

Executive Secretary
 Gelaine Orvik (h) 701-237-9711
 3457 26th Avenue South (w) 701-298-4275
 Fargo, ND 58103 (cell) 701-367-8282
gorvik@cablone.net

Assistant Executive Secretary
 John Hutchison (h) 701-587-6319
 PO Box 110 (w) 701-587-5221
 Northwood, ND 58267 (f) 701-587-5423
john.hutchison@sendit.nodak.edu

Assistant Executive Secretary
 Randy Johnson (h) 701-748-5634
 701 Highway Drive Apt. 9B (w) 701-748-2345
 Hazen, ND 58545 (f) 701-748-2342
duck@westriv.com

Membership Chairperson
 Karen Hardie (h) 701-237-5624
 2472 Lilac Lane (w) 701-446-5224
 Fargo, ND 58102 (f) 701-446-5299
hardiek@fargo.k12.nd.us

Website:
ndhsca.com



President
 Gregg Grinsteiner (h) 701-483-0723
 231 Carlson Street (w) 701-483-6081
 Dickinson, ND 58601 (f) 701-483-1450
gregg.grinsteiner@sendit.nodak.edu

President-Elect
 Ralph Manley (h) 701-222-0090
 514 Meadow Lane (w) 701-663-1658
 Bismarck, ND 58504 (f) 701-663-0471
ralph.manley@sendit.nodak.edu

Vice President
 Lisa Strand (h) 701-599-2620
 1511 7th Avenue NE (w) 701-599-2765
 Thompson, ND 58278 (f) 701-599-2819
lisa.strand@sendit.nodak.edu

Immediate Past President
 Dave Zittleman (h) 701-471-1557
 1500 Anns Place Apt. #3 (w) 701-323-4800
 Mandan, ND 58554 (f) 701-323-4078
dave_zittleman@bismarckschools.org

Past President
 Pete Moe (h) 701-462-8145
 1239 Custer Drive (w) 701-462-3221
 Washburn, ND 58577 (f) 701-462-3561
pmoe@beu.midco.net

2011 NDHSCA CLASS A GIRLS' CROSS-COUNTRY ALL-STATE ROSTER

F. Name	L. Name	Grade	School	State Meet Finish	State Meet Time	High School Coach
Tarin	Lachowitzer	12	Fargo Davies HS	1 st	14:16.7	Lisa Svaleson
Alison	Allmer	11	Jamestown HS	2 nd	14:19.4	Ken Gardner
Jordan	Jacob	9	Bismarck Century HS	3 rd	14:28.0	Julie Stavn
Katie	Bye	8	Fargo Davies HS	4 th	14:32.1	Lisa Svaleson
Carly	Bertsch	11	Fargo Davies HS	5 th	14:38.8	Lisa Svaleson
Madeline	Strandemo	11	Fargo South HS	6 th	14:46.2	Troy Thorson
Morgan	Pierce	9	Bismarck HS	7 th	14:47.8	Scott Reichenberger
Samantha	Huether	11	Minot HS	8 th	14:48.2	Heather Snowden
Lexi	Zeis	10	Bismarck HS	9 th	14:53.8	Scott Reichenberger
Paige	Melin	11	Bismarck Century HS	10 th	14:56.7	Julie Stavn
Katie	Bostrom	10	Fargo South HS	11 th	14:58.3	Troy Thorson
Grace	Gannon	8	Bismarck HS	12 th	15:05.3	Scott Reichenberger
Elizabeth	Rohrer	7	Minot HS	13 th	15:07.1	Heather Snowden
Taryn	Ceglowski	7	Williston HS	14 th	15:09.8	Clint Chamberlin
Alex	Backlund	10	Shanley/Oak Grove HS	15 th	15:10.9	Jaclyn Petik
Whitney	Breuer	12	Mandan HS	16 th	15:11.8	Emily Deede
Erica	Johnson	8	Fargo Davies HS	17 th	15:12.3	Lisa Svaleson
April	Berntson	9	Valley City HS	18 th	15:14.7	Brian Engelhard
Brittany	Brownotter	10	Bismarck HS	19 th	15:15.0	Scott Reichenberger
Kelsey	Zastoupil	12	Fargo Davies HS	20 th	15:22.0	Lisa Svaleson

2011 NDHSCA-POWERade Class A Girls' Cross-Country Outstanding Senior Athlete of the Year: Tarin Lachowitzer; Fargo Davies High School

2011 NDHSCA Class A Girls' Cross-Country Coach of the Year:
Lisa Svaleson; Fargo Davies High School

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
tim.wallstrum@sendit.nodak.edu

Optimists' Volleyball Co-Chair
 Lisa Strand (h) 701-599-2620
 1511 7th Ave NW (w) 701-599-2765
 Thompson, ND 58278 (f) 701-599-2765
lisa.strand@sendit.nodak.edu

Lions' Basketball Co-Chair
 Jason Schwarz (h) 701-852-6484
 1108 11th Street SW (w) 701-857-4496
 Minot, ND 58701 (f) 701-857-4508
Jason.schwarz@sendit.nodak.edu

Lions' Basketball Co-Chair
 Mike Hendrickson (h) 701-293-3108
 1408 57th Ave South (w) 701-446-2043
 Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair
 Mike Berg (h) 701-746-5170
 2211 5th Ave N (w) 701-787-4053
 Grand Forks, ND 58203 (f) 701-746-2387
mike.berg@gfschools.org