

**Executive Secretary**  
 Gelaine Orvik (h) 701-237-9711  
 3457 26<sup>th</sup> Avenue South (w) 701-298-4275  
 Fargo, ND 58103 (cell) 701-367-8282  
 gorvik@cableone.net

**Assistant Executive Secretary**  
 John Hutchison (h) 701-587-6319  
 PO Box 110 (w) 701-587-5221  
 Northwood, ND 58267 (f) 701-587-5423  
 john.hutchison@sendit.nodak.edu

**Assistant Executive Secretary**  
 Randy Johnson (h) 701-748-5634  
 701 Highway Drive Apt. 9B (w) 701-748-2345  
 Hazen, ND 58545 (f) 701-748-2342  
 duck@westriv.com

**Membership Chairperson**  
 Karen Hardie (h) 701-237-5624  
 2472 Lilac Lane (w) 701-446-5200  
 Fargo, ND 58102 (f) 701-446-5299  
 hardiek@fargo.k12.nd.us



**President**  
 Ralph Manley (h) 701-222-0090  
 514 Meadow Lane (w) 701-663-1658  
 Bismarck, ND 58504 (f) 701-663-0471  
 ralph.manley@msd1.org

**President-Elect**  
 Lisa Strand (h) 701-599-2620  
 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
 lisa.strand@sendit.nodak.edu

**Vice President**  
 Mike Kuhn (h) 701-663-1175  
 211 5<sup>th</sup> Avenue SW (w) 701-663-9532  
 Mandan, ND 58554 (f) 701-663-0471  
 michael.kuhn@msd1.org

**Immediate Past President**  
 Gregg Grinsteiner (h) 701-483-0723  
 231 Carlson Street (w) 701-483-6081  
 Dickinson, ND 58601 (f) 701-483-1450  
 gregg.grinsteiner@sendit.nodak.edu

**Past President**  
 Dave Zittleman (h) 701-471-1557  
 1500 Anns Place Apt. #3 (w) 701-323-4800  
 Mandan, ND 58554 (f) 701-323-4078  
 dave\_zittleman@bismarckschools.org

## 2013 NDHSCA-Lions All-Star Basketball

### Class A Boys' Roster

<b>F.Name</b>	<b>L.Name</b>	<b>Height</b>	<b>School</b>	<b>Coach</b>
Caleb	Albertson		Minot HS	Dean Winczewski
Chase	Carpenter		Valley City HS	Scott Hurlimann
Erron	Collins		Mandan HS	Jason Horner
Kyle	Gerding		Minot HS	Dean Winczewski
Troy	Haussauer		Bismarck HS	Steve Miller
Derek	Hogenson		West Fargo HS	Greg Limke
AJ	Jacobson		Shanley HS	Shane Alderman
Jordan	Kreig		Dickinson HS	John Wilson
Mack	Kroeplin		Grand Forks Red River HS	Jason Gregory
Paxton	Lloyd		Fargo South HS	Mike Hendrickson
Nathen	Mertens		Devils Lake HS	Derek Gathman
Brandon	Van Dusen		Minot HS	Dean Winczewski

#### **Alternates:**

Dylan	Alderman		Fargo Shanley HS	Shane Alderman
Stephen	Espel		Fargo North HS	Daniel Shultis
Killian	Gause		Grand Forks Central HS	Dan Carlson
David	Olson		Fargo Davies HS	Bart Manson

#### **Coaches:**

***Shane Alderman, Fargo Shanley High School***  
***Joe Mueller, Bismarck St. Mary's High School***

### **All Star Games Chairpersons**

**Optimists' Volleyball Co-Chair**  
 Tim Wallstrum (h) 701-385-3376  
 PO Box 402 (w) 701-385-4996  
 Kenmare, ND 58746 (f) 701-385-4390  
 tim.wallstrum@sendit.nodak.edu

**Optimists' Volleyball Co-Chair**  
 Lisa Strand (h) 701-599-2620  
 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
 lisa.strand@sendit.nodak.edu

**Lions' Basketball Co-Chair**  
 Michael Sorlie (h) 701-678-3823  
 PO Box 5 (w) 701-678-2492  
 Gwinner, ND 58040 (f) 701-678-2311  
 michael.sorlie.1@sendit.nodak.edu

**Lions' Basketball Co-Chair**  
 Mike Hendrickson (h) 701-293-3108  
 1408 57<sup>th</sup> Ave South (w) 701-446-2043  
 Fargo, ND 58104 (f) 701-446-2899  
 hendrim@fargo.k12.nd.us

**Shrine Football Chair**  
 Bill Lorenz (h) 701-796-7818  
 1431 Chestnut Street (w) 701-746-2205  
 Grand Forks, ND 58201 (f) 701-746-2387  
 William.lorenz@gfschools.org

**Executive Secretary**  
 Gelaine Orvik (h) 701-237-9711  
 3457 26<sup>th</sup> Avenue South (w) 701-298-4275  
 Fargo, ND 58103 (cell) 701-367-8282  
 gorvik@cableone.net

**Assistant Executive Secretary**  
 John Hutchison (h) 701-587-6319  
 PO Box 110 (w) 701-587-5221  
 Northwood, ND 58267 (f) 701-587-5423  
 john.hutchison@sendit.nodak.edu

**Assistant Executive Secretary**  
 Randy Johnson (h) 701-748-5634  
 701 Highway Drive Apt. 9B (w) 701-748-2345  
 Hazen, ND 58545 (f) 701-748-2342  
 duck@westriv.com

**Membership Chairperson**  
 Karen Hardie (h) 701-237-5624  
 2472 Lilac Lane (w) 701-446-5200  
 Fargo, ND 58102 (f) 701-446-5299  
 hardiek@fargo.k12.nd.us



**President**  
 Ralph Manley (h) 701-222-0090  
 514 Meadow Lane (w) 701-663-1658  
 Bismarck, ND 58504 (f) 701-663-0471  
 ralph.manley@msd1.org

**President-Elect**  
 Lisa Strand (h) 701-599-2620  
 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
 lisa.strand@sendit.nodak.edu

**Vice President**  
 Mike Kuhn (h) 701-663-1175  
 211 5<sup>th</sup> Avenue SW (w) 701-663-9532  
 Mandan, ND 58554 (f) 701-663-0471  
 michael.kuhn@msd1.org

**Immediate Past President**  
 Gregg Grinsteiner (h) 701-483-0723  
 231 Carlson Street (w) 701-483-6081  
 Dickinson, ND 58601 (f) 701-483-1450  
 gregg.grinsteiner@sendit.nodak.edu

**Past President**  
 Dave Zittleman (h) 701-471-1557  
 1500 Anns Place Apt. #3 (w) 701-323-4800  
 Mandan, ND 58554 (f) 701-323-4078  
 dave\_zittleman@bismarckschools.org

## 2013 NDHSCA-Lions All-Star Basketball

### Class A Girls' Roster

F.Name	L.Name	Height	School	Coach
Jessica	Anderson		Fargo Shanley HS	Tim Jacobson
Kyra	Dewald		Jamestown HS	Kelly Kessler
Courtney	Goetz		Mandan HS	Len Stanley
Taylor	Hammer		Grand Forks Central HS	Brent Hintz
Hannah	Larson		Bismarck Century HS	Ron Metz
Lexi	Lennon		West Fargo HS	Barb Metcalf
Ally	Moody		Dickinson HS	Dan Pender
Ellie	Ripplinger		Grand Forks Red River HS	Kent Ripplinger
Naomi	Rust		Bismarck HS	Dallas Hinderer
Madeline	Strandemo		Fargo South HS	Jason Smedshammer
Whitney	Walette		Belcourt HS	Gerald Monette
Kelly	Weir		Fargo Shanley HS	Tim Jacobson

#### Alternates:

F.Name	L.Name	Height	School	Coach
Allie	Albrecht		Wahpeton HS	Brian Watson

#### Coaches:

**Ron Metz, Bismarck Century High School**  
**Barb Metcalf, West Fargo High School**

### All Star Games Chairpersons

**Optimists' Volleyball Co-Chair**  
 Tim Wallstrum (h) 701-385-3376  
 PO Box 402 (w) 701-385-4996  
 Kenmare, ND 58746 (f) 701-385-4390  
 tim.wallstrum@sendit.nodak.edu

**Optimists' Volleyball Co-Chair**  
 Lisa Strand (h) 701-599-2620  
 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
 lisa.strand@sendit.nodak.edu

**Lions' Basketball Co-Chair**  
 Michael Sorlie (h) 701-678-3823  
 PO Box 5 (w) 701-678-2492  
 Gwinner, ND 58040 (f) 701-678-2311  
 michael.sorlie.1@sendit.nodak.edu

**Lions' Basketball Co-Chair**  
 Mike Hendrickson (h) 701-293-3108  
 1408 57<sup>th</sup> Ave South (w) 701-446-2043  
 Fargo, ND 58104 (f) 701-446-2899  
 hendrim@fargo.k12.nd.us

**Shrine Football Chair**  
 Bill Lorenz (h) 701-796-7818  
 1431 Chestnut Street (w) 701-746-2205  
 Grand Forks, ND 58201 (f) 701-746-2387  
 William.lorenz@gfschools.org

**Executive Secretary**  
 Gelaine Orvik (h) 701-237-9711  
 3457 26<sup>th</sup> Avenue South (w) 701-298-4275  
 Fargo, ND 58103 (cell) 701-367-8282  
 gorvik@cableone.net

**Assistant Executive Secretary**  
 John Hutchison (h) 701-587-6319  
 PO Box 110 (w) 701-587-5221  
 Northwood, ND 58267 (f) 701-587-5423  
 john.hutchison@sendit.nodak.edu

**Assistant Executive Secretary**  
 Randy Johnson (h) 701-748-5634  
 701 Highway Drive Apt. 9B (w) 701-748-2345  
 Hazen, ND 58545 (f) 701-748-2342  
 duck@westriv.com

**Membership Chairperson**  
 Karen Hardie (h) 701-237-5624  
 2472 Lilac Lane (w) 701-446-5200  
 Fargo, ND 58102 (f) 701-446-5299  
 hardiek@fargo.k12.nd.us



Website: [www.ndhsc.com](http://www.ndhsc.com)

**DUAL MEMBER**



**President**  
 Ralph Manley (h) 701-222-0090  
 514 Meadow Lane (w) 701-663-1658  
 Bismarck, ND 58504 (f) 701-663-0471  
 ralph.manley@msd1.org

**President-Elect**  
 Lisa Strand (h) 701-599-2620  
 211 5<sup>th</sup> Avenue NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
 lisa.strand@sendit.nodak.edu

**Vice President**  
 Mike Kuhn (h) 701-663-1175  
 211 5<sup>th</sup> Avenue SW (w) 701-663-9532  
 Mandan, ND 58554 (f) 701-663-0471  
 michael.kuhn@msd1.org

**Immediate Past President**  
 Gregg Grinsteiner (h) 701-483-0723  
 231 Carlson Street (w) 701-483-6081  
 Dickinson, ND 58601 (f) 701-483-1450  
 gregg.grinsteiner@sendit.nodak.edu

**Past President**  
 Dave Zittleman (h) 701-471-1557  
 1500 Anns Place Apt. #3 (w) 701-323-4800  
 Mandan, ND 58554 (f) 701-323-4078  
 dave\_zittleman@bismarckschools.org

## 2013 NDHSCA-Lions All-Star Basketball Class B Boys' Roster

First Name	Last Name	Height	School	Coach
Tyler	Bates	6'04"	Watford City HS	Randy Cranston
Jade	Bentz	6'03"	Trenton HS	Bob Turcotte
Daniel	Grande	6'02"	North Star HS	Jeff Hagler
Jacob	Hagler	6'01"	North Star HS	Jeff Hagler
Jordan	Haseleu	6'00"	Maple Valley HS	Jay Kocka
Jeff	Illies	6'05"	Wyndmere/Lidgerwood HS	Todd Hosford
Michael	Jacobson	6'04"	South Border HS	Jamie Bittner
Houston	Lavacheck	6'06"	Glenburn HS	Larry Derr
Austin	Longie	6'02"	Four Winds HS	Rick Smith
Kyle	Lovcik	6'01"	Rugby HS	Mike Santjer
Jacob	Volk	6'03"	Dickinson Trinity HS	Gregg Grinsteiner
Trevor	Zacher	6'04"	Beulah HS	Jeremy Brandt

**Alternates:**

Tyler	Christianson	6'01"	Fargo Oak Grove HS	Kyle Card
Jared	Meiklejohn	5'10"	LaMoure HS	Darren Thielges
Brett	Schreiner	5'11"	Washburn HS	Derrick Seiler
Kristoffer	Wathne	6'03"	Griggs County Central HS	Bill Engel
Taylor	Zentner	6'02"	Mott-Regent HS	Wayne Heckaman

**COACHES:**     *Ben Nelson, Milnor High School*  
                           *Rick Smith, Four Winds High School*

### All Star Games Chairpersons

**Optimists' Volleyball Co-Chair**  
 Tim Wallstrum (h) 701-385-3376  
 PO Box 402 (w) 701-385-4996  
 Kenmare, ND 58746 (f) 701-385-4390  
 tim.wallstrum@sendit.nodak.edu

**Optimists' Volleyball Co-Chair**  
 Lisa Strand (h) 701-599-2620  
 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
 lisa.strand@sendit.nodak.edu

**Lions' Basketball Co-Chair**  
 Michael Sorlie (h) 701-678-3823  
 PO Box 5 (w) 701-678-2492  
 Gwinner, ND 58040 (f) 701-678-2311  
 michael.sorlie.1@sendit.nodak.edu

**Lions' Basketball Co-Chair**  
 Mike Hendrickson (h) 701-293-3108  
 1408 57<sup>th</sup> Ave South (w) 701-446-2043  
 Fargo, ND 58104 (f) 701-446-2899  
 hendrim@fargo.k12.nd.us

**Shrine Football Chair**  
 Bill Lorenz (h) 701-796-7818  
 1431 Chestnut Street (w) 701-746-2205  
 Grand Forks, ND 58201 (f) 701-746-2387  
 William.lorenz@gfschools.org

**Executive Secretary**  
 Gelaine Orvik (h) 701-237-9711  
 3457 26<sup>th</sup> Avenue South (w) 701-298-4275  
 Fargo, ND 58103 (cell) 701-367-8282  
 gorvik@cableone.net

**Assistant Executive Secretary**  
 John Hutchison (h) 701-587-6319  
 PO Box 110 (w) 701-587-5221  
 Northwood, ND 58267 (f) 701-587-5423  
 john.hutchison@sendit.nodak.edu

**Assistant Executive Secretary**  
 Randy Johnson (h) 701-748-5634  
 701 Highway Drive Apt. 9B (w) 701-748-2345  
 Hazen, ND 58545 (f) 701-748-2342  
 duck@westriv.com

**Membership Chairperson**  
 Karen Hardie (h) 701-237-5624  
 2472 Lilac Lane (w) 701-446-5200  
 Fargo, ND 58102 (f) 701-446-5299  
 hardiek@fargo.k12.nd.us



Website: [www.ndhsca.com](http://www.ndhsca.com)

**DUAL MEMBER**



**President**  
 Ralph Manley (h) 701-222-0090  
 514 Meadow Lane (w) 701-663-1658  
 Bismarck, ND 58504 (f) 701-663-0471  
 ralph.manley@msd1.org

**President-Elect**  
 Lisa Strand (h) 701-599-2620  
 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
 lisa.strand@sendit.nodak.edu

**Vice President**  
 Mike Kuhn (h) 701-663-1175  
 211 5<sup>th</sup> Avenue SW (w) 701-663-9532  
 Mandan, ND 58554 (f) 701-663-0471  
 michael.kuhn@msd1.org

**Immediate Past President**  
 Gregg Grinsteiner (h) 701-483-0723  
 231 Carlson Street (w) 701-483-6081  
 Dickinson, ND 58601 (f) 701-483-1450  
 gregg.grinsteiner@sendit.nodak.edu

**Past President**  
 Dave Zittleman (h) 701-471-1557  
 1500 Anns Place Apt. #3 (w) 701-323-4800  
 Mandan, ND 58554 (f) 701-323-4078  
 dave\_zittleman@bismarckschools.org

## 2013 NDHSCA-Lions All-Star Basketball

### Class B Girls' Roster

First Name	Last Name	Height	School	Coach
Ashley	Bentz	5'09"	Grant County HS	Nicole Bentz
Hannah	Breske	5'10"	Central Cass HS	Ryan Mears
Sheridon	Dewald	5'07"	Napoleon HS	Darcy Lehr
Becca	Eberle	6'00"	Benson County HS	Kent Neppel
Mikayla	Forness	5'10"	Shiloh Christian HS	Jim Petrik
Ashtin	Freije	5'08"	Lakota/Adams-Edmore HS	Jon Berg
McKayla	Haugeberg	5'03"	Watford City HS	John Zenz
Taylor	Henningsard	5'07"	Hillsboro/Central Valley HS	Kyle Morehart/Rick Sondrol
Jaylen	Newman	5'11"	Velva HS	David Peterson
Sara	Schwanke	5'07"	Benson County HS	Kent Neppel
Cassie	Thompson	5'10"	Grafton HS	Laurie Sieben
Kendra	Weigel	5'06"	Napoleon HS	Darcy Lehr

#### Alternates:

Casey	Allmaras	5'08"	Kindred HS	Perry Piatz
Alison	Burns	5'08"	Grafton HS	Laurie Sieben
Paige	Emmel	5'07"	Shiloh Christian HS	Jim Petrik
Kadee	Gullickson	6'01"	Valley-Edinburg HS	Brad Ulland
Emma	Keller	5'07"	Velva HS	David Peterson
Taylor	McGrady	5'09"	New Town HS	Orville Drosdal
Nicole	Warren	5'07"	Oakes HS	Caityln Wojahn

**COACHES:** Julie Stewart, Minot Bishop Ryan High School  
 Ryan Mears, Central Cass High School

### All Star Games Chairpersons

**Optimists' Volleyball Co-Chair**  
 Tim Wallstrum (h) 701-385-3376  
 PO Box 402 (w) 701-385-4996  
 Kenmare, ND 58746 (f) 701-385-4390  
 tim.wallstrum@sendit.nodak.edu

**Optimists' Volleyball Co-Chair**  
 Lisa Strand (h) 701-599-2620  
 1511 7<sup>th</sup> Ave NE (w) 701-599-2765  
 Thompson, ND 58278 (f) 701-599-2819  
 lisa.strand@sendit.nodak.edu

**Lions' Basketball Co-Chair**  
 Michael Sorlie (h) 701-678-3823  
 PO Box 5 (w) 701-678-2492  
 Gwinner, ND 58040 (f) 701-678-2311  
 michael.sorlie.1@sendit.nodak.edu

**Lions' Basketball Co-Chair**  
 Mike Hendrickson (h) 701-293-3108  
 1408 57<sup>th</sup> Ave South (w) 701-446-2043  
 Fargo, ND 58104 (f) 701-446-2899  
 hendrim@fargo.k12.nd.us

**Shrine Football Chair**  
 Bill Lorenz (h) 701-796-7818  
 1431 Chestnut Street (w) 701-746-2205  
 Grand Forks, ND 58201 (f) 701-746-2387  
 William.lorenz@gfschools.org