacs-Burlington	Erica Moen
Morgan Freije	12	Langdon Area/Edmore/Munich	Rich Olson
Danielle Hagler	12	North Star	Aubree Page
Karli Klein	11	Garrison	Tina Irish
Kali Kubas	12	Dickinson Trinity	Breanna Sisson
Emma Lucas	12	Northern Cass	Angie Johnson
Kya Mauch	12	Hankinson	Tera Paulson
Bailey Munson	12	Thompson	Lisa Strand
Eden Olson	12	Our Redeemer's	Kara Nunziato
JayCee Richter	12	Linton/Hazelton-Moffit-Braddock	Jaime Richter
Teegan Scherr	12	Linton/Hazelton-Moffit-Braddock	Jaime Richter
Brenna Strokland	11	Kenmare	Tim Wallstrum
Sydney Upton	12	Bishop Ryan	Nicholas Theis
Kate Zimmer	11	Kenmare	Tim Wallstrum
Kinsey Zuroff	12	Beulah	Brian Filibeck

**NDHSCA POWERade Outstanding Senior Athlete - JayCee Richter, Linton/Hazelton-Moffit-Braddock**

**NDHSCA SUBWAY Coach of the Year - Jaime Richter, Linton/Hazelton-Moffit-Braddock**

## All Star Games Chairpersons

**Optimists' Volleyball Co-Chair**  
 Tim Wallstrum (h) 701-385-3376  
 PO Box 402 (w) 701-385-4996  
 Kenmare, ND 58746 (f) 701-385-4390  
[twallstrum@mykps.us](mailto:twallstrum@mykps.us)

**Optimists' Volleyball Co-Chair**  
 Lisa Strand (cell) 218-779-3404  
 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
[Lisa.Strand@tps-k12.org](mailto:Lisa.Strand@tps-k12.org)

**Lions' Basketball Co-Chair**  
 Michael Sorlie (h) 701-678-3823  
 PO Box 5 (w) 701-678-2492  
 Gwinner, ND 58040 (f) 701-678-2311  
[michael.sorlie@k12.nd.us](mailto:michael.sorlie@k12.nd.us)

**Lions' Basketball Co-Chair**  
 Mike Hendrickson (cell) 701-367-6546  
 1408 57<sup>th</sup> Ave South(w) 701-446-2043  
 Fargo, ND 58104 (f) 701-446-2899  
[hendrim@fargo.k12.nd.us](mailto:hendrim@fargo.k12.nd.us)

**Shrine Football Chair**  
 Bill Lorenz (h) 701-795-7818  
 1431 Chestnut St. (w) 701-746-2375  
 Grand Forks, ND 58201 (f) 701-746-2387  
[wlorenz280@mygfschools.org](mailto:wlorenz280@mygfschools.org)