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2019 CLASS A BOYS CROSS COUNTRY ALL-STATE TEAM

<u>NAME</u>	<u>GRADE</u>	<u>TEAM</u>	<u>COACH</u>
Brady Yoder	11	Dickinson	Ashly Kraenzel/Greg Jung
Sean Korsmo	11	Bismarck	Darrell Anderson
Jacob Knodle	11	West Fargo Sheyenne	Troy Thorson
Gavin Haut	11	Jamestown	Ken Gardner
Micade Shumway	12	Williston	Shane Wahlstrom
Fynn Krenz	9	Williston	Shane Wahlstrom
Mason Kindel	11	Bismarck Century	Brad Lies
Ben Anteau	11	Jamestown	Ken Gardner
Griffin House	10	Bismarck Century	Brad Lies
Ethan Bender	11	Bismarck Century	Brad Lies
Hunter McHenry	10	Grand Forks Red River	Richard Dafoe
Austin Wald	12	Bismarck Century	Brad Lies
Jacob Erslund	11	Bismarck Century	Brad Lies
Aiden Jung	12	Dickinson	Ashly Kraenzel/Greg Jung
Caleb Hanson	10	Dickinson	Ashly Kraenzel/Greg Jung
Matthew Rongitsch	9	Grand Forks Red River	Richard Dafoe
Sam Harmon	12	Fargo North	Gary Mailloux
John Ness	11	Bismarck Legacy	Andrew Reichenberger-Walz
Gunnar Alvarado	11	Williston	Shane Wahlstrom
Caeden Johnson	10	West Fargo Sheyenne	Troy Thorson

NDHSCA POWERade Outstanding Senior Athlete - Micade Shumway, Williston

NDHSCA SUBWAY Coach of the Year - Shane Wahlstrom, Williston

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
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