



North Dakota High School Coaches Association



NDHSCA ALL-STAR PLAYER GUIDELINES

1. Written authorization from the player's parents or guardians must be submitted with the player's acceptance to participate in training exercises and the games.
2. All players must bring their high school physical card, a copy of the physical card, or a letter from their doctor and present it to the All Star contest officials when they report to their training sites the first day in order to practice with the team.
3. The players must have graduated from high school before June 15 of the current school year.
4. **If a player plans to play College/University athletics, it is the player's responsibility to check with their College/University Coach for clearance to participate in the All-Star Contest.**
5. Players must reside within the state of North Dakota or meet the residence requirements of the NDHSAA.
6. All players must pay their own transportation costs to and from camp.
7. All practice equipment must be furnished by the players.
8. Players are required to stay in the housing provided by the sponsors.
9. Players are required to attend all events scheduled by the sponsors.
10. Players must arrange through the coaches for any free time.
11. Players' vehicles **MAY NOT BE USED** while in training camp.
12. Players **MUST** be at **ALL** scheduled practices to be considered a playing member of the All Star team and are not allowed to participate in other organized athletic events during the training period. This includes being present at check-in at the beginning of the All Star event. If an issue arises that requires a player to miss practice due to some immediate family problem, the player must clarify the reason with the All Star chairperson prior to the start of the All Star event. **FAILURE TO DO SO MAY RESULT IN DISMISSAL FROM THE ALL STAR TEAM. PLAYERS WILL NOT BE ALLOWED TO PARTICIPATE IN OTHER ACTIVITIES AT ANY TIME.**
13. The use or possession of tobacco, alcohol, drugs, or controlled substances is forbidden. Any player using or possessing these items at any time from the **BEGINNING OF THE FIRST ALLOWABLE PRACTICE FOR FALL SPORTS, SET UP BY NDHSAA, UNTIL THE COMPLETION OF THE ALL STAR GAMES, WILL NOT BE ALLOWED TO PARTICIPATE AND WILL NOT BE CONSIDERED FOR SELECTION.** Players **MUST ADHERE** to the spirit and letter of these rules.
14. All players shall be in their rooms and lights will be out by 11:00 p.m., except on the nights of games.
15. Dorm or housing rules shall be strictly enforced.
16. No one except All Stars shall be permitted in the All Star rooms; visitors, parents, & friends should be met in lobby.
17. College coaches, high school coaches, and friends not connected with the actual coaching or supervision of the All Star team shall be permitted to contact any player **ONLY WITH THE PERMISSION OF THE ALL STAR COACHES!**
18. Any action/behavior, by the player, which the NDHSCA All Star Chairman or All Star Committee considers as an inappropriate representation of an All Star player will be grounds for immediate dismissal from the team.
19. Any player who has been suspended from high school or from an athletic team during his or her senior year by respective high school will be dismissed from the All Star team.

Revised: July 2015

All Star Games Chairpersons

Optimists' Volleyball Co-Chair

Tim Wallstrum (h) 701-385-3376
PO Box 402 (w) 701-385-4996
Kenmare, ND 58746 (f) 701-385-4390
Tim.wallstrum@k12.nd.us

Optimists' Volleyball Co-Chair

Lisa Strand (h) 701-599-2620
1511 7th Ave NE (w) 701-599-2765
Thompson, ND 58278 (f) 701-599-2819
Lisa.Strand@tps-k12.org

Lions' Basketball Co-Chair

Michael Sorlie (h) 701-678-3823
PO Box 5 (w) 701-678-2492
Gwinner, ND 58040 (f) 701-678-2311
michael.sortie@k12.nd.us

Lions' Basketball Co-Chair

Mike Hendrickson (h) 701-293-3108
1408 57th Ave South(w) 701-446-2043
Fargo, ND 58104 (f) 701-446-2899
hendrim@fargo.k12.nd.us

Shrine Football Chair

Bill Lorenz (h) 701-795-7818
1431 Chestnut St. (w) 701-746-2375
Grand Forks, ND 58201 (f) 701-746-2387
bill.lorenz@gfschools.org