

Executive Secretary
 Randy Johnson (cell) 701-870-1064
 1527 North 33rd Street Unit 4 (h) 701-870-1064
 Bismarck, ND 58501 (w) 701-870-1064
duck@westriv.com

Assistant Executive Secretary
 Scott Grochow (cell) 701-771-2709
 409 7th Avenue SE (h) 701-776-6854
 Rugby, ND 58368 (w) 701-776-5201
scott.grochow@k12.nd.us

Assistant Executive Secretary
 Bill Jansen (cell) 701-351-0844
 410 7th Avenue SE (h) 701-776-7758
 Rugby, ND 58102 (w) 701-776-5201
william.jansen@k12.nd.us

Membership Chairperson
 Karen Hardie (h) 701-237-5624
 2472 Lilac Lane (w) 701-446-5200
 Fargo, ND 58102 (f) 701-446-5299
hardiek@fargo.k12.nd.us

Assistant Executive Secretary – Dakota Coach
 Lisa Strand (cell) 218-779-3404
 1511 7th Avenue NE (h) 701-599-2620
 Thompson, ND 58278 (w) 701-599-2765
lisa.Strand@tps-k12.org



Website: www.ndhsca.com



@ndhsca1

President
 Tracey Heisler (cell) 218-779-3021
 1120 22nd Street NW (h) 218-779-3021
 East Grand Forks, MN 56721 (w) 218-779-3021
theisler020@mygfschools.org

President-Elect
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Vice President
 Ron Metz (cell) 701-471-5197
 1335 – 20th Street North (h) 701-471-5197
 Bismarck, ND 58501 (w) 701-323-4900
ron_metz@bismarckschools.org

Immediate Past President
 Eric Olson (cell) 701-730-2018
 121 Maplewood Drive (h) 701-678-6842
 Gwinner, ND 58040 (w) 701-678-2492
eric.olson@k12.nd.us

Past President
 Paul Lean (cell) 701-261-6581
 130 Eagle Street North (h) 701-261-6581
 Fargo, ND 58102 (w) 701-446-5781
leap@fargo.k12.nd.us

2018 CLASS A VOLLEYBALL ALL-STATE TEAM

FIRST TEAM

<u>NAME</u>	<u>GRADE</u>	<u>TEAM</u>	<u>COACH</u>
Olivia Dobrinz	12	West Fargo Sheyenne	Leah Newton
Kyleigh Toso	12	Devils Lake	Carla Freschette
Averi Beyer	12	Fargo Davies	Melissa Wilson
Grace Solberg	10	Fargo Davies	Melissa Wilson
Macy Olstad	11	Valley City	Madison Cruff/Cynthia Klabo
Jordyn Stroup	12	Fargo Shanley	Curtis Johnson
Kennedy Harris	12	Mandan	Anna Folk
Courtney Peterson	12	Jamestown	Sara Hegerle
Becca Nitsch	12	Bismarck Legacy	Jennifer Astle
Taylor Gerving	12	Bismarck St. Mary's	Kyle Kuether
Lauren Ware	11	Bismarck Century	Jamie Zastoupil/Nicole Lund
Taryn Allmaras	12	Bismarck Legacy	Jennifer Astle

SECOND TEAM

<u>NAME</u>	<u>GRADE</u>	<u>TEAM</u>	<u>COACH</u>
Brooke Prochaska	12	West Fargo Sheyenne	Leah Newton
Kenzee Langlie	11	Fargo Davies	Melissa Wilson
Madison Langlie	11	Fargo Davies	Melissaa Wilson
Julia Fitterer	10	Bismarck Century	Jamie Zastoupil/Nicole Lund
Emily Tweten	12	Mandan	Anna Folk
Macy Wetsch	11	Bismarck	Josette Timian

NDHSCA POWERade Outstanding Senior Athlete - Averi Beyer, Fargo Davies

NDHSCA SUBWAY Coach of the Year - Anna Folk, Mandan

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
twallstrum@mykps.us

Optimists' Volleyball Co-Chair
 Lisa Strand (h) 701-599-2620
 1511 7th Ave NE (w) 701-599-2765
 Thompson, ND 58278 (f) 701-599-2819
lisa.strand@tps-k12.org

Lions' Basketball Co-Chair
 Michael Sorlie (h) 701-678-3823
 PO Box 5 (w) 701-678-2492
 Gwinner, ND 58040 (f) 701-678-2311
michael.sortie@k12.nd.us

Lions' Basketball Co-Chair
 Mike Hendrickson (cell) 701-367-6546
 1408 57th Ave South (w) 701-446-2043
 Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair
 Bill Lorenz (h) 701-795-7818
 1431 Chestnut St. (w) 701-746-2375
 Grand Forks, ND 58201 (f) 701-746-2387
wlorenz280@mygfschools.org