

Executive Secretary
 Gelaine Orvik (h) 701-237-9711
 3457 26th Avenue South (w) 701-298-4275
 Fargo, ND 58103 (cell) 701-367-8282
gorvik@cableone.net

Assistant Executive Secretary
 John Hutchison (h) 701-587-6319
 PO Box 110 (w) 701-587-5221
 Northwood, ND 58267 (f) 701-587-5423
john.hutchison@sendit.nodak.edu

Assistant Executive Secretary
 Randy Johnson (h) 701-748-5634
 701 Highway Drive Apt. 9B (w) 701-748-2345
 Hazen, ND 58545 (f) 701-748-2342
duck@westriv.com

Membership Chairperson
 Karen Hardie (h) 701-237-5624
 2472 Lilac Lane (w) 701-446-5224
 Fargo, ND 58102 (f) 701-446-5299
hardiek@fargo.k12.nd.us

Website: ndhsca.com



President
 Dave Zittleman (h) 701-471-1557
 1500 Anns Place Apt. #3 (w) 701-323-4800
 Mandan, ND 58554 (f) 701-323-4078
dave_zittleman@bismarckschools.org

President-Elect
 Gregg Grinsteiner (h) 701-483-0723
 231 Carlson Street (w) 701-483-6081
 Dickinson, ND 58601 (f) 701-483-1450
gregg.grinsteiner@sendit.nodak.edu

Vice President
 Ralph Manley (h) 701-222-0090
 514 Meadow Lane (w) 701-663-1658
 Bismarck, ND 58504 (f) 701-663-0471
ralph.manley@sendit.nodak.edu

Immediate Past President
 Pete Moe (h) 701-462-8145
 1239 Custer Drive (w) 701-462-3221
 Washburn, ND 58577 (f) 701-462-3561
pmoe@beu.midco.net

Past President
 Carolyn Olson (h) 701-746-1369
 797 49th Avenue S (w) 701-746-2407 Ext 602
 Grand Forks, ND 58201 (f) 701-746-2406
carolyn.olson@gfschools.org

2010 NDHSCA Class B Boys' Cross-Country All-State Selections

State Meet

F.Name	L.Name	School	Finish	Head Coach
Ken	Wells	Parshall HS	1 st First Team	Harlan Johnson
Clyde	Baker	New Town HS	2 nd First Team	Brian Anderson
Austin	Smith	Grafton HS	3 rd First Team	Jeff McKay
Alex	Baker	New Town HS	4 th First Team	Brian Anderson
Erik	Wangler	Rugby HS	5 th First Team	Bill Jansen
Garrett	Thompson	Rugby HS	6 th First Team	Bill Jansen
Donovan	Lambert	New Town HS	7 th First Team	Brian Anderson
Adam	Monson	Hatton-Northwood HS	8 th First Team	John Hutchison
Jonathan	Price	Garrison HS	9 th Second Team	William Melaas
Hayes	Feilmeier	Watford City HS	10 th Second Team	Gregory Brown
Casey	Flick	Central Cass HS	11 th Second Team	Tim Kraft
Chris	Rondestvedt	Griggs County HS	12 th Second Team	Rick Anderson
David	Lunde	Griggs County HS	13 th Second Team	Rick Anderson
Kyle	Volk	Rugby HS	14 th Second Team	Bill Jansen
Trey	Bruce	Parshall HS	15 th Second Team	Harlan Johnson
William	Stevens	New Town HS	16 th Second Team	Brian Anderson
Bridger	Belzer	North Star HS	17 th Honorable Mention	Pat Belzer
Lincoln	Larson	North Star HS	18 th Honorable Mention	Pat Belzer
DeVan	Helmoski	Grafton HS	19 th Honorable Mention	Jeff McKay
Nic	Lundquist	Grafton HS	20 th Honorable Mention	Jeff McKay

NDHSCA-POWERade Outstanding Senior Athlete:

Alex Baker, New Town HS

NDHSA Class B Boys' Cross-Country Coach of the Year:

Bruce Wold, Beulah-Hazen HS

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
 PO Box 402 (w) 701-385-4996
 Kenmare, ND 58746 (f) 701-385-4390
tim.wallstrum@sendit.nodak.edu

Optimists' Volleyball Co-Chair
 Lisa Strand (h) 701-599-2620
 1511 7th Ave NW (w) 701-599-2765
 Thompson, ND 58278 (f) 701-599-2765
lisa.strand@sendit.nodak.edu

Lions' Basketball Co-Chair
 Jason Schwarz (h) 701-852-6484
 1108 11th Street SW (w) 701-857-4496
 Minot, ND 58701 (f) 701-857-4508
jason.schwarz@sendit.nodak.edu

Lions' Basketball Co-Chair
 Mike Hendrickson (h) 701-293-3108
 1408 57th Ave South (w) 701-446-2043
 Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair
 Mike Berg (h) 701-746-5170
 2211 5th Ave N (w) 701-787-4053
 Grand Forks, ND 58203 (f) 701-746-2387
mike.berg@gfschools.org