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2019 CLASS B GIRLS CROSS COUNTRY ALL-STATE TEAM

<u>NAME</u>	<u>GRADE</u>	<u>TEAM</u>	<u>COACH</u>
Reagan Baesler	12	Hillsboro/Central Valley	Kirk Zink
Jenna Soine	9	Hatton/Northwood/Larimore	Taylor Cigelske
Dreah Frolek	10	Sargent Central/Lidgerwood/Oakes	Sheila Anderson
Ally Goodmanson	8	Kindred	Josh Roberts
Hannah Westin	9	Shiloh Christian	Jaden Radcliffe
Quinn Neppi	10	Rugby	Bill Jansen
Elise Ramberg	12	Langdon Area/Edmore/Munich	Todd Hetler
Brooklyn Bartsch	8	Rugby	Bill Jansen
Amelia Shepard	8	Rugby	Bill Jansen
Olivia Frolek	8	Sargent Central/Lidgerwood/Oakes	Sheila Anderson
Alexius Miller	12	Bowman County	Jon Jahner
Ellie Brown	9	Griggs County Central	Rick Anderson
Rosie Ramsey	7	Solen	Michael Frenzel
Jakkia Duffy	12	LaMoure/Litchville-Marion	Jessica Duffy
Danica Rath	8	Kindred	Josh Roberts
Jensyn Zink	11	Hillsboro/Central Valley	Kirk Zink
Peyton Gette	8	Kindred	Josh Roberts
Drew Frolek	11	Sargent Central/Lidgerwood/Oakes	Sheila Anderson
Paige Goodsell	10	Grafton	Jeff McKay
Mallory Alfson	8	Hillsboro/Central Valley	Kirk Zink

NDHSCA POWERade Outstanding Senior Athlete - Reagan Baesler, Hillsboro/Central Valley

NDHSCA SUBWAY Coach of the Year - Bill Jansen, Rugby

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
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