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2019 North Dakota High School Coaches Association/Optimists All Star Teams

WEST

Emma Fricke	5'6"	Setter	Bismarck Legacy HS
Courtney Peterson	5'10"	Middle Hitter	Jamestown HS
Rebecca Nitsch	5'7"	Outside Hitter	Bismarck Legacy HS
Taylor Gerving	5'7"	Outside Hitter	Bismarck St. Mary's HS
Taryn Allmaras	5'8"	Outside Hitter	Bismarck Legacy HS
Emily Tweten	6'0"	Right Side Hitter	Mandan HS
Morgan Vitek	5'7"	Outside Hitter/DS	Center Stanton HS
Tessa Olson	5'4"	Libero	ORCS HS
Alexa Walby	5'6"	Setter	Dickinson Trinity HS
Marissa Jensen	5'9"	Middle Hitter	Kenmare HS
Masy Kuntz	5'7"	Middle Hitter	Dickinson Trinity HS
Kyley Lauf	5'9"	Outside Hitter	Des Lacs HS

Coaches: Anna Folk- Mandan and Breanna Sisson – Dickinson Trinity

EAST

Olivia Dobrinz	6'1"	Middle/Right Side Hitter	Sheyenne HS
Karlie Robson	5'10"	Middle Hitter	Red River HS
Kyleigh Toso	5'9"	Middle Hitter	Devils Lake HS
Averi Beyer	5'6"	Libero	Fargo Davies HS
Grace Meier	5'8"	Outside Hitter	Shanley HS
Jordyn Stroup	5'8"	Setter	Shanley HS
Bailey Nelson	5'11"	Outside Hitter	Northern Cass HS
Payton Richter	5'4"	Setter	Central Cass HS
Taylor Zak	5'9"	Middle Hitter	Thompson HS
Madison Pritchard	5'5"	Setter	Langdon HS
Faith Aasen	5'6"	Outside Hitter	Northern Cass HS
Kadyn Mehring	5'9"	Outside Hitter	Carrington HS

Coaches: Leah Newton – West Fargo Sheyenne and Lisa Strand - Thompson

All Star Games Chairpersons

Optimists' Volleyball Co-Chair
 Tim Wallstrum (h) 701-385-3376
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