

Executive Secretary
 Randy Johnson (cell) 701-870-1064
 1527 North 33rd Street Unit 4 (h) 701-870-1064
 Bismarck, ND 58501 (w) 701-870-1064
duck@westriv.com

Assistant Executive Secretary
 Scott Grochow (cell) 701-771-2709
 409 7th Avenue SE (h) 701-776-6854
 Rugby, ND 58368 (w) 701-776-5201
scott.grochow@k12.nd.us

Assistant Executive Secretary
 Bill Jansen (cell) 701-351-0844
 410 7th Avenue SE (h) 701-351-0844
 Rugby, ND 58368 (w) 701-776-5201
william.jansen@k12.nd.us

Membership Chairperson
 Karen & Rod Hardie (h) 701-237-5624
 2472 Lilac Lane (w) 701-446-5200
 Fargo, ND 58102 (f) 701-446-5299
hardiek@fargo.k12.nd.us

Assistant Executive Secretary – Dakota Coach
 Lisa Strand (cell) 218-779-3404
 1511 7th Avenue NE (h) 218-779-3404
 Thompson, ND 58278 (w) 701-599-2765
lisa.Strand@tps-k12.org



Website: www.ndhsca.com
 @ndhsca1
 Dual Member

Membership Chairperson
 Eric Olson (cell) 701-730-2018
 121 Maplewood Drive (h) 701-678-6842
 Gwinner, ND 58040 (w) 701-678-2492
eric.olson@k12.nd.us

President
 Ron Metz (cell) 701-471-5197
 1335 – 20th Street North (h) 701-471-5197
 Bismarck, ND 58501 (w) 701-323-4900
ron_metz@bismarckschools.org

President-Elect
 Rick Anderson (cell) 701-789-1669
 1415 Roberts Avenue NE (h) 701-797-3199
 Cooperstown, ND 58425 (w) 701-797-3114
rick.anderson@k12.nd.us

Vice President
 Jamie Zastoupil (cell) 701-730-5192
 736 Mustang Drive (h) 701-224-1231
 Bismarck, ND 58503 (w) 701-323-4900
jamie_zastoupil@bismarckschools.org

Immediate Past President
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Past President
 Tracey Heisler (cell) 218-779-3021
 1120 22nd Street NW (h) 218-779-3021
 East Grand Forks, MN 56721 (w) 218-779-3021
taheisler@gmail.com

2021 NDHSCA CLASS 11AA Football All-State Roster

FIRST TEAM OFFENSE

| NAME | L. NAME | YEAR | POSITION | SCHOOL | HEAD COACH |
|---------|-------------|------|----------|---------------------|----------------|
| Brennan | Sellheim | 12 | OL | West Fargo Sheyenne | Jeremy Newton |
| Dylan | Carlquist | 11 | OL | Fargo Shanley | Troy Mattern |
| Brady | Boyle | 12 | OL | Fargo Shanley | Troy Mattern |
| Conor | Hedges | 12 | OL | Bismarck | Mark Gibson |
| Joel | Edland | 11 | OL | Bismarck Century | Ron Wingenbach |
| Aidan | Devine | 12 | RB | Fargo Shanley | Troy Mattern |
| Parker | Nelson | 12 | RB | West Fargo | Jay Gibson |
| Josh | Henricks | 12 | RB | West Fargo Sheyenne | Jeremy Newton |
| John | Gores | 12 | WR | Fargo Shanley | Troy Mattern |
| Karsyn | Jablonski | 11 | WR | Mandan | Todd Sheldon |
| Carson | Hegerle | 12 | WR | West Fargo | Jay Gibson |
| Grant | Warkenthien | 12 | QB | West Fargo Sheyenne | Jeremy Newton |
| Michael | Rostberg | 11 | QB | Fargo Shanley | Troy Mattern |

FIRST TEAM DEFENSE

| NAME | L. NAME | YEAR | POSITION | SCHOOL | HEAD COACH |
|--------|------------|------|----------|---------------------|------------------|
| Tharin | Parsons | 12 | DL | West Fargo Sheyenne | Jeremy Newton |
| Karter | Menz | 11 | DL | West Fargo Sheyenne | Jeremy Newton |
| Aaron | Grubb | 12 | DL | Mandan | Todd Sheldon |
| Lucas | Schweigert | 12 | DL | Bismarck Century | Ron Wingenbach |
| Eli | Mach | 12 | LB | Fargo Davies | Wayne Werremeyer |
| Matt | Treib | 12 | LB | West Fargo Sheyenne | Jeremy Newton |
| Josh | Balstad | 11 | LB | West Fargo | Jay Gibson |
| Jacob | Bosley | 12 | LB | Bismarck Century | Ron Wingenbach |
| Oliver | Lucht | 11 | DB | Fargo Davies | Wayne Werremeyer |
| Tate | Gustafson | 12 | DB | West Fargo Sheyenne | Jeremy Newton |
| Caden | Zepeda | 12 | DB | West Fargo | Jay Gibson |
| Jacob | Renz | 12 | DB | Bismarck Century | Ron Wingenbach |

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Optimists' Volleyball Co-Chair
 Lisa Strand (cell) 218-779-3404
 1511 7th Ave NE (w) 701-599-2765
 Thompson, ND 58278 (f) 701-599-2819
Lisa.Strand@tps-k12.org

Lions' Basketball Co-Chair
 Michael Sorlie (h) 701-678-3823
 PO Box 5 (w) 701-678-2492
 Gwinner, ND 58040 (f) 701-678-2311
michael.sorlie@k12.nd.us

Lions' Basketball Co-Chair
 Mike Hendrickson (cell) 701-367-6546
 1408 57th Ave South(w) 701-446-2043
 Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair
 Bill Lorenz (h) 701-795-7818
 1431 Chestnut St. (w) 701-746-2375
 Grand Forks, ND 58201 (f) 701-746-2387
wlorenz280@mygfschools.org

Executive Secretary
 Randy Johnson (cell) 701-870-1064
 1527 North 33rd Street Unit 4 (h) 701-870-1064
 Bismarck, ND 58501 (w) 701-870-1064
duck@westriv.com

Assistant Executive Secretary
 Scott Grochow (cell) 701-771-2709
 409 7th Avenue SE (h) 701-776-6854
 Rugby, ND 58368 (w) 701-776-5201
scott.grochow@k12.nd.us

Assistant Executive Secretary
 Bill Jansen (cell) 701-351-0844
 410 7th Avenue SE (h) 701-351-0844
 Rugby, ND 58368 (w) 701-776-5201
william.jansen@k12.nd.us

Membership Chairperson
 Karen & Rod Hardie (h) 701-237-5624
 2472 Lilac Lane (w) 701-446-5200
 Fargo, ND 58102 (f) 701-446-5299
hardiek@fargo.k12.nd.us

Assistant Executive Secretary – Dakota Coach
 Lisa Strand (cell) 218-779-3404
 1511 7th Avenue NE (h) 218-779-3404
 Thompson, ND 58278 (w) 701-599-2765
lisa.Strand@tps-k12.org



Website: www.ndhsca.com
 @ndhsca1
 Dual Member


Membership Chairperson
 Eric Olson (cell) 701-730-2018
 121 Maplewood Drive (h) 701-678-6842
 Gwinner, ND 58040 (w) 701-678-2492
eric.olson@k12.nd.us

President
 Ron Metz (cell) 701-471-5197
 1335 – 20th Street North (h) 701-471-5197
 Bismarck, ND 58501 (w) 701-323-4900
ron_metz@bismarckschools.org

President-Elect
 Rick Anderson (cell) 701-789-1669
 1415 Roberts Avenue NE (h) 701-797-3199
 Cooperstown, ND 58425 (w) 701-797-3114
rick.anderson@k12.nd.us

Vice President
 Jamie Zastoupil (cell) 701-730-5192
 736 Mustang Drive (h) 701-224-1231
 Bismarck, ND 58503 (w) 701-323-4900
jamie_zastoupil@bismarckschools.org

Immediate Past President
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Past President
 Tracey Heisler (cell) 218-779-3021
 1120 22nd Street NW (h) 218-779-3021
 East Grand Forks, MN 56721 (w) 218-779-3021
taheisler@gmail.com

SECOND TEAM

| NAME | L. NAME | YEAR | SCHOOL | HEAD COACH |
|---------|------------|------|------------------|---------------------|
| Kiefer | Glenn | 12 | Bismarck Legacy | Chris Clements |
| Max | Carlson | 11 | Mandan | Todd Sheldon |
| Lincoln | Wiseman | 11 | Mandan | Todd Sheldon |
| Brady | Dahl | 12 | Bismarck Century | Ron Wingenbach |
| Isiah | St. Romain | 10 | Williston | Andrew Moch |
| Jacob | Burckhard | 11 | Bismarck Century | Ron Wingenbach |
| Kadyn | Turnbow | 11 | Minot | Chauncey Hendershot |
| Isaac | Emineth | 12 | Fargo Shanley | Troy Mattern |
| Brock | Fettig | 12 | Bismarck | Mark Gibson |
| Ben | Mansmith | 12 | Bismarck Century | Ron Wingenbach |
| Ray | Brown | 11 | Fargo Davies | Wayne Werremeyer |
| Peyton | Janzi | 12 | West Fargo | Jay Gibson |

NDHSCA-POWERade Class 11AA Football Outstanding Senior Athlete of the Year: Lucas Schweigert – Bismarck Century

NDHSCA Class 11AA Football Coach of the Year: Jeremy Newton – West Fargo Sheyenne

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Optimists' Volleyball Co-Chair
 Lisa Strand (cell) 218-779-3404
 1511 7th Ave NE (w) 701-599-2765
 Thompson, ND 58278 (f) 701-599-2819
Lisa.Strand@tps-k12.org

Lions' Basketball Co-Chair
 Michael Sorlie (h) 701-678-3823
 PO Box 5 (w) 701-678-2492
 Gwinner, ND 58040 (f) 701-678-2311
michael.sorlie@k12.nd.us

Lions' Basketball Co-Chair
 Mike Hendrickson (cell) 701-367-6546
 1408 57th Ave South(w) 701-446-2043
 Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair
 Bill Lorenz (h) 701-795-7818
 1431 Chestnut St. (w) 701-746-2375
 Grand Forks, ND 58201 (f) 701-746-2387
wlorenz280@mygfschools.org