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## 2018 CLASS B GIRLS CROSS COUNTRY ALL-STATE TEAM

<u>NAME</u>	<u>GRADE</u>	<u>TEAM</u>	<u>COACH</u>
Reagan Baesler	11	Hillsboro/Central Valley	Kirk Zink
Lana Krack	12	Thompson	Lindsay George
Dreah Frolek	9	Sargent Central/Lidgerwood/Oakes	Sheila Anderson
Jensyn Zink	10	Hillsboro/Central Valley	Kirk Zink
Elise Ramberg	11	Langdon Area/Edmore/Munich	Todd Hetler
Quinn Neppi	9	Rugby	Bill Jansen
Hannah Westin	8	Shiloh Christian	Daryl Bearstail
Jakkia Duffy	11	LaMoure/Litchville-Marion	Jessica Duffy
Emma Wheeling	8	New Town	Brian Anderson
Drew Frolek	10	Sargent Central/Lidgerwood/Oakes	Sheila Anderson
Peyton Gette	7	Kindred	Josh Roberts
Ally Goodmanson	7	Kindred	Josh Roberts
Carlee Sieben	10	Grafton	Jeff McKay
Ondrea Betner	8	Hillsboro/Central Valley	Kirk Zink
Jenna Soine	8	Hatton/Northwood/Larimore	Taylor Cigelske
Josie White Eagle	11	Solen	Michael Frenzel
Hailey White Owl	8	New Town	Brian Anderson
Olivia Frolek	7	Sargent Central/Lidgerwood/Oakes	Sheila Anderson
Brooklyn Bartsch	7	Rugby	Bill Jansen
Alexius Miller	11	Bowman County	Jon Jahner

### NDHSCA POWERade Outstanding Senior Athlete

Lana Krack, Thompson

### NDHSCA SUBWAY Coach of the Year

Bill Jansen, Rugby

## All Star Games Chairpersons

**Optimists' Volleyball Co-Chair**  
 Tim Wallstrum (h) 701-385-3376  
 PO Box 402 (w) 701-385-4996  
 Kenmare, ND 58746 (f) 701-385-4390  
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 Michael Sorlie (h) 701-678-3823  
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